



2022 April

TMA

NEWS LETTER



Be Safe.....Be Committed



INDIAN
MEDICAL
ASSOCIATION
KERALA STATE BRANCH

HQ - Anayara P.O
Thiruvananthapuram - 695 029
Tel: 0471 - 2741144, 2741166
E-mail: imaksb@yahoo.co.in
Website: imakerala.com

Editor:
Dr. Joseph Benaven
IMA State HQ, Anayara P.O
Thiruvananthapuram - 695 029
M: 9895997891, 6282871678

IMA STATE HEADQUARTERS E-MAIL IDs

State Secretary:
secretary@imakerala.com

News Letter:
newsletter@imakerala.com

Membership:
membership@imakerala.com

Accounts:
Accounts@imakerala.com

IMA - Connect:
imaconnect@imakerala.com

General:
info@imakerala.com

CONTENTS

President's column.....	3
From the Editor's Desk	4
Tharangom - Photo Gallery	5-30
State Activities.....	32-41
Adolescent Clinic - Need of the Hour	42-46
Women Doctors Wing report	47-52
Mission Pink Health Report	53-54
Branch Activities	55-79



Dr. Samuel Koshy
President, IMA KSB

President's Column

CONSUMER PROTECTION ACT 2019

Modern Medical Practitioners in Crisis.

Deterioration of Doctor- Patient relationship was hastened with the inclusion of doctors in Consumer Protection Act 1986 by the Supreme Court bench headed by Justice Eradi through the V P Santha vs. Indian Medical Association case in 1994. Modern Medical Practitioners heaved a sigh of relief three years back when the then minister Late. Sri. Ram Vilas Paswan, while introducing the new Consumer Protection Act 2019, announced in Parliament that Medical Service is not included in the ambit of the act. But later when the rules were published, there were indications that Doctors are not excluded from the act. Legal luminaries also were of the opinion that medical practitioners are not excluded.

While Kerala State IMA was slowly and systematically moving forward to approach the Supreme court, with the help of National IMA, against certain State Consumer Court Judgments, few groups of legal activists from Maharashtra filed an SLP in Supreme Court against a Bombay High Court judgment. This was done with out proper homework to overcome the 1994 Supreme Court Judgment. The Petition was rejected by Supreme Court and declared that Doctors are included in the new Act. A repeat appeal was again rejected even without going into the merits. This has caused a crisis for the Modern Medical Practitioners.

CPA 2019 is more harmful to medical practitioners than the previous one on many issues. Most harmful among them are:

- The upperlimit of punishment by District Consumer Commission is increased from 20 lakhs to 1 crore, that of State Commission from 1 crore to 10 crores and that of National Commission to above 10 crores.

- For an appeal from lower court to higher court, opposite parties(Doctors and Hospitals) should deposit 50% of the amount punished in lower court, as per the new law.

- Appeals can be filed by the complainant in his place of residence/work also as against the place of occurrence in the old act.

Situation is grim now and IMA is in a tight position to move forward with legal options due to the highly difficult situation created by the legal activists. Alternate solutions to dilute the difficulties has to be tried in co ordination with National IMA and the Central Government. All avenues will be tried to tide over this crisis since inclusion of Modern Medical Doctors in this more harmful Act will be highly detrimental to the profession.



From the Editor's Desk

Dr. Joseph Benaven
Secretary, IMA KSB

THARANGAM & BEYOND...

Tharangam, the just concluded epic yatra of the State President has swept our association bringing in positive energy with new found vigour and enthusiasm especially at a time when the world is limping back to normalcy after the successive COVID waves. The President addressed more than 6000 members in 107 branches in a span of sixty day was an incredibly, never before effort which prompted even the sternest critic to comment "There is no doubt to the fact that this yatra will strengthen the very foundation of our Association". What is special and overwhelming about the yatra is that it touched the hearts of hundreds of our members in smaller branches for whom the President's visit was a new experience. The yatra was truly inclusive and equitable sending down the message – **Every member matters!**

Tharangam was also an image building and liaison exercise for the association, having conducted 14 press conferences across all the 14 districts, met 38 members of legislative assembly, 7 ministers, 3 members of parliament impressing on them the challenges faced by the profession and the medical fraternity. The future was also enabled with interactions with about 1800 medical students, junior doctors & faculty at 30 medical colleges. District Police officials, local leaders including LSGD and leaders of all the political parties were met in groups in all the districts. Fraternal colleagues from across various associations as well as hospital owners were reached out to solicit collaborative efforts to stem the crisis the profession is encountering. **No stone was left unturned!!**

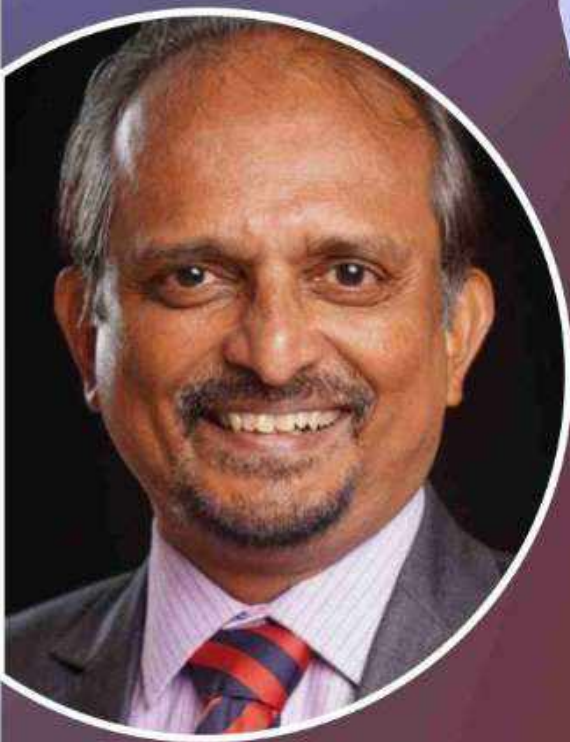
Tharangam for sure will be discussed and debated for days to come. Well now is the time to move on and reap the benefits and consolidate our position to face the challenges ahead of us, Clinical Establishment Act, Violence on healthcare workers and hospitals, Mixopathy, Public Health Act, NMC RMP Guidelines, Consumer Protection Act etc. etc.

From the road to the board room, the leadership has to shift focus and actively engage itself to arrive at the best alternative solution to the challenges we foresee, followed by accelerating liaison with the executive and the legislature to safeguard our profession and the medical fraternity.

Let us remain committed and focused as we have miles to go..... to achieve our goals!!



മലബാർ









Kollam District

Kollam Branch























Ernakulam District Kothamangalam Branch





Reception to state office bearers
General Body Meeting & Family get together
19-4-2022 IMA Hall, Aluva



Ernakulam District

Muvattupuzha Branch

















Thrissur District

Thrissur Branch









Kottayam District

Vaikom Branch





നമ്മുടെ ആരോഗ്യം

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം

വരിസംഖ്യാ ഫോറം

ഐ.എം.എ നമ്മുടെ ആരോഗ്യം മാസിക വർഷത്തേയ്ക്ക് താഴെ പറയുന്ന വിലാസത്തിൽ തപാലിൽ അയച്ചുതരുവാൻ താൽപ്പര്യപ്പെടുന്നു. വരിസംഖ്യ രൂപ ഇതോടൊപ്പം അയയ്ക്കുന്നു.

പേര്.....

മേൽവിലാസം.....

ജില്ല..... പിൻ.....

ഫോൺ.....

തുക അടച്ചതിന്റെ വിശദ വിവരങ്ങൾ:

മണിഭാർഡർ: മണിഭാർഡർ നം:..... തുക..... തീയതി.....

ബാങ്ക് ട്രാൻസ്ഫർ: ബാങ്കിന്റെ പേര്.....

ബ്രാഞ്ച്..... റഫറൻസ് ഐ.ഡി..... തുക..... തീയതി.....

ചെക്ക്/ഡി.ഡി: ബാങ്കിന്റെ പേര്.....

ചെക്ക്/ഡി.ഡി നം:..... തുക..... തീയതി.....

വരിസംഖ്യ

1 വർഷം : 250 രൂപ

2 വർഷം : 470 രൂപ

3 വർഷം : 720 രൂപ

വരിസംഖ്യ മണിഭാർഡർ/ഡി.ഡി./ചെക്ക് എന്നിവയായി നമ്മുടെ ആരോഗ്യത്തിന്റെ പേരിൽ തിരുവനന്തപുരത്ത് മാറാവുന്ന രീതിയിൽ അയയ്ക്കുക.

ഇന്റർനെറ്റ് ബാങ്കിംഗ്/NEFT വഴി വരിസംഖ്യ അടയ്ക്കാൻ താല്പര്യപ്പെടുന്നവർ കാനറാ ബാങ്ക്, തിരുവനന്തപുരം പോട്ട ശാഖയിലെ നമ്മുടെ ആരോഗ്യം അക്കൗണ്ട് നമ്പർ 2769101002614 (IFSC Code: CNRB0002769) ലേയ്ക്ക് നിശ്ചിത തുക ട്രാൻസ്ഫർ ചെയ്ത ശേഷം പ്രസ്തുത ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും (ഫോൺ നമ്പർ ഉൾപ്പെടെ) naarogyam@gmail.com ലേയ്ക്കോ 94 000 126 00 എന്ന മൊബൈൽ നമ്പരിലേയ്ക്കോ എസ്.എം.എസ് ആയോ വാട്സ് ആപ്പ് ആയോ അയച്ചുതരിക.



തപാലിൽ ലഭിക്കാൻ

വിശദ വിവരങ്ങൾക്ക്:

IMA Kerala State Headquarters, Anayara P.O., Thiruvananthapuram 695029

Mob: 94 000 126 00 E-mail: naarogyam@gmail.com

World Health Day Public Function - 07.04.2022



IMA- Legal Cell & Kerala State Legal Services Authority Meeting at IMA Periyar House - 10.04.2022



Interaction with Private Hospital Owners at Kollam



Interaction with Private Hospital Owners at Kozhikode



Interaction with Private Hospital Owners at Ernakulam



IMAGE PLANT VISIT



**Launch of Project "Ensuring Safety" by PEPS at IMA Periyar House-
24.04.2022**



**IMACON 2022 La Esperanza brochure release by State President at IMA
Periyar House - 24.04.2022**



Managing Committee Meeting at IMA Periyar House - 24.04.2022



Interaction with Private Hospital Owners at Thodupuzha - 24.04.2022



Interaction with Private Hospital Owners at Koorkenchery



Meeting with Vice Chancellor, KUHS



Meeting with Thrissur Police Commissioner



Meeting with Deepika Press office



Malayala Manorama office visit



Interaction with Private Hospital Owners at Kottayam



Flag off NISS Cyclothon at Kottayam - 29.04.2022



State Activities....



01.04.2022 - ACT FORCE District level Meetings - Thrissur Dist



02.04.2022 - ACT FORCE District level Meetings - Ernakulam Dist



03.04.2022 - ACT FORCE District level Meetings - Kottayam & Idukki Dist



06.04.2022 - PCS Meeting



07.04.2022 - ACT FORCE District level Meetings - Pathanamthitta Dist



08.04.2022 - ACT FORCE District level Meetings - Kollam Dist



09.04.2022 - ACT FORCE District level Meetings - Trivandrum Dist



10.04.2022 - ACT FORCE District level Meetings - Alappuzha Dist

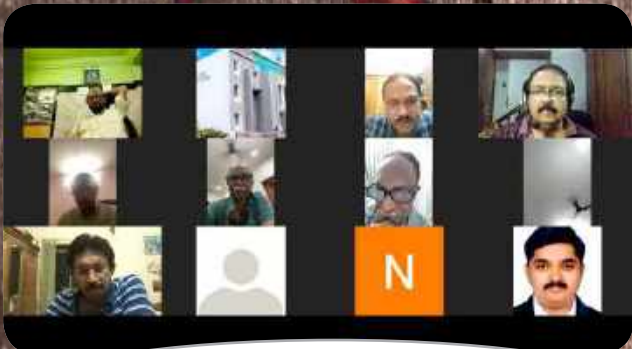
State Activities....



13.04.2022 - CWC delegates Meet



14.04.2022 - South Zone CGP - Preliminary Discussion



19.04.2022 - PATHANAMTHITTA DISTRICT COMMITTEE Meeting



26.04.2022 - District committee meeting



29.04.2022 - IMA AMS Meeting



ADOLESCENT CLINIC

Need of the Hour

The term Adolescence is derived from the Latin term “adolescere” which means “to grow up”.

It is a transitional stage of physical and mental human development that occurs between childhood and adulthood.

This transition involves biological (i.e. pubertal), social, and psychological changes.

WHO defines adolescents as: “individuals in the 10-19 yrs age group and “youth” as the 15-24 yr age group”.

These two overlapping age groups are combined in the group “young people” covering the age range 10-24 yrs.

WHY FOCUS ON ADOLESCENTS

The number of adolescents (age 10-19) is increasing and comprises over one-fifth of the population in our country. They are not only in large numbers but are the future citizens and drivers of economic growth as the productive workers of tomorrow.

Large number of them are out of school, Get married early, Work in vulnerable situations, Sexually active, and are exposed to several health risks.

These have serious social, economic and public health implications for the nation. Their needs vary by their age, sex, stage of development, life circumstances, socio-economic status, marital status, class, region and cultural context.

- Health care providers and health services have an important role to play in promoting healthy development and preventing health problems amongst adolescents.

- Specialized services dedicated to adolescents can definitely help in detecting them early and in responding to them promptly and effectively

- Health services that are able to minimize these barriers are likely to attract adolescent and young clients. Several attributes of adolescent / young people friendly health services are well known.

CHALLENGES IN ADOLESCENT DEVELOPMENT & HEALTH IN INDIA:

1. 45% of adolescent girls under nourished
2. 20% of adolescent boys under nourished



DR. MINI BALAKRISHNAN

*Consultant Gynaecologist, Tellicherry Co-operative Hospital
President, IMA Thalassery
Convenor, State Mission Pink Health
Chairperson, Adolescent Committee, KFOG
State Co-ordinator, National FOGSI Adolescent Committee*

3. Early marriage 26% < 15yrs – girls, 54% < 18yrs
4. 20 – 30% adolescent boys sexually active
5. 10% adolescent girls sexually active
6. 59% adolescents know about condoms
7. 49% adolescents know about contraceptives
8. 4.5% drug abuse
9. 50% of all HIV positive new infections are in the age group of 10 – 25yrs
10. Adolescent abortion 1 – 4.4millions

AH CLINIC

- Be welcoming and friendly
- Be knowledgeable
- Be presentable
- Have good communication skills
- Maintain confidentiality
- Be punctual
- Be understanding

- Be a good listener
- Be non-judgmental
- Have enough facilities to use
- Be accessible
- Provide quality care and trained people
- Be presentable and clean
- Provide privacy
- Have a conducive environment & Educational material
- No overcrowding,
- Short waiting times,
- Drop in clients welcomed and appointments arranged rapidly
- Affordable fees
- Necessary referrals available

CLINIC TIME

- Clinic specifically for adolescents may be fixed once / twice or thrice a week and ensure that the clinic timings suit the needs of adolescents.



- Offer appointments to adolescent young people at a time when you can offer longer interaction time and dedicated attention to them.

- Choose time for them at the beginning or end of the usual OPD session.

- Consider consultations with adolescent clients both by prior appointment as well as a walk-in arrangement.

- If possible, allocate separate working area for adolescent clients.

CLINIC FACILITY

- Ensure privacy and confidentiality are maintained all the time during the consultation and subsequently as well.

- Ensure that the premises are

should be simple, quick and follow privacy.

RECORDS

- Develop and maintain standard history taking

- Physical examination and adapt standard treatment protocols

- Maintain Case records.

- Make sure that these client records are maintained in confidentiality

- Develop referral procedures for laboratory, radiology work up and for clinical specialties

- A resource directory of organizations/clinics/Specialists providing health services not provided by you should be available at the center to ensure referral linkages.



clean, lighting and ventilation adequate; drinking water available; and the toilets are functional and clean.

- Decorate (colour scheme, posters etc) the adolescent clinic area in confirmation with trends currently prevalent among adolescents.

- Prepare and maintain in good condition a sign board displaying the timings of the clinic, services provided, and fee structure.

- Ensure that the necessary equipments

- Ensure that informational and educational pamphlets are displayed and made available to adolescents and youth to take away.

- Registration procedure for the client

- Develop an adolescent health card

- Ensure adequate support staff with appropriate profile

PEER EDUCATOR

- Ensure that colleagues / staff involved in peer educator training and school linked programs, if any, are also appropriately trained.

- Supervise your staff to ensure that they practice appropriate technical and interpersonal competencies and positive attitudes to provide adolescent health services effectively with sensitivity.

- Develop a network of adolescent friendly experts in other clinical specialties and counselling for ensuring referral services.

LIST OF ADOLESCENT CONCERNS

1. Pubertal issues- Adolescent Growth and Development Pubertal delay or precocity
2. Weight and height issues
3. Sexual and reproductive Health:
4. Gynecological and Menstrual Problems
5. Contraception, Pregnancy testing and option MTP, STD/HIV Screening, counseling and treatment
6. Sexual & Reproductive health education
7. Psycho-social issues-Relationship Development
8. Nutrition issues - Healthy eating , Under nutrition and obesity, Eating Disorders
9. Anemia prevention and management
10. Immunization
11. Safety and Injury Prevention
12. Pre-marital counseling.
13. Mental Health - Psychiatric disorders: Depression, Anxiety, bipolar, personality disorder, Substance abuse including tobacco & alcohol.

HEALTH SERVICE

- Offer annual checkup for students.
- Disseminate messages and communication materials on priority adolescent health issues in schools, youth clubs, youth centers, youth associations and different community organizations to support awareness generation.
- Inform about where and when they can access adolescent friendly health services

ADOL CASE RECORD

- A standard case recording Pro forma should be developed for proper and complete documentation of the clinical details of visits of the clients.
- These records are kept in the clinic & not given to the Adolescents.
- Case Record: The trained public health nurse should fill up the first page during the initial registration at the reception.

- Client is given an identification number. This number helps to retrieve their file on subsequent visits.
- To prevent unauthorized use the clinical case files are kept under lock and key
- A screening tool for developmental and behaviour assessment has been developed on the lines of the HEADSS screening.

PARENTS

- Most parents may not consider that their adolescents need to consult doctors since they physically appear to be healthy.
- Adolescents also are not sure whether they can get help from the doctors, clinics or hospitals on the issues that may be bothering them.
- Therefore it is crucial that general awareness on adolescent health issues and need for timely help and availability of appropriate friendly health services is raised among adolescents themselves, their parents and families, their teachers as well as community at large.

PGE

- Peer group educators (both females & males) are to be selected
- Peer group educator should be a good communicator, acceptable to the group, interested in the work, able to understand the problems of adolescents, having a good personality, and be confident.
- Peer led approach is usually based on volunteerism.





OWN CLINIC

- Gynaecologists and who have their own OPD clinics would be to consider an adolescent friendly clinic at a designated time on particular days (if not daily) exclusively to provide quality services to adolescent girls and, if possible, boys.
- For additional services and clinical requirements, there should be an arrangement to refer such clients to appropriate experts / specialists who are equally respectful and friendly to adolescents.

NURSING HOME

- Bigger set ups, where several specialists are attached or available, develop a multispecialty adolescent friendly clinic that provides single window services.
- Multi-specialty team: specialists to be considered are Gynaecologist, Paediatrician specializing in adolescent medicine, Professional Counsellor, Endocrinologist, Trained Nurse, Health educator, Psychologist, and Social worker.
- Should be located in an accessible location that does not hinder the movements by adolescent clients.

NGO

- If it is planned to initiate a new independent unit in a private or NGO setting it should be centrally located in the city, easily approachable to teenagers from every corner.
- Clinicians and other staff of Adolescent

Centers/ clinics must therefore be vigilant with the appointment process, maintain availability of access, and maintain confidentiality.

- Personal cell phone numbers can be used to remind them of their appointments .
- Mobilization of adolescents must be carried out on an ongoing basis through information and communication activities with parents, teachers and adolescent groups in the catchment area.

VISITS

- School activities must be planned in consultation with the principal, teachers and parents.
- In case annual checkups are not feasible at least three such visits are advocated: one during early adolescence (ages 10 to 14), one during middle adolescence (ages 15 to 17) and one during late adolescence (ages 18 to 21).
- These visits will provide an opportunity for : monitoring growth, development & healthy behaviours, reviewing & providing immunization, providing health education & an age appropriate anticipated guidance to remain healthy.
- These visits will also address developmental & psychosocial issues besides screening for diseases.
- Additionally, such periodic contacts will help in building a trusting, respectful relationship with the adolescent and promote appropriate health seeking behaviour.



WOMEN DOCTORS WING

IMA Kerala State

1. Madhya Kerala

02.04.2022: BLS Training was conducted to staff of Taluq Hospital by Dr. Letha T. R.

02.04.2022: WDW in association with Kanjoor Pain & Palliative Society & Muthoottu Snehashraya conducted a medical camp at Sreemoolanagaram with free blood tests to screen lifestyle diseases. Dr. K. N. Sobhana, took awareness class on Lifestyle Diseases. Medicines were distributed free of cost.

06.04.2022: World Health Day. Actforce Against Violence on Doctors, Solidarity for deceased Dr. Archana Sharma: In connection with World Health Day, Candle light solidarity was observed for Dr. Archana Sharma's family. Dr. K. N. Sobhana delivered welcome & Presidential address. Adv Jebi Mather M. P. (Rajya Sabha) graced the occasion as the Chief Guest and gave the keynote address. Dr. M. N. Menon, State Chairman - Actforce for Violence against Doctors, spoke on legal and social aspects of violence against Doctors. Dr. Gisy George Kurien, WDW MKB Executive Committee Member enlightened the audience on violence/harassment in daily practice. Dr. M. P. Thomas addressed the gathering and spoke on "World Health Day".

07.04.2022: World Health Day, Aluva. Sr. Dr. Sheela Maria, conducted and judged a speech competition related to World Health Day celebration at Carmel college of Nursing.

07.04.2022: World Health Day Observed. Dr. Sobhana K. N took awareness class at Vimala Hospital.



10.04.2022: Dr. K. N. Sobhana conducted a free medical camp at Malayattor in connection with the Holy days and "Malayattoor Malakayattam".

11.04.2022: IMA Legal Cell Meeting, in association with KELSA organized a meeting for RMPs. Hon. Justice K Vinod Chandran gave the inaugural address. Dr. K. N. Sobhana, Dr. S. K. Rajeswari Amma, Dr. Gisy George Kurien & Dr. Aswanikumari attended. IMA KSB & Legal Cell planning such sessions at Taluk level.

11.04.2022: Dr. S. K. Rajeswari Amma and Dr. K. N. Sobhana attended the National level observance of National Safe Motherhood organized on virtual platform by National WDW, Mission Pink Health, National Safe Motherhood and Community Service Committee.

12.04.2022: Dr. Elizabeth Jacob, Karukutty rendered an awareness class on National Safe Motherhood Day, after the Executive Committee Meeting of IMA Madhyakerala.

16.04.2022: Dr. Liza Thomas made financial

contribution towards assistive rehabilitation devices for the differently abled kids of Santwanam Special School, Kothamangalam.

19.04.2022: IMA State President's Kerala Yathra "Tharangam" at IMA Hall, Aluva, at the branch general body and family meeting of the month.

24.04.2022: Members attended the IFTAR family meet held at IMA Hall, Aluva.

2. Kondotty

07.04.2022: Conducted Monthly General Body.

11.04.2022: "National Safe Mother Hood day" & gave a public awareness talk. Also gave awareness about PPH & its management, considering issue of Dr Archana Sharma's incident. Talk is given by Dr Maji Muhammed, WDW Chair person, Kondotty at Relief Hospital & Trauma Centre.



Vision screening and Anaemia detection done at Kumarmangalam school for 300 students.

3. Alappuzha

WDW Participated in CME conducted by IMA Alappuzha in association with Aster Medicity on 2 topics at IMA hall Alappuzha. Topic I: "HOLMIUM LASER ENUCLEATION OF PROSTATE" - The new gold standard for Benign Prostatic Hyperplasia Speaker: Dr. Sandeep Prabhakaran, Senior Consultant - Urology Topic II: Non-Alcoholic Steatohepatitis Speaker: Dr. Charles Panackel, Senior Consultant, Hepatology.



30.04.2022: Reception to the cycle rally at Alappuzha IMA Hall in connection with IMA -NISS to create awareness against noise pollution inaugurated by Sri.P.P.Chitharanjan, MLA & Chief Guest, DCP.

4. Valluvanad

20.04.2022: Executive Meeting. Discussed the minutes of last month's meeting. The committee decided to conduct educational class on complications of pregnancy to general public. Also decided to conduct a medical camp and PAP smear screening for public. Meeting was presided over by chairperson Dr Lalitha and attended by all executive members.

5. Pattambi

27.04.2022: WDW IMA Pattambi conducted a class on Safe Motherhood for kudumbasree members. Dr. Rajani, Consultant Gynaecologist, Nila Hospital Pattambi took the class. It was attended by Dr. Geetha, Dr. Febin, Dr. Zainaba, Dr. Seenath.



6. Panoor

07.04.2022: Conducted drawing competition for students on the World health Day. Theme for the competition was "our planet our health". 27 Students between the age 10 and 15 years were participated. All paintings were marvellous and we planned to distribute prize for winners on next IMA meeting.

7. Pala

Class taken for Higher Secondary students of St Mary's HSS, Teekoy on Reproductive Health and Adolescence.

8. Thriprayar

11.04.2022: Safe Motherhood Day celebrated by giving a public awareness class on safe motherhood & importance of Antenatal check-up at TM Hospital Engandiyur by our member Dr. Sujatha Ramachandran.

9. Malappuram

WDW members Dr. Asoka Valsala, Dr. Parvathy and Dr. Najma Mol participated in the campaign for "justice for Dr. Archana Sharma."

10.04.2022: Dr. Asoka Valsala and Dr. Nigar Pareed participated in the Committee on legal affairs held at Periyar house, Aluva.

27.04.2022: Iftar Party. IMA along with WDW arranged an Iftar party for IMA members and family. The function was well attended and participated by WDW members

10. Kozhikode

14.04.2022: World Autism Awareness Week. 'Disabilities And Its Management', Speaker: Dr Roshan Bijilee.

06.04.2022: International Mother Earth Day. wdw in association with Puthalath Eye Hospital conducted distribution of Neem plant to the public. Chief Guest was famous environmentalist Mr Shobeendran.



27.04.2022: General Body Meeting.

11. Kolenchery

11.04.2022: National Safe Motherhood Day. The day aims to raise awareness about the care that the pregnant woman needs before during and after child birth. Awareness



class about safe motherhood and about painless labour for the antenatal mothers was conducted. The introductory speech by Dr Anitha N Shenoy, Dr Noorjahan, Dept of Gynec Mosc Medical college; discussed briefly about the antenatal visits and care to be taken during pregnancy.

12. Thrissur

21.04.2022: National Safe Motherhood Day. Dr. Sobhana Mohandas presided the meeting. Dr. Sharmila P M Chairperson welcomed the participants. Dr Geetha A P, spoke on 'Respectful Maternity Care and Safe Motherhood'. Dr Prameela Menon Secretary, TOGS Thanked the Participants.

13. Payyanur

02.04.2022: WDW participated in the National Protest Day against the attack on Dr Archana Sharma at Shenoy's Square Payyanur.

07.04.2022: Participated in the World Health Day celebration. Fifteen members participated in the walkathon.

11.04.2022: First General Body meeting. Executive Committee was formed with 14 members. Observed Safe Motherhood Day, Dr. Balamani gave a very informative talk on Safe Motherhood which was followed by active discussion.

23.04.2022: WDW participated in Intensive Breastcancer Awareness and Screening camp conducted by Malabar Cancer Care Society at S N School Parambath. WDW Chairperson Dr. Arathi Antharjanam was the guest of honour she delivered a speech on importance and methods of screening for breast cancer.

14. Perinthalmanna

02.04.2022: Talk on Immunisation Day. Dr Bavitha V Conducted an awareness session on immunisation at Neelancheri area, Tuvuvur Malappuram. The class was held for the mothers of unimmunised and partially immunised children.

07.04.2022: World Health Day programmes at different Hospitals.

08.08.2022: State WDW meet.

14.04.2022: Monthly Executive Meeting



23.04.2022: Thyroid screening camp, conducted for resident association at Palachode, Perinthalmanna.

23.04.2022: Class on prenatal development by Dr Aswathy Jishnu.

Dr Rema krishnakumar contributed to the recently published Coffee table book of Indian Society of Gastroenterology- Kerala chapter, titled "Avante Garde-Musings of the Gut."

15. Desinganad

25.04.2022: Conducted online Breast & Cervical Cancer awareness class by Reena N R association with JCI VaikomYuva for KE College Women's cell, Mananam.

25.04.2022: Breast & Cervical cancer awareness class conducted by Dr Reena N R .



16. Thalassery

02.04.2022: Protest Day against the injustice meted out to Dr Archana. Candle light protest was observed by WDW.

10.04.2022: World Health Day free Osteoporosis camp for Women at Ashraya Hospital, Mattanur.

11.04.2022: World Safe Motherhood Day was observed by various sessions held over a week.

17.04.2022: WDW Monthly Meet at IMA hall.

21.04.2022: World Hemophilia Day. Dr Vineetha talking about hemophilia.

26.04.2022: Ifthar Meet hosted by IMA and WDW Thalassery.

30.04.2022: Swayam. Cancer Awareness. Dr Suchitra Sudhir conducted Breast Cancer Awareness and Self breast Examination training class for nearly 200 Kudumbasree volunteers, in Mattanur Municipality. Any woman with any doubt can approach the Free Breast Clinic, run by Dr Suchitra, under the auspices of Malabar Cancer Care Society. They will then be directed for further investigations if required. With regular awareness and detection sessions, we hope to wipe out Breast Cancer, which is the number one Cancer affecting women, especially in Kerala. Breast cancer class for Kudumbasree members.



17. Vatakara

02.04.2022: Executive Committee Meeting.

07.04.2022: World Health Day. Conducted Quiz competition for the staffs of Asha health centre Orkkatteri.

07.04.2022: A Beach walk. To create awareness among public and to spread the message of physical and mental well-being a beach walk.

11.04.2022: Safe Motherhood Day. An awareness talk and discussion conducted in M J Asha Hospital Villyappilly for the pregnant and feeding mothers. The class was given by Dr Sreekala Poroor.



13.04.2022: Vishu celebrations. WDW in association with IMA Vatakara a family get together and vishu celebrations.

29.04.2022:International Dance Day.A video compilation was done to admire and promote the dancers in the group.

18. Nemom

07.04.2022: World Health Day Programmes. Conducted Awareness session at Anganwadi. Dr.Beena Rani and Dr.Chandini Devi&Mass Cleaning campaign health awareness- CHC Poovar by Dr.Mini.

11.04.2022:Awareness session at Anganwadi at Kannamcode, Karumam in connection with the National Safe Motherhood Day- Dr. Chandini Devi.

19.04.2022: Cancer Cervix Awareness programme under the "SWAYAM" project in Maria Nilayam Hospital, Chowwara.

28.04.2022: Awareness session on Cancer Cervix under the "Swayam" project of WDW at NSS Union Hall Studio Road Nemom.

28.04.2022: Session on Cancer Breast Awareness and detection (under the Valsalyam Project of Nemom IMA) and Awareness on Cancer Cervix under the SWAYAM project of WDW in Mar Baselios College of Engineering and Technology, Thiruvananthapuram

19. Trivandrum

07.04.2022: World Health Day, in association with Mazhavilkootam children's club and Sasthanagar Vanithavedi celebrated with Cycle Rally for creating awareness on the theme "Our Planet, Our Health". Program was inaugurated by WDW Chairperson Dr. Thankam D.Children with self-made posters in eco-friendly cycles conveyed the message well.

20. Kochi

03.04.2022: Annual sports day was organised at IMA house and RSC Kadavantra, running race 100 and 200 meters, Badminton competition and Chess competition were held. it was really a refreshing experience and all us got an opportunity to play.

10.04.2022: Cancer awareness talk and camp was organised to members of Mahila samajam by Dr Gracy Thomas at Pazhamthottam.

23.04.2022: A Premarital class for couples was conducted by Dr Gracy Thomas at Kaloor.

27.04.2022: Annual sport meet 2022 prize distribution was held at IMA House Kochi during our General body and executive committee meeting. Chief guest was Dr Maria



Varghese and Dr. Anitha Thilakan.

28.04.2022:Scientific talk sessions were "Managing emotions and tips on being healthy mentally" by Dr Girija Sarojini &"How to prepare for a healthy safe pregnancy? Preconceptional health for a safe motherhood" by Dr.Rani Prasad.

21. Kottayam

02.04.2022: IMA&WDW jointly conducted a protest meeting and paid tribute to Dr Archana Sharma.

03.04.2022: WDW conducted an executive committee meeting and discussed various matters.

04.04.2022:Dr. Neetha Paul, conducted a class on Corbevac Vaccine at Kurichy Samskarika Nilayam. She spoke on the importance of taking vaccine and adverse events related to it.



06.04.2022: Dr. Preethy Korah delivered class on Safe Motherhood to around 30 patients at Mandiram hospital.

21.04.2022:Dr. Usha Poothiode conducted an online awareness class on Obesity.

26.04.2022: A session on Modern Day Gardening and home décor was conducted at Malika Gardens.

22. Kasaragod

02.04.2022: World Autism Awareness Day. Dr Aparna took awareness class to general public and by standers of GH Kasaragod and highlighted the details of autism spectrum disorder.



02.04.2022: Branch Condolled the untimely demise of Dr Archana Sharma and in solidarity, lighting of candles was done.

07.04.2022: World Health Day. Conducted COLS (Compression only Life Support) training to Patient's by standers and General public at GH Kasaragod. Dr Arya were participated as faculty during training program.

18.04.2022: Conducted National Safe Motherhood Day observation at GH Kasaragod. Dr Preema KB Presided over the meeting.

23. Nedumbassery

01.04.2022: On eve of advent of holy month of Ramadan, WDW- Oman in conjunction with IMA Nedumbassery decided to organize a trekking event as a way to promote a better health with each step for all after a long hiatus of lockdowns and restricted outdoor activities for the past two years. Since this was a first of its kind event, participants were restricted to a manage number group so as to prevent any unforeseeable injuries during the hazardous yet exhilarating trek.

24. Koyilandy

In connection with Women's Day a class on menstrual hygiene and gender equality at KPMS HSS Arikkulam was conducted by Dr Swapna.

25. Kannur

07.04.2022: World environmental day was celebrated at the IMA hall. We joined our parent branch in arranging awareness talk.



11.04.2022: We observed the safe motherhood day and conducted awareness session at various hospitals, Dr. Bhavya at Ashirvad Hospital, Dr. Sreedevi at MIMS Hospital, Dr. Mini & Dr. Sheeba at A.K.G Hospital, Dr. Shony at Govt. Hospital & Dr. Beena at Dhanalakshmi Hospital.

17.04.2022: First GB, all 20 members attended & arranged vishu Easter celebration.

17.04.2022: WDW actively participated in ELS training.



MISSION PINK HEALTH

IMA Kerala State

NORTH ZONE KANNUR DISTRICT

1. Cherukunnu

02.04.2022: A class on Adolescent reproductive health for welfare school students at GWHS Cherukunnu.



2. Kannur

11.04.2022: National Safe Motherhood Day. Conducting seven awareness classes at various hospitals with special focus on complications of pregnancy that can be fatal at times.



3. Thalassery

02.04.2022: A Medical camp was conducted at Government LP School, Chettamkunnu by Dr. Shyam K, Secretary, IAP Thalassery & Dr. Anusree A K, ENT, Health Services. The camp was attended by around 40 children.

04.04.2022: Awareness Class. A class taken by Dr. Dhanya K M, at Dharmadam Anganwadi highlighting the need for routine immunisation & regular care of the children.

05.04.2022: Awareness class taken by Dr. Maya K, for students at St. Joseph's Higher Secondary School.

07.04.2022: World Health Day Exercise Session was conducted at Over berries Folly Thalassery.

07.04.2022: World Health Day Scientific Session. Dr. Rajeevan V K inaugurated the World Health Day workshop at Kannur Medical College. Taking a session on Basic Life Support to Medical/ Allied Medical/ Paramedical/ Engineering Students and patient bystanders at Kannur Medical College.



08.04.2022: Awareness class conducted at St. Peters Upper Primary School, Chalil, by Dr. Shyam K.

11.04.2022: National Safe Motherhood Day Awareness Class conducted Twelve awareness classes in various places.

15.04.2022: Dr. Mini Balakrishnan, Dr. Sini gave an awareness class on Mathrubhumi News regarding Gestational Diabetes & Tubal Pregnancy.

18.04.2022: An awareness class by Dr. Dhanya K M at Kairali Anganwadi, Dharmadam regarding the importance of nutrition & child health, routine immunisation & prevention of lifestyle diseases.

19.04.2022: Awareness Class conducted by Dr. Sakkariya P P, at St. Joseph's Higher Secondary School, Thalassery.

20.04.2022: World Haemophilia Day. CME on "Approach to Bleeding Child" by Dr. Vineetha Raghavan.

26.04.2022: Four Awareness Class conducted in various places in Thalassery by Dr. Sakkaria P P & Dr. Sayooj Somnath.

26.04.2022: Class on Food Habits & Healthy Lifestyle Class by Dr. Johnny Sebastian.

26.04.2022: Metabolic Screening Camp was

conducted at Sacred Heart Higher Secondary School & Cooperative College of Nursing, Thalassery. The programme was inaugurated by Dr. Johnny Sebastian, an interactive session on Reproductive Health was taken by Dr. Dhanya M K for 40 students.

CAHCW Child & Adolescent Health Care Week, Observation & Teenage Day was conducted on a zoom platform in association with District Child Protection Unit ORCKannur.

As a part of CAHCW, 3 classes on Prevention of Suicide in Adolescents was taken by Dr. Sakkariya P P, the Student Police Cadet volunteers of Sacred Heart Higher Secondary School, Thalassery.

An awareness class was conducted at Basel Evangelical Mission Parsi Higher Secondary School, Thalassery as a part of Daughter's day Class by Dr. Sakkariya P P, for the nursing staff of Mission Hospital, Thalassery highlighting the importance of vaccines, self-care and proper nutrition & lifestyle.

As a part of Immunisation Day, an awareness class on vaccines was taken for parents by Dr. Johnny Sebastian. Felicitation speech was given by Mrs. Sarojini K R, PHN, CHC Pinarayi

A medical camp was conducted at Jaycee Special School, Dharmadam

An interactive session with "PARIVAAR" by Dr. Dhanya Lakshmi Narayanan.

KOZHIKODE DISTRICT

4. Vatakara

11.04.2022: Safe Motherhood Day. An awareness talk and discussion conducted at M J Asha Hospital Villyappilly for the pregnant and feeding mothers. The class was given by Dr. Sreekala Poroor.

MID ZONE ERNAKULAM DISTRICT

5. Cochin

11.04.2022: Cancer awareness talk at Mahila Samajam Pazhamthottam.



26.04.2022: Pre-marital education Kaloor.

6. North Paravur

11.04.2022: Safe Motherhood Day. National safe Motherhood Day and its importance at THQH N. Paravur.



12.04.2022: Class on Self Defence for staff nurses in Paravur hospitals by Ernakulam Rural Police at Chaithanya Hospital N. Paravur.

IDUKKI DISTRICT

7. Thodupuzha

11.04.2022: Vision Screening and Anaemia Screening for school children by Dr. Shiyas attended by 300 people.

KOTTAYAM DISTRICT

8. Kottayam

06.04.2022: Safe Motherhood Day. A talk on Safe motherhood was conducted at Mandiram Hospital, Manganam, Kottayam by Dr. Preeti Korah, Director and Consultant Gynaecologist, Vimala Hospital.



21.04.2022: Awareness Class on Obesity. An awareness class on obesity an emerging Health Crisis was conducted as webinar by Dr. Usha Poothode.



106
108

BRANCH ACTIVITIES

1

Branch: Alappuzha | President: Dr.R. Madana Mohanan Nair | Secretary: Dr. Arun N

06.04.2022: Executive Committee Meeting.

07.04.2022: Observed World Health Day.

08.04.2022: Reception to the State President, State Secretary and other IMA leaders from Haripadin connection with State President's Yathra & accompanied them to Alappuzha. Press meet at Alappuzha press club. 30 visual media and press journalist attended and got a good media attention. Addressed KGMCTA, PGs and HS at Telemedicine Hall & Meeting with principal Alappuzha Medical College. Meeting with H Salam MLA and handed over the memorandum. General body meeting and reception of SP and SS at IMA hall Alappuzha.

17.04.2022: Executive Committee meeting.

23.04.2022: Monthly Academy program and GB cum CME.

30.04.2022: Reception to Cyclothon by NISS IMA KSB at hotel KTDC followed by public meeting at IMA hall Alappuzha inaugurated by Shri. P PChitharanjan MLA and Shri. JJayadev, District police superintendent was the chief guest.



2

Branch: Balussery | President: Dr. V.C. Venugopalan | Secretary: Dr. P. Vijayan

13.04.2022: Branch President and Secretary attended online review meeting of SSS2.

28.04.2022: General Body Meeting to inform TOT of ELS at IMA Hall Kozhikode; three members came forward to participate the training.

3

Branch: Changanassery | President: Dr. Narayana Panicker M | Secretary: Dr. Sarath Babu S M



22.04.2022: Executive Meeting.

22.04.2022: "Tharangam", State President Dr. Samuel Koshy visited. The General Body meeting was conducted at the Conference hall of St. Thomas Hospital Chethizputha. State Senior Vice President, Midzone Joint Secretary, membership committee convener, Kottayam District Committee chairman and state women doctor wing president gave encouraging talk in the course of the meeting.

4

Branch: Chathanoor | President: Dr. Anil Prasad K | Secretary: Dr. Manoj Balachandran

06.04.2022: 'Tharangam' meeting was conducted. Could enrol three new life members.

5

Branch: Cherthala | President: Dr. Shylamma K | Secretary: Dr. John Mathew P

08.04.2022: 'THARANGAM' Membership Campaign. The guest of honour was Hon. State President - Dr. Samuel Koshy. Hon. Minister P. Prasad was present to strongly lobby the state government to protect health care workers from mob violence, and concluded his speech. Hon.

Minister for Agriculture, Govt. of Kerala, Mr. P. Prasad delivered his address to the attending doctors and spoke about the over-commercialisation of the health care industry and dangers that lie within & he assured that the concerns put forward by the State President, will have his personal support, when brought in front of the Cabinet Ministers and concluded his speech. The guest of honour, Dr. Joseph Benaven, Hon. State Secretary, delivered felicitations and appreciated the current office bearers on the efforts made to enrol members prior to the Tharangam membership campaign.



27.04.2022: General body meeting & CME. Past President and senior IMA member Dr. Lukose welcomed the gathering. The session was sponsored by PPS of IMA Kerala state. Dr. Shaju Mathen was the chief guest & Dr. Cyriac Thomas, spoke on the enrolment methods to the scheme and detailed the steps to be taken by a member in the event of a litigation. Dr. Manu Pradeep introduced the second speaker, Dr. Mohanan Nair, Hon. Vice President and Hon. Chairman of the PP scheme.

6

Branch: Cochin West

President: Dr. Vivek Prabhu

Secretary: Dr. Muhammed Jabeel



02.04.2022: Condolence Meeting for the demise of Dr. Damodaran K K.

06.04.2022: Executive Committee Meeting, Charitable activities of the branch were finalised and details of the State President's visit to the branch were charted.

20.04.2022: General Body Meeting, Official Visit of The State President & his team as part of Yatra 'Tharangam' followed by CME on Assessment of



Kidney Function by Dr. Jayant Mathew, Consultant Nephrologist at Gautham Hospital. The State President & officials addressed the gathering. The branch honoured the founder president Dr. K R Jayachandran in the presence of the state officials. The Cochin West Doctors Charitable Society Scholarship was presented to the beneficiary by the State President & a memento was presented to the earlier beneficiary who graduated this year.

7

Branch: Desinganad

President: Dr. Anuroop Shanker

Secretary: Dr. Vinod S

05.04.2022: Monthly General Body meeting and hosted "Tharangam". The President's Yathra with active participation of members at IMA Desinganad Hall.

25.04.2022: Online Breast & Cervical Cancer awareness class by Dr. Reena N R.

26.04.2022: Conducted Monthly Executive Meeting with active participation of executive members.



8

Branch: Guruvayur

President: Dr. Jiju Kandanssery

Secretary: Dr. Vineeth V.K



24.04.2022: Guruvayoor IMA in association with Jagruthy conducted an awareness session about Drug Abuse at Poyayil Shri Dharmashastha Temple premises at Orumanayur. Dr. Jiju Kandanssery spoke to the audience.

25.04.2022: State President Dr. Samuel Koshy visited and had a meeting with MLA Shri N.K. Akbar and presented a memorandum detailing the problems faced by the health care professionals such as violence against doctors, Clinical Establishment Act and Myxopathy. Members including the President Dr. Jiju, Secretary Dr. Vineeth, senior leaders Dr. Ramachandran, Dr. R.V. Damodharan, Dr. Ranganna Kulkarni were participated in the event.

10.04.2022: IMA IJK in association with Lions Club, Karuvannur conducted Basic life support training (COLS) for lions club members and family, conducted by Dr Paul Raphel, Dr Hareendranath, Dr Vishwananthan LN, Dr Ramachandran.

21.04.2022: Executive Meeting.

22.04.2022: Observation of International Mother Earth day in association with the WDW, planting of trees at Metro hospital courtyard at IJK, various independent activities by individual members of WDW and children

23.04.2022: General Body Meeting at IMA hall, CME in association with Amritha institute- on New Vistas in management of male LUTS, by Dr Kannan, and "All that shakes is not seizure" by Dr Vaishakh Anand.

27.04.2022: Special General Body Meeting at IMA hall to welcome Dr Samuel Koshy, Dr Gopikumar P, Dr Gopeenathan, Dr Byju N, Dr Pavan Madhusudhan. Dr Sushin Sundaram, KGMOA Convenor also spoke on the occasion.



General Body Meeting and CME on latest trends in treating varicose ulcers and management of acute rapidly progressive doctors by Dr.Sreerag and Dr.Tom Jose Kakkanatu.



06.04.2022: Attended the District Committee meeting.

07.04.2022: Observed World Health Day inaugurated by the Deputy Collector Smt. Meghasree. President Dr.T.V.Padmanabhan, Secretary Dr.VinodKumar.P & Dr. Krishnakumari felicitated the function.

12.04.2022: Executive Committee Meeting.

19.04.2022: Observed Haemophilia Day and conducted a function at District Hospital presided by Dr.T.V.Padmanabhan and inaugurated by the Deputy DMODr.Mohanan.E and Dr.Prakash.K.V, Superintendent of District Hospital distributed ID Cards to Haemophilia Patients. Dr. Abhilash.V and Dr.Ashwin KTfelicitated, and District Co-ordinator of haemophilia Dr.Asha E.K took class on haemophilia patients and their relatives.

28.04.2022: General Body Meeting and CME on Haemophilia by Dr.Rajesh Ramachandran, Consultant Physician.

07.04.2022:General Body Meeting & CME on Vitamin - D Hope & Hype by Dr. Balakrishnan Valliot.

17.04.2022: ELS District Level TOT Programme & CME inaugurated by Dr.Sasidharan. Dr.Madhavan, Dr.Pushparaj, Dr. Santhosh and Dr. Anand were the trainers.

21.04.2022: Condolence Meeting in view of sad demise of Dr. Sarojini.

21.04.2022: CME on Outline on management of BPH by Dr. Basil Mathew.

28.04.2022: Condolence meeting in view of sad demise of Dr. Santhosh.

28.04.2022: CME on Percutaneous Coronary Intervention in ST elevation myocardial infarction by Dr. Sundeep. K.B.





02.04.2022: As Part of the Golden Jubilee Celebration, arranged free lunch to inpatients of Government Hospital Kasaragod, known as Suvarna Mahothsava Annadana.

02.04.2022: Condolence Meeting of the untimely demise of Dr. Archana Sharma.

03.04.2022: Golden jubilee Free Cardiac care check up to IMA Members. First Free ECHO/ TMT done to Dr Krishna Naik & Dr Sathya Nath as part of IMAs Commitment towards the Members health Programme arranged.

07.04.2022: Observed World Health Day, inaugurated by Dr B Narayana Naik, Conducted COLS training to bystanders and General public.

19.04.2022: ELS Programme. BCLS conducted at GH to the nursing students. Trainers were Dr B Narayana Naik, Dr Anoop & Dr Krishna Naik.

21.04.2022: GB and CME on Doppler Updates in Obstetrics by Dr. Pradeep Kumar, Sonologist. Dr B Narayana Naik welcomed

the gathering.

30.04.2022: Conducted COLS Training to Staff and Inmates of Old age Home by Dr. B Narayana Naik.

05.04.2022: Executive Meeting. Decision was taken on action plan for arrangements for the reception of state president and other officials as part of "Tharangam 2022".

26.4.2022: Fraternity contribution cheques of SSS 1,2 &3 of deceased member Dr. Somapalan was handed over to nominee, his wife.

28.04.2022: State President Dr Samuel Koshy, Dr Gopikumar, Dr Joy Manjila, Dr Gopinathan, Dr Pavan were received as part of membership campaign "Tharangam- 2022" and arranged a meeting with MLA Tyson Master at his office. Dr Samuel Koshy handed over the memorandum to MLA.



12.04.2022: Executive Committee Meeting.

07.04.2022: Reception to State President's Yathra "THARANGAM" at Dr. S. Mohandas memorial hall.

State President Dr. Samuel Koshy, State Secretary Dr. Joseph Benaven and Dr. Gopeenathan, Membership Committee Chairman addressed.

28.04.2022: As part of International Voice Awareness Campaign to create awareness of noise pollution, "IMA National Initiative for Safe Sound" (IMA- NISS) conducted a cycle rally, "Silent Wheels 2022" inaugurated by MLA Sri M Noushad.

29.04.2022: General Body Meeting & CME on "PET CT in oncology and beyond" by Dr. Arun Sasikumar and on "Targeted Therapy in Oncology- Paradigm shift in Cancer Treatment" by Dr. Mathews Jose.

16

Branch: Kondotty

President: Dr. Naseer.C.P

Secretary: Dr. Saibin Ahamad Sageer.P.K

Fraternity Benefit of SS I,II and III (Total amount Rs. 85,46,600/- was handed over to the family of Late Dr. Chandrika Keeran.(SS I- 19,52,600/- , SS II- 32,19,000/-& SS III 33,75,000/-).

17

Branch: Koyilandy

President: Dr. Satheesan.K

Secretary: Dr. Abhilash.C

08.04.2022: Executive Meeting.

20.04.2022: General Body Meeting and CME on 'Role of Radiation in Oncology' by Dr.Dhanya.K.S & Dr. Shelvin Kumar Vadi.

18

Branch: Kozhikode

President: Dr.B.Venugopalan

Secretary: Dr. Sankar Mahadevan



01.04.2022: Miss Ludmila Kolouchava visited IMA Kozhikode and Second Pen as a part of her mission to accomplish the feasibility of declaring Calicut as City of Literature programme of UNESCO.

02.04.2022: Justic for Dr. Archana Sharma - Candle light Solidarity & Protest March.

07.04.2022: Observed World Health Day and conducted a Public Awareness Programme in association with DMO & NHM inaugurated by Mayor Smt. Beena Philip.

07.04.2022: Basic Life Support Training Programme at Fathima Hospital under CRTC.

08.04.2022: Executive committee meeting.

13.04.2022: IMA KSB SSS II Interactive Sessions - Kozhikode District.

16.04.2022: Condolence Meeting in view of sad demise of Dr. M.N. Vasanth, Former Dy. Director, Health Services.

20.04.2022: MBS Managing Committee Meeting.

20.04.2022: AMS Monthly Meeting & CME. Topic on 'Childhood obesity - forerunner of adult NCD' by Prof.Dr. M Vijayakumar.

21.04.2022: Meeting with the Maestro Pandit Sugato Bhaduri, One of the most sought Mandolinist in India.

24.04.2022: ELS Basic Training for Staff Nurses and Paramedical staff of small & Medium Hospitals in association with IMA CGP.

27.04.2022: Meeting with office bearers of Beach riders club and Kappad bicycle club in connection with NISS Silent Wheel - 2022.

28.04.2022: General Body Meeting.



19

Branch: Kuthuparamba

President: Dr. Vinayak Madanagopal

Secretary: Dr. Griffin Surendran

04.04.2022: Condemned the unfortunate events which lead to the suicide of young Gynaecologist from Rajasthan following death of a lady following her fourth delivery.

07.04.2022: Observed world health day by arranged a walkathon in Kuthuparamba town. President Dr. Vinayak, TH Superintendent Dr. Jeeja, DC Chairman Dr. Lalith senior leaders, Dr. Balachandran, Dr. Ashok, Dr. Sundaram, Dr. Raghavan, Dr. Suresh Babu attended.

20

Branch: Mavelikkara

President: Dr. Sonia Suresh

Secretary: Dr. K. Dileep Kumar

09.04.2022: Reception to state leaders. State President, IPP, State Joint Secretary, DC Chairman addressed the gathering. State leaders are felicitated and a membership application handed over to the state President.

19.04.2022: CME on HIV infections and universal precautions by Dr. Devi Reghunath.

24.04.2022: Multispeciality Medical camp was organised in association with Kaithangu Palliative Care unit. Free blood sugar estimation and distribution of free medicines were part of the camp. Dr. Sonia Suresh gave a brief overview on life style diseases in the inaugural meeting; the camp

was inaugurated by block panchayat president Mrs.Indira das. Reception to cycle rally was accorded at SKV school kuttemperoor & was richly attended by the students from SPC unit of the school and teachers.The meeting was addressed by Dr.Sonia Suresh,Smt.Ambily Headmistress, and the members of the cycle rally.Dr.K M Varghese enlightened the students on the importance of safe sound.Secretary Dr.Dileepkumar proposed the vote of thanks.

29.04.2022: General body meeting and CME on "Common Skin Diseases" by Dr.M Radhamony.



21

Branch: Muvattupuzha

President: Dr.Annie Uthuppan

Secretary: Dr.Manju Rajagopal



02.04.2022:IMA protest day was observed by wearing black badge and sensitised the public on hospital attack and the unfortunate incident of death of Dr Archana Sharma.Candle light solidarity was also observed.

18.04.2022: Inauguration of Golden Jubilee Celebration and THARANGAM - State President's Visit. Chairman Dr Sreekumar Sarma welcomed the gathering and Presidential address by Dr Annie Uthuppan. A brief history of the branch by Dr K E Paulose. Unveiling of the plaque of golden jubilee celebrations by Guest of Honour Dr Mathew

Kuzhalsadan,MLA. Inauguration of Golden Jubilee Celebrations by Chief Guest Dr Samuel Koshy by lighting the lamp, followed by address. Felicitations given by Dr P Gopikumar. Dr Joy Manjilla, Dr Abraham Varghese, Dr M N Menon, Dr K E Paulose, Dr N V Markose, Dr Chandy Paul, Dr Naveen Chandran were honoured. Mementos were given to members of Land Purchase Committee.

22.04.2022: Dr Raveendranath Kammath represented in the Clean Muvattupuzha Campaign, inaugurated by Dr Mathew Kuzhalsadan, MLA.

28.04.2022: AMS Meeting on 'Recent Advances in Neurosurgery' by Dr Adarsh Manuel, 'Carpal Tunnel Syndrome' by Dr Jidhin Raj. Vote of thanks by AMS Secretary Dr N Ajithkumar. Enrolled 4 new members.

22

Branch: Neyyattinkara

President: Dr. Ajaiyakumar S.K.

Secretary: Dr. Varun R.V.

29.04.2022: BLS Hands on training programme. Dr Shiju Stanley was the faculty. The Meeting was presided over by Dr Varun R V. Dr Jayakumar & Sajith Kumar Principal MVHSS Arumanoor also attended.

30.04.2022: GB and Monthly meeting. Flag salutation by Dr Varun R V. Welcome address and presidential address by Dr Caesar Ennis. Various organisational matters were discussed and plans were laid for membership campaign and uptake of IMA schemes among the members. CME on "Ischemic stroke management" by Dr Sanitha Justin. Dr Mohan gave memento to her.



23

Branch: North Paravur

President: Dr.K.G.Gopinath

Secretary: Dr. Sunil.P.K

02.04.2022: An awareness class on drug abuse was conducted, led by Dr M N Venkiteswaran and presided over by Mr Baby, ward member and inaugurated by Dr.Gopinath. IMA & QMPA North Paravur branches joined hands together to spread awareness of the World Health Day theme "Our Planet, Our health". The keynote address by Dr Abdul Haleem. CME on "Silver Sulfadiazine and burns" by Dr.Madhu. N. Dr. M N Venkiteswaran was honoured.

12.04.2022: A training programme for the lady staff working in various hospitals on self-defence was organised at Chaithanya hospital, North Paravur.

11.04.2022: Executive Meeting to plan the reception to Tharangam.

As part of Safe motherhood week, a health talk to mothers was conducted at Taluk hospital North Paravoor.

Reception to Tharangam 2022, State wide Yathra led by the State President & Secretary and the interaction with students, junior doctors and faculty of SNIMS Chalakkand honoured Ms. Amrithakrishnan, SNIMS, second rank holder of 1st MBBS KUHS.

28.04.2022: GB meeting with CME on "Total control with insulin, Learnings from the ARISE Indian Cohort" by Dr Karthik Subramanian, Endocrinologist.

24 Branch: North Wayanad | President: Dr Roshin Balakrishnan | Secretary: Dr Rajesh.R

29.04.2022: General Body and CME on Depression by Dr. Merin Paulose, awarded a memento by Dr. T. V Surendran. In the presidential address, briefed about IMA sports meet, District level training cum orientation class on ELS.

25 Branch: Pandalam | President: Dr. Varghese.T.G | Secretary: Dr. Muhammed Siyavul Hakh

05.04.2022: General Body Meeting and CME.

30.04.2022: Discussions on Hospital attacks. CME on 'Life style disease and Diabetes management' by Dr. Anandarajan & preparation for receiving Tharangam at the branch.

26 Branch: Panoor | President: Dr. Shaheed.K | Secretary: Dr.Salmath.K.T

07.04.2022: Conducted drawing competition for 10 to 15 yrs old students in connection with World health Day via online mode by the Theme, our planet our health.

17.04.2022: Participated in District ELS training at IMA hall. Branch secretary and ELS nodal person were present.

27 Branch: Pattambi | President: Dr Geetha V C | Secretary: Dr Khaleel Majid Mayyeri

11.04.2022: Reception meeting (tharangam) for State President and secretary and general body conducted at Sevana hospital pattambi.

22.04.2022: Executive committee meeting. WDW conducted a programme about safe motherhood.

28 Branch: Ponnani | President: Dr.Kamarudheen.A.I | Secretary: Dr. Sandeep.K

11.04.2022: Executive Committee Meeting.

12.04.2022: Conducted Ifthar and family meeting.

29 Branch: Thaliparamba | President: Dr.Anoop.A.R | Secretary: Dr. Bino Jose



District ELS Training Program. Decided to rejuvenate each person to equip save lives by teaching every one ELS. Members Dr. Aswin. M and Dr. Raveena Sasidharan attended the legal matters CME, organised by IMA KSB.

07.04.2022: Observed World Health Day, with medical health check-up screening camp for the members.

As part of world health day, participated as a team for walkathon, and DC chairman Dr.Madavan. K. T. delivered the message on the occasion at Taliparamba Taluk Hospital. Conducted 2 CMEs under the AMS chapter classes taken by experts from KMC, Mangalore, regarding plastic surgery and surgical gastroenterology by Dr. Thomas Joe, and Dr. Vidya Bhatt, respectively.

Decided to conduct the branch sports meet before May 15, sent representations for the district and state sports meet and also decided to renovate the hall and office room, and works will be completed shortly.



22.04.2022: Conducted an Iftar family get-together of members at Hotel Wayanad Regency.

02.04.2022: Candle light Solidarity organized at IMA Trivandrum branch hall.

05.04.2022: Building committee meeting held at IMA Trivandrum branch hall. Dr Prasath C V, Dr RC Sreekumar, Dr Arun SV, Dr Suresh Kumar, Dr Vijayakrishnan, Dr Swapna S Nair, Dr Vivek were attended.

07.04.2022: World health Day commemorated at IMA Headquarters Anayara. IMA State President Dr Samuel koshy inaugurated the function, State secretary Dr Joseph Benevan, Dr Marthandapillai, Dr Prasanth C V President IMA Trivandrum, Secretary Dr Siby Kurian Philip, Dr MV Pillai were spoke. After the inaugural ceremony there was a training session for head load workers and auto drivers under the leadership of Dr. Shiju Stanley and Dr Prameela.

12.04.2022: Conducted blood donation camp in association with Sreeramakrishna hospital and Punjab national bank at Punjab National bank kumarichandabranh. Dr Vivek Paul attend the camp.

17.04.2022: Attended CWC at Panchkula near Chandigarh. Dr. Marthanda Pillai, Dr. Alex Franklin, Dr. K. Jayaram, Dr. H. VinayRanjan, Dr. Sreejith N. Kumar, and Dr. N. Sulphi attended the Central working committee of IMA at Panchkula near Chandigarh on 16th and 17th of April 2022.

27.04.2022: IMA National Initiative for safe sound, IMA KERALA STATE jointly organized a cyclothon at VJT Hall. Kerala Transport minister Shri Antony Raju flagged off the cycle rally. Dr John Panicker, Dr Sreejith N Kumar, Dr Vijayakrishnan, Dr Siby Kurian Philip, City police commissioner were spoke on the occasion.

29.04.2022: Monthly General Body meeting was held at Hotel Hicynth. Presidential address by Dr Pradeep AG, Dr Siby Kurian Philip secretary IMA Trivandrum presented the report of activities and minutes. CME on key hole in Nero surgery by KIMS Hospital. Vote of thanks by Dr Vivek. Palliative Care Cell. "Snehasanthwanam". Team includes Doctor, Staff nurse, volunteers & driver. Provided support, nursing care and vitals examination includes: BP, GRBS etc. Also provided food kits, medicines, dressing materials, financial and educational support to needful patients.



07.04.2022: Executive Meeting. Gave a warm reception to State President Dr. Samuel koshy, North zone vicepresident, Dr. Narayanan, Past state president and SS 2 Chairman Dr. CK Chandrasekhar, Member ship promotion Committee Chairman Dr. Gopinathan, DC palakkad Chairman Dr. Velyudhan also attended.

27.04.2022: General Body with a CME session. Distributed the Fraternity contribution of SSS3 to Wife and Son of Dr. Divakaran.

08.04.2022: Observed World Health Day '22. IMA Nedumbassery organised a Kayaking program with an underlying theme of 'Our Planet Our Health' - the special sunrise event was organised



on the premises of the pristine & serene Qurum Beach water front after obtaining special permissions in advance from the Civil Municipal authorities in Muscat Governorate, Oman. Dr. Nigel Kuriakose welcomed the participants. Dr.Shifana AU and Dr. Nevin Majeed, coordinated and organised the participants into groups. Dr. Mohamed Mustafa delivered the vote of thanks as an end to this adventurous event with hope to conduct more such future outdoor activities while highlighting that our pravasi (NRI) branch is an active participant of the Global Citizen Initiative Program (Defeat Poverty- Demand Equity- Defend our planet) since two years running.

13.04.2022: IMA AMS Oman Chapter Inauguration & Ramadan CME Program, the first overseas AMS event at Hotel Sheraton Muscat. The meeting called to order by Dr. Nigel Kuriakose with welcome speech & inauguration of IMA Nedumbassery branch AMS chapter. Dr.Arif Ali,

convener outlined the aims and objectives. First CME under banner of our branch was underway; a Ramadan CME- FDC and Newer Insulins in diabetes, delivered by Chairman Dr. Basheer A P. IMA AMS Nedumbassery took the opportunity to felicitate Dr.Sony Varghese for having been conferred with the best plastic surgeon award- 2021 in Oman.

34

Branch: Haripad

President: Dr. Sobhana T.D

Secretary: Dr. J. Shirley

08.04.2022: Gave a warm reception to the State leaders, President Dr.Samuel Koshy, State Secretary Dr.Joseph Benaven, Dr.Mohanan Nair, Dr.Anitha Balakrishnanan to Tharangam. The Meeting is presided by president Dr.T.D. Sobhana, Dr.Ramesh welcomed the gathering and adorned ponnada on all state leaders. The President handed over two new Couple Life Members applications to the State Secretary. Dr.J.Shirley presented the activity report.Dr.Sashikumar Pillai formally introduced the Chief Guest Dr.Samuel Koshy to the gathering. Dr. Samuel Koshy delivered his key note address.The State Secretary Dr. Joseph Benaven and Dr.Mohanan Nair spoke on the occasion. The State President released the Branch Directory.Vote of thanks by Dr.J.Shirley.



29.04.2022: Medical Camp conducted and inmates of the institution were screened and conducted medical check-up.

35

Branch: Nedumangad

President: Dr. Mohammad Ashraf P.A

Secretary: Dr. Hema Francis



02.04.2022:Conducted All India Protest Day at DH Nedumangad and Venad Hospital, to stop violence against doctors and justice for Dr,Archana Sharma.

09.04.202: GB & CME. Dr,Hema Francis, presented the minutes and Report of Activities. New members were welcomed and followed by scientific session on the topic Precision Medicine in AECOPD by Dr.Priti Nair, Consultant Pulmonologist, Ananthapuri hospital.

09.04.2022: Attended District level task force meeting through zoom platform.

22.04.2022: Executive Committee Meeting to discuss about State Presidents Yatra -Tharangam.

24.04.2022: IMA in association with Oriental Sports Club conducted an Awareness class on "First Aid" and "Personal Hygiene" to ball badminton players at town LP School,Nedumangad; the meeting was presided by Dr.Hema Francis.

Conducted Executive Committee for planning to conduct medical camp at Buds school (school for mentally challenged children). Increased campaign through membership of social security scheme 2.

06.04.2022: The monthly Meeting called to order by president. In his welcome address Dr Muralikrishnan reiterated on the importance of IMA schemes and memberships. The application for making IMA Kozhencherry a society and bank formalities was announced. The Secretary presented the Minutes. The academic session was led by Dr Ajayakumar a consultant Neurosurgeon Muthoot Hospital Kozhencherry on research methodology and how to write a paper.

02.04.2022. BLS Training was conducted to staff of Taluq Hospital, Puthenvelikkara by Dr. Letha T.R.

02.04.2022. Medical Camp & Awareness Class. WDW in association with Kanjoor Pain & Palliative Society & Muthootu Snehashraya conducted a medical camp at Sreemoolanagaram with free blood tests to screen lifestyle diseases. Dr. K. N. Sobhana, took awareness class on Lifestyle Diseases. Medicines were distributed free of cost. 105 people benefitted.

06.04.2022: World Health Day, in association with NSS St Xavier's College, Indian Redcross society, Anwar Palliative Care. Padmasree Dr Tony Fernandez inaugurated the function. Dr Rafeeq AK given Keynote address. Dr CM Hyderali addressed the gathering.

07.04.2022: Observed World Health Day. Sr. Dr. Sheela Maria, conducted and judged a speech competition related to World Health Day celebration at Carmel college of Nursing. Nursing students and healthworkers participated. In other celebration, in Vimala hospital Kanjoor, Dr. Sobhana K. N. took awareness class.

Dr. K. N. Sobhana conducted a free medical camp at Malayattor in connection with the Holy days and "Malayattoor Malakayattam".

11.04.2022: IMA Legal Cell in association with KELSA organized a meeting for RMPs. Hon. Justice K Vinod Chandran gave the inaugural address.

12.04.2022: Executive Meeting. Dr. Elizabeth Jacob, rendered an awareness class on National Safe Motherhood Day.

16.04.2022: Dr. Liza Thomas made financial contribution towards assistive rehabilitation devices for the differently abled kids of Santwanam Special School, Kothamangalam.

19.04.2022: "Tharangam" at IMA Hall, Aluva. Dr M P Thomas & Dr Akhilesh along with our members gave a warm reception to the state office bearers. Dr Samuel Koshy along with Dr A.K Rafeeq handed over the memorandum to MLA Anwar Sadath as a part of State President's yathra.

21.04.2022: BLS training was conducted at Presentation College, Puthenvelikkara by Dr. Letha T. R.

24.04.2022: IMA attended the IFTAR family meet held at IMA Hall, Aluva. MLA Anwar Sadath was the chief guest. Dr Rafeeq, Dr A.V Babu & Dr Rajeswari Amma gave a short talk.



02.04.2022: National Protest Day, General Body Meeting & Candle Light procession at IMA house to show our Unity and Solidarity to Late Dr Archana Sharma. Dr Joy Manjila, President Chaired the session. Dr Joseph George, Secretary did the Flag Salutation, Dr P Gopikumar Addressed.

06.04.2022. Executive Committee Meeting @ IMA House. President Dr Joy Manjila Presided the

meeting. Dr Joseph George presented the minutes of last Executive meeting and passed. Paid Homage to Late Dr V K Vijayalakshmi.

07.04.2022: World Health Day on Zoom platform with ZUMBA, Tabata & Core Strengthening, training session, followed by Inauguration and Fitness Pledge. Dr Samuel Koshi, inaugurated and administrated Fitness Pledge. Dr V C Manoj Welcomed the participants and chaired by Dr Joy Manjila. Dr PGopikumar, Guest of Honour & addressed.

07.04.2022: Celebrated World Health Day with Poomala Ride (cycle ride), flagged off by Dr P Gopikumar spoke on the importance of celebrating World Health Day.

14.04.2022: Handed over the Fraternity cheques of SSS1, SSS2, SSS3 to wife of Late, Dr T G Gouthaman, at their Residence by President Dr Joy Manjila & Secretary Dr Joseph George.

23.04.2022: General Body Meeting & Scientific Session chaired by Dr Joy Manjila. Scientific Session conducted by Faculties from Appollo Adlux Hospital, Karukutty. Dr Tharun Krishna spoke on IMAGE - 'Guided Brain and Spine Surgery' Towards Higher Precision and Dr Jayakrishnan Soman Pillai spoke on Current Trends in Cardiothoracic Surgery.

27.04.2022: "Tharangam" - Reception to State President & State Secretary at Hotel Elite International, Thrissur. Dr Samuel Koshi, Inaugurated and spoke on the purpose of the YATHRA - "Tharangam". State Secretary Dr Joseph Benaven, State Sr.

Vice President, Dr P Gopikumar, State leaders, Dr M N Menon, Dr Pavan Madhusudan, Dr V Govindankutty, Dr M E Sugathan, Dr Devadas, Dr Gopeenathan, Dr Byju, Dr Geo Francis, Dr Ramesh P P, also addressed. State President unveiled the logo of HOSPEX, in which IMA Thrissur is associating.



BLOOD BANK REPORT

Total Blood collected During Camps - 443 Units
Total Blood collected at Blood Bank - 738 Units
Total blood and components issued - 2029 Units

40

Branch: Vadakara

President: Dr. Haridasan P.C.

Secretary: Dr. Rakesh Raju K.K.



02.04.2022: Protest Day was conducted at IMA hall Vadakara. Presidential address by Dr P C Haridas and prayed for the departed soul and candles were lighted.

05.04.2022: Executive Committee Meeting, presided by Dr PC Haridas. Evaluation of Tharangam, Membership promotion activities, ACT force formation etc were done. Dr KM Abdulla was selected as resource person for ACT force.

07.04.2022: Organised a gathering to promote healthy lifestyle in public on World health day.

13.04.2022: Family get together, entertainment programmes and lighting of sparklers.

20.04.2022: A Meeting was conducted via zoom to take decisions on sports meet. A sports committee was formed with Dr Abdul Bari as Chairman and Dr Vysakh as convenor. It was decided to conduct sports week during the first week of May. Cricket, Football, Tug of war, Chess, Carroms and Shuttle tournament will be there.

28.04.2022: General body and CME on "Tuberculous Pleural effusion" by Dr Mohammed Thariq. Presidential address by Dr PC Haridas, report was presented by Secretary Dr Rakesh Raju K.K. Association matters like Sports week, Cyclothon, ELS training, NISS Cyclothon, Silent wheels etc were discussed.

03.04.2022: Dr.Devaraj giving ELS Training for Staff nurses of Mission Hospital,Thalassery.

05.04.2022:Conducted a Panel discussion on Topic“Can doctors be sued under CPA?.Panellists: Dr.Babu Ravindran T N, Dr. R Ramesh, Dr.K V Babu. Dr.Srikumar Vasudevan moderated the panel discussion.

07.04.2022: Observed World Health Day. Exercise Session was conducted at Overberries Folly Thalassery in association with Sub Collector,Thalassery,Municipal Chairperson,DTPC,Lady Lions Forum, Lions Club, JCI, Rotary, BREXA,Sai School & Elders Forum.

08.04.2022: CME on “Pelvic Exenteration in Cancer Treatment” by Dr.Nizamudheen.

10.04.2022:Dr.Shyju S delivered a talk on ‘AVaccine to Prevent a Cancer’.

11.04.2022:National Safe Motherhood Day, conducted an awarenessclass in various hospitals.

12.04.2022: First Aid and BLS class for B.Ed passing out students conducted by the physical education department of Govt Brennen College of Teacher Training as part of two-day physical education workshop series by Dr.Anand K. Taking a session on Basic Life Support to Medical/ Allied Medical/Paramedical/Engineering Students and patient bystanders at Kannur Medical College by Dr. Nadeem Abootty.

12.04.2022: Dr.Mini Balakrishnanattended the Collectorate meet as part of Planning for Night walkathon.

12.04.2022: IMA AMS chapter in association with Physicians Club conducted an academic meeting on the topic -6- "Differentiating IBD and IBS-A clinical approach "by Dr Sandeep Narayanan.

13.04.2022: Executive Committee Meeting.

17.04.2022:ELS Training Programme workshop. Dr.Anand K,Dr.Nadeem Abbotty,Dr.Pushparaj were the faculties.

20.04.2022: World Haemophilia Day in association with IMA CGP & CME on “Approach to Bleeding Child” by Dr.Vineetha Raghavan.

20.04.2022:Interesting Clinical Case Presentation by Dr.Jenny George,Dr.Shamna&Dr.Moorthi.

20.04.2022: CME on “Approach to Bleeding Child” by Dr.Vineetha Raghavan.

20.04.2022:Pain and Palliative clinic restarted at General Hospital.Dr.Pushparaj examined the patients.

23.04.2022:General Body Meeting. Dr.Mini Balakrishnan welcomed the gathering.

24.03.2022:A Medical Camp was conducted at Jaycee Special School, Dharmadam.

26.04.2022:State Level Meeting regarding BLS, Epidemic Control, Act Force, Action Committee and Sports.

27.04.2022: CME on “Minimally invasive Cardiac Surgery” by Dr.Sujith D S,Consultant Cardio Thoracic & Vascular Surgery and “Liver Transplantation achieving 95 % success and the journey liver care” by Dr.Abhishek Yadav, Consultant Gastroenterologist & Liver Transplant Surgeon.

27.04.2022: An Ifthar party was organised at IMA Hall during the Holy month.

29.04.2022: Dr.Sandeep Narayanan conducted a Free Fibroscan Test Camp at Tellicherry Co-operative Hospital. A metabolic screening camp was conducted at Sacred Heart Higher Secondary School, under Dr.Sakkariya P P.

30.04.2022: Physicians Club conducted an academic meeting. The topics "SGLT-2 inhibitors: Expanding options in heart failure” by Dr.Anilkumar,and “DAPT(Dual Antiplatelet Therapy) choice for durability and patient longevity” by Dr.Placid Sebastian, Consultant Cardiologist.



Child & Adolescent Health Care Week - Teenage Day observation of IAP & IMA was conducted in association with District Child Protection Unit. Health Education awareness classes conducted in various schools & colleges. A class on Prevention of Suicide in Adolescents was taken by Dr. Sakkariya P P, for the Student Police Cadet volunteers of Sacred Heart Higher Secondary School, Thalassery.

Poster Exhibition @ FHC Dharmadam as a part of National Immunisation Day.

An online educational programme in association with PARIVAAR - an association of Parents of Children with Intellectual & Developmental Disabilities inaugurated by Dr. Sakkariya P.

42 Branch: Sulthan Bathery | President: Dr. Abdul Gafoor Kakkodan | Secretary: Dr. Sunny George Elavuthingal



08.04.2022: General Body & CME on 'Endocrine Surgery' - From an Endocrine Surgeon's Perspective" by Dr. Shikhil.

23.04.2022: General Body Meeting & CME on "Fructose the Sweet Poison" by Dr. John MD, General Physician MES Hospital Sulthan Bathery.

43 Branch: Perinthalmanna | President: Dr. Mohammed Abdul Nazar E.K | Secretary: Dr. Jaleel K.B

02.04.2022: Awareness class for public Conducted awareness class for public on importance of vaccination at Thuvvur. Dr Bavitha Ashish lead the class.

06.04.2022: Dr. Soumya Sathyan's article in Mathrubhoomi about cholesterol, life style disease.

07.04.2022: World health day programs conducted at Moulana hospital inaugurated by Dr. Mohammed Abdul Nazar EK, Dr. Rema Krishnakumar, Dr. KA Seethi. Class conducted by



Dr. Vrinda & medical bulletin was released by DMO Dr. Renuka.

07.04.2022: World health day programs at DH Perinthalmanna. Jilla Panchayath president inaugurated the program.

21.04.2022: Monthly GB, discussed on reception to THARANGAM yathra, IMA Sports Meet & Summer Camp for children etc.

21.04.2022: IMA Iftar Meet.

21.04.2022: Building Committee Meeting and decided to mobilise maximum number of club membership and to do the renovation works of the building.

23.04.2022: Conducted Thyroid Screening Camp at Palachodu Perinthalmanna.

24.04.2022: IMA Officials represented in MLA Najeeb Kaanthapuram's Ramadan Sneha Sangamam.

25.04.2022: Represented doctor's community in IFTAR MEET arranged by Merchants association at Vyapara Bhavan.

Blood Bank Report

Monthly Questionnaire for IMA Blood Bank			
1. Name of blood bank	Govt Hospital Perinthalmanna		
2. Reporting month & Year	APRIL 2022		
3. Awareness class on VSD	NO		
(Insert pictures with place and date)			
4. Total VSD camps conducted	02		
a. In house : 02			
b. Out reach camps : 02			
(Insert pictures with place and date)			
5. Total blood collected during camps	233		
Males : 218		Females : 15	
6. Total blood collected at blood bank	907		
Male : 897		Female : 10	
7. Total blood and components issued	1848		
a. WB : 2	b. SGP : 0	c. FFP : 134	d. Cryo : 0
e. PSC : 1350	f. Cryo : 0	g. Sully : 0	
8. Training if any	NO		
(Insert pictures with place and date)			
9. Other activities	NO		
10. Important days observed	NO		
11. Beneficiaries	NO		
Place : Perinthalmanna	Signature : _____		
Date : 16/05/22	Name of Medical Officer : _____		

44 Branch: Thodupuzha | President: Dr. Sumi Emmanuel | Secretary: Dr. Vivek S.

24.04.2022: Reception to state leaders given. State president Dr Samuel Koshy gave Tharangamyathra message and inaugurated branch CGP chapter. Vice president Dr Radhakrishnan handed over Covid Matyr fund cheque to State president. Dr Joy Manjilla, Dr M N Menon, Dr Murugesan, Dr Jacob C V, Dr Prasad Rao addressed the occasion.

28.04.2022: Monthly GB meet and CME on Principles of Breast Cancer Management by Karkinos Health Care team presided by Dr Radhakrishnan & chaired by Dr Sajan Joseph.



11.04.2022: Organized a branch level Training Program on "Emergency Life Support". Dr. Paul M. Raphael was the trainer. An' Ifthar 'party was also hosted on the same day.
03.04.2022 & 17.04.2022: Conducted 2 eye camps in & around Perambra respectively in association with Dr. Chanrakanth Malabar Nethralaya.

07.04.2022: World Health Day Programmes an awareness session and anaemia detection camp in Anganwadi, in association with the Sathya Sai seva Samithi and discussed the theme "our planet, our health". Dr. Chandini Devi and Dr. Beena Rani led the camp. A Mass cleaning campaign was organised in association with the CHC Poovar and the LSGIs. Programme conducted in association with the Janamaithri Police station and Poojappura Residents' Association. Dr. Leena Ratnam, led the programme and spoke about "Our Planet Our Health". Dr. Geetha Vijayan conducted an awareness session on common gynae problems. Dr. Chithra Ravi conducted a session on Post Covid Health issues.

10.04.2022: Attended CME at Periyar House organised by the Committee on Legal affairs.

10.04.2022: Community outreach programme on NCDs in Association with the Cherupazhinji Devi Seva Samithi at Kulathara.

11.04.2022: Awareness session at Anganwadi in connection with the National Safe Motherhood Day.

13.04.2022: Special Executive Committee.

16.04.2022: Executive Committee.

19.04.2022: Cancer Cervix Awareness programme under the "SWAYAM" project in Maria Nilayam Hospital, Chowwara.

28.04.2022: Awareness session on Cancer Cervix under the "Swayam" project of WDW at NSS Union Hall Studio Road Nemom.

28.04.2022: Session on Cancer Breast Awareness and detection on Cancer Cervix under the SWAYAM project of WDW in Mar Baselios College of Engineering and Technology, Trivandrum.



02.04.2022: IMA in association IMA Junior doctors network observed Protest Day for the fight against the justice for Dr. Archana Sharma who lost her life, due to patient attack.

07.04.2022: Observed World Health Day by conducting awareness class about 'Our Planet, Our Health' by Dr. Gagan Velayudhan, inaugurated by Dr. K. A. Pareed.

10.04.2022: Dr. K. A. Pareed attended family meeting of IMA PP Scheme at Periyar house.

11.04.2022: Dr. K. A. Pareed, Dr. Asoka Valsala, Dr. Nigarpareed attended classes on documentation of medicolegal cases conducted by Committee of legal affairs in association with Kerala state legal service authority.

12.04.2022: Dr. P. Naryanan participated in IMA State presidents yathra Valluvanad and pattambi.

13.04.2022: Dr. P. Narayanan participated in IMA State Presidents Yathraat Palakkad and Attapadi.

20.04.2022: Executive Committee Meeting to discuss about Ifthar party, Membership promotion evaluation & State presidents yathra.
 24.04.2022: Dr. P. Narayanan & Dr. K.A. Pareed attended Managing committee meeting at Periyar House, Aluva.
 27.04.2022: General body and Ifthar party for the members and family. Ramadan message was given by Dr. Hamid Ibrahim.

48 Branch: Chengannur | President: Dr. Oommen Varghese | Secretary: Dr. Naveen Pillai



09.04.2022: IMA Kerala State President visited the branch as the part of Keralayathra (Tharangam). A Special General Body Meeting at Dr. Oommen's Eye Hospital Chaired by Dr. Oommen Varghese, State President addressed the meeting. South zone Joint Secretary, IPP, District Chairman Dr. A.P Mohammed, KGMOA District president Dr. Sabu Sugathan were also addressed the meeting.

49 Branch: Perumbavoor | President: Dr. Denny Devasykutty | Secretary: Dr. Johnson K.J

02.04.2022: IMA in association with Bethsada Hospital, Vengola by conducting an awareness program in connection with World Autism Day. Speech on different aspects of autism to the staff and students of Bedsada Hospital by Dr. Shaji. S.

06.04.2022: Executive Meeting.

07.04.2022: World Health Day, observed in the Taluk Hospital Campus & a public meeting was conducted presided by Dr. Shanimol and highlighted the theme "OUR PLANET, OUR HEALTH"

19.04.2022: "THARANGAM" - State President Dr. Samuel Koshy, Hon. Secretary Dr. Joseph Benavan, State Mid-Zone Vice-President Dr. Gopikumar.P, State Mid-Zone Joint Secretary Dr. Joy Manjila were addressed and motivated the gathering. Dr. Sabu Paul, Dr. M.K. Paulose, many other state and district leaders, senior leaders and members were enriched the function with their presence.



General Body and CME on "SAFE MOTHER HOOD" by Dr. Raji Manoj.

50 Branch: Palakkad | President: Dr. Arun N.M. | Secretary: Dr. Dilip Kuncheria

02.04.2022: Protest Meeting "Justice for Archana Sharma" - Conducted meeting to protest against the injustice towards Dr Archana Sharma.

12.04.2022: 'Thrangam' - IMA Kerala State President Dr. Samuel Koshy, Hon. Secretary Dr. Joseph Benavan, Dr Narayanan P, Joint secretary, Dr CK Chnadraseshwaran, Dr Gopeenathan P, Chairman, Membership promotion committee, Dr Velayudhan K, Dr Rajagopalan Nair P, Dr N M Arun were addressed the gathering . Presentation of minutes by Dr Dilip Kuncheria, Secretary & Vote of thanks by Dr Joby Paul, Treasurer Ima palakkad.

23.04.2021: Academic meeting & CME on -'Left bundle pacing, interesting ECGs & Arrhythmias' by Dr Vickram Vignesh.

51 Branch: Cochin | President: Dr. Maria Varghese | Secretary: Dr. Anitha Thilakan

02 & 03.04.2022: Sports Day, conducted under three age categories. Both indoor and outdoor events were included.

07.04.2022: World Health Day meeting. RTO Sri Anandakrishnan G spoke on "Our planet Our Earth" and Dr Mumtaz Khalid Ismail gave a talk on "Our Diet Our Earth".



13.04.2022: Executive Committee & Weekly Covid Meeting. Muvattupuzha Golden Jubilee. IMA Members attended the Golden Jubilee celebrations.

Tharangam Yathra - The leaders addressed the Medical students and Faculty at Govt Medical College Ernakulam. Press meet by State President, Secretary and leaders.

Meeting with private hospital owners & Reception to the leaders was arranged by Cochin IMA.

27.04.2022: Monthly GB with CME on "A Futuristic Approach To The Management Of Tuberculosis".

Inauguration of Pavana palliative care society anniversary celebrations, Prize distribution to winners of sports events, Installation of new office bearers of IAP Cochin. Inauguration of Founders Day and blood donation camp at Punjab National Bank, Inauguration of BLS training for volunteers & Health awareness class for Madrasa students at Kalamassery.

18.04.2022: Released Monthly Magazine 'Megaphone'.

52

Branch: Kayamkulam

President: Dr. V.S. Natarajan

Secretary: Dr. P.T. Muthulingom

09.04.2022: State Presidents Visit 'THARANGAM' Meeting was conducted in IMA Hall.

IMA State Cyclathan Team visited Kayamkulam and the meeting was conducted in General Hospital Kayamkulam.

53

Branch: Mukkom

President: Dr. Abdul Jaleel T.K

Secretary: Dr. Namboodiri Arun Sankar

Conducted Monthly Executive Meeting in last month. Due to some technical issues no general body was conducted.

54

Branch: Thalappilly

President: Dr. P.M. Saleem

Secretary: Dr. Shehabudeen E.A

02.04.2022: Emergency General Body Meeting regarding protest against death of Dr Archana Sharma with candle lights.

26.04.2022: Reception to IMA state leaders yathra along with general body meeting of IMA Thalappilly at hotel deliza residency Wadakkanchery. Dr Samuel Koshy, Dr Joy Manjila, Dr Jain Chimmen, Dr Gopikumar, Dr Devadas, Dr Gopinathan and Dr Byju attended the meeting.



55

Branch: Thriprayar

President: Dr. Moly Baby

Secretary: Dr. Ajay Rajan



02.04.2022: Observed National protest day.

07.04.2022: Observed World Health Day.

13.04.2022: Executive Committee Meet.

11.04.2022: Conducted Awareness class on National Safe Motherhood Day.

25.04.2022: General Body Meeting cum family meet in connection with State President and Secretary visit.

56

Branch: Kazhakuttam

President: Dr. Syamlal S

Secretary: Dr. Kalpana Gopan P

07.04.2022: Executive Committee Meeting. Branch President paid condolence for the tragedy occurred in the doctor fraternity, the loss of Dr Archana Sharma, the gynaecologist.

21.04.2022: General Body Meeting at Le Café Alsaj. CME by Dr Arya AR on 'common eye problems we come across'. Dr. Pious gave a memento to her as a token of appreciation. In Membership



Campaign, 32 new members are joined.

25.04.2022: Conducted a webinar including 'Prevention of Communicable diseases and Ecosystem Restoration' by eminent speakers to the Students of Govt HSS, Azhoor in connection with World Malaria Day.

26.04.2022: National Safe Motherhood Day, conducted a health talk to Field workers, ASHA workers, expectant and young mothers on Pregnancy, Childbirth and Taking care of babies by eminent speakers.

57 Branch: Themmalapuram | President: Dr.Kuttamani T.K | Secretary: Dr. Majeesh Antony

10.04.2022: Conducted "Tharangam" State President's Yathra.

58 Branch: Payyannur | President: Dr. Haridas M | Secretary: Dr. T. Ranjith Kumar



07.04.2022: Observed World Health Day by organized a walkathon in association with Rotary club of Payyanur midtown to make public aware regarding the importance of healthy life style.

Paid tribute to late Dr Archana Sharma by lighting lamps at Shenoy square, Payyanur. Sri T I Madhusoodanan, MLA Payyanur also appraised our concerns regarding the matter.

11.04.2022: WDW, IMA Payyanur observed National Motherhood Day. Dr Balamani Rajeev handled the awareness class.

Observed World Malaria Day in association with FHC Cheruthazham. Secretary Dr T Ranjith kumar handled the awareness class to guest labourer.

59 Branch: Chirayinkeezhu | President: Dr. Biju R | Secretary: Dr. Padma Prasad P.S

07.04.2022: World Health Day at PHC Azhoor. Conducted awareness class & NCD camp.

17.04.2022: NCD Camp & Post Covid syndrome awareness session at Dream Park school, Attingal.

28.04.2022: Reception to Silent Wheels Cycle rally at Attingal. Municipal Chairperson inaugurated the event.

29.04.2022: General Body Meeting & CME on Headache: Practical & Plus by Dr Anilkumar.

60 Branch: Kunnamkulam | President: Dr. Ditto Tom. P | Secretary: Dr. Unnikrishnan T

03.04.2022: The silver jubilee celebrations were held at IMA house Kanipayur. Honourable Health Minister Smt. Veena George had kindly consented to inaugurate the function. Dr Samuel Koshy, Smt. Seetha Ravindran, Municipal chairperson, were the guest of honour. Dr Gopikumar, Dr Joy manjila, Dr Devadas K V, Dr Sugathan, Dr Byju N, Dr Pavan also gave their valuable presence. Two charity projects of IMA were described by our president Dr Ditto Tom. One was about to provide necessary colostomy bags to cancer patients of Pain and palliative care clinic of Taluk Hospital Kunnamkulam. The other was starting Sukanyasamrudi account for BPL girl child. (Rs 2000/ for each girl child.)

19.04.2022: Executive Meeting. Main discussion was about to increase the membership drive and reception to state president's Yathra -Tharangam. It was followed by an organising committee meeting of IMACON 2022. The activities of various sub committees were discussed. Three joint secretaries were given the charges of NZ, MZ and SZ for delegates registration.

26.04.2022: State president's yathra- 'Tharangam' reached & gave a grand reception to Tharangam. We were able to meet our local MLA Sri AC Moideen. State President enlightened the facts and figures that is present, attack on doctors and hospital staff is no more tolerable and the need for community participation and action against the culprits. A few more state leaders also participated in the meeting.

61 Branch: Pala | President: Dr. Jose Kuruville Kokkat | Secretary: Dr. Eby Chacko

07.04.2022: Observed World Health Day by planting trees in the IMA House premise and conducted Medical Camp in association with KISCO Bank with more than 300 participants.

26.04.2022: Executive Committee Meeting was held in zoom platform with main agenda as Reception to State Presidents visit Tharangam.

30.04.2022: Gave a warm reception for State President's yathra- Tharangam along with General body and family meet.



62

Branch: Venjaramoodu

President: Dr. Sajeena A.S

Secretary: Dr. Satheesan M



02.04.2022: Arranged a Solidarity meeting in respect of Late Dr. Archana Sharma. Gynaecologist at SreeGokulam Medical College & Research Foundation, Venjaramood through prayers and lighting the candle lamp at SGMCRF. The same day SreeGokulam Medical Centre, Kallara was also arranged a condolence meeting at the centre by Dr Satheesan M.

07.04.2022: A camp was arranged at Kallarabus stand for the local people for awareness of Life style diseases and how will overcome these by Dr. Satheesan M. Around 80 people were checked and diagnosed.

08.04.2022: Observed World Health Day. KGMOA & IMA

Venjaramoodu branch organised friendly football match between IMA Vs KGMOA, TVM. IMA Venjaramood branch has won the match.

11.04.2022: Executive Committee Meeting through Zoom platform.

28.04.2022: Executive Committee Meeting through Zoom platform.

63

Branch: Chalakudy

President: Dr. Thilakan C

Secretary: Dr. Prakash V

22.04.2022: Executive Committee Meeting was held to discuss and finalise arrangements for the branch visit of State president & team's Yathra- "Tharangam" in coordination with DC. Arrangements for the State President to meet Chalakudy MLA, Shri Saneesh Kumar Joseph were also to be done.

28.04.2022: The monthly General Body meeting discussed about yathra, the State President and State level dignitaries of IMA.

There are 2 talks by speakers from Aster Medcity, Kochi. Holmium LASER Enucleation of Prostate: The new gold standard for Benign Prostatic Hyperplasia: Dr. Sandeep Prabhakaran, Senior Consultant- Urology & Program Director LASER Endourology. Advanced Sperm Retrieval Methods for an Azoospermic Male: An update on donor free IVF: Dr. Antony Thomas, Consultant - Urology & Andrology.

The meeting was presided by branch President Dr. Thilakan C. State President Dr. Samuel Koshy addressed the members & highlighted 5 main challenges facing our profession in the future. Senior Vice President. Dr. Gopikumar, Dr. Byju, Dr. Pavan Madhusudhan, Dr. K.V. Devadas, Dr. M.E. Sugathan, Dr. Joy Manjila, Dr. Gopeenathan, Dr. Denny Payyappilly, Dr. Bhavan Sankar & Dr. Muraleedharan P.D are participated.

64

Branch: Amala Nagar

President: Dr. Jayakrishnan Kolady

Secretary: Dr. Paul O Raphel

21.04.2022: Executive Meeting, discussed Installation of new secretary, Planning of activities for 2022- 23 & State President's visit.

24.04.2022: Conducted 'Tharangam' - State President's visit at Amala Library Block Auditorium. About 140 members including medical students, House surgeons, PG's and consultants attended the meeting.

65

Branch: Kalpetta

President: Dr. Rajesh Kumar M.P

Secretary: Dr. Sreeharsha Srigeri

02.04.2022: Candle light protest was organised in most hospitals and clinics as part of IMA's campaign on violence against doctors.

07.04.2022: World health day was observed in a befitting manner. Organised Emergency Life Support training for students at Fatima Nursing School was inaugurated by Dr Sushma Raj, district nodal officer of Aardram Wayanad. Dr Rajesh presided and senior leader Dr Sebastian spoke in the meeting. Dr Sreeharsha led the training session.



66 Branch: Kattappana | President: Dr. Bagavath Singh | Secretary: Dr. Varun Jose Memana

22.04.2022: State president's visit as a part of 'Tharangam'. State President, and other state and district leaders attended the meeting. Also had a meeting of private hospitals association held at St. Johns hospital regarding the topic assault against hospital.

67 Branch: Uppala | President: Dr. Jayapal Shetty M | Secretary: Dr. Mahesh

03.04.2022: Condolence Meeting for Late Dr Pavithra Kumar, Senior leader of the branch who was expired on March 20th.

68 Branch: Mannarkkad | President: Dr. Abdu Kalladi | Secretary: Dr. Devendra B Naddoni

12.04.2022: Conducted IMA 'Tharangam'-State President's Yathra. Purchase a Land in the name of IMA Mannarkkad branch at Mannarkkad town for IMA Office.

69 Branch: Vandiperiyar | President: Dr. Suresh Babu N | Secretary: Dr. Muthuraj P

22.04.2022: 'Tharangam' - State Presidents Yathra. ELS Training Program. Dr.P.Muthuraj, Dr.Murugesan and Dr.Roniya Smithy participated in Aluva & Dr.Murugesan participated in legal cell programs.

70 Branch: Kottayam | President: Dr. Bipin P. Mathew | Secretary: Dr. Ganesh Kumar J.R



07.04.2022: World Health Day Celebration inaugurated by Kottayam Sub Collector Mr Rajeev Kumar Chowdhury. There was a Free Fibro Scan Screening And Basic Life Support Training For Police Officials (ASP, DYSPs, CI..etc.) Other Administrative Officials, Social, Leaders and Media Persons.

Basic Life Support Training By Dr.Dominic, Dr.Koyakutty And Dr.Sethu.

State President's Meeting at Malayala Manorama, Medical College Kottayam, Press Club Kottayam & Deepika Newspaper.

71 Branch: Chittur | President: Dr. Prathap R | Secretary: Dr. Prem Narayanan

13.04.2022: Conducted the state leader visit in Karuna medical college, attended by State President Dr.Samuel Koshy, State Secretary Dr.Joseph Benaven, Dr.Prathap, Dr.Prem, Dr. Bipin Chacko, Dr. CK Chandrasekharan, Dr.Velayudhan, Dr.Rasitha. The chief guest Dr.Vasanthi, Karuna medical college Principal and visited Ahalia Diabetes Hospital. Many doubts of doctors residing in Tamil Nadu and working in Palakkad were clarified the state leaders.

72 Branch: Adimali | President: Dr. Mohandas K | Secretary: Dr. Ajayakumar S

21.04.2022: Visited State President Dr. Samuel Koshy as part of his membership campaign 'Tharangam'. The meeting was conducted at Hotel Dhanya, Adimali. The State President was accompanied by Dr. P. Gopikumar, Dr. Joy Manjila, Dr. V. Murugesan, Dr. C.V. Jacob, Dr.Joson Varghese and Dr. Aji P.N. Presidential address by Dr.Mohandas.K, our chief guest and



State President Dr. Samuel Koshy addressed the gathering. Doctors from various places Adimali, Munnar, Vazhathoppu, Kallar, Vellathooval, Chithirapuram and Kampilikandom were attended. Dr. Samuel Koshy explained the need for enhancing the membership of our association and the role of each member in achieving the maximum possible. Dr. P. Gopikumar, the Senior Vice President elucidated the points the President had already expressed, and urged all to make all out efforts.

73 Branch: Varkala | President: Dr. Sidharthan B | Secretary: Dr. Saju Sahadevan

10.04.2022: On behalf of WDW IMA Varkala done a charity work at Karunalayam (orphanage and old age home at Attingal), gave Rs.15000 in cash, 5 fan and 3000 Rs worth sanitary products for lady members who live there.

11.04.2022: Motherhood Day, WDW Chairperson Dr. Smitha Conducted a CME on Safe Motherhood at Govt. Taluk Hospital, Kadakkal.

12.04.2022: Executive Meeting.

26.04.2022: General Body Meeting and CME by Dr. Rekha Vijayan, Dermatologist, KIMS Kollam on Summer Time Skin Problems. Honoured Dr. Sunitha. N (District Covid Control Room Nodal Officer and KGMOA Stare Women's Wing Convenor) for her excellent contribution at the time of covid. Branch President and Secretary attended official meetings of IMA KSB and DC meeting for welcoming State President's yathra 'THARANGAM'.

74 Branch: Munnar | President: Dr. Naresh B | Secretary: Dr. Ganesh Prabhu



21.04.2022: State President Dr Samuel Koshy and senior IMA officials along with IMA Idukki District Committee members visited our Munnar branch, as a part of the "Tharangam" Yatra. The State President Dr Samuel Koshy addressed the members of IMA munnar, spoke on various issues - Violence on Doctors, Mixopathy and others. He also spoke on various schemes of IMA encouraging the members to take up the various schemes. The other IMA officials also addressed the doctors.

75 Branch: Attapadi | President: Dr. Narayanan V | Secretary: Dr. Shibilin Dominic

12.04.2022: State President Dr Samuel Koshy visited the branch as part of Tharangam accompanied by Dr C K Chandrasekar, Dr Narayanan, Dr Gopinathan, Dr Velayudhan & Dr Rasitha. Branch President Dr Narayanan welcome all the honourable guest to the dais. Dr Samuel Koshy on his presidential address given the importance of unity among all doctors & why the existence of IMA is crucial in many ways. All other guest given their respective views on attack on hospitals & the need for increasing the membership. Dr Shibilin Dominic given the vote of thanks.



76 Branch: Cherukunnu | President: Dr. P.K. Anil Kumar | Secretary: Dr. Roshna Raveendran

Branch Members Dr Muralidharan, Dr Anilkumar P K and Dr Rajesh O T attended medical camp in connection with Cherukunnu Annapoorneswari temple festival and it was decided to conduct inter branch district level Cricket tournament on May 8th 2022. Dr Ashwaq co-ordinated with other branches and managed to get registration of 7 branches.

77 Branch: Tirurangadi | President: Dr. Sajeewan E.S | Secretary: Dr. Dhinu K

14.04.2022: Monthly Meeting and CME was conducted at MKH hospital auditorium. Dr Sureshkumar P gave a talk on " HIV- fresh thoughts".

78

Branch: Anchal

President: Dr. Radhakrishna Pillai

Secretary: Dr. Chintu Oommen

04.04.2022: State President's Yathra 'Tharangam'.

79

Branch: Nilambur

President: Dr. Jalal P.M

Secretary: Dr. Shijin Paladan

Executive Meeting.

07.04.2022: Observed World Health Day. District Hospital Nilambur, Department of Health and IMA organized a "Walkathon", started from the Nilambur District Hospital premises. The event was organized under the motto of the World Health Organization, 'Our World Our Health'. Walkathon Palliative Care Specialist Dr. Hamza Palakkal inaugurated the event. IMA President Dr. Jalal, RMO Dr. Bahauddin, Secretary Dr. Shijin Paladan, Dr. Rajesh, Dr. Sunil, Dr. Johnson, Dr. Ayub, Nursing Officer Sulaikha, Shanthakumari, Carmel, Health Inspector Vijayalakshmi and other hospital staff were present.

27.04.2022: Iftar Meet. Continuing Education program and a meeting were held. The class on Health Scheme was conducted by Dr. Jalal.

Membership Campaign. Three new members are joined.

80

Branch: Manjeri

President: Dr. Menon M.P.K

Secretary: Dr. Febin Puthilath

11.04. 2022: Building Committee Meeting.

12.04.2022: General Body Meeting for Membership Promotion & Scheme Memberships and CME on 'Stroke, Headache and Interventional Radiology Topics'.

15.04.2022: Membership Campaign Conducted at Manjeri Medical College.

18. 04. 2022: Building Committee Meeting.

24. 04. 2022: Building Committee Meeting.

81

Branch: Kothamangalam

President: Dr. A.B. Vincent

Secretary: Dr. Biju Chacko

12.04.2022: Executive Committee meeting. 12 members participated and made resolutions to participate in state president's 'Tharangam'-Yathra and host the cycle rally members.

18.04.2022: General Body Meeting and family meet at IMA hall to welcome State President's 'Tharangam'-yathra.

82

Branch: Kottarakkara

President: Dr. Ramakrishnan S

Secretary: Dr. Anil K Tharian



26.04.2022: General body & CME. The classes were taken by Dr Praveen SV Consultant Cardiologist KIMS Thiruvananthapuram on interventional cardiology. 34 members attended the meeting.

83

Branch: Kannur Malabar

President: Dr. Cletus Kanakappalli

Secretary: Dr. Suresh Babu M.P

17.04.2022: State President's Yathra, "Tharangam".

18.04.2022: General Body Meeting.

84

Branch: Pathanapuram

President: Dr. Radhakrishnan Nair P

Secretary: Dr. Rajeev P.R

29.04.2022: General Body Meeting. Presidential address by Dr. Radhakrishnan Nair, highlighted the need to increase the membership of the organisation was followed by an active discussion by all the participants regarding the current scenario. The need to increase the membership, to enrol all eligible members to all schemes of IMA especially PPS. And decided to conduct general body meeting as physical meetings as COVID situation is controlled. The meeting was followed by a CME on Post Covid Syndrome by Dr. N. Sasidharan, Senior consultant physician of our branch.

85

Branch: Koorkancherry

President: Dr. P. S. Swathy

Secretary: Dr. Swetha T.S

28.04.2022: Reception of State President and Secretary as part of 'Tharangam' and Meeting with Private hospital Owners at Elite hospital, Koorkencherry.

86

Branch: Valancherry

President: Dr. Mohamed Ali N

Secretary: Dr. Mohammed Riyas K.T

01.04.2022: Conducted Food Festival inaugurated by Dr. Mohammadali.N.

87

Branch: Kulanada

President: Dr. K.N. Babu

Secretary: Dr. Sreekanth K

29.04.2022: General Body Meeting and CME with all covid protocol. President, Dr. K N Babupresided the meeting and chief guest and speaker was Dr. Sadeep, Prof and HOD, Dept of Dermatology, Mt Zion MCH, Adoor. There was a very interactive session on "Common Dermatological problems - GP Perspective".



88

Branch: Punalur

President: Dr. Narayanan Nair S

Secretary: Dr. Sudhakaran Nair T.N

04.04.2022: General Body Meeting at Dr Y Baby IMA Hall. State President Dr Samuel Koshy, State Secretary Dr Joseph Benavan, Vice president South Zone Dr Mohanan Nair V and Dr R V Asokan were present. Dr R V Asokan welcomed the leaders & addressed the gathering. As a token of respect, presented mementoes to them. Secretary handed over DD and document for a new life member at the meeting. After the general body meeting, State leaders visited Pranavam hospital to meet Local leaders. Mr MA Rajagopal, Ex Municipal Chairman and Mr Jayaprakash, opposition leader was present. State President explained the details of Hospital attacks and Clinical establishment bill. Both leaders offered full support to IMA.

89

Branch: Pathanamthitta

President: Dr. Thomas T Thomas

Secretary: Dr. George T Varghese

State President's Yatra. Dr. Samuel Koshy and his team visited the branch in the evening with a high tea meeting. Dr. V Mohanan Nair, Dr. M Muraleedharan, Dr. Anitha and Dr. TG Varghese talked about different activities of IMA.

90

Branch: Vaniamkulam

President: Dr. C.S. Bharathan

Secretary: Dr. Sachin N.S



06.04.2022: A meeting at branch level to discuss regarding the upcoming visit of State President and a program was held for students, doctors and staff of PK Das institute of medical science for awareness, building and membership campaign as part of President's yathra 'Tharangam'.

11.04.2022: Branch conducted State President's Yatra - "Tharangam".

91

Branch: Kadakkal

President: Dr. Gopinathan Pillai V

Secretary: Dr. Sivan E.V

04.04.2022: Branch conducted State President's Yatra - "Tharangam".

92

Branch: Tirur

President: Dr. Ahmmmed Kutty K

Secretary: Dr. Azim Ahdar M.P

10.04.2022: Branch represented by the Branch Secretary at the State level meet on "Documentation of medico-legal cases" held at IMA Periyar House, Aluva.

93

Branch: Nedumkandam

President: Dr. Joson Varghese

Secretary: Dr. Vishnu Mohan

22.04.2022: Branch conducted 2 Executive Committee meetings. State president's visit, branch meeting was arranged at THQH Nedumkandam to receive the president and the team members. Participated in the ELS training programme and the meeting jointly conducted by the legal cell and Kerala legal cell authority at Periyar House Aluva. Also continued membership development activities.



94

Branch: Vaikom

President: Dr. Alex Thomas

Secretary: Dr. Abyson Philip

20.04.2022: Executive Committee Meeting. Discussed about State President Yathra -Tharangam.
30.04.2022: Warm reception to State President Yathra - 'Tharangam' at Holy Ghost Mission Hospital, Muttuchira. Memorandum given to Kaduthuruthy MLA Shri Monse Joseph in the meeting.

Warm reception given to Silent Wheels -Cycle rally by NISS at Vaikom Taluk Hospital. Vaikom Municipal Chairperson garlanded the team members.

95

Branch: Thiruvalla

President: Dr. C.R. Radhakrishnan

Secretary: Dr. Cyril Joseph



21.04.2022: The Monthly General Body Meeting and CME held at Hotel Elite, Thiruvalla and the CME was on "An approach to Neuropathic Pain" by Dr Sheetal S, Consultant Neurologist, Pushpagiri Medical College.

30.04.2022: The Silent Wheels initiative of IMA Kerala - the cycle rally was received at the Pushpagiri Medical College, Thiruvalla. They were received by IMA Thiruvalla branch officials, Pushpagiri MSN and the Pushpagiri management. The Silent

wheels rally then proceeded after dinner to Changanacherry for overnight rest before proceeding to Kottayam.

96

Branch: Kolencherry

President: Dr. Sreekumar G

Secretary: Dr. Vijy Paul Thomas

State President's Yatra reception 'Tharangam', the visit by the State President and State Secretary of IMA Kerala State to the various branches. A function was organised in the Skills Lab Auditorium of the M.O.S.C. Medical College Kolencherry. The meeting was attended by a large number of faculty members as well as Junior Doctors and interns, where the State President and State Secretary addressed the audience. Prior to this, the office bearers had an interaction over tea with the Dean Dr K K Diwakar and Medical Superintendent Dr Sojan Ipe. The office bearers of IMA Kolencherry branch also attended the 50th year celebrations of IMA Muvattupuzha branch.

97

Branch: Kottakkal

President: Dr. Rajeena Shahid

Secretary: Dr. Muhammed Shereef

Fraternity benefit of SSS I - 19,52,600/- , SSS II- 32,19,000/- and SSS III - 33,75,000/-, Total amount Rs. 8546600/- was handed over to the family of Late Dr. Chandrika Keeran .



98

Branch: Karakonam

President: Dr. Siva Sree Ranga M.K

Secretary: Dr. Shibu Raj P.S

27.04.2022: General Body Meeting. Branch decided to join IMA District Committee in organizing the welcome ceremony for 'Tharangam' and inauguration of MSN Karakonam Branch.

99

Branch: Kollam West

President: Dr. Marceles M

Secretary: Dr. Roy Manuel

06.04.2022: State President's Yatra 'Tharangam'

100

Branch: Kovalam

President: Dr. Shiju Stanley

Secretary: Dr. Neha Raj A

29.04.2022: Branch conducted Basic Life Support Training Programme in association with Kovalam Football club at Venganoor School.

District Committee Meeting.

101

Branch: Ettumanoor

President: Dr. V.V Soman

Secretary: Dr. Bilix Vinayak P.J

05.04.2022: Executive Meeting. Discussed about the activities for the month & organized next month's family meeting.

Gave a warm welcome and arranged a breakfast for the state leaders as the part of campaign "Tharangam" and also gave welcome with breakfast to the cycle rally team. Branch is actively enrolling new members for the membership campaign.

102

Branch: Jubilee Mission

President: Dr. Harris Paul

Secretary: Dr. Sebastian Valiaveedan



27.04.2022: The Tharangam programme in connection with the state leaders visit was conducted on Jubilee Mission Branch. The hospital director, Fr Reny, Principal, Dr Praveenlal, Vice Principals Dr Andrews and Dr Padmakumar, Medical Supdt Dr Gilvaz, Branch President and Secretary Dr Harris Paul and Dr Sebastian, DC leaders Dr Baiju and Dr Pavan were there, and also consultants from Jubilee Mission Medical College. The Hon State President Dr Samuel Koshy addressed the student's conclave. There was good interaction and interest from students. The meeting concluded with the vote of thanks by Dr Andrews.

103

Branch: Mulamkunnathukavu

President: Dr. Sajeew Kumar P

Secretary: Dr. Rajesh T. R

Executive Meeting and General body Meeting. State President's Yathra 'Tharangam' in connection with reception called and planning done to make it a successful one.

26.04.2022: Dr. Samuel Koshy, Dr Joy Manjila, Dr. Devadas, Dr. Byju, Dr. Pavan reached at Govt. Medical College campus. The reception function chaired by Dr. P. Sajeew Kumar. Dr. Samuel Koshy addressed the gathering. Conducted an interactive session on challenges faced by medical fraternity in the current scenario, which was inaugurated by Dr. Prathap Somnath, principal medical college. Representatives from Staff, PG's, House Surgeon's, presented their views. Dr. N. Asokan was the Moderator.

104

Branch: Karunagapally

President: Dr. K. Raghu

Secretary: Dr. Sen C.R

06.04.2022: A grand reception was given to President's Yathra in a dinner meeting arranged at IMA Hall. State President and other leaders addressed the members. A meeting of State President with MLA Sri. C R Mahesh was also held on the occasion in which the President handed over a memorandum highlighting IMA's demands to the MLA.

20.04.2022: Executive Committee Meeting, and association matters discussed in detail.

27.04.2022: Monthly General body Meeting. CME programmes, Twists and Turns in Neurology – a case based discussion and Case discussion on Regeneration in Orthopaedics, were conducted in the meeting.

29.04.2022: Silent Wheels 2022, a public awareness programme on Noise pollution reached Karunagappally & a warm reception given to the Cycle rally team in a breakfast meeting at IMA Hall. Arrangements were made for the team to have interactions with the public at Chavara bus stand, Karunagappally bus station, Karunagappally Govt. Taluk hospital, Oachira, etc.

105 Branch: Kanjirapally | President: Dr. Babu Sebastian | Secretary: Dr. Mathew P. Thomas

IMA bought 25 cent of land, formed a subcommittee for building IMA house. IMA decided to conduct family meetings to make sure the family members are also in touch with each other.

106 Branch: Adoor | President: Dr. Thomas Muthalaly K.G | Secretary: Dr. Nandu Soman

Executive Committee Meeting of the branch for the month of April was conducted at the residence of Dr Thomas Muthalaly, President. The various activities of the previous month were reviewed and the forthcoming plans and activities were discussed. The plans included a discussion about "Tharangam", the membership drive campaign, led by the State President Dr Samuel Koshy and the senior IMA leaders, which was planned to be conducted. The campaign was planned to be organized at Mount Zion medical college.

A formal appeal was also planned regarding the issue of declaring hospitals as safe zone for preventing hospital attacks against doctors and hospital staff, during a visit to the Honorable Deputy Speaker Sri. Chittayam Gopakumar, regarding this issue.

29.04.2022: Executive Committee, included the decision to organize a CME programme on the topic: 'Keyhole surgery for brain and spine', as an offline event. The proposed Speaker was Dr. Ajith R, Coordinator & Senior Consultant at KIMSHEALTH Trivandrum. The CME was proposed to be conducted at Hotel Wyte portico, Adoor.

JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven
State Secretary, IMA KSB

Link: <https://t.me/imakerala>

With best wishes from

image - CBWTF



It is our responsibility and
Commitment to keep our Green Land
away from the dangerous
hazards of Biomedical waste...



India's largest and
environmentally safe
Common Biomedical
Waste Treatment
& Disposal facility
for the entire state
of Kerala.

Serving 19,062
Healthcare
Establishments
Across the
Kerala for their
Biomedical
Waste Management



The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the
Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards



Contact us for more details....



INDIAN MEDICAL ASSOCIATION GOES ECOFRIENDLY

IMA State Headquarters, Anayara P.O., Thiruvananthapuram - 695 029

Ph: 0471-2741188, 2742211

Manager Administration: 80783 36666, Manager Operations: 94459 98922

Environment Engineer: 80780 26869, Operations Executive: 70122 28469

Email: imageimaksbtvm@gmail.com, Website: imageima.org