



IMA News Letter

AUGUST 2022



Be Safe... Be Committed...



INDIAN
MEDICAL
ASSOCIATION
KERALA STATE BRANCH

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Dr. Samuel Koshy
President, IMA KSB

President's Column

NMC PROMOTING MYXOPATHY

From newspaper reports based on RTI, it is learnt that the National Medical Commission, in its joint sitting held on June 29 as per clause 50(1) of NMC act, has recommended some suggestions to promote Myxopathy and Medical Pleuralism.

- a) The National Medical Commission (NMC) has made it compulsory for every Medical College to have a 'Department of Integrative Medicine Research' to promote integration of Modern Medicine with Homeopathy and Indian System of Medicine such as Ayurveda.
- b) Also 'Yoga' has been made as 'Mandatory Practice' for ten days every year for undergraduate students and faculty.
- c) Also recommendations has been made for posting MBBS students to do one week internship in Ayush Systems in Homeopathy Colleges.

We respect all systems of treatment but Modern Medical System is purely scientific and mixing of systems which are based on different basic principles is unscientific and will have negative impact on our health care system in the long run. National Medical Commission which should act as the Guardian body of modern medical science, instead of pointing out the harmful effects of mixing of systems, has taken the lead to promote Myxopathy. This is not in tune with Modern Scientific outlook.

Modern Medical System is based on Science and is global in nature. This move to promote Myxopathy is highly condemnable and is against the basic principles of Modern Medical Practice. This will also isolate health care system of India from the rest of the world. The unscientific system of Myxopathy will not be recognised outside the country by other developed nations and this will lead to loss of job opportunities to many Indian Medical Graduates outside the country. We appeal to the National Medical Commission to make others understand the harmful effects of mixing of systems and to refrain from such moves.

Each system should develop on its own based on research and evidences. That should be the approach to give quality treatment to people.



Dr. Joseph Benaven
Secretary, IMA KSB

From the Editor's Desk

MIXOPATHY:

Silence that Tolls the Death Knell

'Mixopathy' or integration of the Indian system of medicine with modern medicine is nothing of the recent past. Futile efforts have been made by the powers to be for decades. I am not dwelling into the 'Why' of such repeated sinister attempts, but 'Why do we find ourselves in such a pitiable precarious position?'.

Going back in time, I vividly recall my college days in the mid eighties when the state government initiated a move to connect ayurveda with modern medicine, albeit subtly. The student community smelt the rat in what apparently appeared innocent. Medical campuses across the state erupted in unison to thwart the move and what was witnessed was an unprecedented 45 days students unrest which finally forced the government to abort the move. The success can be attributed to the vigil and vision of our student leaders ably supported by professional bodies.

Coming to recent times, when more critical intrusions are blatantly being made into modern medicine, the student community remains silent. Even though sincere efforts have been made to strengthen and empower the student community through the Medical Students Network and Junior Doctors Network, Generation X seems oblivious of the stark reality of threats faced by the profession and their careers. The Indian Medical Association has been relentless in its efforts, with constant parlay with policy makers and even resorting to judicial intervention. But real success can be achieved only when the student community wakes up to the looming threats. It's my wish the War Cry erupts from our campuses across the country to forever bury Mixopathy!!

Before I conclude may I express my deepest gratitude to one and all for the scintillating performance so far. As we move on to the last lap of the IMA year, let's make that One Final Burst to achieve our dreams and aspirations.

Together We Can.... We Will!!



INDIAN MEDICAL ASSOCIATION

Kerala State Branch

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**Either click the link or
download the app.**



Dr. Samuel Koshy
State President, IMA Kerala



Dr. Joseph Benaven
State Secretary, IMA Kerala

Meeting with the CM @ Chief Minister's Office - 01.08.2022



Topics discussed:

- Violence against doctors & Safe Zone for hospitals
- Amendments to CEA
- Mixopathy & Bridge Course
- IMAGE @ KINFRA PARK, Adoor.

The CM was very receptive and after discussions agreed to consider our demands



**Salutations to
"The Pride of Kerala
- Dr. R.V Asokan"
National President Elect
2023 - 24**

IMA South Zone AMSCON held at Kollam- 07.08.2022





Dr. Samuel Koshy, State President, IMA KSB hoisting the Tricolor on the occasion of 75th Independence Day at the IMA State Headquarters, Trivandrum – 15.08.2022

IMA Kerala State Mid Zone CGPCON on 21.08.2022 hosted by IMA Mulankunnathukavu



State Secretary, Dr Joseph Benaven, visited Nature and Wildlife, Photography Exhibition, conducted by IMA THRISSUR & ISA THRISSUR, on Sunday, 21/08/22.



DISTRICT CONVENTIONS OF IMA KERALA

Kozhikode - 03.08.2022



Kasaragod - 11.08.2022



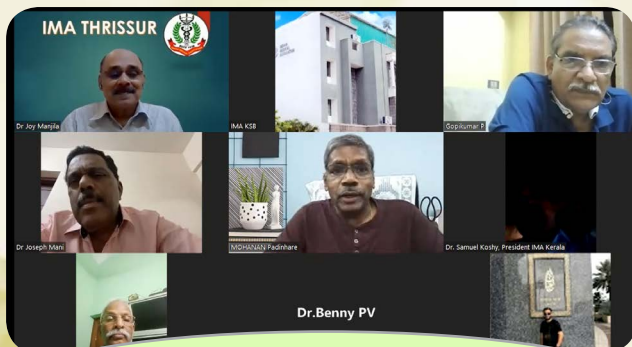
Idukki - 27.08.2022



Palakkad - 30.08.2022



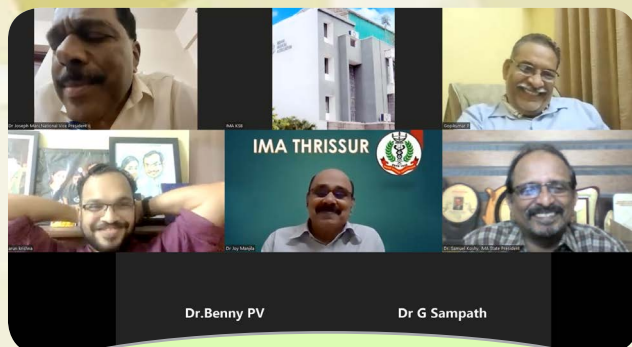
State Activities....



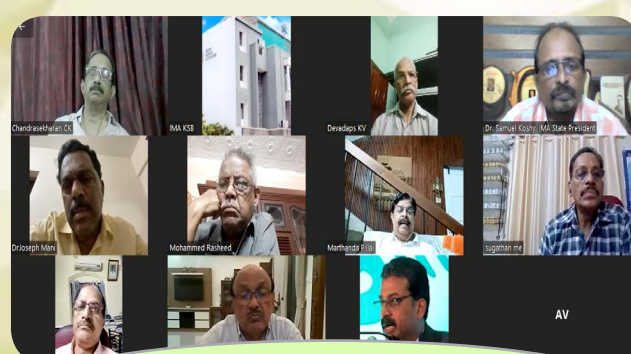
01.08.2022 - IMA CGP South Zone NATCON



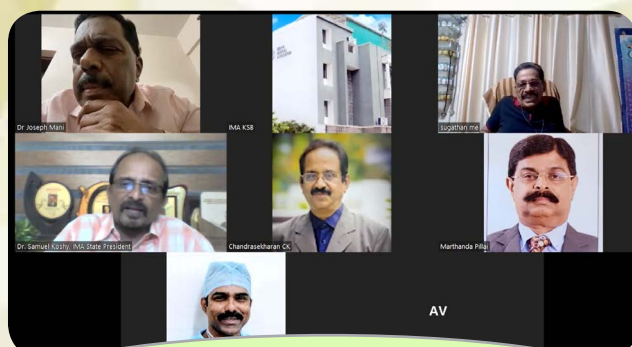
04.08.2022 - Legal Consultation on CPA



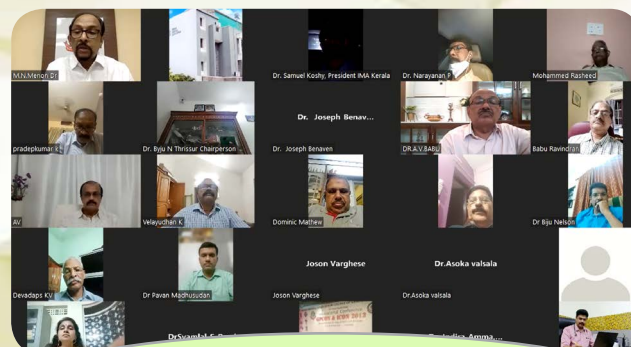
05.08.2022 - South CGP NATCON



10.08.2022 - Past Presidents Meeting



17.08.2022 - Discussion on Drugs & Cosmetics Act

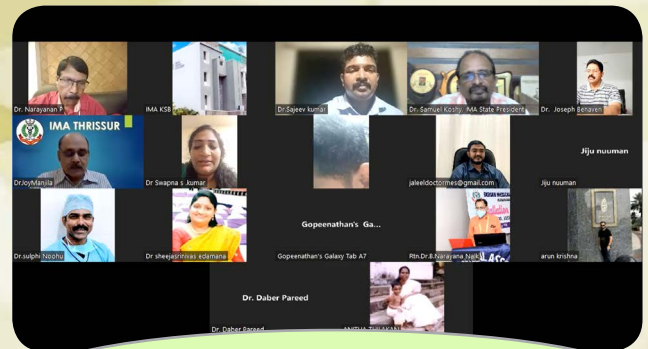


18.08.2022 - IMA STATE ACT FORCE MEETING

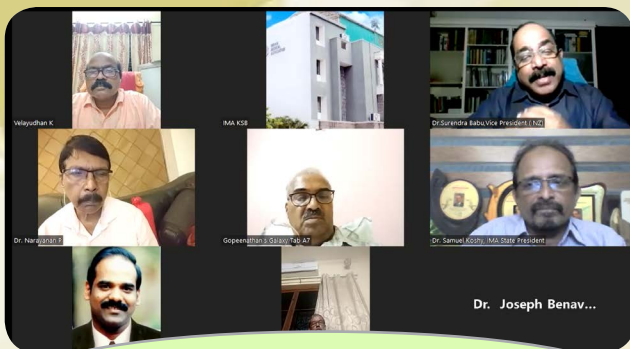
State Activities....



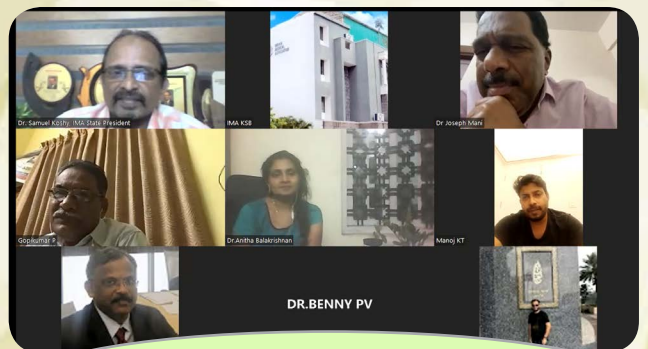
20.08.2022 - Drugs Medical Devices & Cosmetics Bill



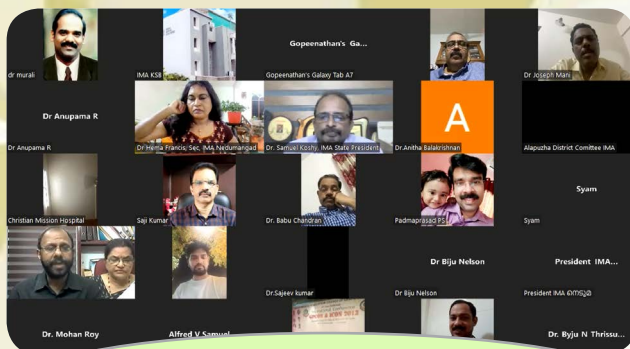
22.08.2022 - Junior Doctors Network Meeting



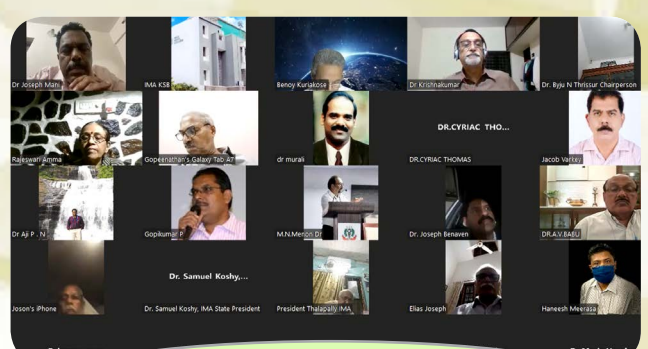
23.08.2022 - North Zone Leaders Meet



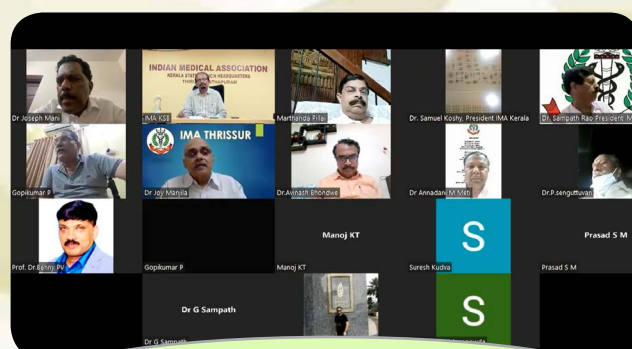
24.08.2022 - IMA South Zone CGPCON



25.08.2022 - Mid Zone Leaders Meet



26.08.2022 - South Zone Leaders Meet



31.08.2022 - IMA South Zone CGPCON



WOMEN DOCTORS WING

IMA Kerala State

Kottayam

04.08.2022: Kerala chapter WDW2022 celebration. Dr.Nisha V Krishnan, Secretary PAN Kerala moderated the panel discussion on MBFHI, NICU and ECDN.

05.08.2022: A webinar on the importance of Breast feeding and lactation for Nursing students at St.Thomas College of Nursing Chethipuzha by Dr.Nisha K Krishnan (Asst.Professor Govt. Medical College, Kottayam).

05.08.2022: Paediatric Clinic at AWC Mannanam in association with ICDS Ettumanoor Health education on IYCN Diet prescription and growth monitoring done and organized a session on the importance of breast feeding to Antenatal lactating mothers, Asha Workers and Health staff at Community hall, Pallickathodu by Dr.Neetha Paul.

25.08.2022: A talk on symptoms, signs and causes of Anaemia by Dr. Harsha Regan on 25th August at Baker Memorial School, Kottayam.

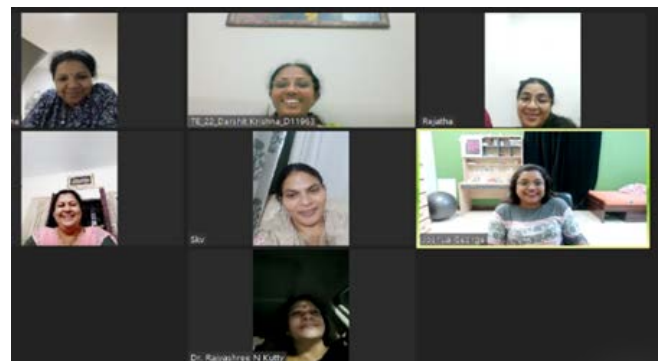
Koyilandy

28.08.2022: Conducted a Health awareness class by Dr. Jayasree and participated in the medical camp in Potilkave UP School.



Nedumbassery

06.08.2022: Conducted a meeting of members to discuss the preparation for the IMA Nedumbassery Onam celebration planned for September 16th. A



group consisting of few doctors and non-doctors members was formed as WDW Onam executive board & met online on 24th August.

13.08.2022: A Virtual CME on "Stress management" by Dr Keerthi Pai who is a Consultant Clinical Psychologist in Appollo Hospitals, Chennai. Dr Lekha Gopal, chairperson, WDW opened the floor with introduction and welcoming the speaker and the participants. Dr Beena Harikrishna, Secretary concluded the meeting by rendering Vote of Thanks.

Thrissur

30.08.2022: WDW with Indian Menopause Society visited Ashraya Old Age Home, Nadathara and gave Rs. 10,000/-.



31.08.2022: IMA WDW & TOGS associated with NIGIL Vanitha Maattoli Foundation, a Women Group of Nitta Gelatin India Limited, organised an Awareness Program & distribution of Menstrual Cups, at NITTA Skill Academy, Kathikudam, Koratti, Thrissur. Kadukutty Panchayath President, Smt. Princy inaugurated. Dr Sharmila Moideen, Chairperson and Dr Joy Manjila were the guest of Honours. Dr Sunitha S, Asst. Prof. Gynaecology, GMC Thrissur, conducted the Awareness class.



Cochin

28.08.2022: Chingotsavam – the midzone fest of WDW KSB including 4 districts, Ernakulam, Thrissur, Kottayam & Idukki was hosted by WDW Kochi on

August 28th Sunday at IMA house Kochi.

Dr Suvarna Nalappat was the chief guest and spoke on the relevance of music therapy in treating diseases.



Conducted the scientific sessions on seasonal flu by Dr. Sophia Philip, non-surgical fat reduction by Dr George Koluthara & session of menstrual cup by Dr Maria Varghese.

Onam celebrations by Pookalam arrangements, mini market, thiruvathirakali, onapattu, nadanpattu made the day an enjoyable one.



Cup of life Awareness session on personal hygiene for women Hindaloc industrial limited Alapuram by Dr Lisamma Joseph and an informative talk on Menstruation and Menstrual hygiene for students at Chinmaya Vidyalaya.

Taliparamba

07.08.2022: WDW Taliparamba conducted a medical camp at Samaritan home (an old age home at Sreekandapuram) examined around 200 patients



led by Dr.Lilly, Dr.Latha Mary, Dr.Raji and Dr. Balkees and handed over a cheque of Rs.10000 to inmates of Samaritan home.

Kondotty

11.08.2022: A talk on beauty tips by Mrs Ashwini Chandra, beautician.

12.08.2022: Conducted a class on "Adolescent Health issues in females" by Dr Devakikkutty @ Kottukkara HSS.

Perinthalmanna

07.08.2022: BCLS training programme at IMA House Perinthalmanna for small and medium hospital paramedic staff.



15.08.2022: Independence Day celebrated by hoisting national flag and conducted many programmes. Awareness class on menstrual hygiene was conducted for students of Tharakan High School by Dr Kochu S Mani.

17.08.2022: ELS training given to NSS volunteers of Vengara HSS.

Payyanur

15.08.2022: Independence Day Celebration with differently abled students of MRCH Payyanur.

25.08.2022: General Body Meeting and CME on 'Posterior urethral valve' by Dr.Vijaya Mahntesh S Sanlad, Paediatric Urologist. Dr.Ramnath S Shenoy, medical oncologist handled the topic 'blood cancer types and management'. Dr.Arathi, WDW President proposed the vote of thanks.

Thalassery

04.08.2022: Breast Feeding Week was inaugurated at Anjarakandy gramapanchayath. Class was given on the importance of Breast feeding by Dr.Priya Rajendran and other doctors. Dr.Mini Balakrishnan presided over the function. Municipal Chairperson Mrs. Jamuna Rani Teacher was the Chief guest. Classes on Advantages of Breast feeding by Dr.Mini Balakrishnan and Dr. Maya Jithin. A skit on Breast feeding was conducted by the Nursing students of BKJM nursing College.

05.08.2022: ELS Training was conducted jointly by IMA Thalassery and I A P Kerala Branch Dr.Shameel Usman conducted the Class.

12.08.2022: International Youth Day and award celebration were conducted at Ursuline Senior secondary School, Kannur. Dr Suchitra Sudhir was the Chief guest and gave an inspiring talk to the adolescent girls of plus one and plus two classes

14.08.2022: Independence Day eve WDW in association with a women Empowerment (SWEET) group conducted many service projects for women scholarships for girl students and financial aid for elderly women. Dr.Suchitra Sudhir presided over the function.

15.08.2022: Independence Day celebrated at IMA Hall by hoisting the National flag in the premises by President Dr.Mini Balakrishnan. A bicycle was donated to a smart deserving girl.

17.08.2022: There was a function to highlight Adolescent health issues at U.P school kadirur & Tharuvanatheru UP School. Dr Sreeja Viswan distributed first aid kit and Nammude Arogyam magazines to the students.



19.08.2022: With the help of Malabar gold and Diamonds, 3 deserving girl students were given bicycles.

21.08.2022: C M E on how to make our midlife managements (40s to 60s) more healthy and less distressing was expended upon by Dr.Shyjus.P and on treatment of Anemia with a new molecule Ferrous Carboxyl Maltose (FCM) was explained in detail, with the pros and cons by Dr.Geetha Mekoth.

MISSION PINK HEALTH

IMA Kerala State

North Zone

Kannur District

Thalassery

04.08.2022: Breast Feeding Week inauguration at Anjarakkandy Gramapanchayath. Dr. Priya P.R gave an awareness class on the importance of Breast Feeding and health check up of the babies.



05.08.2022: Breastfeeding Week Celebration. Dr. Mini Balakrishnan Convener, welcomed the function. Mrs. Jamuna Rani Teacher, Municipal Chairperson, Thalassery inaugurated the function. Dr. Johnny Sebastian, State Secretary IAP, Dr. Aravind C Nambiar, Secretary IMA Thalassery addressed gathering. The function was honoured by the classes taken by Dr. Mini Balakrishnan on the subject of "Advantages of Breastfeeding for mothers" and "Advantages of Breastfeeding for babies" by Dr. Maya Jithin.

05.08.2022: IMA, IAP Kerala, IAP and ICDS conducted an Emergency Life Support Training Programme at IMA Hall Thalassery. Dr. Mini Balakrishnan welcomed the function. Mrs. Jamuna Rani Teacher, Municipal Chairperson, Thalassery inaugurated the function. Dr. Johnny Sebastian, State Secretary IAP, Dr. Aravind C Nambiar, Secretary IMA Thalassery. Dr. Shameel Usman Moidu gave an awareness Class.

12.08.2022: Dr. Abdul Salam gave an awareness class on Kannur News Channel regarding Monsoon

Diseases in Children.



13.08.2022: International Youth Day award celebrations at Ursuline Senior Secondary School, Kannur.

15.08.2022: Dr. Mini Balakrishnan hoisted the National Flag at the IMA House on Independence Day.

15.08.2022: Nammude Arogyam Magazine circulation at NSS Residential Camp Govt Girls Higher Secondary School, Thiruvangad. Dr. Mini Balakrishnan, was the chief guest for the NSS Residential Camp at Govt Girls Higher Secondary School, Thiruvangad.



16.08.2022: Nammude Arogyam Magazine circulation at Valiyamadvil High School, Thalassery.

17.08.2022: Nammude Arogyam Magazine circulation at Tharuvanatheru UP School, Kadirur.

17.08.2022: First AID Kit distributed to the staff and students of Tharuvanatheru UP School, Kadirur.

19.08.2022: Copies of IMA Nammude Arogyam Magazine were distributed to the staff and students of Kadirur HSS Kadirur.

20.08.2022: Dr. Jithin Suresh gave an awareness class on Kannur News Channel regarding Emergencies and the general public.

21.08.2022: Home Visit to the residences of Senior female doctors at Thalassery.

31.08.2022: CME on 'Health and Happiness in Midlife' by Dr. Shyju P and Role of FCM in Anaemia by Dr. Geetha Mekkoth.

Mid Zone

Ernakulam District

Kothamangalam

07.08.2022: World Breast Feeding Week - Educate and Support' Expert Talk on Radio Kochi 90 FM by

Dr. Liza Thomas, Pediatrician and Adolescent Physician, St. Joseph's Hospital, Kothamangalam.

15.08.2022: Independence Day celebrated with the "special kids of Santwanam Special School, Kothamangalam".



Kottayam District

Kottayam

26.08.2022: An awareness programme on Anaemia, was conducted along with Inner wheel club of Kottayam at Baker Memorial Girls High school. Session was taken by Dr. Harsha Reegan E K, Mandiram Hospital, Kottayam. Various aspects of



anaemia including clinical symptoms, causes and how to prevent were discussed.



നമ്മുടെ ആരോഗ്യം

വരിസംഖ്യാ ഫോറം

ഐ.എം.എ നമ്മുടെ ആരോഗ്യം മാസിക വർഷത്തേക്ക് താഴെ പറയുന്ന വിലാസത്തിൽ തപാലിൽ അയച്ചുതരുവാൻ താൽപ്പര്യപ്പെടുന്നു. വരിസംഖ്യ രൂപ ഇതോടൊപ്പം അയയ്ക്കുന്നു.

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തുക അടച്ചതിന്റെ വിശദ വിവരങ്ങൾ:

മണിഭാർഡർ: മണിഭാർഡർ നം:..... തുക..... തീയതി.....

ബാങ്ക് ട്രസ്ഫർ: ബാങ്കിന്റെ പേര്.....

ബ്രാഞ്ച്..... റഫറൻസ് ഐ.ഡി..... തുക..... തീയതി.....

ചെക്ക്/ഡി.ഡി: ബാങ്കിന്റെ പേര്.....

ചെക്ക്/ഡി.ഡി നം:..... തുക..... തീയതി.....

1 വർഷം : 300 രൂപ

2 വർഷം : 580 രൂപ

3 വർഷം : 850 രൂപ



81
108

BRANCH ACTIVITIES

1

BRANCH - IRITTY
PRESIDENT - DR. SANITH KUMAR K.N
SECRETARY - DR. RAMESH HARIHARAN

25.08.2022: General Body Meeting. Pertinent information from the SWC regarding the schemes were intimated to the members. Notice for elections was intimated and scheduled on 25th September 2022. CME on 'Minimally invasive cardiac surgery' by Dr. Krishnakumar and 'Management of Sick Child' by Dr. Sharath Babu.

2

BRANCH - BALUSSERY
PRESIDENT - DR. V.C. VENUGOPALAN
SECRETARY - DR. P. VIJAYAN

30.08.2022: General Body Meeting. Dr. Vijayan Consultant Ophthalmologist took awareness class regarding eye donation. Dr. Rajesh Nair Consultant Neuro Surgeon took class regarding Cervical Spondylitis. Two membership applications received for SSS1 and Health Scheme.

3

BRANCH - SULTHAN BATHERY
PRESIDENT - DR. ABDUL GAFOOR KAKKODAN
SECRETARY - DR. SUNNY GEORGE ELAVUTHINGAL

15.08.2022: IMA Sulthan Bathery in association with Vertigo & ENT Clinic conducted Medical Camp at Kripalaya Special School for the mentally challenged.

28.08.2022: Sickle Cell Anaemia Workshop on MVR CC & R I Calicut and IAP Wayanad in association with IMA at Hotel Septha.

4

BRANCH - MANNARKKAD
PRESIDENT - DR. ABDU KALLADI
SECRETARY - DR. DEVENDRA B NADDONI

05.08.2022: Branch Meet at Fayedha convection hall, Mannarkkad; Points discussed with Increase the Life time membership for the MBBS pass outs, Increase for enrolment for Social security schemes and health schemes, Grievances regarding any of the issues of IMA Members, District Convection Meet @ Palakkad, Discussion & IMACON @ Kunnamkulam.

5

BRANCH - KULANADA
PRESIDENT - DR. K.N. BABU
SECRETARY - DR. SREEKANTH K

25.08.2022: GB and CME. President, Dr K N Babu presided the meeting. Chief guest and speaker was Dr Aswin Rajagopal, Assistant Professor, Dept of ENT, Azeezia Medical College, Kollam. There was an interactive session on the topic "Benign Paroxysmal Positional Vertigo".



6

BRANCH - KANNUR
PRESIDENT - DR. V. SURESH
SECRETARY - DR. RAJAMOHANAN.C.K

04.08.2022: General Body Meeting & CME on 'Drugs in pregnancy, Do's & Don'ts' by Dr. Simi Kurian, GMC Kannur. Decisions are no nominations were received for any post of office bearers for the year 2022-23 & the present office bearers were to be continued.

11.08.2022: CME on 'Extracorporeal life support- Experience sharing of a lifesaving technology' by Dr.



Prasad Surendran, Dr.Amith, Dr.Rinoy &Dr. Ganesh.
25.08.2022: Hybrid CME on 'Genomic Revolution - The next chapter in Medicine' by Dr. Vinod Scaria, Dr. Nicola Hussain & Dr. Nikhil Sudaran.

7 BRANCH - PONNANI
PRESIDENT - DR.KAMARUDHEEN.A.I
SECRETARY - DR. SANDEEP.K

17.08.2022: Executive Committee Meeting.
23.08.2022: General Body Meeting & CME on 'Onchoplasty and robotic surgery'. Elected new office bearers.
31.08.2022: District Committee Meeting at Tirur. 1 new member enrolled SSS2 memberships.

8 BRANCH - KANHANGAD
PRESIDENT - DR.T.V.PADMANABHAN
SECRETARY - DR.VINOD KUMAR.P

Executive Committee Meeting to discuss about District Convention.

11.08.2022: IMA Kanhangad hosted the District Convention at IMA House. District Chairman Dr Suresh Babu P M presided the function. Kanhangad M L A Sri. Chandrsekharan inaugurated the program. State President Dr Samuel Koshy detailed about the attack on hospitals and health personals & pointed out that the government should take necessary movements to declare the hospital premises as Safe Zone. State Secretary Dr Joseph Benaven and North Zone Vice President Dr Surendrababu felicitated the function.



15.08.2022: 75th Independence Day Celebrations done at IMA House. Dr T V Padmanabhan hoisted the flag.

23.08.2022: Executive Committee Meeting to

discuss the branch election and Onam celebrations.
26.08.2022: General Body Meeting and CME. Past President Dr.K.P. Ahmed presided the meeting. Dr Vinay Kumar J Rajendra, Consultant Oncologist talked on Global Epidemic of Cancer: Recent updates of Oncology, and Dr Mehthab M Bava Consultant Radiologist talked on the topic Cases in 'Emergency Radiology'.

9 BRANCH - KONDOTTY
PRESIDENT - DR. NASEER.C.P
SECRETARY - DR. SAIBIN AHAMAD SAGEER.P.K

15.08.2022: ELS Training at GVHSS Kondotty Melangadi.

16.08.2022: ELS Training at GVHSS Omanoor

29.08.2022: Executive Meeting at Hotel Afrad.



10 BRANCH - TRIVANDRUM
PRESIDENT - DR. PRASANTH C.V.
SECRETARY - DR. SIBY KURIAN PHILIP

07.08.2022: IMA in association with Lions Club, Kottarakara conducted basic life support class by Dr Sreejith R.

14.08.2022: Dr Sulphi, Dr Siby Kurian Philip, Dr Sreejith N Kumar, Dr G S Vijayakrishnan and other leaders were participated the State Working Committee Meeting held at IMA Periyar house Aluva.

15.08.2022: Dr Prasanth CV, hoisted the national flag at IMA premises. Dr Siby Kurian, Dr Vijayakrishnan, Dr Ajith Kumar S and other members were present. Adv Renjith Karthikeyan, Redcross chairman also attended the function.

15.08.2022: 'Arogya Swaraj' public health awareness program was inaugurated at Karikkakom school. The cycle rally flagged off by Dr Samuel Koshy, Dr T Suresh Kumar, Editor IMA Nammude Arogyam, Dr Anupama R were present on the occasion.

22.08.2022: Regular Executive Meeting.

28.08.2022: Monthly General Body Meeting and CME was held at hotel SP grand days, panel discussion on infertility latest trends was done by Dr

Vivek Paul, CEO and director of Yaana infertility centres. Dr Anupama declared the results of election of office bearers 2023. Dr Sreejith N Kumar congratulated the newly elected team and appreciated Dr John panicker for his meticulous effort in conducting platinum jubilee of Govt medical college Trivandrum. Dr Sulphi Noohu, President elect, State IMA, Dr G S Vijaykrishnan gave felicitations.

11	BRANCH	- KOTTAKKAL
	PRESIDENT	- DR. RAJEENA SHAHID
	SECRETARY	- DR. MUHAMMED SHEREEF

18.08.2022: Monthly CME & GB conducted @ Rydges Inn. IMA in association with Moulana Hospital, CME, Topic 'Acute Coronary Syndrome - A Surgical Perspective' by Dr. Arun Thankappan Consultant Cardiothoracic Surgeon, Moulana Hospital, Perinthalmanna. New life membership applications 2, Pension scheme 3 PPS 2, SSS 2: 3 & HS 1.



12	BRANCH	- MALAPPURAM
	PRESIDENT	- DR. MOHAMMED HASSAN A.P
	SECRETARY	- DR. DABER PAREED

12.08.2022: Conducted Executive Committee virtually through zoom.

15.08.2022: Dr. Asoka Valsala hosted flag at IMA House Malappuram on occasion on Independence Day.



18.08.2022: Conducted General body & CME on 'Depression' by Dr. Nidheesh Sankar V (Consultant Psychiatric Medicine, Aster MIMS).

25.08.2022: Dr.P.Narayanan attended organizing committee meeting of IMA AMS State conference, Perinthalmanna.



29.08.2022: Dr. Abdusalam took awareness class to teachers of Malappuram district about "Adolescent Mental Health Issues".

13	BRANCH	- IRINJALAKKUDA
	PRESIDENT	- DR. BASTIN V A
	SECRETARY	- DR. REEJA C MENON

13,16&17.08.2022: ELS Training for students at NSS camp in 3 schools. Nadavarumu govt school, Irinjalakuda Girls and Models school Boys.

24.08.2022: GBM conducted with a talk on Act force guidelines as proposed by State IMA by Dr Vishwanathan.

14	BRANCH	- VADAKARA
	PRESIDENT	- DR. HARIDASAN P.C.
	SECRETARY	- DR. RAKESH RAJU K.K.

03.08.2022: Dr PC Haridasan, Dr Chithra Haridas, Dr Niveditha Haridas, Dr M Muraleedharan, Dr Anandan C K, Dr Raveendran, Dr Rakesh Raju K K, Mr Jithin, Mr Mithun and Mr Chandran attended District convention at Town Hall Calicut. There was a panel discussion on Public health, moderated by Dr M Muraleedharan.

04.08.2022: IMA along with IAP, PARCO hospital, NNF & other organisations conducted "Jeevamritham",



a mini exhibition as a part of breast-feeding week celebrations at PARCO hospital. Dr PC Haridasan inaugurated the programme. Felicitations by Dr M Muraleedharan, Dr Nouseed Ani, Dr Dilshad and Dr Naseer.

06.08.2022: Online Awareness Webinar for mothers along with IAP Vadakara, PARCO Hospital, NNF and other organisations.

06.08.2022: Dr Rakesh Raju K K conducted a session for mothers, ASHA and Anganwadi teachers at CHC Panoor on " Importance of breastfeeding ".

07.08.2022: IMA along with IAP, Riders, Angels and Rotary club conducted a Cyclothon as a part of breastfeeding week celebrations.



10.08.2022: Executive Committee Meeting; decisions taken were to conduct Onam celebrations in association with WDW Vadakara on Sep 4th, to conduct General body and CME in IMA hall only, to conduct BLS training for IMA members and family on 28th August at IMA Hall. Registration fee will be Rs 300/-. Members of other branches can also join. Organising Chairman and Organising secretary are Dr Moh Afrose and Dr Vysakh respectively.

13.08.2022: As a part of "Azadi ka amrit Mahotsav" Secretary hoisted National flag at IMA hall in the absence of Branch president. Dr M Muraleedharan, Dr KM Abdulla, Dr Subash KM and Dr Prashanth Pavithran attended this function.

14.08.2022: Hands on training for NSS volunteers on First Aid and Basic Life Support by Dr Sreekala Poroor at GHSS Puthoor.

15.08.2022: Flag salutation was done at IMA hall Vadakara. Branch president Dr PC Haridasan, Secretary Dr Rakesh Raju, Treasurer Dr Premraj M, Dr AT Vijayan and Dr Nouseed Ani were present.

18.08.2022: General body and CME on 'Cholestasis of infancy and An update on paediatric liver transplant' by Dr Jagadeesh Menon VR, Pediatric Gastroenterologist. After flag salutation by Dr Vysakh, there was Presidential address by Dr PC Haridas. Dr Premraj presented report which was passed in the General body.

28.08.2022: BLS Training was conducted at IMA hall inaugurated by Dr PC Haridas & welcome address by Dr Anandan C.K. Dr KM Abdulla, Dr Ansar CM and Dr Nouseed Ani were instructors. Smt. Babitha, Smt. Naseera, Smt. Jasmine, Smt. Punya, Smt. Sariga, Sri. Shaji and Smt. Swathi from ANGELS were also trainers. Dr M Muraleedharan honoured trainers. Vote of thanks by Dr Rakesh Raju.

15	BRANCH	- MADHYA KERALA
	PRESIDENT	- DR. RAFAQ A.K
	SECRETARY	- DR. SAGITH M.A

02.08.2022: Executive Committee Meeting.

03.08.2022: Aid to Flood Relief Camp reached out to the 55 flood affected families who sought resort at Kothamangalam Govt U. P. School. Plastic mats were distributed to the people. Medical checkup was done and required medicines were handed over.

05.08.2022: Awareness class on "Importance of Breast feeding" to the public on virtual platform organized by Dept of Home Science, St. Teresa's College, Ernakulam in association with ICDS Cochin Thevara 2 and Radio Kochi FM 90, Netpro Fan & Nutrition Society of India.

10.08.2022: Awareness on Hygiene and Deworming was given to staff and students of Santhwanam Special School, Kothamangalam by Dr. Liza Thomas.

11.08.2022: Free lifestyle Diseases Screening Camp at Kanjoor Kallumkootam, in association with Kanjoor Pain & Palliative Society, Navayuga Purusha Swayam Sahaya Sangham and Muthoot Snehashraya. Medicines were distributed free of cost. Dr. K. N. Sobhana gave awareness to the public on lifestyle diseases.

14.08.2022: Attended SWC Meeting.

15.08.2022: Independence Day. Dr. Raftaq A. K. hoisted National Flag & was celebrated with students



of Santwanam Special School & Hospitals.

16.08.2022: Diabetes Detection Camp at Vimala Hospital, Kanjoor.

16.08.2022: A free lifestyle diseases screening and detection camp was organized at Manickamangalam NSS HSS as part of Independence Day celebrations.

18.08.2022: Dr. C. M. Hyderali, received "Karshaka shree Award" from Aluva Municipal Chairman.

19.08.2022: Sri Francis Moothedan Raphel, Project Director & Chief Trainer, MMM IRCA, MOSC Medical College, Kolenchery took an awareness class on Drug Abuse for students, staff and parents of Sree Sankara College.

20.08.2022: IMA members and their families received Quadrivalent Influenza vaccine and Prevenar 13 as part of President's action plan 2022.

20.08.2022: General Body Meeting. Dr. Sajith Sebastian, spoke on GERD and Dr. Kartik Kulkshethra, Consultant Gastrosurgeon gave a detailed account of the recent advances in Gall stone management.

21.08.2022: IMA members attended the IMA National Conference on Medical Ethics conducted by IMA Medical Ethics Committee.

23.08.2022: Video on Food Wastage by IMA was prepared by Ms Diya Bijoy, and Ms. Priyanka P. S. The video was circulated on social media.

26.08.2022: Attended Membership Promotion Committee - Midzone Leaders Meet.



Suvarna Annadana sponsored by Adv Muneer M V, Municipal Chairman on his Mother's death anniversary; Dr.Manjunath Kamath, in memory of his parents Sri Ganesh Kamath and Smt Kasturi G Kamath; Dr. B Narayana Naik as a part of Birthday of grandson Naksh & Dr Venkata Tejaswi on her daughter Snigda's birthday; Dr.Yatheeshan K K on birthday day of his Granddaughter Tvisha; Dr. Amina Mundol Son's birthday; Suvarna Annadana by Dr.RekhaRai; Mr. Khalid Pachakkad, Health standing committee chairman of Kasaragod Municipality on his Marriage anniversary; Dr.Sunitha Kumble on her Son Brijesh's Birthday; Dr Prasad Menon and Dr Usha Menon on the occasion of their wedding anniversary.

06.08.2022 & 20.08.2022: Weekly Medical Check -Up at Children's Home Paravanadkam.

01.08.2022 to 07.08.2022: IMA in association with GH Kasaragod observed breast feeding week at GH Kasaragod.

08.08.2022: ELS Training, COLS training program along with breast feeding awareness class on at Nelkala Anganavady.

09.08.2022: COLS and BCLS training for IMA

members and WDW members at IMA House Kasaragod.

11.08.2022: Participated Kasaragod District Convention at Kanhangad.

12.08.2022: ICDS District Level Seminar held at Collectorate Conference Hall.

12.08.2022: Conducted Medical Check Up of Children at AnganwadiParakattaMadhur.

12.08.2022: Condolence Meeting on sad Demise Senior member Dr Sripad Rao and Dr Sridhar M L.



12.08.2022: ELS/COLS Hands on training given to Mothers at Parakattaangamwaadi.

17.08.2022: Branch Executive Committee Meeting held at IMA house Kasaragod.

19.08.2022: Adolescent Health education Class Conducted to classes 5th to 10th std Students of Chinmaya Vidyalaya Vidyanagar by Dr Maya Mallia.

20.08.2022:ELS Training Program at Chinmaya Vidyalaya Kasaragod.



20.08.2022: Adolescent Health education Class Conducted to classes Students Chinmaya Vidyalaya by Dr Narayana Naik.

23.08.2022: Conducted Medical check-up and Awareness class at Bellur Anganwadi, ICDS Karadka block of Kasaragod District.

25.08.2022:General Body Meeting and Monthly CME at IMA House Kasaragod, presided by Dr Narayana Naik.

30.08.2022:Branch Executive Committee Meeting was held at IMA House.

04.08.2022: Class on the importance of Breast Feeding and health check-up of the babies at Anjarakkandy Gramapanchayath by Dr.Priya.

05.08.2022: IMA IAP Kerala & ICDS Thalassery conducted a Breastfeeding week Celebration and Emergency Life Support Training Programme presided by Dr.Mini Balakrishnan; inaugurated by Municipal Chairperson Mrs.Jamuna Rani Teacher. Dr. Johnny Sebastian & Dr.Aravind C Nambiar addressed the gathering; Class on "Advantages of Breast feeding for mothers" by Dr.Mini Balakrishnan and on ELS by Dr.Shameel Usman Moidu; skit on Breast Feeding by the Nursing Students of BKJM Nursing College.

10.08.2022: Executive Meeting.

12.08.2022: An awareness class regarding Monsoon Diseases in Children by Dr.Abdul Salam in Kannur News Channel.

13.08.2022: Dr.Suchitra Sudhir attended the International Youth Day and award celebrations at Ursuline Senior Secondary School, Kannur.

14.08.2022: Community Development Programme-"Rogamuktha Theeradesham", IMA identified six municipal wards of Thalassery Municipality with low socio economics status and the most underprivileged wards of Thalassery municipality as forever community development programme.

15.08.2022: Dr. Suchitra Sudhir was invited as the Guest of honour at De Paul College of arts and science at iritty. A bicycle was donated to a smart deserving girl, on the occasion there was a quiz on independence and a poster contest. Dr Suchitra was the judge and awarded the prizes.



15.08.2022: Dr. Mini Balakrishnan hoisted the national flag at the IMA House on Independence Day. Dr.Rajeev Nambiar was the chief guest for the Independence Day Celebration programme at St. Joseph's High School. Dr.Mini Balakrishnan gave an

awareness session on Adolescent Health Problems; donated copies of Nammude Arogyam to the Staff and Students of Govt. Brennen Higher Secondary School,Thalassery.Quiz Competition organized by AIMA Thalassery.

15.08.2022:1st meeting of community development programme at Chalil Community Centre & distributed Nammude Arogyam copies to the members of this social organization.

15.08.2022: Dr.Mini Balakrishnan was the chief guest for the NSS Residential Camp and Independence Day Celebration at Govt Girls Higher Secondary School,Thiruvangad, gave an awareness class for NSS Camp at Thiruvangad & Copies of Nammude Arogyam Magazine were distributed to the Teachers, students and Police Cadets.

16.08.2022: Copies of Nammude Arogyam Magazine were distributed to the staff and students of Valiyamadvil High School,Thalassery.

17.08.2022: General Body Meeting & CME on 'Invasive Cardiac Surgery' by Dr.KrishnaKumar,Senior Consultant Cardiothoracic Surgery, Sreechand Hospital, Kannur & "Management of Spinal Trauma" by Dr.Vijayakumar Menon.

17.08.2022: First AID Kit & IMA Nammude Arogyam Magazines distributed to the staff and students of Tharuvanatheru UP School, Kadirur.

17.08.2022: Conducted an Awareness Class on Organ Donation by Dr.V K Rajeevan, Deputy Supdt,District Hospital, Kannur at Beena Manohar Memorial Trust, Mahe.

18.08.2022: Class on Eye Donation.

19.08.2022: With the help of Malabar gold and Diamonds, 3 deserving girl students were given bicycles.

19.08.2022: IMA Nammude Arogyam Magazine were distributed to the staff and students of Kadirur HSS.

19.08.2022: Dr.Mini Balakrishnan, Dr.Vinayak and Dr.Shabeeb Rahman were invited guests, exhibition organized by Bobby Chemmanoor at Thalassery City Centre.

20.08.2022: Dr.Jithin Suresh gave an awareness class on Kannur News Channel regarding Emergencies and the general public.

20.08.2022: Ornamental and decoration Plant saplings were distributed to Thalassery Railway station Taxi Drivers Associations for the purpose of beautification of Thalassery Railway Station premises.

21.08.2022: Kannur Dementia Care Society & IMA conducted a Care givers Awareness seminar at IMA Hallpresided by Mr.Karthy Bhaskaran and inaugurated by Mayor Adv.T O Mohanan. Book Release done by Dr.Suchitra Sudhir and Seminar inauguration and Dementia awareness class by Dr.Sajeev Kumar P B.

Dr. Mini Balakrishnan welcomed the gathering & Mr. M Mukundan was the chief guest for release the book by handing over the book to Transgenders Sandhya and Binoy.



21.08.2022: Dr. Mini Balakrishnan attended the Membership promotion North Zone Meeting.

21.08.2022: Dr. Shyjus inaugurated Dheera Programme on Violence Against Girl Child.

21.08.2022: Dr. Mini Balakrishnan, Dr. Geetha Mekkoth and Dr. Sreeja Viswan visited aged and debilitated members at their residences and handed over Onam gifts in connection with World Humanitarian Day.

21.08.2022: Branch members attended the National Ethics Committee Meeting.

24.08.2022: Blood Donation Camp at Koodarapura Charitable Trust inaugurated by Dr. Nazimudheen C P; Donation to Press Forum for Charity and Onam Celebration.

25.08.2022: Emergency Life Support Hands on Training for doctors. Awareness class and BLS Training handled by Dr. Pushparaj S R, Dr. Anand K, Dr. Shameel Usman, Dr. Devaraj T V and Dr. Nadeem Abootty.

28.08.2022: IMA hosted AMS Kerala State Chapter North Zone Conference "Amalgam 2022" at Hotel Navarathna Inn, Thalassery. Flag Salutation by Dr. Aravind C Nambiar & address by Dr. Sasidharan K. Dr. Sanjeev Kumar M welcomed the gathering & inauguration by Dr. Babu Ravindran T N. Dr. Lalith Sundaram presented the Annual report. Dr. Ramesh R, Dr. Srikumar Vasudevan, Dr. P Narayanan & Dr. Mini Balakrishnan spoke at the event & vote of thanks by Dr. Sreejith V.



31.08.2022: CME on Health and Happiness in Midlife by Dr. Shyjus P and Role of FCM in Anaemia by Dr. Geetha Mekkoth.

31.08.2022: Emergency Life Support class for Nursing students of Josgiri hospital; Dr. Anand took ELS & First AID Class.

31.08.2022: Dr. Shameel took an ELS class at Chirakkara Higher Secondary School.

31.08.2022: Dr. Anand took an ELS class at Koduvally Higher Secondary School.

An article on "The magic potion to treat diarrhoea" -ORS written by Dr. Dhanya M K got published in "IAP TODAY".

Election Voters List Published.

Pain and Palliative Reports: Nurses Home Care 9, Volunteers Home Care 9, Nurses Home Care Patient 41, Volunteer Home Care Patient 41, OP-4, OP Patient 76, Cancer Patients 48, Wound Care Patients 6, Catheter Patients 9, Death Case 8, Number of Morphine Patients 29, New case 22.

18	BRANCH	- KUNNAMKULAM
	PRESIDENT	- DR. DITTO TOM. P
	SECRETARY	- DR. UNNIKRISHNAN T

02.08.2022: Executive Meeting cum Organising Committee Meeting of IMACON at IMA House, Kanipayur. Various sub committee reports were presented in the meeting and discussed the progress of forthcoming annual state conference. Delegate registration and other subcommittee activities were discussed in detail.

07.08.2022: Executive Committee & decided to give a reception to state leaders as a token of appreciation for their leadership activities. State President Dr Samuel Koshy, Secretary Dr Joseph Benaven, Treasurer, Senior vice president Dr Gopi Kumar P, Dr Alex Franklin, Dr Sugathan ME and various other state leaders visited the venue of forthcoming IMACON 2022, TELKON International Convention Centre, Kunnamkulam. The team congratulated IMA Kunnamkulam for selecting an extraordinary venue for the smooth conductance of State Conference 2022 & gave a warm reception to



state leaders and honoured them with the “Ponnada”.
15.08.2022: 75th Independence Day by flag hoisting ceremony at IMA House, Kanipayur.



19 **BRANCH - NEDUMANGAD**
PRESIDENT - DR. MOHAMMAD ASHRAF P.A
SECRETARY - DR. HEMA FRANCIS

09.08.2022: Executive Committee Meeting.

11.08.2022: Attended DC Meeting to discuss about ELS Training and State annual conference through zoom.

13.08.2022: IMA and WDW in association with KSHEMA integrated development social service society organized an awareness class at Malankara church hall, Charuttukonam. “Healthy Women for a Healthy Nation” focused on educating the youth and older women on the importance of taking preventive measures and screening to stop breast cancers and Gynecological cancers in women presided by Dr.Hema Francis, Medical Officer IISER – Trivandrum spoke about breast diseases and the importance of early detection of breast cancer in women. Fr. George Vettukattil, Director welcomed the audience and speakers & Fr. Jose felicitated the event; vote of thanks by Ms.Julie Martin.

13.08.2022: ELS and First Aid training to NSS



Volunteers of Govt VHSS, Vellanad by Dr.Hema Francis.

15.08.2022: Hoisted the National Flag at IMA House Nedumangad by Dr.Mohammad Ashraf, President IMA Nedumangad.

16.08.2022: ELS and First Aid training to NSS Volunteers of Govt. VHSS,Veeranakavu, Iqbal VHSS, Peringamala & Govt VHSS, Poovachal by Dr.Hema Francis.

20.08.2022: General Body Meeting. President Dr. Mohammed Ashraf presided the session and Dr. Sagar T welcomed the gathering, Secretary presented the minutes of the previous meeting and report of activities.

CME on “Mental Health of Doctors” by Dr.Krishnan.S- Prof Dept Psychiatry, Govt medical college, Trivandrum.

20 **BRANCH - MUVATTUPUZHA**
PRESIDENT - DR.ANNIE UTHUPPAN
SECRETARY - DR.MANJU RAJAGOPAL

11.08.2022: General Body meeting & CME on ‘Litigation on Medical Practice- Present Scenario’ by Dr Cyriac Thomas, Secretary IMA PPS; flag salutation by Dr Lakshmi & President Annie Uthuppan welcomed the gathering and delivered the presidential address & requested junior members to enrol in various schemes of IMA and also suggested a family tour; minutes presented by secretary. Dr Alex Itticheriya, District Representative of PPS introduced the speaker and topic and moderated the session. Memento presented to speaker by Dr Vinod P K, vote of thanks by Secretary Dr Manju Rajagopal.

14.08.2022: SWC meeting attended by secretary Dr Manju Rajagopal at IMA House, Periyar, Aluva.

22.08.2022: Executive committee meeting discussed onam celebrations, Branch office bearers for 2022–23, further work in the purchased land, participation in the state annual conference at Kunnamkulam,



Family tour.

28.08.2022: Midzone Fest of Women Doctors Wing, Kerala at IMA House Kaloor attended by President Dr Annie Uthuppan and Secretary Dr Manju Rajagopal.

21	BRANCH	- PERINTHALMANNA
	PRESIDENT	- DR. MOHAMMED ABDUL NAZAR E.K
	SECRETARY	- DR. JALEEL K.B

01.08.2022: Breast feeding Week inauguration at Moulana Hospital, Perinthalmanna.

07.08.2022: BCLS Training was organised by IMA in association with ISA Malappuram city branch and trained 40 persons. Dr.Sasidharan P, Dr.Brejesh Ravi Varma, Dr.Jaleel KB, Dr.Muneesh were the trainers.

12.08.2022: COLS and ELS training to staff of Moulana Hospital; Dr Vipin and Dr Sasidharan were trainers for the program.

15.08.2022: Independence Day celebrated at IMA House by hoisting the flag by President Dr. Mohammed Abdul Nazar.

It was requested all our members to hoist the flag at their house and to send the pictures to print in AMSCON Souvenir. Good response was received and offered prizes for first three places.

18.08.2022: General Body Meeting at IMA House Perinthalmanna. Dr. K.A. Seethi, Medical Superintendent handed over the cheque of 1,40,000/- to organising committee chairman Dr.Shanavas K.P. It is the registration fees of all the doctors of Moulana hospital, Perintalmanna.



26.08.2022: CME (AMS) at IMA board room. Prof Dr Suvarna, Calicut government medical college presented the topic on newer anticoagulant, anti-platelet. Dr. M A Nazar E K moderated the session on zoom platform.

Conducted organising committee meetings on all Thursdays in August at board room of IMA house.

22	BRANCH	- MAVELIKKARA
	PRESIDENT	- DR.SONIA SURESH
	SECRETARY	- DR. K. DILEEP KUMAR

11.08.2022: Dr Sonia Suresh inaugurated Azaadika Amrit Mahotsav program at Saint Mary's cathedral public school Puthiyakavu & prizes for the hepatitis quiz winners (conducted on 29th July) were also distributed on the occasion.



14.08.2022: ELS Training Program was conducted for students of NSS at Chathiyara school. Hands on training was also imparted.



21.08.2022: A camp was conducted for policemen stationed at Mavelikara CI office. BMI, BP and blood sugar measurements were done.

27.08.2022: General body and CME on total knee care and liver by Dr. Jacob Varghese, Senior consultant joint replacement, LHRC Kochi and Dr Abishek Yadav, Director, comprehensive liver care, LHRC Kochi.

23	BRANCH	- KODUNGALLUR
	PRESIDENT	- DR. SHELLY K.S
	SECRETARY	- DR. ABILASH M.T

02.08.2022: ELS programme was conducted by Dr Ajay for ASHA workers and panchayat staff of Edavilangu family health centre. GB meeting with CME on universal solution for diabetic management by Dr. Sreejith (Endocrinologist, Amala medical College).



14.08.2022: ELS programme was conducted by Dr. Kishor for the students of NSS camp in JTS School.

15.08.2022: National Flag hoisting was done by Dr.Shelly.

16.08.2022: Executive meeting was conducted for discussion about coming Onam celebration.

21.08.2022: Medical Camp was conducted in association with Sree Narayana Samajam at Samajam hall. Dr.Shelly and Dr Nasar conducted ELS training programme for the public of about 107 people who attended the camp.

23.08.2022: GB meeting with CME on Urology topics of stone management and BPH management by Dr.Vishnu Raveendran & Dr.Rajanikanth.V.S. Dr Sugathan M E chaired the session.

24 BRANCH - PERAMBRA
PRESIDENT - DR. SACHITH. D
SECRETARY - DR. SHEEJA
VISWANATHAN

15.08.2022: Dr.Geetha&Dr.Saleekha Gave ELS training to NSS unit of Meppayoor Vocational Higher Secondary School.



17.08.2022: GB&CME on cervical spondylosis by Dr. Rajesh P.Nair, Neurologist and honoured Dr.Abdul Razik.

18.08.2022: Conducted Eye Camp at Nochad in association with residence.

22.08.2022: Dr.Jithesh gave training for students of Perambra Higher Secondary School. Dr.Sachit's weekend classes for parents of children with learning disabilities are going full swing.

25 BRANCH - PATTAMBI
PRESIDENT - DR GEETHA V C
SECRETARY - DR KHALEEL MAJID
MAYYERI

04.08.2022: ELS training conducted by IMA Pattambi at PHC Karukaputhur for Asha workers.

27.08.2022: Online Executive Committee Meeting.

30.08.2022: Members attended District Convention at Palakkad IMA Hall.

31.08.2022: General Body Meeting and CME on 'Was About Possibilities of Interventional Radiology' by Dr Rinoy R Anand.

26 BRANCH - THALAPPILLY
PRESIDENT - DR. P.M. SALEEM
SECRETARY - DR. SHEHABUDEEN E.A

09.08.2022: Executive Committee Meeting at IMA hall Wadakkanchery discussed about office bearers for IMATHalappillybranch upcoming term.

31.08.2022: General Body Meeting at Deliza Residency Wadakkanchery. Dr Devadas Past State President of IMA was the chief guest discussed about various schemes of IMA. Many members registered for the state conference of IMA to be held in November. Dr Byju Thrissur district chairman of IMA also attended.



27 BRANCH - CHALAKUDY
PRESIDENT - DR. THILAKAN C
SECRETARY - DR. PRAKASH V

26.08.2022: Monthly Clinical Meeting, flag Salutation by Secretary, welcome speech & Presidential Address by Dr.Thilakan. Dr. Prakash V presented the minutes of the Previous meeting & read out the reports of the Executive meetings and Activity Report during the last month. Dr. Prakash V gave a talk on "Current updates in management of Osteoporosis and introduction to newer drugs". This was followed by interactive discussions about Onam family meet & Elections for the post of branch Office bearers. Dr. R.V. Prasad as Returning Officer for branch elections by the Executive committee.

28 BRANCH - JUBILEE MISSION
PRESIDENT - DR. HARRIS PAUL
SECRETARY - DR. SEBASTIAN
VALIAVEEDAN

Decided to bring out a directory of IMA Jubilee Mission Branch members and associate members. Dr Naveen Issac John, Plastic surgeon is elected as coordinator for IMA students wing from our Branch.

29 BRANCH - CHERTHALA
PRESIDENT - DR. SHYLAMMA K
SECRETARY - DR. JOHN MATHEW P

30.08.2022: General Body meeting at IMA Hall Cherthala. President, Dr.Shylamma welcomed the gathering and delivered the presidential address. Secretary, Dr. John Mathew presented the minutes

of the last General body meeting. Joint Secretary, Dr. Manu Pradeep presented the minutes of the last Executive Body meeting.

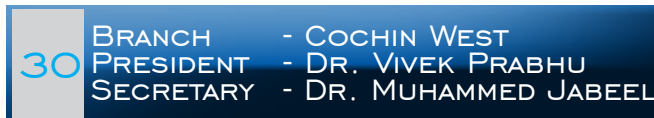


The CME session featured two talks: Dr. Neena Ananthan spoke on the topic “Applications of Endoscopy in Gynaecology” Dr. U Muralikrishnan delivered a talk on “Obstetric Analgesia or Labor Analgesia”. Both speakers then engaged in an interactive Q&A session with the audience afterwards. The CME was sponsored by Kinder Women’s Hospital and Fertility Centre, Cherthala.



Dr Subhash, the newly appointed Election returning officer addressed the gathering.

14.08.2022: Dr. Sudeep attended SWC Meeting.



08.08.2022: Participated WDW Midzone Fest Chingotsavam at IMA House Kaloor. Dr.Nirmala, Dr.Sujatha & Dr.Sindhu performed.

10.08.2022: Executive Committee Meeting.

12.08.2022: Students of Aquinas College, Palluruthy engaged a program by Dr. Suresh Kumar on the



topic ‘Sex Education and Awareness’ at the college premises. Separate sessions were conducted for boys and girls. Dr Jabeel also participated in the program which was utilised by over 200 students.

24.08.2022: CME and General Body meeting at Hotel RAAS Residency, Thoppumpady.

Interventional Radiology –“Pinhole Procedures’ by Dr.Lijesh Kumar, HOD & Senior Consultant Dept. Of Endovascular and Interventional Radiology, Lise Hospital, Ernakulam. Chairperson was Dr.Satish Prabhu, Professor of Surgery & Consultant Paediatric Surgeon, MOSC Medical College, Kolenchery.



07.08.2022: CME on “IMA SOUTH AMSCON 22” at Rotary Community Centre, Beach, Kollam.

11.08.2022: Executive Committee meeting

12.08.2022: Blood donation camp by PASWA. Dr. Anitha Balakrishnan (Blood Bank Medical Officer) coordinated blood bank activities.



15.08.2022: Observed Independence Day, flag Hosting done by Dr. Babu Chandran, District Committee Convener.

26.08.2022: General Body Meeting & CME on "Surviving Surgical Surges" by Dr.S.Hari Govind, N S Co-operative Hospital, Kollam.

28.08.2022: General body meeting and Onam celebration at IMA Hall.



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BRANCH - COCHIN
PRESIDENT - DR. MARIA VARGHESE
SECRETARY - DR. ANITHA THILAKAN

07.08.2022: Members visited the IMAGE Plant at Palakkad & could get an insight into the different stages of biomedical waste segregation and also the difficulties faced by the staff due to the careless attitude of health care workers including doctors in disposing biomedical waste. An awareness class on menstrual hygiene and menstrual cup was given to the workers at the plant.



Two online Covid meetings were conducted under the Scientific Committee of Cochin IMA.

10.08.2022: Executive Committee Meeting

15.08.2022: Independence Day Observed.

18.08.2022: Monthly Cochin Clinical Society Meeting.

18.08.2022: Monthly newsletter Megaphone was released.

Procedure of Election of Office bearers were started

24.08.2022: General Body Meeting and CME.

Scholarship for toppers in 10th and plus two.



Prize distribution of Kitchen King Contest and honoured Dr. Smitha Menon for her contribution towards Cup of Life and Social Media Wing.

Chingolsavam-Mid Zone fest of WDW and Onam celebrations.

Mega TOT training of Nodal Officers for Project Cup of Life as two sessions attended by over 800 volunteers.

30.08.2022: Guinness World Record event of distribution of 100001 menstrual cups in Ernakulam district to 126 Nodal Stations within 24 hrs.

31.08.2022: Cup distribution at 126 centres to 100001 beneficiaries.

31.08.2022: Official announcement and Handed over the Guinness World Record Certificate.

33

BRANCH - KUTHUPARAMBA
PRESIDENT - DR. VINAYAK MADANAGOPAL
SECRETARY - DR. GRIFIN SURENDRAN

04.08.2022: Executive Committee Meeting.

15.08.2022: Celebrated Independence day by hoisting national flag at IMA hall by president Dr. Vinayak.

17.08.2022: Awareness Class on 'Lifestyle Diseases' by Dr.Vijayshankar, Medical Officer Indian Army for students attending NSS Camp at GVHSS Kathirur. Students were also enlightened on how to check blood pressure and use a Glucometer to measure blood sugar.

25.08.2022: General Body Meeting. Dr.Rejinath Sagar, Sr. consultant ENT surgeon, Dhanalakshmi Hospital Kannur presented a talk on "Management of Acute Vertigo".

25.08.2022: Dr.Lalith Sundaram presented a talk on Eye Donation to the members of IMA Kuthuparamba.



34 BRANCH - KAZHAKOOTAM PRESIDENT - DR. SYAMLAL S SECRETARY - DR. KALPANA GOPAN P

Dr. Divya received token of appreciation from respected District Collector for Covid activities as RCH Officer, Thiruvananthapuram & Dr.Chithra received token of appreciation from respected District Collector for Covid activities as Charge Officer, Laboratory Surveillance in Thiruvananthapuram. Dr. Benny participated in World Breast Feeding Week programme conducted at SGM.

Dr.Syamlal gave a talk on the occasion of World Organ Donation Day at KIMS Health.

04.08.2022: Executive Meeting. Dr.Sudarsanan took charge as the Vice President of ISA Chapter and KPR Young Anaesthesiologists Award given to Dr. Anjali Sreevasthava.



19.08.2022: GB with CME on 'what is new in Cosmetology' by Dr. Rajesh Nair & a brief talk by Dr. Shibu on IMA Act force conducted at Karthika Park inn. Branch President Dr. Syamlal chaired the meeting and branch secretary Dr. Kalpana Gopan presented the report of last month activities. Dr. Kavitha Ravi handed over the KANAK GOEL award to Dr Sudarsan. State President elect Dr. Sulphi also attended the meeting and requested maximum registration from our Branch for the Annual State Conference.



21.08.2022: Dr.Syamlal S appointed Dr. Benny PV as the returning officer to conduct the election process. Dr. Riaz and Dr. Bindusha gave an excellent and interactive session on breastfeeding for pregnant and lactating mothers. Dr Kavitha taking over as Secretary of TMC Alumni Association from Dr.

Viswanathan.

21.08.2022: Emergency Life Support training.

35 BRANCH - NORTH PARAVUR PRESIDENT - DR.K.G.GOPINATH SECRETARY - DR. SUNIL.P.K

15.08.2022: Celebrated Independence Day by hoisted the flag by Branch President Dr Gopinath at IMA hall, North Paravur.



16 & 17.08.2022: BLS trainings were conducted in connection with NSS camps to students of GVHSS of Kadamakkudi & Njarakkal respectively. Dr Surendran led the sessions.

14.08.2022: Executive Committee Meeting.

25.08.2022: Monthly GB & CME on "Heart failure-recent updates" by Dr Sandeep R, Interventional cardiologist, Aster Medicity, Cochin.

36 BRANCH - THIRIPRAYAR PRESIDENT - DR. MOLY BABY SECRETARY - DR. AJAY RAJAN

17.08.2022: ELS Training Program.

30.08.2022: Scientific Session and General Body Meeting.

37 BRANCH - KARUNAGAPALLY PRESIDENT - DR. K. RAGHU SECRETARY - DR. SEN C.R

10.08.2022: Executive Committee Meeting.

14.08.2022: Members attended the 272nd SWC meet held at Periyar House, Aluva.

17.08.2022: ELS training classes were conducted for NSS volunteers of Govt. VHSC, Cheriyaazheekkal and John F Kennady VHSC, Karunagappally by Dr. K. Reghu and Dr. C R Sen.

31.08.2022: General Body Meeting & CME on the management of a traumatized patient in the emergency department by Dr. Johnson K Varghese, Aster Medcity, Kochi.

38

BRANCH - KOTTAYAM
PRESIDENT - DR. BIPIN P. MATHEW
SECRETARY - DR. GANESH KUMAR J.R

15.08.2022: Independence Day observed by hoisted Flag.

Conducted awareness Class for NSS Students of Devi Vilasam HSS Kumaranallor by Dr. Ganesh Kumar J.R, Branch Secretary.



39

BRANCH - NEMOM
PRESIDENT - DR. N. SREEDHAR
SECRETARY - DR. INDIRA AMMA J.

03.08.2022: South Zone Vice President attended Cabinet Meeting.

08.08.2022: Dr.Chandini Devi, handled an awareness session on "Health Issues of Adolescents" in the Doordarsan Channel under its popular programme called "Samoothyapadam".

10.08.2022: Community outreach programme at Kulathara organised on NCDs utilizing the trained volunteers in association with the Cherupazhinji Devi Seva Samithi, Kulathara.

11.08.2022: Executive Committee discussed about the forthcoming activities including the State Annual Conference, SWC meeting etc.

14.08.2022: Members attended the SWC Meeting held at Periyar House, Aluva.

14.08.2022: BLS Training at Victory Vocational Higher Secondary School, Nemom, mainly for the NSS volunteers inaugurated by Dr.N.Sreedhar, the branch President and the session was conducted by Dr.Vighnesh.



21.08.2022: Dr.Indira Amma, Secretary and Dr. Leena Ratnam, attended the District level BLS Training organised at the IMA HQ Anayara by the Thiruvananthapuram District Committee.

28.08.2022: Programme in connection with the

"National Breast Feeding Awareness Week" organized a sensitization session to women at the Mariya Nilayam Hospital, Chovvara in connection with the National Breast Feeding Awareness Week. The session was handled by Dr.Chandini Devi.

30.08.2022: GB Meeting (Virtual) & decided to conduct the GB physically on 18th September along with Onaghosham.

40

BRANCH - VANDIPERIYAR
PRESIDENT - DR. SURESH BABU N
SECRETARY - DR. MUTHURAJ P

27.08.2022: Conducted Seminar on 'Violence against Hospitals & Health Care workers' at IMA House Nadukkandam, Thodupuzha. Dr. M.N.Menon, Sirajudeen.P.A, Adv.C. Vidyasagar, K. V. Joseph IPS, Dr. Jose Joseph, Johny Lukose, Baiju Valuparambil & Dr Sajan Joseph Chazhikadan were participated.



41

BRANCH - HARIPAD
PRESIDENT - DR. SOBHANA T D
SECRETARY - DR. J. SHIRLEY

05.08.2022: The Annual General Body Meeting held at Ace Mall Hall, Haripad presided over by President Dr.T D Sobhana.

05.08.2022: CME on 'Managing Lumbar Stenosis' by Dr.Arun Ommen, Senior Consultant NeuroSurgeon, VPS Lakeshore hospital, Ernakulam.

13.08.2022: Conducted Breast feeding awareness for mothers of Haripad Thaluk Hospital inassociation with Haripad Rotary club.



17.08.2022: Conducted ELS training for NSS students of Naduvattom Higher secondary school, Pallipad. Branch President Dr.Shobana took class on

emergency life support.

23.08.2022: Conducted Building Committee Meeting. Building Committee Chairman Dr.Ramesh discussed about the construction of building.

42 BRANCH - KANJIRAPPALLY
PRESIDENT - DR. BABU SEBASTIAN
SECRETARY - DR. MATHEW P THOMAS

Conducted Academic talk on 'Common Dermatological Conditions' & the General Body Meeting have agreed to resort measures to collect buildings.

43 BRANCH - THALIPARAMBA
PRESIDENT - DR. ANOOP A R
SECRETARY - DR. BINO JOSE

06.08.2022 & 07.08.2022: "Punarjani", a prestigious program for conducting ELS training to all panchayats and municipalities in this constituency was conducted at Chapparappadavu panchayat and Malappattam panchayat respectively. The classes were led by IMA branch President Dr.Anoop AR and District Convenor Dr.Madavan.K.T.



Medical Camp: IMA & WDW along with Samaritan palliative organisation conducted a free medical camp and medicine distribution. They also offered a contribution of Rs.10000/- to the palliative activities.

15.08.2022: Independence Day celebrated by flag hoisting & family get together.

Medical CME, on "Movement Disorders and DBS" conducted with assistance from BMH, Kannur.



44 BRANCH - CHERUKUNNU
PRESIDENT - DR. P.K. ANIL KUMAR
SECRETARY - DR. ROSHNA RAVEENDRAN

Conducted BLS training at GGHS Cherukunnu in association with NSS unit of school. Dr Santhosh B Nair of Kannur IMA branch took class. Branch Secretary Dr Roshna Raveendran and Dr Rajesh O T attended programme.



45 BRANCH - PATHANAPURAM
PRESIDENT - DR. RADHAKRISHNAN NAIR P
SECRETARY - DR. RAJEEV P R

General Body Meeting & CME on 'infertility' by Dr Alex Jacob, Gynaecologist, Peniel Hospital Pathanapuram conducted at Rotary hall. Meeting was followed by cultural activities by members and their families.

46 BRANCH - KOZHENCHERRY
PRESIDENT - DR. MURALIKRISHNAN N.D
SECRETARY - DR. ARUN ABRAHAM JOSE

24.08.2022: The monthly Meeting called to order by IPP Dr Shanthamma. After silent prayer and flag salutation & addresses the gathering. She reiterated the need for the Doctor fraternity to unite against hospital violence and attack against Doctors. Two topics were presented on 'Cataract' by Dr Jacob S Mathew & on Diabetic Retinopathy and to keep a watch on it by Dr Ajaikumar.

47 BRANCH: NEYYATTINKARA
PRESIDENT: DR. AJAIYAKUMAR S.K.
SECRETARY: DR. VARUN R.V.

GB & Monthly Meeting at RB Palace Hotel Neyyattinkara presided over by President Dr SK Ajaiyakumar. The decision was taken to start IMA JDN Network of the Branch. Plan was laid out to speed up the collection of Building fund for IMA Neyyattinkara Branch. Decision was taken to conduct



Election of new Office bearers for the year 2022-23. The presentation of minutes of GB and monthly

meet of May 2022 was done by Dr Varun R V. It was followed by secretary's report in which various IMA Schemes were discussed. Few members agreed to join various schemes.



The Topic for CME were 'Newer Modalities in Brain Tumour Surgery' by Dr Arun P S and Airway Interventions by Dr Ajai Ravi sponsored by Kims Health.

48

BRANCH - CHATHANNOOR
PRESIDENT - DR. ANIL PRASAD K
SECRETARY - DR. MANOJ BALACHANDRAN

19.08.2022: General Body Meeting & CME on 'Hemorrhagic Stroke' by Dr Ajayakumar A, Consultant Neurologist of Azeezia Medical College, Kollam at Hotel Padippurayil, Paravur.

09.08.2022 & 12.08.2022: BLS training classes were taken at VHSS Mylode and Chathannoor.

49

BRANCH - NORTH WAYANAD
PRESIDENT - DR. ROSHIN BALAKRISHNAN
SECRETARY - DR. RAJESH. R

29.08.2022: GB Meeting and CME at our IMA hall, President welcomed all members. In his presidential address he briefed regarding the IMA state conference and requested members to register as early bird registration. He urged all new members to join the various schemes of IMA KSB. Dr. Gokuldev introduced speaker Dr. Sreejith, Associate Professor internal medicine, GMC wayanad.

He gave a talk on 'monkey pox', followed by an active panel discussion.

50

BRANCH - VENJARAMOODU
PRESIDENT - DR. SAJEENA A.S
SECRETARY - DR. SATHEESAN M

Executive Committee Meeting was organised through Zoom platform.

12.08.2022: International Youth Day is observed annually. It is meant as an opportunity for governments and others to draw attention to youth issues worldwide. During IYD, concerts, workshops, cultural events, and meetings involving national and local

government officials and youth organizations take place around the world. Awareness class was arranged at Govt. Higher Secondary School, Kallara by Dr Satheesan.



15.08.2022: Independence Day, a small function was organised at Sree Gokulam Medical Centre, Kallara and National Flag hoisted in front of hospital by Dr Satheesan, M, CMO of hospital and the Secretary, IMA.

21.08.2022: Attended one day District level Training of trainers program on emergency life support conducted by the Emergency Life support training committee.

Usual Executive Committee Meeting organised through Zoom platform.

51

BRANCH - FEROKE
PRESIDENT - DR. SALEENA N.
SECRETARY - DR. SANOOP E.

17.08.2022: Conducted Monthly GB and CME. Dr Shigil from Baby Memorial Hospital was the chief guest, delivered talk regarding 'Perspectives on Endocrine surgery' 'Conducted campaign to get new members and also to increase scheme membership.

52

BRANCH - NEDUMKANDAM
PRESIDENT - DR. JOSON VARGHESE
SECRETARY - DR. VISHNU MOHAN

24.08.2022: Monthly Meeting of Nedumkandam branch was conducted. Twenty one members attended. District chairman Dr Murukesan was the chief guest. Discussed the schemes and appealed to have maximum membership in different schemes.

53

BRANCH - KOYILANDY
PRESIDENT - DR. SATHEESAN. K
SECRETARY - DR. ABHILASH. C

26.08.2022: Conducted General Body Meeting and CME on 'Common perspective of CVTS surgery' by Dr. Sisir, Consultant Cardiac Surgeon, Malabar Medical College Hospital, Calicut.

23.08.2022: Executive Meeting.

54 BRANCH - TIRURANGADI
PRESIDENT - DR. SAJEEVAN E.S
SECRETARY - DR. DHINU K

14.08.2022: Monthly Meeting and CME was conducted at MKH Hospital auditorium. Dr Hasna PP Consultant, MKH Tirurangadi gave a talk on "Adolescent Health".

14.08.2022: Members attended SWC Meet held at Aluva.

55 BRANCH - PUNALUR
PRESIDENT - DR.NARAYANAN NAIR S
SECRETARY - DR.SUDHAKARAN NAIR T N

31.08.2022: General body meeting and CME at IMA Hall. Dr Kuruvilla John Medical Gastroenterologist was the speaker Topic 'Colonoscopy to do or not to do'. Dr R V Asokan spoke on various issues faced by medical profession. Meeting was sponsored by Deen hospital.

56 BRANCH - PATHANAMTHITTA
PRESIDENT - DR. THOMAS T THOMAS
SECRETARY - DR. GEORGE T VARGHESE

Celebrated Onam in a grand way with games and Onam Sadhya.

57 BRANCH - CHANGANASSERY
PRESIDENT - DR.NARAYANA PANICKER M
SECRETARY - DR.SARATH BABU S M

13.08.2022: Executive Committee Meeting.

26.08.2022: General Body Meeting to discuss branch election, district convention and Onam Celebration.

58 BRANCH - PALA
PRESIDENT - DR.JOSE KURUVILLA
KOKKAT
SECRETARY - DR.EBY CHACKO

23.08.2022: Executive Committee Meeting and General Body Meeting.

59 BRANCH - THIRUVALLA
PRESIDENT - DR.C.R.RADHAKRISHNAN
SECRETARY - DR.CYRIL JOSEPH

18.08.2022: GB meeting and CME conducted at Hotel Elite Thiruvalla. The talk was on 'Tips in Psychiatry for Non-Psychiatrists' by Dr Varghese P Punnoose, Professor and HOD, Govt Medical College, Kottayam and chaired by Dr C R Radhakrishnan.

60 BRANCH - PAYYANNUR
PRESIDENT - DR. HARIDAS M
SECRETARY - DR. T. RANJITH KUMAR

15.08.2022: Independence Day Celebration with differently abled students of MRCH Payyanur. Dr.Arathi, Dr.Ranjith Kumar, Dr.Sanika handed over gifts to the students.

25.08.2022: Monthly General Body Meeting and

CME in association with Indiana Hospital and Heart Institute at KK Residency Payyannur. Dr. T Ranjith Kumar welcomed the audience. Dr. M. Haridas presided the function. Dr.Vijaya Mahntesh S Sanlad, Paediatric Urologist handled the topic, 'Posterior urethral valve' points on postnatal management and Dr.Ramnath S Shenoy, medical oncologist handled the topic, blood cancer types and management.



61 BRANCH - KARAKKONAM
PRESIDENT - DR.SIVA SREE RANGA MK
SECRETARY - DR.SHIBU RAJ P S

12 to 18.08.2022: Observed International Organ Donation Day. Awareness Program Contest venue in VPMHSS @ NSS Camp, Vellarada. Jointly organised by 'Mrithasanjeevani' (KNOS), I FOR U Foundation (IFUF) & IMA Karakonam.



62 BRANCH - VARKALA
PRESIDENT - DR. SIDHARTHAN B
SECRETARY - DR. SAJU SAHADEVAN

13.08.2022: ELS Training for students of VHSS, Vakkom by Dr.Saju Sahadevan and Dr.Shehanaz.

26.08.2022: General Body Meeting and CME.

63

BRANCH - KOLLAM WEST
PRESIDENT - DR. MARCELES M
SECRETARY - DR. ROY MANUEL

26.08.2022: General Body Meeting & CME on 'Recent updates in Glaucoma Management' by Dr. Edwin James.

64

BRANCH - KOTTARAKKARA
PRESIDENT - DR. RAMAKRISHNAN S
SECRETARY - DR. ANIL K THARIAN

24.08.2022: General Body and CME on 'TB what's knew' by Dr Divya TB Officer Kottarkara.



65

BRANCH - VALLUVANAD
PRESIDENT - DR. SATHEESH KUMAR. N
SECRETARY - DR. SREERAJ. C

03.08.2022: Executive Meeting.

14.08.2022: Dr. Preethikumar attended SWC Meeting at Aluva.

25.08.2022: General Body cum CME.

66

BRANCH - THRISSUR
PRESIDENT - DR. JOY MANJILA
SECRETARY - DR. JOSEPH GEORGE

05.08.2022: CPR Training (COLS) @KSEB, Nadathara; Dr Joy Manjila introduced trainers Dr Binil Issac, Asstot. Prof. Jubilee Mission Medical College, Thrissur and Dr Arun Krishna A K, Anaesthetist, Daya Hospital Thrissur.

06.08.2022: 'Save A Limb Save A Life' - Observed National Vascular Day 2022. Awareness Cyclothron conducted & a press conference at Press Club, to explain the importance of Vascular Day.

11.08.2022: Executive Committee Meeting.

14.08.2022: Celebrated 75th Anniversary of India's Independence Day Award Night & Musical Evening. Dr Joy Manjila, Chaired and chief Guest, Mr M P



Surendran, Writer, inaugurated. Sr. Vice President, Dr P Gopikumar addressed; Dr R Indudharan, presented "Kavithanjali". Mathrubhumi Daily has been bestowed upon, Deshabandu Award, by IMA Thrissur for their role in the Freedom Struggle. Mr Vinod Narayanan, Thrissur Bureau Chief, Mathrubhumi, accepted the award from President, Dr Joy Manjila.



15.08.2022: Independence Day Flag Hoisting at IMA House - 'STRONG NATION' Workout.

17.08.2022: FIRST AID & CPR (COLS) Training @ Holy Family CGHSS, Thrissur, in the presence of Dr P Gopikumar - Sr. Vice President IMA KSB, Dr V Govindankutty, Dr Joseph George Secretary, Dr R Indudharan - Vice President and other members.

17.08.2022: Handed over Social Security Scheme's, Fraternity Benefitsto wife of Dr P V Francis&wife of Dr P U Asokan.

19 to 22.08.2022: Nature and Wildlife Photography Exhibition at Kerala Lalithakala Academy, inaugurated by Sr. Vice President, Dr P Gopikumar. Dr. Joseph Benaven, Secretary IMA KSB visited the Nature and Wildlife Photography Exhibition.



26.08.2022: Eye Donation Fortnight Celebration @ IMA House. Dr Shobana Mohandas presided.

30.08.2022: IMA WDW with Indian menopause society visited Ashraya bhavan old age home, Nadathara gave Rs. 10,000 to Ashraya bhavan old age home, Nadathara.

31.08.2022: Awareness Program & Distribution of Menstrual Cups, @ NIGIL Vanitha Maattoli Foundation, A Women Group of Nitta Gelatin India Limited. Fitness Sessions on every Sunday, Wednesday and

Friday of by Dr V C Manoj Kumar, with M/s Pooja Manoj.

BLOOD BANK REPORT

Total Blood collected During Camps – 649 Units
Total Blood collected at Blood Bank – 936 Units
Total blood and components issued – 2365 Units
67. Chittur

Online Executive Committee Meeting to plan on next office bearers.

68 BRANCH - GURUVAYOOR
PRESIDENT - DR. JIJU KANDANSSERY
SECRETARY - DR. VINEETH V.K

07.08.2022: Diabetic Camp by Dr.Jiju & Dr. Jamshed at Guruvayoor IMA hall.

21.08.2022: General Medical Camp by Dr.Jiju & Dr. Damodaran at Guruvayoor IMA hall.

30.08.2022: General Body Meeting and CME on 'Newer Diabetic medications and Prevention of Hospital Violence' by Dr.Jiju and Dr. Vineeth.

69 BRANCH - TIRUR
PRESIDENT - DR. AHMMED KUTTY K
SECRETARY - DR. AZIM AHDIR M.P

05.08.2022: Conducted a Refresher Training to its members on Emergency life support at Dr. K. Alikutty Memorial IMA Hall, Tirur.

14.08.2022: The members represented at SWC held at IMA Periyar House Aluva.

14.08.2022: ELS Co-ordinator Dr. Jazeel conducted an emergency life support training to NSS Volunteers at Government Girls Higher Secondary School, B.P Angadi, Tirur.

30.08.2022: Monthly General Body was convened at Dr. K Alikutty Memorial IMA Hall, Tirur along with a CME on "Management of Diabetes Mellitus in Cardiovascular diseases; What should be the ideal strategy?" by Dr.Syed Nawaz Afzal, Chief Consultant & Interventional Cardiologist, Imbichibava Memorial Co-operative Hospital, Alathiyoor.

30.08.2022:The recreation club facility at IMA Hall Tirur was declared open for members, which includes Table tennis and Carroms.

31.08.2022:The branch hosted the IMA Malappuram District Committee Meeting at Dr. K Alikutty Memorial IMA Hall, Tirur.

70 BRANCH - CHIRAYINKEEZHU
PRESIDENT - DR. BIJU R
SECRETARY - DR. PADMA PRASAD P.S

11.08.2022: Organised Haemoglobin Estimation for teenage girls at Kovilnada area.

71 BRANCH - MULAMKUNNATHUKAVU
PRESIDENT - DR. SAJEEV KUMAR P
SECRETARY - DR. RAJESH T. R

Conducted 2 Executive Committee Meetings & 2 General Body Meetings.

21.08.2022: IMA MID Zone CGPCON at Govt Medical College Alumni Auditorium. Senior Vice President Dr.Gopikumar Chaired the Inaugural Session. Dr Joseph Benaven was the Chief guest. Dr.B.Sheela, Principal Govt.Medical College Thrissur Inaugurated the function.



72 BRANCH - DESINGANAD
PRESIDENT - DR. ANUROOP SHANKER
SECRETARY - DR. VINOD S

15.08.2022: Hoisted National Flag on 75th Independence Day at branch office.



16.08.2022: General Body Meeting and CME on "Recent Rabies Guidelines" by Dr.Jeena Ramesh, Assistant Professor, Dept. of Community Medicine, GMC Kollam.



30.08.2022: Executive Meeting.

73

BRANCH - THEMMALAPURAM
PRESIDENT - DR. KUTTAMANI T.K
SECRETARY - DR. MAJEESH ANTONY

15.08.2022: Independence Day Celebration.

30.08.2022: Attended District Committee Meeting.



Onam Celebrations.

74

BRANCH - NADAPURAM
PRESIDENT - DR. PRADOSH KUMAR M
SECRETARY - DR. MANSOOR P.M

15.08.2022: Branch General Body Meeting.

75

BRANCH - THAMARASSERY
PRESIDENT - DR. K.K.THOMAS
SECRETARY - DR. AMAL JOHN JACOB

28.08.2022: GB and CME on 'Pregnancy as a window to women health' by Dr. Aruna Menon, HOD, Department of OBG, Meittra hospital Kozhikode. GB decided the election of new office bearers for the next year.

76

BRANCH - THODUPUZHA
PRESIDENT - DR. SUMI EMMANUEL
SECRETARY - DR. VIVEK S.

09.08.2022: Executive Meeting conducted at IMA Blood bank hall. Agenda was hosting district convention and IMA family tour and election of new office bearers and selection of official panel.

10.08.2022: CME ON 'Current trends in management of rectal cancer' Dr. Prakash, Sr. Consultant in Surgical Gastroenterology, Aster Medicity and on 'Third Space Endoscopy' by Dr. Jeffrey George, Consultant in Medical Gastroenterology, Aster Medicity. Presidential Address by Dr. Sumi Emmanuel talked about IMA family tour and district convention. The session was chaired by Dr. Mathews J. Choorakan, Sr. Consultant in Gastroenterology, Chazhikkattu Hospital; Vote of thanks by Dr. Anil Kumar.

15.08.2022: 75th Independence Day celebrated by hoisting the flag at IMA House Nadukandam & IMA blood bank.

27.08.2022: District Convention at IMA House Nadukandam. State president Dr. Samuel Koshy addressed the IMA challenges and issues and inaugural address by Shri P. J. Joseph MLA. Adv

Dean Kuriakose M. P. gave keynote address. Dr. Joseph Mani, Dr. P. Gopikumar, Dr. Joseph Benaven, Dr. Sumi Emmanuel and Dr. Joson Varghese addressed the occasion; Vote of thanks given by Dr. Jacob C. V.

77

BRANCH - KOZHIKODE
PRESIDENT - DR. B. VENUGOPALAN
SECRETARY - DR. SANKAR MAHADEVAN

01.08.2022: Press Meeting @ Calicut Press Club regarding the District Convention.

03.08.2022: Kozhikode District Convention at Town Hall, Kozhikode.



04.08.2022: Observation of Bone & Joint Day in association with Calicut Ortho Society & conducted ELS Basic Training for College students.

05.08.2022: Executive Committee Meeting

06.08.2022: Observation of National Vascular Day in association with Vascular Society of Kerala & conducted Cyclothon.



06.08.2022: Secretary Dr. Sankar Mahadevan felicitated the inaugural function of Cadaveric Temporal Bone Dissection workshop at Anatomy Dissection Hall, MCH.

06.08.2022: Secretary Dr. Sankar Mahadevan as Chief guest at Sri Sri Ravisankar Vidya Mandir in connection with School Achievers Day.

08.08.2022 to 10.08.2022: An online interactive programme on IMA schemes - Know your schemes 2.

11.08.2022 to 31.08.2022: IMA Help Desk in various hospitals in Calicut City.

14.08.2022: Attended State Working Committee Meeting at Periyar House, Aluva

14.08.2022: Painting Competition for kids of the members.

15.08.2022: Celebration of 75th Independence Day and Prize distribution of painting competition.

15.08.2022: ELS Basic Training for NSS volunteers @ VHSS, Meenchanatha.

17.08.2022: AMS – Monthly Meeting & CME

19.08.2022: CIMAWARS General Body meeting

20.08.2022: Second Pen (Literary Programme) an Interactive discussion with authors by Dr. T.M. Reghuram.

22.08.2022: MBS managing committee meeting.

25.08.2022: General Body meeting.

78 BRANCH - KOTHAMANGALAM
PRESIDENT - DR. A.B. VINCENT
SECRETARY - DR. BIJU CHACKO

30.08.2022: General Body and CME on 'advances in cardio vascular surgery' by Dr Jayakrishnan, Cardiothoracic surgeon. Dr Philip, Medical Oncologist gave a talk on 'lung cancer'. Dr Reguthaman talked on IMA organisation matters.

79 BRANCH - NEDUMBASSERY
PRESIDENT - DR. NIGEL KURIAKOSE
MATHEW
SECRETARY - DR. MOHAMED MUSTHAFA

13.08.2022: CME on "Stress management" by Dr Keerthi Pai who is a Consultant Clinical Psychologist in Appollo Hospitals, Chennai. Dr Keerthi is an eminent clinical psychologist with lot of academic achievements to her credit. Dr Lekha Gopal, chairperson, WDW opened the floor with introduction and welcoming the speaker and the participants.

80 BRANCH - ETTUMANOOR
PRESIDENT - DR. V.V SOMAN
SECRETARY - DR. BILIX VINAYAK P.J

20.08.2022. Executive Committee Meeting. Discussed about the activities organised next month's family meeting planning to conduct with cultural activities and drug awareness classes in schools.

81 BRANCH - KOLENCHERRY
PRESIDENT - DR. SREEKUMAR G
SECRETARY - DR. VIJY PAUL THOMAS

Awareness class on basic life skills for NSS volunteers of St.peters VHSE school Kolencherry led by our member Dr. Skaria Baby and team Emergency Medicine of MOSC Medical College Kolencherry represented by its head Dr. Ajith Venugopalan. Special Meeting to felicitate Dr. Joseph Varghese, one of our founder members and SWC member of the branch for his great years of service in MOSC Medical College.

JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven
State Secretary, IMA KSB

Link: <https://t.me/imakerala>

With best wishes from

image - CBWTF



It is our responsibility and
Commitment to keep our Green Land
away from the dangerous
hazards of Biomedical waste...



India's largest and
environmentally safe
Common Biomedical
Waste Treatment
& Disposal facility
for the entire state
of Kerala.

Serving 19,062
Healthcare
Establishments
Across the
Kerala for their
Biomedical
Waste Management

The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the
Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards



Contact us for more details....



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