



IMA

JANUARY
2023

News Letter

Indian Medical Association Kerala State Publication



Empowering Youth.... Embracing Science



**INDIAN
MEDICAL
ASSOCIATION
KERALA STATE BRANCH**

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INDIAN MEDICAL ASSOCIATION

Kerala State Branch

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President's Column

Unprecedented!

Kerala and Rajasthan has witnessed two unprecedented strikes. Indian Medical Association Kerala State Branch has done a historical strike with unprecedented support on 17th of March 2023. Almost 52 organisations supported the strike call by the Indian Medical Association Kerala State Branch. We showed our strength against the burning issue of hospital violence which is recurring in Kerala almost every day. All the sectors like government, private, corporate, etc participated with full strength.

There were excellent media coverage including National media for the strike. It just happened because of the unity of Indian Medical Association Kerala, it's also due to a very important burning issue of hospital violence. Government has been very considerate regarding our demands and even declared that an ordinance will come soon regarding Hospital violence.

The success of the strike was exclusively due to the unity shown by the member and leaders of the profession. Similarly another historical strike happened in Rajasthan against right to health act which was passed by Rajasthan assembly. Right to health act is an excellent concept which was supported by Indian Medical Association too. But right to health must be implemented by the government not by the private sector.

Imagine what will happen if right to food is declared in all hotels without the government doing any support!

It is simply, running away from the responsibility.

Yet another unprecedented strike happened at Rajasthan and finally the government realised their mistake. Here again the success of the strike was due to the unity of the profession.

Let's move forward with more unity and more consistency.

Empowering Youth Embracing Science.

Dr. Sulphi N.
State President




Membership Development

Membership development is the life line of the Indian Medical Association, and I believe it is critical for the growth and success of the organization. As a professional association for medical practitioners, the association plays a vital role in advocating for the rights and welfare of doctors, promoting the highest standards of medical ethics and education, and providing quality healthcare services to the public.

In order to achieve these goals, it is essential to have a strong and active membership base. Membership development not only ensures the sustainability of the organization, but it also helps to bring together a diverse group of medical professionals who can share their knowledge, expertise, and experience to benefit the larger medical community.

By actively promoting and encouraging membership growth, the Indian Medical Association can strengthen its position as a leading voice in the medical community, and continue to make a positive impact on the health and well-being of people across the country.

As we are well aware, the Indian Medical Association touches every aspect of our professional and family life. It offers us not just fraternal camaraderie but more so the confidence of the security provided. Therefore I request all our members to actively participate in the membership development campaign and reach out to all the medical professionals in your neighborhood urging them to consider joining the IMA and contributing to the growth and development of this important organization while securing their professional career and the family.


Dr. Joseph Benaven
State Secretary

X Mas & New Year Celebrations



**DISCUSSION ON AMENDMENTS IN HOSPITAL PROTECTION ACT
SHRI. M V GOVINDAN MASTER – 07.01.2023**



**DISTRICT COMMITTEE AND MEMBERSHIP PROMOTION
COMMITTEE MEETING AT IMA PERIYAR HOUSE – 08.01.2023**



**STATE PRESIDENT INAUGURATED SSS – III OFFICE
AT THODUPUZHA - 08.01.2023**



**RECEPTION TO STATE PRESIDENT & STATE OFFICE
BEARERS AT IMA THODUPUZHA - 08.01.2023**



**STATE SECRETARY & LEADERS MET SRI. M.V. GOVINDAN
MASTER @ KANNUR – 09.01.2023**



**DISCUSSION WITH HON'BLE HEALTH MINISTER REGARDING
AMENDMENTS IN HOSPITAL PROTECTION ACT – 10.01.2023**



BRIEFING ON IMA & SCHEMES WITH REGARD TO GST AT CHENNAI ON 10.01.2023



**STATE PRESIDENT
ATTENDED
TRIVANDRUM DC
MEETING AT IMA HQ
- 12.01.2023**



STATE PRESIDENT ADDRESSING THE STUDENTS OF PK DAS INSTITUTE OF MEDICAL SCIENCES - 14.01.2023



**COMMITTEE FOR SAFE ZONE
HOSPITALS MEETING IMA
PERIYAR HOUSE - 15.01.2023**



JDN & MSN MEETING IMA PERIYAR HOUSE – 15.01.2023



**STATE PRESIDENT MET HON'BLE CHIEF MINISTER
REGARDING AMENDMENTS IN HP ACT - 19.01.2023**



**TEAM IMA MEET HON'BLE LAW MINISTER
SRI. P. RAJEEV 19.01.2023**



**DISCUSSED THE ISSUES OF
HOSPITAL VIOLENCE AND
THE AMENDMENTS IN
HPA WE PROPOSED**





REPUBLIC DAY

Celebrations



**STATE PRESIDENT AND LEADERS MET THE HON'BLE
SPEAKER SRI. SHAMSEER A.N. – 22.01.2023**



**STATE PRESIDENT & LEADERS MET THE CHIEF SECRETARY
DR. JOY V.P. IAS. – 19.01.2023**



STATE PRESIDENT / SECRETARY MEET IMA NATIONAL MEET – 27th & 28th OF JANUARY 2023



State President receiving National President's Appreciation for the exemplary performance of IMA KSB on 28.01.2023





Mission Pink Health

NORTH ZONE

KASARAGOD

27.01.2023: Adolescent Awareness Class at Patla H S.

KUTHUPARAMBA

24.01.2023: Reproductive Health Session for adolescent Group at Shivapuram HSS Shivapuram.

THALASSERY

01.01.2023: Dr. Mini Balakrishnan took part in Heritage Run promoted by District Tourism Promotion Council

01.01.2023: Sapthadina Sahavasa Camp of NSS Unit of Secret Heart School, Thalassery held at Girls Higher Secondary School, Thiruvangad.

06.01.2023: IMA & IAP Thalassery in collaboration with College of Nursing Thalassery conducted School Health programme and Exhibition at Andaloor Senior Basic School Dharmadam.

07.01.2023: Menstrual Hygiene & Menstrual Cup distribution

07.01.2023: Anemia awareness Class and Anemia Detection Camp

09.01.2023: Awareness Class on Nutrition for Parents and Students

10.01.2023: Blood Donation Camp

10.01.2023: Lions International Vanity's Forum Seminar for Women

10.01.2023: Reproductive Health Awareness Class

11.01.2023: Vasanthavarnagal Chithrapradarshana and Sale

11.01.2023: IMA Thalassery in association with Lions Club Tellicherry conducted an Awareness Campaign Don't Do Drugs at Excel Public School, Chalakkara, Mahe.

11.01.2023: Reproductive Health Awareness Class

at Girls School, Thalassery

12.01.2023: As a part of Deworming Day, IMA Thalassery conducted a NDD Training programme at FHC Muzhapilangad

12.01.2023: Training Session to Anganwadi teachers, School teachers and Asha Workers

12.01.2022: IMA Thalassery and JCI Thalassery conducted a cricket tournament in connection with the National Youth Day

13.01.2023: Reproductive Health Awareness Class at Thiruvangad Girls Higher Secondary School Thalassery

19.01.2023: Reproductive Health Awareness Class at Pattanoor HSS Thalassery

19.01.2023: Reproductive Health Awareness Class at Girls Higher Secondary School Thalassery

23.01.2023: Awareness Class on COPD

24.01.2023: Adolescent Sexual and Reproductive Health awareness class to students of GVHS School Chirakkara in connection with National Girl Child Day.

25.01.2023: Awareness class on respiratory diseases for nursing students on respiratory diseases at District Chest Centre, Kannur

25.01.2023: Adolescent Health Awareness Class at Girls Higher Secondary School Thiruvangad.

25.01.2023: Adolescent Health Awareness Class at Higher Secondary School Thottada

26.01.2023: Reproductive Health Awareness Class at Sacred Heart Higher Secondary School Thalassery.

26.01.2023: Talk on Menses: Where Boys talk about Menses in front of a Mixed audience of Girls and Boys at Parassinikadavu HSS.

26.01.2023: Silver Jubilee celebration of Kudumbasree Unit, Pinarayi

27.01.2023: Awareness Talk on Adolescent Health and Reproduction to students of St. Josephs School Thalassery

28.01.2023: Talk on Pregnancy and Abortion

29.01.2023: As part of the Don't do Drugs campaign IMA Thalassery in association with All India Malayali Association conducted a Mega Medical Camp and Awareness Session at Chothavoor HSS, Champad.

29.01.2023: Soft skill Training Sessions conducted with activities and games for Reception and Front Office staffs of Tellicherry Co-operative Hospital.

30.01.2023: World Leprosy Eradication Day - Aswamedham Leprosy Case Detection Training to Asha Workers and Volunteers at PHC Dharmadam.

31.01.2023: Refresher training program (module 3) to Anganwadi workers of Pinarayi block

31.01.2023: Immunization Training

31.01.2023: Inaugural Function of Radheshyam

31.01.2023: Inaugural Function of Vanitha Sammelanam

31.01.2023: Dr. Mini Balakrishnan honoured by Thalassery Co-operative Hospital

KOZHIKODE

24.01.2022: Reproductive Health Session for adolescent Group at Kozhikode.

SOUTH ZONE

NEMOM

15.01.2023: Menstrual Irregularities, Menstrual Health and hygiene.

WOMEN DOCTORS WING - JANUARY

NEMOM

08.01.23: Participation in District Committees and Membership Promotion Committees meeting in Periyar House, Aluva

10.01.23: Executive Committee

11.01.23: Participation in District Committee meeting in HQ Anayara, Thiruvananthapuram

14.01.23: Awareness generation session on "Menstrual irregularities, menstrual health and hygiene" in Sree Chithra Home, Pazhavangadi

19.01.23: Participation in the 1st meeting of the organising committee for NATCON

21.01.23: CME and General Body meeting

21.01.23: Executive Committee meeting

30.01.23: "National Girl Child Day" observance in Girls' Higher Secondary School

31.01.23: "National Girl Child Day" observance in Mahatma Gandhi College, Thiruvananthapuram

KUNNAMKULAM

07.01.23: Medical Camp for Sabarimala devotees

10.01.23: Executive Committee Meeting

11.01.23: Executive Committee Meeting of WDW Kunnamkulam

17.01.23: National Deworming Day, Medical Camp for Sabarimala devotees

19.01.23: Anupamam Mathruthvam program at Kadavallur

20.01.23: State Women Doctors Wing online meeting

24.01.23: Mother and Baby project

26.01.23: Republic Day celebrations

28.01.23: Executive Committee Meeting

31.01.23: BNRP training course; Anti Leprosy Week Program; General Body and CME of IMA Kunnamkulam

KAZHAKOOTTAM

21.01.23: an awareness session for Field officers and Asha workers of Pangappata health block at Pangappata Medical College unit hospital

31.01.23: zoom meeting for Asha workers of Thiruvananthapuram district on Menstrual hygiene

NEDUMBASSERY

20.01.23: With the aim to encourage physical fitness ,A Sunrise Trek was organized by WDW and IMA Nedumbassery.

20.01.23: An Online Session was organized by WDW for the ladies was "Polycystic Ovarian Syndrome (PCOS)".

KOZHIKODE

04.01.2023: Executive Committee Meeting and General Body Meeting

07.01.2023: National Youth Day

17.01.2023: Executive Committee Meeting (Zoom Platform)

25.01.2023: SWAYAM Project – Pap smear camp:

26.01.2023: Republic Day Celebration

THALASSERY

01.01.2023: Christmas and New Year celebration.

Took part in Heritage Run promoted by District

WOMEN DOCTORS WING - JANUARY

Tourism Promotion Council.

10.01.2023: Lions International Vanity's Forum Seminar for women & Dr. Mini Balakrishnan honoured. She was also honoured by all India Malayalee association.

12.01.2023: National Deworming Day training programme

15.01.2023: Palliative Care Day programme for bystanders.

26.01.2023: Observed Republic Day

30.01.2023: Leprosy Case Detection Training to Asha Workers and Volunteers in connection with World Leprosy Eradication Day

07.01.23: HEALTH EDUCATION CLASS on Menstrual Hygiene Menstrual Cup & Menstrual Cup.

Anemia awareness Class and Anemia detection camp at Govt Homeo Dispensary.

09.01.2023: Awareness Class on Nutrition for Parents and Students at Paral DIUP School. 10.01.2023: Inauguration of Blood Donation Camp of Sevabharathy at BEMP School for Malabar cancer care society blood bank.

10 & 11 & 13 & 18 & 19 & 25 & 26 & 27.01.2023: Reproductive Health Awareness Classes at Kadambur HSS, GVHS School, Girls School, Thalassery, Thiruvangad Girls Higher Secondary School, Pattanoor HSS Thalassery, Girls Higher Secondary School & District Chest Centre, Kannur, Sacret Heart Higher Secondary School Thalassery & St. Josephs School Thalassery

11.01.2023: Awareness Campaign Don't Do Drugs at Excel Public School, Chalakkara.

29.01.2023: Mega Medical Camp and Awareness Session at Chothavoor HSS

KOTTAYAM

Awareness class on MENSTRUAL HYGEINE and usage of MENSTRUAL CUPS for Girl students of HOLY FAMILY School.

KANNUR

29.01.2023: GB & Discussed about decision taken by Kerala WDW online meeting held; Elected Dr. Swetha as treasurer to collect the fund & decided to collect WDW working fund 500rs/person

COCHIN

06.01.2023: Dr Kala Thottam performed a Bharatnatyam Kachery at A. J Hall Kaloor.

10.01.2023: Monthly meet.

12.01.2023: Health Education programme - at Doctor live TV on Exam Stress among Students.

16.01.2023: Cancer Awareness class on World Palliative day

19.01.2023: Talk on Gynec problems after Forty on AIR Kochi FM.

29.01.2023: Session on Menstrual Hygiene for Adolescent girls.

16.01.2023: Participation for donating Oxygen generators to Palliative care patients on behalf of COGS.

Senior Drs Gracy Thomas, Valsalakumari, Sara Soge and Remani Phillip received Appreciation Awards from President, Kerala federation of O&G.

17.01.2023: Medical camp.

26.01.2023: Republic Day Celebration - Flag hoisting ceremony and cultural activities.

Dr Anitha and Dr Bindu participated in the Kuttanadan marathon.

MADHYA KERALA

03.01.2023: Executive Committee Meeting

08.01.2023: IMA WDW Madhyakerala Cultural Fest; General Body Meeting; X'mas & New Year celebrations; attended District Committee & Membership Promotion Committee meetings;

11.01.2023: Awareness class on Cough & Asthma on KCVTV channel

13.01.2023: Awareness class on "Liver Health & Lifestyle" for students of St. Joseph's Minor Seminary, Kothamangalam.

15.01.2023: Handed over financial aid and groceries to a mother and daughter, mother suffering from Ca Ovary and daughter, Ca Parotid in connection with the Palliative care day.

17.01.2023: Attended District Committee & Membership Promotion Committee Review meeting.

19.01.2023: IMA Food Safety Initiative Inauguration and Panel Discussion.

20.01.2023: Attended Online Meeting of KSB WDW Officials

22.01.2023: Attended KHS Meeting.

23.01.2023: Talk on Snakes & Snakebites on Mathrubhumi News Channel

24.01.2023: Observed National Girl Child Day by handed over sweets and clothes to the inmates of Dharmagiri Vikas Society.

26.01.2023: Republic Day celebration.

26 to 29.01.2023: Attended APICON 2023, the 78th Annual Conference of Physicians of India, held at Ahamedabad, Gujarat

WOMEN DOCTORS WING - JANUARY

Medical checkup and distribution of free medicines for inmates of Deivadan Centre, Malayattoor

29.01.2023: Attended Managing Committee Meeting Schemes & Projects.

17 & 18.01.2023: Lifestyle Diseases Screening & Awareness camps - Diabetes Screening, Retinopathy Screening

KASARAGOD

22.01.2023: CME – Workshop on “Smart antibiotic use”

23.01.2023: Poster competition for students of upper primary school and drawing competition for primary school children of Shree Lakshmi Venkatesha Vidyalaya Kasaragod.

24.01.2023: Observation of "National Girl Child day" at Shree Lakshmi Venkatesh Vidyalaya.

26.01.2023: Republic Day Celebration.

27.01.2023: Reproductive health programme to plus two girls and boys at Patla higher secondary school.

28.01.2022: family karaoke meets.

PALA

29.01.2023: Awareness class for menstrual Cup usage was done for ASHAS and kudumbashree workers for Mutholi Panchayat cherpunkal public library.

PONNANI

General body meeting & new office bearers of WDW-Ponnani branch were unanimously elected.



INDIAN MEDICAL ASSOCIATION Kerala State Branch

IMA നമ്മുടെ ആരോഗ്യം

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം



വരിക്കാരാവാൻ നിങ്ങൾ ചെയ്യേണ്ടത്

- ➔ വരിസംഖ്യ നമ്മുടെ ആരോഗ്യം അക്കൗണ്ടിലേക്ക് ട്രാൻസ്ഫർ ചെയ്യുക.
- ➔ ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും മൊബൈൽ നമ്പറും വാട്ട്സ് ആപ്പ് ചെയ്യുക.

വരിസംഖ്യ	
1 വർഷം	: 300 രൂപ
2 വർഷം	: 580 രൂപ
3 വർഷം	: 850 രൂപ

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IMA Kerala State Headquarters
Anayara P.O
Thiruvananthapuram 695029
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1 BRANCH : KANHANGAD
PRESIDENT : Dr. Padmanabhan T.V.
SECRETARY : Dr. John John K.

11.01.2023: Two Executive Committee Meetings & selected branch resource persons for different schemes & constituted a committee for membership drive.

13 & 14.01.2023: Precaution Covid Vaccination Camp at IMA House, Kanhangad for members and families.

26.01.2023: Republic Day Celebration. President Dr T V Padmanabhan welcomed the gathering and unfurled the National Flag. Brig.(Retd) T C Abraham was the chief guest and delivered the republic day message.

28.01.2023: Executive Committee Meeting.



2 BRANCH : PATTAMBI
PRESIDENT : Dr. Ahammed Afsal K.P.
SECRETARY : Dr. Mohammed Musthafa

27.01.2023: General Body Meeting and CME on 'COPD Management' by Dr. Akhil Paul, MD Interventional Pulmonologist, Malankara Hospital Kunnankulam.



3 BRANCH : ANCHAL
PRESIDENT : Dr. Radhakrishna Pillai
SECRETARY : Dr. Chintu Oommen

24.01.2023: Condolence Meeting as we lost a young doctor Dr Arpitha Dixit.



4 BRANCH : KOTTARAKARA
PRESIDENT : Dr. Sabeena Sundares
SECRETARY : Dr. Nithin Raju

07.01.2023: Women's Wing inauguration and Christmas New Year Celebration inaugurated by Dr Kavitha Ravi. Conducted variety entertainments by kids and members, followed by musical event



30.01.2023: Online 'Academic Plus' session inaugurated by Dr. Syam, South Zone Vice President.

5 BRANCH : KANNUR MALABAR
PRESIDENT : Dr. Cletus Kanakappalli
SECRETARY : Dr. Suresh Babu M.P.

13.01.2023: General Body Meeting

6

BRANCH : VALLUVANAD
PRESIDENT : Dr. Prethi Kumar C.N.
SECRETARY : Dr. Sachin Sreedharan

25.01.2023: CME on 'Anemia Case Based Discussion' by Dr. Deepak Charles, Consultant Haematology & Haemato-Oncology.

**7**

BRANCH : PERINTHALMANNA
PRESIDENT : Dr. Shaji Abdul Gafoor
SECRETARY : Dr. Jaleel K.B.

22.01.2023: Conducted JDN CME at IMA House inaugurated by Dr. Sulphi Noohu through zoom platform. 81 junior doctors registered. Postgraduate students and HS from KMCT, MES, EMS and PK DAS Medical College attended. Faculties from different hospitals of Perinthalmanna lead various sessions. Scientific Programmes, 'Hypertension Management' by Dr. Jafer. C.P, & 'Diabetes Detection and Management Protocol' by Dr. Anish Ahamed. K.M. CME, ' ECG Made Easy' by Dr. Rajagopal R & ' How to read Chest X Ray" by Dr. Dhvani Gopinath. And a session was on resuscitation and basic 'airway management workshop'. Conducted New Year Celebrations.

**8**

BRANCH : THEMMALAPURAM
PRESIDENT : Dr. Kuttamani T.K.
SECRETARY : Dr. Majesh Antony

Conducted General Body Meeting. Association matters discussed & Membership campaign.

9

BRANCH : NORTH WAYANAD
PRESIDENT : Dr. Gokul Dev
SECRETARY : Dr. Binija Merin Joy

25.01.2023: General Body Meeting and CME. Dr.Harsha Michael, Senior Resident, Dept of Transfusion Medicine, GMC,Wayanad gave a talk on "Rational use of Blood and Blood Components" followed by an active panel discussion.

**10**

BRANCH : FEROKE
PRESIDENT : Dr. Razak
SECRETARY : Dr. Ayisha Razeena E.K.

19.01.2023: CME at Park Residency, Ramanattukara, Calicut on 'Minimally Invasive Newer Treatment Modalities of Varicose Vein " by Dr. Sumith S Malik , Senior Consultant, Laparoscopic Surgeon at ASTER MIMS Kottakkal.

**11**

BRANCH : NADAPURAM
PRESIDENT : Dr. Bharathan P.
SECRETARY : Dr. Ismail N.K.

Conducted BLS Training for Palliative volunteers.

**12**

BRANCH : THAMARASSERY
PRESIDENT : Dr. Abraham G. Thomas
SECRETARY : Dr. Bijin Joseph

20.01.2023: General Body Meeting, Family Meeting and CME. Presidential address and welcome speech by Dr. Abraham Thomas. CME on 'Epilepsy Surgery' by Dr. Muralikrishnan & 'Overview on Interventional Neurology' by Dr. Noufal Basheer.



13 **BRANCH : DESINGANAD**
PRESIDENT : Dr. Anuroop Shanker
SECRETARY : Dr. Vinod S.

08.01.2023: An Online Executive Meeting with active participation via zoom.

10.01.2023: Monthly General Body Meeting and Christmas/New year Celebration. A talk on “Hospital Violence” was delivered by Dr. Syam N.



20.01.2023: A talk was delivered by Dr. Jayasankar C R on 'Flowering' a Personality Development Training programme for Higher Secondary Students organized by Minority Welfare Department, Kollam at Kristu Jyothi Animation Centre, Kottiyam.



24.01.2023: Webinar on “Taxation For Medical Professionals”; Speaker was Mrs. Aachi Sam, (Bcom FCA, MBA) organized by Dr Rachel Oommen, WDW Chairperson.

26.01.2023: Observed National Republic Day by unfurling our National Flag.

27.01.2023: Monthly executive meeting with active participation of executive members.

14 **BRANCH : IRITTY**
PRESIDENT : Dr. Ramesh Hariharan
SECRETARY : Dr. Ranjith Mathew

IMA Conducted Family Meet.



15 **BRANCH : MADHYAKERALA**
PRESIDENT : Dr. Thomas M.P.
SECRETARY : Dr. Freddy T. Simon

03.01.2023: Executive Committee Meeting.

08.01.2023: General Body Meeting.



08.01.2023: District Committee & Membership Promotion Committee Meetings at Periyar House Aluva.

08.01.2023: X'mas & New Year was celebrated.

15.01.2023: As part of Kerala Palliative Care Day, Dr. K. N. Sobhana handed over financial aid and groceries to a mother and daughter (Cancer Patients).

17.01.2023: District Committee & Membership Promotion Committee Review meeting.

19.01.2023: IMA Food Safety Initiative Inauguration and Panel Discussion. IFSI Inauguration was done on virtual platform. Panel discussion was conducted on food poisoning prevention and management.

22.01.2023: Attended the managing committee meeting of KHS at IMA Headquarters.

23.01.2023: Talk on Snakes & Snake bites by Dr. Joseph K. Joseph, Nephrologist, Little Flower Hospital, Angamaly spoke on Mathrubhumi News Channel.

26.01.2023: IMA & WDW Members Celebrated The 74th Republic Day at IMA Hall, Aluva.



26 to 29.01.2023: Attended APICON 2023, the 78th Annual Conference of Physicians of India, held at Ahmadabad, Gujarat.

16 **BRANCH : KASARAGOD**
PRESIDENT : Dr. Ganesh Maiya A.
SECRETARY : Dr. Khasim T.

03.01.2023: Handed over SSS 3 Death benefit cheque of Dr Zakaria to his daughter Dr Rameena at Aramana Hospital.



11.01.2023: ELS hands on training program to ASHA workers at FHC Uduma. Dr Kayinhi Executive member conducted training program. 35 ASHA workers participated in the program.

12.01.2023: ELS hands on training program to Staff of Chattanchal FHC. Dr Kayinhi was the faculty for the training program.

13.01.2023: ELS hands on training program to Staff of Uduma FHC by Dr Kayinhi.

13.01.2023: IMA conducted Medical Camp at Childrens Home Paravanadukam.

16.01.2023. IMA in association with health Club conducted ELS training program. Dr B Narayana Naik conducted training program. 33 fitness trainers of Kasaragod district have been given ELS training with first aid training given.

19.01.2023: Executive Committee Meeting

22.01.2023: General Body Meeting and IMA AMS Chapter & CME- Workshop on Smart antibiotic use in association with KMC Manipal.

22.01.2023: Attended DC Meeting.

24.01.2023: IMA with DC met the Adv C H Kunhambu, Hon MLA of Uduma Assembly Constituency and Shri N A Nellikunnu Hon MLA of Kasaragod assembly constituency and submitted the memorandum regarding the amendment of HPA Act. DC Chairman Dr Suresh Babu P M Convener Dr B Narayana Naik, Dr Khasim T Secretary, Dr Bharatahan A V was present in the team.



24.01.2023: IMA in association with WDW and IAP participated in the observation of "National Girl Child Day" at Shree Lakshmi Venkatesh Vidyalaya.

26.01.2023: IMA&WDW participated in the Republic Day celebration.

27.01.2023: IMA, MPH, WDW conducted adolescent health education and reproductive health programme to plus two girls and boys at Patla High School under Souharda, class by Dr Maya Malya.

28.01.2023: IMA, Railway protection force, IAP conducted BLS /CPR/ First AID Class to Railway Police, Auto drivers, Railway passenger representatives, Municipal councillors of Railway station area. Dr B Narayana Naik was the trainer.

28.01.2023: IMA&WDW conducted family Karaoke singing program on at IMA House.

31.01.2023: Attended North Zone Branch president's/ Secretaries zoom meeting.

17 **BRANCH : SULTHAN BATHERY**
PRESIDENT : Dr. Abdul Gafoor Kakkodan
SECRETARY : Dr. Sunny George Eluvathingal

25.01.2023: General Body & CME on 'Peritoneal Dialysis as renal replacement Therapy- A Wayanad perspective' by Dr. Soorej Sasindran, Moopens Medical College Meppadi & CME on 'Bird's Eye view to clinical Genetics' by Dr. Prejeesh Janardhanan



18 **BRANCH : KUNNAMKULAM**
PRESIDENT : Dr. Shaji P.S.
SECRETARY : Dr. Jerry Joseph K.

07.01.2023: Medical Camp for the Sabarimala devotees.
 10.01.2023: Executive Committee Meeting.
 11 & 14.01.2023: Camp for Sabarimala Pilgrims at Guruvayoor.
 17.01.2023: National Deworming Day. Medical Camp and Health Education Class was conducted under the auspices of IMA and WDW. Dr Rajagopalan K, President NNF Dr Saju.P.K & Dr Dhanya Sreejith conducted the medical camp.
 17.01.2023: Medical Camp & Health Education Session for high school students of Bhareatheeya Vidhya Vihar school, Mazhuvanchery.
 18.01.2023: Pain and palliative project of IMA Kunnampkulam were launched in a function during which the branch handed over 20000 rupees to *Pain and Palliative Kunnampkulam Chapter*. MLA Sri. AC Moidheen presided over the function. Branch president Dr Shaji PS, Charity Wing chairman Dr CP Ravunnikutty and Branch Treasurer Dr Linto Antony handed over the cheque to Kunnampkulam Municipality Chairperson Smt. Seetha Ravindran and Pain and Palliative officials on the stage in the function.



20.01.2023: Under the *Code Violet Project* of IMA Kunnampkulam branch, which was inaugurated by Dr. Pavan Madhusudhanan, Convener, Act Force, the branch conducted a *staff training program* on Hospital Violence to health workers of Ansar Hospital. Dr Shaji PS and Dr Saju PK took classes for nurses and doctors. Detailed discussions were held on " how to prevent and be prepared for Hospital Violence".

26.01.2023: Dr Shaji P.S, President unfurled the National flag in the presence of senior members,



29.01.2023: Dr Shaji PS, Past State President Dr Devdas and Dr Jerry Joseph K met Shri A.C Moidheen, MLA Kunnampkulam Legislative Assembly and Submitted the draft of amendments for The Kerala Health Service Persons and Healthcare Services Institutions (Prevention of Violence and Damage to Property) Act 2012.
 31.01.2023: An awareness talk by an expert in Leprosy Dr Abel Francis was organized at Bethany Chiralayam convent Girls High School.
 31.01.2023: The Monthly General Body and the first CME on 'Cardiac Disease In The Young - The impact of Covid 19' by Dr Amal Paul MD DM Consultant Cardiologist Malankara Hospital, Aduppooty, Kunnampkulam.
 31.01.2023: IMA Kunnampkulam, IAP and NNF, Thrissur conducted BNRP Training Course at Unity Hospital Kanipayyur. The inauguration of the course was done by Dr Varghese Job, Managing Director of Health Services, Unity Hospital, Kanipayyur.

19 **BRANCH : KOTTAYAM**
PRESIDENT : Dr. Elias Joseph
SECRETARY : Dr. Ganesh Kumar J.R.

10.01.2023: General Body Meeting. District Chairman Dr Jose Kurivila talked on Hospital violence and Membership campaign at Pala and Kanjirapally.
 12.01.2023: Zoom Meeting for all District committee members was inaugurated by State President Dr Sulphi Noohu, participated in all branches.
 18.01.2023: General Body Meeting. District Committee Convenor gave a talk on membership campaign and hospital violence.

20 **BRANCH : KARAKONAM**
PRESIDENT : Dr. Anusha Merlin J.
SECRETARY : Dr. Anu J.

12.01.2023: General Body Meeting.
 24.01.2023: President Dr. J Anusha Merline, Dr. J Bennet Abraham and Dr. Anu J met MLA Shri C K Hareendran at his residence and handed over the memorandum regarding the Hospital Violence Act as directed by the IMA KSB.
 27.01.2023: IMA in association with the community medicine department, Dr. SMCSI Medical college,

Karakonam conducted a visit to the Charles Pease Memorial Leprosy Home, Udayarvilai, Colachel town, Kanyakumari district. The inmates of the leprosy home were given the needy consumables and plastic chairs.



21 **BRANCH : KANNUR**
PRESIDENT : Dr. Suresh V.
SECRETARY : Dr. Rajamohan C.K.

05.01.2023: Christmas & New Year Celebration.
 10.01.2023: CPI M State Secretary M V Govindan Master & District Secretary M. V. Jayarajan visited IMA Hall. State Secretary Dr. Joseph Benaven, DC Chairman Dr. Lalith Sundaram & Senior leaders attended.
 12.01.2023: General Body & CME on 'Pre-operative Cardiac evaluation for non-cardiac Surgery' by Dr. Ramakrishna, Prof. of Cardiology GMC Kannur.



19.01.2023: Hybrid CME on 'Digital Health now & forever' by Dr. Mohammed Ashwaq, Physician BMH Kannur.
 26.01.2023: Executive Meeting & Hybrid CME on 'Interesting Clinical Cases in medicine' by Dr. Mohammed Mushtaque. P, Senior Consultant Koyili Hospital Kannur.

22 **BRANCH : KOTHAMANGALAM**
PRESIDENT : Dr. Biju Chacko
SECRETARY : Dr. Gerald Gorking Mathew

10.01.2023: Christmas & New Year Celebration. Dr. Joseph Manoj was the chief guest and main speaker. Dr. Maria Biju gave a motivational Message. IMA Members and families conducted Christmas carol and followed by entertainment programs



23 **BRANCH : NEMOM**
PRESIDENT : Dr. Vijayakumar J.
SECRETARY : Dr. Pradeep Kumar A.S.

05.01.2023: Cabinet meeting in virtual platform. Dr. Vijayakumar J, the President chaired the session.
 08.01.2023: Conducted Life Style Disease clinic in association with Cherupazhanjidevi Sewa Society (CHESS) in Karamana. Dr. Sreedhar conducted the clinic and health education session.

08.01.2023: Participated in District Committees and Membership Promotion Committee meeting at Periyar House, Aluva.
 10.01.2023: Executive Committees.
 11.01.2023: Participation in District Committee meeting in HQ Anayara.
 14.01.2023: Awareness generation session on "Menstrual Irregularities, menstrual health and hygiene" in Sree Chithra Home, Pazhavangadi. Dr. Gopinathan Nair, Former President inaugurated the session and Dr. K. M. Chandini Devi conducted the session.

15.01.2023: State President Dr. Sulphi, Secretary Dr. Joseph Benaven and Dr. Samuel Koshy, conducted a meeting of MSN / JDN state officials and District representatives of JDN at Periyar House, Aluva attended by Dr. V. Mohanan Nair and Dr Vighnesh.
 15.01.2023: Participated the meeting of Committee for Safe Zone Hospitals in Periyar House, Aluva.
 19.01.2023: Gave treatment to a 96-year-old woman in her home. Participation in state / district level meetings.
 21.01.2023: CME and General Body meeting. CME by Dr. Manish Kumar Yadav, Consultant, Imaging and Interventional Radiology, KIMS Health, TVM on 'Current Trends in Neuro Intervention'.



22.01.2023: Dr. A. S. Pradeep Kumar participated in BOT meeting of SSS1 held at IMA HQ Anayara, Thiruvananthapuram.

25.01.2023: Conducted motivational session to the examination going students of Malayinkeezhu Government Boy's HSS by Dr. V Mohanan Nair.

26.01.2023: Organised a session on "Life Style Diseases in elderly people" in the meeting of Telegraph Service Pensioners, conducted in Trivandrum Hotel by Dr. A. S Pradeep Kumar, Former Additional Director of KHS conducted the session.

29.01.2023: Participated SSS 1 management committee meeting at Aluva.

30.01.2023: Organised a session in connection with the "National Girl Child Day" observance in the Govt GHSS.

31.01.2023: Organised the 2nd session in connection with the "National Girl Child Day" at Mahatma Gandhi College, TVM. Session on 'Health and Hygiene among adolescents' by Dr. A.S. Pradeep Kumar.

10.01.2023: Dr. Mini Balakrishnan inaugurated the Blood Donation Camp of Sevabharathy at BEMP School for Malabar cancer care society blood bank.

10.10.2023: Reproductive Health Awareness Class at Kadambur HSS by Dr. Radhika Aravind.

11.01.2023: IMA in association with Lions Club Tellicherry conducted an Awareness Campaign Don't Do Drugs at Excel Public School, Chalakkara, Mahe. Dr. Jayakrishnan Nambiar inaugurated the programme.

11.01.2023: Kerala Lalithakala Academy Thiruvangad conducted the programme of "Vasanthavarnagal Chithrapradarshana and Sale". Dr.Satheesan B (Director MCC) presided the meeting.

11.01.2023: Executive Committee.

11.01.2023: Reproductive Health Awareness Class at Girls School, Thalassery.

12.01.2023: Dr. Jayakrishnan Nambiar released the book on "Honey and Health" written by Dr. C O T Musthafa by handing over the same to Dr. Nadeem Abootty.



BRANCH : THALASSERY
24 PRESIDENT : Dr. Jayakrishnan Nambiar C.K.
SECRETARY : Dr. Nadeem Abootty

01.01.2023: New Year Day took part in Heritage Run promoted by District Tourism Promotion Council. Around 25 doctors and family participated the Heritage Run.

01.01.2023: Christmas and New Year celebration with Cultural programmes were presented by doctors and their families.

01.01.2023: Dr. Mini Balakrishnan was the Chief Guest at the Saphadina Sahavasa Camp of NSS Unit of Sacret Heart School, held at GHSS.

01.01.2023: Free Medical Camp at Matha Amridananda Madam, Thalassery.

06.01.2023: IMA & IAP in collaboration with College of Nursing conducted School Health programme and Exhibition at Andaloor Senior Basic School Dharmadam.

07.01.2023: Class for public & staff at Kadirur PHC on Menstrual Hygiene & Menstrual Cup distribution by Dr. Suja Ajith.

09.01.2023: An Awareness Class on Nutrition for Parents and Students at Paral DIUP School, Kodyeri by Dr. Dhanya M.K.

10.01.2023: Lions International Vanity's Forum Seminar for women & meeting conducted by Dr. Suchithra Sudheer. Dr. Mini Balakrishnan (IPP) being honoured at Lions International Meeting.

12.01.2023: National Deworming Training programme at FHC Muzhapilangad class by Dr. Sreeja Viswan. Training to Anganwadi teachers, School teachers and Asha Workers by Dr. Dilnath Kallat at PHC Dharmadam.

12.01.2023: IMA and JCI conducted a cricket tournament at ARENA 58 Turf, Mukundu Mallar Road, Thalassery in connection with National Youth Day.

12.01.2023: Dr. Jayakrishnan Nambiar delivered speech on Don't Do Drugs at Venduttayi in the Mini Marathan held by Yuvarashmi Gramothsavam to propagate Drug Abuse.

15.01.2023: Palliative Care Day Program at Community Hall, Muzhapilangad.

13.01.2023: Reproductive Health Awareness Class at Thiruvangad GHSS.

14.01.2023: Free ENT Camp at Bali LP School near Pinarayi and distributed medicine for free.

15.01.2023: Dr. Jayakrishnan Nambiar participated as a guest of honour during the presentation ceremony of cricket tournament at Conor Vayal Cricket Stadium, Thalassery.

16.01.2023: Attended District Committee meeting.

17.01.2023: Free Hearing Test Camp conducted at Tellicherry Co-Operative Hospital.

18.01.2023: General Body Meeting.

18.01.2023: Panel Discussion on 'End Hospital Attacks, A Public Debate' moderated by Dr. Ramesh R (Former DHS Kerala & IMA Past State President)..

18.01.2023: Attended inauguration of Abhirami Dental Clinic.
 19.01.2023: Reproductive Health Awareness Class at Pattanoor HSS by Dr.Radhika Aravind.
 19.01.2023: Reproductive Health Awareness Class at GHSS.
 21.01.2023: Dr. Siddeek K P A gave an awareness class on Kannur News Channel regarding Fever in Children.
 22.01.2023: Dr.Rajeev Nambiar Attended the Patient Care Scheme MCM at IMA Head Quarters.
 22.01.2023: State President Dr. Sulphi N and team met Shri. A N Shamseer Speaker at his Chamber and submitted memorandum regarding HPA Amendment. Dr.Rajeev Nambiar includes the team.



22.01.2023: Mega Medical Camp at Josgiri Hospital, Thalassery.
 22.01.2023: Dr.Rajeev Nambiar and Dr.Arun Kumar M K together released the medical directory prepared by K P Anvar by handing over the same to PV Sadanandan.
 23.01.2023: Dr.Aiswarya A P gave an awareness class on Kannur News Channel regarding COPD.
 24.01.2023: IMA & IAP Thalassery conducted CME on "Cough in children - Evidence vs practicality" by IAP Kerala state secretary Dr Krishna Mohan R.
 25.01.2023: Awareness class for nursing students on Respiratory Diseases at District Chest Centre, Kannur by Dr.Rejna Dilnath.
 25.01.2023: Adolescent Health Awareness Class at Girls Higher Secondary School Thiruvangad.
 25.01.2023: Dr.Sayid Fahad Nizar gave an awareness class on Kannur News Channel regarding "Arthritis".
 26.01.2023: Reproductive Health Awareness Class at Sacred Heart Higher Secondary School.
 26.01.2023: A talk on Menses: Where Boys talk about Menses in front of a mixed audience of Girls and Boys at Parassinikadavu HSS taken by Dr.Shyjus P.
 26.01.2023: Free Fibro scan organized by IMA at Co-operative Hospital, 69 patients got the free service.
 26.01.2023: President hoisted the National Flag on the occasion of Republic day at IMA Hall.
 27.01.2023: IMA in association with CGP conducted a Talk on Zoom platform. Talk on "The Difficult Patient" and "Updates in management of Diabetes Mellitus" by Dr.Bijayraj, Senior Consultant Family Medicine, Iqra

Community Clinic, Calicut and Dr.Anand K, Family medicine, Kerala Govt Medical Services.
 27.01.2023: Awareness talk on Adolescent Health and reproduction to students of St.Joseph's School by Dr.Maya.
 28.01.2023: Dr.Mini Balakrishnan gave an awareness class on Kannur News Channel regarding "Pregnancy and Abortion"
 28.01.2023: "National Icon Award" for Ophthalmological services rendered to the society was presented to Dr.Sreeni Edakhlon on the occasion of Hariyana Ophthalmological Society Annual Conference.
 29.01.2023: As part of the Don't do Drugs campaign, conducted a Mega Medical Camp and Awareness Session at Chothavoor HSS, Champad.
 29.01.2023: Article written by Dr.Babu Ravindran, Past National Vice President published in Kerala Kaumudi.
 29.01.2023: Soft skill Training Sessions conducted with activities and games for Reception and Front Office staff of Tellicherry Co-operative Hospital.
 30.01.2023: World Leprosy Eradication Day - Aswamedham Leprosy Case Detection Training to Asha Workers and Volunteers at PHC Dharmadam by Dr.Dhanya M K.
 31.01.2023: Dr. Jayakrishnan Nambiar and Dr. Nadeem Abootty visited Adv.A N Shamseer (Kerala legislative assembly Speaker/ Thalassery MLA) and handed over the HPA amendment suggestions of IMA Kerala State.

31.01.2023: Dr.Mini Balakrishnan inaugurated the Vanitha Sammelanam of Sri.Subhanandha Trust.
 31.01.2023: North Zone Presidents and Secretaries meeting in Zoom Platform attended by Dr.Jayakrishnan Nambiar & Dr.Nadeem Abootty.
 31.01.2023: Refresher training program to Anganwadi workers of Pinarayi block by Dr Dilnath Kallat Past President IMA at AKG Training Centre Pinarayi.
 31.01.2023: Immunization Training to JPHNs by Dr.Johnny Sebastian at District TB centre Kannur.
 31.01.2023: Dr.Mini Balakrishnan honoured by Thalassery Co-operative Hospital for achieving best branch president award during National Conference.

BRANCH : KOZHIKODE
25 PRESIDENT : Dr. Venugopalan B.
SECRETARY : Dr. Sandhya Kurup

04.01.2023: WDW General Body Meeting.
 05.01.2023: Team IMA meeting through zoom platform.
 06.01.2023: Executive Committee Meeting.
 07.01.2023: Observation of National Youth Day at Marthoma Centre, Chevayur
 08.01.2023: Dr. B. Venugopalan Branch President attended the inaugural function of Malabar ENT Annual Conference 2023 at IMA Hall, Kozhikode.
 11.01.2023: Observation of National Youth Day at Medical College campus.
 12.01.2023: CGP Monthly CME on 'Hypertension - basics in diagnosis & management' by Prof Dr P K Sasidharan, Former Head of Medicine & Emeritus Professor of Family Medicine.

13.01.2023: Press meeting @ Calicut Press club on 'seminar on prevention of hospital violence'.

13.01.2023: District committee meeting at IMA Hall, Kozhikode.



15.01.2023: Workshop on "Prevention of violence and Safe hospitals – need of the society" inaugurated by Hon'ble MLA Sri. Thottathil Raveendran.

16.01.2023: Building Committee Meeting with investors through zoom platform.

17.01.2023: Preliminary Meeting with officials of trade exhibition (Trade Expo 2023).

17.01.2023: WDW Executive Committee Meeting through zoom platform.

18.01.2023: AMS Monthly Meeting & CME on 'Management of Myocardial infarction – an update' by Dr. Kader Muneer, Prof. of Cardiology, Govt. Medical College, Kannur

16.01.2023: Building Committee Meeting with new investors through zoom platform.

20.01.2023: MBS managing committee meeting.

22.01.2023: Second Pen – Literature Workshop inaugurated by Sri. M. Mukundan.



25.01.2023: Conducted Pap smear camp in association with Rotary East and Anaswara Residents Association as part of Swayam project. Dr. VK Chellamma, Prof & HOD of OBG KMCT Medial College gave an awareness class on the "Importance of early detection of Ca Cervix and Ca breast'.

26.01.2023: Observation of Republic Day. Flag hosted by branch president Dr. B. Venugopalan.

26.01.2023: General Body Meeting.

26.01.2023: Koyilandy Panchayath honoured Kozhikode IMA Secretary Dr. Sandhya Kurup as receiving IMA National IMA Award.

26.01.2023: Ex-service men society, Koyilandy honoured, Secretary Dr. Sandhya Kurup as receiving IMA National IMA Award in connection with family meet of society.

27.01.2023: IPP Dr. Roy R Chandran gave talk on life style diseases at Koyilandy in connection with Medical exhibition and medical camp conducted by Koyilandy Panchayath.

28.01.2023: Visited Dr. MK Muneer MLA & Sri. Thottathil Raveendran MLA reg. proposed amendments in prevention of Hospital Violence Act. Dr. B. Venugopalan. N Dr. P.N. Ajitha, Dr. Sankar Mahadevan, and Chairman Dr. K.V. Raju handed over the memorandum to MLA.

29.01.2023: Visited Sri. AK Saseendran, Hon'ble Minister for Forest & Sri. PTA Raheem MLA reg. proposed amendments in prevention of Hospital Violence Act.

29.01.2023: Social Awareness and Leadership Training Programme (SALT) for High School students in association with OISCA International at IMA Hall.

30.01.2023: Conducted ELS training for school students at Iringallur Higher Secondary School, Palazhi.

BRANCH : BALUSSERY

26 PRESIDENT : Dr. Venugopalan V.C.

SECRETARY : Dr. Vijayan P.

01 & 07.01.2023: Conducted Free Eye Camp.

BRANCH : PERUMBAVOOR

27 PRESIDENT : Dr. Shine G.

SECRETARY : Dr. Joseph Saritha

04.01.2023: Executive Committee Meeting.

08.01.2023: X-Mas and New Year celebrations. Members with their families attended the programme with lots of recreational activities.



BRANCH : PALAKKAD

28 PRESIDENT : Dr. Arun N.M.

SECRETARY : Dr. Sathyajith R.

15.01.2023: Annual Doctor's Meet & New year Celebrations with family. Dr. C. K Chandrasekharan was awarded 'IMA Palakkad Life Time Achievement Award' on the occasion.

BRANCH : MAVELIKKARA

29 PRESIDENT : Dr. Sonia Suresh

SECRETARY : Dr. Dileep Kumar K.

01.01.2023: Christmas & New Year Celebration was organised at Preethi Convention Centre, Mavelikkara, hosted by IMA Kayamkulam. Members and their families & neighbouring branches participated in the programme. The 'x' mas message was delivered by Dr. Sherlyn Psychiatrist S.G.M Medical Centre Parumala. Cultural programmes with Christmas carols, songs, dance and Kalaripayattu was the highlight of the programme.

22.01.2023: Attended the leadership training programme held at Chengannur.

26.01.2023: The Republic day was observed, unfurling of the National flag at IMA Hall Thazhakkara.



29.01.2023: General Body Meeting and CME by Dr. Tina Jubin of Abbott diagnostics on 'Troponin I and Risk Stratification ,the importance of Active b12 and New Liver Cancer Markers'.

30 **BRANCH : THALIPARAMBA**
PRESIDENT : Dr. Latha Mary Jose
SECRETARY : Dr. Arun Sankar

12.01.2023: A workshop on Hospital Violence. Dr Latha Mary Jose, chaired the function. Leading advocate M.C Ramachandran led the class. He enlightened the members regarding the importance of clauses to be included in FIR, importance of evidence collection and documentation in case of a hospital attack. He also said legal consultation should be done prior to writing a complaint to the police. There was an active discussion regarding the law procedures in case of a hospital attack and litigation against doctors. Vote of thanks by Dr Arun Sankar, Secretary IMA.



18.01.2023. Executive Committee Meeting, decided to go ahead with the plan of buying the land which is bordered with IMA hall. Purchase committee is formed. Chairman Dr K V Mukundan & Members - Dr Subramanian, Dr Vittal Das Pai, Dr Kunhikannan, Dr Abdul Rasheed T, & Dr Praveen Prasannan

IMA president and secretary met with Taliparamba MLA M.V Govindan and handed over the hospital protection act amendment memorandum from IMA KSB.

25.01.2023: General Body Meeting with CME on "Orbital Floor Fractures -Diagnosis and management" by Dr Ajoy Vijayan, Consultant Maxillofacial Surgeon, Aster MIMS Kannur.

President & Secretary explained the points of the meeting with MLA regarding HPA amendment bill.

26.01.2023: Republic Day Celebration. National flag hoisted by Dr Latha Mary Jose.



31 **BRANCH : KODUNGALLUR**
PRESIDENT : Dr. Martin P. Joseph
SECRETARY : Dr. Sajith N.V.

10.01.2023: Family get together for Christmas and New year celebration. The highlight of the program was the Salad competition, which was an attempt to introduce healthy eating habits among us. The prize winners were selected by a professional dietician.



32 **BRANCH : CHERTHALA**
PRESIDENT : Dr. Muralikrishnan U.
SECRETARY : Dr. Aroosh T.P.

11.01.2023: General Body Meeting. Working fund for associate members were fixed at Rs.1000/- & decided to take the anticipatory attendance for the meeting in google form.

CME on 'Approach to a Dizzy Patient and Red Flags in Headache & Current Management in Migraine' by Dr R Suresh Kumar & Dr Minu George. CME was sponsored by Renai Medicity.

28.01.2023: Celebrated New Year and family get together at Rotary Club of Cherthala. Sri.Suneesh varanad (Script Writer) was the chief guest.

BRANCH : CHANGANACHERY
33 PRESIDENT : Dr. Narayana Panicker M.
SECRETARY : Dr. Jinny John

25.01.2023: Monthly Meeting at Medial Hall, St Thomas Hospital Chethipuzha, Changanacherry. Had a talk on 'Anaemia evaluation and diagnosis' by Dr Chepsy C Philip, Believers Church Medical College hospital.

BRANCH : THIRUVANANTHAPURAM
34 PRESIDENT : Dr. Vijayakrishnan G.S.
SECRETARY : Dr. Althaf A.

13.01.2023: Regular Executive Meeting.

16.01.2023: IMA CGP Sub Faculty monthly talk at IMA Branch Hall. CME on 'Diabetes Management – Current Guidelines' by Dr. Sreejith N Kumar. Dr Vijayakrishnan, Dr Althaf, Dr Sivaprasanth chairman CGP were present.



21.01.2023: District Committee Meeting at IMA Hqrs.

25.01.2023: IMA AMS Journal Club conducted zoom meeting. Dr. Aravind, HOD, Department of Infectious Diseases, GMC TVM was the presenter. 'Long COVID-Major Findings, Mechanisms and Recommendations' Coordinator was Dr. Anju K Kanmani.

25.01.2023: Medical Camp held at SNDP hall, jointly organized by IMA and Dr Palpu foundation. Dr Vijayakrishnan GS and Dr Raveendranathan Nair led the medical camp.

Handover the HPA Amendment suggestions to Hon. Minister for Transport Sri. Antony Raju and Shri V K Prashant M LA Vattiyoorkavu.



17.01.2023: Second Clinical Club. Dr. Shah Navaz, professor of orthopaedics, was the faculty talked elaborately and interestingly on the subject. Dr. GS Vijayakrishnan, and Dr. Althaf, spoke on the occasion. Dr. RC Sreekumar, Chairman of AMS, participated in the discussion.

21.01.2023: Meeting on National Conference 2023. The First Organizing committee meeting was held at IMA Headquarters. State President Dr Sulphi, National President Dr R V Asokan, Past NP Dr A Marthandapillai, Dr Sreejith N Kumar, Dr Vijayakrishnan, Dr Althaf, Dr Sreejith R were present. Presidents and secretaries of all branches were also present.

Released IMA Trivandrum Calendar 2023.

28.01.2023: Monthly General Body Meeting held at Hotel Residency Tower. Presidential address by Dr Vijaykrishnan G, Dr Althaf secretary presented the Minutes and report of activities CME's by Dr Shameem KU and Dr Maneesh Kumar Yadav, chaired by Dr Syam Lal KIMS Hospital.

29.01.2023: BCLS Training for IDA Doctors' at IMA Hqrs. Dr Shiju Stanley HOD Emergency Dept Ananthapuri Hospital and Dr Sreejith R Nodel Officer CRTIC IMA Tvm were led the sessions.

Palliative Care Cell team Provided Support, Nursing Care and Vitals Examination Includes: BP, GRBS Etc. Also Provided Food Kits, Medicines, Dressing Materials, Financial and Educational Support to Needful Patients.

BRANCH : THRISSUR
35 PRESIDENT : Dr. Shobhana Mohandas
SECRETARY : Dr. Joseph George

05.01.2023: Combined Executive Committee Meeting presided by the President Dr. Sobhana Mohandas & Secretary Dr Joseph George presented the minutes and passed.

12.01.2023: IMA Blood Bank Complex and Research Centre Thrissur conducted Managing Committee Meeting at IMA House. Blood Bank Director Dr VK Gopinathan discussed various matters for the smooth functioning of IMA Blood Bank.

13.01.2023: IMA donated necessary medicines to the First Aid Booth for Sabarimala Pilgrims being run by Guruvayoor IMA at Temple Premises.

16.01.2023: IMA & WDW in association with NITTA Gelatin India Limited organised Awareness Program & Free Distribution of Menstrual Cups, at Sacred Heart Women's College, Chalakudy, Thrissur. Film Director Lal Jose inaugurated the function.

21.01.2023: General Body Meeting & Scientific Session at Joys Palace Thrissur. Scientific Session hosted by Sun Medical and Research Centre. 'Over View of Endoscopic Brain Surgery' by Dr Devaprasad, 'Acute Stroke - Recent Advances' by Dr Raghunath. B, 'Meniscal Injury Consensus in 2023' by Dr Sujay Nathan, 'International Therapeutics How Better Off are we in 2023' by Dr Rajiv Zachariah and 'Covid - Up date' by Dr Judo J Vachaparambil.



21.01.2023: IMA Pension Scheme session at Joys Palace. Chairman Dr Dominic Spoke on Pension Scheme. Secretary Dr Sreekumar Sarma Spoke in detail on LCD Projector and informed any one can join the scheme with a Five Year Locking period.

22.01.2023: IMA in association with Cardiology Club actively participated in EC CON 2023, hosted by Elite Cardiology Centre at Hyatt Regency. Inauguration by Prof. Rajan Joseph Manjooran, Professor Emeritus, PIMS Thiruvalla. Program Schedule with Speakers gave Star Talks followed by Cardiology Quiz.

24.01.2023: Free Training in Home Care of Elderly and Bed ridden Persons at Thrissur Daya Hospital. Introductory Speech by Executive Director NIPMR Mr MC Chandra Babu, Special Situation in Elderly & Home Management by Dr Sindu Vijayakumar, Family Medical Care Dos & Don't by Dr Anjana, Hygiene & Infection Prevention by Dr Kavya. P, Prevention of Bed Sores & Contractures by Dr Neena TV, Bed Making Dress & Changing by Sr Limcy & Team, Bed side and Chest Physiotherapy by Rapha Physiotherapy Centre were the speakers.



26.01.2023: Flag unfurling by Dr Shobhana Mohandas. Senior leaders spoke on Circumstances and Contributions leading to our Independence.

26.01.2023: Blood Donation Camp by Sainika Koottayma. IMA Blood Bank complex and Research Centre Ramavarmapuram conducted Blood Donation Camp.

BLOOD BANK REPORTS

Total Blood collected During Camps	– 696	Units
Total Blood collected at Blood Bank	– 562	Units
Total blood and components issued	– 3346	Units
Total Camps Conducted	– 23	Camps

BRANCH : TIRURANGADI

**36 PRESIDENT : Dr. Shajahan M.
SECRETARY : Dr. Hasna P.P.**

21.01.2023: Dr. Hasna P P, took an awareness class on 'adolescent health' to ASHA workers and paramedical students at DIMS Auditorium, Kunnumpuram.

22.01.2023: IMA and KPHA conducted a condolence meeting to pay homage to our senior member; Dr. Girijabai who passed away, Dr. Radhakrishnan, spouse, and colleagues shared the memories and paid tribute to the great departed soul.



26.01.2023: Conducted CME and monthly GB at Nahas Hospital Auditorium. Dr. Nasreen Aboobacker, Consultant Gynaecologist, took class on the topic –'Cosmetic Gynaecology'.

BRANCH : KOLLAM

**37 PRESIDENT : Dr. Vinod George Philip
SECRETARY : Dr. Jinaraj Kumar M.S.**

12.01.2023: Fourth Executive Committee Meeting at Dr. Mohandas Memorial Hall.

Conducted a seven hours program on 'Hands on Training program on Emergencies in dental Practices' at PMS Dental College, Vattappara, Trivandrum by Kollam IMA ELS Team. Dr Athura Das conducted the classes and around 98 dental PG students & interns attended the program.

14.01.2023: Christmas/ New Year Celebrations.

15.01.2023: ELS Training programme conducted for Heavy Drivers by Dr Athura Das and Team in association with TRACK.

15.01.2023: IMA ELS Team in association with TRACK and MVD Kollam, conducted a "Road Safety Program" at LP School, Karali Junction, Kollam.

26.01.2023: Republic Day. Flag hosting done by IMA Kollam President Dr Vinod George Philip.

27.01.2023: Voluntary Blood Donation Camp was conducted at NSNSM Private ITI, Chavara after giving awareness on blood donation.

27.01.2023: Fourth General Body Meeting & CME on 'All that Shakes is not a Seizure -Seizure Mimics In Children' by Dr.Vaisakh Anand, Paediatric Neurologist, Amrita Institute of Medical Science, Kochi.

29.01.2023: Conducted ELS Training Programme for Heavy Drivers by Dr Athura Das and Team



26.01.2023: Celebrated Republic day. Dr. Sreenivasa Kamath hoisted the national flag at IMA House Kochi. 25 members presented.



29.01.2023: Marie Simon conducted a Session on Menstrual Hygiene for Adolescent girls at Perumbavoor.

30.01.2023: Senior Doctors Forum of IMA Cochin meeting at IMA House. Dr. K. Narayanankutty gave a talk on Neurotics.

Poor patients availed the free medicine from our medicine bank.

Blood Bank Report

Total 975 units of blood were collected and 2096 units of blood and its components were issued to various hospitals in and around Ernakulam District. 25 units of blood issued to needy poor patients.

BRANCH : COCHIN

38 PRESIDENT : Dr. S. Sreenivasa Kamath
SECRETARY : Dr. George Tukanan

11.01.2023: Combined Executive Committee Meeting at IMA House with participation of 51 members attended.



16.01.2023: World Palliative Day. Cancer Awareness Class by Dr. Gracy Thomas.

25.01.2023: General Body Meeting and Scientific Session at IMA House. Conducted a panel discussion in association with Cochin Association of Nephrologists on "Drugs and Kidney". Dr. Mammen M John, Senior Consultant and Dr. George Kurian, Professor, AIMS moderate the panel discussion. Dr. Vishnu Dev, Aster Medicity, Dr. Sneha P Simon Rajagiri Hospital, Dr. Punnoose Thomas Lourdes Hospital and Dr. Karthik Ganesh Lake shore Hospital were panalists.

Memory Screening Camp. IMA, Ochanthuruth Service Sahakarana Bank, MAGICs, Jai Bharat College Perumbavoor jointly organized a Memory screening camp at Puthuvype Ochanthuruth Service Sahakarana Bank and Gandhinagar Ernakulam. Supported by Vypin Service Pensioners Cooperative Society, Karkinos, & Sree Sudheendra Medical Mission.

BRANCH : MALAPPURAM

39 PRESIDENT : Dr. Vijayan K.
SECRETARY : Dr. Abdu Salam O.K.

10.01.2023: Free Eye Check-up. Dr Asoka valsala done Free eye check-up at Sai Health Centre Shornur.

14.01.2023: DC Zoom Meeting. Dr Samuel Koshy, Dr.V.U.Seethi, Dr Asoka Valsala and all the leaders from different branches and active participation from the members also was there.

19.01.2023: Monthly GB & CME. Dr Harish Srinivasan took class "Role of intracranial pressure monitoring management of head injury".



26.01.2023: Republic Day. Flag hoisting ceremony in IMA house.

31.01.2023: North zone President and Secretaries zoom meeting. Dr Narayanan, Dr Vijayan & Dr Abdu Salam attended.

40 BRANCH : VATAKARA
PRESIDENT : Dr. Anandan C.K.
SECRETARY : Dr. Vinod Kumar B.

13.01.2023: District Committee Meeting was attended by District Convenor Dr.Muhammad. Ismath Rifayi and Dr.M.Muraleedharan.

14.01.2023: Executive Committee Meeting.

24.01.2023: General Body Meeting & CME in association with MIMS hospital, Calicut was conducted by Dr Faheem and Dr. Sreelesh.

26.01.2023: Republic Day flag hoisting was done by the President. In the evening, a talk by famous writer and orator Dr. Sasikumar held at IMA hall.



27.01.2023: Football and Cricket matches took place at a turf near Asha hospital.

31.01.2023: Dr.CK Anandan , Dr.Vinod , District convenor Dr.Muhammad Ismath Rifayi and Central Council member Dr.M.Muraleedharan met the Vatakara MLA Smt. K K Rama to handed over memorandum for HPAACT amendment.



41 BRANCH : AMALA NAGAR
PRESIDENT : Dr. Jayakrishnan Kolady
SECRETARY : Dr. Sudheer U.

Branch conducted Meeting at Tos House, Thrissur, Presentation by 'Life Sign About wireless monitoring of IP patients' by Mr. Madan. Dr. Baiju N was the chief guest.

42 BRANCH : NEDUMANGAD
PRESIDENT : Dr. Mohammad Asharaf P.A.
SECRETARY : Dr. Hema Francis

07.01.2023: Executive committee Meeting.

12.01.2023: Attended District Committee Meeting at IMA Headquarters.

16.01.2023: IMA in association with UBA IISER TVM conducted a session on COLS and First Aid for CDS and

ADS members at Community Hall, Grama Panchayat Vithura.

19.01.2023: Attended DC meeting on NATCON 2023.

21.01.2023: Dr.Mohammed Asharaf, Dr. Hema Francis and Dr.Ayyappan have visited Shri.G R Anil, Hon'ble Minister for food and Civil Supplies and handed over the memorandum regarding HV as per the state directives.



26.01.2023: Republic Day. Unfurling of Indian National Flag by Dr.Mohammed Asharaf in front of IMA House.

28.01.2023: GB Meeting and CME on 'Hypertension' by Dr. Sheeba George, Cardiologist, Jubilee Memorial Hospital, Trivandrum.



43 BRANCH : KAZHAKOOTTAM
PRESIDENT : Dr. Syamlal S.
SECRETARY : Dr. Kalpana Gopan P.

03.01.23: Attended Christmas & New Year Celebrations at IMA State Hqs. Free medical camp form guest labourers

05.01.23: Executive committee meeting on zoom platform.

08.01.23: Attended District Committees & Membership promotion committee meeting held at IMA Periyar House.

19.01.23: GB & CME current updates & dilemmas in adult vaccination by Dr. Sheeja Sugunan.



21.01.23: Awareness session for asha workers on complementary feeding by Dr. Priya Srinivasan. Attended Doctors Club IMA Director Board Meeting. IMA Kazhakuttam President Dr Syamlal S, Secretary Dr.Kalpana Gopan P, Treasurer Dr. Reji Mohan, Executive Committee Member, Dr. Arun met MLA Shri. Kadakampalli Surendran. Had a brief discussion about the Hospital Protection Act amendments and handed over the memorandum as per the direction of State IMA.



28.01.23: GB & CME
 29.01.23: National Workshop on known Thrombosis.
 31.01.23: Webinar on Menstrual Hygiene for asha workers.

BRANCH : THALAPPILLY
44 PRESIDENT : Dr. Saleem P.M.
SECRETARY : Dr. Manoj C. Varghese

January 2023 19.01.23: As per Directives of State IMA a panel discussion with public participation on Hospitals as Special Protected Zone for Prevention of Hospital Violence, was included in the General Body Meeting. IMA Thalappilly was officially invited to the Meeting of Uthrali Kavu Pooram celebration. IMA President attended and offered all support from IMA for the smooth conduct of Pooram Activities. IMA Thalappilly conducted various medical camps in Wadakkanchery during the month of January and December. Visited about Ninety-One houses under programmes for Eradication of Extreme Poverty by Wadakkanchery Municipality.

BRANCH : CHALAKUDY
45 PRESIDENT : Dr. Razak
SECRETARY : Dr. Ayisha Razeena E.K.

12.01.2023: Executive committee meeting and decided to make arrangements for the family trip as a part of xmas - New Year celebrations. Other communications from state headquarters were discussed along with local branch matters.
 15.01.2023: Family trip to aquatic floating resort Kochi &

had a formal general body meeting without any academic activities.

BRANCH : PERAMBRA
46 PRESIDENT : Dr. Sachith
SECRETARY : Dr. Sheeja Viswanathan

02.01.2023: Christmas & New year celebration. Conducted variety entertainments & Cultural activities.



08.01.2023: GB & CME on 'Cardiac Emergencies in children' by Dr. Nabeel.

16.01.2023: Eye camp.
 Dr. Vinod is taking classes on every Sundays for general public regarding palliative care and supplying sample medicine for the needy.

28.01.2023: Executive Committee Meeting. Main discussion was on going building project. Decided to finish the work by the end of this month and inauguration by middle of march.

IMA Perambra handed over a cheque for Rs. 1 lakh to office assistant Mr. Dasan for his daughter's marriage.

31.01.2023: Attended North zone Presidents Secretaries Meet in Zoom platform.

BRANCH : GURUVAYUR
47 PRESIDENT : Dr. Rohith N.M.
SECRETARY : Dr. Nepun K.N.

27.01.2023: GB and CME by Dr. Veena S Raveendran on "congenital glaucoma"; the topic was covered in detail and the questions of our members were answered.

President had a brief discussion over the organisational matters with the members.



1. Decided to increase the working fund to Rs.3000 from 2023 for the new members and the old members are exempted for this year.
2. Decided to start a building fund refundable loan from the voluntary members up to the sum of 50,000 INR with 2-year lock in period. Many have come forward to deposit in this plan.

48 **BRANCH : KOYILANDY**
PRESIDENT : Dr. Satheesan K.
SECRETARY : Dr. Abhilash C.

- 05.01.2023: Executive meeting.
 26.01.2023: IMA HOUSE building anniversary and New year, x'mas celebration & honoured senior member Dr. Sukumaran.
 30.01.2023: A class on anti-leprosy by Dr. Satheesan K V Met Koyilandy MLA Smt. Kanathil Jameela & submitted a petition regarding the changes to be made in the Hospital Protection Act



49 **BRANCH : NORTH PARAVUR**
PRESIDENT : Dr. Mohandas M.K.
SECRETARY : Dr. Sunil P.K.

- 07.02.2023: New Year celebration & family meet. Chief guest Smt Prabhavathi teacher, Chairperson of Paravur Municipality. New Year message was delivered by Dr Francis TV, Founder President, IMA North Paravur. Dr Sunil PK, branch secretary was honoured by Dr MK Mohandas, President IMA North Paravur for being elected as Honourable General secretary of KGMOA. Various entertainment programmes were conducted.



50 **BRANCH : IRINJALAKUDA**
PRESIDENT : Dr. Jom Jacob Nellissery
SECRETARY : Dr. Sreenath V. Nair

- 18.01.2023: Academic talk by Dr. JAYAKUMAR & Dr THURDEEP regarding surgical management of coronary artery disease
 26.01.2023: Flag hosting done at IMA Hall in connection with Republic Day.



With best wishes from

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Commitment to keep our Green Land
away from the dangerous
hazards of Biomedical waste...



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environmentally safe
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Serving 22,464
Healthcare
Establishments
Across the
Kerala for their
Biomedical
Waste Management

The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards

Contact us for more details....



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