



Kerala IMA News *Letter*

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OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE



**State Presidents/
State Secretaries**

Meeting at Delhi

Unite to Serve the Nation & Profession

State Office Bearers 2020-2021



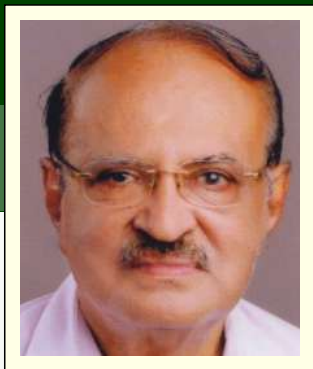
Office Installation



Cabinet Meeting



Covid Vaccination
launch at
W & C Hospital
Thycaud
Thiruvananthapuram
with
DHS Dr. Saritha



President's Column

Dear IMA members,

Modern Medicine is passing through a difficult situation as you are all aware of The CCIM notification on 20/11/20 which has no authority over modern medicine. We, the modern medical doctors are registered under TCMC, which was under the MCI, now Kerala Government has decided to form Kerala Medical Council. At the centre, even the Medical Council of India was dissolved and a new organization National Medical Commission (NMC) was formed in spite of IMA protest over last four years. Our protest were strong and the Maha Panchayaths conducted by IMA was noticed with unparalleled support from MSN & JDN and state branches. Recently we had conducted protest in front of AIMS and Janthar Mandir New Delhi, where Central Health Ministers office is situated and police arrested and removed IMA activists including National and State leaders. Despite of our various National wide protests, the Central Government is not at all concerned to our demands. More than 50 parliamentarians spoke for IMA, in both houses due to our hard work and co-ordination. Now the only option in front of us is a total Medical shutdown of all Modern Medical facilities. Even Kerala Chief Minister's attitude is not different. During a meeting with Chief Minister, Health Minister & Health Secretary at Trivandrum, I myself with State Secretary Dr. Gopikumar attended along with doctors from other disciplines and other service organizations. The first person who was allowed to speak was an AYUSH doctor. When I was invited to speak after two persons, I presented our concerns on behalf of IMA. My first point was against the Mid Level Medical Practitioners should be practicing under PHC Doctors of Modern Medicine. My second point was for fast vaccination- through simplified procedures, for all senior citizens. Both the points were well taken up by the Health Minister and Public Health secretary. I strongly protested against Myxopathy and I could understand Chief Minister's intolerance from his words, and I was not even allowed to continue after that.

Our main objective is- MBBS doctors should only have the license to prescribe medicines to patients. We will not allow any upcoming system of AYUSH to prescribe Modern Medicines. And we will not conduct or cooperate to train AYUSH doctors to use Anesthesia or Pharmacology. We really appreciate/congratulate our speciality organisations and Doctors, who have come out with open statement, that they will not train Ayurveda/AYUSH doctors. IMA has filed a case at Supreme Court against the CCIM order. The case has been listed and will be taken soon. It seems that legal solution will take time, even though we have employed a Senior Counsel of Supreme court.

As you all know about 760 Modern Medicine Doctors in India lost their lives due to Covid-19. Majority of them are young General Practitioners and Government have not included them under Covid-19 diagnosis. So no insurance amount was paid. IMA strongly protest against the Government's stand. The central IMA has declared to disburse an amount of 10 lakhs for the Covid19 martyrs. The IMA KSB has donated Rs.10 lakh as first installment and requesting all doctors under Kerala State Branch to donate their one day income to Central IMA directly or through Kerala State branch or through your branches. Many branches have even already started sending to National IMA-Covid19 Martyr's fund.

IMA-Legal Fund is another option. As we all know, fighting a case at Supreme Court is a very much costlier thing, even for National IMA. If we want to conduct a long fight, we will have to maximize the membership of Kerala State Branch. Now we have only 33,205 members in 109 Branches. About 75,000 Modern Medicine doctors, practicing in Kerala. As of now we have resolved many differences among KGMCTA and KGMOA. We have proved that our district branches and Action council members are very much active and efficient in their activities. That is the reason for our huge success for recently conducted Relay hunger strikes in New Delhi and all districts. Also we expressed our solidarity in Kerala through our Dharna and Strikes on February 8th and February 11th respectively. To my knowledge all Branches and District Committees, Action council members and Past Presidents are working with the greatest effort and dedication.

We are planning to visit all branches in coming April or May. Our main purpose is for Membership campaign and to increase our Manpower. We are against Myxopathy. Our policy is, individual systems of medicines should flourish by its own merits.

JAI IMA- JAI HIND

Thanking you All,

Yours Sincerely,

Dr.P.T.Zacharias

STATE PRESIDENT- IMA KSB



From the Editor's Desk



Dear colleagues,

Modern medicine doctors under the leadership of Indian Medical Association came out strongly against mixopathi. Vehemently we are opposing the move by the central government for integrating various systems and jeopardizing the health of the people. The agitation on 8th and 11th of December show our determination and strength and we take this opportunity to congratulate and thank each one of our members for strongly opposing the move. The fight is not over, it's just the beginning. This is a serious matter that affects the common public and it is our duty to make them aware the ill effects of mixopathy and pressurise the government to withdraw the notification.

We plan a multi-pronged agitation process, side by side we are approaching the apex court for a judicial solution. We have to usher in the cooperation of the sister associations and every modern medical health care worker because this is an onslaught on modern medicine. Covid-19 cases are increasing in the state, probably because there is a relaxation of covid protocol in many walks of life. The general public is a bit lax in adhering to break the chain such as wearing the mask and keeping the safe distance. Public should be made aware that crowding in public places and closed indoors are the main cause for the spread of the disease and we should refrain from these situations. The government should take necessary steps to speed up the vaccination process. Only when majority of the population gets the vaccination and develop immunity, the disease spread will be arrested. Being a healthcare worker we should emphasize and assure that every citizen gets the vaccination and every citizen is willing to receive the vaccination.

With warm regards,
Yours in IMA

Dr. P. Gopikumar
State Secretary, IMA KSB

IMA STATE ACTIVITIES IN JANUARY 2021



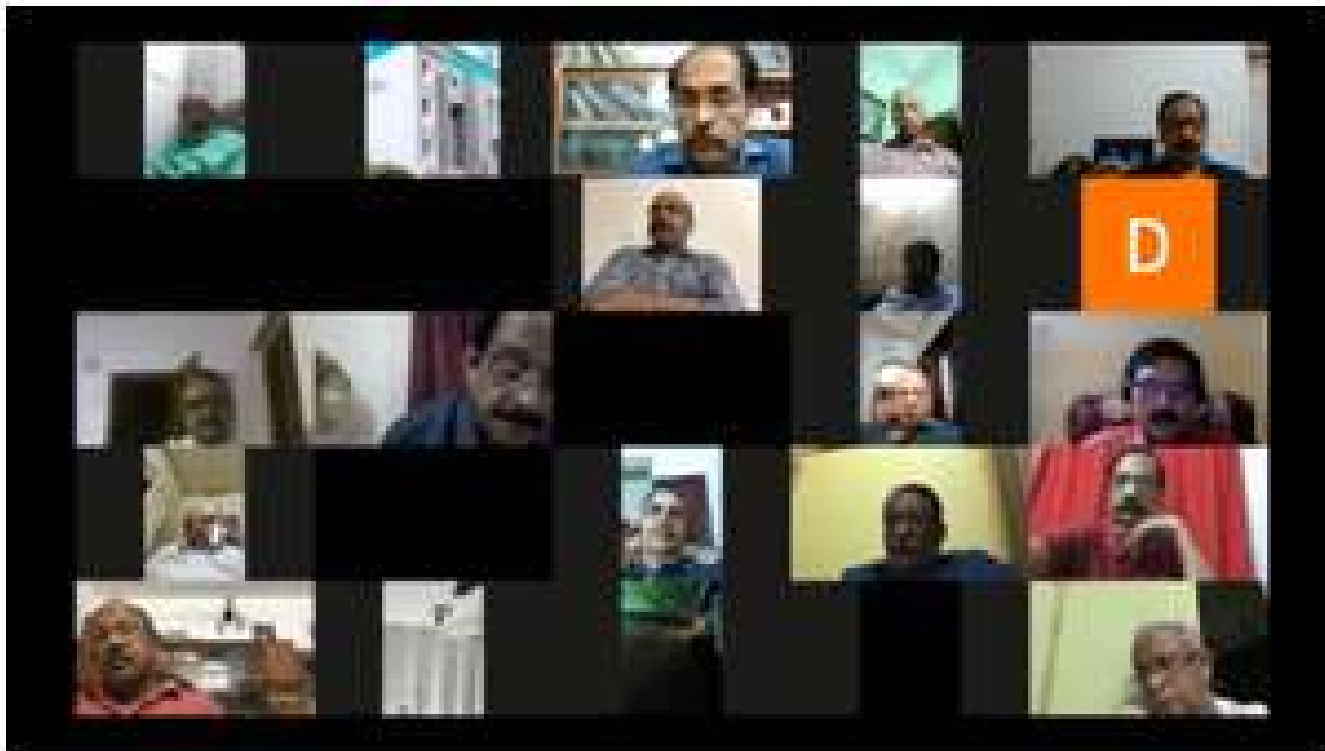
02.01.2021 - Past Presidents Meeting



03.01.2021 - Branch Presidents' and Secretaries' Training Program



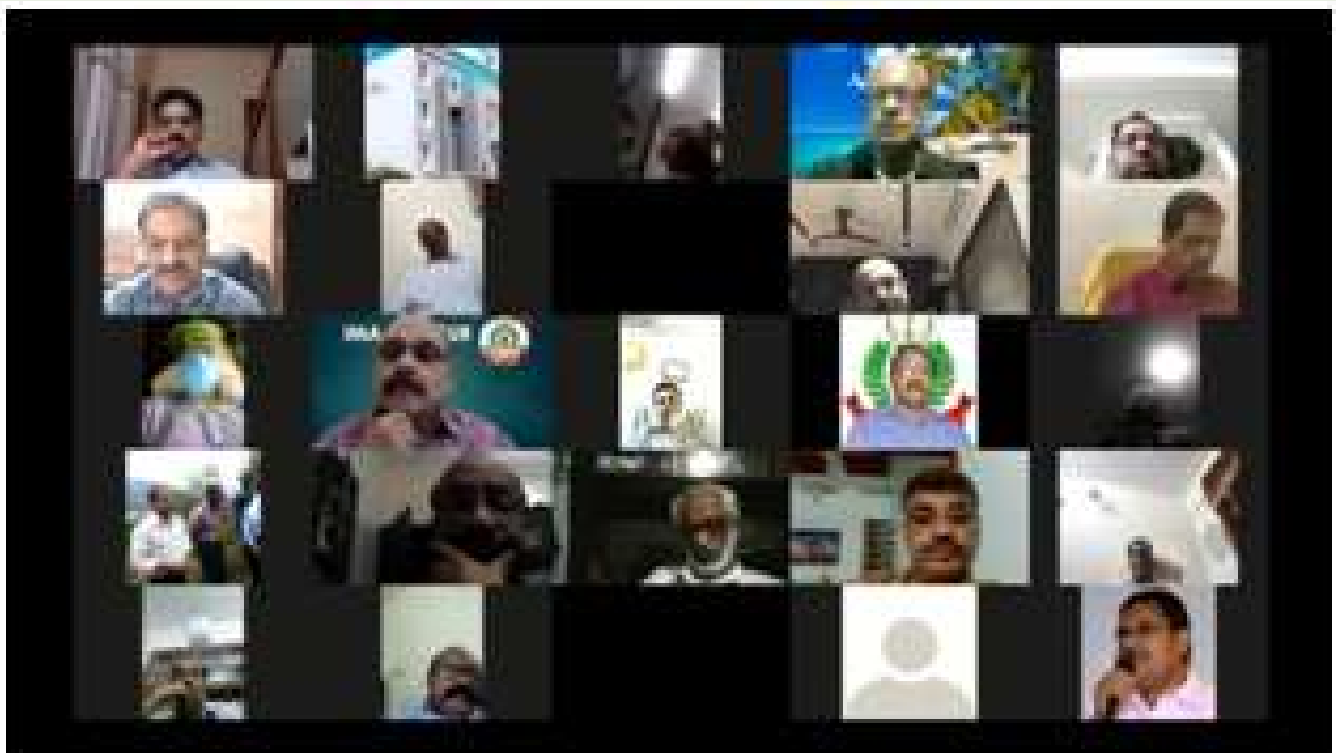
06.01.2021 - IMAGE New Project Meeting



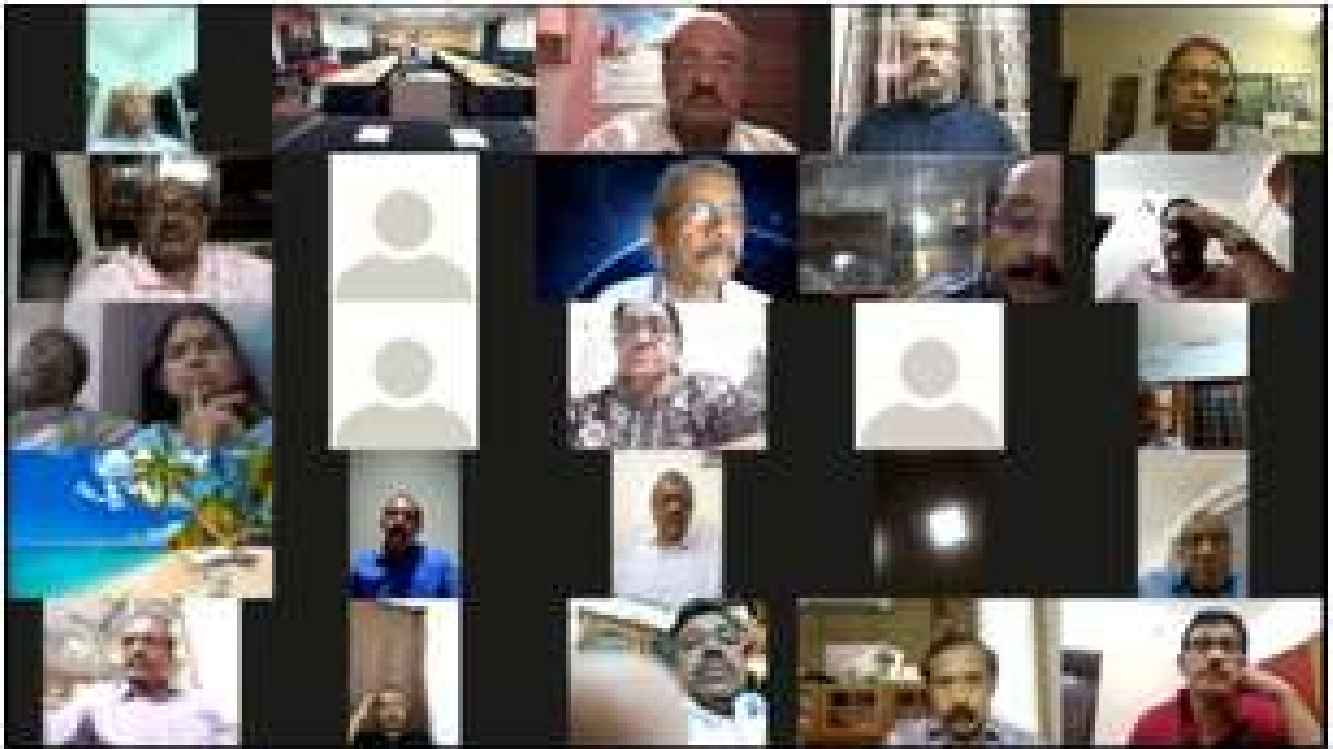
08.01.2021 - Committee on covid vaccine and vaccination strategy



09.01.2021 - WDW Office bearers meeting and CME



13.01.2021 - MANAGEMENT SEMINAR - I Safe



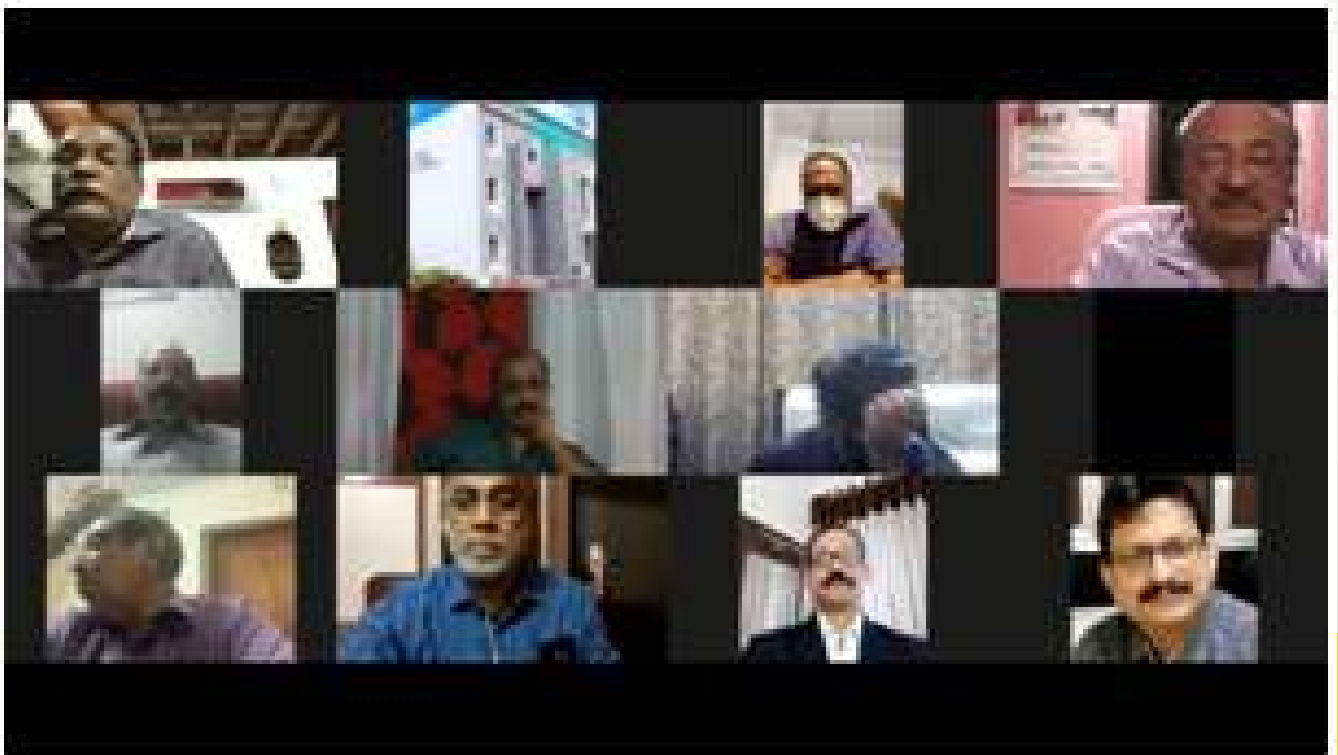
16.01.2021 - Committee on Covid Vaccines and Vaccination Strategy



19.01.2021, 20.01.2021 & 21.01.2021 - Know our Schemes Presentation and interaction on the Virtual platform



26.01.2021 - Reception to State office bearers - GB - IMA Nemom Branch



27.01.2021 - Cabinet meeting



27.01.2021 - SSS III Scheme officials meeting



28.01.2021 - Action Committee meeting



28.01.2021 Reforms committee meeting



30.01.2021 - Research cell meeting



30.01.2021 - IMA Trivandrum District Committee



31.01.2021 - Managing Committee Meeting of Schemes



Press Cuttings

IMA endorses vaccines that got govt. nod

SPECIAL CORRESPONDENT
NEW DELHI

The Indian Medical Association (IMA) has requested all its 3.5 lakh members in 1,800 local branches to voluntarily get vaccinated first to show that the vaccines approved in India are safe and efficacious.

"We stand with the scientists to endorse the safety and efficacy of both the vaccines cleared by India. Public awareness and countering myths on vaccine percolating in social media shall be our priority. Our modern medicine doctors will vouch for the safety, quality and professionalism in this difficult time and support the emergency approval for the usage of vaccines," it said.

"All infrastructure facilities of IMA branches will be available for this programme and all our members will voluntarily serve," the association said.

മെഡിക്കൽ കോളേജ് അധ്യാപകരുടെ പ്രശ്നങ്ങൾ പരിഹരിക്കണം: ഐ.എം.എ

തിരുവനന്തപുരം: കൊവിഡ് നേരിടുന്നതിൽ ആരോഗ്യപ്രവർത്തകരെ നിരന്തരം അഭിനന്ദിക്കുന്ന സർക്കാർ അവരുടെ വേതന പ്രശ്നങ്ങൾക്ക് പരിഹാരം കാണാൻ വിമുഖത കാണിക്കുന്നത് ന്യായമാണ്.

യീകരിക്കാനാവില്ലെന്ന് ഐ.എം.എ പറഞ്ഞു.

എത്രയും പെട്ടെന്ന് പ്രശ്നപരിഹാരം ഉണ്ടാക്കി ഡോക്ടർമാരുടെ സമരം ഒത്തുതീർപ്പാക്കണമെന്നും ഐ.എം.എ ആവശ്യപ്പെട്ടു.

കോവിഡ് വ്യാപനം രൂക്ഷം; ശക്തമായ നടപടികൾ വേണമെന്ന് ഐ.എം.എ

തിരുവനന്തപുരം • സംസ്ഥാനത്ത് കോവിഡ് വ്യാപനം അതിരുകൾ കയ്യാക്കുന്ന സാഹചര്യത്തിൽ പരിശോധനയിലും സാമൂഹിക നിയന്ത്രണങ്ങളിലും സർക്കാർ ശക്തമായ നടപടികൾ സ്വീകരിക്കണമെന്ന് ഐ.എം.എ നേതൃത്വം ആവശ്യപ്പെട്ടു.

എറണാകുളം, കോഴിക്കോട് ജില്ലകളിൽ ദിനംപ്രതി 100നു മുകളിൽ കേസുകളാണ് റിപ്പോർട്ട് ചെയ്യുന്നത്.

ആന്റിജൻ പരിശോധനയിൽ 50% മാത്രമേ കൃത്യമായ ഫലം ലഭിക്കുന്നുള്ളൂ.

ആർടിപിസിആർ പരിശോധന വർദ്ധിപ്പിച്ച് കൂടുതൽ പേരെ നിരീക്ഷണത്തിൽ പാർപ്പിക്കണം. ബ്രേക്ക് ദ് ചെയിൻ അനുവർത്തിക്കുന്ന കാര്യത്തിൽ ആളുകളിൽ

അലംഭാവം കാണുന്നുണ്ട്.

സ്കൂളുകൾ, കോളേജുകൾ, തിയറ്ററുകൾ, മാളുകൾ, ബാങ്കുകൾ എന്നിവയെല്ലാം തുറന്നു പ്രവർത്തിക്കാൻ തുടങ്ങിയപ്പോൾ കോവിഡ് നിബന്ധനകൾ പാലിക്കുന്നതിൽ അയവു സംഭവിച്ചുവെന്ന് പ്രസിഡന്റ് ഡോ.പി.സി.സക്കരിയാസും സെക്രട്ടറി ഡോ.പി.ഗോപികുമാരും പറഞ്ഞു.



ജില്ലാ പാലിയേറ്റീവ് കൺസോർഷ്യം ആലുവയിൽ സംഘടിപ്പിച്ച 'ടേബിൾ ടോക്' നഗരസഭ അധ്യക്ഷൻ എം.ഒ. ജോൺ ഉദ്ഘാടനം ചെയ്യുന്നു.

‘പാലിയേറ്റീവ്: ടെലി മെഡിസിൻ ഏർപ്പെടുത്തണം’

ആലുവ • സാത്തന പരിചരണം കൂടുതൽ ഫലപ്രദമാക്കാൻ വേന സന്ദർശനത്തിനൊപ്പം ടെലി മെഡിസിൻ സംവിധാനവും ഏർപ്പെടുത്തണമെന്നു ജില്ലാ പാലിയേറ്റീവ് കൺസോർഷ്യം സംഘടിപ്പിച്ച 'ടേബിൾ ടോക്'ൽ ആവശ്യം. നഗരസഭ അധ്യക്ഷൻ എം.ഒ. ജോൺ ഉദ്ഘാടനം ചെയ്തു. കൺസോർഷ്യം പ്രസിഡന്റ് ഡോ. സി.എം. ഹൈദരാലി അധ്യക്ഷത വഹിച്ചു. ഐ.എം.എ സംസ്ഥാന പ്രസിഡന്റ് പി.ടി. സക്കരിയ, എൻ.എച്ച്.എം. ജില്ലാ പ്രോഗ്രാം മാനേജർ ഡോ. മാത്യുസ് നുമ്പേലി, ഡോ. ചിന്തു മാവേലിൽ, ഡോ. എം.എൻ. മേനോൻ, ഡോ. റഹീഖ്, ഡോ. സജിത്, എം.കെ. അബൂബക്കർ

ഫാറൂഖി, ഡോ. ജി. മോഹൻ, ചിന്തൻ പൈനാടത്ത്, സജീവൻ വൈറ്റില, ആന്റോ കുണ്ടുകുട്ടം, രാജീവ് പള്ളുരുത്തി, മോളി പോത്താനിക്കാട്, ഇ.എ. ഷബീർ, മോളി മാത്യു, അബ്ദു റഹ്മാൻ പല്ലാരിമംഗലം, കെ.കെ. ബഷീർ, മുജീബ് കുട്ടമശേരി എന്നിവർ പ്രസംഗിച്ചു.

1.1 lakh vaccinations, 82 adverse events on Day 5

14,119 sessions held across the country since January 16

SPECIAL CORRESPONDENT
NEW DELHI

On Wednesday, 1,12,007 people were inoculated against COVID-19, taking the count of beneficiaries to 7,86,000. There have been four deaths among those vaccinated — three due to cardiac arrest and not linked to the vaccination and one was still being analysed, a Health Ministry official said.

All in all, the States have reported 82 adverse events following immunisation. While 10 of them have merited hospitalisation, seven have been discharged and none grave enough to be recorded as a "serious/severe AEFI". The deaths were reported from Moradabad in Uttar Pradesh, Bellary in Karnataka and Nirmal in Telangana.

On the fifth day since the vaccination has begun, 20 States organised sessions. Andhra Pradesh recorded the highest number at 22,548 whereas Himachal



The way forward: A health worker administering the vaccine at a hospital in Mumbai. — EMMANUEL YOSHI

Pradesh pooled only 45. Kerala that has recorded some of the highest infections in the country recorded only 262.

So far there have been 14,119 sessions held nationally since January 16 and by the Health Ministry's original estimate of 100 inoculations per session, there ought to have been 1.4 million inoculations so far but the actual number as of today is around half that.

The Centre has said it has

now provided for States, which must record vaccinations, using the Co-WIN software to add beneficiaries to a session in case those who were supposed to receive their shots on a particular day don't turn up. However, only those who were pre-registered could avail themselves of such a facility. Those who were inoculated would get a "provisional certificate" after the first dose and a final certificate after the final dose 14 days later.

PERINTHALMANNA

01.12.2020 World AIDS day, WDW Perinthalmanna organised many awareness programs. A function was organised by IMA and WDW at Blood Bank , Govt hospital in keeping with Covid protocol and a pamphlet specially designed by WDW Perinthalmanna was distributed to the public .Pamphlets were also distributed to patients.



10.12.2020 World Disability day was co organised by WDW , IMA and Moulana Hospital which was an informative lecture was given by Dr.Febeen Seethi , Consultant Physiatrist , for the parents of students of VKM special school, Puramannoor , Valancheri. Dr. KA Seethi inaugurated the meeting and, Dr. Pavithra presided over the function.

11.12.2020 UNICEF Day. WDW discussion on the challenges that Children face was part of the observance.. This was in association with the executive meeting of WDW Perinthalmanna held on the day .Decision was taken to strengthen our WDW activities in promoting welfare of children.

26.12.2020 World Patient Safety Day , organised under the combined auspices of WDW and Moulana Hospital , with a well attended webinar on Gastrointestinal diseases and Healthy eating habits for Patient safety was the highlight of the observance of this day which fell on 9.12.2020.



What is shigella disease/ ഷിഗല്ല രോഗം/malayalam

230 views · 19 hours ago



96



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Bindu's Brain Vibes

SUBSCRIBED



- 29. 12. 2020** Human Rights Day, a lecture was given by well known lawyer and social worker , Advocate Indira Nair on human right . This meeting was part of the general Body meeting of WDW Perinthalmanna held on 29. 12. 2020.
- 05.12. 2020** Awareness programmes by WDW members on Social Media.Dr. Nisha , Consultant Geneticist ARMC and Moulana Hospital and WDW member , gave a very informative talk as a short you tube lecture on genetic disorders and resultant infertility and transmission to future generations which was very well received in the social media .
- 10.12.2020** Dr. Bindu Prasan, Consultant Pediatrician and Neonatologist, gave a very well received talk on nutrition and fussy eating and hunger in children as a you tube lecture , gained popularity in the social media . It was in simple lucid language .
- 13.12.2020** Dr. Bindu Prasan, Consultant Pediatrician and Neonatologist and WDW member, gave a very well received talk on speech problems in children on you tube.

- 21.12.2020** Dr. Bindu Prasan, Consultant Pediatrician and Neonatologist, gave a very informative talk as a short you tube lecture on noise pollution resulting from excessive sounding of horns.
- 22.12.2020** A very informative and lucid diabetes awareness live program by Dr. Soumya Sathyan, WDW member and Consultant Physician, MES Medical College was conducted. Seven habits for diabetes self care while at home were discussed in detail.
- 31.12.2020** Dr. Kochu S Mani presided over the awareness program that provided traffic awareness guidelines to passengers crossing the National highway through Perinthalmanna in a bid to avoid accidents and make people aware of road safety. IMA and trauma care , Malappuram conducted the program with participation from public and police force. WDW actively participated.







IMA പെരിന്തൽമണ്ണ (ബ്രാഞ്ച്), ട്രോഫി കൈയർ പെരിന്തൽമണ്ണ യൂണിറ്റ്



ഉദ്ഘാടനം
പി.ഷാജി
ഇന്ത്യൻ ഡോക്ടർ ഓഫീസർ

അദ്ധ്യക്ഷൻ
ഡോ.കൊല്ലു എസ് മണി
പ്രസിഡന്റ് IMA പെരിന്തൽമണ്ണ



റോഡ് സുരക്ഷ, ജീവൻ രക്ഷ
അപകട രഹിത പുതുവർഷം 2020 - 2021
ജില്ലാ ഭരണകൂടം, പോലീസ്, ഓട്ടോർ വാഹന വകുപ്പ്,
IMA, ലെജറം ജില്ലാ ട്രോഫി കൈയർ സംയുക്തമായി ഒരുവർഷം നീണ്ടുനിൽക്കുന്ന
'അപകട രഹിത മലപ്പുറം' - പദ്ധതി
റോഡ് അപകട രഹിത പുതുവർഷം ദിന പരിപാടികൾ ലെജറം ജില്ലയിൽ 14 ഇടങ്ങളിൽ
Near AM Motors, Mannarkkad Road Perinthalmanna (31-12-2020 ,10.pm)



MISSION PINK HEALTH

- 21.12.2020** A seven day annual special camp "Sanguine " was initiated by the National service Scheme of Cherpulassery college of Science and technology for women , Karalmanna with active participation from WDW and Ima Perinthalmanna .A week long program was inaugurated and the topic was" Youth for prevention and mitigation of Covid ". Close to 100 students attended. Dr. Kochu S Mani inaugurated the session.
- 02.12.2020** Organisational Activities.WDWactively participated in the North Zone emergency meeting conducted the Ayurveda Surgery and strike , with a birds eye view given by Dr. Jayakrishnan and Dr. Samuel Koshy followed by the legal aspect by Dr. Babu KV and upcoming strike plan by Dr. Abraham Varghese , immediate past President . it was an informative session helping in formulation of game plan for the major strike .



- 03.12.2020** WDW actively participated in the branch executive Zoom meeting which was held to discuss issues regarding mixopathy . Dr. Kochu S Mani , conducted the meeting and various senior leaders , office bearers and executive committee members voiced their opinion .

WDW Perinthalmanna members designed many posters for the anti mixopathy campaign in the state and a few of the posters received good acclaim in the state and found its way as display pictures in the State WDW group as well as face book page of the WDW IMA KSB.

04.12.2020 Participated in the annual general body meeting of IMA KSB WDW on zoom platform. Dr. Hema Sasidharan gave the flag salutation . Dr. Kavitha Ravi , chairperson WDW , State president , Dr.PT Zacharias and senior IMA and WDW leaders graced the occasion and spoke . The guest of honour was K. K. Shylaja teacher , honourable minister for health and family welfare. She gave an inspiring talk on the fight against Covid and touched on the role of women doctors in bettering society. Honorary Secretary General , IMA , Dr. RV Ashokan and Dr. Mona Desai , Chairperson, National WDW were present . Senior WDW leader and immediate past state WDW chairperson , Dr. Kochu S Mani also delivered felicitations .



8.12.2020 **Mixopathy** A threat to modern medicine , and the approval for Ayush surgery bringing in many challenges have been opposed by the Indian Medical Association and a token strike organised on 8th Dec 2020 , which was conducted by various hospitals in Perinthalmanna with active participation of WDW members.



11.12.2020 A meeting was conducted at IMA house in keeping with Covid protocol where the office bearers and members voiced their opinions against mixopathy and dangers of Ayush surgery . It was resolved to protest for this cause and leaders and members spoke on the occasion. WDW actively participated and Dr. Kochu S Mani , Dr. Hema Sasidharan and Dr. Rema Krishnakumar spoke at the function . Many WDW members participated online too.



A Dharna was organised at the Malappuram collectorate on 11th of Dec evening , by IMAS and WDW members of Malappuram distict and leaders and representatives from various branches took part in the same .

13.12.2020 On the occasion of Dr. Abraham Varghese receiving the national award for the best IMA President of State Branch , Dr. Rema Krishnakumar prepared a congratulatory video on behalf of WDW perinthalmanna which received wide appreciation in social media.

29.12.2020 A general body meeting of WDW, Perinthalmanna was conducted on a zoom platform. Welcome : Dr. Rema krishnakumar , Presidential address : Dr. Pavithra Mahesh ,

Remarks by Dr. Kochu S Mani , and Dr. Hema Sasidharan , Talk on Human rights Advocate Indira Nair , well known lawyer and social worker. The leadership detailed the programs planned in the near future and new suggestions were given by members. The programs for the upcoming month were discussed and it was decided to strengthen conduct of online programs , conduct a fitness session as well as have an New year celebrations in the first week of January.

25.12.2020 WDW Kids Fest results. The children of WDW members had participated in large numbers in the WDW kids fest organised at state levels. Close to 50 entries were sent from our branch in the three age groups . Children in the age groups of 5 to 18 years participated in various events like painting , drawing , colouring , dance, song , recitation , short story and poetry writing and fancy dress. It was a great platform to show case their talents and the entries forwarded to to the state. The much awaited results from 1300 entries were announced on 25th Dec , 2020 and its is a matter of great pride that Perinthalmanna kids have won many prizes in all categories.

Dr . Rema Krishnakumar secured the three prestigious prizes in the state wide literary competitions held by the cultural wing ,Dr. Bindu Prasan won the second prize in the tightly fought Malayalam poetry category and a Jury's special mention for her Malayalam short story and received a special recognition by WDW state for social media presence.

Social Awareness Short Film. Dr. Kochu S Mani , received special recognition from various quarters for her performance in the Malayalam short film "thirichu pokku " , which portrayed the life of a Malayali in the Gulf and conveyed a powerful social message .



Creative Art By Members.Dr. Sheeja ,excelled in bottle art with many creative pieces of bottle art of hers deserving appreciation . WDW plans to conduct an exhibition in the near future to promote its members talents and details are to be finalised in the near future .

15.11.2020 In the social scenario of rising gold prices , Dr. Kochu S Mani inaugurated a fair price promise program in Perinthalmanna . Advocate Indira nair , was also present at the function. WDW Perinthalmanna plans to involve leading local establishments in planning WDW programs to generate social awareness and ensure social participation in the future .



NEDUMANGAD

- 01.12.2020** Observation of World AIDS Day. IMA Nedumangad, Tribal Committee IMA KSB and MPH in association with NSS, NCC, Scouts and Guides, Iqbal HSS, Peringammala observed world AIDS Day through zoom video conferencing, presided by President Dr.H.M.Subair. Session was inaugurated by Dr.V.V.Chandran, Chairman, Tribal Committee. Keynote address by Smt.Raseena, Principal, Iqbal HSS, Peringammala. Smt.Shakeela, NSS Coordinator, Smt.Ashra Scouts and guides coordinator and Smt.Vidhya sree gave felicitations. Dr.Hema Francis, Secretary welcomed the participants and Smt.Shakeela proposed vote of thanks. Meeting was followed by talk on Ending HIV/AIDS by Dr.H.M.Subair, President and Talk on Role of Adolescents by Dr.Hema Francis, Secretary.
- 02.12.2020** Extraordinary GB Meeting Conducted through zoom video conferencing to discuss "Mixopathy". Meeting was presided by Dr.H.M.Subair, welcomed the participants and briefly discussed about the reason for the extraordinary GB meeting.



- 05.12.2020** Members of IMA Nedumangad attended South Zone Emergency Join Meet on "NO TO MYXOPATHY".
- 06.12.2020** Leaders IMA Nedumangad attended the District Committee Meeting to finalise plans of protest against Mixopathy as per direction of State and National leaders of IMA.
- 08.12.2020** Protest & Dharna. Notices were served to many hospitals intimating abstaining of Doctors from Non COVID Non Essential Services on 11.12.2020 from 6 am to 6 pm Intimated Rural SP Trivandrum, Circle Inspectors of Police – Nedumangad, Vithura and Kattakada. Printed 5000 colour pamphlets and distributed to educate the public about the dangers of mixing to different systems in unscientific manner. 5 banners were printed and displayed in three different sites. Posters were pasted extensively in various hospitals. Placards were arranged for doctors to highlight the dangers of Mixopathy



IMA Nedumangad staged Protest and Dharna in three identified sites In front of Superintendent's Office, District Hospital, Nedumangad. Dr.H.M.Subair, inaugurated the dharna. Dr.K.P.Ayyappan, Dr.Mohammad Ashraf, Dr.Sagar and Dr.Sunitha, Representing KGMOA spoke about the dangers of Mixopathy. Banners were displayed and doctors were with placards. At Taluk Hospital, Vithura under the leadership of Dr.Hema Francis, Secretary IMA Nedumangad and Dr.V.Vijayachandran, Tribal Committee Chairman IMA KSB. Dr.V.Vijayachandran inaugurated the dharna. Dr.Hema Francis, Dr.Kannan, IMANDD member and Medical Officer, PHC Malayadi and Dr.Sasi, MOIC Taluk Hospital Vithura briefed the dangers of Mixopathy and how it affects the Health of Ordinary people. At Mamal Hospital Kattakada under the leadership of Dr.Mohan Roy IPP NDD and Dr.Dinesh, Vice Chairman SSS III. Dr.Dinesh inaugurated the dharna. Dr.Mohan Roy IPP and Dr.Prakash, discussed the dangers of Mixopathy and how it affects the Health of Ordinary people. Banners were displayed and pamphlets were distributed. In all these sites Banners were displayed and posters were pasted extensively. Doctors participated in Dharna showed placards highlighting the demand of withdrawal of the CCIM notification allowing Ayush Doctors to perform 58 surgeries. Also displayed placards showing dangers of Mixopathy to the public. Leaders spoke on the dangers of Mixopathy and how it would affect the Health of Ordinary People. Also reminded of the fact that it would create two types of health system . One quality system for the Elite and one inferior system for the rural less privileged people. Also distributed pamphlets to educate the public about it. Leaders also spoke on the dangers of mixing of different systems in unscientific manner and doing surgery in the primitive unskilled way. Dharna started at 12 pm and continued upto 2 pm.

- 11.12.2020** All India Medical Strike against Mixopathy All hospitals in IMA Nedumangad branch area cooperated fully with the strike.
- 15.12.2020** Conducted an Executive Meeting to discuss about income generation from IMA House.
- 24.12.2020** Conducted medical camp at Asha Sadan Old age home Aryanad. Dr.Hema Francis and Dr.Aldred Don Francis examined the inmates of old age home. Free medicines were given.

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|-------------------|--|
| 26.12.2020 | General Body Meeting and Inauguration of CGP ChapterConducted third Meeting of IMA Nedumangad through zoom video conferencing.Meeting was called to order by Dr.Muhammad Subair.After the business meeting CGP Chapter was inaugurated by Dr.P T Zacharias, President, IMA KSB. Keynote Address was given by Dr.Gopikumar.P, Secretary, IMA KSB. Felicitations by Dr,Alex Franklin, Chairman,NHS, Dr.Vinay Ranjan,Directir,CGP Chapter Kerala, Dr.Anandarajan,Secretary, CGP Chapter Kerala.Dr.Mohan Roy, IPP IMA NDD, Dr, Dinesh,Founder President and Dr.V.Vijayachandran,Founder Secretary. CME was conducted on the topic “MANAGEMENT OF ASTHMA IN CHILDREN AND ADOLESCENTS”. The speaker was Prof Dr. Jayakumar.C, Senior Consultant Paediatrician, Amirtha Institute of Medical Sciences, Kochi, (Rtd. Prof & HOD, GMC, Kottayam). |
| 27.12.2020 | Leaders and members of IMA Nedumangad attended the 95 th All India Medical Coference, IMANATCON 2020through virtual platform.Dr.H M Subair,President welcomed the participants. |
| 28.12.2020 | Leaders and members of IMA Nedumangad attended NATCON 2020 Installation Ceremony. |

KANNUR

- 10.12.2020** Branch Conducted webinar on adult vaccination. Dr. Swapna Bhasker was the speaker.
- 11.12.2020** All members participated in the nation wide strike against Mixopathy from 6 am to 6 pm, we conducted Dharna and protest march starting from IMA Hall to Kannur Collectorate. Dr. Zulfiker Ali welcomed the gathering and Dr. Bhat, inaugurated the protest march. The doctors showed placards highlighting the dangers of Mixopathy and the demand for withdrawel of CCIM order allowing Ayush doctors to perform SB Surgeries.
- 17.12.2020** Dr. Vivek Raju, Consultant Neurologist, Koyili Hospital was the speaker and the topic was therapeutic Hypothermia.
- 23.12.2020** CPR Updates 2020. Latest guidelines by American Heart Association. Speaker was Dr. Zulfiker Ali, MD, Official Instructor, American Heart Association.

KAZHAKUTTAM

- 03.12.2020** World Aids day CME on 2 topics-1st topic-"HIV AIDS Current scenario " by Dr.R.Ramesh, Project director KSACS, who also inaugurated the CME .The slogan "Global solidarity and collective responsibility" was highlighted in the CME.Need for HIV testing ,adherence to NACO protocol and screening of antenatal patients were stressed upon.The Speaker was also introduced by Dr. Ramesh.2nd topic-"Solidarity and action against the HIV infection in India" by Dr.S.Chandrsekharan Medical Manager, SAATHII, Chennai. The session was very informative and interactive where many key points on HIV AIDS management were discussed especially on testing and treatment. The meeting was chaired by Dr.kavithaRavi ,President IMAKazhakuttam.



Emergency GB on fight against MIXOPATHY. Keynote address given by Dr. A V JayaKrishnan, Past president IMA Kerala. We addressed the need for a great united fight for the health of common people and dignity of our profession. Dr. Sudarsan elaborated the SWC decisions and Dr. RajMohan enlightened us regarding the legal options on our fight against mixopathy. Dr. Binoy, updated us on our plans about the strike.

07.12.2020 Office bearers Dr. Riaz and Dr. Asha visited all local Hospital Management authorities to sensitise on IMA Protest against Mixopathy. We also distributed posters for public display and bit notices for patient distribution to all local hospitals. IMA Kazhakootam office bearers visited AJ Hospital Kzktm. Mr Usman, GM, AJ Hospital offered all support including shut down of OPD on 11th as well as arrangements for action on 8th IMA Kazhakootam OB visited CSI Mission Hospital, Kzktm. Dr Sarojini, Medical Supdt offered full support to all our actions against Mixopathy. At Shifa Hospital, Kaniyapuram with Senior IMA member, Surgeon and Owner of the Hospital, Dr. Salim.



with Medical Officer, Dr. Farsana at Kaniyapuram Hospital owned by our member Dr. Jiji Nuuman with Dr. Haneefa, one of the Senior most IMA members and owner of Suja Hospital, Kazhakuttam, offering his blessings and support for our strike. Dr. Anish TS, Administrative Medical Officer, Medical College Health Center, Pangapara also offered his support.

07.12.2020 Emergency and the monthly executive meeting. Dr. Kavitha introduced the protest plan. Silent protest from 12 pm to 2pm on 8/12/2020. Abandoning OP from 6 am to 6pm as Protest on 11/12/2020, excluding emergency duties and COVID duties. Dr. Riaz explained the detailed plan of protest. We collect at A J Hospital, Kazhakuttam Premises at

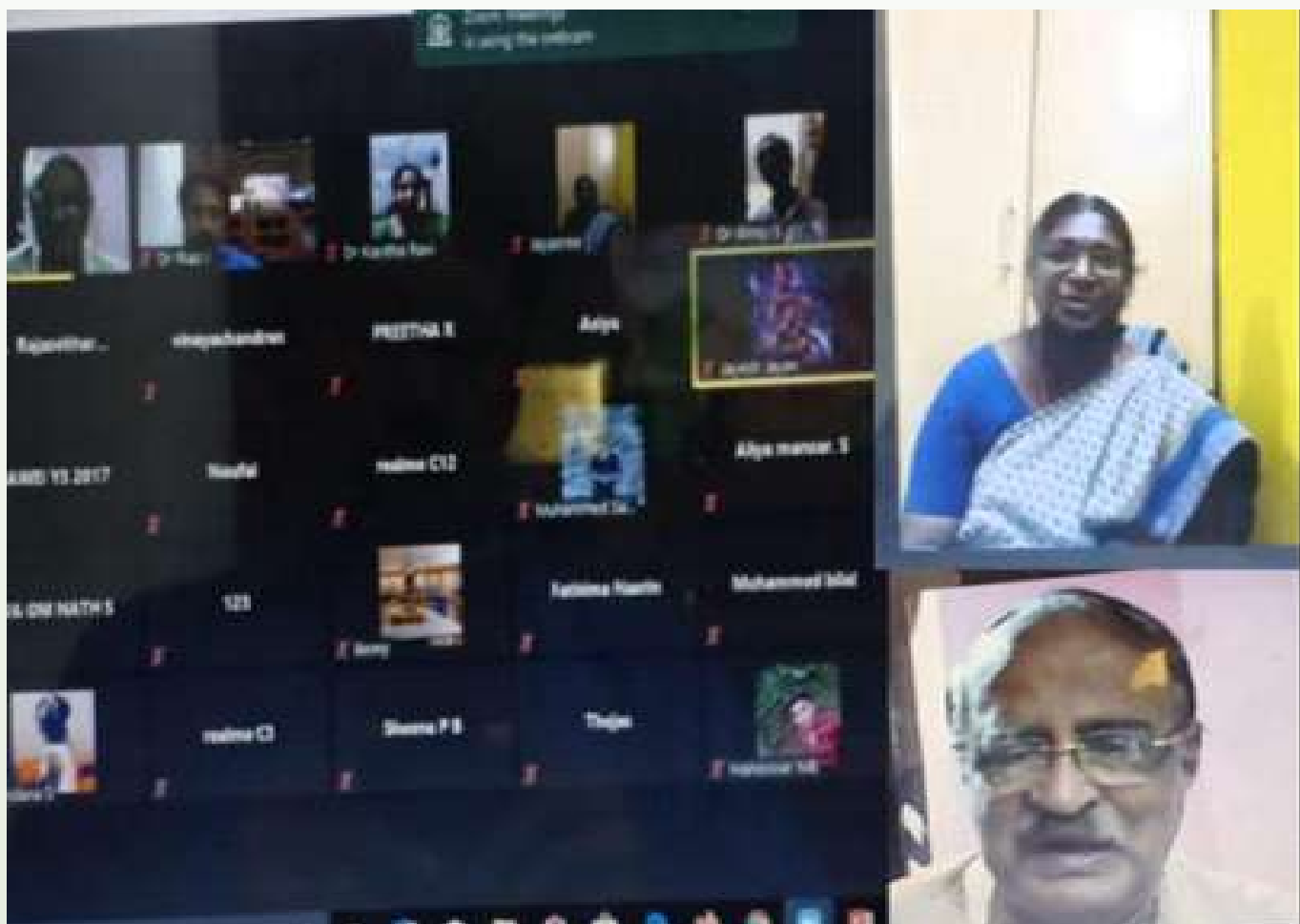
12 pm for our silent protest with doctors coat, face shield and mask, and protest wind up by 2 pm. Press and media coverage are handled by Dr.Najeeb. Dr.Bhavendu was requested to create a small video on public awareness reflecting the threat on human health.

08.12.2020 Silent Protest against Mixopathy. The members assembled at the Kazhakootam junction in front of the Village Office by around 12 noon. The Dharna was inaugurated by our branch president Dr Kavitha Ravi. Dr Gopikumar, Hon Secretary IMA Kzktm gave an inspiring speech. The demonstration attracted good public attention too.



11.12.2020 IMA strike against Mixopathy and Rajbhavan Dharna. IMA Kazhakuttam ensured full co operation from all Hospitals and joined hands in the strike against Mixopathy. Our members Dr.Riaz, branch Secretary and Dr.JijuNuuman, SWC member participated and took leadership in Rajbhavan Dharna conducted on the same day.

14.12.2020 The flagship project of IMA this year, MissionPink Health was inaugurated by our State President Dr.Zachariah sir at a Zoom meeting attended by teachers and students of Thonnakkal HSS. The school principal Ms.Jayasree teacher expressed her gratitude for arranging the session.



Dr Kavitha Ravi, President IMA Kzktm & Vice Chair, MPH Kerala moderated the session. Dr Rajashekar, Former Prof of O & G, SATH conducted an excellent session on the physical, hormonal and mental health issues during puberty. Dr Riaz I, Asso. Prof, Pediatrics, SATH discussed healthy lifestyle in adolescents.

15.12.2020 Monthly General Body and CME Message on IDPD (International Day of persons with disabilities) end talk on 'Be fit - avoid adding this to ability' by Dr. Roy R Chandran, Associate professor, physical medicine and rehabilitation, GMC, Kozhikode. It was a very informative and useful presentation. It was well appreciated and was very interactive. Dr. Riaz suggested that IMA should take a fitness initiative.

KYC. Know Your Colleague (KYC 2) segment 2 - Dr. Vineetha and Family and Dr. Bindusha and Family.

KOLLAM

04.12.2020 An Emergency General Body meeting was held on Friday for discussion on MIXOPATHY & AYUSH SURGERY as zoom meeting.

11.12.2020 IMA Kollam Branch Senior Leaders : Dr. Alfred V Samuel, South Zone Vice President & Dr. K. Ravikumar, State Working Committee Member participated in the Rajbhavan Dharna at Trivandrum. Both of them addressed the gathering.



Demonstration was held at Upasana Hospital under senior leader Dr.G.A.George, Past President IMA Kollam Branch. Demonstration & Protest march held at Meditrina Hospitals Kollam under leadership of Dr.Sanju.R, Executive Committee Member, IMA Kollam Branch. Demonstration & Protest held at Tranvancore Medicity Medical College under the leadership of Dr.Vincy Nelson WDW Chairperson and MSN .Secretary , President, Treasurer and other senior leaders visited the hospitals at Kollam and assured the participation of members of IMA Kollam Branch in the strike.



Dr Alfred V Samuel attended Central Council meeting at Chennai

WDW KOLLAM

04.12.2020 Annual General Body Meeting, attended WDW via zoom platform. Inauguration by respected Smt.K.K.Shylaja Teacher (Hon.Minister for Health and Family Welfare). The Meeting was blessed by many leaders of State IMA and National WDW.



05.12.2020 Attended south zone joint meet via zoom platform. The meeting was conducted to discuss about Mixopathy and various actions to be followed.

08.12.2020 & 11.12.2020

Strike against MIXOPATHY, On Dec 08, 12.00 pm to 02.00 pm, public demonstrations carried in different Hospitals at Kollam by WDW, IMA members. On Dec 11, Ensured WDW, IMA Strike from 06.00 am to 06.00 pm. Cancelled all OPD appointment. No Private Practice at home/ clinic. No elective Surgical cases. Emergency & Covid care assured for the patients.



KUTHUPARAMBA

- 16.12.2020** Voluntary Blood Donation. Kollam IMA, WDW along with scouts and guides, SNTHSS, Kollam, presents webinar on "Voluntary Blood Donation", via zoom platform. Very informative session by Dr.Anitha Balakrishnan .
- 18.12.2020** IMA National Award Function. Attended via zoom. Very happy to see the Kerala State Branch, local branches name on various awards.
- 25.12.2020** Christmas Day Celebration observed by offering free home baked cakes to blood bank staffs and donors by WDW Kollam.
- 26.12.2020** Webinar- Covid 19 Updates .Our WDW Chairperson Dr.Vincy Nelson took class for NSS Students on topic covid-19 updates-Health protection and precautions . Very informative sessions, 96 participants were there.
- 27.12.2020** Natcon Culturalsattended event NATCON 2020. Very happy to participate in the events. It was well organized programme with visual treats.

20.12.2020 World AIDS Day. IMA Kuthuparamba in association with Rotary club Kuthuparamba conducted an online elocution competition for the high school students to celebrate this year's World AIDS in view of current Covid pandemic. About 20 students from various schools near Kuthuparamba participated in the competition. The topic was - HIV MUKTHA SAREERAM, AIDS RAHITHA LOKAM ". First prize (rupees 5000 and certificate) was won by DEVIKA VIJAYAN of Pala Govt HSS. JOSTIN TOM from Nellikutty St. Augustine'sHS won the Second prize (3000 rupees and certificate) . P V SREENANDA from Kathirur Govt VHSS got third prize (rupees 2000 and certificate). The prizes were distributed in a small function held at IMA hall Kuttikkunnu on 20/12/2020 following covid protocols.

05.12.2020 In view of IMA' s agitation against myxopathy, an emergency general body meeting was conducted on zoom platform. Dr. Lalith Sundaram State treasurer and Dr. Srikumar Vasudevan past state President gave a detailed description about the myxopathy issue and also IMA' s plan of action for the agitation. Members unanimously agreed to the decision of Dharna and medical bandh. Taluk Hospital Kuthuparamba and CHC Mattannur were selected as spots for dharna on 8/12/2020. Dr. Hemalatha President IMA Kuthuparamba, Dr. Lalith Sundaram State treasurer , Dr. Shamal , Dr. Vinayak organised the dharna at Taluk Hospital Kuthuparamba. Dr. Chasma Secretary, Dr. Griffin Surendran SWC member and senior leader Dr. Gopeenathan lead the team at CHC Mattannur. The medical bandh on 11.12.2020 was successful in the area.

14.12.2020 Executive committee meeting for the month of December was held on zoom platform. It was decided to conduct a Christmas new year celebration over zoom meeting considering the recent increase in Covid cases. There was a case of attack against staff of Kuthuparamba taluk Hospital on 28.12.2020 by A few bystanders of an RTA case. President Dr. Hemalatha and State treasurer Dr. Lalith contacted Supt Taluk Hospital Kuthuparamba and extended all support from IMA and also contacted police regarding arrest of the culprits at the earliest.

KODUNGALLUR

- 04.12.2020** Emergency General Body to discuss about Dharna on 08/12/2020 and strike on CDP boycoting on 11/12/2020.
- 08.12.2020** Conducted Dharna at 5 sites about 107 members including IDA members attended. General body at 8 pm and discussed about Strike Day.
- 11.12.2020** Strike day
- 22.12.2020** Conducted General Body discussed about present strike situation. CME on Hypertension and management by Dr. Atmaram. V. P decided to conduct physical meeting in January.
- WDW Conducted cultural Program through whatsapp and supplied vegetable seeds to all members.

KOZHIKODE

- 01-12-2020** WDW WORLD AIDS DAY - Awareness Programme at Focus Mall @ 11.30 am. CME Programme @ 7 pm.



02.12.2020 North Zone Emergency Meeting reg. National Strike.

03.12.2020 Observation of International Day of Persons with Disabilities Observed International Day of Persons with Disabilities in association with IMA CGP Kozhikode, Indian Psychiatric Society, Kerala State Chapter through webinar at 7.30 pm. Dr. S.V. Rakesh, President IMA Kozhikode welcomed the gathering. Dr. Thomas John, President Indian Psychiatric Society, Kerala Chapter presided over the function. **Sri. K.T. Jaleel, Hon'ble Minister for Higher Education, Govt. of Kerala** inaugurated the programme. **Sri. R.L. Baiju, District & Session Judge, Thalassery** gave the key note address.

04.10.2020 WDW KSB – Annual General Body Meeting.

04.10.2020 Executive meeting.



07.12.2020 WDW International Day of Persons with disabilities @ 6 pm

07.12.2020 CIMAWARS Emergency Direct Board Meet at 8 pm.

08.12.2020 Protest Dharna against Mixopathy. NZ Joint Secretary Dr. Ajit Bhaskar inaugurated the Dharna at Collectorate.



09.12.2020 Observation of World Patient safety day.

11.12.2020 National Strike against Mixopathy. Past State President Dr. VG Pradeep Kumar inaugurating the Strike at Kidson Corner, Kozhikode.



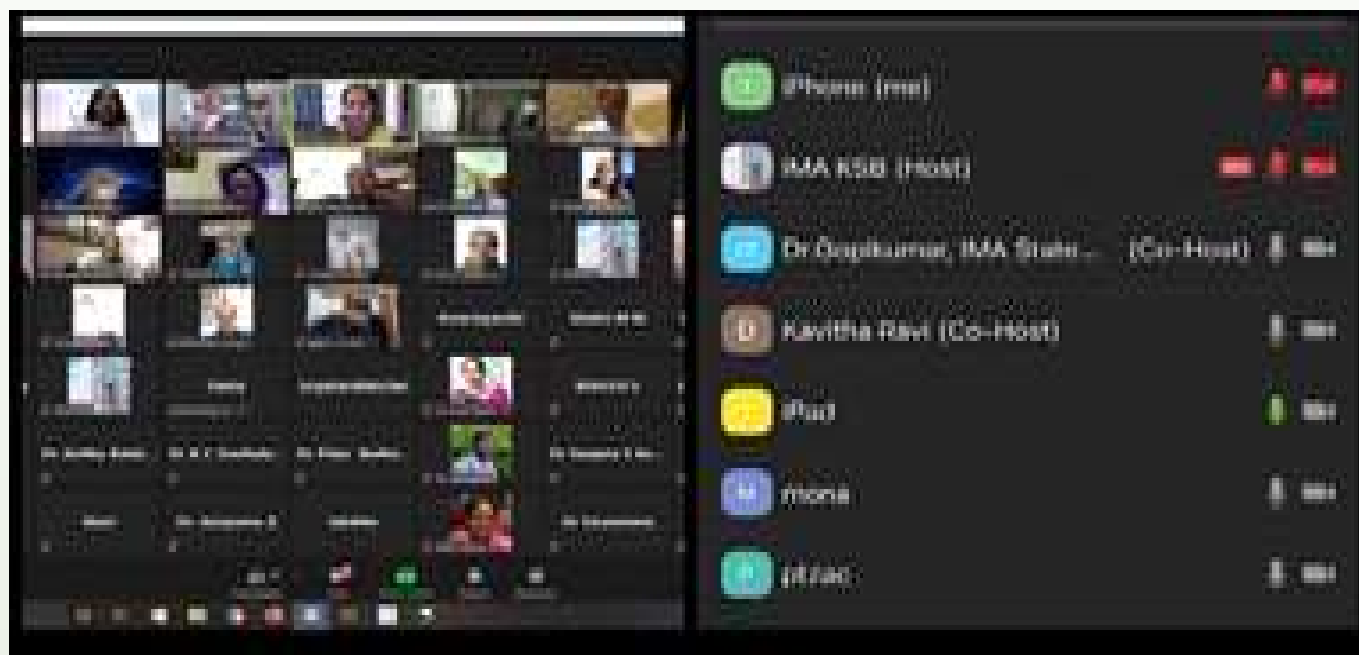
- 12.12.2020** Observation of Human Rights Day
- 13.12.2020** Trans Health Mentorship Workshop –A face to face interactive session
- 14.12.2020** Women's Self-Defence Virtual Class
- 16.12.2020** AMS – Monthly Meeting & CME Topic: Human Immunodeficiency Virus: Diagnostics & Monitoring Speaker: Dr. Rajesh Kannangai, Prof. & in charge, Dept of Clinical Virology, Christian Medical Collge, Vellore.
- 17.12.2020** IMAKSB North Zone Meeting - Agenda: Evaluation of 11th Medical Strike.
- 18.12.2020** CGP – Monthly Meeting and CME.
- 21.12.2020** MBS Managing committee meeting.
- 22.12.2020** CIMAWARES Direct Board Meet at 8 pm
- 26.12.2020** CIMAWARES Direct Meet.
- 28.12.2020** General Body meeting
- 29.12.2020** WDW – Cosmetology CME & Christmas Celebration.

WDW KOZHIKODE

- 01.12.2020** The World's Aids Day. Conducted Public Awareness Progam @ Focus Mall, Kozhikode, Candle Light Ceremony @ Mofusil Bus Stand, Kozhikode, Public Awareness Talk @ Govt Hospital Of Dermatology, Kozhikode. Dr Sarala Nair (Superintend) And Dr Sri Biju (Consultant) Did The Public Talk. Awareness Webinar @ 7pm . Live Talk .



04.12.2020 Attended the WDW State General Body Meeting. Attended IMA Combined Executive Meeting for Kozhikode Branch. Submitted and presented activity report for the month of November 2020 and the upcoming activities for the month of December 2020.



07.12.2020 WDW Kozhikode observed "INTERNATIONAL DAY OF PERSONS WITH DISABILITIES". Awareness talk was delivered by Dr Sofia Paulson (MCH, Kozhikode) WDW Kozhikode organized Executive Meeting. Talk on Cervical Cancer in You Tube Channel.

08.12.2020 WDW Kozhikode participated in the Nation-wide MEDICAL protest organized by IMA (National)



- 11.12.2020** Participated in Nation-wide Strike organized by IMA (National Level)
- 12.12.2020** Human Rights Day 2020. WDW Kozhikode organized a Zoom Webinar regarding the human rights issue. Adv. P M Athira was the speaker for the session.
- 13.12.2020** Conducted Trans Health Mentorship Workshop. .It Was First Time In The History Of Ima Such A Programme Was Conducted **conducted TRANS HEALTH MENTORSHIP WORKSHOP**. It was first time in the history of IMA such a programme was conducted Eminent Doctors from the Dept of;
- 1) Plastic Surgery
 - 2) Endocrinology
 - 3) Gynecology
 - 4) Psychiatry
 - 5) Dermatology
- Lead the panel for discussion .Around 20 Transgenders participated the face to face session which lasted for 3 hrs.
- 14.12.2020** WDW organized a Women's Self-Defence Virtual class in association with LIFE GYM. Calicut. State Boxing Champion Mr Vaishak & Mr Saleesh (Life Gym) demonstrated the female self-defence techniques. Dr Bala Guhan (Chair Person) delivered the welcome note and Dr Prathyusha (Secretary) gave the vote of thanks.
- 15.12.2020** Dr Sangeetha (Gyneacologist, Malabar Hospitals) did awareness class on pre menstrual and pre menopausal symptoms.
- 17.12.2020** Dr Vidhu Ashok (WDW Joint Secretary, Kozhikode) received first place in Faculty Paper presentation at State Paediatric Conference.
- 29.12.2020** WDW organised COSMETOLOGY CME & VIRTUAL CHRISTMAS CELEBRATION. The speakers for the day were Dr Anupama Sudheer & Dr Fabin K. Christmas carol video song by WDW members compiling the pictures of members.
- 30.12.2020** Conducted Executive meeting via google Meet.

DESINGANAD



- 25.11.2020** Organized Short film competition for Higher Secondary Students for creating awareness on Anemia Prevention.
- 01.12.2020** Conducted webinar on World Aids Day in coordination with Nehru Yuva Kendra, Kollam. Topic :- Ending the HIV/AIDS Epidemic: Resilience and IMPACT- Speaker- Dr.Namita Nazeer, Desinganad Branch, Inaugurated by Dr.C.R.Jayasanker, IMA Desinganad Branch.
- 19.12.2020** Conducted Webinar on " Vaccines for Women" – Speaker – Dr.Reena N.R, Gynecologist, Taluk Hospital, Kollam.

23.12.2020 Conducted “She Camp” adolescent health awareness class for students of G.V.H.S.S Punnala, Kollam in coordination with General Education Department –Speaker – Dr.Reena N.R, Gynecologist, Taluk Hospital, Kollam.

Conducted webinar on World Aids Day in coordination with Nehru Yuva Kendra, Kollam. Topic :- Ending the HIV/AIDS Epidemic: Resilience and IMPACT- Speaker- Dr.Namita Nazeer, Desinganad Branch, Inaugurated by Dr.C.R.Jayasanker, IMA Desinganad Branch.

Conducted Webinar on “ Vaccines for Women” – Speaker – Dr.Reena N.R, Gynecologist, Taluk Hospital, Kollam- MPH Branch coordinator.



NEMOM

10.12.2020 Programmes in connection with the World AIDS day “**Ending the HIV AIDS Epidemic - resilience and impact**”, a sensitization session for adolescents was organized by the WDW of IMA Nemom branch on 1.12.2020 at 6 PM by virtual mode for the children of Madhavakavi Memorial Government Arts and Science College, Malayinkeezhu, Thiruvananthapuram . The program was inaugurated by **Smt. Priya**, the Principal of the college. The Inaugural meeting was followed by Webinar led by **Dr.N.Sreedhar**, Former Director of Health Services, Kerala . He conducted the session on “**Ending the HIV AIDS Epidemic - resilience and impact**” . **56 students and 4 teachers participated actively.**

“**Know HIV/AIDS and Ending the HIV AIDS Epidemic - resilience and impact**”, a sensitization session for adolescents was organized by the WDW of IMA on 1.12.2020

at 8 PM by virtual mode for the students of Government Higher Secondary School, Kulathummal. Kattakkada, Thiruvananthapuram .The program was presided over by **Dr.S.Gopinathan Nair**, the Branch President. **Dr. Chandini Devi**, the **Chairperson of WDW** delivered the Keynote address and **Dr.Indira Amma**, the **Branch Secretary and immediate Past Chairperson of WDW Nemom** delivered the special address. **Dr.Kiran Gopal**, Assistant Professor, Government Medical College, Kollam delivered a talk on “**Know HIV/AIDS and Ending the HIV AIDS Epidemic - resilience and impact**” 69 students and 5 teachers actively participated in the webinar. Dr.V.Mohanan Nair, Founder President of the branch also actively participated and spoke about the Public Health aspects of HIV/AIDS situation.



02.12.2020 Cabinet meeting .Routine cabinet meeting of the branch was held on 2nd December and discussed the plan of activities for the month.

04.12.2020 Annual GB meeting of State WDW .Our office bearers and members attended the State Annual GB meeting of WDW held virtually on 4th December 2020. It was an ever memorable day for the WDW Nemom branch as it bagged the Best New Branch Award, Appreciation Award for activities in connection with the

International Women's Day 2020 and also an Appreciation Award for the Artistic Talent to Dr. Indira Amma, the founder Chairperson of WDW Nemom Branch.

- 05.12.2020** Emergency Meeting of the South Zone districts .Our office bearers attended the emergency south zone meeting organised in connection with the strike against Mixopathy . Decided to comply with all instructions from the State and National office.
- 07.12.2020** Emergency Executive Committee Meeting .An emergency executive committee meeting was held virtually to make necessary arrangements for the proposed protest on 8th December and the Medical Bandh on 11th December. It was well attended and finalised the plan of action.
- 08.12.2020** Protest against Mixopathy .IMA Nemom organized Protest Meetings at the following public places:Government Hospital, Nemom. Inaugurated by the Branch President Dr. Gopinathan Nair.Kandala Cooperative Hospital. Inaugurated by Founder President and PPS State Vice Chairman Dr. Mohanan Nair.Taluk Head Quarters Hospital, Malayinkeezhu. Inaugurated by the Vice President Dr. J. Vijayakumar and Joint Secretary Dr. Kiran Gopal.Neyyar Medicity, Killi, Kattakkada. Inaugurated by Dr. Indira Amma, Branch Secretary.CHC Vilappil. Inaugurated by Dr. Satheesh, Executive Member.Mamal Super specialty hospital, Kattakkada: strike notice for 11th December handed over to the administration by Dr. Indira Amma, Branch Secretary. Strike notices were also served to the Chairman, Kandala Cooperative Hospital and Superintendent,THQ Hospital, Malayinkil by the Branch Secretary.



- 08.12.2020** Programme in connection with the International Day of persons with disability. IMA Nemom branch observed International Day of the disabled persons by contributing day to day essential requirements like atta, edible oil, bath



soap, washing powder, lotion washing soaps etc to Little Flower Convent for disabled persons in Kottamukal near Ooruttambalam. Branch President, Secretary and WDW Chairperson handed over them to the Sister in charge of the convent. Our office bearers spent time with the 38 inmates of the convent. The programme was organized under the auspices of our WDW Branch.

- 09.12.2020** The monthly executive committee meeting turned out to be for preparing for the strike on 11th December. It was decided to have a full medical bandh in the ar.
- 10.12.2020** Emergency Executive Committe meeting On 10th December we held another meeting and assessed the preparedness for strike. 5000 pamphlets were prepared and widely circulated to the public in the branch area.
- 22.12.2020** Sensitization Programme on “Sexual Health, Personal and menstrual hygiene” – Vocational Higher Secondary School , Malayinkeezhu **“Sexual Health, Personal and menstrual hygiene”** a sensitization session for adolescents.was organized on 22.12.2020 at 7 PM by virtual mode for the children of Vocational Higher Secondary School , Malayinkeezhu, Thiruvananthapuram . The program was presided over by **Dr.S.Gopinathan Nair**, the Branch President. The program was inaugurated by **Sri.Reji Kumar.C**, the **Principal of the school** and **keynote address was delivered by Dr.J.Indira Amma**, the **District Coordinator for MPH activities in Thiruvananthapuram District**. **Smt.Reshmi**, Career master welcomed and **Arunima**, the student leader **proposed vote of thanks**. The session was highly appreciated even by the teachers who openly declared that they even were unaware of many facts and issues dealt with in the programme. Dr. Chandini Devi, Dr.A.S.Pradeep Kumar, Dr.Mohanan Nair and Dr. Indira Amma actively participated in the final discussions with the students.
- 23.12.2020** **Sensitization session to NSS volunteers, M.M.S Government Arts and Science College, - “Living with the Covid Virus”**On 23rd December the AMS Chapter of the branch organized a session by Dr. Kiran Gopal on “Living with the Covid Virus” for the NSS volunteers of Madhavakavi Memorial Arts and Science College, Malayinkeezhu.
- 27.12.2020** General Body Meeting of the branch as well as the WDW were held virtually on 27th December 2020. **A CME on “Post Covid Syndrome” was organized by the AMS Chapter of the branch and Dr. Aneesh Raj , Consultant Intensivist and HOD of Covid treatment centre of NIMS Medicity handled the session.**GB meeting of WDW Nemom was also held on a virtual mode on 27th December 2020.

27th and 28th December 2020

IMA NATCON Chennai .Dr.Chandini Devi figured in the cultural programme of the NATCON in virtual mode and our founder President Dr.V.Mohanan Nair and Secretary Dr.Indira Amma attended the programme in person and personally felicitated the new National President Dr.Jayalal.



31.12.2020 New Year Celebrations We celebrated New Year eve with the inmates of Little Flower Convent for the disabled persons in Kottamukal, Ooruttambalam in a solemn function where the inmates participated in the "cake cutting ceremony" with prayer songs. WDW Chairperson Dr. Chandini Devi, Founder Chairperson Dr. Indira Amma and Treasurer Mrs. Meenakshi Mahadevan cut the New Year cake with the inmates of the convent. Branch President, Secretary, Immediate Past President, Founder President, Vice President and family members attended this function which was conducted strictly adhering to the Covid protocol.

WDW KOCHI

08.12.2020 World AIDS Day.

03.12.2020 World Disabilities Day.

Talk by Dr Parvathy Achattil commemorating World AIDS Day and World Disabilities Day Online Christmas celebration plans discussed.



08.12.2020 WDW Kochi Chairperson Dr Sheeja with other members participating in Protest against Mixopathy.



19.12.2020 Christmas celebration was held on online platform and had a huge participation. Highlights of the program were - Christmas message, Carols, Dance performance, demo on making snowman and Christmas tree competition. Carols by Dr Nandini, Dr Ambiliy, Dr Swapna, Dr Anusha, Mrs Susan, Mrs Tina. Dance performance by Dr Sheeja, Dr Avani, Dr Rani, Dr Suchitra and Dr Dhanya. Demo of making of snowman by Dr Shirley John.

30.12.2020 Inaguration of the IMA Cochin activities 2021 at IMA house .



18.12.2020 Reproductive and sexual health education online class by Dr Lissamma for 9th and 10th std students of St Raphael HSS, Ezupunna. Article by Dr Sheeja Srinivas on Covid care in Deshabhimani. Senior WDW member Dr Chitrathara honoured with Dr Kamala Bhaskar award for social service 2020. Dr Anusha distributing Rasha kits – 50 kits to girls and women.

27.12.2020 NATCON 2020 Culturals held participation by WDW Kochi members - Dance performance by Dr Sheeja, Dr Avani, Dr Rani, Dr Suchitra and Dr Dhanya. Participation by WDW members in Kerala federation of O&G society cultural fest .

MALAPPURAM HQ

02.12.2020 NO TO MYXOPATHY. Poster was made and circulated among the members for raising the awareness among our branch members. Branch President Dr. Asoka Valsala, Branch Secretary Dr. Daber Pareed and other senior leaders of our branch Dr. Narayanan.P, Dr. K.A.Pareed, Dr. Hamid Ibrahim attended Emergency North zone meeting to discuss about MYXOPATHY and strike



03.12.2020 Organized Emergency Executive committee meeting to discuss and plan for the strike against MYXOPATHY and CME to observe the WORLD AIDS DAY.

04.12.2020 Branch President Dr. Asoka Valsala, Branch Secretary Dr. Daber Pareed, IMA Malappuram WDW Chairperson Dr. Seema Narayanan, IMA WDW Secretary Dr. Parvathy and other senior leaders Dr. K.A. Pareed, Dr. P. Narayanan, Dr. Hamid Ibrahim attended IMA WDW Kerala state Annual General Body. Our WDW branch has bagged 4th position among the branches of Kerala state. Our WDW branch shared the 1st prize for best women's day celebration.



- 05.12.2020** Observed IMA in association with WDW , day by conducting General body cum CME. Meeting also discussed the plans for fight against MYOXPATHY. Talk was given by Dr. P. Suresh Kumar about “ENDING THE HIV EPIDEMIC RESILIENCE & IMPACT”. General body discussed about the Strike on 8th and 11th December 2020. The instructions from the IMA Kerala state and Executive committee was discussed and conveyed to the members of our branch. Meeting unanimously decided to support the decision from IMA Kerala state and Executive committee.
- 06.12.2020** Mission Pink Health Malappuram, IMA WDW & IMA Malappuram (HQ) Branch conducted awareness class for Adolescent Children in scouts and Guides .Class was taken by Dr. K.A. Pareed– Resource Person, M P H of Malappuram HQ) about INTERNET ADDICTION. 100 students attended the session.
- 07.12.2020** Dr. Asoka Valsala , Dr. Daber Pareed and other senior leaders – Dr. K.A.Pareed, Dr. P. Narayanan, Dr. Hamid Ibrahim attended Emergency District committee for Myxopathy Issue and preparedness for strike in Malappuram District.
- 08.12.2020** IMA Malappuram (HQ) Branch along with KGMOA gathered together near Civil Station Malappuram and conducted

Dharana regarding CCIM Notification. Meeting was inaugurated by Dr. Nilar (IMA District Committee Chairman). Dr. Asoka Valsala ,Dr. Muraleedharan (KGMOA District President), Dr. Rauf (KGMOA Past State President) , Dr. P. Narayanan, Dr. K.A. Pareed, Dr. Jaleel (KGMOA) addressed the gathering. Six WDW members also participated in the Dharna. Vote of thanks was given by Dr. Daber Pareed .



11.12.2020 IMA Malappuram HQ Branch members participated for the ALL INDIA STRIKE AGAINST MYXOPATHY. IMA Malappuram HQ Branch along with IMA District Committee Malappuram conducted Dharana, near Civil station, Malappuram from 3:00 PM to 5:00 PM. Meeting was inaugurated by Dr. Ummer (Past state President IMA KSB). Branch President Dr. Asoka Valsala, Branch Secretary Dr. Daber Pareed and our senior leaders Dr. K.A. Pareed, Dr. Narayanan, Dr. Hamid Ibrahim attended the Dharana.



- 17.12.2020** Dr. Asoka Valsala, Dr. Daber Pareed and our senior leaders- Dr. Narayanan.P, Dr. K.A. Pareed, Dr. Hamid Ibrahim attended the NORTH ZONE MEETING for the EVALUATION OF MEDICAL STRIKE ON 11th AND THE WAY FORWARD.
- 22.12.2020** Dr. Asoka Valsala, and our senior leaders Dr. P. Naryanan and Dr. K.A. Pareed attended state level I Safe meeting, and discussed about the update of COVID Vaccine.
- 25.12.2020** IMA Malappuram HQ Branch prepared poster to wish our branch members xmas and new year.
- 27.12.2020** Mission Pink Health Malappuram, IMA WDW Malappuram & IMA Malappuram (HQ) Branch conducted awareness class for Adolescent Children in scouts and Guides of Malappuram District. Class was taken by Dr. Akhil Krishnan (Consultant Paediatrician, CWC Hospital, Malappuram – Resource Person, Mission Pink Health of Malappuram HQ Branch) about NUTRITION IN ADOLESCENTS. 90 students attended the session.
- 29.12.2020** Teen Internet Addiction. Mission Pink Health Malappuram, IMA WDW Malappuram & IMA Malappuram (HQ) Branch conducted awareness class for Adolescent Children in MSP Higher Secondary School. Class was taken by Dr. K.A. Pareed (Neuro Psychiatrist & Chief Medical Officer, District Cooperative Hospital, Malappuram – Resource Person, Mission Pink Health of Malappuram HQ Branch) about INTERNET ADDICTION. 120 students attended the session.
- 31.12.2020** Zero Accident Malappuram 2021 - New year Program . IMA Malappuram HQ Branch in association with Malappuram District Trauma care, Police department and Road traffic department together conducted a DISTRICT LEVEL

meeting with a vision on ZERO ACCIDENT MALAPPURAM 2021. The Programme was inaugurated by District Collector Mr. Gopalakrishnan IAS and presided by Malappuram Municipal Chairman, Mr. Mujeeb Kadari. The one year long programme was presented by Secretary of Trauma care, Mr. Pratheesh. Dr. Asoka Valsala Dr. Nilar Muhammed Dr.K.A.Pareed , Dr. P. Narayanan (Senior leader & State leader of IMA KSB), Mr. V Ummer (Motor Vehicle Inspector) were spoken on the occasion. Several IMA leaders and WDW member Dr. Asoka Valsala were part of the inauguration and spoke. This is planned to be a one year long programme.



ALAPPUZHA

08.12.2020 & 11.12.2020

IMA WDW Alappuzha in association with IMA Alappuzha conducted protest against myxopathy in all hospitals in Alappuzha.

04.12.2020 Participated in zoom CME Alappuzha. COVID pearl series, Inauguration by **Dr. Jayalal J.A** (IMA National President 2020 – 21).

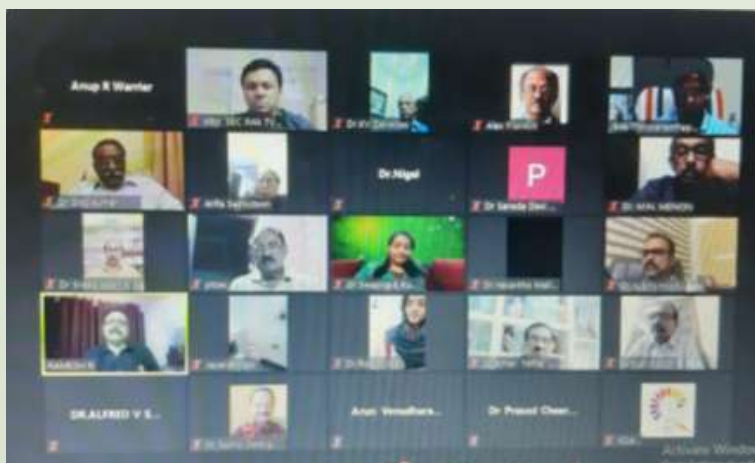
Guest of Honour **Dr.P.T.Zacharia**(State President IMA KSB)Topic .Mangement of COVID : Where do we stand? Speaker **Dr.Sunil Prasobh.P** (Associate Professor, Department of Medicine, GMC Kottayam)



18.12.2020 Participated in zoom CME Alappuzha COVID Series Inauguration by Dr. Alex Franklin (Hon'ble Secretary IMA National Health Scheme. Topic -COVID in Children Speaker ,**Dr.AjithKrishnan.A.S** (Professor of Paediatrics & Paediatric intensivist GMC Thiruvananthapuram.

TRIVANDRUM

01.12.2020 World AIDS DAY. Branch hosted the state level Observation of IMA Kerala state on December 1 in Zoom platform . Flag salutation was done by Dr Swapna S Kumar, joint sec, IMA Tvm. Dr SibyKurian, sec IMA Trivandrum welcomed the gathering . Presidential Address was done by Dr PrasanthCV . Dr P T Zacharias, State President IMA KSB inaugurated the meeting. Special addresses were made by State Secretary



Dr Gopikumar and Dr RemeshR , Director Kerala state Aids control Society . Magician and Social Activist ,GopinathMuthukad gave the AIDS DAY MESSAGE. Dr SulphiNoohu, past Vice President , Dr Alfred Samuel , Vice president gave felicitations.

03.12.2020 International Day Of Persons With Disabilities. Branch Observed solidarity with the persons living with Disabilities, IMA Tvm has released a short video featuring Dr Unnikrishnan , Physiatriest and a song dedicated to Differentially abled persons by Dr ShifasBabu cardiologist Both are members of Trivandrum IMA.

08.12.2020 Protest Day Against Myxopathy. IMA Tvm and KGMOA organised protest Dharna on front of General hospital Tvm. IMA KSB State President Dr PT Zachariah, State Secretary DrP.Gopikumar , Past President and National action committee chairman DrMarthandaPillai KGMOA ,Tvm president and IMA Tvm vice president DrSyamsundar ,KGMOA sec DrArun A John , DrSreejith N Kumar, DrSulphinoohu, DC chairman DrBinoy S , DC convener and IMA Tvm branch Vice president, DrArifa S, Wdw South zone coordinator and tvm JS DrSwapna s Kumar and many leaders attended along with branch President DrPrasanthCV and secretary DrSibyKurian Philip.



IMA TRIVANDRUM along with KGMCTA organizers protest Dharnas at 3 locations in medical college and SAT campuses . Meeting was inaugurated by state President DR PT Zachariah. Dr P Gopikumar , state secretary, KGMCTA tvm president Dr RC sreekumar, DrMarthandaPillai Past National President and National action committee chairman KGMCTA state president and Dc chairman Drbinoy along with many leaders including DrVasudevanpotti , DrAnupama R ,IPP trivandrum branch etc addressed the gathering along with President drPrasanth CV and sec sreejithDrSibyKurian Philip. The meeting was attended by all HODs, faculties , pgs and house surgeons. Meeting at SAT was attended by DrSanthosh Kumar, gynaehod and lady faculties and staffs . DrArun SV executive member attended the meeting. MPOWER Yatra was flagged off by SP Dr PT Zacharias He garlanded Drprasanth CV and DrSibyKurian. It includes public education of MYXOPATHY to the public and also empowering IMA members and young doctors in the profession.

09.12.2020 Meeting of CEO's of hospitals. IMA trivandrum branch organised an emergency zoom for CEO/MD/,Chairman of all hospitals in trivandrum city Everyone actively took part in the discussion. ALL MAJOR and small hospitals, offered full support on Friday. NO OPD WILL BE FUNCTIONING FROM 6 AM TO 6 PM.. NO ELECTIVE SURGERIES on Dec 11*Friday.

11.12.2020 Raj Bhavan Dharna. IMA thiruvananthapuram branch organised a raj bhavandharna on Dec 11 , as part of nation wide strike by doctors on allowing Ayurveda post graduates to perform almost 600 plus modern medicine surgeries . The meeting was inaugurated by IMA State President Dr P T Zacharias. Dr P Gopikumar state secretary And national action council chairman, Dr Marthandapillai presided over the meeting.



21.12.2020 Executive meeting. 2nd Meeting of IMA Trivandrum was held on Dec 21 at 8 pm by zoom. 29 members attended the meeting . The meeting discussed all the points in the agenda . Very important decisions were taken during the meeting . Thanking all the executive members who attended the meeting. Regards to all who had informed earlier about their absence. It would be a courtesy if those who are not able to attend can inform of their absence to president/secretary prior to the meeting .All executive members are supposed to attend all the executive meetings .



30.12.2020 "SILVER BELLS" IMA Trivandrum Xmas- New year Facebook LIVE was held through IMA Trivandrum FACEBOOK page on Dec 30, from 7.30 pm to 10 pm . Our main theme was '*Fight Against Mixopathy*'

PALLIATIVE CARE CELL. SNEHASANTHWANAM.Home Visit Conducted9 daysTeam includes Doctor, Palliative care nurse&no volunteers,driver. Provided support, nursing care and vitals examination includes: BP- 12, GRBS- 12.Also provided food kits,medicines,dressing materials, financial and educational support to needful patients.

TIRURANGADI

03.12.2020 CME on World AIDS Day by IMA Tirurangadi Talk by Dr Suresh Kumar.

04.12.2020 WDW Kerala State Annual GB Meeting.KIDS FEST First prize in Cooking

NORTH PARAVUR

03.12.2020 Attended the IMA Kerala state Branch Mid zone Action Committee zoom meeting : to discuss about the operational guidelines for executing the actions for the protest and national strike scheduled on December 8th and 11th .

04.12.2020 Conducted zoom GB meeting to discuss on protest against Mixopathy. As decided by national IMA office, our protest was decided to be conducted on 8th December .We planned to conduct our protest at 5 different venues – Cherai, Vypin area Paravur town, KMK junction , Sree Narayana Medical College. Posters ,notices and placards were made for expressing our protest .We included Dental doctors and Medical students for this protest .

07.12.2020 special GB held to plan the strike against mixopathy.

08.12.2020 Conducted Dharna against Mixopathy at various locations in and around North Paravur . We selected 6 locations with participation of all sections of health workers from modern medicine –Senior and junior doctors from our branch ,Dental doctors , KGMO doctors, medical students from Sree Narayana Institute of Medical Sciences .Press and media were involved . Our Senior National IMA member Dr.Sreevilasan and Dr.Venkiteshwaren the district chairman along with our branch President Dr.Suneethi addressed the press conference speaking on the ill effects of Mixopathy and the need for having the separate streams for the different systems of medicine



09.12.2020 conducted an executive meeting to discuss on the mode of conduct of OP boycott as part of protest decided by National & state IMA.

10.12.2020 special GB meeting held to convey the message on boycotting OP on 11th Dec 2020 . IMACGP, N. Paravur conducted a zoom discussion on the topic. SMBG for Euglycemia during Covid 19 .

12.12.2020 Inauguration of womens doctors wing & mission pink health .Dr Kavitha Ravi ,chairperson WDW ,was the chief guest . our state president Dr.P.T.Zacharias ,Dr.Abraham Varghese IPP, Dr.Gopikumar P-state secretary,and Dr Rajeshwary amma state sec MPH addressed the gathering .



Award winners of our Branch :State presidents appreciation award for the president and secretary for the IMA year 2019-2020 to Dr. Suneethi & Dr. Ann Mary, & also IMA National President's Appreciation Award for Best Life Member for Dr. K.A. Sreevilasan & PEPS award for the IMA I safe best project award for our member and vice chairperson of PEPS.

23.12.2020 Conducted EC meeting . 13 members attended the virtual meeting to discuss on the activities to be conducted under mission pink health .

2020 Christmas celebrations with covid protocols :Dr Vekiteswaren our member and the District chairman delivering the Christmas message at his hospital .

28.12.2020 Central council meeting at Chennai our central council member Dr. Sreevilasan attended Kerala team felicitating our national IMA president Dr Jayalal. **Award winners of our Branch :**State presidents appreciation award for the president and secretary for the IMA year 2019-2020 to Dr. Suneethi & Dr. Ann Mary, & also IMA National President's Appreciation Award for Best Life Member for Dr. K.A. Sreevilasan & PEPS award for the IMA I safe best project award for our member and vice chairperson of PEPS.

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THRISSUR

01.12.2020 AIDS DAY:IMA Thrissur participated with St Marys College Thrissur-National Service Scheme Unit for Organising World AIDS Day Observance. Dr May Flower Coordinator, welcomed the gathering. Dr Pavan Madhusudan (Secretary IMA Thrissur) Inaugurated the event. Seminar was conducted on HIV Awareness by Dr Sujith Bunglowan ,on the theme 'Ending the HIV/AIDS epidemic: Resilience and Impact.

03.12.2020 World Disability Day. in association with IAP Thrissur and Regional Early Intervention centre . Thrissur organised a Training session for Screening and early detection of disabilities in Preschool children at Community level. Training was attended by 300 Anganwadi Staffs of Thrissur Dist. Dr Pavan Madhusudan (Secretary IMA Tsr) & Dr Sreejithkumar (Secretary IAP Tsr) felicitated the gathering. Dr Jaz (Medical officer REIC,Tsr) gave an introduction to the sessions. Session emphasised on the significance of screening & identifying such issues in children at an early stage to initiate Therapy.

06.12.2020 Executive Committee Meeting. Conducted Meeting @ Elite Hotel attended by 16 members, to discuss the actions to be taken on the Nation wide Protest day called by National IMA on 08/12/20.

08.12.2020 Mixopathy Protest Day .IMA Thrissur participated in the Dharna. The Dharna was a big success considering the huge participation. A big group of Junior Doctors, the Future of IMA, actively joined hands with Senior Doctors for the Dharna.

Award winners of our Branch :State presidents appreciation award for the president and secretary for the IMA year 2019-2020 to Dr. Suneethi & Dr. Ann Mary, & also IMA National President's Appreciation Award for Best Life Member for Dr. K.A. Sreevilasan & PEPS award for the IMA I safe best project award for our member and vice chairperson of PEPS.

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Commenced with a Press Meet at Thrissur Press Club today, briefing done by Dr M.E Sugathan and Dr Pavan with KGMOA& IDA This being an agitation against the Central Council, we made sure to protest in front of a Central Govt Establishment. We as a group assembled at the Railway Station Thrissur. Dr Pavan, Dr Abhaya gave talks, distributed posters & notices regarding strike for Public awareness. Group of Junior Doctors started Dharna at Gov. GH Tsr. DC Chair Dr Amar Jayanthi Dr Jain Chimmen, Dr Joe (KGMOA)& Dr Manoj (GH) addressed them. Dr Pavan, Dr Chimmen led the March of Doctors to the Thekke gopuranada, Thenkinkad maidan. Indian Dental Association joined our Dharna there. Dr Amar Jayanthi delivered the Pledge against Mixopathy Dr Binoj (KGMOA), Dr Davis (IDA) addressed the Doctors and declared solidarity to the Strike on 11th. Doctors of IMA, IDA, ESI, KGMCTA gathered in front of collectorate. Dr Nivin Sebastian addressed the gathering and declared to fiercely oppose mixopathy. Dr Geo (IDA DC) declared solidarity to the Strike .All the Private hospitals in Thrissur demonstrated protest against the amendment. Govt & Pvt Medical Colleges in Thrissur took part in protest.

World Specially ABLED persons Day. Dr Jom Jacob Joint Secretary Dr Vimi Memorial Charitable society Welcomed the gathering and introduced the Panellists & Moderator. Dr Joy Manjila president IMA Thrissur presided. PANELISTS Dr. Purushothaman.K HOD, Dept. of Paediatrics, Govt. Med. College, Thrissur. Dr. Parvathy Mohan Prof. Paediatrics, Amala institute of Medical science.

11.12.2020 Ima Kerala Action Committee & Thrissur District Committee.



State Action committee & IMA Thrissur organised strike against CCIM Amendment and Mixopathy. A Public meeting was organised at Thrissur ThekkinkaduMaidanam. Around 100 doctors (restricted number) and public men participated in the meeting. Protest was Inaugurated By Dr MN Menon Chairman of IMA State Action Committee.

IMA WDW THRISSUR With TOGS - Say Not To Violence Against Women .IMA WDW joined hands with TOGS conducted CME on * Say Not To Violence Against Women* on Wednesday 16th Dec. via Zoom online platform. Dr Joy Manjila, president IMA Thrissur presided. Dr Nishi Roshini K President welcomed the participants. Dr Shobhana Mohandas , introduced the topics. Dr Deepthy M secretary TOGS, introduced the faculties. Dr Suchitra Sudhir, Vice President KFOG spoke on the 'Role of Gynaecologist in Violence Against Women' Mrs Honey Varghese Hon. Judge CBI Court, Kochi elaborated on 'How Do Law Protect Women' Dr Seema Bhaskar Mission Manager, NRLM Highlighted on the 'Path Beyond Rebuilding The Future' Followed by discussion well participated by Dr Nivin J S, IPP IMA Thrissur, Dr Santhosh Babu M R Vice President IMA Thrissur and others. Dr Abhaya V S Convener IMA WDW Thrissur. Thanked the participants, attended by members from other branches also.

20.12.2020 "Sight for Life" Conducted an Eye check up and Medical Camp @ ASSISI NILAYAM AGATHI MANDIRAM MARATHAKARA THRISSUR on Sunday 20th Dec. 2020. Dr Baby Thomas Ophthalmologist examined inmates and free spectacles given to the needy. Dr Joy Manjila conducted the routine medical check up, including BP, Blood Sugar & oxygen saturation level.



- 19.12.2020** General Body Meeting And Scientific Session . IMA conducted the monthly General Body Meeting and Scientific session, 7.30 PM. Dr Joy Manjila welcomed and gave the presidential address. State Joint Secretary updated on the Progress of IMA Protest against CCIM Amendment. Minutes and activity report of previous month was presented by Dr Pavan Madhusudan and was passed. Scientific Session was organised in association with Aster Medcity Kochi. Dr Krishnakumar, Senior Consultant Plastic, Vascular and reconstructive surgery(Aster) took a session on "Plastic Surgery an Overview" followed by active discussion.
- 21.12.2020** Ima Cgp Thrissur With Isa Thrissur City Branch CME - An Update on COVID19 Vaccines .Conducted CME on *An Update on COVID19 Vaccines* Monday Via Zoom online platform. Dr Nivin J S, President ISA Thrissur City Branch & IPP, IMA Thrissur welcomed the gathering. Dr Joy Manjila President IMA Thrissur presided. Dr Jain Chimmen Joint secretary IMA KSB, addressed. Dr Sharmila P M Convener, IMA CGP Thrissur introduced the faculties.
- 24.12.2020** Christmas Celebrations @ Dr Vimi Memorial Cerebral Palsy Centre. IMA Associated with ISA Thrissur City Branch Celebrated CHRISTMAS with the parents of the children of Dr Vimi Memorial Cerebral Palsy Center. We distributed the Christmas Kits to the Parents.
- 23.12.2020** WDW Thrissur participated with NSS unit of Mother Arts & Science College for an awareness class on Palliative Care.

23 to 30.12.2020

Wild Life Photography Exhibition by IMA Thrissur. Lot of members visited at Lalithakala Academy Hall.

23.12.2020 Christmas Celebrations @ Ima Blood Bank . Attended by Dr Joy Manjila, president, Dr V Govindankutty, Director IMA BLOOD BANK, Dr Ramdas, deputy Director, Dr C N Parameswaran, past Director, alongwith the staff.

27.12.2020 IMA THRISSUR With IAP & NNF 'Christmas Celebrations - Merry Fitness .Conducted Christmas Special Zumba_Presided by Dr Joy Manjila. Dr Sreejith Kumar K C, Secretary IAP Thrissur, Welcomed the participants. Dr Jain Chimmen, IMA KSB Inaugurated the program.



IMA BLOOD BANK . In the month of December 2020 IMA Blood Bank Thrissur collected 992 units at the Blood Bank.

THODUPUZZHA

05.12.2020 IMA Thodupuzha conducted an emergency meeting in IMA blood bank hall for protest against mixopathy with all administrators of hospitals in Thodupuzha. President Dr Sumi Emmanuel welcomed the meeting. Dr Jacob C V brief about Ayush notification and state plans for protest against mixopathy which was planned to conduct on 8th December and 11th December as Medical bandh. Majority of hospital administrators attended the function and gave suggestions and committed full support from their sides. Vote of thanks was given by Dr Anil Kumar and meeting closed at 3.45 pm. 08.12.2020, IMA Thodupuzha conducted dharna at 2 public places and 5 major hospitals.

09.12.2020 2nd GB and CME meeting of IMA Thodupuzha was conducted at 8:00 PM in Zoom platform. Dr Sumi Emmanuel welcomed the meeting. Meeting started with silent prayer and obituary to Dr K B Prakash, former superintendent DH, Thodupuzha. Minutes of the previous meeting was read by Secretary Dr Vivek S. Dr Jacob C V briefed about Ayush strike plans which was conducted on December 11th as medical bandh.

After the formal meeting CME program started at 9.00 PM. Topic of CME was on "Services provided by PMR Department in Aster Medicity" by Dr K M Mathew, Senior Consultant in Physical medicine and Rehabilitation. Session was chaired by Dr Kim, Consultant Department of Orthopedics. Meeting was attended by 49 members and closed at 10.15 pm.



11.12.2020 All hospitals in IMA Thodupuzha supported the strike by boycotting OP's and nonessential services from 6am to 6pm.

PATHANAMTHITTA

07.12.2020 Branch conducted extended Executive Meeting to discuss regarding the activities of our branch on 8:12:2020 from 12 pm to 2 pm for the protest against mixopathy called by national and state ima. We decided to cancel op from 12 pm to 2 pm pm at our hospitals across Pathanamthitta branch. Initially we joined at ima house Pathanamthitta then went to muthoot medical centre Pathanamthitta and then to General hospital Pathanamthitta. The protest was well conducted and member participation was adequate. Kgmoa extneed their whole hearted support for the same. Pamphlets, stickers, banner and placard were mainly used as per state direction.

- 09.12.2020** Press Meet . At 2 pm we conducted a press meet at ima Pathanamthitta press club to emphasize the need to withdraw the bill to implement mixopathy.
- 21.12.2020** A Meeting of District Task Force was organized by district collector at collectors chamber Pathanamthitta at 3:00 pm. Branch president was invited and branch secretary on behalf of branch president attended the meeting in which rolling out of covid 19 vaccine for health personnel was emphasized and also pulse polio.
- 23.12.2020** An Executive Meeting was conducted at 8:00 pm at ima hall Pathanamthitta and accounts was audited and a general body meeting on 6/1/2021 was planned in which state president, state secretary and senior leaders will be felicitated.

WDW KUNNAMKULAM

- 01.12.2020** Word Aids Day observed at Dr Geetha Devis' clinic. Pamphlets on the importance of World Aids Day and also the causes, prevention and treatment of aids given to the patients.



- 03.12.2020** International Day of Persons with Disability - observed at Dr. Geetha Devi's Clinic, Pamphlets describing how to take care of disabled persons given to ladies.
- 08.12.2020** Dharna for stopping Mixopathy conducted.



- 09.12.2020** World Patient Safety Day observed at Nyle hospital by Dr. Jasmi Joy, pamphlets were distributed to the patients for the awareness of patient safety.
- 10.12.2020** Human Rights day observed at Dr. Jasmi Joy's clinic. Pamphlets on the awareness of human rights given to the patients
- 11.12.2020** UNICEF Day - observed on 12th December at Nyle Hospital by Dr. Jasmi Joy, Pamphlets were distributed to the patients about the importance of UNICEF.
- 11.12.2020** WDW boycotted OPD examinations and elective surgeries at their hospitals.

TELLICHERY

- 01.12.2020** Building Committee Meeting. The Meeting was conducted on Zoom Platform. 20 members attended the Zoom Meeting.
- 02.12.2020** "Chiri" Core Committee. Dr. Sajeevkumar P B attended the "Chiri" core committee. Vijayan IPS presided over the zoom meeting. Discussed about various activities and future plan to help adolescents and their parents. Main aim is to prevent suicides in students. Psychiatrists, psychologists, SPCcadets, volunteers etc joined the meeting.
- 02.12.2020** North Zone Emergency Meeting. The agenda was Ayurveda Surgery and strike. A Total number of 10 members from Thalassery IMA attended the North Zone meeting.
- 03.12.2020** Smt. Shylaja Teacher, Health minister had a meeting with selected people from different organisations to discuss about the present scenario of pandemic. Dr. Jayakrishnan Nambiar Secretary IMA Thalassery was invited for the same and could express his views to improve the health situation.

- 04.12.2020** Kannur District Committee meeting. Dr.Sasidharan K presided the meeting. Dr.Babu Raveendran,Dr.Jayakrishnan Nambiar, Dr.Surendra Babu and Dr.Arun Kumar attended the Kannur District Committee Meeting.
- 05.12.2020** Urgent GB Meeting "Agitation against Mixopathy Zoom Meeting. Thalassery IMA conducted an Urgent GB Meeting on 05.12.2020. Topic was "Agitation against Mixopathy ".Dr.Sajeev Kumar P B (President IMA Thalassery) presided the function.All the senior members addressed the gathering.A total number of 73 members attended. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) proposed the vote of thanks.
- 11.12.2020** Medical Bandh. The National IMA & IMA KSB has called for a Medical Bandh on Friday, in protest against the move to impart training in modern surgical procedures to Ayurveda doctors as part of the government policy of mixopathy or medical pluralism.Thalassery IMA conducted the Dharna at Thalassery in 6 places which was participated by 10-15 doctors each on 08.02.2020.The Dharna was inaugurated by Dr.Babu Raveendran T N, IMA Past Presidents and all modern medicine doctors attended the Dharna and decided to make the medical bandh, a great success.
- 15.12.2020** Building Committee Meeting,was conducted on Zoom Platform done by the members of Building Committee to discuss about the progress of the same. 10 members attended the Zoom meeting.
- 29.12.2020** Building Committee Meeting.Conducted on Zoom Platform.10 members attended the Zoom meeting.
- 19.12.2020** Webinar.IMA Thalassery and Mission Pink Health in association with Krishna Menon Memorial Government Womens College conducted a Webinar. Topic: Womens Mental Health.Speaker: Dr.Sajeev Kumar P B, Psychiatrist Thalassery.Around 150 Ladies attended the programme. It was a half an hour lecture and one hour active discussion.Many ladies from audience participated actively in the discussions.Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) proposed the vote of thanks.
- 01.12.2020** World Aids Day.Awareness Class to NSS volunteers of NAM HSS Peringathoor by Dr.Dhanya M K, on google meet platform, Welcome address by Mr.Mohammed Iqbal, NSS co-ordinator, inaugural address by Principal Dr.Mohammed Rafeeq,Vote of thanks by Miss.Nafeeda. Attended by around 70 NSS members.Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) co-ordinated the function.
- 02.12.2020** Cancer Control Consortium meeting.Dr.Pushparaj attended the meeting. Extended IMA's and IMA Pain and Palliative Care Societies whole hearted support. Our Society is the key member of this consortium.
- 12.12.2020** Karunya Medical Centre and Lab, Thalassery was inaugurated by Dr.Jayakrishnan Nambiar, Secretary IMA.



- 05.12.2020** We conducted a CME zoom meeting on 5th Dec, 2020 on the topic Breast Cancer- catch 'em young. Our WDW President, Dr.Lovely Thomas gave the welcome speech. We were honoured with the presence of Dr. Kavitha Ravi, Chairperson, WDW, IMA KSB and Dr.Rajalakshmi, Counselor, WDW Mid Zone, IMA KSB. Dr. Paul Augustine, Head, Dept of Surgical Oncology, RCC, Thiruvananthapuram was the main speaker. He gave a very comprehensive and enlightening talk on the subject Breast Cancer Essentials and Dr.Reji Jose, Professor of Community Medicine, Gokulam Medical College talked on Breast Cancer Risk Assessment tool. The meeting was well attended. Around 45 people attended the CME programme.





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