



# IMA News Letter

JULY 2022



*Be Safe... Be Committed...*



INDIAN  
MEDICAL  
ASSOCIATION  
KERALA STATE BRANCH

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**Dr. Samuel Koshy**  
President, IMA KSB

# President's Column

## DEATH DUE TO RABIES

*Silence is deafening...*

More than 1.5 lakh dog bites were reported till now during this year. Many more cat bites were also reported. 21 rabid deaths have happened out of which 6 were vaccinated against rabies. This is unprecedented and is of serious concern. Animal Birth Control (ABC) rules prohibits killing of dogs and that has caused exponential growth of stray dogs in all parts of the state. Even Euthanasia of Dogs is allowed only in cases with severe diseases. Sterilisation and vaccination of dogs has been a failure and no local self government has done it successfully. With increase in number of stray dogs there is a proportionate increase of rabid dogs also. Strict registration and vaccination of Pet Dogs is not implemented and rabies among Pet Dogs has also increased. Many a times stray dogs in groups hunt human beings especially children and a fear is created among the general public.

Although there are so many allegations against the prevailing ABC rules, the question as to why even rabid Dogs with serious threat to human life are not allowed to be eliminated needs to be answered. When there is a threat to human life, culling of birds and ducks in large numbers is allowed and wild pigs can be killed in special circumstances. Suspicious policy of the Government should be changed and all stray dogs should become the responsibility of concerned local self Government. Killing of Dogs in specific circumstances should be allowed. Sterilisation and Vaccination of stray Dogs should be made mandatory and wild stray Dogs should be kept in cages by local self Governments. Vaccination of all pet dogs should be made mandatory.

Awareness programmes for public regarding prevention of Rabies should be done on war footing. Importance of immediate cleaning of site of bite under clean running water and need for vaccination from 1st day onwards should be stressed. Antirabies Immunoglobulins should be given in all cases of class 3 bites. Potency of Immunoglobulin and vaccine should be retested and adequate availability of both should be ensured. There is no cure for cases developing symptoms of Rabies except in rare occasions and hence prophylaxis either routine or after exposure through bites must be done along with restriction of stray dogs to solve the manace of rabies deaths in the society.



**Dr. Joseph Benaven**  
Secretary, IMA KSB

# From the Editor's Desk

## ETHICS

### *'The guardian of Medical Profession'*

Medical profession is at crossroads. Once considered to be a noble profession and doctors being considered next to GOD, today doctors and the profession are being hounded from all quarters be it the legislative, judiciary, executive or the fourth estate. Why? This is something we should all ponder about.

The practice of medicine has a special characteristic not found in so pronounced a manner in other occupations. Doctors deal directly and at a time when person is most vulnerable, with the immediate issue of life and death, health and illness. The patient is heavily dependent upon the technical knowledge and integrity of the doctor. The doctor thus has a unique involvement with the patient, but this relationship, between doctor and patient is loaded heavily in favour of the doctor. The patient's attitude is a complex of trust which comes from perceived competence and integrity of the doctor and paradoxically also that of distrust which comes from the state of uncertainty and vulnerability.

This ambivalence in doctor patient relationship is addressed by medical ethics which tries to guarantee the patient that the doctor will not abuse his dominance in the relationship. Thus, medical ethics is a regulatory mechanism that makes the doctor commit publicly that though medical practice is the source of his living, he will strive to the utmost for the benefit of the patient and not be driven by mere personal gain.

Ethics is self-regulation. This concept of self-regulation is strongest in the medical profession. Self-regulation implies a voluntary and internal regulatory mechanism within the profession, irrespective of whether such controls are demanded by law or others outside the profession. This concept can be traced to ancient times. The tradition set up by Susruta in India, Hippocrates in Greece and other medical sages elsewhere are examples of this concept in practice. The oaths named after them and the obligations they enforced from their pupils were not legal documents. The extremely high standards they set prompted the acceptance of these oaths by subsequent professionals in medicine right up to the present as the basis for medical ethics. In our own time, these moral codes are used during the initiation of neophytes into the profession and for self-regulation by medical practitioners belonging to private, voluntary associations. They provide moral foundations for self-regulation and a justification for the autonomy of the medical profession.

*The high standards laid down by these code of conduct has been responsible for maintaining the sanctity of the medical professional & help us to claim that doctors are professionals & not traders.*

To regain its glory and to be considered a true professional it is mandatory for every doctor to practice ethically. The reality of dealing with the life and death of patients have kept the doctors' self-image as professionals alive. This self-image also brings along the question of ethics in medical care, for a professional without ethics is seen to be retreating to trade and commerce.



# INDIAN MEDICAL ASSOCIATION

## Kerala State Branch

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Either click the link or  
download the app.



Dr. Samuel Koshy  
State President, IMA Kerala



Dr. Joseph Benaven  
State Secretary, IMA Kerala



1<sup>st</sup> July  
2022

# Doctors Day

## CELEBRATION @ IMA HQs



Indian Medical Association Kerala State Branch was blessed with the presence of Honourable Governor Sri. Arif Mohammad Khan who was sympathetic to our causes and committed himself in his address to a packed audience of more than 250 at the IMA Headquarters, Thiruvananthapuram. Dr. Marthanda Pillai delivered the message of the day.

My sincere thanks to the Host Branch, Thiruvananthapuram lead by Dr. Prasanth, President & Dr. Siby Kurian, Secretary for making it possible on such a grand scale. I have no words to express my gratitude to Dr. Sreejith R, Headquarters Joint Secretary for the meticulous arrangements and whose hawk eye executed everything to perfection. My thanks to the many leaders whose presence added splendour to the event.







**Dr. Sulphi Noohu, State President (Elect): National Award from National President for Outstanding contribution to Medical field on Doctors Day.**







**Members Conclave  
@ IMA Kozhikode on 03.07.2022**

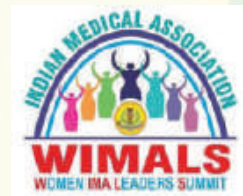


**Purchase Order to Solar on  
08.07.2022 - IMA Periyar House  
& IMA State Headquarters**



# South Zone EVECON & WIMALS

(Women IMA Leaders Summit)  
held on 16 & 17 July 2022  
at IMA Periyar House  
Aluva





# DISTRICT CONVENTIONS OF IMA KERALA

**Malappuram - 15.07.2022**



**Ernakulam - 23.07.2022**



**Alappuzha - 22.07.2022**



**Thrissur - 27.07.2022**





## Kannur - 28.07.2022



## Kollam - 30.07.2022



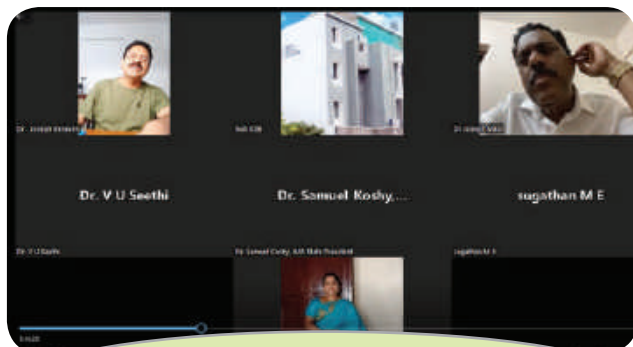
## Wayanad - 29.07.2022



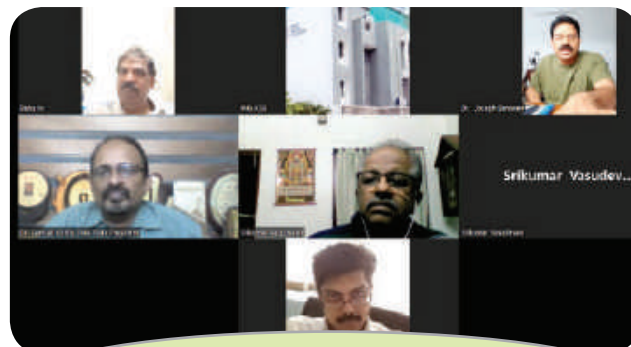
## Trivandrum - 31.07.2022



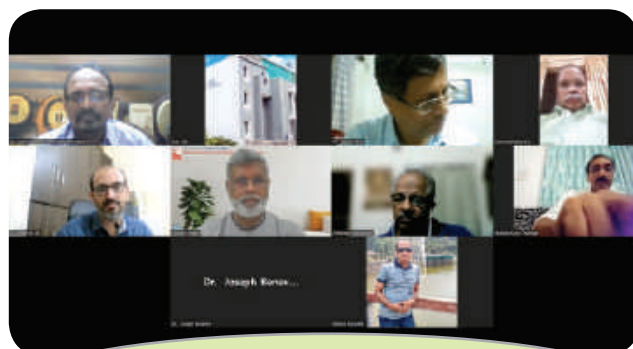
# State Activities....



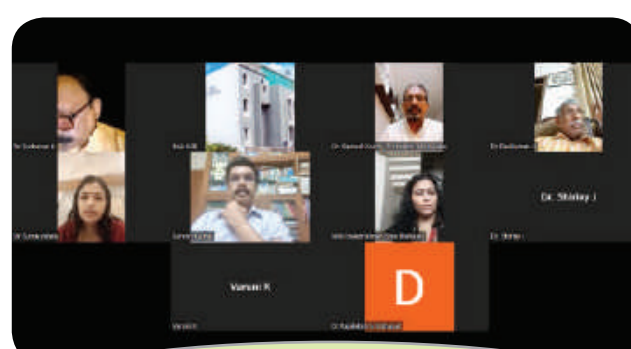
05.07.2022 - Finance Committee Meeting - SOLAR



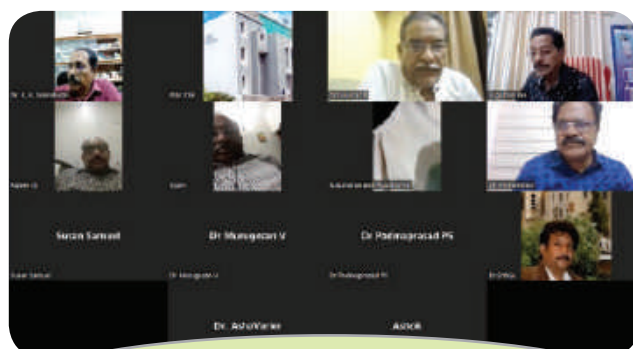
05.07.2022 - Medico Legal Committee



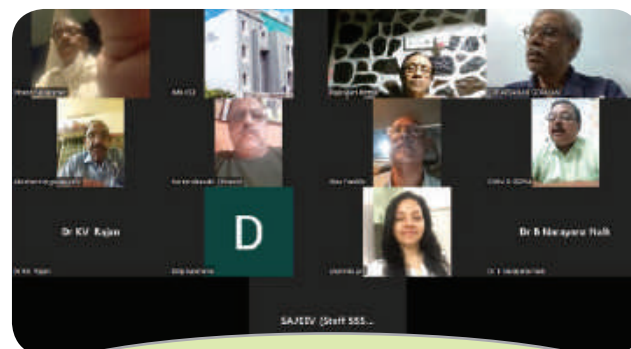
07.07.2022 - Consultative Meeting between IMA & KPHA



08.07.2022 - Discussion meeting on Child Friendly Program



09.07.2022 - PCS membership campaign meeting



11.07.2022 - SSS - 3 Office bearers meeting



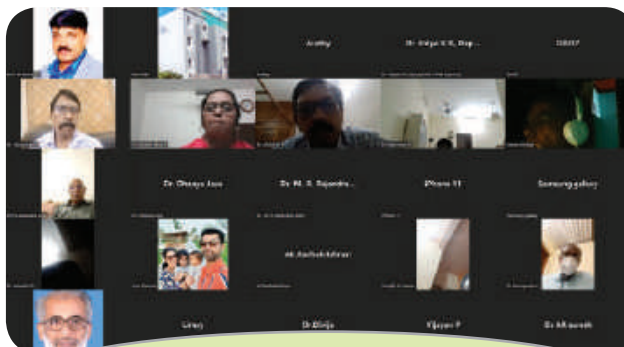
# State Activities....



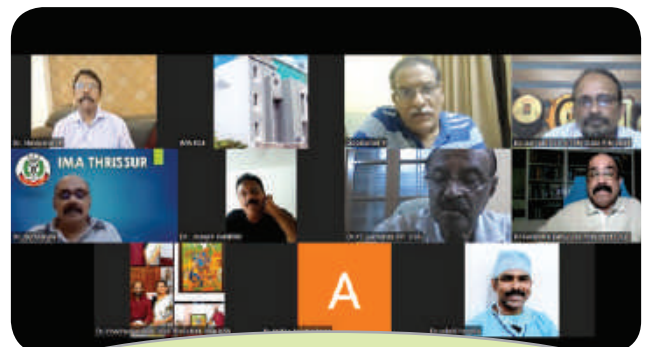
12.07.2022 - IMA Auditors & SIB Meeting



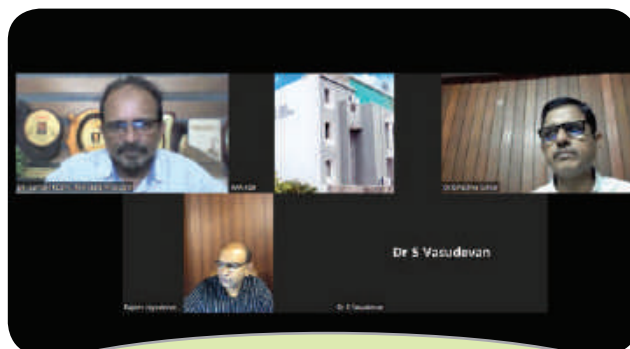
16.07.2022 - Violence against Doctors & Hospitals



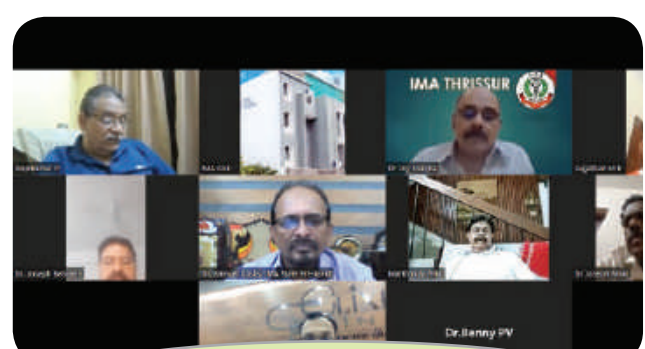
18.07.2022 - CGP Meeting



19.07.2022 - Cabinet Meeting



21.07.2022 - Research Cell & KMJ Meeting



25.07.2022 - South zone CGP Conference



# THE MANGO TREE

**Dr. Rema Krishnakumar**  
**MD, DNB (PED), DM, DNB (GASTRO), MNAMS**  
**Senior Consultant Gastroenterologist**  
**Moulana Hospital**  
**Perinthalmanna**

The mango tree... the leaves changing from dark verdant green to withered brown...the succulent mangoes in summer..little birds perched atop its branches, safely ensconced in cosy nooks..

Vasanthi gazed again. Kaleidoscopic images of her life flashed across her eyes. The little girl in pigtails and pattu pavaada (silken skirt) playing in the cool shade of the tree..a sudden flash of her as a teenager pacing feverishly beneath, memorising the oremes and poetry and still later, a crestfallen face with suffused eyes, mute protest writ large at her dad's decree that girls just didn't go to college....dreams of being a doctor shattered in a trice ... the sliced mangoes offered on the ornate plate as Ram and his family approved of her.. the sudden urge to be enveloped by its welcoming shade as she slowly walked past it in

bridal splendour.

As the years passed, her visits home became less frequent, but the mango tree stayed part of her always, coming alive before her eyes, as she took a brief respite from the household chores, the never ending cycle of cleaning – mopping – cooking and washing. Two young sons and Ram's culinary demands for a variety in cuisine coupled with household do and don'ts slowly sapping away her waning energy, she struggled and rebelled to attain the milestone of a graduate degree and started work in an neighbouring nursery school. Ram's meals needed to be piping hot when he arrived from office, he had made it very clear that there was no compromise on that at all.





The tumultuous 1970s as the country passed through the emergency, through the 1980s to the 1990s, an amazing pot-pourri of events shaped themselves in the ever changing cauldron that was India. Outwardly a competent mother with two brilliant sons, both prestigious IIT alumni comfortably placed in the tech echelons of Silicon Valley, she felt happy for them, but what was uppermost was a numbed feeling, despair and a deep longing within, what had happened to her dreams and aspirations?...



In the wee hours of a 1990s morning as Delhi slowly shook itself out of its winter chill, Ram bid farewell, a sudden cardiac event. The customary mourning period passed in a blur. Vasantha's decision to return back to her childhood home raised eyebrows. Her sons insisted she join them in the USA. She politely yet firmly declined. Ram's relatives beyond the customary formalities, couldn't bother less. Her elder brother, a busy surgeon in Mumbai, left after a brief visit, offering no support beyond a gentle pat on her back.

Perhaps it was his love for his daughter coupled with guilt at not having been supportive to her professional aspirations that propelled her dad to bequeath the ancestral home to her. Her brother had ensured that he inherited all the other family assets.

Everything was the same, yet it looked all so different, she reflected, as her gaze fell on the easy chair on which her dad had reclined all those years back. The cool interiors, the breeze, the greenery, it was all the same. She missed her parents, they were long gone. This would be her home, she resolved. Her husband's modest pension and savings were enough to help her carry on. As she peered into the mirror, for a moment she longed to see the young girl in pigtails. A careworn face in her fifties peered back at her. "Live and rediscover yourself", urged a voice within.

The sheaf of papers that had absorbed her lines and random thoughts, relegated to the back shelves, slowly found their way back into her life. Her first anthology of poems "The splendour of spring" was a runaway hit. She wrote long hours, life bursting forth

and lending her lines warmth and colour.

When an aspiring publisher came in search of "Mr. Vasantha Ram", and was taken back seeing a lady, she couldn't suppress a soft smile. She felt she had "arrived".

Short stories, novels and poetry poured forth. Creative writing and its attendant structured skills were alien to her. Insight, imagination and an inborn artistry lit up her paths. Awards and accolades came her way and she became a household name. Her burgeoning collection of books shaped itself into a library in the magical hands of Leela, a neighbour and school teacher, her ardent supporter and well wisher, and it was soon thrown open to book lovers. "Prerana", an NGO, slowly blossomed and took concrete shape. Schools, career guidance cells, shelters followed. Vasantha, true to her name, ushered in the colours of 'spring', into many a life.

The supercilious attitude of her sons didn't take long to metamorphose into grudging appreciation. Well into her seventies, her frail frame was a reservoir of positivity as she worked untiringly, as if to make up for all those years that had slipped away.

The mango tree stood majestic this morning, selflessly sporting its summer spread of beautiful mangoes. She leaned back on her father's chair. The tree became a green blur before her eyes, as tears of joy and fulfilment rolled down her eyes. Life had come full circle. The generations renewed itself just as the leaves constantly changed in hue from green to brown. The universe unfolded in all its splendour before her as she closed her eyes with a beatific smile on her face.

# ഹൈപ്പോനട്രീമിയ



ഡോ. മനോജ് കെ.റ്റി  
ചെയർമാൻ  
സ്റ്റേറ്റ് കൗൺസിൽ വിങ്ങ്  
ഐ.എം.എ

തകർന്ന ശംഖിന്റെ,  
അപ്പോഴും മിടിക്കുന്ന  
ഹൃദയം പോലെ..  
മറവിയുടെ തിരക്കാഴ്ചയിൽ  
പൊങ്ങുന്നനെ  
തുറന്നുയരുന്ന ഓർമ്മയുടെ  
കിളിവാതിൽ പോലെ

അവസാന പിടിച്ചിലിലും  
പിടി വിടാത്തൊരു  
കിളിത്തൂവൽ  
കൈവിരൽ കൂട്ടിൽ  
കൊരുത്തുകിടക്കുന്നു

പ്രണയപ്പിന്നിലുടൻ  
വിറച്ചു വിയർത്ത രാത്രി..  
മഴക്കാടിന്റെ വന്യതാളപ്പൊരുമയിൽ  
കൊട്ടിക്കയറുന്ന  
ഒറ്റച്ചെണ്ടപ്പൊരുക്കം

രാഗവും രതിയും  
മത്സരിച്ച് കുടിച്ചു വറ്റിച്ച ഇരുട്ട് ,  
വീണ്ടും വീണ്ടും നഗ്നയാക്കപ്പെട്ട  
പ്രാകൃതഗോത്ര യുവതിയെപ്പോലെ..

ഓർമ്മയുടെ തേൻകൂട്ടിലാരോ  
കല്ലെറിയുമ്പോൾ  
നില തെറ്റി,  
ചർദ് പൊട്ടി,  
പലവഴിയായി  
ചിതറിത്തെറിക്കുന്ന  
കൗമാരം..

ആരാണു നീ,  
ആരാണു ഞാനെന്നൊരു  
സന്ദേഹം  
അലതല്ലിത്തകർക്കുന്നു,  
ദിനരാവുകൾ തോറും

മഞ്ഞുമൂടിയ മലനിരകൾ  
അവ്യക്തവും  
അവാച്യവുമായ  
വാങ്മയ ചിത്രങ്ങൾ..

മറവിയുടെ പിന്നാമ്പുറത്ത്  
ഉറുവരിച്ച നിലയിൽ  
ഉപേക്ഷിക്കപ്പെട്ട  
കാലവും സ്ഥലവും വ്യക്തിയും..

എവിടെ നിന്നാണ് തുടങ്ങിയത്..  
ഇനി, എവിടെയാണ് ഒടുങ്ങേണ്ടത്..?







# WOMEN DOCTORS WING

*IMA Kerala State*

EVECON AND WIMALS - National South Zone Meeting and IMA Women Leaders Summit at IMA Periyar House, Aluva.



## KOTTAYAM

In the National South zone meeting of WDW-IMA (EVECON), almost 20 members participated. In the cultural event held at Cochin, did a fashion show and Bollywood dance. In the Family show 14 members and their kids participated & in the dance group 5 of the members participated.

## NEDUMBASSERY

Executive Meeting of members to discuss the upcoming plans for the month of August, September and October. Main agenda for the meeting was regarding the branch contribution for WDW conference at Aluva and to plan the Onam get together. Tentative date planned is September 16th.

30.07.2022: Executive Meeting to kickstart the planning the branch Onam celebrations. The meeting was called to order by Chairperson Dr Lekha Gopal and attended by the executive members. Discussion regarding forming an organizing committee from

WDW members for the Onam program was taken. Decided to conduct regular CME sessions every month. Vote of thanks by Dr Beena Harikrishna, Secretary, WDW Nedumbassery.



## PATTAMBI

29.07.2022: WDW and Mission Pink Health conducted an adolescent health class at GHSS, Pattambi to 12th Std students by Dr. Sushma MO CHC Erumapetty. Dr. Roshin Aboobacker Chairperson WDW, Dr. Febin Secretary WDW and Dr. Geetha V C MO CHC Koppam attended the class.

## KASARAGOD

03.07.2022: WDW & IMA Kasaragod celebrated Doctors Day program at Jeeva's Manasa Auditorium. President Dr. B Narayana Naik Presided the Program. Hon MLA of Uduma Mr Kunjambu Inaugurated the programme. Dr Samuel Koshy, State President was



the Chief Guest and Dr Joseph Benaven, State Secretary was the guest of honour. Dr Rekha Rai Chairperson was the master of Ceremony. Dr Malathi Madhavan Memorial Golden Jubilee award was given to WDW Member Dr Maya Mallya and Dr Pushpa Bhat memorial Golden Jubilee award was given to Dr Rekha Rai. Dr Dr Khasim T delivered Vote of thanks.

23.07.2022: WDW in association with IMA participated in ORS week celebration. Inauguration at GH Kasaragod in Association with IAP and PP Unit, as part of ORS Week. Dr Geetha Gurudas Dy Supt GH Kasaragod inaugurated the programme. Dr Preema KB took awareness class. PP unit staff and ASHA workers participated in the programme.



## THIRUVANANTHAPURAM

03.07.2022: WDW hosted south zone WDW Family Meet. Welcome by Dr.Thankam.D, inauguration by Mrs.Thara, Keynote address by Dr Kavitha Ravi. Felicitations Followed by Dr.Rajalakshmi, Dr.Sandhya Kurup, Dr. Sherly Philip, Dr. Alex Franklin, Dr.Sulphi Noohu, Dr Mohanan Nair and Dr. Prasanth C V. Honoured chief guests were Dr. Susan Samuel and Dr. Uma Mohandas. Vote of Thanks by Dr. Amba



U.G. Program was well attended in Women's wellness camp. Followed by Excellent panel discussion on women's all-round uplifting & cultural extravaganza . 27.07.2022: Conducted HIV/AIDS awareness sessions at SK hospital by Dr.Thankam D, Chairperson WDW.

31.07.2022: WDW in association with SOMA and LEO&MIA foundation conducted Breast Feeding awareness sessions at Aryassala. Excellent Sessions on importance of Breast feeding by Dr.Vidya Vimal, Pediatrician, GG hospital.

## MADHYA KERALA

01.07.2022:Doctors Day Celebration. Dr. S. K. Rajeswari Amma honoured by students and teachers of Akavoor HS, Sreemoolanagaram.Dr.Aswanikumari & Dr. Bindu Suresh was honoured by students and teachers.

01.07.2022: Dr. Bindu Suresh took awareness class on personal hygiene to students and teachers of Sri Sai Vidhyamandir HSS, Alangad.



05.07.2022: Executive Committee Meeting .

08.07.2022: Dr. Liza Thomas spoke on ill -consequences of overweight, obesity and unhealthy dietary practices in children and adolescents, at the Diabetes Detection Camp held at Kothamangalam, organized by WDW & Lions Club.

12.07.2022: Awareness Class on Drug Abuse to Bharat Scouts and Guides of Manickamangalam NSS HSS.

12.07.2022: Free lifestyle diseases screening camp was organized by IMA in association with Kanivu Pain and Palliative Care, Muthoottu Snehashraya and Chengal Ladies' Library.

14.07.2022: Dr. K. N. Sobhana examined the beneficiaries of Lifestyle Diseases Screening Camp at Parappuram.

16.07.2022: Lifestyle Diseases Screening & Awareness, Deivadan Centre Kanjoor.

17.07.2022: Members attended TOT Emergency Life Support (ELS).

17.07.2022: The National WDW South Zone fest



"Evecon Wimals" was held at IMA Periyar House, Aluva. Members attended the academic sessions.

20.07.2022: GB & Family Meet, Doctors' Day Celebration, Clinical Club. Dr. Nijith Ompedathil Govindan, (Consultant Orthopaedic Surgeon, Arthroplasty, Arthroscopy & Sports Surgeon, Lakshmi Hospital, Ernakulam) gave talk on "Arthroscopy: Possibilities & Scope".

23.07.2022: Members participated in the District Convention.

24.07.2022: Awareness Class on "Contagious Diseases: Prevention & Management" for residents of Thottakkattukara.

27.07.2022: Awareness class in connection with World Hepatitis Day, at Mar Basil HSS.



27.07.2022: Diabetes screening camp was conducted at Sreemoolam clinic, Sreemoolanagaram by Dr. S. K. Rajeswari Amma.

28.07.2022: Webinar on Ca Cervix. Dr. S. K. Rajeswari Amma felicitated the online Webinar on Cancer Cervix organized by IMA Bangalore.

29.07.2022: Thyroid Function test and Blood Sugar estimation was organized at Sreemoolam Clinic by Dr. S. K. Rajeswari Amma.

29.07.2022: IMA & WDW members attended Dr. V. C. Velayudhan Pillai remembrance meeting on virtual platform organized by IMA Nemom.

## KONDOTTY

01.07.2022: IMA & WDW celebrated Doctors Day at Afrad Hotel Kondotty. Senior Doctors were honoured and 2019 retired government doctors were



also honoured.

14.07.2022. Monthly Online General Body Meeting. Dr. Shimna Naseer, conducted Online Cookery Show, preparation of Kalthappam. Dr Fousya's daughter successfully completed MBBS & One of the member's daughter was 9 months pregnant, few of our members visited their house.

16 & 17.07.2022: National South Zone fest. WDW had 30 registration done, Dr Maji Mohammed, Dr Anitha with family, State Committee member Dr Ceriac Job participated the event. Branch received prize for budding maximum registration. One of the member Mrs Naseem Aboobacker released her recent book Thadavara on this occasion.

27.07.2022: Dr Fousya conducted class on 'Importance of immunization and Covid vaccination'.



## NEMOM

03.07.2022: WDW South Zone Conference. Members along with their family members participated in a bug way in the South Zone fest. Dr. Chandini Devi, and she led the major panel discussion in the fest. Similarly, songs of Ms. Aparna Sreedhar and a dance sequence with a theme by Dr. Suparna Sreedhar were some of the highlights of the event.

16 & 17.07.2022: WDW Kerala South Zone Fest. Though we wanted to participate in a big way, some last-minute problems made it impossible.

25.07.2022: Sensitization Session on "Adolescent Health, Menstrual Health and hygiene" by Dr. Chandini Devi in Vazhamuttom Government High School. Participated in all the other programmes of the branch including the observance celebrations various days.

Dr. V. C. Velayudhan Pillai Remembrance Day Observance and the organising committee meetings of the District Convention.

## KOZHIKODE

01.07.2022: Doctors Day Celebration. WDW past chairperson bagged the best doctor award of Kozhikode district.



12.07.2022: Gynaecology camp at FHC Kakkodi. Dr Balaguan and team lead the camp. Camp was done in association with NHM Arogya Mela.

18.07.2022: General Body Meeting.

16 & 17.07.2022: WDW Southzone EVECON & WIMALS at Periyar House, Aluva. Members are actively participated in the event.

31.07.2022: WDW Kozhikode Executive Member Dr Mini warrior bagged third prize in a quiz competition conducted by MPH.

### VATAKARA

15.07.2022: Awareness class on “ Adolescent Health Problems” for girl students of BEM higher secondary school, Vatakara by Dr. Geetha M K SeniorGynecologist .



30.07.2022: World Hepatitis Day Celebration . Class conducted by Dr. Neethu O V, Physician, Asha Health center, Orkkatteri.

31.07.2022: Awareness talk and discussion on "Menstrual irregularities and uterine growths" by Dr Sreekala Poroor in Kuriyadi Arogya committee office. Organized by Kuriyadi Araya Arogya Samrakshana Samithi in association with WDW Vatakara.



## നമ്മുടെ ആരോഗ്യം

### വരിസംഖ്യാ ഫോറം

ഐ.എം.എ നമ്മുടെ ആരോഗ്യം മാസിക ..... വർഷത്തേക്ക് താഴെ പറയുന്ന വിലാസത്തിൽ തപാലിൽ അയച്ചുതരുവാൻ താല്പര്യപ്പെടുന്നു. വരിസംഖ്യ ..... രൂപ ഇതോടൊപ്പം അയയ്ക്കുന്നു.

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### തുക അടച്ചതിന്റെ വിശദ വിവരങ്ങൾ:

മണിഭാർഡർ: മണിഭാർഡർ നം:..... തുക..... തീയതി.....

ബാങ്ക് ട്രാൻസ്ഫർ: ബാങ്കിന്റെ പേര്.....

ബ്രാഞ്ച്..... റഫറൻസ് ഐ.ഡി..... തുക..... തീയതി.....

ചെക്ക്/ഡി.ഡി: ബാങ്കിന്റെ പേര്.....

ചെക്ക്/ഡി.ഡി നം:..... തുക..... തീയതി.....

1 വർഷം : 300 രൂപ

2 വർഷം : 580 രൂപ

3 വർഷം : 850 രൂപ



# MISSION PINK HEALTH

*IMA Kerala State*

30.07.2022: Dr Mini N Warriar won the third prize in the quiz competition conducted by MPH.

## NORTH ZONE

### KANNUR DISTRICT

#### Kannur

14.07.2022: Hybrid CME on 'Identification and Stabilisation Sick Child' by Dr.S.K.Shamim Akhtar, Consultant in Paediatric Intensive Care, Aster MIMS, Kannur.



#### Payyannur

22.07.2022: Awareness Class on Nutrition to Students. Conducted, students of AVS GHSS Karivellur by Dr Ranjithkumar T, Smt A V Laiju, Panchayath president inaugurated the function.

#### Thalassery

01.07.2022: Awareness session on Health Issues of Children. Conducted Doctors Day Celebration at Vengad South UP School. Dr. Priya was honoured & gave an awareness session on Health Issues of Children.

02.07.2022: Eye Disease Detection Camp by Peecare Eye Care Hospital. Around 120 patients were screened and 25 patients were selected for

cataract. Dr.Simi Manoj gave an awareness session on Eye various reflective error and cataract.

02.07.2022: Awareness Class on Gastroenterology problem as after effect of covid. Dr. Sandeep Narayanan gave an awareness class on Kannur News Channel regarding Gastroenterology problem as after effect of covid.

03.07.2022: Awareness Class on Life Style Diseases by Dr. Nadeem Abootty on Life Style Diseases at Chempad.

03.07.2022. Free Kidney disease diagnosis Camp at Chempad.



08.07.2022: Dr. Mini Balakrishnan attended the state meeting of "Chiri" convened by State President.

08.07.2022: Booster Dose Vaccination Camp conducted at District Court, Thalassery. Adv. T P Ajith Kumar, Public Prosecutor presided the function. Sri. Jobin Joseph, District Judge inaugurated the function. Bar Association President Adv. T Sunil, Secretary Adv. Preethi Parambath and Nodel Officer Dr.Bejoy.C.P gave the felicitation.

09.07.2022: Awareness Class on Snoring and Adenoid. Dr.Hanish Haneefa gave an awareness class on Kannur News Channel.

11.07.2022: Observed World Population Day. Conducted an awareness class by Dr.RejnaDilnath.

15.07.2022: ELS Training Session for KSEB Staff at Thalassery by Dr.Nadeem Abooty.

20.07.2022: Anaemia Awareness Class for nursing students at Tellicherry Co-op Hospital.

22.07.2022: ORS Week Celebration. PP Unit in advance conducted by GH Thalassery and Institute of Nursing Science and Research, MCC.

22.07.2022: ORS Week Celebration Skit was performed by students of MCC.



23.07.2022: ORS Week awareness programme & Monkey Pox Disease awareness programme at GH Thalassery. Health Education given by Dr. Maya Jithin for staff.

27.07.2022: Flash Mob by Nursing students of MCC on the occasion of Amritham" function of Survivors of cancer victims. Dr. Mini Balakrishnan attended the programme.



27.07.2022: ELS Class – IMA Hands on CPR 10 Day at Kadirur by Dr. Nadeem.

28.07.2022: World Hepatitis Day. Dr. Sandeep Narayanan conducted a Free Fibro scan Test Camp at Tellicherry Co-operative Hospital.

28.07.2022: Dr. Mini Balakrishnan visited old age home and food with inmates.

29.07.2022: Awareness Class on Vaginal Birth After Caesarean. Dr. Sini gave an awareness class on Kannur News Channel.

30.07.2022: As part of the World Breast Feeding Week awareness class conducted at GH Thalassery by Dr. Sreedve & the state level inauguration at Kannur by the chief guest Dr. Johnny Sebastian.



## KOZHIKODE DISTRICT

### Vatakara

22.07.2022: Awareness class on adolescent health problems for girl students of BEM Higher Secondary School Vadakara by Dr. Geeta Rajeev (Sr

Gynaecologist Vatakara).



31.07.2022: An awareness talk and discussion on "Menstrual Irregularities and Uterine Growths" by Dr. Sreekala Poroor in Kuriyadi Arogya committee office. Conducted by Kuriyadi Araya Mahasabha in association with WDW.

## MID ZONE

### PALAKKAD DISTRICT

#### Pattambi

Health Education Class on Adolescent was conducted. Dr. E. Sushama presented the topic. Dr. Geetha VC, Dr Roshin Musthafa & Dr Febin also attended the programme.



### IDUKKI DISTRICT

#### Thodupuzha

Medical Camp at St Sebastian's School, Vazhithala.



## KOTTAYAM DISTRICT

### Kottayam

08.07.2022: An awareness programme on 'Menstrual Hygiene Management' was conducted along with Inner wheel club of Kottayam at Mar Baselious Public school, Kottayam on July 8th at 9am. Session was taken by Dr K Rajalakshmi, Mandiram hospital, Kottayam. Physiology of menstruation, problems related to menstruation, how to tackle the problems, how to use sanitary pad and menstrual cups etc were highlighted. 55 students attended the class.



25.07.2022: A session on 'Menstrual Hygiene' was conducted for students of St. Joseph Higher secondary School, Kottayam jointly with YWCA. The class was taken by Dr Anila Philip of Govt. Medical college Kottayam. It was a good interactive session clearing the various doubts of the students and staff.

## SOUTH ZONE

### THIRUVANANTHAPURAM DISTRICT

#### Nemom

25.07.2022: Organised a sensitisation session on "Health issues of adolescents, menstrual hygiene and menstrual health" at the Government High School, Vazhamuttom, Thiruvananthapuram under the Mission Pink Health (MPH) project of IMA. School Headmistress Smt. Sreeja inaugurated the programme. Dr. Chandini Devi, Former Chief Consultant (Obstetrics and Gynae) of Kerala Health Services conducted the session and led the ensuing interaction.



## JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

**Dr. Joseph Benaven**  
State Secretary, IMA KSB

Link: <https://t.me/imakerala>



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108

# BRANCH ACTIVITIES

1

Branch: Kodungallur

President: Dr. Shelly K.S

Secretary: Dr. Abilash M.T

02.07.2022: Celebrated 'Doctor's Day' at IMA Hall as a family get-together inaugurated by Kaipamangalam MLA Sri E.T.Taison Master. Dr Khadeeja Mumtaz Kerala Shahitya Academy Award laureate was the chief guest. Dr Vasudeva Panicker was honoured and felicitation speech by Dr Mohammed Rasheed, Dr Nadeera and Dr Ravi Kumar.

07.07.2022: Executive members visited the house of Dr Rajagopalan.K, who passed away & submitted wreath and consoled his family.

12.07.2022: Executive Meeting.

16.07.2022: Members participated in South Zone National Conference (EVECON) and performed "Thiruvathira" on stage.

19.07.2022: GB Meeting with CME by Dr Ashish S Chaudari on 'Plastic Surgery' and Dr Ajay Kumar on 'Orthopaedic cases.'

21.07.2022: ELS Training Programme; Class by Dr Ajay.

27.07.2022: Dr Suresh Babu & Dr Mohammed Rasheed participated Thrissur District Convention held at Sahitya Academy Hall.



2

Branch: Madhya Kerala

President: Dr. Rafeeq A.K

Secretary: Dr. Sagith M.A



01.07.2022: Doctors Day Celebration. Dr. N. Vijayakumar, Dr. S. K. Rajeswari Amma & Dr. Aswanikumari were honoured.

05.07.2022: Executive Committee Meeting.

12.07.2022: Francis Moothedan Raphel, took awareness class on drug abuse to Bharat Scouts and Guides of Manickamangalam NSS HSS.

17.07.2022 :Members attended the TOT Emergency Life Support program organized by IMA District Committee.

17.07.2022: Article on COPD by Dr. Akhilesh Kunoor was published in Malayala Manorama Newspaper, imparting awareness to the public.

20.07.2022: GB & Family Meet. Dr. P. Indukumar, Dr. H. Ahamed, Dr. Mathew Isaac & Dr. Lizy Mathew were honoured for their meritorious services, as part of Doctors' Day Celebration. A talk on "Arthroscopy: Possibilities & Scope" by Dr. Nijith Ompedathil Govindan.

23.07.2022: Members participated in the District Convention held at Ernakulam, organized District Committee.





24.07.2022: Dr. N. Vijayakumar received Award of Honour for dedicated services in the field of voluntary blood donation for 25 years from Minister for Minorities Welfare, Tamilnadu.

27.07.2022: Dr. Liza Thomas took an awareness class in connection with World Hepatitis Day, at Mar Basil HSS.

27.07.2022: Diabetes Screening Camp was conducted at Sreemoolam clinic, by Dr. S. K. Rajeswari Amma.

28.07.2022: Dr. S. K. Rajeswari Amma felicitated the online Webinar on Cancer Cervix organized by IMA Bangalore Branch.

29.07.2022: Members attended the Dr. V. C. Velayudhan Pillai Remembrance virtual meeting organized by IMA Nemom.

3

Branch: Guruvayoor

President: Dr. Jiju Kandanssery

Secretary: Dr. Vineeth V.K

23.07.2022: IMA & Guruvayoor Devaswom Hospital conducted a Compression only Life Support Training Program for staff of Guruvayoor Devaswom Hospital and Temple, as a part of the district convention in Thrissur. Dr. Paul O Rapheal, Convenor, Emergency Life Support gave training to the participants.



4

Branch: Valancherry

President: Dr. Mohamed Ali N

Secretary: Dr. Mohammed Riyas K.T



01.07.2022: Doctor's Day Programme inaugurated by Valancherry Municipality Chairman 'Ashraf Amabalathingal' in presence of Branch President Dr. Mohammed Ali. N and Secretary Dr. Mohammed Riyas. K.T.

5

Branch: Kottarakkara

President: Dr. Ramakrishnan S

Secretary: Dr. Anil K Tharian

01.07.2022: Doctors Day Celebration held at IMA hall Kottarakkara. Dr Bindhu Mohan DMO Kollam was the chief guest. Dr Hareendra Babu and Dr Sudha Hareendrababu were honoured.



6

Branch: Thaliparamba

President: Dr. Anoop.A.R

Secretary: Dr. Bino Jose



01.07.2022: Doctors Day celebrated with family meet, recognized senior doctors, and felicitated the sports meet winners in branch, district and state competitions.

02.07.2022: "PUNARJANI", the prestigious pilot program of IMA, to conduct ELS training for the public in all Panchayaths and Municipalities of Thaliparamba constituency was inaugurated by Honourable Minister for Local Self Government, Mr. M. V. Govindan.

16.07.2022: Conducted ELS Training Program at Kurumathoor Panchayat Hall.

17.07.2022: ELS Training was conducted at Pariyaram Panchayath.

23.07.2022: ELS Training conducted at Mayyil Panchayath.

24.07.2022: ELS Training conducted at Kuttiattoor Panchayath.

28.07.2022: IMA Kannur District Convention was conducted in various cultural programs.



7

Branch: Sulthan Bathery

President: Dr. Abdul Gafoor Kakkodan

Secretary: Dr. Sunny George Elavuthingal

19.07.2022: Class on Nature on Environmental Day and distribution of saplings to students in Greenhills.

24.07.2022: Conducted Emergency Life Support Hands on Training.

8

Branch: Palakkad

President: Dr. Arun N.M.

Secretary: Dr. Dilip Kuncheria

01.07.2022: Doctors Day Celebration at Fort Palace, Inaugurated & Presidential address by Dr. Arun N.M. Senior doctors Dr. K Venugopal & Dr. Devaki.C.R were honoured.

20.07.2022: Academic Meeting & CME on 'CT coronary angiogram and calcium scoring' by Dr Shamim

Hyder Kalenchira, Consultant Radiologist & on Topic –‘Multidisciplinary approach to Polytrauma’ by Dr Suresh Gopalan, Senior consultant Orthopaedics & Medical Superintendent.

Feasibility study for the rehabilitation of IMA Palakkad building was done by the MARS architects, Ottapalam based on the recommendations further action is planned.

9

Branch: Kanhangad

President: Dr.T.V.Padmanabhan

Secretary: Dr.Vinod Kumar.P

01.07.2022: Celebrated Doctors Day inaugurated by Prof Venkateshwaralu, Vice Chancellor – Central University of Kerala who was the chief guest speaker. The well-known Indian Sculpture Sri Kanayi Kunhi Raman was guest of honour. Senior doctors Dr Abdul Hafeez M P, Dr V Kunhambu Nambiar and Dr Joy Joseph were honoured.

10.07.2022: Observed First Death Anniversary of Dr K G Pai.

11.07.2022: Attended District Committee Meeting in online platform.

12.07.2022: Executive Committee Meeting and discussed the forthcoming District Convention.

21.07.2022: In association with IAP Kanhangad, an awareness program on the topic ‘Financial planning through Stock Market’.

29.07.2022: General Body Meeting and CME on ‘Approach to Viral Hepatitis’ by Dr Kishore Kumar & observed World Hepatitis Day.



10

Branch: Mavelikkara

President: Dr.Sonia Suresh

Secretary: Dr. K. Dileep Kumar



01.07.2022: Doctor's Day Celebrations. IMA Mavelikkara team visited the senior members who are ailing and unable to travel for the meetings at their respective homes and felicitated them and spent some time with them.

29.07.2022: Observed World Hepatitis Day in association with Saint Mary's Cathedral Public School, Puthiyakavu conducted a Hepatitis Quiz.

29.07.2022: General Body Meeting and CME on bone marrow transplant by Dr Deepak Charles.

11

Branch: Kasaragod

President: Dr.B Narayana Naik

Secretary: Dr. Khasim.T

02.07.2022: Conducted ELS Training to the members of Health Club Organisation at UP School, Anangoor.

03.07.2022: Doctor's Day celebration and Golden Jubilee Award distribution ceremony conducted in Dr C A Abdul Hameed Memorial Auditorium at Jeevas Manasa Auditorium inaugurated by Adv C H Kunhambu, Hon MLA of Uduma Constituency. Program was presided by Dr B Narayana Naik. Golden jubilee Awards for ASHA workers have been awarded by Hon MLA to 15 ASHA workers, 5 from municipality and 1 each from 10 neighbouring panchayaths. State President Dr Samuel Koshy was the Chief guest and State Secretary Dr Joseph Benaven was the Guest of Honour. Dr Bharathan A V and Dr Rajamohanam were honoured and Smt Shelgimol, Nursing Tutor JPHN School GH Kasaragod was awarded with Dr K A Captain Shetty Endowment award. Dr B S Rao Golden Jubilee awarded to Dr Venkata Thejaswi and Dr Ananth Kamath. Golden Jubilee Award to Dr Rakesh. Dr Malathi Madhavan Memorial Golden Jubilee award to Dr Maya Mallya and Dr Pushpa Bhat.

04.07.2022: Suvarna Annadana Program.

10.07.2022: Conducted ELS Training at Marati Boarding Hall.

11.07.2022: First batch MBFHI Staff Training.

12.07.2022: Annadana was sponsored by Dr Drishya GH Kasaragod on the occasion her birthday.

15.07.2022: Second Batch Staff Training at GH Kasaragod.

15.07.2022: Executive Committee Meeting at IMA House.

17.07.2022: Annadana was sponsored by Dr Ahmad Zahir GH Kasaragod on the occasion his birthday.





17.07.2022: ICANCL Annual State Conference and Child Abuse & POCSO Act Seminar at Hotel City Tower Kasaragod.

19.07.2022: ELS Training to branch members at IMA house.

26.07.2022: ELS Programme at GH Kasaragod conference hall to 3rd Year Nursing Students of Malikdinar.

05,15,21 & 27.07.2022: Souvenir Committee Meeting at IMA House.

23,25 & 29.07.2022: Participated in ORS Week Celebration at GH.

28.07.2022: General Body Meeting and CME on 'To Diagnose Early and Cure Cancer' by Dr Ajay Kumar & on 'Posterior Urethral Valves - Points on Postnatal Management' by Dr Vijay Mahantesh Samalad. Dr Narayana Pradeep chaired the session.

12

Branch: Vadakara

President: Dr. Haridasan P.C.

Secretary: Dr. Rakesh Raju K.K.

01.07.2022: Doctor's Day Celebration. Welcome address by Dr M Muraleedharan, Presidential address by Dr P C Haridasan, and tribute to Dr BC Roy by Dr Anandan CK. Dr Vijayaraghavan KC, retired Vice Principal and Past HOD History Department, Govt College Koyilandy was the chief guest. Senior Physician Dr.P Jyothikumar was honoured & participants and winners of IMA state sports meet and academic achievers were honoured.



09.07.2022: Executive Committee Meeting presided by Dr PC Haridas. Due to the pathetic state of IMA hall roof there is leakage of water inside hall. Hence it was decided to collect Rs 1000/- from each member for the maintenance work.

26.07.2022: General body and CME on 'Cardiac Surgery - A General Perspective, by Dr Sisir Balakrishna pillai, Senior consultant Cardiovascular and Thoracic surgery, Malabar Medical college and on 'Evolution of brain tumour surgery- Where do we stand now' by Dr Rajesh Nair P, Consultant Neurosurgeon, Malabar Medical College.

13

Branch: Tirurangadi

President: Dr. Sajeewan E.S

Secretary: Dr. Dhinu K

01.07.2022: Doctor's Day Celebration was held at Tirurangadi Service Co op Bank Auditorium. Municipal chairperson Mr Muhammedkutty was chief guest. Senior doctors Dr Salim PV and Dr Sakeena U were felicitated. Dr E S Sajeewan President, Dr M K Sribiju, Dr Laila Beegum, Dr Rakhi Suresh, Dr S R Balakrishnan, Dr T M Aboobacker, Dr K V Radhakrishnan Pillai, Dr Abdurahman Ambadi and P M Shahul Hameed were spoke on the occasion.



14

Branch: Muvattupuzha

President: Dr. Annie Uthuppan

Secretary: Dr. Manju Rajagopal



01.07.2022: Doctors Day was celebrated at IMA Hall Muvattupuzha, Flag salutation by Dr N Ajithkumar & Dr Vinod S Nair welcomed the gathering. Presidential address given by Dr Annie Uthuppan. Doctors Day message given by Dr Jacob Varghese. The Deputy Inspector General N. Ravi was the Chief guest & addressed the gathering. Dr Agnes Mathew was honoured.

16.07.2022: Attended the IMA WDW South zone conference.

17.07.2022: Attended ELS TOT programme arranged by Ernakulam DC, hosted by IMA Madhyakerala.

23.07.2022: Attended Ernakulam District Convention.

21.07.2022: General Body Meeting and CME on 'Emergency Management of Acute Stroke' by Dr Lovin George Tomy & on 'Minimally Invasive Lumbar Discectomy' by Dr Anoop Varma. Flag Salutation by Dr Sreekala Sarma &

welcome speech & presidential address by Dr Annie Uthuppan.

15

Branch: Thiriprayar

President: Dr. Moly Baby

Secretary: Dr. Ajay Rajan

01.07.2022: Doctors Day Celebration.

23.07.2022: ELS Training Program.

24.07.2022: Supported Nalambalam first Aid Camp.

27.07.2022: Attended Thrissur District Convention & conducted ELS



Training.

28.07.2022: Observed World Hepatitis Day.

16

Branch: Nedumangad

President: Dr. Mohammad Ashraf P.A

Secretary: Dr. Hema Francis



01.07.2022: GB & Doctor's Day Celebration. Dr. Mohammed Ashraf, presided the meeting. The meeting was inaugurated by Shri. Rishiraj Singh, Former DGP Kerala. Senior leader Dr. Cilcily P Thomas was honored. Felicitations were given by Dr. Dinesh, Dr. V. Vijayachandran and Dr. Ayyappan. Vote of thanks by Dr. Prakash.



03.07.2022: "Healthy Women for a Healthy Nation" IMA & WDW in association with Bharat Seva Samaj (BSS) Vithura, conducted a Breast Cancer Awareness Class and iBreast Screening at Vithura. Dr. Hema Francis, Secretary, presided the meeting & Inaugurated by Dr. V. Vijayachandran. The meeting was followed by awareness session and iBreast screening.

12.07.2022: Executive Committee Meeting.

16 & 17.07.2022: Leaders of WDW IMA Nedumangad attended National WDW South Zone Conference held at IMA Periyar House, Aluva.

18.07.2022: Attended District Committee Meeting through zoom video conferencing to discuss about District Convention.

21.07.2022: Observed BLS and CPR Day. A session on Cardiopulmonary resuscitation was conducted for health staff and others at Taluk Hospital Vithura.

26.07.2022: Attended organizing committee meeting of IMA District Convention.

31.07.2022: Attended District Convention at IMA headquarters and public function at Institute of Engineers Hall, opposite Kanakakunnu palace.



17

Branch: Kalpetta

President: Dr. Rajesh Kumar M.P

Secretary: Dr. Sreeharsha Srigeri

01.07.2022: Doctors' Day celebrated & Violence against hospitals and doctors was highlighted in the speeches.

24.07.2022: District Level Hands-on Training on ELS at Bathery was attended.

29.07.2022: Members attended the District Convention at Bathery. Past State President Dr M Bhaskaran was felicitated in the convention.



18

Branch: Balussery

President: Dr. V.C. Venugopalan

Secretary: Dr. P. Vijayan

01.07.2022: Doctors Day celebration and family meet. Dr K K Mohanan, Dr T P Mohanan and Dr P I Mohammed were honoured.

28.07.2022: General Body Meet and CME on newer treatment in stroke management and latest developments in Neuroradiology.

19

Branch: Ponnani

President: Dr. Kamarudheen.A.I

Secretary: Dr. Sandeep.K

01.07.2022: Doctors Day Celebration and family meeting. Honoured Senior member Dr Narayanan.

29.07.2022: General Body Meeting & CME on 'Endoscopic Skull Base Surgery'.

20

Branch: Trivandrum

President: Dr. Prasanth C.V.

Secretary: Dr. Siby Kurian Philip

01.07.2022: IMA Kerala State Branch and IMA Thiruvananthapuram organised doctors' day celebrations at IMA headquarters Anayara. Flag salutation by Dr Siby Kurian. Dr Prasanth CV welcomed the gathering. Honourable Governor Mr Arif Muhammed Khan was the Chief Guest. Dr Samuel Koshy, State President Presided over the function. Dr Marthanda Pillai, National Action Committee chairman have done the doctors day speech. Dr Joseph Benaven, State Secretary, Dr Mohanan Nair, Dr Sasidharan P, addressed the gathering & vote of thanks by Dr Sreejith R. Junior Doctors Network National Chairman Dr Sreejith N Kumar,





Dr Marthanda Pillai, Dr Vivek U B, Dr Swapna S Kumar, Dr Binoy along with branch president Dr Prasanth C V and Secretary Dr Siby Kurian, inaugurated the membership campaign for junior doctors network.

IMA AKSHARAM- Exhibition of Books published by Modern Medicine Doctors, an initiative to encourage writing talents of doctors was held along with a book exhibition at the same venue. It was inaugurated by Sri George Onakoor in presence of Dr Samuel Koshy and Dr Joseph Benaven.

03.07.2022: WDW South Zone Conference at IMA Headquarters.

10.07.2022: IMA in association with Lions Club conducted TOT for Emergency Basic Life Support (BLS,ALS,CPR) at IMA Trivandrum branch hall. Dr Sreejith R, Headquarters joint secretary was the chief coordinator of the event. Dr Prasanth CV, President IMA Trivandrum welcomed the gathering and took awareness class for the participants. Meeting was inaugurated by Cine artist and social activist Sri Sudheer Karamana. Mr I P former councillor, Mr Dipin, CI Vanchiyoor Police station, Dr Kannan, Lions District Governor, Dr Vijayakrishnan, President KGMOA, Dr Siby Kurian, Secretary IMA Trivandrum addressed the gathering. Dr Shiju Stanely and his team mates took class on ALS, BLS, CPR for the participants.

11.07.2022: Observed World Population Day.

16.07.2022: Executive Meeting.

17.07.2022: MOU signed between Lions club and IMA Trivandrum for promoting Basic life support classes and TOT for the general public. Official function at Sreemoolam club Trivandrum.

24.07.2022: Observed National CPR Day.

24.07.2022: ORS Cyclothon, to create awareness on ORS and promote the theme "Jodi no.1,ORS and zinc". Dr Bennet Xylem welcomed the gathering. Dr Joseph took class on ORS and it's origin. Dr Prasanth C V gave presidential address. Dr Rugmini K, President IAP TVM gave the felicitation. Dr Jaithilak IAS, Secretary to Govt. of Kerala flagged off the cyclothon. Dr Siby Kurian gave the vote of thanks. Dr Gladys George was the captain of cycle rally.

21

Branch: Thodupuzha

President: Dr. Sumi Emmanuel

Secretary: Dr. Vivek S.

01.07.2022: Monthly GB Meet and Doctors Day Celebration. A Ponnada was given to Chief Guest Dr K P Jayakumar, Former Principal & HOD, Dept of Nephrology by Dr Sumi Emmanuel. Chief guest inaugurated Doctors Day celebrations and delivered Doctors Day message. Shri Saneesh George, Chairman, Thodupuzha Municipality addressed the occasion. Dr Joy Jacob was honoured & the senior doctors those who completed 60 years of age Dr O T George, Dr Meena Soman, Dr Usha Jacob were honoured. Dr Reji Jose, Dr Anila Chacko and Dr Manesh Scaria made the gathering lively by their solo song performances. Shri Thomas Kizhakkekara, Vice-President, IMA Blood Bank felicitated the occasion. Vote of thanks by Dr Anil Kumar.

13.07.2022: CME on 'Catheter Based Management of Aortic Valve Disease' by Dr Louie Fischer, Professor & Director - Cardiac Cath Lab, MOSC Kolenchery. President Dr Sumi Emmanuel welcomed the gathering. Dr Prasad Rao briefed about CGP activities.

28.07.2022: General Body and CME on "Recent trends in Oncology" by Dr Sanju Cyriac, Consultant in Medical & Hemato-Oncology, Rajagiri Hospital. Dr Sumi Emmanuel welcomed the gathering and gave presidential address and discussed on various organizational matters.



22

Branch: Malappuram

President: Dr.Mohammed Hassan A.P

Secretary: Dr. Daber Pareed



01.07.2022: Doctors Day Celebration at IMA House Malappuram. Meeting was inaugurated by Mr. Mujeeb Kaderi, Malappuram Municipal Chairman. Senior member Dr. B. Uday kumar was honoured.

05.07.2022: Dr. Mohammed Hassan has been selected as Top Doctors from South by INDIA TODAY.

10.07.2022: Executive Committee Meeting.

15.07.2022: Members attended District level convention for Emergency Life Support at Municipal Town hall, Malappuram.

16 & 17.07.2022: Dr. Asoka Valsala attended EVENCON '22 & WIMALS, Southzone women leaders' summit.

19.07.2022: Dr. Mohammed Hassan & Dr. Daber Pareed attended meeting for Monkey pox Surveillance & Management conducted by DMO Malappuram.



23

Branch: Thalappilly

President: Dr. P.M. Saleem

Secretary: Dr. Shehabudeen E.A

01.07.2022: General body Meeting with Doctors Day Celebration. Presidents of Wadakkanchery Bar association, Rotary club, Lion's club also attended. There was ELS hands on training with mannequin lead by Dr Saleem and Dr Shehabudeen. Senior IMA members of Thalappilly branch with more than 75 years of age were honoured.

25.07.2022: Executive Committee Meeting.



24

Branch: Kazhakoottam

President: Dr. Syamlal S

Secretary: Dr. Kalpana Gopan P



Dr. Kalpana took separate sessions on mental and physical health for Sarvodaya High School Students and Higher Secondary Students. Health awareness programme for Upper Primary Students of Jyothi Nilayam School. Dr. Abdul Rasheed, Principal, Kollam Medical College inaugurated the Clinical Study Design Unit meant for research works on patients coming to the medical college.

07.07.2022: Executive Meeting in zoom platform.

Dr. Syamlal and Dr. Kavitha Ravi attended meeting conducted at Pinto lecture, Mascot Hotel.

Dr. Jiju Nooman attended the carrier guidance programme conducted by Dr. Nooman Charitable Society, Kaniyapuram Islamic Centre.

26.07.2022: General Body Meeting & CME on Emergency Life Support by Dr Shiju Stanley, HOD, Emergency Department, Ananthapuri Hospital.

30.07.2022: GB & Monthly Meeting.

31.07.2022: Members attended the District Convention held at IMA HQ, Anayara. Dr. Syamlal was a panellist in Session on Leadership Summit, the Leader in you. Dr.Kalpana Gopan coordinated a Session on Self Health and Mental Health essential tips. Dr. Shibu. R gave a talk on Act Force Guidelines on Hospital Attack. Dr. Benny gave a lecture on hospital violence prevention and management. Dr. Binoy did a session on communication skills.



25

Branch: Nedumbassery

President: Dr. Nigel Kuriakose Mathew

Secretary: Dr. Mohamed Musthafa A.K.A

23.07.2022: An Executive Zoom Meet was organized to discuss upcoming plans for the 4th quarter of this year before the current core leadership winds up their charge. Branch president Dr. Nigel Kuriakose welcomed everyone. Plan a cricket tournament, Feasibility of conducting a pilot ELS training program for senior students in Indian school was taken up.

30.07.2022: AMS Chapter in association with Aster Royal Hospital, Oman and Deenanath Mangeshkar Hospital, Pune conducted an Indo-Oman Live Endoscopy Program at the premises of Crowne Plaza Muscat.



The audience was welcomed by Dr. Ashik Sainu, introduced the topic and detailed a route map for the event followed by thought provoking and enlightening presentations by Dr.Hisham Al Dhahab, Senior Consultant Gastroenterologist, Aester Royal Hospital Oman and Dr. Amol Bapaye, Senior Consultant Gastroenterologist, Deenanath Mangeshkar Hospital Pune respectively in continuity. The topic of discussions was Third Space Endoscopy in Oman – the way forward and The Past Present and Future of Third Space Endoscopy respectively. This was followed by live case presentations and video discussions in continuity. The chair Dr. Ashik Sainu ensured a healthy discussion with audience interactions as well as a Q&A session thereafter.

26

Branch: Koyilandy

President: Dr. Satheesan.K

Secretary: Dr. Abhilash.C

01.07.2022: Conducted Doctors Day Celebration. Chief Guest Smt. Sudha Kizhakepattu (Hon'ble chairperson Koyilandy Municipality) honoured senior doctors Dr.Thomas mathew & Dr.Lizzy Thomas.

27

Branch: Thrissur

President: Dr. Joy Manjila

Secretary: Dr. Joseph George

01.07.2022: Doctors' Day Celebration. Dr Joseph George, Secretary did Flag Salutation. Paid obituary to the departed souls of our members. Dr R Indudharan, Vice President, Welcomed the Chief guest and the gathering. Dr Joy Manjila, President, Chaired. Chief Guest, Dr Mohanan K, Vice Chancellor, KUHS inaugurated. Dr P Gopikumar, Sr: Vice President, IMA KSB Addressed. Dr Sharmila P M, Joint Secretary, thanked the gathering.



Honoured Dr P K Moideen, Dr V K Mohandas, Dr Ambady Ramakrishnan, Dr T Unnikrishnan & Dr T Rajalekshmi. Special Appreciation Award to Dr. E. Divakaran.

04.07.2022: Handed over the Fraternity cheque of Late Dr V K Vijayalakshmi.

07.07.2022: Executive Committee Meeting. President Dr. Joy Manjila presided the Meeting.

09.07.2022: ANASCULPT, at Alumini Hall, GMC Thrissur. Chief Guest, Dr Mohanan K, Vice Chancellor, KUHS, Inaugurated. Guest of Honours, Dr P Gopikumar Sr. Vice President, and Fr. Renny Mundankurian, Director, Jubilee Mission Medical College Thrissur addressed. Felicitation speeches by Dr Iqbal V M – Dean, KUHS, Dr Anju Mariam Jacob & Archith. Dr Rose Xaviour, the Architect of this whole show, thanked the gathering. Followed by the preliminary round of the, Expecto Patronum Quiz competition, ECHORCHE, Face, Neck and Upper Limb painting. Chief Guest, Dr Nirmal Bhasker, State President, KGMCTA, presented the prizes to the winners and participants.



15.07.2022: Scientific Session conducted by Faculties from the Dept. of Plastic Surgery & Burns, Jubilee Mission Medical Hospital Thrissur. Dr Navien Issac John, gave a General Overview of Burns. Followed up with the Management of Burns in our Hospital, by Dr Hemang A Sanghvi.

Jubilee MMCH, Plastic Surgery & Burns unit HOD Dr Pradeoth K M, spoke on Research in Burns. To conclude, Dr Akhil Paul, Respiratory Medicine Consultant, MOSCMM Hospital Kunnankulam, presented, Muscle Loss – The New Challenge in Clinical Practice.

21.07.2022: General Body Meeting and Scientific Session. Dr Abdul Aziz, Spoke on 'Robotic Surgery – Pushing Frontiers In Minimally Invasive Surgery'. Dr Emil Joseph Eliston, Gave an Introduction to Robotic Surgery. Dr Meera Raveendran, Spoke on 'Robotics At Operation Table'. Dr Arun S Nair, presented The Gastrointestinal Malignancy and Robotic Surgery'. 'Summarizing The Robotic Surgery' by Dr Sajeer K Siddik.

29.07.2022: Blood Bank Managing Committee Meeting.

30.07.2022: MSN Meet.

30.07.2022: Observed A. P. J. Abdul Kalam National CPR Week.

Conducted the Fitness Sessions on every Sunday, Wednesday and Friday of July month by Dr V C Manoj Kumar, with M/s Pooja Manoj – Fitness Trainer.

Conducted Nine blood donation camps for the month of July 2022.

Total Blood collected During Camps – 649 Units

Total Blood collected at Blood Bank – 382 Units

Total blood and components issued – 3656 Units

01.07.2022: General Body Meeting, Third Family Meeting at IMA House & celebrated Doctors Day. State Best lyricist 2022 award winner Shri B K Harinarayanan was the chief guest. Kunnampulam ACP Shri TS Sinoj was our guest of honour. Dr Saju IPP delivered the doctors day message.

07.07.2022: Executive Committee Meeting. Combined meeting of organising committee of IMA CON 2022 & Dr Koshy George was elected as returning officer for branch elections.

17.07.2022: Discussion meeting of the state conference to be held on 12th and 13th of November 2022. Venue inspection was done by Dr Devadas K V, Organising Committee Chairman, Dr Saju PK our organising secretary and senior vice president Dr Gopi Kumar P, expressed his full support and cooperation for the forthcoming conference.

26.07.2022: General Body Meeting & CME on 'Newer therapeutic options in coronary angioplasty and valvular heart disease' by Dr Praveen Sreekumar, interventional cardiologist from Aster Medicity.

27.07.2022: Members attended the Thrissur IMA District Convention.



01.07.2022: Observation of Doctors Day.

03.07.2022: Members Conclave.

03.07.2022: State Secretary Dr. Joseph Benaven presented accreditation of age friendly hospital to Meitra Hospital.

06.07.2022: Executive Committee Meeting.

08.07.2022: A talk on World Allergy day in FM Radio.

11.07.2022: CIMAWARS liaison committee meeting.

13.07.2022: District committee meeting on zoom.

15.07.2022: Observed World Plastic Surgery Day in association with IMA AMS, Plastic Surgery Association & BMH

16.07.2022: Second Pen (Literary Programme) Interactive discussion with authors.

16.07.2022 & 17.07.2022: WDW National South Zone Conference @ Aluva

18.07.2022: Organising Committee Meeting of WDW State Conference @ Kozhikode

19.07.2022: CIMAWARS liaison committee meeting.

20.07.2022: AMS - Monthly Meeting & CME.

21.07.2022: MBS Managing committee meeting.

22.07.2022: CGP CME on Diagnosing and treatment of depression in primary care practice by Dr. Tom Varghese M, Psychiatrist, Vimukthi, GH Kozhikode.

24.07.2022: ELS Basic Training for Staff Nurses and Paramedical staff of small & Medium Hospitals.

24.07.2022: Secretary Dr. Sankar Mahadevan felicitated the Family get together of SAKSHAMA (National organisation of Disabled persons).

24.07.2022: President Dr. B. Venugopalan felicitated the inaugural ceremony of Alzheimer's & Related Society of India.

24.07.2022: CIMAWARS Liaison Committee Meeting.

27.07.2022: IMA Kozhikode with Indian Society of Anaesthesiologists Calicut city branch commemorate the death anniversary of Dr APJ Abdul Kalam as a part of CPR Week in various institutions as per IMA committee for ELS.

28.07.2022: General Body meeting.

01.07.2022: Doctors Day Celebration. Flag Salutation by Dr. Geetha Mekkoth, and Dr. Mini Balakrishnan presided over the function. Sri. Jobin Sebastian BAL, LLB (Hon'ble District & Sessions Judge, Thalassery) was the chief guest. IMA Past National Vice President Dr. T N Babu Ravindran delivered the doctors day message.



Honoured Dr. Abdulla V & Dr. Anand Kumar P G.

Tellicherry Social Welfare Trust honoured famous doctors on the occasion of Doctors Day at Paris Presidency Hall.

Doctors Day Celebration at Tellicherry Co-operative Hospital. Doctors were honoured.

02.07.2022: Eye Disease Detection Camp by Peecare Eye Care Hospital. Dr.Simi Manoj gave an awareness session on Eye various reflective error and cataract.

02.07.2022: Dr. Sandeep Sreedharna gave an awareness class on Kannur News Channel regarding Gastro Enterology problem as after effect of covid.

09.07.2022: Dr.Hanish Haneefa gave an awareness class on Kannur News Channel regarding "Snoring and adenoid".

03.07.2022: Emergency Life Support Training by Dr. Shameel for youth Brigade.

03.07.2022: Free Kidney Disease Diagnosis Camp held at Testa Community Home, Champad inaugurated by Sri. A N Shamseer, MLA & Dr. Nadeem Abootty examined the patients.

06.07.2022: Executive Committee Meeting. Dr.Mini Balakrishnan welcomed the gathering.

07.07.2022: Members attended the inaugural ceremony of New Ashraya Hospital, Mattannur. State Secretary Dr.Joseph Benaven was the chief guest.

07.07.2022: Dr. Mini Balakrishnan gave a felicitation on the new Lions Club installation ceremony.

08.07.2022: Booster Dose Vaccination Camp at District Court,Thalassery. T P Ajith Kumar(District Judge) presided the function & inaugurated. Bar Association President Adv.T Sunil, Adv. Preethy Parambath and Dr. Bejoy gave the felicitation.

08.07.2022: Dr.Mini Balakrishnan attended the state meeting of "CHIRI" convened by State President.

11.07.2022: A Condolence meeting was held on the sad demise of Dr. Damodaran Nambiar.

11.07.2022: Observed World Population Day & an awareness class by Dr.Rejna Dilnath.

12.07.2022: IMA with Surgeons Club conducted a CME on "Practical Update in Surgical Management of Thyroid by Dr.Sandeep Vijay, Assistant Professor, Head and Neck Surgical Oncology, Malabar Cancer Centre, and "Radioactive Iodine in Thyroid Cancer by Dr.Rahul A S, Assistant Professor, Nuclear Medicine, Malabar Cancer Centre,Thalassery.

13.07.2022: IMA AMS conducted a CME on "All Shoulders are not Frozen" by Dr.Sreehari C K, Senior Consultant Arthroscopy and Sports Injury, Aster MIMS Kannur.

13.07.2022: General Body Meeting.

15.07.2022: First AID Class to workers of KSEB by Dr.Nadeem Abootty.

16.07.2022: WIMA Conference EveCon attended by WIMA Members. A Cultural event Mohiniyattom done by Mrs.Soumya Nambiar. Contribution of 20,000 rupees were given made by WIMA towards EVECON.

19.07.2022: District Committee on zoom platform.

19.07.2022: Dr. Devaraj gave an awareness session on 'Varicose vein and Glue Treatment'.

20.07.2022: Anaemia Awareness Class for nursing students at Tellicherry Co-op Hospital by Dr.Mini Balakrishnan.

22.07.2022: ORS Week Celebration by PP Unit GH & Nursing science & Research.

23.07.2022: ORS Week awareness given by Dr.Maya jithin at GH, Thalassery.

23.07.2022: Monkey Pox Disease awareness programme at GH Thalassery given by Dr.Maya jithin for staff.

23.07.2022: IMA, Physicians Club in association with AMS conducted a CME on "Disorders of Potassium



balance- an overview” by Dr.Akhil P R, Consultant Nephrologist.

24.07.2022: Dr. Lakshmikutty & Mrs.Padma Ramachandran were Honoured.

25.07.2022: Emergency Life Saving Awareness Class by Dr.Nadeem Abootyat EMS Smaraka Auditorium,Kadirur. Gave financial aid of Rs.11600 which is the monthly aid & have undertaken since sometime +Rs.1944 for milk coupons at Mahila Mandiram.

27.07.2022: IMA & CGP Thalassery conducted a CME on “Monkey pox –The New Visitor to the Emerging Diseases Gamut” by Dr.Sarin S M,Associate Professor, Dept of General Medicine, Govt Medical College,Kannur.

27.07.2022: CME on “Interpretation of CBC by Dr.Mamtha Manohar(Family Medicine),Kerala Health Services. Dr. Mini Balakrishnan presided over the meeting.

27.07.2022: IMA Hands on CPR.

27.07.2022: Flash Mob by Nursing students of MCC on the occasion of “Amritham” function of survivors of cancer victims.

28.07.2022: District Convention at Kannur. Past state presidents Dr.Babu Ravindran, Dr.R Ramesh, Dr. Srikumar Vasudevan were honoured. There was a panel discussion – Moderator was Dr.Babu Ravindran and Dr.R Ramesh was one of the panellists.

28.07.2022: Observed World Hepatitis Day. Dr.Sandeep Narayanan conducted a Free Fibro scan Test Camp at Tellicherry Co-operative Hospital.

28.07.2022: Dr.Mini Balakrishnan visited old age home.

29.07.2022: Dr.Sini gave an awareness class on Kannur News Channel regarding Vaginal birth after caesarean(VBAC).

30.07.2022: In connection with World Breast Feeding Week, conducted an awareness Class by Dr.Sreedevi.

30.07.2022: Breast Feeding Inauguration.

30.07.2022: Family Tour at Coorg.

IMA Pain & Palliative Care conducted home visits on every Wednesday afternoon. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

31

Branch: Kondotty

President: Dr. Naseer.C.P

Secretary: Dr. Saibin Ahamad Sageer.PK

01.07.2022: Doctors Day Celebration started with the obituary of Dr. Veeran kutty who passed away last week. 15 doctors were owners and they shared their best experiences in life as doctors.

Monthly GB and CME on ‘TB Treatment Updates’ by Dr. Abdusalam. Small awareness was provided about ‘Monkey Pox’ by Dr Shubin, DTO Malappuram.

32

Branch: North Wayanad

President: Dr. Roshin Balakrishnan

Secretary: Dr. Rajesh R



01.07.2022: Doctors Day Celebrated. President welcomed chief guest Sri.Sreelakshmi IAS, Sub Collector Mananthavady. Presidential address by Dr. Jithendranath & briefed regarding Dr.B.C Roy in whose memory we are celebrating this day, the theme of this year-Family Doctors in Frontline, discussed the difficulties faced by doctors, and need to establish hospitals as special protection zones and the fight against mixopathy. Dr.T.V Surendran talked about the importance of listening skills and talked on his experience as a doctor following which all guests were felicitated and given mementos, all those academic achievers of previous year were given mementos.

24.07.2022: IMA District Committee held a hands-on training on ELS at IMA Bathery, members participated.

29.07.2022: State President Dr. Samuel Koshy and Secretary Dr. Joseph Benaven were attended the District Convention. Dr.Bhaskaran was honoured in the meeting. State President briefed regarding the various activities being done by state IMA for the betterment of our fraternity.





### 33 Branch: Neyyattinkara President: Dr. Ajaiyakumar S.K. Secretary: Dr. Varun R.V.

30.07.2022: General Body and Monthly Meet. Flag Salutation by Dr. Varun R V. Welcome Address and Presidential Address by Dr S K Ajaiyakumar. The need for speeding up collection of building funds was given importance. Decision was taken to start a special unit of IMA JDN network in Neyyattinkara. CME on Communication Skills, Documentation and Litigations in Clinical Practice sponsored by PPS IMA. The Chief Guest and Guest Speaker was Dr Binoy, Treasurer, PPS. The details of the upcoming State conference were presented.



### 34 Branch: North Paravur President: Dr.K.G.Gopinath Secretary: Dr. Sunil.P.K



01.07.2022: Doctor's Day was celebrated. Padmasree Dr Jose Chacko Periappuram was the chief guest. Senior member Dr Karunakaran was honoured on the occasion for his commendable service. Dr E.K Madhavan, previous Health Minister & a well-known doctor from North Paravur was remembered on the day through the memoir speech by Dr TV Francis. Educational endowment was distributed to students of various high schools of North Paravur.

16 & 17.07.2022: WDW South Zone conference & ELS TOT.

21.07.2022: Monthly GB & CME on "Hand Surgery- Specialty, Scope & Practice" by Dr Arun Ravindran, Assistant Professor in Orthopaedics, SNIMS.

23.07.2022: IMA Ernakulam District Convention were well participated by members.

24.07.2022: Refresher course in Obstructive Airway Disease (ROAD) a certificate programme by CREST, supported by Cipla was conducted at Club Mahindra Cherai in association with IMA.



### 35 Branch: Kolencherry President: Dr. Sreekumar G Secretary: Dr. Vijy Paul Thomas

23.07.2022: Branch President Dr Sreekumar, Dr Vijy Paul and Dr Shal, along with State Working Committee member Sr Joseph Varghese attended District Convention at Ernakulam.

26.07.2022: Conducted an Awareness Class on Menstrual Hygiene for school students at St Peter's Senior Secondary School Kadayiruppu.

27.07.2022: General Body Meeting with Scientific Session on 'Plastic surgeon's quest for a panacea'.

### 36 Branch: Chalakudy President: Dr. Thilakan C Secretary: Dr. Prakash V

01.07.2022: ELS & BASIC First Aid Demo-Class at UHSS, Mambra about 75 NCC cadets, NSS volunteers and higher secondary students.

02.07.2022: Doctors Day Family Programmes and Public function at St. James Hospital Auditorium, Chalakudy. Address by Rt. Rev. Mar Pauly Kannukaden, Bishop of Irinjalakuda was given before the Public function. Welcome Speech and President's Address by Dr. Thilakan. Adv. Sunilkimar K. B., DPP, Thrissur addressed the members. Felicitations by Mr. C. P. Santosh, DYSP, Chalakudy. Rev. Dr. Antu Alappadan, Director, St. James Hospital, Chalakudy. Dr. Prasad Varkey, Senior Consultant & HOD Of Orthopaedics at St. James Hospital & Dr. Anagha Menon were presented with memento for exemplary work in his field and academic excellence during medical training respectively. Drs. Jomy Johny, Jerry Jacob & Arjun P.R., who represented Thrissur district team during IMA State Sports meet 2022 were also given mementoes of appreciation.

15.07.2022: Executive Committee Meetings to discuss and finalise arrangements for the participation in Thrissur DC Convention, arranging ELS Demo class for students.

23.07.2022: An activity in connection with Thrissur District Convention, was conducted by the branch demo-class on ELS / COLS and management of choking at St. James Hospital Auditorium, Chalakudy. BLS mannequins were used. Over 150 participants from St. James Academy of Allied Health Sciences. Branch President Dr. Thilakan C., Secretary Dr. Prakash V., Past state President Dr. Sugathan ME., Branch PP

Dr. Sojan K.J. and faculty Dr. Dinesh P.S. & Dr. Reo Rajan Mathew conducted the programme. Director of St. James Hospital, Rev. Dr. Antu Alappadan inaugurated.

29.07.2022: Monthly Clinical Meeting.

37

Branch: Kottakkal | President: Dr. Rajeena Shahid | Secretary: Dr. Muhammed Shereef

01.07.2022: Doctor's Day Celebration @ Hotel Rydges Inn Honored our senior member Dr. Saidalavi on the occasion.

15.07.2022: Emergency Life Support Malappuram District Convention.

17.07.2022: Basic Life Support Session for Trainee Staff, Ambulance Drivers and Workers of Harrison Medical Centre.

28.07.2022: Monthly GB& CME on ACUTE MI MANAGEMENT IN 2022- THE LOGIC AND LOGISTICS by Dr. K.P Balakrishnan Consultant cardiologist, BKCC Hospital, Perinthalmanna @ Hotel KSCB Auditorium.



38

Branch: Adimali | President: Dr. Mohandas K | Secretary: Dr. Ajayakumar S



27.07.2022: Monthly Branch Meeting at Dhanya Hotel, President called the meeting to order & he stressed on the need for more memberships in the branch and new active office bearers. Secretary addressed those doctors who are attending meetings for the last years, without showing any inclination to become IMA Members, urging them to get their memberships at the earliest, so as to have the benefits and privileges of being one. CME on 'Renal Transplant' by Dr. Aravindh, Consultant Urologist, Dr. Nishad Raveendran, Consultant Nephrologist and Mr. Anoop Jose, Transplant Coordinator, Holy Family Hospital.

39

Branch: Cochin | President: Dr. Maria Varghese | Secretary: Dr. Anitha Thilakan

01.07.2022: Doctors Day celebrated. Honoured senior doctors Dr Gopalan and Dr Subramanyan on Doctor's Day. District collector was the chief guest. Also acknowledged the contributions of Dr Rajeev Jaydevan during the Covid pandemic.

05.07.2022: Press Meet on Cup of Life.

10.07.2022: Cochin Thoracocon.

13.07.2022: Logo launch of Cup of Life by Cine artist Sri Jayasoorya.

13.07.2022: Executive Committee Meeting.

Weekly Covid meetings conducted on all Tuesdays. Dr Rajeev Jayadevan was featured in national medias for his observations on the Covid pandemic and Vaccines.

16.07.2022: Blood Donation Camp at High Court inaugurated by Justice Anu Sivaraman.

16.07.2022: Inauguration of WIMALS and EVECON.

17.07.2022: ELS TOT Training by DC.

18.07.2022: Monthly News Letter Megaphone was published.

21.07.2022: Cochin Clinical Society Meeting was held online.

23.07.2022: IMA District Convention was attended by a large number of public and doctors. Hands on CPR Training was given to the public. A seminar on the topic 'The Good, The Bad and The Ugly on present status of Modern Medicine' was conducted followed by cultural show by MSN GMC Ernakulam.

25.07.2022. Senior Doctors Forum was held on the Zoom platform.

27.07.2022. General Body Meeting and CME.





**40 Branch: Kulanada | President: Dr. K.N. Babu | Secretary: Dr. Sreekanth K**

29.07.2022: General Body Meeting and CME on 'Management of Stroke'. President, Dr K N Babu presided the meeting. Chief guest and speaker was Dr Anilkumar Sivan, Neurologist, Believers Medical college, Thiruvalla.

**41 Branch: Cochin West | President: Dr. Vivek Prabhu | Secretary: Dr. Muhammed Jabeel**



01.07.2022: Doctors Day was celebrated by conducting a special meeting for members & their family. Chief guest was Dr. Beena (IAS, Chairman of Cochin Port Trust) and recipient of Doctors Day Honour was Dr. Savitha Prabhakar, for her magnanimous contribution to healthcare and her unstinted support to the IMA. Senior colleagues Dr. Lalji, Dr. Lilliamma & Dr. Tommy were felicitated.

13.07.2022: Executive Committee Meeting.

16.07.2022: Dr.Nirmala, participated in EVECON.

17.07.2022: Dr.Jabeel and Dr. Arun participated at the ELS Training Program at IMA Periyar House.

23.07.2022: Participated in the District Convention at IMA House, Cochin.

27.07.2022: General Body Meeting &CME on 'Holmium Laser in Enucleation of Prostate Adenoma' by Dr. Sandeep Prabhakaran (Chief Endo-urology surgeon at Aster Medicity, Ernakulam)

**42 Branch: Feroke | President: Dr. Saleena N. | Secretary: Dr. Sanoop E.**

01.07.2022: Doctors Day celebrated. Honoured 2 senior doctors of our branch and one charity worker from Kadalundy. Increased campaign to enrol new members to various schemes.

**43 Branch: Venjaramoodu | President: Dr. Sajeena A.S | Secretary: Dr. Satheesan M**

Awareness camp was arranged at Mother Theresa Public School, Kallara for their students in the subject of 'Rabbies and its vaccination and how will overcome theses' by Dr. Dwivija, WDW chairperson, IMA Venjaramood.

A camp was arranged at Mother Theresa Public School, Kallara for the awareness of 'Monkey Pox and how prevent its' by Dr. Satheesan M, Secretary, IMA , Venjaramoodu.

31.07.2022:Attended IMA District Convention at Thiruvananthapuram. Executive Committee Meeting, was organised through Zoom platform.



**44 Branch: Nemom | President: Dr. N. Sreedhar | Secretary: Dr. Indira Amma J.**



01.07.2022: Doctors Day Celebrations. Participated in the State Level Celebration held at IMA HQ Anayara. The branch conducted a virtual meeting attended & physical meeting was dropped.

03.07.2022: Participated WDW Kerala South Zone Fest.

06.07.2022: Cabinet Meeting.

08.07.2022 to 10.07.2022: JPEF Annual Global Diabetes Convention. AMS Chapter Nemom was a partner in the major academic event in

Hotel Uday Samudra, Kovalam, Thiruvananthapuram .Dr.Jothydev Kesavadev, the scientific committee chairman of the AMS Chapter was the main organizer of the conference. Dr.Mohanan Nair chaired sessions.

13.07.2022: Executive Committee Meeting.

13.07.2022: Community Outreach Programme at Kulathara. NCDs utilizing the trained volunteers in association with the Cherupazhinji Devi Seva Samithi, Kulathara. The camp was led by Dr.N.Sreedhar and Dr.Jayakumar.

16.07.2022 to 17.07.2022: Dr.Chandini Devi attended WDW National South Zone Fest.

25.07.2022: Awareness Programme on "Adolescent Health, Menstrual Health, Menstrual irregularities and menstrual Hygiene" by Dr. Chandini Devi at Vazhamuttom Government High School.

27.07.2022: CME on "Fix the Fasting First and Break the Hyperglycaemia cycle with Basal Insulin" by

Dr. Mohanan Nair in Virtual.

29.07.2022: ELS Basic Training to teachers of Maranalloor High School. Dr.V.Mohanan Nair, inaugurated the session and Dr. Vighnesh conducted the session.

29.07.2022: Observance of Dr.V.C.Velayudhan Pillai Remembrance Day. Dr. A.Marthanda Pillai, the past National President was the chief guest of the day and Dr.R.V.Asokan, the former HSG of IMA delivered the remembrance address.



30.07.2022: CME on "Newer modalities in Brain Tumour Surgery" by Dr.Arun.P.S, Senior Consultant in Neurosurgery in KIMS HEALTH. The session was chaired by Dr.N.Sreedhar&Dr.Arun Shankar introduced the faculty. Dr.A.S.Pradeep Kumar welcomed the house and Dr.J.Indira Amma proposed vote of thanks. Dr.Mahadevan, Former president adorned the speaker with a "Ponnada".

45

Branch: Karunagapally

President: Dr. K. Raghu

Secretary: Dr. Sen C.R

01.07.2022: Doctor's Day celebrated with MLA Mr. C. R. Mahesh as the chief guest. Honoured Dr. A. Kasim kunju on the occasion and conducted Variety entertainment programmes.

13.07.2022: Executive Committee and association matters were discussed.

26.07.2022: Attended the online meeting of IMA Kollam Dist. Committee.

27.07.2022: General Body cum CME on the past, present and future roles of Interventional Pulmonology in the diagnosis and management of pulmonary lesions by Dr. Ajay Revi, Consultant Pulmonologist of KIMS hospital, Trivandrum.

30.07.2022: Dist. Convention at IMA Centre, Kollam.

One new life member was enrolled in IMA. Similarly, eight new members were enrolled in SSS 2 and one new member each in SSS 1, SSS 3 and in PP Scheme.

46

Branch: Perinthalmanna

President: Dr. Mohammed Abdul Nazar E.K

Secretary: Dr. Jaleel K.B

01.07.2022: Dr. Sasidharan P attended Punarjani.

01.07.2022: Doctors Day Celebration. Welcome address by Dr. Rema Krishnakumar. Dr. Fazal Gafoor was the chief guest. Dr. KA Seethi past president introduced the chief guest.

Doctors' day message was given by Dr. Fazal Gafoor from his fifty years of experience as physician. Majority of audience were JDN members. In the same function gave a felicitation for football team of IMA Perinthalmanna (State champions in football). Honoured 3 Senior doctors from the branch: Dr. Mohammed Ismail, Dr. Sebastian NM, Dr. Sr Lisset. Appreciation awards for kids with best performance in 10th, 12th, entrance exams also distributed in the function. Councillors from municipality, office bearers of Indian dental association, press forum, palliative society also were the guests. Quarterly newsletter (Bits & Bites) was released by Dr. Hameed Fazal, Deputy medical superintendent of MES Medical College.



ELS Class for Trauma Care Volunteers. Training given to trauma care volunteers of Perinthalmanna station unit under the guidance of Dr. Sasidharan P. Program was inaugurated by municipal chairman Sri Shaji. P.

Conducted ELS Training for teachers.

26.07.2022: General Body Meeting and CME on 'Role of RTPCR in infectious diseases' by Dr. Anoop Kumar AS, Intensivist of Baby Memorial Hospital Calicut and CME on 'NTEP Updates for Private Practitioners' by Dr. Suhail N, HOD Pulmonology, MES Medical College, Perinthalmanna.

General body discussed about upcoming AMSCON and about Maintenance works of IMA House.

31.07.2022: Attended Educational Project Meeting ( KRIA) of Perinthalmanna MLA Sri Najeeb Kanthapuram. Attended in Discussion about the inaugural function of Civil Service Academy.

Pakal Veedu - Day care for Palliative Patients and old age patients at IMA Palliative Hall.

21 & 28.07.2022: IMA in association with Moulana Hospital observed national CPR week by starting a permanent training centre for public in front of Moulana hospital. Daily giving COLS Training for public at training center. Hospital Superintendent Dr KA Seethi inaugurated the center.





## Pain and Palliative Care Clinic Report

TOTAL OP	111
NHC	29
DHC	24
NEW REGISTRATION IN JULY	15
DIALYSIS SUPPORT GIVEN	45 PATIENTS

**47 Branch: Kannur President: Dr.V. Suresh Secretary: Dr. Rajamohan.C.K**



01.07.2022: Doctors Day Celebration. Programmes conducted Ranga Pooja, Solo Performance, Inauguration, Music Medley, Thiruvathira, ARTS & Craft show, Dance & Skit etc.

07.07.2022: Hybrid CME on 'Initial Trauma Management – Do's & Don'ts' by Dr. Jinesh.V, Head of Dept, Emergency Medicine, Aster Mims, Kannur.

14.07.2022: GB & CME on 'Identification & Stabilisation of a sick child' by Dr. Shamim Akhtar. S.K. & decided to conduct election of new office bearers for the year 2022-23 on Aug 25th.

21.07.2022: CME on 'Monkeypox – The new visitor to the emerging diseases gamut' by Dr. Sarin.S.M, Associate Professor, Dept of Medicine, GMC Kannur.

25.07.2022: CME & Executive Committee Meeting.

28.07.2022: Hybrid CME on Paediatric Liver diseases & Liver Transplantation' by Rela Institute, Chennai & District Convention held at Navaneetham Auditorium Kannur.

**48 Branch: Kollam President: Dr. Babu Chandran Secretary: Dr. Anish Krishnan**

01.07.2022: Doctors Day celebrated. Observed & honoured senior members for their meritorious service for the society and association.

08.07.2022: ELS Training Programme at ESI Super speciality Hospital, Asramam, Kollam by Dr Athura Das.

14.07.2022: Executive Committee meeting at Dr.Mohandas Memorial Hall, Asramam, Kollam.

29.07.2022: General Body Meeting & CME on 'Vascular Neuro Surgery' by Dr.Ajayakumar DNB, MNAMS(Neurosurgery). Expertise in Brain & Spine tumours, Intervertebral disc prolapsed, Hydrocephalus, Brain aneurysm & vascular malformations, Stroke surgery, Head & Spine injury. Membership Drive: 3 Members are joined LS.

Observed Doctors Day at IMA Blood Centre 36 donors donated and Awareness class on Voluntary Blood donation for Chartered Accountants.



**49 Branch: Pattambi President: Dr Geetha V C Secretary: Dr Khaleel Majid Mayyeri**



15.07.2022: Executive Committee.

21.07.2022: General Body and CME on 'Acute coronary syndrome –surgical perspective' by Dr Arun Thankappan, consultant Cardiothoracic Surgeon of Moulana Hospital Perinthalmanna.

23.07.2022: ELS Training conducted by Ima Pattambi at IG School Karukaputhur.

31.07.2022: ELS Training conducted at Star Med Family Clinic

Karukaputhur by Ima Pattambi.

**50 Branch: Perumbavoor President: Dr. Denny Devasykutty Secretary: Dr. Johnson K.J**

01.07.2022: Monthly Executive Committee Meeting.

17.07.2022: Members participated the WDW South Zone Conference.

17.07.2022: Dr. Sunny Paul, Dr. Johnson. K. J. and Dr. Bhaskaran Nair. P were participated in a medical camp conducted at North Ezhippuram.

23.07.2022: Participated in the Ernakulam District convention.

27.07.2022: General Body and CME on "THE MONKEY POX -ALL YOU NEED TO KNOW ABOUT IT" by Dr. Rehna. T. Pediatrician, Samaritan hospital, Pazhanganad.



51

Branch: Perambra

President: Dr. Sachith. D

Secretary:

Dr. Sheeja Viswanathan



01.07.2022: Doctors Day Celebration. Dr.Vasu Kadanthod was the chief guest & honoured Dr.Chanrdramohan, special appreciation award given to Dr. Muhammad as team captain of the Fund-raising committee of the proposed IMA building for their fruitful hard work. Official function was followed by cultural events & Magic show.

20.07.2022: Executive Meeting. Main agenda was on ELS training for school children how to execute' by Dr.Jithesh; stressed the importance of joining IMA health scheme, also evaluated the progress of on-going IMA building project.

Weekend classes for parents of children with learning disabilities are going smoothly by Dr.Sachit & conducted eye camp at Nochad in association with residence association.3 Members are joined Health Scheme & PPS.

52

Branch: Payyannur

President: Dr. Haridas M

Secretary: Dr. T. Ranjith Kumar

01.07.2022: Observed Doctors Day and family meet at Green Park Hotel, Edat. Dr Padmanabhan K welcomed the gathering and presided over by Dr M Haridas. Dr V U Seethi, was the chief guest. Dr Mukundan Nambiar introduced the chief guest.Guest of honour was Municipal chairperson Smt K. V Lalitha. Honoured Dr Babu KV, for his movement against Patanjali& honoured the senior doctors Dr Sunitha Menon, Dr.Padmanabhan KV and Dr Krishnananda Holla & Dr Ramya. Dr Sreejan, president IDA offered felicitations. Secretary Dr T Ranjithkumar, proposed vote of thanks. Followed by variety entertainment programmes.



53

Branch: Thenmalapuram

President: Dr. Kuttamani T.K

Secretary: Dr. Majeesh Antony



01.07.2022: Observed Doctors Day Celebration.

21.07.2022: GB & CME on 'What is New in Cardiovascular, Thoracic surgery and What We Do' by Dr.Jayakrishnan, Cardiovascular surgeon& CME on 'PELD- indications and advantages'by Dr.Sayuj Krishnan, Neuro Surgeon, Apollo Adlux Hospitalat Diana Residency Vadakkenchery.

54

Branch: Thamarassery

President: Dr. K.K.Thomas

Secretary: Dr. Amal John Jacob

01.07.2022: Doctor's Day celebrations. Chief guest Mr. Augustine, CI of police Thamarassery.Dr. B C Roy oration award given to Dr.Seethu Ponnu Thambi. Honoured senior physician Dr. A U Augusty for 50 yrs of medical practice.

23.07.2022: Emergency Condolence Meeting at Mother Mary hospital due to the demise of Dr.Santharam.

31.07.2022: GB and CME on'Management of peripheral artery disease' by Dr. Ashwin Paul kooran MICC, Kozhikode. Honoured newly elected principal of Govt Medical College Kozhikode Prof.Dr.E.V. Gopi.

55

Branch: Kannur Malabar

President: Dr. Cletus Kanakappalli

Secretary: Dr. Suresh Babu M.P.

Participated in DC Meeting to discuss DC convention. Placed banners in different hospitals in Kannur regarding district convention.



56

Branch: Nilambur

President: Dr. Jalal P.M

Secretary: Dr. Shijin Paladan

Educational Programmes conducted in association with Aster Mother Hospital.

Conducted 3 awareness classes in association with VHSC units as part of 'SAJJAM' Campaigning.

COLS Training was conducted in association with Edavanna, Nilambur and Mampat VHSC schools by Dr Jalal and Dr. Rajesh.



57

Branch: Mukkom

President: Dr. Abdul Jaleel T.K

Secretary: Dr. Namboodiri Arun Sankar

20.07.2022: Executive Meeting through online.

24.07.2022: BLS class conducted for nurses by Dr.Jamsheer.

58

Branch: Changanassery

President: Dr. Narayana Panicker M

Secretary: Dr. Sarath Babu S M

30.07.2022: General Body Meeting and CME on 'Insulin initiation in a patient with uncontrolled T2DM on oral antidiabetics' by Dr Rajeev Philip, Professor, Pushapagiri Medical College.

59

Branch: Anchal

President: Dr. Radhakrishna Pillai

Secretary: Dr. Chintu Oommen

01.07.2022: Doctor's Day Celebration.

60

Branch: Irinjalakkuda

President: Dr. Bastin V A

Secretary: Dr. Reeja C Menon

03.07.2022: Doctors Day celebrations at Lions Hall, Irinjalakuda & honoured senior members and leaders who are powerhouses of activity, setting an example to the junior members Dr Sreenivasan T, Dr Muralidharan, Dr NV Krishnan, Dr AM Hareendranathan, Dr LN Vishwanathan.

24.07.2022: ELS Training given to nursing students at Lal Memorial Hospital, IJK, headed by Dr LN Vishwanathan, Dr Sreenath.

25 & 27.07.2022: DC Convention attended by senior leaders where Dr Vishwanathan was involved in training members of the public along with other senior members of DC.

61

Branch: Varkala

President: Dr. Sidharthan B

Secretary: Dr. Saju Sahadevan

01.07.2022: GB and CME program.

01.07.2022: Doctor's Day Celebration & honoured senior member Dr. Rajan Cherian. President and Secretary attended official meetings.

62

Branch: Kattappana

President: Dr. Bagavath Singh

Secretary: Dr. Varun Jose Memana

01.07.2022: Celebrated doctor's day function in a grand way with family.

63

Branch: Desinganad

President: Dr. Anuroop Shanker

Secretary: Dr. Vinod S



05.07.2022: Monthly General Body Meeting & CME and Doctor's Day celebration. CME on "Approach to common Thyroid Disorder" by Dr. Abilash Nair, Asst, Professor, Dept. of Endocrinology, Govt. Medical college, TVM. Honoured Dr. Kurian Punnoose Palladiyil (Dean & Prof. of Anatomy, Travancore Medical college, Kollam). Guest of honor was Dr. Mohammed Faizal A, Medical Director, Travancore Medical College, Kollam.

19.07.2022: Monthly executive meeting with active participation.

64

Branch: Uppala

President: Dr. Jayapal Shetty M

Secretary: Dr. Mahesh

21.07.2022: General Body meeting & CME on 'Approach to a patient with fever in Resource poor settings' by Dr Veerendra.

65

Branch: Iritty

President: Dr. Sanith Kumar K.N

Secretary: Dr. Ramesh Hariharan

14.07.2022: General Body meeting and CME on 'Rapidly Progressive Renal Failure' by Dr Tom Jose Kakkanatu, Consultant Nephrologist, Amal's Multispecialty Hospital.

01.07.2022: Doctor's Day Celebration & Family Meet at IMA Hall Panoor. K P Mohanan MLA Koothuparamba assembly was the Chief guest. The program was followed by CME on 'airway management' by Dr Aboobacker Anaesthetist Vadakara district hospital kozhikode. It was the practical section and was really helpful for young doctors.

28.07.2022: Attended District Convention conducted at Kannur.

01.07.2022: Doctor's Day Celebration held at IMA hall Kuttikkunnu. Chief Guest of the eve Smt. V Sujatha Teacher, Chairperson of Kuthuparamba Municipality inaugurated the meeting. Dr.Sharafudheen KP, was the Guest of Honour. Senior leader Dr. Raghuram K was honoured. Dr. Sundaram MK, and Dr. O V Abdulla were recognised for their contribution in Registering IMA Kuthuparamba as a society. Meritorious students among the branch members were also recognised in the function by the President. Cash Endowments were distributed to 6 cancer patients' from Kuthuparamba Municipality. Dr.Sharafudheen, Dr.Srikumar Vasudevan, Kannur DC Chairman Dr. Lalith Sundaram, Rot. Kuttikrishnan, Rotary club, Lions Club President Sri. Purushothaman felicitated the function.



Dr. Rajmohan VV was honoured by Y's Men's club, Dr. Sundaram MK was honoured by JCI and Dr. Gopinath KT was honoured by Lion's club.



02.07.2022: Dr.Griffin handed over the memorandum from HQ to Peravoor MLA Adv. Sunny Joseph at Peravoor.

03.07.2022: Dr. Veena Tom oversaw a free Psychiatry evaluation camp under the KARUNYASPARSHAM – A rural community mental health project of CIMHANS Hospital. Free medicines were also provided to the patients who attended the camp.

09.07.2022: Dr.Srikumar Vasudevan presented a talk on Prevention of Litigation in Medical Practice on in Webinar on IMA & its Schemes.

28.07.2022: Members actively participated in organising and attending Kannur district convention at Navaneetham auditorium Kannur.

20.07.2022: Monthly Meeting of IMA Amalanagar branch at Trichur Orthopaedic society House, Kokkalai, Thrissur. Academic programme included talk by Dr.Jayakrishnan, plastic surgery on Aesthetic Rhinoplasty.



27.07.2022: Monthly Meeting was called to order by the President Dr Murali Krishnan and after silent prayer and oath the President addressed the gathering. He reiterated the importance of youth in IMA and also the challenges the Doctors are facing in this society. The need to make our branch a society to facilitate banking services was stressed upon. The speaker for the day was Dr Prasanth Shankar from MGM Muthoot Hospital, Pathanamthitta. He gave a lucid and detailed talk on comprehensive management of diabetes. The talk was followed by active discussion. Vote of thanks was proposed by the secretary.

05.07.2022: Executive meeting & discussed about the Thrissur District Convention planned & decided to participate with maximum members in the Convention. Meeting Discussed the Way to Conduct upcoming MIDCGPCON at Mulamkunnathukavu. Organizing committee and other sub-committees formed.

27.07.2022: 15 members from the Branch Actively involved in the District Convention Members from the Branch expressed their views on old age problems in the Discussion led by Mythreyan in the Afternoon.





**71 Branch: Manjeri | President: Dr. Menon M.P.K | Secretary: Dr. Febin Puthilath**

09.07.2022: Building Committee Meeting.

16.07.2022: Building Committee Meeting.

21.07.2022: General Body Meeting and CME on 'Insulin Initiation in Diabetes Patients'. Main Agenda was Membership Promotion and Scheme Memberships.

28.07.2022: Building Committee Meeting.

**72 Branch: Cherukunnu | President: Dr. P.K.Anil Kumar | Secretary: Dr. Roshna Raveendran**

28.07.2022: District Convention was attended by the members and family. Joint Secretary Dr Rajesh O T attended Press Conference in connection with district convention.

**73 Branch: Nadapuram | President: Dr. Pradosh Kumar M | Secretary: Dr. Mansoor P.M**

01.07.2022: Conducted Doctors Day Celebration and 100 membership in Nadapuram.

**74 Branch: Chittur | President: Dr. Prathap R | Secretary: Dr. Prem Narayanan**

Conducted Executive Committee Meeting & agenda was improving branch activities.

**75 Branch: Chirayinkeezhu | President: Dr. Biju R | Secretary: Dr. Padma Prasad P.S**

01.07.2022: Celebrated Doctor's Day at Hotel Pearl Palace Attingal, 50 members participated. Distributed Vishnu Manesh memorial financial aid to poor patients. Conducted TB awareness class to the ASHA workers at PHC Azhoor.

**76 Branch: Chathanoor | President: Dr. Anil Prasad K | Secretary: Dr. Manoj Balachandran**

15.07.2022: CME cum General Body Meeting conducted at hotel Padippurayil, Paravur. CME on 'Haemorrhagic stroke' by Dr Ajayakumar, Azeezia medical college, Kollam.

**77 Branch: Tirur | President: Dr. Ahmmed Kutty K | Secretary: Dr. Azim Ahdir M.P**

01.07.2022: Doctor's Day along with family meet with full pomp and show. The special event was named "GEZELIGG 2022" and kick started with Kid's programme. The official function was inaugurated by the Malayalam University Vice-Chancellor Dr. Anil Vallathol, who spoke on the importance of Doctor's day and commemorated the service of doctors to the mankind. Dr. Abdul Nasser and Dr. Safiya Nasser was honoured by the branch. Variety of cultural programmes at M.E.S Central School Auditorium, Tirur.

03.07.2022: As part of Doctor's Day observation former branch office bearers and senior members who couldn't physically make it to the venue, were visited and honoured by the Branch President and Secretary. Dr. Neelakandan, Dr. PVAK Bhava & Dr. CR Mohamed Anwar were honoured at their respective residences.

12.07.2022: The branch office bearers represented Tirur Branch at the District Committee meeting held on virtual platform.

15.07.2022: The branch had a good representation at the Malappuram District Convention held at Town Hall, Malappuram. The trophy for the Tug of war competition of IMA state sports was handed over to the Branch who became victorious, by Sri. Prakashan P T, Special Judge, Fast track Special Court, Manjeri.



29.07.2022: General Body at Dr. K Alikutty Memorial IMA Hall, Tirur along with a CME on "Acute Stroke Care" by Dr. Shameer Palliyalil, Senior Consultant Neurologist, Aster MIMS Hospital, Kottakkal.

**78 Branch: Kottayam | President: Dr. Bipin P. Mathew | Secretary: Dr. Ganesh Kumar J.R**

01.07.2022: Doctors Day Celebration was inaugurated by Mr. Roy Paul K, IAS. Honoured Dr. Mathew Chooraken, Dr. R.V Jayakumar, Dr. Elias Joseph, Dr. Mini C.G & Dr. Mary Chacko MD.

10.07.2022: Awareness Class on Medical Negligence and Medicolegal record keeping in association with PPS scheme of IMA, Kottayam District committee, KHS, NHM, KGMOA, KGMCTA & KGPMTA.

**79 Branch: Thiruvalla President: Dr. C.R. Radhakrishnan Secretary: Dr. Cyril Joseph**

21.07.2022: The Monthly GB meeting and CME on 'A Simple approach to Arthritis' by Dr Vishnu S Chandran, Consultant Rheumatologist St Believer's Church Medical College, Thiruvalla at Hotel Elite Thiruvalla. The session was followed by a live interactive discussion.



**80 Branch: Alappuzha President: Dr.R. Madana Mohanan Nair Secretary: Dr. Arun N**

Conducted 2 Physical Meeting and one Online Executive Committee meetings to discuss about the District Convention and other activities.

22.07.2022: Alappuzha Branch hosted the District Convention.Hon.Minister of Agriculture Shri. P Prasad inaugurated the function. Alappuzha MLA Shri PP Chitharanjan, Municipal chairperson Smt Saumyaraj delivered felicitation address. Respected State President,State Secretary,SzVP,Sz JS, Dr A Marthanda Pillai,and other state leaders addressed the gathering. Dr AP Mohammad chaired the function, Dr MadanaMohanNair welcomed the dignitaries, Dr Ommen Varghese pressed the reportand organising secretary Dr Arun N expressed vote of thanks.

**81 Branch: Jubilee Mission President: Dr. Harris Paul Secretary: Dr. Sebastian Valiaveedan**

Associate Membership Drive to include all doctors working in JMMC in the activities of IMA. Handed over SSS III cheque to claim. Decided to have Onam Celebration under the banner of Jubilee IMA.

**82 Branch: Kothamangalam President: Dr. A.B. Vincent Secretary: Dr. Biju Chacko**

01.07.2022: Celebrated Doctors Day with a family meet and General Body. Dr Baby Mathew entrepreneur and senior most member gave a message and Dr.MI Mohan, senior member of the branch was honoured.

12.07.2022: General Body Meeting andCME on'Emerging Diabetes Management- Drug to Diet' by Dr Joy P Issac.

**83 Branch: Adoor President: Dr. Thomas Muthalaly K.G Secretary: Dr. Nandu Soman**

01.07.2022: Doctor's Day was celebrated at Hotel Wyte Portico, Adoor. 5 senior doctors were honoured for their contribution towards modern medicine.

The Executive Committee Meeting was conducted at the residence of Dr Thomas Muthalaly, President, IMA Adoor. Various activities of the past month were reviewed and the forthcoming plans and activities were discussed including Onam celebrations.

**84 Branch: Pala President: Dr. Jose Kuruvilla Kokkat Secretary: Dr. Eby Chacko**

01.07.2022: Celebrated Doctors Day with Dr PGR Pillai as chief guest.

21.07.2022: IMA in association with AMS Pala chapter conducted CME on 'Revisiting the new generation insulin and understanding clinical benefits'.

26.07.2022: General Body Meeting and CME on 'Plastic surgery for All - Tissue expansion technique in reconstruction by Air'by Dr Pauline Babu.

**85 Branch: Valluvanad President: Dr.Satheesh Kumar.N Secretary: Dr. Sreeraj.C**

01.07.2022: Doctors Day Celebrated as a Family Dinner Meeting. Honoured Dr.Parameswaran Namboodiri, for his Services and Activities.

13.07.2022: Executive Meeting.

**86 Branch: Karakkonam President: Dr. Siva Sree Ranga M K Secretary: Dr. Shibu Raj P S**

01.07.2022: Doctors day celebration. Lifestyle Diseases Awareness Marathon was conducted which was inaugurated by MLA CK Hareendran. Many students and doctors participated in the marathon from Kunnathukal to karakonam. Several sports and fun games were conducted for the doctors in the evening, doctors day get together and General body meeting with several cultural programmes were conducted and the message was given by the director of the institution Dr J Bennett Abraham.

14.07.2022: IMA Karakonam and IMA MSN SMC unit conducted a blood donation campaign - "Your little share of blood can give many years of quality life to someone". Program was inaugurated by Dr Punithan, HOD of Surgery and felicitation message given by Dr Apuca, HOD of Pathology. 32 IMA MSN Karakonam



members donated blood.

20.07.2022: IMA JDN Membership Drive was conducted at Dr SM CSI Medical College, Karakonam. The meeting was inaugurated by Dr Abhilash Balsalam. The IMA JDN unit of Karakonam was officially inaugurated by Dr Shibu Raj, Secretary. The felicitation was given by Dr Vivek K B, National Council Member, IMA JDN and Dr Swapna S Kumar, National Council Member. 4 representatives for the IMA JDN unit were selected.

**87 Branch: Kollam West | President: Dr. Marceles M | Secretary: Dr. Roy Manuel**

01.07.2022: Doctors Day Celebration.

**88 Branch: Vandiperiyar | President: Dr. Suresh Babu N | Secretary: Dr. Muthuraj P**

24.07.2022: Dr. Murugesan.V, Representative PP Scheme attended the Managing Committee Meeting at Periyar House, Aluva.

**89 Branch: Cherthala | President: Dr. Shylamma K | Secretary: Dr. John Mathew P**

05.07.2022: General Body Meeting & CME. at IMA Hall, Cherthala. Dr. Shylamma, welcomed the gathering and delivered the presidential address. The CME session featured talks by two eminent surgeons from Welcare Hospital – Dr. Saji P.O Thomas on “Pelvi-Acetabular Trauma”, Dr. Geley Ete on “Decision Making in Reconstructive Surgery”. In addition, there was an interactive Q & A session after the talk. Secretary, Dr. John Mathew delivered the vote of thanks.



**90 Branch: Haripad | President: Dr. Sobhana T D | Secretary: Dr. J. Shirley**

04.07.2022: Attended Alappuzha District Committee Zoom Meeting.

14.07.2022: Attended DC Zoom Meeting for discussing plan of action of District Convention.

22.07.2022: Members of IMA participated in the Alappuzha District Convention.

Doctors of IMA participated in the medical camp conducted in association with Kurian Opticals, Haripad.

**91 Branch: Punalur | President: Dr. Narayanan Nair S | Secretary: Dr. Sudhakaran Nair T N**

06.07.2022: Doctor's Day Meeting at IMA hall Punalur. Dr RV Asokan gave Doctor's day message. Two senior doctors Dr V. S. Potty, and Dr Sudhakaran Nair were honoured. This was followed by entertainment programmes by family members.

**92 Branch: Vaikom | President: Dr. Alex Thomas | Secretary: Dr. Abyson Philip**

14.07.2022: Executive Committee Meeting at IMA hall Thalayolaparambu. Decided to buy 25 new chairs & to clean the premises and also decided to repair Invertor & two ceiling fans which are not working.

25.07.2022: General Body Meeting.

**93 Branch: Mannarkkad | President: Dr. Abdu Kalladi | Secretary: Dr. Devendra B Naddoni**

25.07.2022: Branch Meeting & Leprosy Detection Camp in Kottopadam with help of Kottopadam Grama Panchayath.

**94 Branch: Pathanapuram | President: Dr. Radhakrishnan Nair P | Secretary: Dr. Rajeev P R**

25.07.2022: General Body Meeting. The meeting started with silent prayer & flag salutation. Presidential address by Dr. Radhakrishnan Nair, expressed his deep concerns on the current trend of manhandling doctors and paramedical staff by the public & the attitude of authorities to these criminals. This was followed by an active discussion by all the participants regarding the current scenario. Other association matters were discussed.

CME on 'Pre-Anaesthetics work UP' by Dr. Alex, Senior Consultant Anaesthesiologist, Mount Zion, Medical College.

**95 Branch: Kanjirappally | President: Dr. Babu Sebastian | Secretary: Dr. Mathew P Thomas**

Conducted Academic session on 'Resuscitation in Emergency room'. Members discussed conducting Medical Camps in remote areas was done.



*With best wishes from*

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Commitment to keep our Green Land  
away from the dangerous  
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Kerala for their  
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Waste Management

The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the  
Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards

*Contact us for more details....*



## INDIAN MEDICAL ASSOCIATION GOES ECOFRIENDLY

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