

Be Safe....Be Committed



Dr. Samuel Koshy State President



Dr. Joseph BenavenState Secretary



Dr. Zacharias P.T.Immediate Past President



Dr. Gopikumar P.Senior Vice President &
Mid Zone Vice President



Dr. Surendrababu V.P.North Zone Vice President



Dr. Mohanan Nair V.South Zone Vice President



Dr. Cini Priyadarshini V.A. State Treasurer



Dr. Narayanan P.North Zone Joint Secretary



Dr. Joy ManjilaMid ZoneJoint Secretary



Dr. Anitha Balakrishnan South Zone Joint Secretary



Dr. Sreejith R. HQ Joint Secretary



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NEW TEAM



State President, State Secretary and Team 2021-22 took charge of IMA Kerala State Branch on 21.11.2021. IMA leaders from all over Kerala attended the meeting and also addressed the Staff Meeting.

The leaders wished the new team and also assured their unstinted support.





President's Column.....

Immediate Past State President Dr. P.T. Zacharia, Minister of Health and Family Welfare Smt. Veena George, National President of IMA Dr. J. Jayalal, State Health Secretary Dr. Rajan Khobragade, National President elect Dr. Sahajanand Singh, Director of AKN Sinha Institute Dr. Muhammed Rasheed, Past National President Dr. Vijayakumar, Dr. A. Marthanda Pillai, National Vice President elect Dr. Joseph Mani, Past National Vice Presidents, Past State Presidents, Leaders of sister organisations, Senior Collegues, Invited Guests, Media Persons, Ladies and Gentle men.

It is my pleasure to welcome you all to the 64th State Conference of IMA Kerala State Branch. I am most humbled and grateful to you all, for electing me unanimously to the coveted chair of State President, IMA Kerala State Branch. I do promise that I, along with my team of office bearers, will try our level best to do justice to the confidence you have reposed in us. I also take this opportunity to congratulate the team led by Dr. P. T. Zacharia as the State President for the excellent work done during their tenure.

Indian Medical Association formed in 1928 as a small organization has grown as the largest professional organization in the world, with more than 4.5 lakhs members spread all over the country. This organization has a great legacy with many of its leaders having had participated in the freedom struggle of this country. We take pride in nondiscrimination among members based on religion, caste, creed, sex, geographic location or political belief. The members of this organization are committed to the profession and the society. Members of this professional organization include those working in government, private, teaching and insurance sectors. IMA Kerala State branch, which came in to existance in 1957 is now one of the most vibrant branches of Indian Medical Association with its head guarters at Trivandrum. The branch through the committed continuous leadership by many great leaders, now holds its head high with many of its excellent schemes and projects for the betterment and protection of its members, their families and

the society. The prestigious Periyar house at Aluva is another unique achievement of State IMA. IMA houses built across the State by branches give strength and pride to the organization.

The edifice of IMA stands on its four strongly built pillars.

The **first pillar** is the professional and association activities by members across the State. The three tier system of Kerala State IMA with 108 local branches and 14 district committees, is committed to protect the interests of the profession and society.

The **second pillar** is the academic pillar with two wings, the College of General Practitioners and Academy of Medical Specialities. Medical science is subjected to continuous and constant updates as per current scientific knowledge. All members of IMA are expected to update their knowledge through the branch chapters of these academic bodies. Also the Research and Analysis wing of IMA is giving strength to the scientific cult of the organization.

The third pillar is important by its commitment to social services. IMA is doing a lot of social activities to the community through its various wings and programmes. IMA Goes Ecofriendly (IMAGE) is an outstanding commitment of IMA Kerala State to the society and is the project which is responsible for disposal of Biomedical wastes generated through out Kerala. Committee on Child Health, IMA End TB project, Committee for Organ donation, Care of Elderly, IMA AIDS Cell, Tribal and Coastal Welfare Committee, Food Safety Initiative, Trauma Rescue initiative, Patient Care Scheme, IMA Palliative care Project, IMA Initiative for Safe Sound, Blindness Control Project, Mental Health Project, Basic and Advanced life support training initiative, IMA movement against Quackery are some of the social programmes of IMA. Also IMA runs State of the art and licensed Blood banks through various branches in different places.

The **fourth pillar** is for helping the members and supporting their families through various schemes of IMA. The Professional Protection Scheme provides legal aid to members in medico legal issues. Social Security Schemes provide support to member's family following an unexpected eventuality and IMA Health Scheme provide support to members and their family for treatment of any ailment. IMA Pension Scheme provides scope for pension to the members and IMA Professional Disability Support Scheme is for supporting members developing Temporary or Permanent disability. Professional Equipment Protection Scheme and Hospital Board of India are other projects to provide support to members and hospitals. IMA is committed to science and works in tandom with the Government but our continuous strong demands for allocation of minimum 5% GDP for health sector, safe drinking water for all, pollution free environment measures to prevent Road Traffic Accidents and Social Security Programmes for Doctors are all yet to be fulfilled. Also staff pattern in Government hospitals needs updation depending on present needs, in the sector.

One Health: IMA endorses the concept of 'One Health'. Human beings, Animals and all living creatures of universe should Co- exist. This enviornmental friendly attitudes will help us a lot in preventing many deseases. Recognising the interconnections between people, animals, plants and their shared inviornment is needed for the future existence of human life.

Fight against COVID- 19 Pandemic: IMA and its members are in the forefront of the fight against Covid 19 We have lost 748 doctors during the 1st wave of the pandemic and more than 1400 doctors during the 2nd wave in this fight in our country. Kerala lost 32 doctors in this war. Such massive causalities are rare even during war but we are still in the forefront of this war against the pandemic. All doctors are asked to take self protective measures and treat patients in these most difficult times. All hospitals both in government and private sectors treat Covid - 19 patients. Awareness programmes for doctors and general public regarding Covid -19 are conducted by IMA through visual and print media. IMA provides all support to the government in vaccinating maximum number of people in minimum time possible.

Attack against Doctors and Hospitals: One of the major challenges that we face even during the difficult times of pandemic is attack against doctors, health care providers and hospitals. Often brutal attacks are made even against leading senior doctors including lady doctors. These attacks happen for no reason or trivial reasons and hospital equipments costing lakhs of rupees are destroyed. Many a times police take a cold half hearted step against these culprits and are given adequate time to take anticipatory bail. IMA cannot be a mute spectator to this unending brutality. An action plan to prevent attacks, and in case of an attack, immediate action plan to be followed also will be chalked out. All such cases will be followed up and these anti-socials will be made Mixopathy: The Central Government is promoting low quality health care to the common people of our country, through their unscientific policies. Different systems of treatment having different basic principles are mixed together by legislation to promote mixopathy. But science can't be inclusive of everything. Science is research oriented and evidence based but mixopathy is unscientific and hence unacceptable. Mixing unscientific and pseudoscientific modalities of treatment with modern medical science will destroy the quality of health care system in our country. IMA will continue its fight against this unscientific and unacceptable policies.

National Medical Commission and Quackery: Medical Council if India, which was a democratic statutory body controlling the medical professionals, was allowing only MBBS graduates to prescribe and practice modern medical treatment. With the introduction of National Medical Commission, Government is allowing even people related to health care profession to prescribe and practice modern medicine as 'Community Health Providers'. IMA is totally against legalization of quackery and promotion of mixopathy.

Medical Education: Medical education in India in at cross roads and new syllabi with a clear intention to promote unscientific modes of treatment and mixing them with modern medical science in medical colleges is being introduced in our country. This is unprecedented, unscientific and unacceptable. Medical colleges should be centers of excellence and only medical science should be taught in these institutions. IMA believe that Medical pluralism and deviation from internationally accepted scientific modalities of treatment are not good for the people and intrusion in to the scientific domain of modern medical system by other unscientific systems will be opposed relentlessly. IMA will also make efforts for improving academic quality and infra structure of medical institutions in our State. Our demand and efforts for a 'Monofaculty Medical University' and ' Monofaculty Medical Council' will be carried forward.

Clinical Establishment Act: CEA 2018 aims to improve the quality of health care but at the same time brings unwarranted Government control and inspection raj in health care institutions. IMA has no objection in the overall objectives of the Act but certain clauses in the act are detrimental to small and medium sized hospitals. These clauses should be amended before the law is implemented in the State or else many of the small and medium sized modern health care institutions, which are already struggling for existence, will be closed. Closure of these institutions which are the pillars of 'Kerala Health Model', will ultimately destroy our good health care model.

Consumer Protection Act-2019: New Consumer Protection Act 2019 has not included 'Health Care Services' in the armpit of the act. But since the Health Care Services are not excluded from the Act, many legal luminaries are of the

opinion that medical services is also included in the Act . We will legally fight this issue together with National IMA till Supreme court, to find a legal remedy for this issue.

Unemployment among Doctors: There is excess inflow of doctors in to our State from Medical Colleges inside and outside the State and also from outside the country. All these doctors can't be accommodated in the available health care facilities of the State. Hence unemployment among doctors is inevitable. The best available option for the issue of unemployment among professionals is self employment. IMA will act as a facilitator for self employment among doctors, especially young doctors in rural areas.

Insecurity of Jobs in Private Sectors: Employed doctors in private sectors feel insecurity of jobs. Doctors are terminated and salaries are reduced in many hospitals. We will try to find solutions for this also. Making legally valid mutually agreable contracts with the employers can reduce the insecurity to an extent.

IMA will fight against all these evils in the best interest of its members and the profession.

Strengthening the Association: The area of prime concern will be to strengthen the association at various levels. Membership drive will be of prime concern and all weak branches will be under direct supervision of State IMA for strengthening its activities. Formation of more branches with new members will be promoted. Association will be strengthened more because only the strong voice of a strong organization will be heard at the corridors of power.

District Yathras and District Conventions will be undertaken to strengthen the organization and for personally meeting the members Women Doctors Wing will be encouraged and prompted to take up issues concerning women and children. Involvement of families in all branches for facilitating IMA activities will be encouraged and anaemia alleviation through Mission Pink Health will be promoted. All committees including cultural wing and sports committee will be made more popular.

Junior doctors and Medical students will be encouraged to come together, understand the issues faced by the profession and fight for their rights. Also IMA will demand for adequate payment of stipends for house surgeons and PGs.

IMA- UNICEF Partnership Programmes: Partnership programmes with UNICEF and IMA is reopened and will be continued for the health promotion of general public through health care providers and doctors. Various projects under this partnership will be taken up and carried forward. The project for Covid-19 CME series for Doctors and Health care workers will be continued.

Research Ethics: Initiation to promote IMA as a 'Research Ethics Body' will be done. Once IMA is approved as a body to

give Ethical Sanction for Research, IMA will take up more research and research oriented studies especially on Covid-19 Pandemic.

IMAGE: IMA's Flag ship project of community activity, 'IMAGE' is challenged by business groups. IMA will go ahead with our social commitment for Biomedical Waste Disposal at minimum cost and will continue with efforts to start new projects in other parts of State also.

IMA Publications: IMA publication for the general public, 'Nammude Arogyam' is published every month with articles on health, written by doctors from various specialities. The Academic publication 'Kerala Medical Journal', is published for the benefit of members and is in the process of indexing. IMA News Letter gives information regarding various activities of IMA to the members.

Conclusion: I once again sincerely thank all the members of our professional organization for unanimously electing me as the President of IMA Kerala State Branch. Myself and my cabinet will be in the forefront of all activities. All the District Committees and 108 branches will work in tandem to strengthen the association and successfully face the challenges ahead. All our sister organizations and speciality organizations will be brought under one umbrella and together we will serve the public with dignity and dedication. Let me thank my family, my wife Dr. Rekha Samuel, Daughter Mrs. Saira Sara Sam and Son Dr. Koshy. T. Sam for giving me all support and stand with me during the last 28 year of my IMA activities.

Let me conclude with words of Simon Sinek, a contemporary British Orator.

'A TEAM IS NOT A GROUP OF PEOPLE WHO WORK TOGETHER. IT IS A GROUP WHO TRUST EACH **OTHER'**

Friends and colleagues it is this trust that I crave from each and every one of you. Together We Can, separate we fall.

Thank You, Jai IMA, Jai Hind

Dr. Samuel Koshy State President, IMA Kerala



From the Editor's Desk

Dear Colleagues

Greetings from IMA Kerala State Branch!!

Let me express my deepest gratitude to each and every member of IMA Kerala State Branch for the confidence reposed in me by electing me to the coveted post of the Hon. Secretary of this prestigious association. I would request your support as I tread the path of my illustrious predecessors. My salutations to all the Senior leaders who have guided and mentored me over the years.

May I assure you as your Secretary, I will not be found wanting in the discharge of my duties to the association and our members. I deem it on myself to be at the service of each one of you. The needs of the medical fraternity and our profession will always be my priority. Together we will strive to strengthen our unity and build a formidable association.

The strength of any association is its members. This year the focus will be at the grass root level, i.e members and branches. Membership drive will be given great thrust this year. The President has set the goal of elevating IMA KSB to the numerouno position in membership in the country, by a membership increase to 50000 members. The benefits that the association offers its members is through the various schemes. From the word go, scheme meetings were being conducted to pep up membership with a targeted increase of 30%. The year is going to be very hectic in our attempt to achieve the goals set forth. I call upon all our members to Stay Committed to our cause.

The Indian Medical Association thrives on scientific principles. It is our bounden duty to uphold scientific principles and to inculcate scientific thought process into mainstream community. Our profession is faced with unending challenges from all quarters and our unity is the need of the hour to thwart away the dangers faced by modern medicine.

The IMA Newsletter will remain a monthly publication. It is a platform for the branches to publish their activities of the month. I am happy to note that this issue has activities of 66 branches with special mention of Kannur and Malappuram districts where all the branches have reported their activities. I appreciate the efforts put in by the respective District Committees. All efforts will be taken by the state office to have all branches represented in the subsequent months. I solicit the cooperation of the branch and district leaders to achieve complete representation.

The pandemic is still raging in our midst. Let us Stay Safe, Stay Healthy.

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Dr. Joseph Benaven Hon. State Secretary, IMA Kerala



64th

th Annual State Conference



The State Annual Conference was held at IMA Periyar House, Aluva on 13th & 14th November 2021. The Conference was amazing in terms of participation and involvement.

On 13th, the State Council Meeting presided over by the State President Dr. P. T Zacharias. In the evening Memorial Service was presented to pay IMA's rich tribute to the departed souls of IMA leaders from all over Kerala. It was indeed spectacular and heart touching. There after a cultural event was presented by IMA members.

The Annual Conference on 14th, inaugurated by the State Health Minister Smt. Veena George. Past National President Dr Rajan Sharma was the Chief Guest and he installed the new State President. Thereafter, Cabinet members including the State Secretary Dr. Joseph Benaven sworn in as Cabinet members.

Dr. Samuel Koshy, in his presidential address expressed all his vision, mission and dedication for the next IMA year. That was whole heartedly welcomed by all the members cheerfully.



Decisions - 64th State Council Meeting

The 64th State Council took the following decisions:

- A white paper on health to be released assessing the disease prevalence of the whole year.
- White paper to be published on violence against doctors and attacks against hospitals and follow-up of the court cases.
- State Council entrusted State President to take appropriate decisions on the stand of IMA on Clinical Establishment Act.
- A resolution against giving Arsenic Album (Homoeo medicine) to children was passed in the State Council.
- The next Annual State Conference will be hosted by IMA Kunnamkulam.
- The recommendations are given by the Awards Committee to be looked into and implemented.















AWARDS

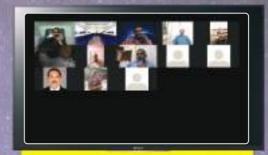


State Activities





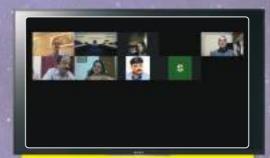
02.11.2021 **Cabinet Meeting**



03.11.2021 **UNICEF CME**



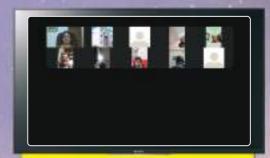
04.11.2021 **Past President's Meeting**



11.11.2021 **UNICEF CME**



18.11.2021 - UNICEF IMA **Series on Covid 19**



25.11.2021 - UNICEF IMA **Series on Covid 19**



State Officials Meet Schemes & Projects on 28.11. 2021 at IMA Periyar House, Aluva







Mission Pink Health

November Report

NEMOM

25.11.2021: Organised an awareness session in the AVC Hospital, Poojappura, Thiruvananthapuram on "Orange day". The session focused on the Increasing atrocities against women and also on the Influence of social media.

Awareness session on "Anaemia in 28.11.2021: Adolescents" was conducted in the Government Cotton hill Girls Higher Secondary School, Vazhuthacaud, Thiruvananthapuram.

30.11.2021 Session on "Menstrual Irregularities and Health" was conducted for the students of Madhavakavi Smaraka Government Arts and Science College, Malayinkeezhu.



NEDUMANGAD

10.11.2021: Observed World Immunization Day & a talk on 'Immunuzation and follow up'& 'Newer Vaccines'. 15.11.2021: World Diabetic Day & a talk on "Jeevitha

Shaily Rogam Kuttikalil Engane Thadayam".

DESINGANAD

14.11.2021: Conducted an awareness programme for the students of Infant Jesus HSS on 'Safety Habits in Post

Covid Era'

17.11.2021: Conducted an awareness programme for the students of SN Women's on 'HPV - The Villain'.

22.11.2021:Conducted an awareness programme at TEM VHSS on 'Happy Learning'.

MADHYA KERALA

07.11.2021: An awareness talk on Cervical and Breast Cancer to the nursing students, staff and the public at Vimala Hospital.

13.11.2021: An awareness class on Diabetes and Diabetic Foot in 'My Doctor' Program on Reporter TV & an article on "Detection and Prevention of Diabetes" were published in Deepika Newspaper.

14.11.2021: Childrens Day Virtual Celebrations & a talk on "How to tackle failure in life" and also highlighted the



importance of teamwork.

15.11.2021: Free Diabetes Detection Camp was conducted and medicine distribution done.

18.11.2021: Awareness Class on Cochlear Implant class on the YouTube channel of Amrita Hospitals.

20.11.2021: A medical camp was conducted for the

inmates of the destitute home run by Dharmagiri Vikas Society, Kothamangalam. Growth and Nutritional status of children were assessed. Nutritional supplements and deworming medicines were distributed. An awareness class on Personal Hygiene was given.

27.11.2021: Participated in a camp for kids and teenage children with special emphasis on growth & nutrition. Supplements were given for those detected deficient. Dietary counselling on healthy food habits was given by Dietitian.

THALASSERY

14.11.2021:Mission Pink Health Programme was conducted in Kadirur Grama Panchayath where adolescents belonging to 12 to 19 years were screened for life style diseases including Anaemia, Diabetes, Obesity and Thyroid.

14.11.2021: IMA Thalassery and Malabar Cancer care society conducted a Cancer detection camp which was held at Ashraya Charitable Society.

14.11.2021: On Child Sexual Abuse Awareness Day, an awareness class atSishubhavan for Girls and Boys &awareness class on Kairali TV regarding obesity in children &gave an awareness class on Kannur V Vision Channel regarding Post Covid Issues in children & awareness class regards Common Skin problems in



adolescents.

16.11.2021: An awareness class on Healthy Youngsters for a Healthy World.

17.11.2021: Conducted a YouTube awareness session on Cervical Cancer Awareness& a quiz programme for students care society on FM Radio noon as CAN QUIZ Walk on pier Road with blue balloons- As part of eliminate of Cervical Cancer programme.

20.11.2021, 24.11.2021: Conducted Awareness classes on Cancer Cervix and HPV Vaccine to the staff of different Hospitals.

Lions Club of Tellicherry and IMA Thalassery jointly organised Diabetes Awareness Rally& conducted a diabetes awareness camp&a Free Diabetes Detection Camp at Heed n Heal Clinic&Diabetes and Hypertension Detection Camp at Police Quarters/Janamythri hall Thalassery.

25.11.2021: Attacks on Young Girls and PNDT act

KASARAGOD

10.11.2021: As part of world Immunization week Celebration with Theme "Vaccine brings us Closer" conducted Immunization awareness class and Medical check-up & Conducted ImmunizationAwareness class and cleared the doubts of Parents.

12.11.2021: Conducted weekly Medical Camp at children's home Paravanadkam&conducted medical examination of children and prescribed medicines for the children who required distributed Fruits to inmates.



14.11.2021:Conducted a zoom meeting on the occasion of world diabetic&conducted a CME on Diabetes and recent advances in management.

20.11.2021& 28.11.2021: Conducted Weekly Medical check-up at Children's home.

താനില്ലെങ്കിലും നിനോട്ടൊപ്പം..

.കഴിഞ്ഞ ദിവസങ്ങളിൽ ഐ.എം.എ കോഴിക്കോട് ബ്രാഞ്ചിലെ കഴിഞ്ഞ കാലത്തിൽ മരണമടഞ്ഞവ രുടെ വീടുകൾ സന്ദർശിക്കുകയുണ്ടായി. അവർ അംഗങ്ങളായുള്ള സ്കീമുകളിലുള്ള തുക തിരികെ കുടുംബക്കാർക്ക് നൽകുവാനുള്ള സന്ദർശനം ആയിരുന്നു അത്. ആ യാത്രയുടെ ചിത്രങ്ങൾ മന സ്കിൽ പതിഞ്ഞതിനാൽ ഇവിടെ പങ്കുവെയ്ക്കുന്നു.

ഉറ്റവരെ നഷ്ടപ്പെട്ടവരുടെ വീടുകൾ സന്ദർശിക്കു ന്നതു എപ്പോഴും വേദനാജനകമാണ്. ഭർത്താ വിനെ നഷ്ടപ്പെട്ട ഭാര്യ, മകനെ നഷ്ടപ്പെട്ട അമ്മ, അച്ഛനെ ഇനി കാണാൻ കഴിയില്ല എന്ന സത്യം ഉൾക്കൊള്ളാൻ കഴിയാത്ത കുട്ടികൾ. കണ്ണുകളിൽ നിന്നും കണ്ണുനീർ തുള്ളികൾ വീഴുന്നതു മറയ് ശ്രമിച്ചിട്ടും സാധിക്കാത്ത കുടുംബാം ക്കാൻ ഗങ്ങൾ. വാക്കുകളേക്കാളേറേ മൗനം വാചാലമാ കുന്ന നിമിഷങ്ങൾ. ജീവിതത്തിന്റെ ഏറിയ പങ്കും പുസ്തകങ്ങൾക്കൊപ്പവും രോഗികളുടേയും കൂടെ കഴിഞ്ഞവർ, കുടംബാംഗങ്ങളുമായി സമയം ചില വഴിക്കാൻ സാധിക്കാഞ്ഞവർ. അങ്ങനെ ഉള്ളവ കുടുംബാംഗങ്ങളെ സമാധാനിപ്പിക്കാൻ ബുദ്ധിമുട്ടാണ്. കഴിവതും ഇത്തരം സാഹചര്യ ങ്ങൾ ഞാൻ ഒഴിവാക്കാറാണ് പതിവ്.

എന്നാൽ ഇത് അസോസിയേഷൻ സെക്രട്ടറി എന്ന നിലയിൽ സ്കീമുകളുടെ ചെക്കുകൾ നേരിട്ട് ഏൽപ്പിക്കേണ്ട ഉത്തരവാദിത്വം ആണ്. ആ കടമ ഞാൻ് നിറവേറ്റിയെ മതിയാകൂ. ചുരുങ്ങിയ സമയ ത്തിനുള്ളിൽ അതു നിറവേറ്റി പുറത്തുകടന്നു. മരണം കഴിഞ്ഞ് എത്ര ദിനമായാലും തങ്ങളുടെ പ്രിയപ്പെട്ടവർ മരണപ്പെട്ടിട്ട് അവരുടെ പേരിലുള്ള തുക ഏറ്റുവാങ്ങുമ്പോൾ അതിനു വെറും പൈസ യുടെ മൂല്യം മാത്രം അല്ല, ആ കുടുംബത്തിനായി മരണ ശേഷവും തേടി വരുന്ന മരണപ്പെട്ടവരുടെ കരുതലും, സ്നേഹവും, ആർദ്രതയും എല്ലാം ഉണ്ട്.



തിരിച്ച് പടികൾ ഇറങ്ങുമ്പോൾ ഞാൻ ആലോ ചിച്ചു, നാളെ എന്റെ സ്ഥിതി എന്താണ്? മരണം ഒരു നിഴല് പോലെ നമുക്ക് എല്ലാവരുടെയും ചുറ്റും ഉണ്ട്. ഒരു നാൾ നമ്മളും ഒരു ചിതയിൽ വെന്ത് വെണ്ണീറാകും. എന്റെ കുടുംബത്തിനു ഞാൻ ഒരുക്കി കരുതലായി വെച്ചതു സ്കീമുകൾ മാത്രമാണ്. മരണമടയുമ്പോൾ ഐ.എം.എ യുടെ പേരിൽ ഒരു റീത്തും പിന്നെ ദിവസങ്ങൾക്കുള്ളിൽ വരുന്ന ഈ ചെക്കും. എന്റെ കുടുംബത്തിനായി, എന്റെ അഭാവത്തിൽ, എനിക്ക് ചെയ്യാൻ സാധ്യമായത് ഈ സ്കീമു കളിൽ എല്ലാം അംഗമാവുക എന്നതാണ്. അത് ഞാൻ ചെയ്തിട്ടുണ്ട്. എസ്. എസ്. വണ്ണിൽ വർഷങ്ങൾക്ക് മുന്നേ ചേർന്നതിനാൽ ഇന്നു ഞാൻ ഒരു ലൈഫ് മെമ്പറാണ്. എസ് എസ് 2 വിലും 3 യിലും എല്ലാം ഞാനുണ്ട്. അംഗങ്ങൾക്ക് വേണ്ടി ഇത്രയും സ്കീമുകളും സുരക്ഷിതത്വവും നൽകുന്ന മറ്റൊരു സംഘടന ഉണ്ടോ എന്ന് എനി ക്ക് സംശയമാണ്. നമ്മുടെ fraternity contribution മൂലം മരണമടഞ്ഞവരുടെ കുടുംബാംഗങ്ങൾക്ക് ഒരു സംഖ്യ ലഭിക്കുന്നു. അതുപോലെ നമ്മുടെ മരണശേഷം ഇനി പുതുതായി വരുന്ന അംഗങ്ങൾ തുകയിലൂടെ എന്റെയും നൽകുന്ന പോലുള്ളവരുടെയും കുടുംബാംഗങ്ങൾക്ക് പണം ലഭിക്കുന്നു. ഐ.എം.എ എന്ന സംഘടന അതിന്റെ അംഗങ്ങൾക്കായി ചെയ്യുന്ന ഏറ്റവും ഈ അടുത്ത കാലത്ത് മഹത്തായ പ്രവൃത്തി.

PDSS അഥവാ Disabiltiy scheme ലും ചേർന്നു. ഹെൽത്ത് സ്കീമിൽ മുന്നേ അംഗമാണ്. പലരും ഇതിനെ ഹെൽത്ത് ഇൻഷുറൻസുമായി താരതമ്യം ചെയ്യുന്നതു കണ്ടിട്ടുണ്ട്. എന്നാൽ അവിചാരി ഉണ്ടാകുന്ന ആശുപത്രി വാസത്തിനു കൈതാങ്ങായി സഹായം നൽകുന്ന ഉണ്ട്? ഏതൊരു പദ്ധതി RTA, സിസേറിയൻ തുടങ്ങിയവയ്ക്കും ഇപ്പോൾ ഇതു കിട്ടുന്നുണ്ട്. എല്ലാറ്റിനും ഫോട്ടോസ്റ്റാറ്റ് കോപ്പികൾ മാത്രം ഹാജരാക്കിയാൽ മതി. പിന്നെയും ഉണ്ട് പെൻഷൻ പ്രൊഫഷണൽ പ്രൊട്ടെക്ഷൻ തുടങ്ങിയവ.

ചെറുപ്പക്കാരായ ഡോക്ടർമാർ പലരും രോഗബാധി തരാവുകയും മരണപ്പെടുകയും ചെയ്യുന്നതു കണ്ടി ട്ടുണ്ട്. പലരും ഇത്തരം സ്കീമുകളിൽ അംഗമാവാ തിരിക്കാറുണ്ട്, തങ്ങൾക്ക് അപകടങ്ങൾ ഉണ്ടാകില്ല എന്ന് തന്നെയാണ് മിക്കവരുടെയും ചിന്താഗതി. ക്ഷണിക്കപ്പെടാതെ വരുന്ന അതിഥിയാണ് മരണം എന്നതു നമ്മളിൽ പലരും മനസ്സിലാക്കുന്നില്ല. ഈ സ്കീമുകളുടെ പ്രചാരണത്തിനായി എഴുതിയ ഒരു കുറിപ്പല്ല ഇത്, മറിച്ച് ഇതു വായിച്ച് ഒരാളെങ്കിലും ഈ സ്കീമുകളിൽ ചേർന്നാൽ ഞാൻ കൃതാർത്ഥ നായി, ധന്യനായി. ഇത്തരം ആളുകളുടെ അവസ്ഥ നേരിട്ട് കണ്ട് മനസ്സിലാക്കിയ ഒരു വ്യക്തിയുടെ അനുഭവക്കുറിപ്പായി എടുത്താൽ മതി. മരണ



വീടുകൾ സന്ദർശിക്കുമ്പോൾ ഉള്ള ഒരു മൂകത ഉണ്ടല്ലോ, അപ്പോൾ അവിടെ ആ ആത്മാവ് തുടിക്കു ന്നുണ്ടാവും നമ്മോട് മന്ത്രിക്കുന്നുണ്ടാവും ആ ചലനമറ്റ ശരീരം നമ്മെ നോക്കി 'ഇവരുടെ ഭാവി സുരക്ഷിതമാണല്ലോ' എന്ന അർത്ഥത്തിൽ സമാധാനമായി ഉറങ്ങുന്നുണ്ടാവും അവസാനത്തെ ഉറക്കം

Social Security
Scheme I

Social Security
Scheme II

Social Security
Scheme III

Professional Protection Scheme

Health Scheme

Pension Scheme

Professional Disability
Support Scheme

BRANCH ACTIVITIES

November 2021



ALAPPUZHA

06.11.2021: Executive Committee meeting & formed subcommittees for academic activities. Membership and social activities. Conducted CME on Role of GDM on diabetes management followed the General Body

10.11.2021: Condolence meeting and executive committee meeting.

14.11.2021: Observation of world diabetes day in association with Health for All foundationinaugurated by Shri P P Chitharanjan, MLA.

18.11.2021: Conducted General body meeting & congratulates secretary for his stunning victory in KUHS senate election.

27.11.2021: Monthly Academic program & CME on Stress and Asthma.

CHALAKKUDY

26.11.2021: Monthly clinical meeting & honoured one of the branch member, presented with an appreciation memento for his role as founder Secretary of PEPS of IMA state followed by scientific Session, a talk on Newer trends in management of Diabetic Neuropathy also conducted IN-HOME covid vaccination of inmates of ANUGRAHA SADAN Old age home. Erayamkudy (Koratty).

CHANGANASSERY

18.11.21: Monthly General Body Meeting and CME on Approach to a Patient with Back Pain.

COCHIN

Dr. Abraham Varghese IPP attended the Central Working Committee Meeting held at Guwahati. 14.11.21: Conducted walkathon on World Diabetes



Day & conducted a free fasting blood sugar check up for the public along with disseminating the message of World Diabetes Day.

3 doctors were recognised by the NHM for their contribution in smooth conduct of the Adlux FLTC during the Covid Pandemic. Dr Sudheendran was congratulated and a memento was awarded by the branch for successfully completing one thousand liver transplant surgeries. Dr Aneeshkumar was honoured for his volunteer service in the covid war room without any remuneration during the pandemic.

25.11.21: Monthly GB and CME.

Branch joined the NHM in the campaign to create awareness on Leptospirosis.

Conducted free vaccination campaign in association with Cochin Blood Donors Forum.

WDW - COCHIN

20.11.21: A talk on nutrition "carbohydrate counting".

As a part of World COPD day, a WALKATHON was organized by Cochin Thoracic society and Academy of Pulmonary & Crictical care medicine.

Health awareness talks at Kochi traffic police station. A talk on prevention and management of COPD and other major lung problems.

An awareness class on cervical and breast cancer awareness and health issues of women.

WDW IMA members took part in harity Bazaar and shared our surplus items to needy communities.



14.11.21: Walkathon and free blood sugar check up on World Diabetes Day & a talk on "How to prevent DM in children" on National children's day

25.11.2021: International Day for the elimination of violence against women.

COCHIN WEST

2.11.21: Executive committee meeting.

13.11.21: 2 members represented from branch at the 64th Annual state conference.

14.11.21: Branch President was awarded the IMA Dr. Ketan Desai Yuva Leader Award at IMA National Headquarters, New Delhi.

14.11.21: In connection with Children's day, COVID 19 awareness programmes & health talks were conducted at Fathima Hospital & Jishy Hospital.

24.11.21: SSS1 benefit of late Dr L George and Late Dr AboobakarKoya were handed over to respective nominees.

24.11.21: GB and CME on Common Orthopedic Problems & Osteoarthritis.



ETTUMANOOR

06.11.2021: The Installation ceremony of WDW of IMA 14.11.2021: The World Diabetic Day was celebrated on online platform& a talk on "Recent trends in Diabetic Management" on 19th November 2021.

FEROKE

11.11.2021: Installation.

25.11.2021: 1st executive body meeting.

GURUVAYUR

08.11.2021: Branch and members of Jagruti donated medicines at the First Aid Booth for Sabarimala Pilgrims.

14.11.2021: Organized an awareness programme & a medical camp on diabetes on World Diabetes Day and examined patients and medications were distributed free of cost.

30.11.2021: Conducted General Body Meeting and CME on Interventional Cardiology, New trends in CABG and Valve Surgery.



KANNUR

04.11.2021: General Body Meeting& CME on DM & Chronic Kidney Disease.

09.11.2021: As part of world Breast Cancer Awareness drive, a talk on virtual sessin on gene & Cell Therapy.

11.11.2021. Conducted weekly CME on "Century not out" (About Insulin) in hybrid form.

14.11.2021. On world diabetes day, one day CME conducted.

18.11.2021. CME on Diabetes & Hypertension- vicious

25.11.2021: CME on If It's not Type 1 or Type 2 Diabetes...Then What?

29.11.2021: Executive Committee Meeting.

KASARAGOD

10.11.2021: World Immunization Week &conducted Immunization awareness class and Medical check up.

12.11.2021: Conducted weekly medical camp at children's home & distributed Fruits to inmates.

12.11.2021: Conducted Golden Jubilee celebration committee meeting.

14.11.2021: conducted a walkathon on the occasion of World Diabetes Day & conducted a zoom meeting & CME on Diabetes and recent advances in management.



19.11.2021: Conducted cervical cancer and Breast Cancer awareness class.

19.11.2021: New born week Celebration and Children's day celebration inaugurated by Dr Rajaram Supt GH Kasaragod .This years Theme of New born week celebration is "Safety Quality and Nurturing case - Birth Right of every New born".

19.11.2021: Executive committee meeting. Various decisions regarding golden jubilee celebration and regarding proposed IMA building has been taken by the executive committee and submitted to the General Body for approval.

20.11.2021: Conducted Weekly Medical check-up at Children's home Paravanadkamand prescribed medicines and also distributed sweets to Children.

25.11.2021: GB & CME on Kidney stones - Advanced Treatment for large Stones.

27.11.2021: Conducted SLD / ID Screening Camp for 10thStd Students.

28.11.2021: Conducted Weekly Medical check-up at Children's home Paravanadkam, Kasaragod.

28.11.2021: Donated PPE Kit worth Rs. 25000/- to General Hospital, Kasaragod as part of Golden Jubilee Celebration Charity work of the branch.

30.11.2021: Attended Specific learning disability camp to issue certificates to 10th std outgoing students of schools in and around Kasaragod.

30.11.2021: Conducted Red ribbon Lamp lighting ceremony as part of World AIDS Day to be held on 1st December.

KAZHAKOOTTAM

05.11.2021: Executive committee meeting was conducted & planning to conduct awareness program in costal area under Arogyatheeram plan on World Immunisation Day on 10.11.21.

11.11.2021: Conducted WDW Annual State Conference in Zoom Platform.

14.11.2021: Observed World Diabetes Day & conducted a talk on access to diabetic care.

17.11.2021: Conducted awareness programs in schools on World Epilepsy Day.

17.11.2021: Observed National Epilepsy Day & conducted a talk on the same.

18.11.2021: First General Body Meeting & CME on Food and beyond in Diabetes.

WDW KAZHAKOOTTAM

16.11.2021 & 18.11.2021: Two sessions for in service training of Laboratory technicians organised by Kerala state institute of Health and Family Welfare on topics namely i) Proper maintanence of laboratory and infection control procedures; ii) Health- care associated infections and bio medical waste management.

23.11.2021: CME on Antimicrobial stewardship programme inauguration, Antibiotic policy release and





Student's flash mob for public awareness. A public awareness video released as a part of observation of antimicrobial awareness week.

25.11.2021: Celebrated International Day for the Elimination of Violence against Women & theme for 2021 is' Orange the World: End Violence against Women Now'&an awareness talk to students of National Skill Training Institute for Women, Kazhakoottam.

25.11.2021: A Webinar conducted by WDW-IMA, Thiruvananthapuram in association with International Day for the Elimination of Violence against Women.

29.11.2021: Organised a medical camp at Deshasevani library& donated masks and santisers to SreeChithra Home.

KODUNGALLUR

02.11.21: Executive Committee meeting.

09.11.21: Visited GowriShanker hospital to enquire about the hospital staff harassment by patient's bystanders held on 6/11/21.

23.11.2021: GB meeting & CME on "Exercise & heart, how much is too much " and "ECMO & it's use".

KOLLAM

11.11.2021:Executive Committee meeting & Branch received Award for Excellence in the 64th IMA Kerala State Conference.

17.11.2021: CME on COMMUNICABLE DISEASES: "Statistics of Communicable Diseases in Kollam District & Malaria Update"& "Update on Dengue & Lepto spirosis"



WDW KOLLAM

14.11.2021: Participated in the annual IMA State Conference & honoured and humbled to receive Fifth position in the WDW BEST FIVE BRANCHES.

26.11.2021: Took class on POST COVID HEALTH CARE during the webinar conducted by Mathrubhumi Grihalakshmi Vedhi District Committee.

IMA Blood Centre, Asramam, Kollam

Date	Venue	Donor
04.11.21	Azhakiyakavu LPS Manappally (Akash Club)	44
05.11.21	KMCSU	8
23.11.21	PatharamSuhruthukkal cultural and charitable society	45

KOTTAKKAL

10.11.2021: an Awareness Class on World Immunisation Day.

14.11.2021: Observed World Diabetes Day 16.11.2021: An Awareness Programme & Medical Camp conducted & distributed free Medicines, blood sugar check up& distributed Phamphlets.

KOTTAYAM

18.11.2021: 1st General Body Meeting Inauguration of RAPID RESPONSE TEAM (consisting of one Rtd. IPS officer, one advocate of PPS, elected senior members) as a first response team in case of an attack to the members. A Scientific Session -EFFECTIVE AND ENJOYABLE EXERCISE-drawing the cardio safe ceilings& inaugurated new office room.



KOYILANDY

10.11.2021: Conducted an online academic session on 'Tips for a healthy glowing skin'.

19.11.2021: Conducted an executive meeting.

Voluntary Service, consultation and advices to kids at nest koyilandy a centre for differentially abled children. thrice in a week.

KOZHIKODE

02.11.2021: Joint Action Council meeting with KGMOA,

KGMCTA, QPMPA, KASC, PGA

05.11.2021: Executive committee meeting

06.11.2021: Navathi Celebration of Dr. A. Thyagarajan



8.11.2021 - 10.11.2021: KNOW YOU SCHEMES

13.11.2021: CGP – Monthly Meeting and CME.

13.11.2021 & 14.11.2021: Attended 64th State Conference at Periyar House, Aluva

14.11.2021: Walkathon and Free diabetic detection screening camp.

15.11.2021: Speciality Medical Camp for Tribal Community @ Payona Colony Puthupadi

16.11.2021: WDW CME - World Immunisation Day

16.11.2021: Past Presidents Meet and photo session

17.11.2021: Walkathon and public awareness programme, Kozhikode beach @ 7 am.

17.11.2021: Conducted Public awareness session at General Hospitalinaugurated by Dr. Venugopalan followed a quiz program for interns conducted.

17.11.2021: AMS - Monthly Meeting & CME

A spoke on "COPD in COVID era" & "Single, Double or Triple Therapy in COPD" & "COPD-beyond Drugs".

23.11.2021: Book released of Dr. SankarMahadevan "OTOSCOPE" &First copy received by IMA State President Dr. Samuel Koshy.

23.11.2021: Reception to State leaders.

23.11.2021: Releasing logo of 'Navathi Celebration'.

24.11.2021: MBS Managing committee meeting

25.11.2021: Condolence Meeting - Dr. C.G. Radha, Rtd. Civil Surgeon & Paediatrician



25.11.2021: General Body meeting.

27.11.2021: WDW Programme: Let's meets the expert 29.11.2021: Organising Meeting - Navathi Celebration

KULANADA

26.11.2021: GB and CME presided by Dr K N Babu and Dr Philip Finny was the chief guest and speaker. There was a very interactive session on the topic "Current management of Diabetes ".

KUTHUPARAMBA

14.11.2021: Conducted a Walkathon flagged off by Dr. Gopinath to celebrate WORLD DIABETES DAY. 25.11.2021: General body meeting&a talk on ROLE OF HIPECInTHE treatment of Ovarian Cancer.

MADHYA KERALA

Conducted a Cycle Rally flagged off by MLA Shri. Anvar Sadath,in connection with the *National Cancer Awareness Day*.

An awareness Meeting & talk about the early detection and treatment which cures the cancer. Majority of the cancer patients dies due to delay in diagnosis and treatment.



14.11.2021: Observed World Diabetes Day& conducted awareness class. A talk on Diabetes & Eve diseases & Conducted Retinopathic screening of patients at Aluva Chaithanya Hospital, N.Parur& Kochi Eye care Center. Also conducted an Awareness class on glucose variability in dialysis patients; a Walkathon and an

awareness class on diabetic complications.

Painting & Fancy Dress competition conducted in connection with Children's Day.

17.11.2021: General Body Cum clinical meeting on "Newer Therapeutic Options in Atrial Fibrillation".

WDW MALAPPURAM

16.11.2021- Conducted a free Eye camp at Pandikkad. 18.11.2021: Conducted Diabetic Retinopathy screening camp

MAVELIKKARA

13.11.2021: Conducted an awareness class and a camp and an exhibition at VSM hospital in connection with world diabetes day.

28.11.2021: Conducted a camp for addressing post covid issues in association with Abhayam Palliative

26.11.2021: GB and CME.



MUVATTUPUZHA

Observed World Diabetes day & conducted Diabetes awareness class for the public & also conducted Diabetic screening and evaluation for the people.

Observed Children's day in association with General Hospital Muvattupuzha presided by Dr. Anie Uthuppan. Poster exhibition by nursing students, painting competition for children, various play activities, story telling were organized. Child right awareness for parents was done by nursing tutors. Sweets and toys were distributed to all children.

NEDUMANGAD

09.11.2021: Second Executive Committee Meeting

10.11.2021: Observed World Immunuzation day by conducting two programs: at Taluk Hospital & District Hospital - to create awareness among people about the significance of getting timely vaccinations against vaccine preventable illnessess and to advance the utilization of immunization to ensure individuals of any age against infection.

11.11.2021: As a part of COVID Relief work, branch



handed over thermal scanners, Sanitizer, masks and other necessary items of around Rs.15000 to Taluk Hospital Vithura.

13.11.2021: Attended the State Council Meeting through zoom video Conferencing

14.11.2021: Attended the state Annual Conference through Zoom cloud meeting

14.11.2021: Observed World Diabetic Day & an awareness program and Diabetes Screening camp was conducted at Govt UP School, Karakulam. Meeting was followed by an awareness session on Early Detection and Prevention of Diabetes& free blood sugar test for all the participants and dieticians gave advice on healthy diet to reverse the diabetes.

14.11.2021: Joint Secretary received IMA Dr.Ketan Desai YUVA Leader Award from National President, IMAHQ Delhi.

15.11.2021: Branch in association with WDW and MPH observed world diabetes day through google meet & conducted a session on "JeevithashayliRogamKuttikalil -EnganeThadayam".

17.11.2021: Observed world COPD Day. An awareness class was conducted on the theme "Healthy Lungs -Never More Important".

19.11.2021: Conducted a webinar on "Safe Mom Safe Baby" to commemorate International Women Safety Day and National New Born Week. A CME was conducted on "To Keep our Mothers Safe" &on "Perinatal Mental Health" & on The best in Life – Right at the start.

19.11.2021: As a part of the project "BFIT THE YOUNG **MEDICOS**" – A project to guide, help and motivate the young doctors, six members of IMA Nedumangad donated the membership fee of a new member who is financially weak and need help.

20.11.2021: 2nd Monthly GB Meeting. Meeting was followed by two scientific sessions: Antimicrobial Susceptibility Testing (AST) in the era of Multi Drug



Resistant organisms & Insulin Resistance in General Practice

21.11.2021: Attended the taking over of new team

26.11.2021: As a part of Tribal Community Care project of branch "MISSION SWASTHYA GOTHRA REKSHA", conducted a free medical camp and awareness class at Naragathinka tribal settlement and conducted a session on "Adolescent Care" and a session on "Lifestyle diseases" & sponsored a library to Govt LP School, Maruthamala. Medical camp was also conducted.

NEDUMBASSERY

26.11.2021: Installation Ceremony with the theme 'Celebrating 7 years of IMA Nedumbassery since inception'& presented a video clip of the same. The newly inducted committee in continuity is composed of a young dynamic group led by Dr. Nigel Kuriakose (President), Dr. Mustafa (Secretary) and Dr.George John (Treasurer).

The Chief guests in order of respect (IMA KSB) President, IMA KSB Vice-President & IMA KSB Secretary) delivered their respective keynote addresses highlighting the troubled times for the medical fraternity during these pandemic times, the issue of mixopathy & violence against doctors in India as well as the need to strengthen the social fabric of society so as to better protect the lives & livelihood of HCWs.

The National Yuva Leader award was also presented to President by Chief guests.

The official event was followed by a cake cutting ceremony planned and initiated by our Chief guests. The meeting was officially declared as concluded and wound up with a sumptuous gala dinner on beautiful lawns spread across the premises of Crown Plaza Hotel, Qurum-Oman.

NEMOM

03.11.2021: Monthly Cabinet Meeting

07.11.2021: Special Cabinet Meeting

10.11.2021: Monthly Executive Committee Meeting and observance of World Immunization Day & conducted CME on "Immunization Update".

10.11.2021: Awareness session in the Maternity Hospital Poojappura.

11.11.2021: Attended WDW State Convention.

13.11.2021 & 14.11.2021:Attended IMA State Conference & branch bagged the "Best Small Branch Award".

21.11.2021: CME on "approach to new-onset seizures" in connection with the World Epilepsy Day.

22.11.2021: CME on "Approach to COPD in Primary healthcare settings' in connection with the World COPD Day.



24.11.2021: CME on "Access to Diabetes care" in connection with the World Diabetes Day.

25.11.2021: WDW organised an awareness session on "Orange day", focused on the increasing atrocities against women and also on the influence of social media in the AVC Hospital.

28.11. 2021: An awareness session on "Anaemia in Adolescents" in the Government Cotton hill Girls Higher Secondary School, Vazhuthacaud, Thiruvananthapur-

30.11.2021: Session on "Menstrual Irregularities and Health" for the students of Madhavakavi Smaraka Government Arts and Science College, Malayinkeezhu.

NEYYATTINKARA

14.11.2021: Observed World Diabetes day by Flagging off of "PancharaVandi" by Hon Minister Shri G.R. Anil followed by Public meeting and award ceremony.

NORTH PARAVUR

01.11.2021: Branch took initiative to ensure a safe environment at schools by aiding them to prevent Covid, which was inaugurated by the Municipal Chairperson & distributed masks and sanitisers to various schools in the Paravur area.

10.11.2021: Observed World Immunisation day & awareness classes were conducted at THQH. North Paravur and St Joseph's hospital, Manjummel.

14.11.2021: Observed World Diabetes Day & conducted Diabetes detection camps and awareness classes at Chaithanya Hospital, North Paravur.



PALA

23.11.2021: Conducted 1st GB meeting and CME on Acute Coronary Syndrome - Diagnosis & Management.

PATTAMBI

05.11.2021: Installation meeting and GB at sevana hospital conference hall.

16.11.2021: First Executive Committee of New team was conducted and also a new committee for the new building project was formed in same meeting.

28.11.2021: New building Committee members visited IMA land property to make an action plan for New IMA building.

PERINTHALMANNA

01.11.2021: Attended IMA prime talk; meeting with MSN and JDN representative; & blood donation camp.

Cols class and guiz competition conducted and prizes distributed for winners.

07.11.2021: Taught FIRST AID /COLS training and introduction to Emergency Care to Scouts and Guides at Edathanattukara in connection with the celebration of Scouts and Guides foundation day.

07.11.2021: Met MLA Perintalmanna Shri. Najeeb kanthapuram to plan activities of IMA.

09.11.2021: Past State President attended CWC AT **GUWAHATI**

12.11.2021: Conducted emergency life care training to gynaecologists.

12.11.2021: Conducted awareness class for students of MES dental college on menstrual hygiene on Zoom platform.

13.11.2021& 14.11.2021: IMA family trip to Fort Cochin in association with installation of State President Dr. Samuel koshv.

14.11.2021: Children's day celebrated with initiation of IMA Perintalmanna at MÉS Medical College. Sweets and drawing materials distributed among children's in general ward and a short entertainment speech was arranged.

14.11.2021: Attended 64th Annual conference and installation ceremony & was very proud moment that new State President is from the Branch.

14.11.2021: Dermatologist's state conference.

14.11.2021: Diabetic day walkathon and awarness

15.11.2021: Conducted NNF-Neonatology for general practitioners class conducted on ZOOM PLATFORM

16.11.2021: World Diabetic Day CME and awareness class to general practitioners.

17.11.2021: CME on epilepsy awareness conducted at moulana academic hall

Conducted class for ASHA workers and anganwadi

workers on newborn care.

19.11.2021: Conducted Financial planning class for members.

23.11.2021: IMA leaders visited tribal hostal and participated in Vayanakalari

24.11.2021: Malappuram orthopaedic society club inauguration at IMA house.



25.11.2021: Conducted hybrid GB meeting and CME on cirrhosis of liver

26.11.2021: Attended blood bank managing committee meeting presided over by the Jilla panchayath President.

28.11.2021: Conducted CPR Workshops for JDN &MSN Units of MES medical college, Perinthalmanna inaugurated by the MLA Shri. Najeeb Kanthapuram.

30.11.2021: installation ceremony of WDW office bearers

Attended pain and palliative care clinic meeting (executive meeting just before annual GB).

WDW PERINTHALMANNA

11.11.21: WDW members attended the WDW State Annual General Body Meeting &WDW Perinthalmanna was selected asd the 2nd best branch of WDW in the state as announced in the WDW general body.

12.11.21: Conducted an awareness class on Menstrual Hygiene for undergraduate and postgraduate students of MES Dental College.

13.11.21: AttendedIMA State Conference on 13th and 14th November at Periyar House, Aluva.

14.11.21: Celebrated Childrens Day & conducted an awareness class for the school students of GLP School, Pokkalam.

17.11.2021: Organized an Epilepsy Awareness Class in connection with the World Epilepsy Day. Public health



awareness through articles on Diabetes in Post Covid Patients in Mathrubhumi.com and was well received by the social media & delivered a live web talk on vaccine for prevention of Malaria in Mathrubhumi.com on 5th November.

19.11.2021: Attended the inauguration of a library at the Sai Snehatheeram, Hostel for the tribal students and interacted with the tribal students.

25.11.2021: Hands on Training Workshop for Cardiopulmonary Resuscitation

30.11.21. Installation of the new Office Bearers of WDW Perinthalmanna Branch

30.11.21: Reception to the IMA State President Dr Samuel Koshy.

THALASSERY

07.11.2021- ThalasseryTaluk Legal Services Committee in association with Indian Medical Association Thalassery conducted a District Level workshop for doctors.

13.11.2021: Attended the IMA State Conference. Branch bagged the following awards: 1.Best outstanding performance for Best Branch-Medium Sized. 2. SSS I - Best District Representative. 3. Enrolling maximum new members PPS-Best Branch.

14.11.2021: IMA Thalassery and Malabar Cancer care society conducted a Cancer detection camp which was held at Ashraya Charitable Society. Lions Club of Tellicherry and IMA Thalassery jointly organised Diabetes Awareness Rally at Thalassery.



17.11.2021:Executive Committee, Walk on Pier Road with blue balloons- As part of Elimination of Cervical Cancer programme.

25.11.2021: General Body Meeting& conducted a CME on "FATTY LIVER & CHANGING SPECTRUM OF CIRRHOSIS LIVER" and "LIVER TRANSPLANTATION-ABRIEF OVERVIEW".

28.11.2021: Anti Dowry Campaign was kick started by famous Malayalam writer Sri. TPadmanabhan.

Conducted a District Level workshop for doctors; was organized as part of a National Legal Awareness for doctors. And a talk on "Doctor's Role in- Investigation and Trial of Criminal Cases" & "Informed consent, Medical Negligence, Rights and Liabilities".

28.11.2021: Adolescent Health Classes for plus two students- How to have proper diet and avoid Anemia& conducted an awareness class on Anemia Prevention among adolescents.

An awareness class conducted on Post Covid Issues. Breast Lumps in Ladies & Kannur Vission Channel regarding Common Skin problems in adolescents.

WDW THALASSERY

01.11.2021: WDW in Association with Lady Lions Forum conducted a programme called Janani on the topic Stress that females undergo their life time from adolescence to Old age.

03.11.2021: Conducted an Academic session on Predictive Genomics Test and Gene and cell therapy as part of Mathrusuraksha intensive Breast Cancer Awareness Drive of MCCS Kannur.

14.11.2021: Conducted Cancer detection camp and Diabetes Awareness & prevention Classes in connection with World Diabetes Day & organised Diabetes Awareness Rally. And also conducted a Free Diabetes & Hypertension Detection & awareness Camps in various places.

14.11.2021: As part of Childrens Day, visited Shishu bhavan Observation Home followed by entertainment by the students. And also gave an awareness class on IMA Child Sexual Abuse.

16.11.2021: Conducted awareness sessions on Cancer Awareness & World Immunisation Day.

17.11.2021: Conducted a quiz programme in association with Malabar cancer care society on FM Radio as CAN QUIZ.

17.11.2021: Walk on pier Road with blue balloons- As part of elimination of Cervical Cancer programme.

17.11.2021: Conducted a free spirometry camp as part of World COPD Day & an Awareness Class on World Epilepsy Day.

18.11.2021: A HPV Vaccine drive was initiated by IMA & Gynaec Society in which children below 23 yrs age were offered HPV Vaccine& a Beach rally was conducted by wearing blue (Teal) colours to signify their solidarity in



eliminating cervical cancer.

20.11.2021 to 25.11.2021: Conducted an Awareness classes on Cancer Cervix and HPV Vaccine to the staff of different Hospitals in Thalassery.

25.11.2021: Conducted a meeting to observe Elimination of Violence against Women & enumerated various experiences of women harassment in work places and homes & Seminar on various types of violence faced by women.

26.11.2021: Pledged Cancer Cervix Elimination Drive to eliminate Cancer Cervix by the year 2030.

THALIPARAMBA

24.11.2021: Reception to State Secretary Dr. Joseph Benaven from home branch & State President Dr. Samuel Koshy as Chief Guest. State President Dr. Samuel Koshy and State Secretary Dr. Joseph Benaven were honoured with ponnada by senior leader and Past National President Dr. P.V. George. The State president in whiskey note address emphasized on the need for strengthening the association and more scheme enrolments. State secretary Dr. Joseph Benaven offered full support from State IMA for preventing hospital attacks.



THIRUVANANTHAPURAM

01.11.2021, 10.11.21, 17.11.21, 24.11.2021: IMA ArogyamAnandam Zoom Meetings.

06.11.2021: Stay safe Guidelines on Covid 19 online meeting.



07.11.2021:Observed National Cancer Awareness Day & a meeting conducted via zoom inaugurated by the National President Dr Jayalal A & Dr Marthanda pillai was the chief guest.

10.11.2021: Observed World Immunization Day & talk



on Immunization in Radio health and an awareness program - back to school for parents, teachers & students during covid pandemic

11.11.2021: Community Development Programme & distributed food and relief materials to covid affected areas.

13.11.2021 & 14.11.2021: Attended State Conference held at IMA Periyar House & Dr Sreejith R took over as Joint Secretary IMA KSB 2021-22 & got Dr SS Rao shield award for the best branch of IMA KSB & received 2nd prize for enrolling maximum number of members to IMA Kerala Health Scheme & Dr Sankarapillai award for the best branch local Secretary.

WDW THIRUVANANTHAPURAM

07.11.2021: Conducted Medical Camp at Ravi Memorial Hospital as part of World Diabetes Day celebrations.

13.11.2021: WDW TVPM in association with SK hospital conducted a medical camp as part of World Diabetes Day and also an ophthalmic camp was conducted.

14.11.2021: Conducted poster design competition on World Diabetes Day for students at Kerala Academy of Pharmacy.

Diabetes Care Centre and IMA TRIVANDRUM



BRANCH organized a public awareness program, free check up, on the occasion of world diabetes day.

16.11.2021: Conducted a talk on child adoption in association with IAP Trivandrum.

18.11.2021: A zoom webinar on UNICEF -IMA CME SERIES

19.11.2021: Executive committee meeting.

26.11.2021: General Body and monthly CME on "Noise Pollution, the silent killer ".

27.11.2021: Conducted Diabetes Awareness sessions. 28.11.2021: Observed International Week for the Elimination of Violence against Women.

28.11.2021: Conducted Diabetes Awareness sessions for veteran sailors and their family.

THODUPUZHA

10.11.2021: CME on "Non alcoholic Fatty Liver" & "Overview of Stem cell transplant".



19.11.2021: Executive Committee Meeting.

25.11.2021: GB meeting and CME on "Management of Senile Osteoporosis".

THRIPRAYAR

10.11.2021: Observed world immunisation day & conducted awareness camp.

17.11.2021: National epilepsy day & conducted

awareness camp.

18.11.2021: World epilepsy day & conducted awareness camp.

27.11.2021: General body meeting and scientific session on CKD- Pre dialysis dos and donts.

THRISSUR

14.11.2021: Observed World Diabetic Day&Diabetic Rally and Free Blood Sugar Check up for the Public.

17.11.2021: Observed World Epilepsy Day.

18.11.2021, 20.11.2021, 21.11.2021, 28.11.2021 &

29.11.2021: Conducted Blood Donation Camps.

25.11.2021: Executive Committee Meeting.

27.11.2021: General Body Meeting & Scientific Session



& a Spoke on Plasma Cell Dyscrasia- An Overview.

30.11.2021: IMA CGP Thrissur with Thrissur Neurological Society conducted World Epilepsy Day CME.

30.11.2021: IMA CGP THRISSUR with THRISSUR NEUROLOGICAL SOCIETY & an awareness class on Epilepsy Syndromes of Childhood and Adolescence, followed by discussion.

30.11.2021: Lamp Lighting Ceremony in connection with World AIDS Day Observance.



IMA BLOOD BANK THRISSUR - NOVEMBER 2021

Total Blood collected During Camps - 266 Units Total Blood collected at Blood Bank - 1012 Units Total blood and components issued - 3193 **Units**

VADAKARA

06.11.2021: General body and CME ON 'What is new in sepsis'.



24.11.2021: CME as part of Antibiotic Awareness Week. 30.11.2021: State award winners were honoured. Branch received best branch President, Best WDW and 2nd best branch award.



VENJARAMMOODU



14.11.2021: An awareness camp in connection with World Diabetes Day.

17.11.2021: Observed National Epilepsy Day & conducted an awareness talk on the same & conducted a class about menstrual hygiene.



Branch Presidents & Secretaries Meet at Headquarters held on 05th December 2021, inaugurated by National President Dr. J. A. Jayalal. This was organized to give our new vision of IMA for the year 2021-2022. There were 80 branches participated. The vision and mission of IMA was explained by the State President to newly elected Branch President and Branch Secretaries and all other participants. There were also key speeches on IMA and its activities by the State Secretary and State Treasurer.





District Committee CHAIRMEN/CONVENORS MEET

on 19th December 2021 at IMA Periyar House, Aluva

The first District Committee Meeting held on 19th December 2021 at IMA Periyar House, Aluva. Discussed various topics like Hospital Attack, increase of membership, etc.







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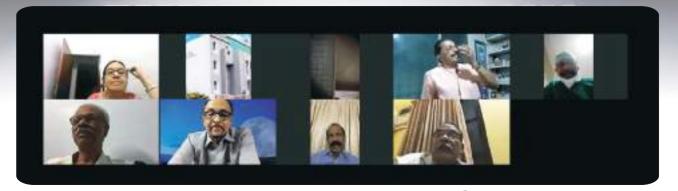


took over the reign of National IMA. Dr. Jayesh M Lele taken over as the Hony. Secretary General of National IMA in this meeting. There are 20 leaders from Kerala IMA occupied positions at National Level in this National Conference.

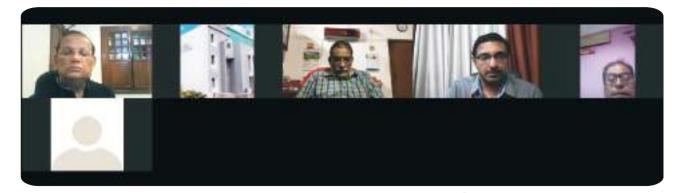




UNICEF IMA CME SERIES ON COVID 19 - 02.12.2021



UNICEF IMA CME SERIES ON COVID 19-09.12.2021

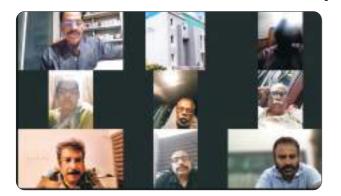


UNICEF IMA CME SERIES ON COVID 19 - 23.12.2021





COMBINED CORE COMMITTEE MEET OF PCS - 06.12.2021



BRANCH PRESIDENTS SECRETARIES INTERACTIVE SESSION - 15.12.2021



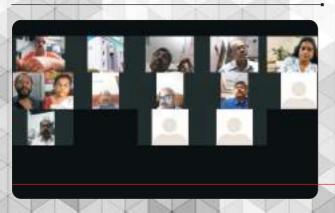
SOUTH ZONE - BRANCH PRESIDENTS SECRETARIES INTERACTIVE SESSION - 16.12.2021



NORTH ZONE - BRANCH PRESIDENTS SECRETARIES INTERACTIVE SESSION -17.12.2021



TRIVANDRUM DISTRICT MEMBERSHIP PROMOTION COMMITTEE MEETING - 22.12.2021



Managing Committee Meeting of Patient Care Scheme - 30.12.2021



BRANCH ACTIVITIES

December 2021

NaMan relief to Mrs Kanakalatha widow of Covid Martyr Dr. Vijayan.

COCHIN

05.12.2021: Attended Branch President/secretary's meet held at State Headquarters.

The work of converting Shantipuram colony into township of which Cochin IMA is a stakeholder is progressing.

08.12.2021: Executive committee meeting.

11.12.2021: No Horn Day was observed in association with AOI-COCHIN, NISS and MVD. A walkathon was organised and public awareness talks was given. Pamphlets and stickers on the theme were presented to the public and both private and public transport drivers.

WDW COCHIN

01.12.2021: Conducted an awareness talk on topic' KNOWING ABOUT HIV AIDS'.

12.12.2021: Attended the NO HORN CAMPAIGN walkathon.

18.12.2021: WDW meeting and Christmas celebrations & WDW Choir entertained with a very varied choice of songs and carols.



18.12.2021: Performed Kaikottikali / Thiruvathirakali in connection with the Thiruvathira festival as the birthday of Lord Shiva.

22.12.2021: DOCVISION IMA COCHIN received



Indian Medical Association Kerala State Branch

ALAPPUZHA

02.12.21: Executive committee meeting (physical) & decided to conduct Xmas New year celebrations.

ANCHAL

New Year celebration at IMA House Anchal

CHANGANACHERRY

29.12.2021: Conducted general body meeting, Christmas and New Year celebration & CME on Non-Alcoholic Fatty Liver Disease: Current concepts.

CHERTHALA

14.12.2021: GB Meeting &CME on Role of Combination therapy in hypertension management.

CHERUKUNNU

30.12.2021: Installation meeting. "State Secretary Dr. Joseph Benaven was the installation officer.

Members memorised fond memory of past branch president and Senior member who succumbed to Covid . 19 who worked under Health service was active in pain and palliative field.

State Secretary Dr Joseph Benaven and senior member Dr Muralidharan T M presented Mankind Pharma



Judges Special Appreciation award for Group Dance at MEGAFEST 2021. The Grand Finale-IMA Headquarters Cultural committee.

Conducted a workshop on Project Cup of Life (Menstrual Cup).

COCHIN WEST

01.12.2021. Conducted awareness class on AIDS and Sex Education at Aquinas College Edakochi in association with Red Ribbon club & women cell.

05.12.2021: Attended Branch President/Secretaries meet conducted in IMA HQs.

07.12.2021: & 17.12.2021: Conducted COVID awareness programmes for School children in association with Malayala Manorama Balajanasakhyam.



08.12.2021: Executive committee meeting.

22.12.2021: Conducted GB and CME on advanced Orthopaedic care and vascular surgery for limb saving procedures & observed Christmas celebrations following the CME.

DESINGANAD

01.12.2021: Conducted AIDS day awareness class in association with Women & Child Development Department & She Camp conducted for students of GVHSS via Google Meet in association with General Education Department.

07.12.2021: General Body meeting &CMEs on 'Communicable diseases'.



25.12.2021: Conducted premarital counselling by NSS Unit SN College for Women Kollam.

26.12.2021: Conducted premarital counselling in association with SNDP Kunnathoor Union.

28.12.2021: Executive meeting.

FEROKE

21.12.2021: General Body Meeting & CME on evaluation of anaemia. Adopted BUDS school for mentally and physically challenged. Donated Walker for one of the student at BUDS school.

GURUVAYUR

12.12.2021: Conducted a Diabetes screening and awareness program in association with Janaseva Forum. Free Blood Glucose and Blood pressure estimation were done & medications were distributed free of cost after consultation.

HARIPAD

10.12.2021: General Body Meeting, Family Get Together and Christmas Celebration 2021 with cultural programmes were conducted.



IRINJALAKKUDA

08.12.2021: General Body Meeting in association with Apollo Adlux hospital with a CME on Breast Cancer: A practical perspective.

10.12.2021: Conducted a brief condolence meeting in memory of departed soul.

IRITTY

03.12.2021: General Body Meeting & honoured the departed soul who left for their heavenly abode. A spoke on THORACOSCOPY - Beyond borders& also a spoke on Approach to Obstructive Jaundice were conducted.



KANNUR

08.12.2021: General Body Meeting and weekly CME on Fracture acetabulum& Concepts in lower limb deformity correction.

08.12.2021: Reception Meeting to State Office Bearers. 16.12.2021. Conducted CME on Omicron- The Mutated Menace.



23.12.2021. Conducted CME on updates on varicose vein treatment

KANNUR MALABAR

10.12.2021. Executive Committee Meeting (Zoom) 17.12.2021: General Body Meeting (Zoom)

KATTAPPANA

31/12/2021: Newyear family meet-up amongst the branch members.

KARUNAGAPALLY

05.12.2021: Attended Branch President/Secretary's meet

08.12.2021: Executive committee.

29.12.2021: General body meeting held on hybrid platform & a talk on Handling and Managing Traumatized Patients.

KASARAGOD

01.12.0221: Participated on the occasion of Red Ribbon wearing ceremony on World AIDS day celebration 2021 & Conducted Red ribbon Lamp lighting ceremony.



01.12.2021: Conducted Public Awareness class and Poster competition to Nursing students and drawing of AIDS day Theme by Artists of Kasaragod taking oath by all; inaugurated byAdv VM Muneer, Municipal chairman.

01.12.2021: Participated in the WORLD AIDS DAY SEMINAR.

01.12.2021: Honoured Doctors and Staff of ART Centre Kasaragod for their Best service to PLHIV/ AIDS as part of Golden Jubilee celebration.

02.12.2021, 04.12.2021, 07.12.2021, 09.12.2021, 12.12.2021, 13.12.2021, 15.12.2021, 18.12.2021, 27.12.2021 & 28.12.2021: Conducted Suvarna Mahothsava Annadanam programmes by some members.

05.12.2021: Attended Branch President/Secretary's Meet.

06.12.2021: IMA Golden Jubilee Core Celebration Core committee meeting.

10.12.2021: Conducted Walkathon as part of IMA Campaign against Noise Pollution to Creating Awareness to general Public Regarding III effects of Noise Pollution.

10.12.2021& 18.12.2021: Conducted Weekly medical check-up at Children's home.

19.12.2021: Executive committee meeting& discussed various matters regarding golden jubilee celebration, IMA building and IMA schemes.

30.12.2021: General body meeting and CME conducted. Golden jubilee celebrations School health awareness programme inauguratedbySmtRajani Education Standing Committee Chairman Kasaragod Municipality& conducted class on Adolescent Health and Hygiene and Menstrual hygiene awareness to students.

KAYAMKULAM

05.12.2021: Attended the president and secretaries meeting held at IMAHQ, TVM.

23.12.2021: Executive committee meeting at IMA Hall to discuss about Christmas and New year activities.

KAZHAKUTTAM

02.12.2021: Executive meeting

05.12.2021: Attended Branch President/Secretary's meet held at State Headquarters.



16.12.2021: GB and CME on "Work Life Balance in medical Profession".

27.12.2021 & 28.12.2021: Some members got awards from NATCON at Patna.

WDW KAZHAKUTTAM

15.12.2021: Conducted a live in program on Radio Health organised by State NHM on thetopic COPD and Allergy and delivered a talk on "Fighting HPV through Vaccines current status" in a webinar organised by TROGS & the Oncology Committee of the KFOG.

9th & 10th December: 14th & 16th December: Took two sessions for in service training of Staff nurses organised by Kerala

state institute of Health and Family Welfare on topics namely Hospital infection control and Healthcare associated infections &Sessions for Laboratory technicians organised by Kerala state institute of Health and Family Welfare on topics namely i) Proper maintenance of laboratoryand infection control procedures; ii) Health- care associated infections and bio medical wastemanagement.

18.12.2021: A webinar on "Rapid updates -1:What we know & don't know about Omicron".

21.12.2021: A webinar for health awareness in association with UBA cell, Govt. College forwomen, Thiruvananthapuram on the topic "Menstrual hygiene and Dental hygiene". Chief guestwas Dr.Chithra S. I.A.S., Labour Commissioner, Project director for vaccine production in Kerala.

KODUNGALLUR

07.12.2021: Conducted Executive meeting. 14.12.2021: General Body meeting &CME on "Role of SGLT2 inhibitors in diabetes & cardiovascular disease".



KOLLAM

01.12.2021:Observed World AIDS Day with public meeting, rally and flash mob.

09.12.2021: Executive Committee meeting.

18.12.2021: General Body Meeting with CME on "INFERTILITY-BASICS & BEYOND"."

11.12.2021 & 12.12.2021: In support to National IMA initiative for Safe Sound (NISS) and interventional



Conference on Noise Pollution, organized a WALKATHON was flagged off by Joint RTO. The walkathon was a message to the public regarding safe sound practices and awareness regarding noise pollution which was conveyed via placards and slogans.



27.12.2021 & 28.12.2021: Attended the 96th National Annual Conference IMA NATCON-2021 at Patna & members got awards.

03.12.2021 to 30.12.2021: Conducted COVID VACCINATION CAMP at IMA Centre Asramam.

Branch received Award for Excellence in the 64th IMA Kerala State Conference.WDW achieved Fifth position in the WDW BEST FIVE BRANCHES out of 62 branches.Branch achieved 1st Place in the IMA Covid martyr Fund Donation.

WDW KOLLAM

01.12.2021: Blood donation camp & hands on training on Basic life support.

18.12.2021: Megacamp conducted at Al Azhar Medical College Ezhalloor.

29.12.2021: WDW organized a monthly meeting to discuss Christmas and New Year Celebration.

Outstation blood donation camps conducted on the following dates:-

01.12.21- MMNSS College, Kottiyam - 39

10.12.21- College of Engineering Perumon - 46

11.12.21 - Pazhinjam Koottayama& Public Library, Oyoor - 30

14.12.21 - Prabhodini Granda Sala, KLY - 32

15.12.21 - John F Kennedy Memorial VHSS, KLY - 27

18.12.21 - Cable TV Operators Association, Kollam - 45

20.12.21 - Govt. HSS KLY - 50 21.12.21 - TKM IT, Karuvelil - 48

KONDOTTY

15.12.2021: Executive meeting &conducted CME in association with Meithra hospital.

30.12.2021: Installation ceremony along with the new yearcelebrations and family meet.



KOTTAKKAL

15.12.2021: Conducted GB & CME on Recent Advances in Oncology & An Overview of clinical utility of PET in current Oncology practice.

KOTTAYAM

08.12.2021: Conducted Awareness programme for sound pollutions.

12.12.2021: Table Tennis Tournament&Cycle Rally was conducted.



WDW KOTTAYAM

A class on financial planning and investment by Dr. Mary Choorakan.

A class on Grow your own vegetables at home by Mr. Joseph Jeffrey Agricultural officer.

Chistmas and New Year celebrations

KOYILANDY

10.12.2021: Conducted academic session and general body. Topic discussed on Care your body - the only place you can live.

19.12.2021: Conducted investor's awareness program.



KOZHENCHERRY

28.12.2021: Monthly meeting & a presentation on "a basic approach to kidney disease". The topic was so relevant to all the physicians present and was received well with a good attendance. The president reiterated the importance of IMA schemes and elaborated on the professional disability scheme.

KOZHIKODE

01.12.2021: Observation of World Aids Day

02.12.2021: WDW CME - Observation of World Aids

03.12.2021: Executive committee meeting

05.12.2021: Attended Branch Presidents / Secretaries Meet at Thiruvananthapuram

06.12.2021: Navathi Celebration - Org. committee meetina

10.12.2021: Navathi Celebration - Press Meet @ IMA

10.12.2021: Navathi Celebration - Org. committee meeting.

13.12.2021 - 19.12.2021 - Kozhikode IMA Navathi Celebration. The Navathi celebrations were inaugurated by National President Dr JA Jaylal.



14.12.21: BLS training programme & inauguration of OPPAM - ENT & Ophthalmology camp for doctors and

relatives. UNICEF Quiz competition for higher secondary school students & Health club Meeting for school students.

15.12.21: BLS training & OPPAM Programme -Dermatology camp for doctors and relatives & a Management Seminar on "Quality issues in health care & the role of HBI" & Hospital CME.

16.12.21: Inauguration of IMA Library, Book Exhibitions & Literary Seminar and conducted EzhuthuKalari for Medical students, Interactive Session with Doctors who wrote books & Hospital CME.

17/12/21: Continuing Nursing Education (CNE) on Organ Transplantation for Nursing Students conducted & a Quiz Competition for College of Nursing Students & conducted Hospital CME.

18/12/21: OPPAM Programme – Pulmonology camp for doctors and relatives &CME on lecture series & Mega Musical Nite.

19/12/21: Walkathon at Kozhikode Beach & an Ophthalmology Medical Camp for Public. Conducted CME, Women's Fest/Food Fest/Film Fest/Painting Exhibition the Public Function inaugurated by Sri. PA MuhammedRiyas, Hon'ble Minister for PWD & Tourism.

22/12/2021: MBS Managing committee meeting

23/12/2021: General Body meeting cum CME on:

Newer AEDS: Focus on Brivaracetam

30/12/2021: CIMAWARS Direct Board Meeting

WDW KOZHIKODE

22.12.2021: Celebrated Christmas with Carole songs and cake cutting and cake distribution with the inmates of GHD, Chevayur



KULANADA

30.12.2021: Executive meeting. Agenda was to discuss about organizational matters.

KUNNAMKULAM

01.12.2021: Observed the "WORLD AIDS DAY" in association with Taluk Hospital.

05.12.2021: A condolence meeting of one of the senior leaders of branch passed away.

07.12.2021: Executive meeting; It was a combined meeting of executive and first organising committee meeting of IMACON 2022. The meeting selected

various chairman and convenors of different committees.

14.12.2021: General body meeting and CME on recent trends in cardiac & Thoracic surgeries&took a class on percutaneous endoscopic lumbar discectomy indications.



19.12.2021: In association with Pain and Palliative care Society and IDAM charitable Society organised a medical camp for post Covid patients in GLP school& took a class on post Covid complications.

KUTHUPARAMBA

01.12.2021: Celebrated World AIDS by various activities by lighting Candles and reciting AIDS day pledge to students.

02.12.2021: Executive committee meeting

05.12.2021: Organized an elocution competition to highschool.

23.12.2021: General body meeting.

MADHYA KERALA

02.12.2021: An Awareness Talk on Diabetes & Diabetic Foot, session highlighted the importance of early detection of Diabetes and prevention of Diabetic complications.

02.12.2021: Adolescent Health Service by setting up a clinic for adolescents to address their physical, psychological, emotional and intellectual health issues...

02.12.2021: World AIDS Day Blood Donation Camp

05.12.2021: Participated a Medical Camp organized by St. Joseph's Hospital, Kothamangalam & an awareness class on healthy diet and healthy lifestyle given to children and their parents.

07.12.2021: Webinar on Impact of Social Media on Lives of Adolescents organized by National IMA MPH.

10.12.2021: Awareness on Early Detection & Screening of Cancer.

12.12.2021: International Human Rights Day & discussion on "Human Rights & Equality in Present Context-Experts' Perspective".

17-19 December 2021: South Asian Academy Ophthalmology Conference

18-19 December 2021: CALIRAD 2-2021

26.12.2021: Conducted Xmas celebration &visited the

inmates of Deivadan Centre, Kanjoor and providing food to the inmates of the destitute home.

30.12.2021: Cancer screening camp and awareness class for ASHA workers at Muvatupuzha block.



MALAPPURAM

5.12.21: Attended Branch president and secretaries meet at Thiruvanthapuram.

10.12.21: Executive committee

15.12.21: Attended District committee meeting.

16.12.21: General body & CME (Hybrid) on Heart Failure – Areview was conducted.

17.12.21: Attended north zone meeting for branch president and secretaries, to discuss various schemes of IMA.

22.12.21: Attended District committee meeting to discuss Membership improvement, conducting state programs and Life support.

25.12.21: Prepared poster for wishing members on Christmas, which was circulated through social media platforms.



MANJERI

08.12.2021: Building Committee Meeting.
10.12.2021: Executive Committee Meeting.
14.12.2021: Building Committee Meeting
19.12.2021: District Committee Meeting
22.12.2021: Building Committee Meeting
29.12.2021: Building Committee Meeting

MUVATTUPUZHA

01.12.2021: Observed WORLD AIDS DAY & conducted awareness class with delivering the Pledgewith lamp lighting was done a quiz competition was conducted for the students. B. Ed students and teachers attended the function.

LEGE OF TEACHER EDUCATION, MUVATTUP



NADAPURAM

01.12.2021: ConductedCME on X-rays deceiving in orthopaedics.

22.12.2021: CME on Acute limb ischemia management in covid/post covid patients & Do's and Don'ts in sports Injuries.

NEDUMANGAD

01.12.2021: Observed World AIDS Day through Google Meet & more than 94 students and teachers participated.

04.12.2021: As a part of WDW project of branch "Healthy Women for a Healthy Nation" in association withMathruvediChempoor and KSHEMAconducted a breast Cancer awareness and screening camp at St.Joseph public school Hall Chempoor. The meeting was followed by "Breast I" screening.

05.12.2021: Attended the President/Secretary meet at IMA Head Quarters, Trivandrum

07.12.2021: As a part of IMA Initiative for Safe Sound, Campaign on noise pollution "Walkathon" was arranged which was flagged off by Hon Governor of Kerala Arif Mohammed Khan & Conducted an executive



Indian Medical Association Kerala State Branch

committee meeting.

10.12.2021: Conducted an awareness class for the students of Govt HSS Vithuraon the topic "Adolescent Health issues".

11.12.2021: As a part of Tribal Community Care project of branch "MISSION SWASTHYA GOTHRA REKSHA" in association with Unnat Bharat Abhvan IISER Thiruvananthapuram, IAPTrivandrum, Kerala forest department Bharathanoor section conducted a free medical camp and awareness class at Pandyanpara tribal settlement: sessions on "Adolescent Care" &Lifestyle diseases.

15.12.2021: As a part of project "BFIT THE YOUNG MEDICOS" – A project to guide, help and motivate the young doctors, a job was arranged to one of the doctor.

17.12.2021: Conducted Monthly General Body Meeting, followed by scientific session on Dyslipidemia -An Overview.

18.12.2021: Christmas/New Year Celebration and Family Meet by cake cutting which was followed by various cultural programmes.



27.12.2021 & 28.12.2021: Leaders attended 96th National Annual Conference (NATCON – 2021) of IMA at Patna.Bihar.

29.12.2021: Branch and MPH conducted a health talk on adolescent health at the Govt College as apart of NSS programme in the college followed by open interactive session where in the students participated very actively and queries of the students were addressed.

WDW NEDUMANGAD

As a part of WDW project, "Healthy Women for a Healthy Nation" conducted a breast Cancer awareness and screening camp.



WDW NEMOM

01.12.2021: Observance of World AIDS Day. A sensitization session was organised at the Community Health Centre, Poovar in connection with the World AIDS Day.

04.12.2021: "SWAYAM" Project - Cancer Cervix Awareness programme

10.12.2021: "SWAYAM" Project - Breast Cancer Awareness programme

14.12.2021: Anaemia detection and awareness generation Programme

27.12.2021: Emergency Life Support Training Programme was organised for the NSS volunteers of the MadhavaKavi Smaraka Government Arts and Science College, Malayinkeezhu, under the auspices of the WDW of IMA Nemom branch.



NEYYATTINKARA

30.12.2021: The Christmas & New Year Family celebration and monthly meeting with various family leisure time activities which was followed by monthly meeting in the afternoon.



NILAMBUR

Conducted Vaccination Camp for Health workers was organised in Department of Health in association with NHM. Vaccination related camps will be conducted in collaboration with the public, Cultural and voluntary organizations.

22.12.2021: Executive meeting

30.12.2021: General body meeting & new year programme with dance performances and songs by our members and their families.

NORTH PARAVUR

01.12.2021: Conducted awareness classes at SNHSS. Pullankulam and Chaithanya Hospital in connection with World AIDS day.

07.12.2021: Executive committee meeting & decided to form a society for obtaining PAN card for the branch.

NORTH WAYANAD

18.12.2021: Conducted General Body Meeting and Christmas celebration @ IMA hall Mananthavady.

PANDALAM

23.12.2021. General Body Meeting with CME.



PANOOR

19.12.2021: Installation of new office bears conducted: Dr Shaheed as new president and he explained in details how he planning to hold Panoor IMA in his safe hands. 25 members attended that meeting and meeting was followed by buffet dinner.

PATTAMBI

05.12.2021: Attended Branch President/Secretaries meet conducted in IMA HQs.

29.12.2021: GB cum Xmas new year programme was conducted with various entertainment programmes were conducted & appreciation awards were given to our students from IMA family, those who are qualified in various competitive exams.



PAYYANNUR

01.12.2021: Observed world AIDS day by lighting lantern in shape of red ribbon of 10 meters at Shenoysquare , Payyanur in association with Rotary club of Payyanur Midtown and Pain and palliative care society, Payyanur.

18.12.2021: Conduced executive body meeting and discussed about branch activities.



PERAMBRA

15.12.2021: Executive committee meeting & decided the following to construct a building in the property owned by IMA & to conduct a workshop for teachers of kunnummal education sub district to create awareness regarding learning disabilities among school children. 23.12.2021: GB and CME conducted.



PERINTHALMANNA

01.12.2021: Observed world AIDS day at Moulana Hospital under IMA & WDW Leadership & conducted classes

03.12.2021: Observed International Handicapped Day & conducted camp at Moulana hospital, Perinthalmanna.

05.12.2021: Attended IMA Branch Presidents and Secretaries meeting at IMA Headquarters, Thiruvananthapuram.

06.12.2021: World AIDS DAY awareness class conducted.

08.12.2021: Conducted interviews for appointing staff

at IMA BLOOD BANK.

09.12.2021: Conducted resuscitation training for junior doctors and NICU and LABOUR ROOM staff.

09.12.2021: General Body meeting & CME on depression & reception to State President, Dr. Samuel Koshy.

15.12.2021: Attended the DC Meeting and installation of Malappuram.

16.12.2021: Members write up in Mathrubhoomi newspapers on No horn day and sound pollution.



20.12. 2021: Observed vayojanadinam at KC AUDITORIUM, PERINTALMANNA &conducted awareness class on cancer prevention and dietician handled a class on dietary modification of elderly people.

24.12. 2021: Celebrated X mas with Buds school (school for differently abled children). Handed over the Xmas gifts and had food with them.

27.12. 2021: Conducted COLS & FIRST AID class for NSS VOLUNTEERS of VENGARA GVHSS SCHOOL. Malabar Film Society awarded and Felicitated to members.

29.12. 2021: COLS and First Aid training to NSS and Scouts and Guides at Periyaram Higher Secondary School.

30.12. 2021: COLS and FIRST AID class for NSS volunteers at Karalmanna, Perinthalmanna.

WDW PERINTHALMANNA

01.12.2021: World AIDS Day Programmes

03.12.2021: International Day of Persons with

Disabilities

09.12.2021: Executive Meeting WDW

10.12.2021: World Human Rights Day Oservation

16.12.2021: Nirbhaya Day Oservation

16.12.21: BCLS Training Programme for Nursing



Students

22.12.2021: Awareness Class As A Part of Swayam

22.12.2021: Participation In Malappuram DC Meeting 23.12.2021: WDW Christmas Programme at Buds Special School

WIMA Immediate past president was awarded and felicitated by Malabar film society for her contribution in health care.

PONNANI

1-12-21: World AIDS day celebration: Awareness program conducted for the Significance of AIDS Day & Modes of spread AIDS & NCC cadets and students of MES College were participated.

Sponsored team for cricket match conducted by All Kerala Veterans' Cricket Association & branch members played in the games.

Members participated in various palliative care activities at Edappal and Padinjarangadi.

PUNALUR

08.12.2021: Conducted a meeting for explaining various schemes of IMA that Dr. R.V. Asokan explained in detail about the schemes. President and Secretary visited an old age home at Kalayanad and conducted a free Medical examination for inmates.

THALAPPILLY

16.12.2021:Conducted an executive meeting & discussed various things regarding the activities of Branch.

22.12.2021: Conducted a GB meeting and CME on latest developments in cardio thoracic surgery.

Attended a dharna organised by senior citizens organisation for re-establishing the concession for train tickets at Wadakkanchery railway station & branch is

planning to start clinical case discussions once in a month.



THALASSERY

08.12.2021: Executive committee.

15.12.2021: Conducted a CME on "Right of Patients Vs Rights of Doctors" followed by a lively interaction.

22.12.2021: Interesting Clinical Cases in Cardiology presentation.

22.12.2021: Conducted General Body Meeting & CME on "Management of Hyponatremia" followed by a lively interaction.

23.12.2021: Conducted an Emergency Life Support Training Programme for the staff of Casualty, Operation Theatre and ICU.



25.12.2021& 28.12.2021: Conducted Covid Awareness and ELS /First aid training for students.

27.12.2021: One of the member got best JIMA Paper Award from National Conference & a senior leader got the IMA National Presidents Award for Life long service to IMA.

28.12.2021: Conducted a Communication Skill class for nursing staff at Tellicherry Co-operative Hospital.

WDW THALASSERY

01.12.2021: Doctors of WDW and IMA Kannur lighting the lamp of AIDS emblem at Picture Street Thalassery. 01.12.2021:AIDS Day Awareness class was conducted.

01.12.2021: Conducted a Cancer Awareness class for General Public about Preventable Cancers in Women.



02.12.2021: WDW chairperson was awarded the KFOG Social and cultural Hub Award 2021.

03.12.2021: International Handicapped Day & conducted a Free Medical Camp.

07.12.2021: WDW chairperson conducted a Cancer Awareness class for plus two students.

07.12.2021: Press forum meet was conducted and highlighted the concern about hospital attacks and myopathy. A class on menstrual hygiene, Healthy habits & a class on oral Hygiene was also conducted.



08.12.2021: General Body Meeting of WDW.

09.12.2021: World Patient Safety Day & conducted a Trauma Care Training Programme & Covid Awareness and ELS /First aid training for students.

10.12.2021: The theme of Human Rights Day 2021 is EQUALITY reducing inequalities, advancing human rights. This year theme focuses on "All human beings are born free and equal in dignity and rights.

11.12.2021: UNICEF DAY - conducted Covid Awareness Class for students.

12.12.2021: Nephrology Awareness Class and Free

Medical Camp. A Walkathon on noise pollution was conducted.

16.12.2021: Conducted an Awareness camp and class on Life Style Diseases.

18.12.2021: A workshop organized by Child Rights Commission for school principals.

20.12.2021: Conducted a Trauma Care Training Programme.

23.12.2021: 'Save the Environment to save our selves'-WDW chairperson gave a talk on how to save the environment to an International audience of India, South Africa, Middle East, under the auspices of Lions Clubs International.

24.12.2021: Conducted an Adolescent physical and mental Health Program for plus one Students & distributed Scholarships to needy Students.

24.12.2021: An awareness class on Covid and Liver Disease; Hyper Tension and Kidney Disease; Eczema; Bleeding in Women & Hyper Tension Treatment.

24.12.2021: An awareness class regarding Ear Balance Problems in a TV programme.

25.12.2021: Conducted a Class on Life Style Diseases and prevention of Anaemia. Covid Awareness and ELS /First aid training for students also conducted.

28.12.2021: Conducted a Communication Skill class for nursing staff.

29.12.2021: Taluk level workshop organized by Child Rights Commission for Primary school principals under Thalassery taluk & conducted a class on IMA Mission Pink Health Project for Children. Omicron and Appropriate Behaviour explained and IAP Projects for children and mental health issues of children.

29.12.2021: Adolescent Health and prevention of Anaemia for plus two Students.

TALIPARAMBA

CME by WDW Taliparamba

IMA Taliparamba conducted Christmas - New Year celebrations, along with family get together abiding to covid protocol, mask and sanitizer. The meeting was



attended by nearly 150 nos, including doctors, parents, and children. The highlight was well conducted cultural programs and games. The crux of the meeting was State Secretary's Christmas message, group photo and gala dinner.

THAMARASSERY

05.12.2021: Attended Branch President & Secretary meet in IMA Headquarters.

Conducted a CME on Update on stroke.

17.12.2021: GB & CME - Physical meet at Thamarassery club.

20.12.2021: Visited the land owned by branch to decide what can be done in future to develop it.

THIRUVANANTHAPURAM

01.12.2021: Observed World Aids day & a talk on "What do we need to know about HIV and AIDS". Membership campaign awareness for non-members working in various hospitals and youngsters also conducted.

03.12.2021: Conducted Awareness sessions as part of Observing International Week for Elimination of Violence Against Women - Sessions on POCSO ACT and ANTI RAGGING ACT.

05.12.2021: As part of International conference on noise and health, a cycle rally was conducted &was flagged off by State President Dr Samuel Koshy.



07.12.2021: Noise pollution Walkathon Flagging of by Hon Governor of keralaShriArif Mohammed khan.



12.12.2021: IMA Solidarity to striking PG students; IMA State President Dr Samuel Koshy addressed the PG students & Dr Sulphi Noohu, Dr Prasanth CV, Dr Siby Kurian, Dr Kavitha Ravi also addressed the gathering.

12.12.2021: IMA expresses solidarity at KGMOA Protest - Venue near secretariat. Webinar on childhood disabilities also conducted.

17.12.2021: Monthly Executive meeting conducted; discussed about Membership campaign, Building committee, PDSS scheme membership, other matters related to profession&General body meeting and agenda.

20.12.2021: Dr Prasanth C V took awareness class to police cadets at police training college.

27.12.2021: Received NATIONAL BEST BRANCH AWARD. Best branch President Award and Best Community Service Award at National conference of IMA - NATCON 21 at Patna.

23.12.2021: General body and CME on "Newer Regional Anesthesia techniques-game changer in intra and post-operative pain management".

31.12.2021: One of the executive member participated the Tuberculosis Eradication Board Meeting convened by district collector and DTO.



Branch is continuingits public health education program IMA AAROGYAM AANANDAM, crossed 120 episodes. Palliative Care Cell - Snehasanthwanam - Home Visit also conducted days.

WDW THIRUVANANTHAPURAM

01.12.2021: Observed World AIDS day observed.



03.12.2021: Conducted Awareness sessions as part of Observing International Week for Elimination of Violence against Women.

THODUPUZHA

11.12.2021: Blood Donation Camp conducted at Al Azhar Engineering Campus in association with NSS unit of Al Azhar Campus.

Blood donation camp is still continuing in all major institutions of Idukki.

22.12.2021: CME on "An interesting case of Dyspepsia".

THRIPRAYAR

01 12 2021 Observed World AIDS DAY

Awareness class conducted for NSS volunteers SN College Nattika.



05.12.2021: Attended Branch President/Secretary Meeting.

Attended Medical camp organised by Guruvayoor municipality for mandalapooia season & contributed medicines for the camp.

GB and Scientific session on psychopharmacology conducted.

THRISSUR

01.12.2021: IMA Blood Bank Thrissur Observed World Aids Dav.



05.12.2021: Attended IMA KSB - Branch President/Secretary's Meet

10.12.2021: Conducted the 1st CME session of the IMA AMS Thrissur Chapter on "Robotic Liver Transplant" & "optimal Management of Liver Cirrhosis".

15.12.2021: IMA KSB Mid zone Branch Presidents/Secretaries, Interactive Session on IMA SCHEMES, hosted by (Hybrid) IMA Thrissur inaugurated by Dr Samuel Koshi, State President, &



addressed by Dr Joseph Benavan, State secretary. 20.12.2021: Observed with an Awareness class for the public and Staff of Traffic Enforcement Unit @ Police Club Thrissur.

22.12.2021: General Body Meeting & Scientific Session & Christmas celebrations by cutting cake.

23.12.2021: Emergency Executive Committee Meeting &discussed present situation of Blood Bank functioning. Branch bagged Four National Awards & awarded, IMA NATIONAL PRESIDENT'S Appreciation Award for the Best Adjudged Hony. Secretary of a state Branch to Dr P Gopikumar, Hony. Secretary of IMA KSB, during the year 2021, at the 96th ALL INDIA MEDICAL CONFERENCE held at Patna, on 27-28, Dec. 2021.

Got appreciation Awards for Best Adjudged President & Secretary of a local branch.

IMA BLOOD BANK THRISSUR DECEMBER 2021

Total Blood collected During Camps -1011 Units Total Blood collected at Blood Bank - 528 Units Total blood and components issued - 2430 Units

TIRUR

02.12.2021: General body and CME on "Achieving treatment goal in T2DM - Making the most of innovations with Insulin".

05.12.2021: Attended Branch Presidents/ Secretaries Meet held at IMA State Headquarters.

TIRURANGADI

09.12.2021: GB & CME on "Basic Know How"- Cancers primary care perspective.

New office bearers were installed for 2021-2022

The general body accepted the new team of office bearers. It was decided to organize a family meet at kadalundi & a project of creating awareness drug addictions among students. Decided to construct an office for IMA Tirurangadi, Pallippadi after getting approval from the Municipality. Proceedings to issue ID cards to members and registering IMA Tirurangadi as society will be pursued actively.



VALANCHERY

Conducted weekly free clinic under the name of past president Dr Govindan sir on every Wednesday along with free medicines.



VALLUVANAD

01.12.2021: Executive meeting. Discussions on Christmas and New Year Celebration & family meet was there, decided to conduct it with strict Covid precautions. Membership improvement was discussed along with scheme membership. Hall renovation plans were also discussed.

VADAKARA

07.12.2021: Executive Committee Meeting. Discussed

- 1. Evaluation of Programs of November.
- 2.December programs.
- 3. Membership Campaign.
- 4.Mutual Benefit Scheme of IMA Doctor's Co-op Society.
- 5. Other association matters.
- BLS training conducted along with other staff for



volunteers.

14.12.2021: General body and CME on Management of venous disease in common practice & Interesting cases in vascular surgery.

16.12.21: Conducted an awareness programme to prevent and control noise pollution for the public at New bus stand, Vadakara as a part of IMA campaign on noise pollution.

26.12.2021: Conducted Bichuthirumala Sandhya,a musical program.

VENJARAMMOODU

01.12.2021: Observed WORLD AIDS DAY & an awareness class was arranged in the Rural Health Training Centre, Kallara for health workers of the hospital.

26.12.2021: Organised an awareness class for NSS Volunteers of Govt. Boys' High School regarding How can prevent the new Coronavirus variant Omicron and its symptoms.

26.12.2021: Conducted a health awareness camp at Pangode Police station.

27.12.2021: An installation meet was arranged.



28.12.2021: Conducted an awareness programme for NSS Volunteers of Aanakudi LPS School in the subject of COVID-19 and its variant.

29.12.2021: A health awareness camp was arranged at IHRD College, Nedunganda NSS unit.

THEMMALAPURAM

19.12.2021: Participated District Committee meeting of Chairman and Convenors at IMA Periyar house. 27.12.2021 & 28.12.2021: Participated in Natcon 2022 at Patna



ETTUMANOOR

01.12.2021: Observed World AIDS Day 03.12.2021: Observed World Disability Day.

Mission Pink Health

MADHYAKERALA

02.12.2021: Awareness Talk on Diabetes & Diabetic Foot

02.12.2021: World AIDS Day Blood Donation Camp 07.12.2021: National webinar on "Impact of Social Media on Lives of Adolescents" organized by National IMA MPH

10.12.2021: Awareness on Early Detection & Screening of Cancer

THALASSERY

18.12.2021: Mission Pink Health programme for adolescents in detection and treatment of Anemia which is commonly seen in adolescent group & Omicron threat and Covid appropriate behaviour was also explained.

29.12.2021: Class on IMA Mission Pink Health Project for Children & awareness classes about Omicron and Appropriate Behaviour was explained.



PDSS MEMBERSHIP DHAMAKA

(December 21 - December 31)

SCORE CARD

Category A 50 new members

Thiruvananthapuram - 10 Kollam - 06 Ernakulam - 41 Thrisur - 09 Kozhikode - 24

Category B 25 new members

Kannur - 58
Malappuram - 28
Palakkad - 05
Kottayam - 25
Aleppey - 05

Category C 10 new members

Kasaragod -14 Waynad -01 Idukki -03 Pathanamthitta -17

Total membership enrollment in 10 days = 246

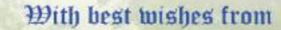
DIAMAKA WIMERS

Pathanamthitta
Kasaragod
Kottayam
Malappuram
Kannur

GOLD STAR BRANCHES

Nedumbaserry - 28 Payyanur - 17 Kottayam - 15

Congratulation winners! We salute your commitment!









114125C-CBWTF

It is our responsibility and Commitment to keep our Green Land away from the dangerous hazards of Biomedical waste...

Serving 19062 Healthcare Establishments across the Kerala for their Biomedical Waste Management India's largest and
environmentally safe
Common Biomedical
Waste Treatment &
Disposal Facility
for the entire State
of Kerala

The Biomedical Waste Management Service of IMAGE-CBWTF
Ensure the compliance to the Biomedical Waste Management Rules and is
Monitored by the Central & State Polution Control Boards

