



IMA

News Letter

JUNE 2022



World Environment Day 2022



Be Safe... Be Committed...



**INDIAN
MEDICAL
ASSOCIATION**
KERALA STATE BRANCH

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Dr. Samuel Koshy
President, IMA KSB

President's Column

HEALTH SECTOR *The Good, Bad & Ugly*

Modern Medical Practice is at crossroads now. The best part of modern medicine is that it is Scientific, Evidence based and Research oriented. Modern Medical Practice is universal and is subjected to constant changes.

In our country efforts to mix modern medicine with other unscientific systems of medical practice has resulted in deterioration of standards of treatment which ultimately affect the public health. Poor allocation of finance to health sector over the years has created a poor health care system for the country resulting in inadequate standards of treatment. Mere increase in healthcare persons with low quality is not going to help the Public Health System in the long run.

Inclusion of healthcare system in acts like Consumer Protection Act has caused irrecoverable damage to doctor-patient relationship. Improvement in public health care facilities without having adequate Health Care personals will not help to deliver better health care to the public. Private hospitals are considered as industrial units and are governed by various laws of the industry. As per Consumer Protection Act patients should be considered as consumers practically considering doctors as traders. This is against the fundamental Ethics of treatment. Health sector should be considered as service sector and laws should be made accordingly.

Policy of giving free treatment in government institutions is being changed now. Instead of increasing the GDP allocation in health sector, healthcare delivery is handed over to private insurance companies. All treatment costs in Government sector will be at par with the private sector. This will create a financial crunch in private sector and all treatment modalities will be controlled by the insurance firms in the long run. This model of healthcare delivery is a failed system in many developed countries. This will result in huge out of pocket expenditure for the common man in the coming years.

Some clauses in Clinical Establishment Act will create more hardship to small and medium sized hospitals more of which are run by doctors. Closure of more such hospitals, which are already struggling for survival, will create difficulty for easy accessibility to treatment at low cost for the general public.

Our Health Care Delivery System needs re evaluation. Healthcare policies should be reconsidered and restructured. Otherwise treatment for common man in future will become unaffordable and inaccessible.



Dr. Joseph Benaven
Secretary, IMA KSB

From the Editor's Desk

DISTRICT CONVENTION

-The Way Forward-

The Indian Medical Association Kerala State Branch is witness to yet another novel initiative from Dr. Samuel Koshy, our President – The District Convention. It is heartening to note that the District Convention has been well taken by all the districts and the best of efforts put in to make it a huge success. Being the very first year of the concept launch, it was not without its fair share of flaws and teething problems. Nevertheless the concept has well begun!!

Many among us doubted the intentions behind this exercise, to be or not to be!! But I am sure even the diehard pessimist would approve of the benefits that our association will reap by these events in the days to come.

District Convention have two primary objectives; it serves as an open forum for fraternity – public interaction & also provides the perfect meeting place for fraternal fellowship.

District Convention as an open forum brings together people from different walks of life, politicians, media, judiciary, influencers, bellwethers, celebrities, social workers and the general public with prominent leaders of the medical fraternity. It allows a broader audience to participate and share thoughts, experiences, conveying an outsider perspective on the issues and concerns faced by the medical fraternity. It also aims to stimulate a dialogue among thought leaders on various issues by providing the much needed platform on which ideas, thoughts and questions can be expressed and discussed in a free and open environment. The medical fraternity gets the best opportunity to percolate their concerns and spread awareness of their problems to the lowest echelons of society and also gets to have a better understanding of the public perspective.

Family get together that follow District Convention open an avenue for fraternal fellowship where doctors, majority of whom are closeted within the 4 walls of the consultation chamber, get to meet and greet members of the profession and their families from neighbouring branches for an evening of fun and entertainment. An evening where new bonds are made and existing ones reinforced. No doubt a rejuvenating experience!!

As we conclude the first season of District Conventions, the optimist in me says that here is an event in the calendar of any President to look forward to and cherish.



INDIAN MEDICAL ASSOCIATION KERALA STATE



INTER DISTRICT CRICKET & FOOTBALL TOURNAMENT

Hosted by

IMA Thrissur

3rd, 4th & 5th

June 2022

**@ Sportekker Turf Ground,
Kuttanellur.**



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The Inter District Cricket Tournament of IMA Kerala Sports Meet 2022 hosted by IMA Thrissur held on 3rd & 4th June 2022 @ Sporteker Turf Ground, Kuttanellur. State President of IMA Kerala Dr. Samuel Koshy inaugurated the meet and State Secretary Dr. Joseph Benaven was the Guest of Honour. There were 9 teams participated and IMA Thrissur sponsored Dr. K K Rahulan Memorial Trophy for the Champions and Captain Dr. George Varghese Memorial Trophy for the Runners up.

Champions: Kollam District

Runners Up: Thrissur District





The Inter District Football Tournament of IMA Kerala Sports Meet 2022 hosted by IMA Thrissur held on 5th June 2022 @ Sporteker Turf Ground, Kuttanellur. There were 9 teams participated and IMA Thrissur sponsored Dr. K K Rahulan Memorial Trophy for the Champions and Captain Dr. George Varghese Memorial Trophy for the Runners up.

Champions: Malappuram District
Runners Up: Palakkad District







**INDIAN MEDICAL ASSOCIATION
KERALA STATE**

INTER DISTRICT SHUTTLE BADMINTON TOURNAMENT



Hosted by

IMA CHENGANNUR

**12th June 2022
@ Indian Badminton Academy,
Chengannur**

The Inter District Shuttle Badminton Tournament of IMA Kerala Sports Meet 2022 hosted by IMA Chengannur branch held on 12th June 2022 @ Indian Badminton Academy. Hon'ble Minister for Fisheries Shri. Saji Cherian inaugurated the meet. There were 32 double teams participated.

Men's doubles:

Champions: Thiruvananthapuram District

Runners Up: Pathanamthitta District

Women's doubles:

Champions: Thrissur District

Runners Up: Thiruvananthapuram District

Best players:

Dr. Vivek from Pathanamthitta District & Dr. Kamala from Thiruvananthapuram District





SPORTS MEET - FINAL 2022

@ Perinthalmanna

The final round of Annual Sports Meet of IMA Kerala was conducted on 19th June 2022 hosted by IMA Perinthalmanna. Around 50 Doctors from various districts participated; there were teams from Ernakulam, Kannur and Kottayam.

The meet was inaugurated by the State President Dr. Samuel Koshy. The Table Tennis match was inaugurated by the North Zone Joint Secretary Dr. Narayanan and Carroms was inaugurated by the Convenor, Sports Committee of IMA Kerala Dr. Shaji Sreedharan Nair. The Sports Committee Chairman of IMA Kerala Dr. Gnanadas welcomed the participants and vote of thanks by Dr. Raju.

IMA Perinthalmanna Branch President Dr. Abdul Nazer and Secretary Dr. Jaleel helped for the smooth conduct of the meet. There were Walkathon, Table Tennis, Carroms and Chess conducted. Prize distributed by the State President Dr. Samuel Koshy.

**Walkathon
Men's champion
Dr Jose, IMA Palakkad**



**Walkathon
Men's Runner up
Dr. Ismail, IMA Kozhikode**



**Walkathon
lady champion
Dr.Savithri Hariprasad
IMA Kozhikode**



**Walkathon
lady Runner Up
Dr.Sareen K P
IMA Kozhikode**





**Lady Carroms Champions
Dr.Savithri Hariprasad
and Dr Sareen from IMA
Kozhikode**



**Lady Carroms Runner
Up Dr Latha and Dr.
Suja from IMA Kannur**



**Table Tennis Champions
Dr.Cyriac & Dr Jijo
from IMA Kottayam**



**Table Tennis Runners Up
Dr Prasanth & Dr Dilnath
from IMA Kannur**



**Chess Champion
Dr Sreehari Sridhar
from IMA Kozhikode**



**Chess Runner Up
Dr Sheikh Sakker
Hussain from IMA Trichur**



**Carroms Champions
Dr Yousuf & Dr Roopesh
from IMA Palakkad**



**Lady Table Tennis winners
Dr.Savithri Hariprasad & Dr Sareen
from IMA calicut**



**Carroms Runners Up
Dr. Praveen Ramanunni
& Dr. Muhammed Sani
from IMA Malappuram**

World Environment Day 2022



Indian Medical Association Kerala State Branch celebrated the World Environment Day at IMAGE CBWTF plant premises, Palakkad organized by IMA Goes friendly Project on 5th June 2022. The event was 2000, comprising of members and their family, staff with family, government officials, political leaders, press, etc.

The Barcode Processing Shed and Scrap Storage Yard was inaugurated by the State President Dr. Samuel Koshy and addressed by the State Secretary Dr. Joseph Benaven. IMAGE Chairman Dr. Abraham Varghese gave a talk on the – Living Sustainably in Harmony with Nature”.

Past Office bearers of IMAGE were honored for their long and in preserving environment of the IMA Goes eco-friendly project. There were various programs and entertainments for IMA members and workers with their family.



IMAGE

The Panacea for all Biomedical Waste



Dr. Abraham Varghese

Chairman, IMAGE

Mob: 9447797867, 9846598700

E-mail: dravarghese@gmail.com



The day of ultimate culmination of all the planning and the exercises has broken into a sunny day the IMAGE World Environment Day at the Palakkad Plant premises.

The private road from Kava junction, leading to our CBWTF premises at Manthuruthi was flowing with vehicles and pedestrians on the day, right from the morning 8.00a.m. onwards. Everyone is coming to our Plant with the sole intention to participate in our World Environment Day Celebrations. On a post-mortem analysis of the event, its concluded that around 2,200 persons consisting of doctors and their relatives as well as the Staff/Workers and their relatives have participated in this World Environment Day Function organized by the IMA IMAGE.

The program of the day has begun with the Flag-hoisting by the respected State President Dr.Samuel Koshy along with the

State Secretary Dr.Joseph Benaven, in the august presence of the senior leaders of the IMA as well as the IMAGE Chairman Dr.Abraham Varghese, and the Secretary Dr.Sharafudheen K.P. The gathering consists of members from the State Cabinet, CWC & ACWC, Scheme Officials and the District Committee Members. In commemoration of the World Environment Day; the State Cabinet Members and the other Senior Leaders assembled in the site could plant 35 Fruit-bearing Treesaplings in the designated area inside our Plant premises.

State President Dr. Samuel Koshy has inaugurated the re-constructed structure of the fire-ravaged Barcode Plant Building in the presence of the senior leaders, State Cabinet and other managing committee members; by unveiling the plaque.

The World Environment Day Meeting has started with a Prayer-song recital by



Ms.Shreya. In the Welcome-address IMAGE Vice Chairman Dr.Rajagopalan Nair P., has recognized the names of all the senior leaders attending this meeting; with special reference to all those members and guests sitting on the Dias; by presenting each one of them with Rose Flowers as a gesture of our happiness acknowledging their graceful presence during this unique occasion in the history of the IMAGE IMA.

In his address the IMAGE Chairman Dr.Abraham Varghese has elaborated the audience on the theme of the World Environment Day "Living sustainably in harmony with the nature" and has narrated the dedicated services and the contributions made by the past Chairmen and the past Secretaries who made the present day IMAGE worth 25 Crores with 700 Staff; from thin air only but equipped with this wonderful idea of biomedical waste management in our State.

State President Dr.Samuel Koshy, in his Inaugural Address reiterated the importance of the IMAGE in the history of Indian Medical Association Kerala; which has grown from a humble beginning to the largest CBWTF Plant in India and declared inaugurated the IMAGE World Environment Day Celebrations 2022.

IMAGE Secretary Dr. Sharafudheen K.P., has highlighted the major developments in the Plant emphasizing the steady growth of the IMAGE as the largest CBWTF in India and highlighted the present status of our Plant on a systematic manner.

Honouring Ceremony: Past Chairmen and the Secretaries of the IMAGE			
Names of the Doctors who are being Honoured by the IMAGE			
No.	List of the Past Chairmen & the Past Secretaries of the IMAGE		
	Year/Tenure	Past Chairmen	Past Secretaries
1	2003	Late Dr.P.T.Cherian [Founder Chairman]	Dr.T.Suresh Kumar [Founder Secretary]
2	2003 - 2008	Dr.R.V.Asokan	Late Dr.Rajagopalan Nair J.
3	2008 - 2011	Dr.C.K.Chandrasekharan	Dr.V. Vijayachandran
4	2011 - 2014	Dr.C.K.Chandrasekharan	Dr.Joseph Benaven
5	2014 - 2017	Dr.V.U.Seethi	Dr.Joseph Benaven
6	2017 - 2021	Dr.V.U.Seethi	Dr.Sharafudheen K.P.

State Secretary Dr.Joseph Benaven in his speech as the Guest of Honour has detailed the history and struggles faced in Palakkad during the installation of the IMAGE and remembered the various persons associated and supported us during the period.

State President Dr.Samuel Koshy has adorned Ponnada honouring all the Past Chairmen and all the Past Secretaries of the IMAGE as per the above list and the IMAGE Chairman Dr.Abraham Varghese has presented Special Appreciation Mementoes to each of them.

On this occasion, Dr.Radhamony M., [wife of the Late Dr. Rajagopalan Nair J.] has accepted the Ponnada and the Memento at the venue on behalf of the IMAGE Former Secretary Late Dr. Rajagopalan Nair J.

The Ponnada and the Memento for the IMAGE Founder Chairman Late Dr.P.T.Cherian; is handed over to the IMAGE District Representative of Kollam,





Dr.Sen C.R., and requested him to personally hand over [together with IMAGE Admin. Manger Adv.Sunil P.A., and along with any other member from Kollam] to Dr.Saramma Cherian, the wife of the departed senior leader at their residence in Kollam district.

Honouring Ceremony of the dedicated senior workers of the GJM and the Aryaja Industries:

For the dedicated workers of the GJ Multi Clave and the Aryaja Industries; Dr.Josesph Benaven, the State Secretary has adorned each one of them with Ponnada and the IMAGE Chairman Dr. Abraham Varghese has presented them with the Chairman's Award of Appreciation.

State President Dr.Samuel Koshy has presented Fruit bearing Tree Saplings on the occasion to three selected persons from among the audience.

The following Senior Leaders/Dignitaries has offered their felicitations:

1. Dr. Joseph Mani
National Vice President
2. Dr. A.Marthanda Pillai
Past National President
3. Dr.Babu Ravindran T.N.
Past National Vice President
4. Dr. R.V.Asokan
Past Hon. Secretary General
5. Dr. C. K. Chandrasekharan
Past Chairman IMAGE
6. Dr.V.U.Seethi
Past Chairman IMAGE
7. Dr. P.T.Zacharias
Imm. Past President

8. Mr. Sanjay Radhakrishnan
Director G.J.Multiclave [India] Pvt. Ltd.
9. Mr. T. Jayaraj
General Manager G.J.Multiclave [India] Pvt. Ltd.
10. Mr. Mohammed Asief, Managing Partner, Aryaja Industries.

Vote of thanks proposed by Dr. Velayudhan K., Joint Secretary IMAGE.

IMAGE Chairman Dr.Abraham Varghese declared the meeting over with the National Anthem.

The newly constructed Office cum Canteen Building is also inaugurated by the State President Dr.Samuel Koshy, in the presence of the Senior Leaders and the Cabinet members.

Tea, Snacks & Lunch provided to all the 2,200 participants who attended the full day program.

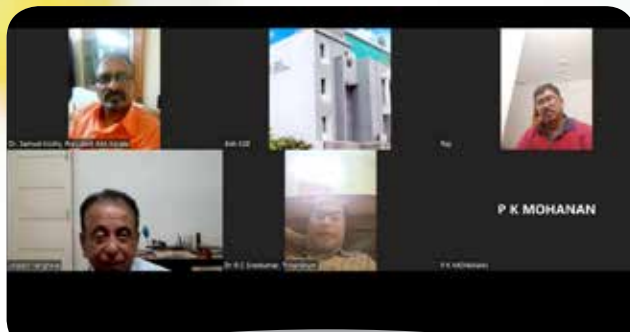
The Variety Entertainments presented by the Staff, Workers and their Relatives has brought out the real talents of each participant. And this variety entertainment program [ranging from Chenda-melam to Dance-numbers] was a real feast to the audience who enjoyed the same with loud applause on each occasion, in appreciation and in encouraging the performers. The Emcee Ms.Jumaniya Viju who has compered the full stage function as well as the performers in the variety entertainment programs are presented with special mementoes of the Day.



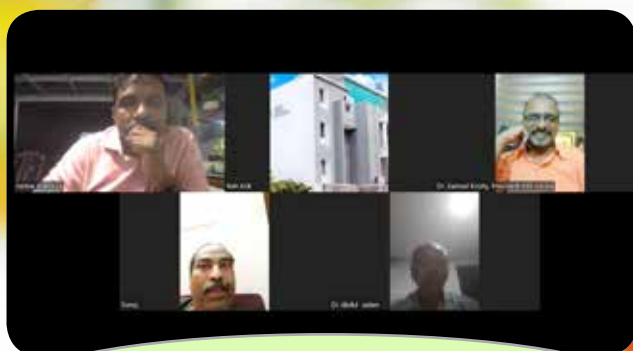
State Activities....



01.06.2022 - NMC RMP Guidelines



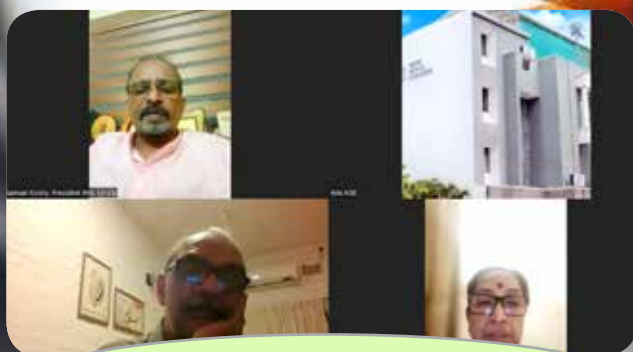
02.06.2022 - Medical Education Committee



02.06.2022 - Organ Donation Committee



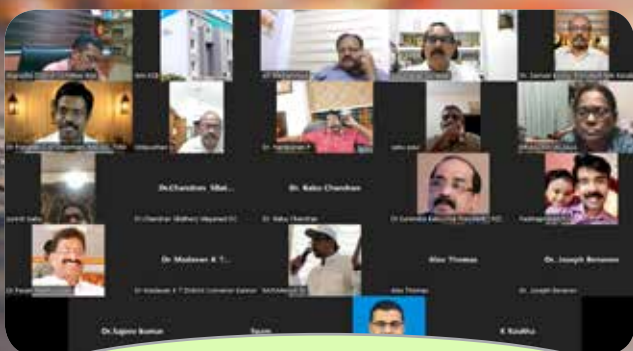
03.06.2022 - ACT FORCE Committee Meeting



03.06.2022 - Public Health Policy Committee



07.06.2022 - Care of elderly



09.06.2022 - DC Meeting

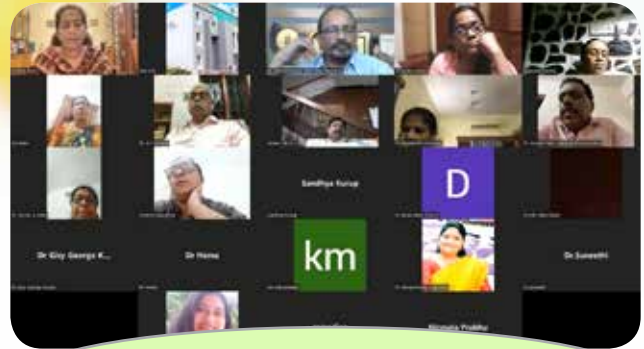


18.06.2022 - Joint Meeting with Chartered Accountants

State Activities....



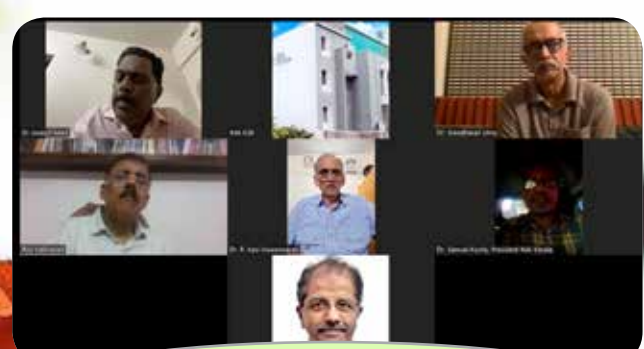
19.06.2022 - Past presidents meeting



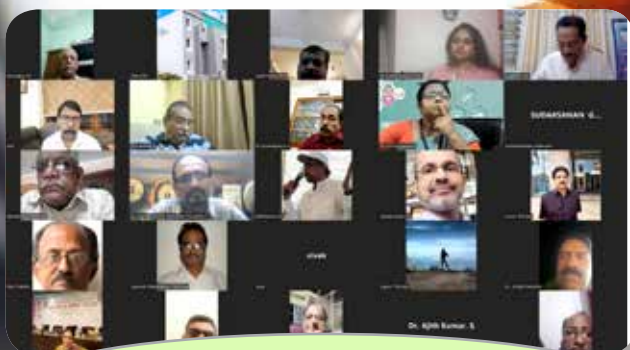
20.06.2022 - Organising Committee _
National South Zone WDW



22.06.2022 - Act Force State Meeting



24.06.2022 - Issues related to Kidney
Transplantation



27.06.2022 - Hospital Accreditation
Committee meeting



30.06.2022 - Training session for
doctors on _Basics of Gender &
Sexuality_



WOMEN DOCTORS WING

IMA Kerala State

NEDUMBASSERY

03.06.2022: WDW Nedumbassery in association with Indian Social Club (ISC) Oman, Kerala wing, conducted a MEDITALK – panel discussion by eminent doctors' programme for women held at Indian Social Club auditorium Muscat in connection with International Women's Health Day.

Dr. Lekha Gopal, Dr. Beena Harikrishna, Dr. Shifana Attur & Dr. Rajyashree organized the event in association with ISC & the event was well supported by IMA Nedumbassery executive body members Dr. Nigel Kuriakose and Dr. Mohammed Mustafa. The main motive was to promote health awareness among women and address their problems and queries in this regard.

Dr. Nigel Kuriakose and Dr. Mathew Varghese were the chairpersons for the event. Dr. Lekha Gopal, Chairperson WDW Nedumbassery welcomed the gathering. The panel consisted of 8 eminent doctors – Dr Bindu Kumari, Dr Asha Nair, Dr Shifana Attur, Dr Mahalaxmi Baskaran – Specialist gynecologists,



Dr Rajyashreekutty, Specialist surgeon, Dr Sangeetha Mohanakrishnan Specialist Internal Medicine, Dr Krishnaprasad Specialist Psychiatrist and Ms Mini Padikkal Clinical Nutritionist. The event began with a

Mime on breast cancer coordinated and acted by members of WDW & panel discussion involved a lot of questions from the audience & well answered by the expert panel. Dr. Beena Harikrishna, rendered the vote of thanks.

COCHIN

01.06.2022: Dr. Gracy Thomas welcomed all kids at Government VJBS School Udhayamperoor and wished them a happy academic year.

08.06.2022: A Premarital class was conducted by Dr Gracy Thomas at Kaloar.

Dr Lakshmi Govind had conducted an awareness class on menstrual hygiene to students of St Mary's HSS, Kochi.



21.06.2022: Celebrated International Yoga Day and learned basics of Yoga Training which gives peace to the body, mind and soul.

23.06.2022: Monthly Meeting with dress code of yellow and birthday girls had hosted the event and served variety of delicious home made spread and had a cooking demonstration of variety of soups by Mrs Tessy Raju and had cake cuttings and gifts for all June borne birthday girls. A felicitation speech was given by Dr Maria Varghese wishing all birthday



girls and distributing gifts.

Association matters were discussed, Cup of life project, planned to start a new batch of swimming classes at IMA House & discussed about National South Zone meet at Periyar House and at IMA House Kochi.

NEMOM

12.06.2022: Cancer Cervix Awareness and Medical Examination programme. Dr.Chandini Devi conducted the programme & inaugurated by Dr.N.Sreedhar, the Branch President.



27.06.2022: International Day against Drug Abuse and Drug trafficking programme at Cotton hill Government Girls High School by Dr.Unnikrishnan R Nair.



29.06.2022: An awareness Programme on "Adolescent Health, Menstrual Hygiene and Menstrual Health" inaugurated by Rev. Fr. Joshy Mathew CMI, Principal & the session handled by Dr.Chandini Devi, Former Chief Consultant of Kerala Health Services and Chairperson of WDW Nemom. Smt. Sangeetha, HOD of Malayalam department coordinated the programme.

THRISSUR

29.06.2022: WDW with ISA Thrissur City Branch conducted Webinar on Financial Literacy for Doctors. Dr Tanmay Motiwala, an expert in this field & 2nd year Direct MCh, Pediatric Surgery, AIIMS, Jodhpur, gave an elaborate and useful talk. Dr J S Nivin, President, ISA Thrissur City Branch, Welcomed the gathering, chaired by Dr Joy Manjila, President IMA. Dr Sharmila P M, Chairperson, IMA WDW addressed. Dr Arun Krishna A K, Secretary, ISA Thrissur City Branch, Thanked the participants.

THALASSERY

05.06.2022: Members attended the public function on Environment Day at Centenary park Thalassery. Trees were planted by WDW State Chairperson Dr.Rajalakshmi, WDW State Secretary Dr.Sandhya Kurup, WDW Chairperson Thalassery Dr.Suchitra Sudhir, IMA President Thalassery Dr.Mini Balakrishnan, WDW Secretary Thalassery Dr.Geetha M and Dr. Maji, Senior members Dr V Radha, Dr T.V. Radha etc. An oath to protect the environment was taken on the occasion.

10.06.2022: WDW General Body Meeting & members exploring the ocean at Muzhapilangad Beach and had the La Natura program inaugurated by the Special guest Sub Collector Anu Kumari IAS. Keynote address by WDW Chairperson Dr Rajalakshmi



& address by Dr Sandhya Kurup, WDW State Secretary WDW and felicitated by IMA AMS CP Dr Sashidharan.

On the occasion four outstanding Women professionals, Social worker Sulochana teacher, Public Prosecutor

Adv. Preethi Parambath, Doctor and Sports Star Dr Suja Ajit, SI of Police Dhanya Chandran were honored.

Academic Sessions talk on Environment by Dr Rojith Girindran, 'Health and Beauty: Panel by Dr Shyjus and team' 'Healthy Heart for Her, Dr. Divya, cardiologist.

The theme of "Elements": Air by Kasaragode, Payyanur and Taliparamba Water by Kannur, Kuthuparamba, Panoor and Sulthan Bathery Fire by Badagara and Earth by Kondotty were enacted in various ways.

A grand finale dance was performed by the hosts Thalassery WDW.



All the decorations were Ecofriendly and no plastic was used anywhere.

20.06.2022: Obesity in Mid Life: A Preventable pandemic by Dr.Shyjus

28.06.2022: Dr.Mini Balakrishnan gave an awareness class on Kannur News Channel.

24.06.2022: Dr Geetha Mekoth, took part in the Yoga program for Cancer survivors at Malabar Cancer Care Society, Kannur inaugurated by the Mayor Sri Mohanan.

26.06.2022: Honoured Mariyumma. Dr Suja Ajith won the caroms tournament of IMA Kannur along with Dr Latha.

KOLLAM

21.06.2022: WDW conducted YOGA class, welcome Address by Dr.DeepthiPrem, Chairperson WDWKollam, inaugurated by. Dr.Vinod George IMA President KollamBranch. Chief Guest was Mrs. AmbiliKannan(Zumba Trainer) gave an awareness Yoga and meditations on daily life and conducted a section of Zumba.

PERINTHALMANNA

01.06.2022: Monthly Executive Committee Meeting.

05.06.2022: World Environment Day Celebration at IMAGE plant Palakkad.

06.06.2022: World Environment Day activity at IMA House Perinthalmanna.



07.06.2022: Awareness Talk on Living in harmony with nature. Mrs Sreedevi Bindu Olapamanna, Green activist & Ecoprenour. MHM Goodwill Ambassador 2022 took the awareness class for the members onliving in harmony with nature.

08.06.2022: District Sports Meet.

09.06.2022: CME on 'Measles and Rubella elimination' by Dr Santhosh Rajagopal.



19.06.2022: CME by RSSDI Kerala chapter at IMA Hall, Perinthalmanna.

19.06.2022: State IMA Sports Meet.

24.06.2022: COLS Training and ELS Awareness Class to staff of Moulana Hospital.



28.06.2022: COLS Training and ELS awareness class to nursing students of Moulana Hospital.

KONDOTTY

09.06.2022: Monthly General Body.

05.06.2022: WDW team actively participated in North Zone Fest @ Thalassery. Dr Magi sung the prayer song. Members performed a dance on topic Earth which was given to us. A solo song was sung by the chairperson.

14.06.2022: Observed Blood Donation Day & conducted a speech on the importance of blood donation given by Dr Fousya, Treasurer.



KOZHIKODE

05.06.2022: Attended the WDW NZ fest at IMA Thalassery. Secretary participated as an expert panel in skin and hair care in middle age.



07.06.2022: GB, active discussion regarding the upcoming state event and current activities done.

20.06.2022: Session on 'obesity in midlife', a preventable pandemic by Dr Shyjus.

DESINGANAD

07.06.2022: General Body Meeting and CME on "Devices and Heart failure" by Dr Ravi Cherian and on "Spurious Hyperthyroidism: A TSH Reliability Lab Story" by Dr. Hari Shankar.



12.06.2022: Conducted ELS training, Seminar and medical camp in association with Kerala Ex-Service League Mahila Wing, Karunagapally. ELS Training by Dr. Cini Priyadarsini V A and seminar on "Life Style Diseases & Awareness" by Dr. Filson Alphonse. Free Respiratory and Diabetes check-up by Dr Anuroop Shankar S.



MADHYA KERALA

02.06.2022: Medical Camp on Monsoon Illnesses by Dr. Liza Thomas, for the kids and teenage children sheltered at a destitute home at Kothamangalam.

05.06.2022: World Environment Day. Dr. A. K. Rafeeq, planted a red palm in the courtyard of IMA Hall. Dr. M. N. Menon and Mrs Prema Menon attended the World Environment Day Celebrations and family meet at IMAGE CBWTF plant at Kanjikode, Palakkad.

05.06.2022: Pre-Monsoon Precautions. Dr. K. N. Sobhana and Dr. Liza Thomas got the premises of the locality cleaned, cleared the weeds and shrubbery,

eliminated mosquito breeding places and introduced entomophagus Guppy fish in the water reservoirs. Awareness was given to the residents of the locality regarding cleaning the premises and keeping the environment clutter free. Consuming hygienic food and clean and boiled water was emphasized.

06.06.2022: Diabetes and Thyroid disease screening was done at Sreemoolam Clinic, Sreemoolanagaram, by Dr. S. K. Rajeswari Amma.

07.06.2022: Executive Committee Meeting. BLS Mannequins handed over.

10.06.2022: Lifestyle Diseases Screening Camp, in association with Student Police Cadet of St. Thomas HSS, Malayattoor and Muthoott Snehashraya organized a lifestyle diseases screening and awareness camp at the school premises. Dr.K.N. Sobhana took awareness.

14.06.2022: World Blood Donors' Day camp at IMA Blood Bank, Aluva & Dr. N. Vijayakumar honoured.



15.06.2022: GB Meeting.

15.06.2022: Dr.Rinett Sebastian K. V., Senior Consultant, CTVS, Rajagiri Hospital talked on "Pandora's Thoracic Box" at the monthly scientific program.

19.06.2022: IMA AMS Midzone Conference. Welcome address by Dr. A. K. Rafeeq & flag salutation by Dr.Sagith M. A; inaugurated by IMA Kerala State President Dr. Samuel Koshy.

19.06.2022: An awareness class on blood donation to students of Albertian Institute of Science & Technology, Kalamassery by Dr.Beena Mary Thomas was organized by IMA & WDW in association with NSS unit of AISAT.

24.06.2022: Dr. Liza Thomas talked on Monsoon Diseases and Allergic Cough to parents of the differently abled kids at Santwanam Special School, Kothamangalam.

25.06.2022: Francis Moothedan Raphel, Project Director & Chief Trainer, MMM IRCA, MOSC Medical College, Kolenchery took awareness class on drug abuse to Student Police Cadet of St. Thomas HSS, Malayattoor.

26.06.2022: International Drug Abuse & Illicit Trafficking, Aluva. IMA WDW Madhyakerala, Janamaithri Police, Excise Varappuzha Range, Anwar Palliative Care Unit, FACT Employees Social Service Forum, Viswadeepthi School, JRC and St. Xavier's College NSS Unit participated in the programme. Dr.C. M. Hyderali presided & Binanipuram C. I. Mr. V. R. Sunil inaugurated the program. Dr. Rafeeq A.K gave keynote address. Dr. K. N. Sobhana and Dr.Rajeswari Amma S. K. spoke on the necessity of spreading awareness on drug abuse. Dr Rafeeq A.K. handed over awards to the school children who secured A plus grade in exams. Along with other dignitaries of the society, Dr. S. K. RajeswariAmma was honoured during the meeting. The audience took pledge to eradicate drug abuse and illicit trafficking in the society.



KASARAGOD

05.06.2022: Attended WDW North Zone Fest at Thalassery and participated in Cultural fest. Dr Rekha Rai, Dr Nebissa P K, Dr Maya Mallya, Mrs Padma Rao, Mrs Padmavathi Khandige, Dr RekhaMaiya participated in Dance Air.

13.06.2022: WDW Executive Committee Meeting at Kamath Medical Centre Kasaragod. Dr RekhaRai Chairperson welcomed the gathering and presided over the meeting. Agenda discussed regarding



conducting cultural program for IMA Family. Dr Nebissa P K Secretary Proposed Vote of thanks.

30.06.2022: WDW Kasaragod Branch in association

with IMA conducted cultural night at IMA house Kasaragod. WDW Chairperson Dr Rekha Rai Welcomed the Gathering and Presided over the program. Dr.B Narayana Naik inaugurated the Program with lighting the lamp and delivered inaugural speech. Various Cultural activities by WDW Members and IMA Family members are arranged. Dr Nebissa P K proposed Vote of thanks.



KOTTAYAM

04.06.2022: General Body Meeting. Discussed the various branch matters & also about EVECON National WDW Fest attended by Dr Rajalekshmi, State WDW Chairperson, Office bearers & WDW Members. A talk on Human Rights & Laws was conducted by Adv Sindhu Gopalakrishnan.



28.06.2022: WDW organized a class on Adolescent Changes, Menstrual hygiene and related disorders, Vaginal Infections, STDS, Vaccines to be taken, Good Dietary habits etc at Govt ITI College Pallickathodu by Dr Neetha Paul, Medical Officer FHC Pallickathodu.



30.06.2022: Executive Committee Meeting discussed about the Kottayam show getting conducted at Evecon.

JOIN US ON TELEGRAM...

Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven
State Secretary, IMA KSB



Link: <https://t.me/imakerala>

MISSION PINK HEALTH

IMA Kerala State



25.06.2022: Awareness class on Kannur News Channel by Dr. P R Venugopal regarding Uterine Fibroids.

28.06.2022: Awareness class on Kannur News Channel by Dr. Mini Balakrishnan regarding Remedy for excessive bleeding in women.

28.06.2022: Talk on "Breast - Still there in a Gynaec Domain" by Dr. Adarsh at Kannur Gynaec Society Meet.

26.06.2022: In association with Adolescent Health Committee of KFOG, Kannur Gynaec Society & Rotary Club celebrated the International Day against Drug Abuse & Illicit Drug Trafficking. Welcome and Presidential address by Dr. Mini Balakrishnan, President IMA Thalassery. A book was released on Suicide Prevention and Drug Addictions handed over to Prof. Jithendran.K.B. Conducted an awareness zumba session revealed the life style diseases.



MID ZONE

ERNAKULAM

COCHIN

07.06.2022: Pre-marital education for 52 couple in Renewal Centre.



NORTH ZONE

KANNUR

TALIPARAMBA

23.06.2022: Awareness Class on International Day Against Drug Abuse and Illicit Drug Trafficking by Dr. Balkees, Psychiatrist for students at Govt. Engineering College, Kannur.



THALASSERY

20.06.2022: Session on "Obesity in Mid Life: A Preventable pandemic" by Dr. Shyjus P on Zoom platform.

24.06.2022: Yoga program for Cancer survivors by Dr. Geetha Mekoth, Secretary WDW took part in the Yoga program for Cancer survivors at Malabar Cancer Care Society, Kannur inaugurated by Mayor Sri. Mohanan.

IDUKKI

THODUPUZHA

22.06.2022: Conducted a class on AFP surveillance and fever rash surveillance for measles rubella elimination by Dr. Shiyas K P.

Conducted a class on 'Dealing with occupational stress' by Dr. Vineeth Chandran.

KOTTAYAM

KOTTAYAM

14.06.2022: An awareness class on World Blood Donation Day by Dr. Beena Mary Thomas and Dr. Usha Poothiadeat MOSC College of Nursing, Kolenchery inaugurated by the Principal Dr. N A Sheela Shenoy. A video on the necessity of blood donation was also released during the meeting.



14.06.2022: A rally on World Blood Donation Day by NSS and NCC students of St. Peters College, Kolenchery addressed by Dr. Usha Poothiade, Prof and HOD Pathology & inaugurated by the college Principal Dr. Shaju Varghese.



SOUTH ZONE

THIRUVANANTHAPURAM

NEMOM

27.06.2022: International Day against Drug Abuse and Illicit Drug Trafficking by organised a sensitization session to the students of Cotton hill Govt GHS by

Dr. Unnikrishnan R Nair & inaugurated by Sri. Rajesh Babu, Additional Headmaster of the school & presided over by Dr. Chandini Devi & Chief Guest was Dr. V. Mohanan Nair who delivered the keynote address.



29.06.2022: A sensitization session on Adolescent Health, Menstrual Health and Menstrual Hygiene by Dr. Chandini Devi for the Adolescent Girls of Christ Nagar, Higher Secondary School, Maranalloor under MPH inaugurated by Rev. Fr. Joshy Mathew CMI, Principal coordinated by Smt. Sangeetha, HOD of Malayalam department.



MISSION PINK HEALTH



നമ്മുടെ ആരോഗ്യം

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം

വരിസംഖ്യാ ഫോറം

ഐ.എം.എ നമ്മുടെ ആരോഗ്യം മാസിക വർഷത്തേക്ക് താഴെ പറയുന്ന വിലാസത്തിൽ തപാലിൽ അയച്ചുതരുവാൻ താൽപ്പര്യപ്പെടുന്നു. വരിസംഖ്യ രൂപ ഇതോടൊപ്പം അയയ്ക്കുന്നു.

പേര്.....

മേൽവിലാസം.....

ജില്ല..... പിൻ.....

ഫോൺ.....

തുക അടച്ചതിന്റെ വിശദ വിവരങ്ങൾ:

മണിഓർഡർ: മണിഓർഡർ നം:..... തുക..... തീയതി.....

ബാങ്ക് ട്രാൻസ്ഫർ: ബാങ്കിന്റെ പേര്.....

ബ്രാഞ്ച്..... റഫറൻസ് ഐ.ഡി..... തുക..... തീയതി.....

ചെക്ക്/ഡി.ഡി: ബാങ്കിന്റെ പേര്.....

ചെക്ക്/ഡി.ഡി നം:..... തുക..... തീയതി.....

വരിസംഖ്യ

1 വർഷം : 300 രൂപ

2 വർഷം : 580 രൂപ

3 വർഷം : 850 രൂപ



തപാലിൽ ലഭിക്കാൻ

വരിസംഖ്യ മണിഓർഡർ/ഡി.ഡി./ചെക്ക് എന്നിവയായി നമ്മുടെ ആരോഗ്യത്തിന്റെ പേരിൽ തിരുവനന്തപുരത്ത് മാറാവുന്ന രീതിയിൽ അയയ്ക്കുക.

ഇന്റർനെറ്റ് ബാങ്കിംഗ്/NEFT വഴി വരിസംഖ്യ അടയ്ക്കാൻ താല്പര്യപ്പെടുന്നവർ കാനറാ ബാങ്ക്, തിരുവനന്തപുരം പേട്ട ശാഖയിലെ നമ്മുടെ ആരോഗ്യം അക്കൗണ്ട് നമ്പർ 2769101002614 (IFSC Code: CNRB0002769) ലേക്ക് നിശ്ചിത തുക ട്രാൻസ്ഫർ ചെയ്ത ശേഷം പ്രസ്തുത ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും (ഫോൺ നമ്പർ ഉൾപ്പെടെ) naarogyam@gmail.com ലേയ്ക്കോ 94 000 126 00 എന്ന മൊബൈൽ നമ്പരിലേയ്ക്കോ എസ്.എം.എസ് ആയോ വാട്സ് ആപ്പ് ആയോ അയച്ചുതരിക.

വിശദ വിവരങ്ങൾക്ക്:

IMA Kerala State Headquarters, Anayara P.O., Thiruvananthapuram 695029

Mob: 94 000 126 00 E-mail: naarogyam@gmail.com



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BRANCH ACTIVITIES

1

Branch: Muvattupuzha

President: Dr. Annie Uthuppan

Secretary: Dr. Manju Rajagopal

09.06.2022: CGP Meeting & CME on 'Healthy Ageing' by Mrs. Manju P George & chaired by Dr. Aji Balakrishnan.

16.06.2022: General Body meeting; the minutes of the previous meeting and the report presented by Dr. Manju Rajagopal & conducted a CME on 'New modalities in pacing techniques' by Dr. Ajit Thachil & chaired by Dr. Sobin.

20.06.2022: Executive Committee Meeting president by Dr. Sreekumar Sarma. The main agenda was Doctors Day Celebrations & discussions about family tour and cultural meet.

23.06.2022: CGP Meeting & CME on CKD in elderly by Dr. Sajesh Asokan. The Fraternity contribution of SSS III handed over to Smt. Fancy Joy, wife of late Dr. Joy K M.

2

Branch: Trivandrum

President: Dr. Prasanth C.V.

Secretary: Dr. Siby Kurian Philip

05.06.2022: Observed World Environment Day.

15.06.2022: Observed World Elders Abuse Awareness Day. Minister Shri. Ahammed Devarkovil, Minister for Ports, Museums and Archaeology and Archive inaugurated the Health Check-up and Public awareness class. Dr. Prasanth CV gave the welcome address and took awareness class for the public who were assembled at Museum, Trivandrum premises.

16.06.2022: Conducted IMA Empower Expo at various hospitals/institutions in Thiruvananthapuram inaugurated at KIMS Hospital by Dr. Sahadulla Chairman KIMS Hospital. Dr. Prasanth CV, Dr. Siby Kurian Philip, Dr. Mohanan Nair, Dr. Indiramma, Dr. Sri Kumar Vasudevan, Dr. Rajan were spoke on the occasion followed by a seminar on Litigation in Medical Practice and role of PP Scheme by Dr. Sri Kumar Vasudevan.

16.06.2022: Regular Executive Meeting.

18.06.2022: IMA Health Brigade conducted one Emergency life support training at Vettucad library hall for school students and public. Dr. Pradeep Kidangoor and team from PRS Hospital took the training session.

IMA Arogyam Anandam Crossed 146 Episodes in zoom.

Palliative Care Cell team includes Doctor, Staff nurse, volunteers & driver, Provided support, nursing care and vitals examinations.



3

Branch: Thalassery

President: Dr. Mini Balakrishnan

Secretary: Dr. Aravind C Nambiar

01.06.2022: Praveshanothsavam at Kallara Thalayi LP School.

05.06.2022: Conducted Emergency Life Support Hands on Training.

05.06.2022: Some leaders from the branch visited IMAGE Plant in connection with World Environment family get-together of IMAGE.

05.06.2022: World Environment Day was celebrated at Centenary Park by planting trees saplings attended



by Dr. Mini Balakrishnan, Adv. A. N. Shamseer MLA and Municipal Chairperson Mrs. Jamuna Rani Teacher in the event.

05.06.2022: WDW North Zone Cultural fest inaugurated by Mrs. Anukumari IAS, Sub Collector, Thalassery. Honoured famous women leaders on social front & conducted a Panel discussion on lifestyle diseases on PCOD and a talk on Healthy Heart for Her by Dr. Divya E. Mukund. Various entertainment stalls are there with Cultural Programme by WDW branches.

08.06.2022: Executive meeting honored organizing committee chairpersons of SWC & North zone cultural fest of different committees followed by General body meeting of WDW and members explored the ocean at Muzhapilangad beach in connection world ocean day.

09.06.2022: Conducted CME.

11.06.2022: Donated bed sheets to old age home Snehakood as charity.

12.06.2022: Workshop on legal cell affair.

14.06.2022: Observed World Blood Donors Day by conducting Public function at General Hospital, Thalassery pledge by public & nursing students and Mementos were given to the organizations who donated maximum blood.

Mementos given to the organizations who donated maximum blood & honored the associations who donated the maximum blood.

15.06.2022: CME on AMS Chapter.

19.06.2022: Observed World Elder Abuse Awareness Day in association with Chettamcoon Residents Association, Elders Forum, Senior Citizen Forum and Senior Chamber and conducted an awareness Class on "Care of Elderly".

20.06.2022: A Talk on Obesity in MidLife: A Preventable pandemic by Dr. Shyju.

22.06.2022: General Body meeting & CME on CGP. Sports Committee Family get together Mariyumma, the eldest lady member of the Thalassery Municipality who got the English education of the muslim family.

28.06.2022: Dr. Mini Balakrishnan gave an awareness class on Kannur News Channel & she attended the MPH National Zoom Meeting and conducted a discussion meeting on grievance cell.

IMA Thalassery in association with Adolescent Health Committee of KFOG, Kannur Gynaec Society, Rotary Club celebrated International Day against Drug Abuse & Illicit Trafficking welcome and presidential address given by Dr. Mini Balakrishnan and Book Release on Drug Abuse by Dr. Sajeev Kumar P.B. There was a Panel Discussion on Drug Addictions and problems by students & Zumba Session on

lifestyle diseases.

New Frontiers charity work - Snehakoodu, a home for destitute at Illaththazha was given bed sheets worth 4k sponsored by Dr. Rethika Sreekumar. Desks and chairs around Rs. 17500/- given to Kunhipalli LP School & a cheque of Rs. 23500/- given to Kallara Thalai School for the purchase of a mic, portable speaker, podium and a speaker stand, and Milk coupons worth Rs. 970/- given to Mahila mandiram Eranholi for the month of June.

4

Branch: Kodungallur

President: Dr. Shelly K.S

Secretary: Dr. Abilash M.T

05.06.2022: Observed Environment Day. Members and family visited IMAGE plant at Palakkad as a part of environment day.

06.06.2022: Executive Meeting. Had a discussion about NMC bill and discussed the matter of hospital

attack.

07.06.2022: Branch members participated in the protest against hospital attack.

14.06.2022: General Body meeting with CME on updates in Gastro surgery by Dr John Mathew and Dr Vijukumar Bharathan and Orthopaedic topic of " A prelude to joint replacement surgery " by Dr Jose Thomas pappanchery.

5

Branch: Madhya Kerala

President: Dr. Rafeeq A.K

Secretary: Dr. Sagith M.A

02.06.2022: Medical Camp on Monsoon Illness for the kids and teenage children by Dr. Liza Thomas. Children were given general health check-up. Deworming medicines, Iron supplements and vitamins were provided free of cost.

05.06.2022: Observed World Environment Day & celebrated with a family meet at IMAGE CBWTF plant at Kanjikode, Palakkad.

06.06.2022: Diabetes and Thyroid Disease screening was done for 25 patients at Sreemoolam Clinic, Sreemoolanagaram, by Dr. S. K. Rajeswari Amma.

07.06.2022: Executive Committee Meeting. The 3 mannequins purchased by IMA for giving regular basic life support training to the public and health workers, were handed over to Dr. A. K. Rafeeq by Dr. B. Sukumara Panicker.

10.06.2022: IMA & WDW in association with Student Police Cadet of St. Thomas HSS, Malayattoor and Muthoot Snehashraya organized a lifestyle diseases screening and awareness camp at the school premises inaugurated by Fr Varghese Manavalan, School Manager & awareness class about lifestyle diseases by Dr. K. N. Sobhana.

14.06.2022: Organized blood donation camp in connection with World Blood Donors' Day.

15.06.2022: General Body Meeting & Scientific Program.

19.06.2022: AMS Mid zone Conference inaugurated by the State President Dr. Samuel Koshy. Dr. S. K. Rajeswari Amma & Dr. M. N. Menon graced the occasion. Dr.Suja Sukumar, Dr.Divya R, Dr.Hisham Ahamed, Dr.Padmanabha Shenoy, Director, Dr. Basil Mathews, Dr.Paramez A. R, Dr. Mathew R. John, and Dr. Praveen G. Pai, gave lectures and spoke on recent advances in their concerned medical fields.

19.06.2022: Conducted an awareness class on blood donation to students of Albertian Institute of Science & Technology, Kalamassery by Dr. Beena Mary Thomas.

24.06.2022: Awareness Class on Monsoon Diseases by Dr. Liza Thomas.

25.06.2022: Conducted an awareness class on 'drug abuse' to Student Police Cadet of St. Thomas HSS, Malayattoor.

26.06.2022: Conducted an awareness programme in connection with International Day Against Drug Abuse and Illicit Trafficking.



6

Branch: Guruvayoor

President: Dr. Jiju Kandanssery

Secretary: Dr. Vineeth V.K

12.06.2022: A Medical Camp at Guruvayoor Centre. Blood Glucose estimation, Blood Pressure measurement was done and medications were given free of cost by Dr.Vinod Govind and Dr.Jiju.



21.06.2022: An awareness Program to tackle the problem of Elder Abuse presided by Dr.Ranganna Kulkarni & Dr.R.V.Damodharan welcomed the audience and Keynote address by Dr.Saleem P.M. Inauguration done by Sri. Ali, President of Snehasparsa.

7

Branch: Koorkancherry

President: Dr. P. S. Swathy

Secretary: Dr. Swetha T. S

19.06.2022: Conducted ELS Hands on Training Programme in association with IMA Thrissur DC at Hotel Elite International, Thrissur.

8

Branch: Kovalam

President: Dr. Shiju Stanley

Secretary: Dr. Neha Raj A

05.06.2022: Environment Day.Branch conducted Medical Camp and Distribution of books to Anganvadi students.

9

Branch: Kondotty

President: Dr. Naseer.C.P

Secretary: Dr. Saibin Ahamad Sageer.P.K

16.06.2022: General Body Meeting and CME on 'Community Acquired Pneumonia' by Dr. SaleemLakkal. Honored sports day winner.

10

Branch: Ponnani

President: Dr.Kamarudheen.A.I

Secretary: Dr. Sandeep.K

14.6.2022. General Body Meeting. CME, Topic 'Depression'.

24.6.2022. Executive Committee Meeting & discussed the action plan for Doctors Day.

11

Branch: Sulthan Bathery

President: Dr. Abdul Gafoor Kakkodan

Secretary: Dr. Sunny George Elavuthingal

28.06.2022: General Body Meeting & CME on 'Untwisting The Spine Concepts in' by Dr. Pramod Sudarshan.

12

Branch: Vadakara

President: Dr. Haridasan P.C.

Secretary: Dr. Rakesh Raju K.K.

04.06.2022: World Environment Day celebration by delivered speech by Dr. M Muraleedharan & distributed saplings and seeds.

05.06.2022: North Zone fest attended by Dr. Sreekala Poroor and Dr.Geetha M K.

19.06.2022: Vayana Dinam.

29.06.2022: Plant exhibition and Sale & a talk on Skin and Hair care by Dr.Nafina Jasmine.



13

Branch: Desinganad

President: Dr. Anuroop Shanker

Secretary: Dr. Vinod S



07.06.2022: Monthly General Body Meeting and CME on "Devices and Heart failure" by Dr. Ravi Cherian & on "Spurious Hyperthyroidism: A TSH Reliability Lab Story" by Dr. Hari Shankar.

Handed over the cheque from National Family Welfare Scheme to the Nominee of Late Dr.Rajan Antony.

12.06.2022: ELS Training, Seminar and Medical Camp in association with Kerala Ex-Service League Mahila Wing, Karunagapally. ELS Training by Dr.Cini Priyadarsini V A, Seminar on "Life Style Diseases & Awareness" by Dr. Filson Alphonse. Free Respiratory and Diabetes check-up by Dr Anuroop Shankar S.

14.06.2022: World Blood Donors' Day and honoured voluntary donors at DH Kollam.

28.06.2022: Monthly Executive Meeting.



14

Branch: Perinthalmanna

President: Dr. Mohammed Abdul Nazar E.K

Secretary: Dr. Jaleel K.B

03.06.2022: KRIA Meeting attended & handed over a cheque of rupees 2 lakhs to MLA Sri Najeeb Kanthapuram in a function at Shifa Convention Center, Perinthalmanna. The amount is for NMMS Scholarship Training Program of KRIA project of Perinthalmanna MLA.

04.06.2022: IMA Palliative started Pakal Veedu - an initiative to stay engaged elderly and debilitated patients at palliative building.

05.06.2022: In connection with World Environment Day, visited IMAGE Plant Palakkad.

07.06.2022: Planted saplings of passion fruit and many other saplings at IMA House in connection with

World Environment Day.

09.06.2022: Monthly GB and CME on Fever Rash Surveillance by Dr.Santhosh Rajagopal, and on "individualisation of insulin" by Dr.Aneesh Ahammed.

14.06.2022: Blood Bank received Best Blood Bank Award (General/Dist Hospital Category) from Health Minister at Thiruvananthapuram.

16.06.2022: AMSCON Organising Committee Meeting.

17.06.2022: Attended District Committee Meeting.

19.06.2022: IMA State Indoor Sports participated from all Districts & the prizes distributed by President Dr Samuel Koshy.

19.06.2022: Diabetology CME on Stalwarts of the diabetes care handled the session and doctors from all over the district attended.

24.06.2022: COLS Training and ELS awareness to staff of Moulana Hospital Perinthalmanna.

24.06.2022: AMS CON Organising Committee Meeting & celebrated birthday of Dr. V.U Seethi by cutting a cake.

25.06.2022: COLS Training and ELS awareness to doctors at Moulana Hospital auditorium by Dr. Sasidharan P.



15

Branch: Mavelikkara

President: Dr.Sonia Suresh

Secretary: Dr. K. Dileep Kumar

26.06.2022: A Seminar was conducted in association with a branch of Nair service Society at Chriyanadu. Dr Sonia Suresh gave a talk on lifestyle diseases.

24.06.2022: General Body Meeting and CME on Rationale for the use of blood and blood products by Dr Sheela Vasudevan.

16

Branch: Nedumbassery

President: Dr. Nigel Kuriakose Mathew

Secretary: Dr. Mohamed Musthafa A.K.A



07.06.2022: AMS Chapter in association with Aster Royal Hospital, Oman conducted a CME on 'Management of sludge, stones and boulders -A team approach' at Crowne Plaza Muscat. The meeting was called to order by Dr.Nigel K Mathew & welcome speech by Dr. Dilip Khader. Dr. Ashik Sainu introduced the topic and the CME followed by thought provoking and enlightening presentations by Dr.Hisham Al Dhahab and Dr.Yahya Al Azri respectively in continuity.

The co-chair Dr.Raad Al Mehdi ensured a healthy discussion with audience interactions as well as a Q&A session thereafter. The meeting was concluded with a vote of thanks by Dr.Arif Ali, Convener of AMS Nedumbassery Chapter.

17

Branch: Kothamangalam

President: Dr. A.B. Vincent

Secretary: Dr. Biju Chacko

07.06.2022: General Body Meeting and a Scientific Session on Rheumatoid Arthritis attended by Dr AV Babu & discussed about various schemes.

28.06.2022: General Body Meeting and a Scientific Session on Newer Insulin.

18

Branch: Alappuzha

President: Dr.R. Madana Mohanan Nair

Secretary: Dr. Arun N

05.06.2022: World Environment Day by planting tree at IMA Alappuzha premises.

05.06.2022: District Level ELS Training Program at Sagara Hospital Alappuzha inaugurated by Hon'ble MP Shri. A M Ariff.

06.06.2022: Participated in Cricket Tournament at Thrissur.

12.06.2022: State Shuttle Tournament held at Chengannur. Dr Oommen Varghese was the chief organiser. Dr Madana Mohan Nair



& Dr A P Mohamed attended.

23.06.2022: CME on Communication Skills, documentation and Litigations in clinical practice by Dr V Mohanan Nair.

Conducted 2 Executive Committee Meetings; installed CCTV at IMA Hall premises with the help of IMA PEPS.

19 Branch: Kozhikode | President: Dr.B.Venugopalan | Secretary: Dr. Sankar Mahadevan

02.06.2022: IMA Protest against the suspension of Dr. K.C. Ramesan, Supdt. IMHANS and giving press release.

03.06.2022: Executive Committee Meeting & released 2nd issue of News Letter.

03.06.2022 to 05.06.2022: Kozhikode District Cricket & football team qualified in semi-final in the sports meet at Thrissur. Dr.Sreehari has won the First prize in IMA State Chess championship.

04.06.2022: Dr.Sankar Mahadevan attended the Protest Dharna of KGMOA @ Collectorate.

05.06.2022: Attended the observation of World Environment Day @ IMAGE Plant, Palakkad.

09.06.2022: CIMAWARS General Body Meeting.

10.06.2022: Second Pen is honoured with an invitation for collaborative session of Kozhikode the UNESCO Literature City meeting at Corporation office.

14.06.2022: Observed Blood Donation Day & CME on Safe Blood Transfusion by Dr.Deepa Narayanan.

14.06.2022: District Committee Meeting.

15.06.2022: AMS Monthly Meeting & CME on Eye Donation – What one should know by Dr. K.V. Raju.

18.06.2022: Second Pen (Literary Programme) Interactive discussion with authors.

19.06.2022: ELS Basic Training for Staff Nurses and Paramedical staff of small & Medium Hospitals @ IMA Hall.



20.06.2022: WDW CME.

20.06.2022: CIMAWARS Liaison Committee Meeting.

20.06.2022: MBS Managing Committee Meeting.

21.06.2022: Observation of International Yoga Day in association with WDW & COGS.

22.06.2022: General Body Meeting.

24.06.2022: CGP CME on approaches to Acute Abdomen by Dr.Shanija P.

25.06.2022: Observation of International Day against Drug Abuse & Illicit Drug Trafficking – State level inauguration @ IMA Hall, Kozhikode. Dr.Sankar Mahadevan welcomed the gathering & presided by Dr. A.K. Abdul Khader. Sri.Thottathil Raveendran MLA inaugurated the programme. A book of Dr. P.N. Suresh Kumar – New Gen Drugs which all things? – How to treatment released by Sri. Rishiraj Singh IPS, Former DGP. Followed by public awareness talk on “New Gen Drugs and Health Problems” by Dr. P.N. Suresh Kumar and “Liquor & health problems” by

Dr. Tom Varghese. Sri.Rajagopal Puthusseri, Director of Thanal Suicide Prevention Centre, proposed vote of thanks.

20 Branch: Kalpetta | President: Dr. Rajesh Kumar M.P | Secretary: Dr. Sreeharsha Srigeri

05.06.2022: Members from the branch was part of the sports team that completed in the State Level Sports Meet of IMA KSB at Thrissur. Team participated in Soccer, cricket, chess and caroms.

29.06.2022: BLS Hands on training for the National Service Scheme students of Government College. Dr Rajesh Kumar MP & Dr Sunil Kumar led the classes.



21 Branch: Koyilandy | President: Dr. Satheesan.K | Secretary: Dr. Abhilash.C

09.06.2022: Executive Meeting.

26.06.2022: ELS Training Programme. Dr.Nishanth, Dr P PJanadhanan, Dr Jayasree, Dr Salim PMA, Dr Abhilash C & Dr Afthab were the trainers.

06.06.2022: Attended World Environment day celebration at IMAGE Plant Palakkad. Dr.V.Vijayachandran Past Secretary of IMAGE was honored.

09.06.2022: Executive Committee Meeting.



11.06.2022: "Healthy Women for a Healthy Nation", in association IISER TVM conducted a breast cancer screening and i-Breast screening at IISER campus for the staff.

18.06.2022: Monthly General Body Meeting; CME on "Pandemic - Where do we stand?" by Dr. Col.K.E Rajan Prof & HOD Dept of Respiratory Medicine, SUT AMS, Vattappara. Dr.Hema Francis proposed vote of thanks.

26.06.2022: Attended IMA CGP SZ Conference.

29.06.2022: IMA in association with Sree Chitra Thirunal Institute of Medical Sciences and Technology and Govt Medical College, Trivandrum conducted Mega Blood Donation Camp at IISER TVM. More than 65 participants have donated blood.

09.06.2022: Executive Meeting in zoom & decided to club GB, CME & CGP Meeting.

Dr.Binoy addressed the Media regarding suspension of Two Senior Consultants in MCH regarding Kidney Transplantation and unfortunate death of the patient.

Dr.Kavitha Ravi received the certificate of appreciation from Hon'ble Health Minister of Jharkand, ShriBanna Gupta in presence of National President of IMA Dr Sahajanand Prasad Singh at Jamshedpur.

25.06.2022: Dr.Kalpana Gopan took Adolescent awareness class for high school students of Jyothi Nilayam higher secondary school, Kazhakuttam.

26.06.2022: South Zone CGPCON 2022 at IMA Headquarters, Anayara hosted by Kazhakuttom branch inaugurated by Dr.Samuel Koshy, State President. Dr.Syamlal received memento from Dr.Sulphi Noohu & vote of thanks by Dr.Kalpana Gopan.

Dr.Syamlal's Article about stroke in young came on Arogyam Magazine.

Dr.Kalpana Gopan gave an awareness talk on cancer cervix for the Kudumbasree and Asha Workers in Pothencode Panchayath.



09.06.2022: Executive Committee Meeting at Dr.Mohandas Memorial Hall, Asramam, Kollam.

14.06.2022: Observed World Blood Donors day. Snehaddeepam Club conducted a blood donation camp at IMA Centre and distributed mementos to regular blood donors who have donated 25 times and more. Dr.Anitha Balakrishnan given an awareness on VBD.

21.06.2022: Inauguration & awarness on Blood donation at IMA Centre for SDPI.

24.06.2022: General Body Meeting & CME on "minimal access breast surgery by Dr. Aromal Chekavar & on "scope of interventional radiology" by Dr. Raghu& on "ultrasound guided hydrostatic reduction as an effective treatment in intussusception by Dr M C Enro.

27.06.2022: Awarness on Blood donation at Sanker College of Arts



& Science. Dr. Anitha Balakrishnan inaugurated the VBD camp conducted by staff of Joy Alukkas, Kollam. 55 donors of Punarjani Club, Joy Alukkas Group & Snehadeepam Club donated blood & given certificates, pen and trees saplings as a token of appreciation.

28.06.2022: Emergency Life Support Training Programme by Dr Athura Das.

25 Branch: Thodupuzha | President: Dr. Sumi Emmanuel | Secretary: Dr. Vivek S.



08.06.2022: CME on 'Acute Management of Stroke' by Dr Josy J Vallippalam and on 'Role of Intervention Radiology in management stroke' by Dr Rajesh Antony. Dr Ebin Jose, Consultant Neurologist of St Mary's hospital and Dr George Sunny, Consultant Radiologist of Holy Family Hospital chaired the session & vote of thanks by Dr Anil Kumar. 22.06.2022: GB and CME on 'Evidence based cardiac and neuro critical care practices' by Dr Dileep Raman, Chief of Cardiac physician healthcare. Session was chaired by Dr Jeslie Kuruvila Abraham.

26 Branch: Cochin West | President: Dr. Vivek Prabhu | Secretary: Dr. Muhammed Jabeel

05.06.2022: Dr. Pradip Kumar and Dr.Markose Roy participated in the Inter-District Badminton Tournament (Men's Doubles) at Chengannur and competed until the quarter finals.

08.06.2022: Executive Committee Meeting; planned for Doctors day celebration.

22.06.2022: General Body Meeting & CME on Treatment Options in Arthritis Knee by Dr.Murukan Babu

and on Minimal Invasive Spine Surgery by Dr. Ameer Theruvath.

23.06.2022:The Social Security benefits of late Dr.Damodaran were received from respective schemes offices and handed over to the nominee in presence of the family.



27 Branch: Kayamkulam | President: Dr. V.S. Natarajan | Secretary: Dr. P.T. Muthulingom

15.06.2022: CME on 'The Robotics in Cataract Surgery' by Dr Jacob Mathew, Micro Phaco Surgeon. The meeting was attended by Alappuzha district committee coordinator Dr.Oommen Varghese.

28 Branch: Perumbavoor | President: Dr. Denny Devasykutty | Secretary: Dr. Johnson K J



01.06.2022 to 15.06.2022: Monthly Executive and General Body Meetings.

Dr. Mohammad Ashruf (Chess) and Dr Aswin Jacob (football) participated in the sport events.

Executive members visited members those who are on rest at homes with various health issues.

A meeting is convened at IMA house to observe World Elder Abuse Awareness Day. Senior members were invited to the function to express our reverence to them.

Conducted an awareness class on 'Respect our Elders and Stop Elder abuse' by Dr. Sunny Paul.

At Bethesda Hospital, Vengola, managed to conduct a seminar on World Elder abuse Day.

A meeting was convened to give homage to the departed soul; Dr. Divakaran delivered the resolution note.



IMA observed the International Day against Drug abuse by conducting an awareness program to hospital staff.

05.06.2022: World Environment Day. Members & staff visited IMAGE plant.

09.06.2022: Monthly Meet and CME on "HIV- fresh thoughts" by Dr Sureshkumar P conducted at MKH hospital auditorium.

25.06.2022: GB and Monthly Meet at RB Palace Hotel Neyyattinkara; as a special function in Remembrance of Late senior IMA member Dr Simon (CMD, Royal City Hospital, Balaramapuram). The GB started with Flag Salutation by Dr Jayakumar followed by welcome and presidential address by Dr S K Ajaiyakumar. Dr Varun R V presented the minutes of GB and monthly meet for the month of May followed by secretary's report in which various IMA Schemes were discussed and special importance was given to joining SSS2.

Conducted a CME on 'Resistant Hypertension' by Dr Caezer Ennis & the superiority of Cilnidipine over other drugs in controlling resistant hypertension was discussed in detail. The details of the upcoming State conference were presented.



03.06.2022: IMA in Association with IAP, Ortho Club and GH conducted International Club foot day celebration at GH Conference Hall Kasaragod presided over & welcome speech by Dr B Narayana Naik. Dr Mahesh Consultant Orthopaedician briefed about Club foot and its latest treatment methods. Dr Manoj JC highlighted the setting up of Club foot clinics and newer Guidelines on treatment & vote of thanks by Dr Jamaluddeen M.

04.06.2022: Arranged free lunch Program to inpatients of Government Hospital Kasaragod, as a part of Golden Jubilee Celebration, known as Suvarna Mahothsava Annadana, sponsored by Dr Adarsh Yatheeshan.

05.06.2022: Celebrated World Environment Day by welcomed the members and addressed the gathering by Dr. B Narayana Naik and briefed about the importance of environmental day and the regarding 'Suvarna Vanamahothsava' program of IMA Kasaragod, distributed Saplings to IMA members for planting. Senior Member Dr K K Shanboughe felicitated the occasion.

15.06.2022: ELS/COLS Hands on training to General Public and Bystanders of GH at Kasaragod premises by Dr B Narayana Naik.

17.06.2022: Weekly Medical Check-up by Dr B Narayana Naik at children's home Paravanadkam.

20.06.2022: Executive Committee Meeting, Dr Jamaludeen M presented accounts of expenses of IMA house renovation.

23.06.2022: Renovated IMA house inauguration with General Body meeting and CME held at IMA house, inauguration of Dining Hall by

IMA Senior member Dr AnanthaKamath and Meeting Hall was inaugurated by IMA founder Secretary Dr B S Rao. Dr Suresh Mallya detailed the topic and introduced the speakers. Dr Rohan Chandra Gatty spoke on principles of surgical oncology, Dr Hemath Kumar spoke role of physicians in management of cancer & Dr Venkataraman Kini spoke on principles of radiation oncology.



05.06.2022: World Environment Day celebrations at IMAGE plant Palakkad and Green Kochi Mission.

08.06.2022: Executive Committee Meeting.

08.06.2022: AED donated by Heart Care Foundation was installed at IMA House Cochin.

07.06.2022 to 28.06.2022: Weekly Covid Meetings.

Gave training on menstrual cup at SCMS College of Management studies.

12.06.2022: Blood Donation Camp.

14.06.2022: World Blood Donor Day at Cochin IMA Blood bank.

Attended the Kairali TV Doctors Awards 2022.

14.06.2022: First aid and CPR Training at SCMS.

16.06.2022: Cochin Clinical Society Meeting.

22.06.2022: Monthly GB and CME.

Inaugurated the Pride month by hoisted the flag before the final of five football match ECLIPSE 22 at Govt Medical College Ernakulam.



33

Branch: Pattambi | President: Dr Geetha V C | Secretary: Dr Khaleel Majid Mayyeri

05.06.2022: Members participated in Inter District Foot Ball Tournament for Palakkad district and won runner up trophy.

05.06.2022: Members participated in Environmental Day programme conducted by IMAGE at Palakkad.

17.06.2022: Executive Committee Meeting.



19.06.2022: Members participated in a meeting conducted by Palliative Society of Pattambi.

19.06.2022: Perinthalmanna Sports Meet, Dr Yousuf Hisham and Dr Rupesh participated in Carroms and became champions. Dr Minu participated in chess and won winner up prize.

30.06.2022: GB and CME conducted at Nakshatra Regency Hotel Pattambi and an excellent speech about office practice of neonatology by Dr A K Jayachandran.

34

Branch: Nemom | President: Dr. N. Sreedhar | Secretary: Dr. Indira Amma J.

02.06.2022: Paid homage to Late Dr. Joy Phillip; the function at Gvt. Medical College, Trivandrum attended by Dr.Vijayakumar, Dr.Indira Amma and Dr.Mohanan Nair.

05.06.2022: Attended the World Environment Day programme at IMAGE, Palakkad.

08.06.2022: Executive Committee Meeting.

12.06.2022: Cancer Cervix Awareness and Medical Examination programme by WDW. Nalanda Auditorium Kulathara, Organised under the Mission Pink Health Programme in association with the Cherupazhinji Devi Seva Society. Dr.Chandini Devi conducted the programme inaugurated by Dr.N.Sreedhar.

14.06.2022: CME on "Insulin Glargine – the first USFDA approved BIOSIMILAR in India" organised by the AMS Chapter. Dr.P.K.Jabar, Dr.Thushanth Thomas and Dr.Tony Joseph were the panellists and Dr.Mohanan Nair was the moderator.

15.06.2022: Attended Dr.P.Kesavadev Awards function.

17.06.2022: Organising Committee Meeting of Platinum Jubilee celebrations of Thiruvananthapuram Government Medical College Auditorium.

18.06.2022: NCD Awareness Programme by Dr.A.S.Pradeep Kumar and Dr.Jayakumar at the CSI church, Kalliyoor Peringammala.

25.06.2022: General Body Meeting and "Training of Trainers on ELS" by Dr.Shiju Stanley.



27.06.2022: International Day against Drug Abuse and Drug trafficking programme at Cotton hill Government Girls High School. Dr.Unnikrishnan R Nair conducted the session & inaugurated by Sri.Rajesh Babu, Additional Head Master. Dr.Mohan Nair, State Vice President delivered the keynote address and Dr.Chandini Devi presided.

28.06.2022: CME on "SGLT2 inhibitors in the treatment of Diabetes" by Dr.Mohan Nair, Former Director and CEO of Indian Institute of Diabetes organised by the AMS Chapter.

29.06.2022: Awareness Programme on "Adolescent Health, Menstrual Hygiene and Menstrual Health" to the girl students of Christ Nagar, Higher Secondary School, Maranalloor campus.

29.06.2022: Awareness Programme on "Adolescent Health, Substance Abuse and Cyber-crimes" organised a sensitization session for the Adolescent boys of Christ Nagar, Higher Secondary School, Maranalloor.

35

Branch: Feroke

President: Dr. Saleena N.

Secretary: Dr. Sanoop E.

14.06.2022: Monthly GB and CME on 'Heart Failure Management by Dr Ashwin Paul from Red Hospital & also conducted a campaign to get new members and also to increase scheme membership.

36

Branch: Karunagapally

President: Dr. K. Raghu

Secretary: Dr. Sen C.R

05.06.2022: Attended World Environment Day celebrations of IMA, at IMAGE Plant, Palakkad.

08.06.2022: Regular Executive Committee Meeting and association matters were discussed.

29.06.2022: Monthly General Body Meeting and Scientific Session, Dr.Sreekanth. R, Consultant Neonatologist spoke on the 'Recent changes in Neonatal Resuscitation'.

37

Branch: Kanhangad

President: Dr.T.V.Padmanabhan

Secretary: Dr.Vinod Kumar.P



05.06.2022: World Environment Day at IMA House premises and in association with IAP Kanhangad at Hosdurg GHSS ground. President, Secretary and other IMA members planted saplings.

Members attended the World Environment day Celebrations at IMAGE plant, Palakkad.

05.06.2022: BLS/ELS TOT Program at IMA House. Dr Suresh Babu, District Chairman presided the function and Deputy DMO Dr Manoj A T inaugurated. Dr SashidharanP lead the training program.

07.06.2022: IMA in association with DMO Kasaragod conducted CME on 'Mansoon Maladies' by Dr Balakrishnan Valliyottu for private doctors. Dr Mohanan E presided and Dr T V Padmanabhan inaugurated the program.

14 & 21.06.2022: Conducted Executive Committee and Building Committee meetings.

22.06.2022: President, Secretary and DC Convenor attended District Committee Meeting.

24.06.2022: General Body Meeting and CME on 'An approach to Gastrointestinal Bleeding' by Dr Sabu & discussed about the violence against Doctors and Hospitals, Safe Zone, District Convention etc.



38

Branch: Iritty

President: Dr.Sanith Kumar K.N

Secretary: Dr. Ramesh Hariharan

30.06.2022: General Body Meeting and CME on 'Approach to a child with fever / PUO suspect' by Dr.Jijesh, Consultant Paediatrician, Peravoor Taluk Hospital. Association matters and the district convention topics were also discussed.

39

Branch: Irinjalakkuda

President: Dr. Bastin V A

Secretary: Dr. Reeja C Menon

05.06.2022: Visited IMAGE plant at Palakkad on the occasion of World Environment day by Dr Usha Kumari and Dr Hareendranathan.

12.06.2022: ELS Training given to staff at Metro Clinic, Irinjalakuda headed by Dr Vishwanathan, Dr Usha Kumari, Dr Hareendranathan, Dr Sreenath and Dr Reeja.

15.06.2022: GB Meeting and CME on 'Gallstone Diseases, how and when?' by Dr Karthik Kulshreshtha

and Dr Sajith Sebastin.

19.06.2022: Dr.Vishwanathan and few members attended DC ELS Training Session.

40

Branch: Thrissur

President: Dr. Joy Manjila

Secretary: Dr. Joseph George

03&04.06.2022: IMA Kerala State Inter District Cricket Tournament@ Sporteker Turf Ground, Kuttanellur inaugurated by State President Dr. Samuel Koshy and Guest of Honour Dr. Joseph Benaven State Secretary. Branch sponsored Dr K K Rahulan Memorial Trophy for the Champions and Captain Dr George Varghese Memorial Trophy for the Runners up; Champions – IMA Kollam & Runners up – IMA Thrissur.

05.06.2022: Visited IMAGE Plant Premises, Palakkad as a part of World Environment Day Celebration.

09.06.2022: Conducted District Level Men's Doubles & Women's Singles Badminton Tournament at Govt Medical College, Badminton Court, Thrissur.

10.06.2022: Executive Committee Meeting presided by Dr. Joy Manjila & presented the minutes by Dr Joseph George.

12.06.2022: State Level One Day Workshop at Hotel Elite International organized by IMA CGP, Indian Psychiatric Society and supported by Kerala University for Health Sciences presided by Dr. P Gopikumar, Sr. Vice President & inaugurated by Dr. Mohanan K, Vice Chancellor Kerala University of Health Sciences. Dr. Arun Kishore, Consultant Psychiatrist, UK lead the workshop.

12.06.2022: Participated in State Level Men's & Women's Doubles Badminton Tournament at Chengannur.

14.06.2022: Observed World Blood Donors Day. Dr V Govindankutty welcomed, chaired by Dr Joy Manjila & Thrissur City Mayor Shri. M K Varghese was the Chief Guest.

15.06.2022: Observed World Elders Abuse Awareness Day 2022 hosted by IMA Thrissur with Kerala Social Security Mission chaired by Dr Samuel Koshy, State President, Dr R Bindhu, Minister for Social Justice & Higher Education, Kerala inaugurated the session through a message. Dr P Gopikumar addressed and Mrs. Surabila Ramanen & Dr Byju N, did the felicitation talks. Dr Saleem P M, spoke on , 'An Overview – Care of Elderly'. Adv. K R Sumesh explained the MWPS Act and Reverse Mortgage followed by Dr Praveen G Paispoke on the importance of 'Age Friendly Hospitals'.
15.06.2022: Oxygen Concentrator Bank of IMA Thrissur launched by Dr Samuel Koshy, State President, during the observance Seminar for the public.

16.06.2022: Conducted District Level Men's Doubles Table Tennis, Chess (Men's & Women's), Caroms& Women's Doubles Caroms Tournaments.

18.06.2022: General Body Meeting and Scientific Session on Gynaecological Cancers – Staying One Step Ahead by Dr. Geetha A P, 'Unusual Cause of Respiratory Distress In A New Born' by Dr R Raveendra Varma & "Liver Fibrosis" – Don't Stick A Needle, Probe It by Dr Jinachandran M K.

19.06.2022: Inter District Chess Tournament at Perinthalmanna.

26.06.2022: IMA District Level Awareness class on 'Medical Negligence and Medical Record Keeping' @ Hotel Mangala Towers, Thrissur.

Total Blood collected During Camps – 1345 Units

Total Blood collected at Blood Bank – 549 Units

Total blood and components issued – 3161 Units



41

Branch: Adimali

President: Dr. Mohandas K

Secretary: Dr. Ajayakumar S

29.06.2022: Monthly Branch Meeting at Dhanya Hotel, Adimali which included our members, invited guests and Doctors from St. Mary's Hospital, Thodupuzha. CME on 'Renoprotection in Typell Diabetes Mellitus' by Dr.Sonu Manuel, moderated by Dr. Mathew Abraham and on ' Fatty Liver- Is scary?' by Dr. Shine J Pakalomattam, moderated by Dr.Joshy Joseph.

42 Branch: Perambra | President: Dr. Sachith. D | Secretary: Dr. Sheeja Viswanathan

20.06.2022: Executive Committee Meeting; main agenda was about Doctors Day Celebration.

43 Branch: Thriprayar | President: Dr. Moly Baby | Secretary: Dr. Ajay Rajan



05.06.2022: World Environment Day celebration attended at IMAGE plant Kanjikode.

09.06.2022: Attended IMA Thrissur district Badminton tournament Thriprayar team runner ups.

12.06.2022: Attended IMA State Badminton tournament.

14.06.2022: Observed World Blood Donor Day & conducted Seminar on blood donation for red ribbon club of college students.

15.06.2022: GB and Scientific Session on "Cardiovascular disease and

diet' by Dr Govindan Unni, Cardiologist.

Observed International Day against Drug Abuse and illicit drug trafficking.

44 Branch: Kannur | President: Dr.V. Suresh | Secretary: Dr. Rajamohan.C.K

02.06.2022: General Body Meeting & Hybrid CME on 'A few interesting movement disorders' by Dr.Sujith Ovallath, Senior Neurologist BMH Kannur.

09.06.2022: Hybrid CME on Basic & advanced imaging in acute stroke by Dr. Prasad, T V Consultant Radiologist, Sreechand Hospital & on 'Recent advances in acute stroke management' by Dr.Arun. K.

12.06.2022: Awareness Class on 'Medical Negligence & Medico legal Record Keeping'.

16.06.2022: Hybrid CME on 'Antibiotic – strengthen your Basics & Prescribe Wisely' by Dr.Anoop Kumar. A.S, Consultant Critical Care Medicine, BMH Calicut.

20.06.2022: Executive Committee Meeting, decided to

celebrate Doctor's Day and a family Meet with entertainment programs and to invite District Collector as Chief Guest.

23.06.2022: Hybrid CME on Approach to Pancytopenia by Dr.Chandran K Nair, professor and HOD of Haematology at Malabar Cancer Centre.



45 Branch: Thalappilly | President: Dr. P.M. Saleem | Secretary: Dr. Shehabudeen E.A

21.06.2022: General Body Meeting; Scientific talk by Dr Ashish Chowdhari plastic surgeon and Dr Jairicho Johnson ENT surgeon, both from Apollo adlux hospital Angamali.

26.06.2022: Executive Meeting through Zoom Platform.

46 Branch: Haripad | President: Dr. Sobhana T.D | Secretary: Dr. J. Shirley



10.06.2022: General Body Meeting and CME on Probiotics in Gynaecology by Dr.V.Reshmi.

IMA Haripad Building committee Chairman Dr. Ramesh spoke about the stone laying ceremony and the scheduled date.

18.06.2022: An awareness class for Students Police Cadets on First Aid was by Dr.J.Shirley, IMA unit secretary in KKKVM HSS Kumarapuram, Haripad.

47 Branch: Kuthuparamba | President: Dr. Vinayak Madanagopal | Secretary: Griffin Surendran

02.06.2022: Executive Committee Meeting.

05.06.2022: World Environment Day.Tree saplings were planted by the members at their home as part of environment day.

05.06.2022: Members from the branch under the leadership of president attended North Zone Fest of IMA women's wing. Dr.Srikumar Vasudevan presented a talk on dealing with criminal negligence at ENT Conference in Cochin.

12.06.2022: Awareness Class on Medical Negligence and Medico legal Record Keeping.

19.06.2022: IMA AMS Mid Zone Conference.

21.06.2022: President Dr.Vinayak and Secretary Dr. Griffin visited Mattannur MLA Smt. Shailaja Teacher and handed over the Memorandum.

23.06.2022: General Body Meeting.



48 Branch: Changanassery | President: Dr. Narayana Panicker M | Secretary: Dr. Sarath Babu S M

27.06.2022: General Body Meeting and CME on 'Stroke and it's management'. by Dr Bhagya S , Consultant Neurologist, St Thomas Hospital Chethipuzha.

49 Branch: North Paravur | President: Dr.K.G.Gopinath | Secretary: Dr. Sunil.P.K



10.06.2022: MSN unit was inaugurated at SNIMS Chalakka, North Paravur. Dr Binoy.S, Chairman MSN Kerala was the chief guest. Dr Gopinath.K.G, President IMA North Paravur & Senior leader Dr Sreevilasan felicitated the function.

16.06.2022: Executive Meeting, discussed about the doctors day celebrations. It was decided to invite PadmaSree Dr Jose Chacko Periappuram, as the chief guest of the occasion.

50 Branch: Karakonam | President: Dr. Siva Sree Ranga M.K | Secretary: Dr. Shibu Raj P.S

04.06.2022: IMA Karakonam in association with I-for-u foundation and SM CSI Medical College conducted a Mega Kidney Disease Prevention Camp at Koothali, Vellarada. The camp was inaugurated by Sri. C K Hareendran MLA. Awareness talks by Dr Shibu Raj. Camp aimed at giving free medical Check up, free blood tests for all patients including Blood sugar, Creatinine and Urine tests.

51 Branch: Payyannur | President: Dr. Haridas M | Secretary: Dr. T. Ranjith Kumar

25.06.2022: IMA and AMS Conducted monthly GB and CME on 'Robotics in Cancer Surgery' by Dr Dileep Damodar, HOD surgical oncology at IMA House in association with MVR Cancer Centre, Kozhikode. Secretary Dr T Ranjithkumar welcomed the gathering. Dr Padmanabhan K, Vice president presided over the function. Dr Vinayakumar introduced the speaker. Dr VC Raveendran, President AMS handed over a memento to the speaker as a token of appreciation. Dr Sajin KM, Secretary, AMS proposed the vote of thanks.

52 Branch: Kollam West | President: Dr. Marceles M | Secretary: Dr. Roy Manuel

18.06.2022: Executive Committee Meeting.

53 Branch: Thenmalapuram | President: Dr. Kuttamani T.K | Secretary: Dr. Majeesh Antony

05.06.2022: Participated World Environment Day celebrations at IMAGE plant Palakkad & supported DTF for conducting Haritha Day.

26.06.2022: Emergency Life Support Training.

54 Branch: Thaliparamba | President: Dr.Anoop.A.R | Secretary: Dr. Bino Jose

Members participated in the State IMA Sports Meet and demonstrated remarkable performance.

09.06.2022: Conducted CME on "newer trends varicose vein management" by Dr.Shyam Krishnan.

Executive Committee Meeting & General Body Meeting & decided to launch "PUNARJANI" program incorporating all panchayat and



municipalities under Taliparamba constituency to teach Emergency Life Support Program to the public and also decided to celebrate Doctors day on 1st July.

ACT force team of branch organised a public Seminar - "SURAKSHA", seminar on hospital attacks. It was a highly acclaimed program attended by eminent public speakers.

12.06.2022: Members attended CME on 'Medical Negligence & Medico legal Record Keeping', which was very useful session for CMOs, and duty doctors attending casualty cases and MLC cases.

25.06.2022: Movie club under the chairmanship of Dr.Jose.P.V conducted movie fest.

The renovation work of IMA House completed and opened for functions and meetings.



55 Branch: Panoor | President: Dr. Shaheed.K | Secretary: Dr. Salmath.K.T

05.06.2022: Members attended Environmental Day Program at IMAGE plant Palakkad. Have decided to celebrate doctors' day program and planned a CME on upper airway management on same day.

56 Branch: Mukkom | President: Dr. Abdul Jaleel T.K | Secretary: Dr. Namboodiri Arun Sankar

23.06.2022: Branch conducted General Body Meeting and CME on 'Untwisting spine - Concepts in Scoliosis management' by Dr. Pramod Sudarshan.

57 Branch: Adoor | President: Dr. Thomas Muthalaly K.G | Secretary: Dr. Nandu Soman

Executive Committee Meeting & various activities of the previous month were reviewed and the forthcoming plans and activities were discussed and decided to celebrate Doctor's day on 1st July by honouring 5 senior most doctors from the branch for their contribution towards modern medicine.

58 Branch: Mannarkkad | President: Dr. Abdu Kalladi | Secretary: Dr. Devendra B Naddoni

17.06.2022: Conducted School Health Programme and honoured the students of grade 12th of Kalladi Abduhaji Higher Secondary School for their victory in state board exam.

59 Branch: Attapadi | President: Dr. Narayanan V | Secretary: Dr. Shubin Dominic

21.06.2022: General Body Meeting.

60 Branch: Valluvanad | President: Dr.Satheesh Kumar.N | Secretary: Dr. Sreeraj.C

10.06.2022: Executive Committee Meeting & decided to Celebrate Doctor's Day as a family Get together and to Honour Dr.Parameswaran Namboodiri, Senior Paediatrician, Past President, SWC member and present Health Scheme Palakkad Dist. representative.

61 Branch: Kunnankulam | President: Dr. Ditto Tom. P | Secretary: Dr. Unnikrishnan T

07.06.2022: 10th Executive Committee Meeting and Organising Committee Meeting of IMACON 2022& discussed about the celebrations of doctors' day on 1st July and other association matters. The executive committee was followed by organising committee meeting of Annual state conference.

16.06.2022: 9th General Body Meeting & CME on 'Adjuvant treatment in breast cancer' by Dr Philip Mathew medical oncologist, Apollo Adlux Hospital & on 'surgical treatment in breast cancer' by Dr Avinash Anand, Surgical oncologist, Apollo Alex Hospital.

62 Branch: Cherthala | President: Dr.Shylamma K | Secretary: Dr. John Mathew P



15.06.2022: General Body Meeting & CME on "Advancements in Stone Management" by Dr. Vishnu Raveendran and on "BPH Management and Recent advances" by Dr Rajanikanth V.S. Dr. Shylamma, welcomed the gathering and delivered the presidential address. Dr.Joshy Joseph gave a comprehensive overview about the visit by to IMAGE, a state-of-the-art Common Biomedical Waste Treatment and Disposal Facility atPalakkad, the pioneering initiative by IMA Kerala. Joint Secretary, Dr. Manu presented the minutes of the last GBM.

63

Branch: Pala

President: Dr. Jose Kuruville Kokkat

Secretary: Dr. Eby Chacko

07.06.2022: Conducted Executive committee meeting and General Body Meeting.

64

Branch: Palakkad

President: Dr. Arun N.M.

Secretary: Dr. Dilip Kuncheria

02.06.2022: Academic Meeting at IMA Palakkad & CME on 'Interesting Cases Presentation' by Dr. Madhuchandra H.S & on 'Approach to solid Malignancies' by Dr. Odaiyappan.K.

17.06.2022: Executive Committee Meeting discussed about the Doctor's Day Celebration.

SSS3 Fraternity benefit to family of Late Dr Mohanan C handed over to relatives by visiting his home.

Contributions to Dr Pobbathi Krishna handed over Rs 6,23,023/-

collected from IMA members as part of financial assistance to the member with disability.



65

Branch: Kottayam

President: Dr. Bipin P. Mathew

Secretary: Dr. Ganesh Kumar J.R

10.06.2022: Conducted an Awareness Programme by Dr. Ganesh Kumar J.R Secretary of IMA Kottayam about Health After Covid for MRF Staff Kottayam.



12.06.2022: District Committee conducted an Emergency Life Support Hands on Training Programme inaugurated by Dr.Sabu Thomas, Vice Chancellor of M.G University.

16.06.2022: General Body Meeting & a Talk on 'Recent Updates in Emergency Life Support' by Dr.Koyakutty and on 'an approach to Stabilize acute Vertigo' by Dr. Rajesh Kumar R.

66

Branch: Chittur

President: Dr. Prathap R

Secretary: Dr. Prem Narayanan

General body meeting & CME on 'Neonatology in general practice' by Dr.Padmesh & Dr.Ratna Pradeep conducted at Ahalia women and children hospital attended by Junior doctors from medical colleges in Palakkad also & the general matters were discussed by president and branch activities were discussed by secretary.

67

Branch: Vandiperiyar

President: Dr. Suresh Babu N

Secretary: Dr. Muthuraj P

Monthly Meeting held on Hotel Karar Garden Kumily. Dr.Mahesh Pandian discussed about 'Diabetes Updates'.

68

Branch: Kolencherry

President: Dr. Sreekumar G

Secretary: Dr. Vijy Paul Thomas

29.06.2022: General Body Meeting with Scientific Session on 'New Onset Seizure in Adults' by Dr Baishyak Renuji, Consultant Neurologist M O S C Medical College Kolencherry.

69

Branch: Varkala

President: Dr. Sidharthan B

Secretary: Dr. Saju Sahadevan

15.06.2022: Executive Meeting.

70

Branch: Pandalam

President: Dr. Varghese.T.G

Secretary: Dr. Muhmmmed Siyavul Hakh

07.06.2022: General Body Meeting & CME on 'Common case in OPD' by Dr.Karthika, Consultant Medical Retina. Members discussed financial help to renal transplant patient.

71

Branch: Chirayinkeezhu

President: Dr. Biju R

Secretary: Dr. Padma Prasad P.S

21.06.2022: Conducted BLS Training for Asha Workers at PHC Azhoor. And NCD Camp for auto drivers at Perumguzhi community Hall.

72

Branch: Thamarassery

President: Dr. K.K.Thomas

Secretary: Dr. Amal John Jacob

16.06.2022: General Body Meeting and CME on 'Cardiac Surgery - General Perspective' by Dr.Sisir Balakrishnan and on 'Evolution of Brain Tumour Surgery' by Dr. Rajesh Nair and honoured guest of honour Dr.Kesavanunni, Retired superintendent of Taluk hospital Thamarassery.

73 Branch: Venjaramoodu | President: Dr. Sajeena A.S | Secretary: Dr. Satheesan M

14.06.2022: Observed World Blood Donor Day. The event was organised by a joint initiative of the world health organization, the international federation of Red Cross and Red Crescent societies to raise awareness of the need for safe blood and blood products. Conducted an awareness class by Dr.Satheesan M, Secretary IMA, Venjaramoodu Branch for the students at Mannania College, Pangode.

Executive Committee Meeting through Zoom platform.

Dr Satheesan M, participated State level IMA Football match and selected as the IMA Thiruvananthapuram District team Captain.



74 Branch: Punalur | President: Dr. Narayanan Nair S | Secretary: Dr. Sudhakaran Nair T.N

15.06.2022: General body Meeting and CME on 'Approach to Head ache' by Dr.Sreejith V Revi. Dr R V Asokan talked about various schemes and requested members to join all schemes. The Meeting was sponsored by Sanker's Eye Hospital.

75 Branch: Chathannoor | President: Dr.Anil Prasad K | Secretary: Dr.Manoj Balachandran

17.06.2022: General Body Meeting & CME on 'Dyslipidaemia' by Dr.Jossy Chacko, Interventional cardiologist of HCH, Kottiyam.

76 Branch: Chalakudy | President: Dr. Thilakan C | Secretary: Dr. Prakash V

16.06.2022: Monthly Meeting. There was a PPT by Secretary Dr.Prakash V on "Guidelines for Intervention in Attacks on Doctors and Institutions" prepared by IMA KSB ACT FORCE. During Members Time, Discussion followed on the above topic.

20.06.2022 & 27.06.202: Executive Committee Meetings to discuss & finalize activities on July 1 - Observation of Doctors Day by conducting ELS & Basic First Aid Demo-Class at UHSS, Mambra for NCC cadets, NSS volunteers and higher secondary students & teachers.

77 Branch: Thiruvalla | President: Dr. C.R. Radhakrishnan | Secretary: Dr. Cyril Joseph

30.06.2022: Monthly General Body Meeting and CME on 'Communication skills, documentation and litigations in medical practice' held at Hotel Elite, Thiruvalla by Dr.Mohanan Nair, VP.

78 Branch: Pathanamthitta | President: Dr. Thomas T Thomas | Secretary: Dr. George T Varghese

General Body Meeting.

79 Branch: Kulanada | President: Dr. K.N. Babu | Secretary: Dr. Sreekanth K



29.06.2022: General Body Meeting and CME on 'An update on immunization schedule' by Dr Savitha P, Prof and HOD, Dept of Paediatrics, Mt Zion MCH, Adoor presided by Dr. K N Babu.

80 Branch: Kanjirapally | President: Dr. Babu Sebastian | Secretary: Dr.Mathew P. Thomas

Conducted an academic session about pain management in a clinician's life and an active discussion regarding fund raising for construction of IMA house.

81 Branch: Chengannur | President: Dr. Oommen Varghese | Secretary: Dr. Naveen Pillai

Hosted IMA State Sports Meet Shuttle Badminton Tournament 2022@ IBA inaugurated by Honourable Minister for Fisheries Shri. Saji Cherian. State leaders and District leaders attended & 32 double teams participated. 16.06.2022: GB Meeting and CME by Dr.Sandeep Prabhakaran and Dr.Jobin Abraham.



82 Branch: Kottakkal | President: Dr. Rajeena Shahid | Secretary: Dr. Muhammed Shereef

19.06.2022: Conducted Joint Stabilization and Balancing Exercise Training Session for members.

23.06.2022: General Body Meeting & CME on 'Identification of a Sick Child' by Dr. Silpa K Bharathan Specialist Pediatric Critical Care Aster MIMS Kottakkal@ Hotel Rydges Inn in association with Aster MIMS Kottakkal and there are 5 members enrolled.

83 Branch: North Wayanad | President: Dr Roshin Balakrishnan | Secretary: Dr Rajesh.R

17.06.2022: General Body Meeting and CME on 'How To Approach Knee Pain in Primary Care Practice' by Dr.Y.S Suresh Babu, Orthopaedician, SJMH, Mananthavady. President urged all new members to join the various schemes of IMA KSB & requested everyone to participate in doctor's day celebration with family and friends.

84 Branch: Balussery | President: Dr. V.C. Venugopalan | Secretary: Dr. P. Vijayan

22.06.2022: Online General Body Meeting and decided to honour 3 senior members on July 1 with family get together. 14 members attended.

85 Branch: Nadapuram | President: Dr. Pradosh Kumar M | Secretary: Dr. Mansoor P.M

22.06.2022: Conducted General Body Meeting and CME on 'Febrile Seizure in children - approach and management' by Dr.Shameem, Consultant Paediatrician.

86 Branch: Kattappana | President: Dr. Bagavath Singh | Secretary: Dr. Varun Jose Memana

Branch conducted two sessions of Executive Committee Meeting and one CME.

87 Branch: Nedumkandam | President: Dr. Joson Varghese | Secretary: Dr. Vishnu Mohan

23.06.2022: Executive Committee Meeting.

88 Branch: Tirur | President: Dr. Ahmmed Kutty K | Secretary: Dr. Azim Ahdir M.P

03.06.2022 to 05.06.2022: The branch had its representation in state annual sports held at Thrissur. While Dr. Abdulla Aboobacker and Dr.Nidhil from IMA Tirur Branch were part of Malappuram District Cricket team. Dr.Isham along with his teammates lifted the State Football Championship trophy for Malappuram District Football team.

05.06.2022: The branch was represented at the state level function, observing World Environment Day at IMAGE plant, Palakkad.

07.06.2022: Executive Committee Meeting at Dr. K Alikutty Memmorial IMA Hall, Tirur to discuss and plan on Doctor's day celebration and Sports activities.

17.06.2022: Participated in the Malappuram District Committee meeting held at IMA Hall. The branch voiced its opinion through Branch President Dr.Ahammed Kutty, Secretary Dr. Azim Ahdir and Dr.Jayakrishnan.

19.06.2022: Represented Malappuram District became the State Champions in the state level Tug of War competition held at Perinthalmanna.

24.06.2022: Organizing Committee Meeting through virtual platform to discuss on Doctor's day celebration.

27.06.2022: Monthly Branch General Body Meeting & CME on "Recent advances in Joint Replacement Surgery" by Dr.Santhosh V.C, Consultant Orthopaedic and Joint replacement surgeon, Almas Hospital, Kottakkal.

89 Branch: Ettumanoor | President: Dr. V.V Soman | Secretary: Dr. Bilix Vinayak P.J

15.06.2022:Conducted the Executive Meeting and discussed about the activities for the month & organized next month's family meeting.

90 Branch: Nilambur | President: Dr. Jalal P.M | Secretary: Dr. Shijin Paladan

A Seminar related to the subject of Cardiology was organized in collaboration with Perinthalmanna Moulana Hospital. A program was also organised in collaboration with Nims Hospital Vandoor Gynecology Department. 2 new members are joined.

91 Branch: Kannur Malabar | President: Dr. Cletus Kanakappalli | Secretary: Dr. Suresh Babu M.P

01.06.2022: Attended District Committee Meeting.

12.06.2022: Attended Awareness class at IMA Hall Kannur on 'Medical Negligence and Medico legal Record Keeping'.

24.06.2022: Attended DC Meeting in connection with the District Convention.

92 Branch: Cherukunnu | President: Dr. P.K. Anil Kumar | Secretary: Dr. Roshna Raveendran

01.06.2022: Participated the District Committee Meeting.

12.06.2022: Attended CME on 'Medical Negligence and Medico legal Record Keeping'. Welcome Address by Dr. Lalith Sundaram and Inaugurated by Dr. Sri Kumar Vasudevan, felicitated by Dr. KV Babu and Dr. Anish A.P & vote of thanks by Dr. Madhavan. The talk on 'Medical Negligence' by Justice K. Abraham Mathew (Retired) High Court of Kerala, Member – KLSA & documentation in Medico legal Cases by Dr. P.B. Gujaral, Chief Consultant (Forensic Medicine) & Police Surgeon.

24.06.2022: Attended DC Meeting in connection with the District Convention.

93 Branch: Manjeri | President: Dr. Menon M.P.K | Secretary: Dr. Febin Puthilath

10.06.2022: Building Committee Meeting.

19.06.2022: Building Committee Meeting.

28.06.2022: Building Committee Meeting.

94 Branch: Pathanapuram | President: Dr. Radhakrishnan Nair P | Secretary: Dr. Rajeev P.R

11.06.2022: General Body Meeting and CME on 'Common Dental Problems' by Dr. Anu Sam, Sam's Dental Clinic Pathanapuram.

95 Branch: Uppala | President: Dr. Jayapal Shetty M | Secretary: Dr. Mahesh

14.06.2022: General Body Meeting & CME.

96 Branch: Malappuram | President: Dr. Mohammed Hassan A.P | Secretary: Dr. Daber Pareed



14.06.2022: Observed Blood Donor's Day at Ma'din public school, Malappuram. A talk on 'Donating blood is an act of solidarity Join the effort and save lives by Dr. Asoka Valsala.

17.06.2022: District Committee Meeting at IMA Hall Malappuram.

97 Branch: Edappally | President: Dr. Sabarish B Nair | Secretary: Dr. Vivek Lakshmanan

Branch conducted CME.

98 Branch: Vaikom | President: Dr. Alex Thomas | Secretary: Dr. Abyson Philip

05.06.2022: World Environment Day Celebration held at IMAGE PLANT Palakkad was attended by Dr Alex Thomas, Dr. Domini Mathew Pallet, Dr John K V & Dr Sivasankaran.

20.06.2022: Executive Committee Meeting

Decided to conduct Doctor's Day celebration and recognize senior most doctors on that day.

BRANCH ACTIVITIES

With best wishes from

image - CBWTF



It is our responsibility and
Commitment to keep our Green Land
away from the dangerous
hazards of Biomedical waste...



India's largest and
environmentally safe
Common Biomedical
Waste Treatment
& Disposal facility
for the entire state
of Kerala.

Serving 19,062
Healthcare
Establishments
Across the
Kerala for their
Biomedical
Waste Management



The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the
Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards



Contact us for more details....



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