



HQ - Anayara P.O Thiruvananthapuram - 695 029 Tel: 0471 - 2741144, 2741166 i IMA State HQ, Anayara P.O E-mail: imaksb@yahoo.co.in Website: imakerala.com

Editor: Dr. Joseph Benaven Thiruvananthapuram - 695 029 M: 9895997891, 6282871678

IMA STATE HEADQUARTERS E-MAIL IDs

State Secretary: secretary@imakerala.com News Letter: newsletter@imakerala.com Membership: membership@imakerala.com

Accounts: Accounts@imakerala.com

General: IMA - Connect: imaconnect@imakerala.com coordinator@imakerala.com

CONTENTS

President ⁱ scolumn
FROM THE EDITOR'S DESK
STATE ACTIVITIES7-16
Women Doctors Wing report D7-19
Mission Pink Health Report20-22
BRANCH ACTIVITIES



Dr. Samuel Koshy President, IMA KSB

President's Column

ATTACKS ON DOCTORS AND HOSPITALS

An issue to be readdressed!

Violence against Doctors and Hospitals is a major issue that needs solution. Attacks on hospitals is an issue which started more than four decades back and still continuing. The cause is multifactorial and the issue is complex. Many leaders tried to address this issue but attacks continued unabatted.

This year we tried to address this issue on a wider perspective. The target set was to reduce the attack by atleast 25% compared to previous years. A seperate committee 'Act Force' with Dr. M N Menon as Chairman and Dr. Pavan Madhusudanan as Convener was formed to formulate ways and means to address this issue.

After a short study by a committee on issues related to violence that has happened in earlier years, an action plan was formulated to address the issue. Ways and means to prevent an attack with immediate and long term strategies were discussed in detail. A book, 1st of its kind in our State, was published. Measures to educate the doctors and hospital staffs at district and branch levels were started with the support of 'Consortium of all Private Hospital Owners Associations' formed by IMA.

270 th State Working Committee passed a unanimous resolution demanding declaration of Hospitals by Government as 'Safe Zones'. Demand was made before the Chief Minister and Health Minister. Discussions were undertaken. Also PP Scheme was entrusted to deal with legal aspects of each incidence without considering whether the victim is a member or not.

At the same time, other ways and means to prevent hospital violence were continued. Efforts to strengthen the association and empower the members was undertaken on a war footing. Political lobbying was done among almost all Political leaders, more than 45 MLA s, MP s and even among local leaders through the 'THARANGAM' Yathra. Questions regarding violence in hospitals were raised in the Assembly. Press and Visual media were addressed 15 times and three editorial boards of major medias were interacted to make them aware of the problems related to violence in hospitals. Our District officials submitted memorandums to District Collectors and local MLA s demanding proper actions to prevent violence against Doctors and Health Workers. All visual and print medias came out

with IMA s demand for protection of Doctors against violence.

We met many police officials and a hot line with police chief (DGP) was established. Each incidence of violence was brought to his notice and every attack on Doctors were followed up meticulously. Preparations for a State wide Strike in the incidence of violence at Perinthalmanna was planned but police took immediate proper action. Care was taken to register proper FIR s in all cases and help of local advocates were sought with financial assistance from PP Scheme. Arrests of culprits with charges under prevention of violence in hospitals act were ensured in almost all incidences. Attempts to prevent anticipatory bail by culprits were prevented legally in most cases.

Our case seeking protection at work place is pending before the division bench of Kerala High Court. Fresh affidavit is submitted and the court has sought versions from other stake holders also. Some favourable comments and judgments came from some courts. We expect a favourable judgment from the Division bench also.

Interactions with public and opinion makers on the issue of hospital violence was undertaken in all the 14 District Conventions of IMA. Top media persons, Police officials, Politicians, Social Workers etc were participants in all panel discussions on Hospital Attacks in the District Conventions. Intention was to create public opinion against violence.

Number of attacks came down drastically in the initial phase of the year and all cases that happened were followed up meticulously. Total number of attacks that happened last year was 140 as per records. The number came down to 38 in the initial 10 months of the year.

Unfortunately some of our own members tried to defeat and nullify the programme with impractcal proposals and non co operation. Many didn't take up the initiative seriously. This reduced the enthusiasm among many members. We failed to implement the recommendations at local level. A serious and sincere effort to address the menace of attacks on Doctors and Hospitals is temporarily slowed down. In last month itself, there was a spike in number of attacks. 6 cases of violence on Doctors were reported. We need to rethink and readopt the strategies.

Talks with the Government has started yielding results. Chief Minister has agreed to ammend the existing law to prevent violence in hospitals and make it more stringent. Talks are on and IMA has entrusted a former Director General of Prosecution with the task of formulating a draft for the new law. It will take a little more time but we are sure that our continuous and united efforts will yield results.



From the Editor's Desk

Dr. Joseph Benaven Secretary, IMA KSB

GO YOUNG... The way forward

Time has come for the Indian Medical Association to undergo a generational transition paving way for meaningful participation of the youth. The role of youth is important when it comes to shaping and developing the association as they possess the capabilities to determine the future of the association. The young generation has more concurrent dreams, passion and hope and have to be groomed to renew, refresh and maintain the current ethos and values of the association.

The organizational goals of our association which serves not only as the watchdog of the profession but also remains focused on the welfare of doctors and their families has a high dependence on youth for its maintenance and sustainability. The youth is the backbone and the future. Empowering youth by engaging and involving them is important because we need to ignite the flame of their power to take control of the future- the future that the youth will live in.

We need to equip them with the right skill sets and tools to make them better decision makers. Empowerment will help them discover their innate potential helping them unleash their best qualities, be it in the form of better judgement and wisdom and also help them better understand their roles and duties to the association. We should provide them with the right resources, guidance and a good environment with proper mentoring so they become committed leaders of the future.

Indian Medical Association Kerala State Branch is committed to quality youth engagement and the first significant step was the first ever Young Doctors Conclave organised at IMA Periyar House, Aluva. The two day event witnessed the confluence of more than 120 select young leaders from across the state. It served as a platform for the generation Next to share their vision and in turn hear the leaders who have played significant roles in shaping the association. May this be a beginning well made....



INDIAN MEDICAL ASSOCIATION Kerala State Branch

Android Mobile App

IMA on your Fingertips... Download from Google Play Store

IConnect IMA KSB

https://play.google.com/store/apps/details?id=com.iconnectapp

Either click the link or download the app.



Dr. Samuel Koshy State President, IMA Kerala



Dr. Joseph Benaven State Secretary, IMA Kerala



@ IMA Headquarters on 02.09.2022









DISTRICT CONVENTIONS OF IMA KERALA

Kottayam - 03.09.2022



IMA AMS ANNUAL STATE MEET @ IMA PERINTHALMANNA – 04.09.2022



IMA WDW - State Conference 2022 @IMA Kozhikode – 11.09.2022







Submitting memorandum on Dog bite issue to Minister M B Rajesh – 13.09.2022



State President rewrites history with his address at the 108th Branch of IMA KSB -IMA Edapally Branch on 14.09.2022







Mission Pink Health State Conference "Floraizon 22" hosted IMA Thalaserry, being inaugurated by State President IMA KSB on 17.09.2022



IMA CGP – CGPCON 2022 at IMA hall, Kozhikode on 18.09.2022



National IMA CGP South Zone Conference 2022 hosted by IMA Thrissur – 24th & 25th of September



тма **ПДЗ**65 Вовалијо

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം

വരിക്കാരാവാൻ നിങ്ങൾ ചെയ്യേ	ണ്ടത്
വരിസംഖ്വ നങ്ങുടെ ആരോഗ്വം അക്കൗണ്ടിലേയ്ക്ക് ട്രാൻസ്ഫർ ചെയ്യുക. ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും മൊബൈൽ നമ്പറും വാട്ട്സ് ആപ്പ് ചെയ്യുക. Whatsapp No: 94 000 126 00	വരിസാഖ്യ 1 വർഷം : 300 രൂപ 2 വർഷം : 580 രൂപ 3 വർഷം : 850 രൂപ
മണി ഓർഡർ/ഡി ഡി അയയ്ക്കുന്നവർ	
വരിസംഖ്യാ ഫോറം പൂരിപ്പിച്ച് അയയ്ക്കുക. വരിസാഖ്യാഫോററ	
ഐ.എം.എ നമ്മുടെ ആരോഗ്യം മാസിക വർഷതേ വിലാസത്തിൽ തപാലിൽ അയച്ചുതരുവാൻ താൽപ്പര്യപ്പെടുന്നു. ഇതോടൊപ്പം അയയ്ക്കുന്നു.	A Contraction of the second
പേര്	
മേൽവിലാസം	
ജില്ലവിൻ	
ഫോൺ	
തുക അടച്ചതിന്റെ വിശദ വിവരങ്ങൾ:	
മണിഓർഡർ: മണിഓർഡർ നം: തുക തുക	തീയതി
ബാങ്ക് ട്രൻസ്ഫർ: ബാങ്കിന്റെ പേര്	
ബ്രാഞ്ച്തുക	
ചെക്ക്/ഡി.ഡി: ബാങ്കിന്റെ പേര്	
ചെക്ക്/ഡി.ഡി നം:തീയതി	
Account Details: Nammude Arogyam, A/c No. 27691010	02017

Canara Bank, Pettah Branch, IFSC Code: CNRB0002769

IMA Kerala State Headquarters, Anayara P.O., Thiruvananthapuram 695029 Mob: 94 000 126 00 E-mail: naarogyam@gmail.com

State Activities





05.09.2022 - Social security scheme III Meeting



14.09.2022 - IMA South Zone CGPCON



15.09.2022 - KMJ indexing



16.09.2022 - Past Presidents Meeting



18.09.2022 - Emergency meeting -Thangam Hospital



20.09.2022 - JDN Conclave

State Activities





21.09.2022 - IMA South Zone CGPCON



22.09.2022 - CPA Discussion



22.09.2022 - Emergency care and Life Support training to School children and Teachers Kozhikode

NOMAN DOCTORS WING

The Vision of Women in Medicine

11.09.2022: WDW State Conference " Luminaire 2022".



Payyannur

Conducted Onam celebration along with IMA Payyanur. WDW members participated in Thiruvathirakali, songs and various entertainment programs.



Madhya Kerala

05.09.2022: IMA AMS Chairman's Appreciation Award.

06.09.2022: Executive Committee Meeting.

1MA Renala State

WOMEN

NING

DOCTORS

08.09.2022:Onam at Welfare Association Trust Destitute Home.OnamSadya was sponsored for 250 inmates of a destitute home of Welfare Association Trust, Veliyathunad by Dr. Liza Thomas.

15.09.2022:Dr. K. N. Sobhana celebrated Onam with the elderly inmates of KanjoorDeivadan Centre. 11.09.2022: State Conference was attended by Dr. K. N. Sobhana and Mrs.SujaBabu.

17.09.2022: Conducted BLS training for Student Police Cadets of St. Thomas HSS Malayattoor.

18.09.2022: WDW members attended Basic Life Support workshop was conducted by Dr.Rafeeq A. K.

24.09.2022: WDW attended IMA CGP National South Zone Conference.

25.09.2022: An awareness session on Alzheimer's Disease for the public, in connection with World Alzheimer's Day.

25.09.2022: Organized a virtual awareness session on Eye Donation for the public, in connection with National Eye Donation Fortnight.

25.09.2022:Dr. Liza Thomas participated and



examined paediatric and adolescent patients at the mega medical camp conducted at St. Sebastian's Church Keerampara, Kothamangalam.

27.09.2022: Attended DC Meeting.

28.09.2022: Attended the General body and scientific program of the branch held at IMA Hall Aluva.

28.09.2022: Dr. Elizabeth Jacob, talked on "PCOS in Midlife" at the General Body Meeting.

29.09.2022: COLS Training was given to staff and students of Dept of Home Science, St. Teresa's College, Cochin.

30.09.2022: Talk on "Rabies the Menace" by Dr.Aarati Krishnan, in connection with World Rabies Day.

Nedumbassery

16.09.2022: IMA in association with WDW conducted Onam Celebration at Golden Tulip Hotel Muscat.The program was organized by executive board members of IMA and WDW Nedumbassery. Celebration started the previous night with a few WDW members arranging Pookalam. More than 125 doctors and their family members participated in the event. Thiruvathira and other onam games conducted and followed with OnamSadhya.

IMA & WDW and in association with Wings of Women's world organized an ELS session for its members on the occasion of World Heart Day 2022. The session was led by AHA instructors. Dr.Nigel K Mathew and Dr.Shilpa Ramachandran. Dr.Rajyashree and Dr.Shifana coordinated the event on behalf of WDW.



North Paravur

14.09.2022: "Aarattu 2022" Onam Celebrations with various entertainment programmes like Pulikkali, Uriyadietc. In addition to the Art events there were Games for adults & children / Competitions / Surprise gifts & a Lucky draw.



Cochin

01.09.2022: Dr. Mumtaz Khalid Ismail spoke briefly on 'Importance of consuming a balanced diet' in an Instagram reel.

03.09.2022: WDW actively participated in the 'Onanilavu' – Onam celebration of IMA Cochin with Thiruvathira, classical dance, other dances, solo songs and group songs making it a colourful function.



07.09.2022: Two photo contests were announced as part of our Onam.

03.09.2022: The Election of WDW Cochin Office bearers for 2022-2023.

13.09.2022: Dr. Avani Pillai conducted a Menstrual Cup Workshop as part of the Project – Cup of Life at Rajagiri College of Management & Applied Sciences, Kakkanad

22.09.2022: Monthly online meeting. Scientific talk was on 'Nutrition for Women' by Dr.Mumtaz Ismail Khalid.

Training of Trainers of the 'Cup of Life' project

implemented by IMA Cochin with a financial corporation.

25.09.2022: Dr Pushpa presented the topic 'Sudden Up thrust during IOL insertion – Causes & Management'.

25.09.2022:Dr.Chitrathara conducting 'Cancer Awareness' Class at Karukachal.



27.09.2022: Dr Gracy conducted an 'Adolescent Health Education' class at Govt Girls HSS, Ernakulam. Thodupuzha.

Rudhram Mega blood donation camp at IMA blood bank Thodupuzha. Class on Early Detection of Cervical Cancer.

Nemom

11.09.2022: Dr.Chandini Devi participated WDW State Conference at Kozhikode.

18.09.2022: Monthly General Body and Onaghosham.



21.09.2022: Medical Camp at DVMNHSS Maranalloor- Medicine, Gynaec and Ophthalmology. Dr.Chandini Devi, Dr.Vighnesh and "Sreenetra" team participated.

24.09.2022: Basic ELS training at Government Higher Secondary School, Manacaud. Dr.Chandini Devi, Dr.Leena Ratnam and Dr.Vighnesh led the programme for higher secondary students.

29.09.2022: An ELS training for medical students was conducted in Neyyar Medicity in connection with the World Heart Day. Dr.V.Mohanan Nair spoke in the valedictory function and Dr. Harihara Subramanya Sharma delivered the World Heart Day Message. WDW was a partner organising the programme.

Pattambi

29.09.2022: WDW conducted a class on Rabies for Asha workers. The class was taken by Dr.Febin Secretary and attended by Dr.Geetha MO CHC Koppam and Dr.Roshin Chairperson.

Thalassery

Inauguration of Breast Cancer by Malabar Cancer care Society Dr Suchitra taking class on Breast Cancer under auspices of Malabar Cancer Care Centre and WDW, Thalassery.

State National MPH meet was conducted at Thalassery by IMA and WDW in a grandmanner. Onam Celebration, Mega cultural programs by IMA members were organized at Hotel Navarathna Inn.



Onam with the Homeless Mothers of Snehakoodu showered them with love and affection, newclothes, blankets, food items, toiletries also served a grand sadhya, which we also shared with them.

IMA and Ophthalmic Society of Kannur conducted a Webinar on Eye donation- do's don'ts by Vandana Sundaram & Dr.Sreeni Edakhlon was the scientific Chairman.

Eye Donation Awareness Class by Dr. Mohan Babu. WDW State Conference-9 " LUMINAIRE" members attended and participated in the cultural programme. A sizzling dance was performed at Luminaire by Dr.Shitha & Monisha.

Nedumangad

11.09.2022: Leaders of IMA Nedumangad WDW attended IMA WDW State Conference held at IMA Kozhikode.

MISSION PINK HEALTH IMA Rerala State

NORTH ZONE

KANNUR DISTRICT

Thalassery Branch

04.09.2022: Onam Celebration at Snehakoodu Old Age Home- Donated Onakkodi to old age home and sponsored lunch for them.

05.09.2022: Eye Donation Awareness Class by Dr. Mohan Babu, Senior Ophthalmologist at Peekay Eye Care Hospital as a part of Eye Donation awareness



week for the public. Dr. Simi Manoj welcomed the gathering and Dr. Aravind C Nambiar, Secretary spoke at the event.

05.09.2022: Webinar on Eye Donation- do's & don'ts by Dr. Vandana Sundaram, Cornea and Refractive Surgeon, Shankara Eye Hospital, Coimbatore. Dr.Sreeni Edakhlon was the Scientific Chairman.

05.09.2022: Dr. Mini Balakrishnan attended the National MPH Meet

07.09.2022: Dr. Rajeev Nambiar donated Sound System for St. Josephs Higher Secondary School.

09.09.2022: Dr. Mini Balakrishnan, Convenor, MPH IMA KSB attended as chief guest for the inauguration of Painting Exhibition of School of Arts at Manjodi. 11.09.2022: Members attended the WDW State Conference.

12.09.2022: Psychiatry Guild and Thalassery Cycling Club conducted a Cycle Rally at Pier Road Thalassery; Flagg off by Mrs. Anukumari IAS, Sub Collector, Thalassery.



14.09.2022: Awareness Class on Adolescent Mental Health by Dr. Reshmi Ramesan at Sanjose Metropolitan School, Thalassery.

15.09.2022: Awareness Class on Adolescent Mental Health in boys by Dr. Sajeev Kumar at Sanjose Metropolitan School, Thalassery.

17.09.2022: Press Meet on Suraksha and Anaemia Detection Programme.

17.09.2022: Hosted Mission Pink Health State Conference "Floraizon 2022" at Navarathna Inn



Thalassery inaugurated by IMA State President Dr. Samuel Koshy. National MPH Secretary Dr. Neetha Biyani was the Chief Guest.

17.09.2022: Suraksha project inaugurated by Hon'ble Kerala Speaker Adv. A N Shamseer.

17.09.2022: Honoured the Speaker and Sub Collector.

Class on Anemia in Adolescents by Dr. Anupama R, Executive member National MPH.

Class on Adolescent Vaccinations by Dr.Veenakumari

M, Consultant Pediatrician, Aster MIMS Kannur Panel Discussion on Adolescent Gynaecological Problems. Panellists: Dr. Suchitra Sudhir, Dr. Bobby George, Dr.Shony Thomas and Dr. Nithya.

17.09.2022: Onam celebrations with Mega cultural programs by members and family.

19.09.2022: Dr. Mini Balakrishnan and Dr. Rajeev Nambiar took part in the honouring function at Co -operative Hospital.

19.09.2022: Venda programme. Dr. Sajeev Kumar P B was one among the Resource Persons to train school counsellors, ORC Volunteers, Stake holders to empower them in the early intervention to prevent adolescents drug abuse menace. MPH IMA, Fourth Wave Foundation, IMA Mental Health Committee and Kannur Guild actively participated in the event. 21.09.2022: Alzheimer's Day.



25.09.2022: Dr. Mini Balakrishnan felicitated the Tely Criticon IAP State Critical Care Chapter Conference.

27.09.2022: PAN INDIAN National Anaemia programme of MPH by Dr. Mini Balakrishnan at Thiruvangad Girls Higher Secondary School.

28.09.2022: CME ON PCOD - CGP Chapter

29.09.2022: Dr. Manoj Kumar P gave an awareness class on Kannur News Channel regarding Block and Heart Attack in connection with World Heart Day.

29.09.2022: Dr. Sreejith Valappil presented a paper in annual Indian college of cardiology Kerala Chapter.

29.09.2022: Dr. Mini Balakrishnan inaugurated the exhibition organized by Nursing students of Co -operative Nursing College

29.09.2022: New Frontiers charitable trust of WDW. Photos with transgenders and their products chips items at our residence "Sreeram" jubilee road. Handed over Rs. 25k (Rs. 25000) as financial aid towards their initiative and many of our members bought their products.

MID ZONE

THRISSUR DISTRICT

IRINJALAKUDA BRANCH

28.09.2022: A class on Menstrual Health and Hygiene by Dr. Reeja C Menon at Little Flower High School, Irinjalakuda.

THRISSUR BRANCH

28.09.2022: World Rabies Day Awareness Class observed in association with St. Mary's College Thrissur, Department of Biotechnology and conducted an awareness class at Chavara Seminar Hall, St. Mary's College Thrissur. Awareness class handled by Dr. Rajani Jose, Associate Professor, Community Medicine, Govt. Medical College, Thrissur. Mrs. Tisha Liza Tomy, faculty of Biotechnology Dept welcomed the gathering. IMA president, Dr Joy Manjila, IMA WDW chairperson, Dr Sharmila Moideen, and Sr. Jesbal, Asst Professor of Mathematics spoke on the occasion. It was attended by around 150 students.

28.09.2022:IMA WDW Thrissur together with the faculty and students of Dept. of Biotechnology from Thrissur St. Mary's college put up a street play at Thekkinkaadu Maidaan, in connection with 'World Rabies Day'.



ERNAKULAM DISTRICT

COCHIN BRANCH

27.09.2022:A session on adolescent health was conducted for students of Govt HSS for girls by Dr.Gracy.

NORTH PARAVUR BRANCH

22.09.2022: A Class on Adolescent Problems for girls by Dr.Leeba at Jeevan Higher Secondary School Aluva.

22.09.2022:Class on Adolescent Problems for boys was conducted by Dr.Venkateswaran at Jeevan Higher Secondary School Aluva.

27.09.2022: Class on Adolescent Health SRV HSS by Dr. Swapna.



IDUKKI DISTRICT

THODUPUZHA BRANCH

22.09.2022: Dr. Sumi Immanuel took an awareness class to plus two students at Thodupuzha on early detection of cervical cancer.

29.09.2022: Rudhram Mega blood donation camp at IMA blood bank Thodupuzha coordinated byDr. Sarah.

SOUTH ZONE

THIRUVANANTHAPURAM DISTRICT

NEMOM BRANCH

23.09.2022: Adolescent Health Awareness Class in association with MMS Govt. Arts & Science College, Malayinkeezhu, NSS, KSWC Women Cell, Jeevani & Kerala State Women's Development Corporation. Dr.K.M.Chandini Devi took an awareness class.

26.09.2022: IMA, under the auspices of its WDW and ELS training wing in Association with NSS unit of Govt. Higher Secondary School, Manacaud organised a COLs and First aid Training for the High School students inaugurated by Mr. Sajeev Kumar, Deputy Headmaster. Dr.Chandini Devi, Dr. Leena Retnam, Dr.Vighnesh led the session.

29.09.2022: An MPH session on "Adolescent Health" was conducted inMalayinkeezhuMadhavakavi Smaraka Government Arts and Science College.Dr. Sunil Kumar, Vice Principal in charge inaugurated the programme. Dr.V.Mohanan Nair, delivered the keynote address.

THIRUVANANTHAPURAM BRANCH

30.09.2022: WDW & MPH conducted an Anaemia detection camp at Karamana. Dr.Anupama.R, lead the programme.

JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven State Secretary, IMA KSB

Link: https://t.me/imakerala

82 BRANCH 08 ACTIVITIES



01.09.2022: An awareness Programme at IMA Hall in association with KOS, Calicut Chapter. State President Dr. Samuel Koshy inaugurated the function. Talk on Updates on 'Eye donation and Corneal transplantation' by Dr. Sujith Nayanar, Consultant Ophthalmologist, Trinity Eye Hospital followed by Panel discussion on 'Queries on Eye donation and awareness programme' Moderator by Prof. K.V. Raju.



02.09.2022: Executive Committee Meeting.

10.09.2022: Observation of World Suicide Prevention. The State level inauguration @ Kozhikode Beach was inaugurated by the Hon'ble MP Sri. M K Raghavan.

11.09.2022: The State Conference of IMA Woman Doctor's Wing- LUMINAIRE 2022 at IMA Hall Complex, Kozhikode.



18.09.2022: The State Conference of IMA College of General Practitioners - CGPCON 2022 at IMA Hall Complex, Kozhikode hosted by IMA Kozhikode.



19.09.2022: CIMAWARS Direct Board Meeting. 20.09.2022: MBS managing committee meeting. 21.09.2022: ELS Basic Training for Hearing impaired Persons with assistance of ISL interpreters @ Composite Regional Centre in connection with the observance of 65th International week of deaf people.

21.09.2022: AMS Monthly Meeting & CME on 'New Era in the Management of Atrial Fibrillation Cryoablation' by Dr. Arun Gopi, Consultant Interventional Cardiologist, MICC.

28.09.2022: CIMAWARS Direct Board Meeting.

30.09.2022: Annual General Body Meeting and Installation ceremony of new office bearers for the year 2022 -23.



17.09.2022: General Body Meeting and Onam Celebrations and elected the new office bearers for next year – Incoming President Dr. Abraham G Thomas, Secretary Dr.Bijin Joseph & Treasurer Dr.Bijith.

September 2022

Branch - Nedumangad President - Dr. Mohammad Ashraf P.A Secretary - Dr. Hema Francis

3

01.09.2022: Observed National Eye donation week; Dr.Nita S Nair, Supt DH Nedumangad presided the meeting and an awareness class on eye donation by Dr.Deeptilal, Jr Consultant Ophthalmology, DH Nedumangad.



06.09.2022: Leaders of IMA Nedumangad attended the webinar on Eye Donation Challenges & Possibilities organized by IMA District Committee in association with Trivandrum Ophthalmic club and ophthalmic surgeons and blind control committee as a part of IMA KSB eye donation fortnight celebration. 07.09.2022: Executive Committee Meeting through Zoom.

17.09.2022: General Body Meeting & CME on "Update on Management of Unstable Coronary Syndromes" by Dr.Ramesh Natarajan, Senior Consultant & Academic Coordinator, KIMS Health Trivandrum. President Dr.Mohammed Asharaf



presided the session and Dr. Akhil Raj, Joint Secretary welcomed the gathering, Secretary Dr. Hema Francis presented the minutes of the previous meeting and report of activities.

24.09.2022 & 25.09.2022: Leaders from IMA Nedumangad attended National SZ CGP Conference hosted by IMA Thrissur at Adlux Convention Centre.



11.09.2022: Conducted Onam Celebrations. Cine Artist Mr.M B Padmakumar was the Chief Guest. Cultural programme presented by the members and family and also had games like Musical Chair, Tambola and 'Vadamvali'.

24.09.2022: One day trip to Vagamon for the members and family members with a lively camp fire and a trekking session.

29.09.2022: World Heart Day was observed at Preethi clinic, Mavelikara & an awareness class by Dr.Sonia Suresh and Dietician Ms.Aswathy and also conducted a free ECG camp.

30.09.2022: General Body Meeting & CME on 'Laparoscopic hernia' by Dr.Aravind Balakrishnan, Consultant Laparoscopic surgeon at Pushpagiri Medical College, Thiruvalla.

The election for the year 2022-2023 was also conducted.

5 BRANCH - TRIVANDRUM PRESIDENT - DR. PRASANTH C.V. SECRETARY - DR. SIBY KURIAN PHILIP

Monthly General Body Meeting and CME on infertility – latest trends by Dr Vivek Paul, CEO and Director of Yaana Infertility Centres.



11.09.2022: Onam celebrations. Members and their family performed various cultural activities.

15.09.2022: IMA and Lions International District conducted training programe on compression only life support (COLS) at TISS centre, near Bishop house. 18.09.2022:IMA public health brigade under ima trivandrum organised CPR ALS BLS training for head load workers of trivandrum city.

19.09.2022: IMA CGP Seminar inaugurated by Dr Vinayranjan National IMA CGP Finance secretary. Dr



Benny PV, Dr Prasanth C V were spoke on the ocassion. The CME was on life style disoders by Dr CR Anantharajan.

24.09.2022: Doctors for Cycling for Rabies Prevention Awareness.

29.09.2022: IMA and IAP observed World Heart Day by conducting CPR training Program. Dr Prasanth CV, President took class on "how to prevent heart diseases through life style modifications". Dr Sreejith R, executive member IAP took classes on CPR for the audience.

30.09.2022: The Annual General Body Meeting and CME on Knee replacement by Dr Shammas B M, Chief consultant orthopaedic surgeon and CEO of



Al Arif hospital Ambalathara. Dr Vijayakrishnan G S gave felcitations. Gave various awards and recognitions to many members who played active role in the functioning of IMA Trivandrum.



06.09.2022: Conducted Pookalam competition as a part of Onam celebrations.

14.09.2022: Handed over the fraternity contribution cheque of SSS1 & 3 of Dr. Rajagopal to his wife at his residence.

17.09.2022: Conducted Onam Celebrations & the Programme was inaugurated by Dr. Mohamed Rasheed and prizes were distributed for best pookalam winners.



14.09.2022: Celebrated Onam in a grand way with games and Onam Sadhya.



24.09.2022: General Body Meeting & CME on "Voice disorders and its management" by Dr. Sabarinath, ENT Surgeon. The meeting was called to order & presidential address by the Vice President Dr.E.Caezar Ennis, Flag salutation by the Hon. Secretary Dr.Varun.



25.09.2022: COLS Training Program, aHealth Awareness Program and Compression only Life Support training session at Yuvajana Samajam Vayanashala Hall, Thamburanpadi. Municipality Chairman Mr.Krishnadas inaugurated the program. talk Health Dr.Jiju gave а on Care and Dr.R.V.Damodharan conducted the session on Compression only life support.



September 2022



04.09.2022: Onam Celebrations by variety of games and entertainment programmes.

12.09.2022: Executive Committee Meeting.

26.09.2022: Attended Anti-Drug Campaign meeting chaired by honourable MLA Smt.K.K. Rema.

29.09.2022: IMA along with Riders and Town Rotary observed World heart day at new bus stand Vadakara. Flag off was by Dr PC Haridasan.



22.09.2022: General Body Meeting and CME on Arthroscopy by Dr.Jyothi Prasanth& on Connective tissue disorders by Dr. Manoj. Office bearers for the

BRANCH - Adimali DR. MOHANDAS K DR. AJAYAKUMAR 2 PRESIDENT Secretary

term 2022-23 were elected.

28.09.2022: Monthly Meeting with a Family Meet and Onam Celebrations. The Guests of honours were Dr.C.V.Jacob & Dr.Aji P.N. Dr. Jacob elaborately explained the benefits and privileges in being a member of IMA and gave detailed accounts of all the schemes available to members.

Dr. Jacob inaugurated the celebrations by lighting a lamp and Dr Aji gave a motivational speech for new memberships. A memento was awarded to Dr. Vaishak S, who secured Third rank for MD Radio diagnosis from KUHS; it was handed over by the senior member Dr. M.M. Paulose.



30.09.2022: The General Body Meeting. The members unanimously elected the new office bearers for the year 2022-2023.



O1.09.2022: Distributed free food kits and Medicine kits to Palliative Patients as Part of Charity Event of

IMA Kasaragod and Palliative care unit GH Kasaragod. 06.09.2022: Members participated in the onam celebrations in children's home paravanadkam.

12.09.2022: Celebrated onam festival at IMA House Kasaragod.

Suvarna Mahotsava Annadan by,

11.09.2022: Dr Vasanthi on occasion of birthday her son Jyeshta.

12.09.2022: Dr Venkata Tejaswi on the occasion of his daughter Snigda's birthday.

14.09.2022: Dr Prajyoth Shetty on the occasion of birthday of his son Avyan.

15.09.2022: Dr B Narayana Naik on the occasion of birthday of his grandson Naksh.

30.09.2022: Dr Afzal on the occasion of death anniversary of his father in law.

12.09.2022: Executive Committee Meeting.



13.09.2022: Observed National nutrition week at GH.

14.09.2022: IMA Kasaragod in association with Malabar Cancer Centre arranged cancer screening and Pap smear camp for PLHAs at ART Centre Kasaragod.



16.09.2022: School health check-up at Nullippady UP School. Dr B Narayana Naik President, Dr Bharathan A V and Dr Khasim T participated in the camp.

16.09.2022: Press Meeting at press Club Kasaragod on the occasion of Golden Jubilee Valedictory function.

18.09.2022: IMA Kasaragod Golden Jubilee Valedictory function was held at Municipal Town hall, Kasaragod inaugurated by Hon'ble MP of Kasaragod Sri Rajmohan Unnithan and presided by President Dr Narayana Naik. Chief Guest Dr Samuel Koshy, State President of IMA KSB and Hon MLA Mr N A Nellikunnu and guest of honour Dr Joseph Benaven, State Secretary IMA KSB.

22.09.2022: Executive Committee Meeting.



29.09.2022: Conducted Walkathon on the occasion world heart day at G H Kasaragod.

29.09.2022: General Body Meeting and CME.

29.09.2022: Conducted an emergency life support hands on training to the students of Malikuddinar Nursing College at GH Conference Hall.

BRANCH KARUNAGAPALLY 15 President DR. Raghu Secretary - Dr. Sen C.R

14.09.2022: Routine Executive Committee and association matters discussed.

28.09.2022: General body meeting. The chief guest Dr. Mohanan Nair spoke on Documentation, Communication and Litigations in Medical Practice which was very much informative and interesting. The current team of office bearers are continuing in office for one more year.



03.09.2022: Gave a financial assistance to paraplegic patient, T V Santhosh's House Warming through New Frontiers Trust.

04.09.2022: Onam Celebrations at Snehakoodu



Old Age Home & donated Onakodi to old age home and lunch for them.

05.09.2022: Eye Donation Awareness Class was taken by Dr. Mohan Babu, Senior Ophthalmologist at Peekay Eyecare Hospital as a part of Eye Donation awareness week for the public.

05.09.2022: Eye Donation Fortnight- Webinar on Eye Donation- do's don'ts. IMA Thalassery and Ophthalmic Society of Kannur conducted a Webinar by Dr.Vandana Sundaram. Dr.Sreeni Edakhlon was the Scientific Chairman.

07.09.2022: Dr. Mini Balakrishnan was the chief guest for the Elders Forum Onam Celebrations at BEMP Higher Secondary School Thalassery.

07.09.2022: Inauguration of Thiruvathira for Onam Celebrations by Mrs.Padma Ramachandran at Sports Youth Library.

07.09.2022: Dr. Mini attended SSS III Zoom Meeting.

07.09.2022: Dr.Shyjus attended the Onakodi distribution at Madhava Rao Sindhya Hospital.

07.09.2022: Dr.Arun Kumar attended the Chettamcoonu Residents Association Kudumba sangamam.

07.09.2022: Dr.Rajeev Nambiar donated Sound System for St.Josephs Higher Secondary School.

11.09.2022: Members attended and participated in the Cultural programme of WDW Conference.

12.09.2022: IMA Kannur Psychiatry Guild and Thalassery Cycling Club conducted a Cycle Rally in connection with Suicide Prevention Day & Suicide prevention booklet complied by psychiatrist Dr.Sajeev Kumar was distributed.

14.09.2022: Executive Meeting and an awareness Class on Adolescent Mental Health by Dr.Reshmi Ramesan.

15.09.2022: Awareness Class on Adolescent Mental Health in boys by Dr.Sajeev Kumar.

17.09.2022: Members attended the Press Meet on Suraksha and Anemia Detection Programme.

17.09.2022: IMA Thalassery hosted Mission Pink Health State Conference 'Floraizon 2022' at Hotel Navarathna Inn Thalassery inaugurated by State President Dr.Samuel Koshy, Dr.Neetha Biyani was



September 2022

the Chief Guest, Suraksha project inauguration by Hon'ble Speaker Adv.A N Shamseer.The Speaker and Sub Collector honoured by Dr.Samuel Koshy, Dr.Josep hBenaven, Dr.T N Babu Ravindran and Dr.Mini Balakrishnan.

Class on 'Anaemia in Adolescents' by Dr.Anupama R. Class on 'Adolescent Vaccinations' by Dr. Veenakumari M, Panel Discussion – Adolescent Gynaecological Problems. Panelists: Dr.Suchitra Sudhir, Dr.Bobby George, Dr.Shony Thomas and Dr.Nithya.

17.09.2022: Onam celebrations was conducted with Mega cultural programs by IMA members and family members at Hotel Navarathnalnn,Thalassery.



19.09.2022: Dr.Mini Balakrishnan and Dr.Rajeev Nambiar took part in the honouring function at Co -operative Hospital and Fourth Wave foundation, IMA Mental Health Committee and Kannur Guild actively participated in the event.

18.09.2022: Dr.T.N. Babu Ravindran and Dr. Surendra Babu attended the CGP Conference at Kozhikode.

20.09.2022: AMS CME Meeting.

21.09.2022: Observed Alzheimer's Day. Election General Body meeting presided by Dr.Mini Balakrishnan & Returning officer Dr. Arun Kumar M K. declared the names of the new office bearers.

22.09.2022: Members attended installation ceremony of IMA Kuthuparamba.

29.09.2022: Dr. Manoj Kumar P gave an awareness class on Kannur News Channel regarding Block and Heart Attack in connection with World Heart Day.

Dr. Mini Inaugurated the exhibition organized by Nursing students of Co-operative Nursing College. (COCOMELON) & felicitated the CRITICON- IAP State Critical care chapter Conference.

Branch added 13 new members in the last phase of campaign and 6 members to SSI, 6 members to SSS II & 5 members to SSS III.



24.09.2022: Onam Celebration and General Body Meeting. Had 20 Stage programmes with excellent participation of more than 100 including 50 plus doctors. General body unanimously approved new office bearers of IMA Pattambi for the year 22-23 nominated by executive committee.

BRANCH PRESIDEN	- Nedumbassery t - Dr. Nigel Kuriakose Mathew
SECRETARY	r - Dr. Mohamed Musthafa АКА

26.09.2022: CME on Open/ Keyhole spine surgery by Dr.Jacob Eapen Mathew, Futureace Hospital, Kochi followed by a presentation on "Shared working space-the future" by Dr. Anwar Hassain, MD of Futureace hospital, Kochi. Ernakulam DC Convener Dr.Haneesh, who attended the meeting, felicitated the gathering and conveyed best wishes from the district leadership to the branch.

Onam Celebrations at Golden Tulip Hotel Muscat.



IMA & AMS Chapter conducted its monthly CME on Pre-diabetes by Dr.Renchi Mathew along with the executive meeting of the branch at the premises of Woodlands Restaurant in Madinat Qaboos. There was a healthy interactive discussion among the attendees as well as a Q&A session there after. Branch Executive Meeting was conducted where all the pertinent points were discussed. Dr. Abraham Peedicayil, Consultant Onco-surgeon at the Cancer

center felicitated the gathering.

05.09.2022: Routine monthly cabinet meeting and discussed the Association matters.

06.09.2022: Members participated the Eye Donation Fortnight District Programme.

11.09.2022: Dr.Chandini Devi participated WDW

State Conference at Kozhikode.

13.09.2022: Executive Committee Meeting and CME on "Management of recent spurt of respiratory infections in children" by Dr.A.Santhosh Kumar, Former HOD of Paediatrics, Government Medical College, Thiruvananthapuram.

18.09.2022: As part of on going programme, the monthly NCD clinic was conducted at Kulathara. Dr.N.Sreedhar and Dr.R.Jayakumar led the camp. 18.09.2022: Monthly GB meeting and Onaghosham by variety entertainments by the family members.



21.09.2022: A multispecialty medical camp with eye checking was organised in the DVNMHSS, Maranalloor under the leadership of Dr.Chandini Devi and Dr.Vighnesh. Team from "Sreenethra" eye hospital rendered support in conducting eye check. 21.09.2022: Dr.R.Jayakumar and team conducted the "IMA Arikil" activities by conducting house visits of bedridden patients in Kalliyoor area.

24.09.2022: Basic ELS Training session was conducted in Manacaud Government Higher Secondary School for the higher secondary students. Dr.Chandini Devi, Dr.Leena Ratnam and Dr.Vighnesh led the session. Mr.Vijayakumar, Ward Councillor inaugurated the programme.

26.09.2022: Basic ELS Training session was conducted in Manacaud Government Higher Secondary School for the high school students.

29.09.2022: An ELS training for medical students was conducted in Neyyar Medicity in connection with the World Heart Day. Dr.V.Mohanan Nair spoke in the valedictory function and Dr.Harihara Subramanya Sharma delivered the World Heart Day Message.





Cervical Cancer Detection Camp. Dr Sreedevi & Dr Remya Binesh took initiative and conducted this camp at CHC, Kottakkal. Dr Remya Onco-surgeon & Dr. Ummusalma Gynecologist at Aster MIMS Hospital Kottakkal gave awareness class to public and did medical checkup.

29.09.2022: Monthly General Body & CME on Robotic Knee Replacement Surgery- Myths & Reality by Dr. Mohammed Kutty & Dr. Santhosh VC Consultant Orthopedic surgeons, Al Mas Hospital.

General Body unanimously decided to continue the present office bearers.

29.09.2022: Eye Donation Campaign by KSOS & IMA Malappuram. Flash mob conducted & Street drama and awareness talk on eye donation.





04.09.2022: Onam Celebration & Family Meet. 05.09.2022: Onaghosham with Pain and Palliative Care Society, Kondotty for the differently abled children at MoyinKutty Vaidyar Smarakam, Kondotty.



01.09.2022: General Body & Hybrid CME on "Eye in Diabetes Meletus" by Dr.Nikhil.K.

10.09.2022: Onam Celebration at IMA hall Kannur with different games & cultural activities.



15.09.2022: Hybrid CME on 'Rabies, current updates' by Dr.Rakesh.T.P, Consultant Infectious Disease BMH GIMCARE & Dr.Ranjini A.R, Veterinary Surgeon.

22.09.2022: Hybrid CME on 'Oxygen Therapy & HFNC by Dr.Sindoora Sumithran, Consultant Anestheist, Koyili Hospital Kannur.

22.09.2022: Hybrid CME on Cancer Oesophagus by Dr.Sreejayan.M. P.



02.09.2022: Onam celebrations with members and families inaugurated by the President Dr T V Padmanabhan.

28.09.2022: CME on Rational Antibiotics Use by Prof. Dr Reetha, Paediatric Endocrinologist Govt Medical College, Kannur conducted in association with IAP Kanhangad branch.

29.09.2022: Observed World Heart Day by conducted a walkathon in association with District Hospital, Kanhangad, IAP, KGMOA and other NGO s.

30.09.2022: Election General body Meeting. Dr T K Nandakumaran was the returning officer. The office bearers for the year 2022-23 were elected.

BRANCH PONNANI 24 PRESIDENT Dr.Kamarudheen.A.I - DR. SANDEEP.K Secretary

13.09.2022: Executive Committee Meeting, decided new office bearers.

18.09.2022: Family Meeting and installation of new office bearers. Installation officer DrSajeev Kumar. 1 new membership enrolled.



02.09.2022: Onam Celebrations - ONANILAVU.



14.09.2022: Executive Committee Meeting. 10.09.2022: The results of the election of office bearers declared. Attended the webinar conducted by National IMA on Medical Ethics.

Dr Fessy Louis received the FOGSI Dheera award. A Blood Donation Camp was conducted at P S Hospital Maradu.

The period pain experience for men as a part of Project CUP OF LIFE was featured in BBC.

The Executive Committee took a trip to Wayanad.

Dr Alwin Antony received the Karamveer award on NSS Foundation Day.

28.09.2022:The GB and CME was conducted.

30.09.2022: Executive committee members attended the discussion on Public Health Bill conducted at District Collectorate.



30.09.2022:The activities of the current office of Cochin IMA concluded by the Musical Nite by the ORFEO BAND.

26 Branch - Muvattupuzha President - Dr.Annie Uthuppan Secretary - Dr.Manju Rajagopal

02.09.2022: Onam Celebrations and family get together conducted at IMA Hall. Dr. Annie Uthuppan welcomed the gathering, Dr.Remadevi delivered the Onam message & IPP Dr.Raveendranath Kammath addressed the gathering.

11.09.2022: Medical camp for police officers at Muvattupuzha Police Station. DYSP S. Mohammed Riyas inaugurated the camp, meeting was presided



over by Inspector Sri. Rajesh K N; Dr. Annie Uthuppan, Dr. Raveendranath Kammath, and Dr. Sabine S spoke on the occasion. 22.09.2022: BCLS Training for staff of CHC Pandappilly. 25 healthcare workers were given hands on training by Dr. Vinod S Nair and Dr. Anoop Eapen.



22.09.2022: Executive Committee Meeting 27.09.2022: General Body meeting & CME on 'A Theatre Day in the Emergency Department' by Dr. Johnson K Varghese, Department of Emergency Medicine, Aster Medicity.



29.09.2022: General Body Meeting and CME on 'Plastic surgery' by Dr.Jijo Joseph, Malabar Medical College Hospital.

30.09.2022: Adolescent Health Education Programme for students at Thiruvangoor UP school by Dr. Abhilash. C.



12.09.2022: Executive Committee Meeting. 23.09.2022: General Body Meeting and Onam Celebrations.

30.09.2022: Installation Ceremony of new office bearers for the year 2022-23; Dr.R.V.Asokan (IMA National President Elect) was the Chief Guest and



Dr.Sulphi.N (IMA Kerala State President Elect) was the Installing Officer. 23.09.2022: Blood Donation Camp.



13.09.2022: Executive Meetingon zoom platform. 20.09.2022: General Body Meeting with Onam Celebrations and family get together. Dr Devadas former president was the chief guest.

30.09.2022: Members participated the IMA Thrissur District Committee family get together.





14.09.2022: "Aarattu 2022", Onam Celebrations with various entertainment programmes like Pulikkali, Uriyadi and much more.

30.09.2022: CME on "Use heart for every heart" by Dr Madhu.N in connection with World Heart Day.



11.09.2022: Onam Celebrations conducted with onamsadhya, cultural programs, magic show, and family get together.

Executive Meeting and General Body Meeting. Gathered 35 memberships for IMA State Conference registration.

29.09.2022: CME on "TB UPDATES" by the joint effort of IMA Taliparamba and JEET, an NGO.

29.09.2022: Election GB conducted selected the office bearers for the year 2022-2023.



24.09.2022: General Body Meeting & CME at IMA Hall Kottarakkara by Dr. Anoop (MD Sreenethra).





13.09.2022: Joint venture of IMA & KSOS conducted a webinar on "Eye donation, a bird's eye view" by Dr A Rohan organised by Dist. Committee & Palakkad Society of Ophthalmic Surgeons.

- DESINGANAD BRANCH DR.ANUROOP SHANKER PRESIDENT 34 SECRETARY - DR. VINOD S

06.09.2022: General Body Meeting, ONAM Celebrations & CME on "Creating Hope Through



Action". A panel Discussion on Suicide and Prevention. Moderator, Dr. Sagar T, Psychiatrist DH Kollam & Speakers are Dr. Ramesh Chandaran, Dr.Ulsah Haree, Dr.Shijoy P Kunjumon & Dr. Namita Nazeer.

20.09.2022: Executive Meeting.

29.09.2022: IMA in association with District Hospital Kollam celebrated World Heart Day by conducting a Walkathon in Centre of Kollam Town.



35 BRANCH: PANDALAM PRESIDENT: DR.VARGHESE.T.G SECRETARY: DR. MUHMMED SIYAVUL HAKH

15.09.2022: Executive Committee Meeting. 28.09.2022: General Body meeting & CME on 'Dementia overhaul the myth' by Dr.Sreekumar.J.

36 BRANCH	- Mannarkkad
PRESIDENT	- Dr. Abdu Kalladi
SECRETARY	- Dr. Devendra B Naddoni

28.09.2022:General Body Meeting and elected New Office bearers of 2022-23.



01.09.2022: National Eye Donation fortnight program & pledge taking.



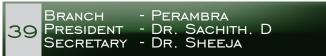
10.09.2022: Observed National Suicide Prevention Day.

17.09.2022: Observed World Patient Safety Day. 21.09.2022: Observed World Alzheimer's Day. 24.09.2022: General Body & Family Meet and Onam Celebration.

29.09.2022: Observed World Heart Day.



15.09.2022: General Body Meeting cum CME on "The 2nd victim" by Dr Aneesh Raj, Intensivist -Critical Care, KIMSHealth Hospital, Kollam at Hotel Raj Residency, Kalluvathukkal. Branch elections were also held on the same day.



18.09.2022: Executive Committee Meeting & General Body meeting regarding branch level election & decided to continue the existing committee for the year 2022–23. Dr.Sachit took a class on 20 important tips to keep us healthy, both mentally & physically. 2 New members enrolled as life members.

- Kollam West BRANCH DR. MARCELES M PRESIDENT 40 Secretary DR. ROY MANUEL

12.09.2022: Executive Committee Meeting.30.09.2022: Onam Celebrations.



01.09.2022: Executive Committee Meeting on Zoom platform.

Trivandrum Alumni Secretary Dr.Kavitha Ravi honored by Dr. Taha, Director PMS Dental College.

Handed over donations to Sreechithra Poor Home for

Onakkodi for inmates.



04.09.2022:Emergency executive meeting on zoom platform.State president elect Dr.Sulphi was an invited guest. The agenda was election 2022-23. 14.09.2022: General Body Meeting with CME on 'current role of Anti Platelets in general practice'by Dr Anup Narayanan.

21.09.2022: Observed World Alzheimer's Day Hon'ble Speaker Shri Shamseer inaugurating the Suraksha project of IMA.



29.09.2022: Addressed young athletes at LNCPE, SAI on World Heart Day.

A Health Talk on 'Geriatric Care'on Vayojana Dinam in association with Vayomithra Project in Pozhiyoor by Dr. Chitra.



12.09.2022: Donated beds, bedsheets and dresses to beneficiaries of Pain and Palliative unit, DH



Thodupuzha. President Dr Sumi Emmanuel, Dr Aji P $\ensuremath{\mathsf{N}}$ were present on the occasion.

17.09.2022: Onam Celebration and General Body conducted. Presidential address by Dr Sumi Emmanuel. Chief Guest Professor C T Francis inaugurated Onam celebrations and delivered Onam message. Dr Vivek presented the proposed list of new IMA office bearers. General body unanimously approved the proposed list of new members. Dr Jacob C V addressed the occasion & followed by variety entertainments.



25.09.2022: Organized a one-day tour program to Paniyeliporu near Kothamangalam.

43 BRANCH - PANOOR PRESIDENT - DR. SHAHEED.K SECRETARY - DR. SALMATH.K.T	
--	--

19.09.2022: One new member as part of membership campaign & total 21 new members added in this year. 2 more members joined in SSS2. Branch President took class for public in connection with world heart day.



17.09.2022: General Body Meeting & 'Financial Management' awareness program.

28.09.2022: General Body Meeting & CME on "What's New in Medicine " by Dr Jom Jacob.

45	Branch - Balussery President - Dr.V.C. Venugopalan Secretary - Dr.P. Vijayan						
15.09	15.09.2022: General Body Meeting.						
46	Branch - Attapadi President - Dr. Narayanan V Secretary - Dr. Shibin Dominic						

29.09.2022: General Body Meeting.



General Body Meeting.

48 Pr	ANCH ESIDENT CRETARY	- DR	. A.B.	ngalam Vincent Chacko	
-------	----------------------------	------	--------	-----------------------------	--

Executive Meeting.

29	Branch President Secretary	- Anchal - Dr.Radhakrishna Pillai - Dr.Chintu Oommen
----	----------------------------------	--

30.09.2022: Election Meeting & CME on 'Repositional Manovours in positional Vertigo by Dr. Aswin, Azeezia Medical College Kollam followed by election 2022-23.

50 BRANCH PRESIDENT SECRETARY	 Perinthalmanna Dr. Mohammed Abdul Nazar E.K Dr. Jaleel K.B
--	--

General Body and AMS CME on Clinical applications of pacing by Dr. Gagan Velayudhan of ASTER MIMS KOTTAKKAL and he discussed the topic in depth. Monthly General Body Meeting.



- Vaniamkulam - Dr. C.S. Bharathan BRANCH President 51 DR. SACHIN N.S Secretary

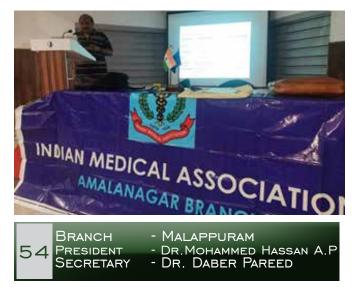
General Body Meeting via Zoom to discuss future plans, branch election and recruitment of new members.



14.09.2022: General Body Meeting, branch elections and CME on 'Introduction to sleep Apnoea' by Dr Dileep Kumar, Consultant Pulmonologist, St Thomas Hospital, Chethipuzha.



27.09.2022: General Body meeting. Dr.Jayakrishnan presented a topic about 'Post OP Complications of Plastic Surgery Procedures'.



03.09.2022: Executive Committee Meeting, Election announcement for new office bearers. 04.09.2022: AMS Conference attended by Dr.P. Narayanan, Dr.Asoka Valsala, Dr. K.A. Pareed, Dr.



Mohammed Hassan, Dr. Praveen, Dr. Abdusalam, Dr. Rasheed KT. Dr. Praveen chaired a session about Sono Embryology. Dr. Abdusaam received III prize for quiz competition.

11.09.2022: Family Meet for Onam celebration with members and family & variety of entertainment



programs conducted.

29.09.2022: General body and CME on 'Evaluation and Management of Stroke' by Dr. Alex Baby (Consultant Neurologist, Moulana Hospital).



26.09.2022:General Body Meeting and Annual Family Meet. Branch President Dr K N Babu presided the meeting.



23.09.2022: Executive Meeting, conducted election of new office bearers.

57	Branch President	- Perumbavoor - Dr. Denny
57		DEVASYKUTTY - DR. JOHNSON K.J

06.09.2022: Executive Committee Meeting and discussed Onam Celebration & Election Meeting. 17.09.2022: Onam celebrated with various programs with family get together.

Branch President Dr. Denny Devasykutty delivered Onam Message and wished everyone; members and



family members expressed their talents as songs, Thiruvathira kali etc. The musical band "Yuktha" added more color to the function.

17.09.2022: To show our respect to the late branch Presidents and Secretaries, as per the executive meeting decision, mounted the photos of Dr. M. I. George, Dr. Xavier K.P. and Dr. MR Nair. 21.09.2022: Election Cum General Body Meeting. The New Office Bearers were elected and accepted by the general body. Releasing the Fraternity Benefit of Dr. MR Nair to the Nominee, Mrs. Rajani. M. Menon.

In observance with the World Day for Elder People, Dr. Sr. Joseph Saritha took an awareness class for the members. Dr. Sunny Paul, Ernakulam Dist. Coordinator for Care of Elderly welcomed the gathering.

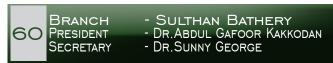


18.09.2022: Onam Celebration & Family Meet at Hotel Sidhartha.

19.09.2022: Executive Committee Meeting, discussions regarding branch elections after submission of Notification of final List of nominations draft report by Returning Officer Dr.R.V.Prasad.

59 Branch - Jubilee Mission President - Dr. Harris Paul Secretary - Dr. Sebastian

The Monthly Meeting at Hotel Ashoka Inn & was decided to initiate certain actions by the branch towards propagating the principles of basic trauma care among laypeople in and around Thrissur. Members met the Health Secretary Dr Asha Thomas for the purpose of advancing Critical Care training in Thrissur.



20.09.2022: Executive & General Council Meeting to discuss about future planning for the year 2022-23.



BRANCH - PUNALUR PRESIDENT - DR.NARAYANAN NAIR S SECRETARY - DR.SUDHAKARAN NAIR T

28.09.2022: Election Meeting. Dr R V Asokan was the returning officer. Onam programme was also arranged after the election, followed by Onam Sadhya.

	Branch President		ayinkeezhu Biju R	
			Padma Prasad	P.S

17.09.2022: Conducted Drugs Awareness Class to school students at Azhoor Panchayath Community Hall.

63 PRE	SIDENT - DR	'Yannur . Haridas M . T. Ranjith Kumar
--------	-------------	--

Onam Celebration and Family Meet. Dr. M. Haridas presided over the function and inaugurated byDr.V.C Raveendran and Dr.Mukundan Nambiar shared Onam memories.



29.09.2022: Awareness Class on Healthy Nutrition & BLS Training. Observed World Heart day and conducted an awareness class on healthy nutrition of TISK School. Dr. T Ranjith Kumar, Secretary took an awareness class.





06.09.2022: Executive Committee Meeting. 08.09.2022: Onam celebration at Welfare Association Trust Destitute Home.

15.09.2022: Onam celebrated with the elderly inmates of Kanjoor Deivadan Centre. Medical check -up was done and medicines were given free of cost.

17.09.2022: BLS Training conducted for StudentPolice Cadets of St. Thomas HSS Malayattoor.18.09.2022: BLS training by Dr.Rafeeq A. K. in



25.09.2022: Awareness session on Alzheimer's Disease for the public in connection with World Alzheimer's Day. The class was taken by Dr. Vidya M. V., Senior Consultant Neurologist, VPS Lakeshore Hospital, Cochin.

25.09.2022: Virtual awareness session on Eye Donation for the public in connection with National Eye Donation Fortnight. The class was taken by Dr. Ann J. K., Consultant Ophthalmologist & Oculoplastic Surgeon, Little Flower Hospital, Angamaly.

25.09.2022: Dr. Liza Thomas participated and examined paediatric and adolescent patients at the mega medical camp conducted at St. Sebastian's Church Keerampara, Kothamangalam

28.09.2022: General body and scientific program. Dr.Padmanabha Shenoy, Rheumatologist & Medical Director (Care) spoke on Arthritis.

29.09.2022: COLS Training was given to staff and students of Dept of Home Science, St. Teresa's College, Cochin by Sr Dr. Sheela Mariya.

30.09.2022: Talk on "Rabies the Menace" by Dr.Aarati Krishnan, (Specialist Community Medicine; Assistant Surgeon, Kerala Health Services) in connection with World Rabies Day.

36

65 BRANCH - VENJARAMOODU - DR. SAJEENA A.S - DR. SATHEESAN M Executive Committee Meeting through Zoom platform. 10.09.2022: World Suicide Prevention Day. Positive

and informative messaging aimed at the general population and at-risk groups such as young people, and facilitating open discussion on mental health at home, at school, in the workplace, etc. An awareness class was arranged at Govt. Higher Secondary School, Kallara by Dr Satheesan.



World Heart Day. Awareness Class was arranged at Sree Gokulam Medical Centre, Kallara by Dr Satheesan. It aims to drive action to educate people that by controlling risk factors such as tobacco use, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be avoided.



21.09.2022: General Body meeting and CME by Dr Aruna Menon and Roy P John from Meitra Hospital were the chief guests, delivered talk regarding 'Obstetrics emergencies' and 'Current trends in BPH management' respectively. Conducted Campaign to get new members and also to increase scheme membership.



28.09.2022: General body meeting with scientific session by 'Hernia- down the ages' by Dr Skaria Baby.

- KANJIRAPPALLY Branch DR. BABU SEBASTIAN DR. MATHEW P THOMAS 68 PRESIDENT SECRETARY

Conducted Academic Talk by 'Minimally invasive spine surgery.'

Plans to construct an IMA House was made and an opinion poll to know the majority opinion will be

done this month & decision to buy an LCD Projector.



Executive Meeting cum Organising Committee Meeting of IMACON 2022 at IMA House Kanipayur. Various subcommittee reports were presented in the meeting and we discussed the progress of forthcoming annual state conference.

Delegate registration and other subcommittee activities were discussed in detail and in the executing committee.

06.09.2022: Onam celebrations with variety of entertainment programmes by family members. Various local hospitals including private sector and government sector participated in IMA Kunnamkulam "onapookkalam" the function ended with a fabulous "onasadhya".



21.09.2022: The Monthly Meeting and Onam festival. After silent prayer and flag salutation the president invited all doctors with families for the occasion and appealed for more colourful functions in future. The need for converting the branch into a society to fulfil legalities of bank transactions was emphasised.

71 BRANCH - CHERUKUNNU PRESIDENT - DR.P.K.ANIL KUMAR SECRETARY - DR.ROSHNA RAVEENDRAN

05.09.2022: Members attended Webinar conducted by IMA and KSOS on Eye donation Fortnight. Dr Vandhana Sundaram (Cornea and Refractive Surgeon, Sankara Eye Hospital Coimbatore) took awareness class.



05.09.2022: Conducted Onam Celebration at Hotel Malayoram Gateway, Mukkam with Cultural programs and 'Onam sadhya'.

73 PRESIDENT	- Thrissur - Dr. Joy Manjila - Dr. Joseph George
--------------	--

12.09.2022: Executive Committee Meeting. Dr. Joy Manjila Presided the Meeting. Secretary Dr Joseph George presented the minutes of last Executive meeting and passed.

24 & 25.09.2022: Hosted the National IMA CGP South Zone Conference.



CME on 'Newer Oral Hypoglycaemic agents in Management of Diabetes Mellitus' by Dr. V M Haridas, Senior Consultant Physician & Diabetologist, Westfort Hi Tec Hospital Thrissur and 'Low Backache-Red Flags' by Dr Ramkumar Menon, Sr. Consultant, Neurosurgeon, Atreya Hospital Thrissur and 'Cutaneous Manifestations of Systemic Diseases' by Dr S Criton, HOD, AIMS Thrissur and 'Obesity and Bariatric Surgery' by Dr C J Varghese, Sr. Gastro Surgeon, GEM Hospital & Research Center, Thrissur and 'Pushing Frontiers in Minimally Invasive Surgery' by Dr Jaideep, Consultant Surgeon, Robotic Surgery, Daya Hospital Thrissur.

Dr P Gopikumar, Organising Chairman, Welcomed the Dignitaries and the Delegates. Dr Avinash Bhondwe, Dean National IMA CGP HQ, presided and delivered the Presidential Address. Dr Anbarasu, Secretary IMA CGP HQ, read the report from the CGP HQ. Dr J A Jayalal, IPNP, Chief Guest, Inaugurated and delivered the Inaugural Address. Dr Joseph Mani, National Vice President, Addressed, followed by Dr Samuel Koshy, State President, IMA KSB. Felicitations by Dr Anburajan, Joint Secretary, IMA CGP HQ, Dr Joseph Benaven, state secretary, Kerala, Dr Sulphi N, President Elect, IMA KSB and Dr Benny P V, Director of Studies IMA CGP Kerala. Dr Joy Manjila, Organising Secretary, Thanked the Dignitaries and the Delegates.



25.09.2022: CME on 'Clinical Evaluation of Acute Chest Pain' by Dr P PMohanan, Sr. Consultant Cardiologist, Westfort Hi Tech Hospital, Thrissur and 'What We Know and do not Know about Kidney

Diseases'by Dr T T Paul, Sr. Consultant Nephrologist, Westfort Hi Tech Hospital, Thrissur and 'Dog Bite Management' by Dr T S Anish, Prof. Dept of Community Medicine, GMC Manchery and 'Abdominal Pain in Children - Functional/Organic' by Dr Ajitha Menon, Sr Consultant Paediatrican, Mother Hospital Thrissur and 'Improving patient safety Engagement and Retention through Smart EMR/EHR Solutions' by Mr George Vijay, CEO Medalert and 'Vit B 12 Deficiency and PPI use: Laboratory Perspective, Introduction to Gastro Panel' by Dr Harishankar, Head, Dept of Biochemistry and Immunology, DDRC SRL Diagnostics and 'Overview of Refractive Errors and other Paediatric Ophthalmology, Problems for General Practioners' by Dr Elizabeth, Sr. Consultant & HOD Ophthalmology, Little Flower Hospital, Angamaly and 'Substance Abuse in Children -Gravity of the Problem Today' by Dr NeethiValsan, Prof. & HOD, Psychiatry, Jubilee Mission Medical College, Thrissur and 'Epidemics v/s Pandemics' by Dr Sudhiraj, Asso. Prof. Community Medicine, TD Medical College, Alapuzha.



27.09.2022: IMA, ISA & Indian Resuscitation Federation Conducted First Aid & CPR Training session at KSEB Training Center, Nadathara, Thrissur. Dr Binil Isaac, Associate Prof. Jubilee Mission Medical college and Dr Joy Manjila, conducted the training session.

28.09.2022: IMA & WDW together with the faculty and students of Dept. of biotechnology from Thrissur St. Mary's college put up a street play at Thekkinkadu Maidan, as observed 'World Rabies Day'

28.09.2022: IMA & WDW joined hands with Janamaithri Police of Thrissur City East Police station and conducted an awareness class on drug abuse by East station, Sub Inspector, Mr. Vinay Kumar & team at Thekkinkadu Maidan.

28.09.2022: 'World Rabies Day' with an Awareness class at Chavara Seminar Hall, St Mary's College. Dr. Joy Manjila and Dr Sharmila Moideen spoke on the occasion.

29.09.2022: General Body Meeting and World Heart Day Observance at Hotel Elite International Thrissur chaired by Dr Joy Manjila. Dr P Gopikumar, Sr. Vice President, IMA KSB addressed. Scientific Session by Cardiological society of India Kerala Chapter. Dr. P PMohanan and Dr. Geevr Zchariah delivered the 'Message of World Heart Day'. Blood Bank Reports

Total Blood collected During Camps – 897 Units Total Blood collected at Blood Bank – 616Units Total blood and components issued – 3659Units Total Blood Donation Camps Conducted – 25 Camps



04.09.2022: Represented at the IMA AMSCON 2022 held at IMA House, Perinthalmanna.

17.09.2022: Branch office bearers' election was notified.

21.09.2022: The branch was represented by the officials in the District Committee meeting held on virtual platform.

24 & 25.09.2022: Branch representations were also present at the National IMACGP South Zone Conference held at Adlux convention centre, Kochi. 27.09.2022: Branch in association with Malappuram Ophthalmic Society and ABATE AS Hospital, Perinthalmanna conducted an awareness programme on the importance of Eye donation at Tirur Bus station premises.

28.09.2022: General Body meeting with CME on "Endocrine Surgery – From an Endocrine Surgeon's Perspective" by Dr.Sikhil P, Associate Consultant in Endocrine Surgery, Baby Memorial Hospital, Kozhikode.



11.09.2022: Participated in the IMA District committee & decided to conduct district level Onam celebration.

18.09.2022: District level Onam celebrations at Haripad lions Club hall presided by chairman Dr Mohammad, IP State President Dr. PT Zacharia and 42 doctors & their family members participated in the program. Cultural activities and various competitions had conducted.



30.09.2022: Annual General Body Meeting and election of new office bearers. President Dr. T D Shobhana presided over the meeting and welcomed the gathering. All the members participated in the election and following office bearers were elected unanimously. Newly elected team members are President Dr. Adarsh R, Vice president Dr.Krishnadevi, Secretary Dr. Rohith Jayaraj and Treasurer Dr. Vishwanath.



23.09.2022: General Body Meeting.

77 BRANCH - COCHIN WEST PRESIDENT - DR. VIVEK PRABHU SECRETARY - DR. MUHAMMED JABEEL

14.09.2022: Executive Committee Meeting.

21.09.2022: General Body Meeting and Onam Celebrations. The results of branch election were declared, the incoming team would be under the leadership of President elect Dr. Joy George. Family & friends participated in the celebrations.

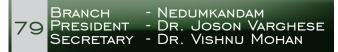


06.09.2022: Conducted Onam Celebration. 20.09.2022: General Body and CME on'Radiological Aspects of Varicose Veins' by Dr Jose KuruvillaKokkat. 29.09.2022: General Body Meeting and Election of new office bearers.



15.09.2022: Executive Committee Meeting & decided to conduct Onam celebrations and family get together.

22.09.2022: General Body Meeting & family get together. Onam message given Dr P Krishnan. Election of new Office Bearers was conducted. Dr Dominic Mathew was elected as new president and Dr Mathew G Murukan as the new secretary. Conducted variety of cultural programs by the members followed by OnaSadhya.



07.09.2022: Executive Committee Meeting. 21.09.2022: General Body Meeting and branch election. Dr Rinu Anaz Rawther and Dr Arjun Ajayghosh were elected as president and secretary for the year 2022-23. BRANCH - KALPETTA PRESIDENT - DR.RAJESH KUMAR M.P SECRETARY - DR. SREEHARSHA SRIGERI

81

Dr Sebastian represented IMA in the campaign against Drug Abuse called 'Unarv', initiated by Kerala Police.

05.09.2022: Branch members attended a Training organized by KGMOA on Rabies.

Dr Rajesh kumar MP had attended the KGMOA family meet at Sultan Bathery.

82	Branch President	- Китниракамва - Dr. Vinayak
		Madanagopal - Dr. Grifin Surendran

01.09.2022: Executive committee meeting. 14.09.2022: Onam Celebrations with various cultural programmes performed by members and family followed by delicious OnaSadhya.



22.09.2022: Installation of new office bearers for the year 2022-23. Dr. Ramesh R Past State President of IMA KSB was the installing officer. Dr.Satheesan Balasubrahmaniam Director Malabar Cancer Centre was the Chief Guest. Dr. Nikhil Mohan was installed as the new President and Dr. Aswin V K was installed as the new Secretary.



Dr.Surendra Babu, Dr.Lalith Sundaram, Dr.Sasidharan K, Dr. Srikumar Vasudevan, Past State President Dr. Deepa Damodaran, Dr. Mini Balakrishnan, leaders of Rotary club, Snehasparsham Pain and Palliative care society felicitated the function.

JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven State Secretary, IMA KSB

Link: https://t.me/imakerala



It is our responsibility and Commitment to keep our Green Land away from the dangerous hazards of Biomedical waste... India's largest and environmentally safe Common Biomedical Waste Treatement & Disposal facility for the entire state of Kerala.

Serving 19,062 Healthcare Establishments Across the kerala for their Biomedical Waste Management

The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the Biomedical Waste Management Rules and is Monitored by the Centrel & State Polution Control Boards



Contact us for more details....

INDIAN MEDICAL ASSOCIATION GOES ECOFRIENDLY

IMA State Headquarters, Anayara P.O., Thiruvananthapuram - 695 029 Ph: 0471-2741188, 2742211

Manager Administration: 80783 36666, Manager Operations: 94459 98922 Environment Engineer: 80780 26869, Operations Executive: 70122 28469 Email: imageimaksbtvm@gmail.com, Website: imageima.org