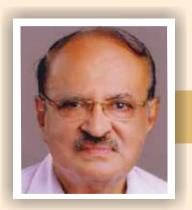


OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE



Unite to Serve the Nation & Profession



President's Coloumn

Respected Immediate Past State President Dr.Abraham Varghese, Chief guest Justice Cyriac Joseph, Incoming IMA National President Dr.J.A.Jayalal, Past National President and Action Council Chairman PadmasreeDr.A.MarthandanPillai, National Secretary General Dr.R.V.Asokan, past state presidents, members of IMA State Executive, senior leaders Of IMA, leaders of sister organizations KGMOA, KGMCTA, KGIMOA, QPMPHA, family members, invited guests, media persons, ladies & Gentleman.

It is my privilege and pleasure to welcome you to the 2020-21 State conference event. I am at most honoured and humbled to be elected as the President of IMA, Kerala State Branch for the year2020-21. I am grateful to each one of you for electing me unanimously to this coveted chair. I, along with the team of office bearers and with the help and support of our members will try ourlevelbest to do justice and uphold the confidence bestowed up on me and my team.

Now let me extend a warm welcome to our Chief Guest, Justice Cyriac Joseph, who has been magnanimous enough to accept our invitation and grace this occasion with his blissfulpresence.

I am honoured by the presence of Incoming IMA National President Dr.J.A.Jayalal, Past National President and Action Council Chairman Padmasree Dr.A.Marthandan Pillai, National Secretary General Dr.R.V.Asokan, Incoming National Vice President Dr.Joseph Mani and other national leaders of IMA from Kerala like Dr.BabuRaveendran, Dr.Roy Abraham Kalluvelil, Dr.V.U.Seethi, Dr.Baskaran, Dr.Alex Franklin and all other past presidents of IMA Kerala State Branch.

Indian Medical Association was formed in 1928, with 220 modern medical doctors as its members and has grown into the largest professional organization in the country today, with nearly 4 lakhs members and 1750 local branches spread across 32 states and union territories.

This great organization has no discrimination for its members based on caste, creed, geographical location or political belief. Our members are serving in public, private cooperative and insurance sectors. IMA includes private practitioners, teaching faculty and medical researchers. IMA

also has a medical students network and junior doctors network to solve their problems and to fight against injustice and the onslaught on the modern medical profession. IMA Kerala state branch came into existence in 1957 and today stand as one of the most vibrant branches in India, with a strength of 33,000 members from 109 branches.

As the president of IMA Kerala state branch, I would like to state that we will be supporting the Government in fighting all health emergencies by formulating and suggesting health policies which will be beneficial to the society. We -IMA expects that the Government will take into consideration, our views on upcoming health projects it wishes to implement. During epidemics or natural calamities, IMA has been in the forefront by providing all technical and professional assistance. When the floods ravaged the state consecutively for the last 3 years, IMA has been in the forefront conducting medical camps and visiting the camps setup by the Government, providing all necessary help both financially and technically. When Japanese Encephalitis hit Alappuzha, Kottayam districts and when Nippa virus created a stir in Kozhikode, Malappuram, districts, IMAleaders were at the forefront. We had coordinated and served in team with the Government. Apart from this, IMA leaders in coordination with various branches, conducted hundreds of medical camps and health awareness classes in throughout Kerala.

The present pandemic situation has to be addressed with utmost care and We- the IMA expectnormalcy to return at the earliest. Perhaps I might be the first person in the history of IMA, to takethe charge of State President through a virtual meeting. I am very much hopeful and eager to conduct physical meetings in a few months time. I take this opportunity to acknowledge and thank the initiatives undertaken by the previous IMA leaders and other colleagues during previous medical emergencies in the state.

Today modern medicine is at cross roads most of our demands are literally ignored. National Medical Commission has replaced the Medical Council of India. As per present NMC norms, syllabus for present MBBS course, ceases to exist, and instead a form of mixopathy has emerged. As a result no pure modern medicine students can pass out, since they have to study a common syllabus with Ayush students for the first two or three years. IMA has been strongly protesting against the change and now the Parliament of India has passed the National Medical Commission Act, but modern medicine doctors has to still continue with the protest.

President's Coloumn

The Clinical Establishment Act passed by the Kerala Assembly is unacceptable to IMA, as some of the provisions are very much against the existence of small and medium hospitals in the state. The services of small and medium hospitals have been the back bone of the so called "Kerala Model". Health indices in the state have been at par with many advanced countries in Europe. This was achieved by Kerala state at a minimum cost only 1% of GDP is allotted to health care system of the country India is fourth lowest country in the world with regards to the GDP in the field of health care, while it is 5% GDP in many advanced countries. Even our neighbouring countries like SriLanka and Bangladesh are spending more than India in regards to health care. Our doctors are facing double load since epidemic prone infectious diseases strike the country very often, as well as prevalence of life style diseases. IMA being the largest professional body of modern medicine doctors, it has to come out with strong protests in order to protect the health care of the society.

The health insurance policies are not covering entire population either in AyushmanBharath or KASP due to low rates fixed for procedures. Social security scheme, Professional disability support scheme, Pension scheme, Professional protection scheme and the Kerala health scheme are for the benefit of its members and their family. IMA Kerala state branch runs the IMAGE, the first of its kind in the whole nation for bio medical waste disposal. Now the situation warrants at least one or two more IMAGE units in south and central Kerala. In the current Covid-19 scenario IMA-IMAGE is clearing bio medical waste without raising any complaints, even though the latest IMAGE plant in Palakkad district has surpassed its saturation capacity.

IMA Academic Wings

IMA AMS and IMA CGP in association with various specialty organizations conduct regular continued medical education seminars, at branch level and zonal level to update its members. If Government comes out to conduct refresher courses for the service doctors as in many developed countries, IMA will definitely cooperate. Many IMA branches effectively run state of the art blood banks throughout Kerala. About 60 branches have their own IMA houses. IMA members work with Government in many health projects in states and atthe centre. The committee on child health, IMA End TB project, IMA palliative care, IMA initiative on safe sound, IMA movement against quacks, blindness control project, mental health project, committee on organ donation, IMA AIDS cell, tribal and coastal welfare committee are some of the social activities carried out by IMA. Hospital accreditation under IMA hospital board of India, cultural committee, film club, IMA food and safety initiative, basic and advanced life support scheme, trauma rescue initiative, coordinating 1000 plus ambulance services, run by BLS trained captains and care of elderly

programs are another fine examples of endeavors being executed by IMA state branch and 109 local branches. Research cell, legal consultation committee, ethical committee are run by IMA KSB. Health publications like NammudeArogyam, for the society and Kerala medical journal, IMA news letter are being distributed to the members. The sister organization like KGMOA, KGMCTA and KGIMA are doing excellent services in handling various services issues. IMA is always cooperating with them whereas KPHA and QPMPA have been successful in dealing with the issues involving private hospitals. IMA women's wing (WDW) and Mission Pink Health are providing excellent opportunity for women doctors.

COVID-19 has placed enormous stress on hospitals and health care providers. Better communication has to be developed by each one of us. As long as the pandemic situation exists, we have to adhereto strict safety measures. Indian Medical Association cannot compromise in the safety of each one of its members. It is unfortunate that one doctor died due to covid at Trivandrum.

Let me remind you that it is the duty of every member to try hard to have an intensive effort in doubling the membership strength of IMA KSB. We shall bring young doctors under the safe protection of the association. My appeal for doubling the membership to be considered seriously, which will bring about considerable increase in the membership of the schemes. The schemes will be more attractive to the new members. We shall educate young doctors about the benefits of joining IMA and its schemes. As we are aware, IMA will extent its hands whole heartedly to support its members facing disability to work or financial support to the family after demise.

It is of utmost importance that adequate measures be taken for the safety of doctors. Face mask, face shield, protective airflow and PPE kits are to be used, and we shall try to communicate with the patients through innovative ideas or with the help of gestures and smile.

As of late the concept of family physician and single or couple run clinics are facing a lot of hardships. The reason is the Inspector Raj and other non practical rules under the Clinical Establishment Act. Mushrooming of Hi Tech corporate hospitals create new issues to theprofession. IMA is against present NMC regulations which allows -setting up private medical colleges without proper facilities and infrastructure. Job security of our members serving in such institutions are a new problem for IMA.

It is brought to my notice that our junior specialist doctors are facing numerous problems. This year we are going to focus and give special attention to them. Common NEXT examinations for Final year MBBS students and foreign medical graduates are unacceptable to IMA. We will support issues of medical students through MSN net work. New

President's Coloumn

Education Policy shows no provision for dedicated universities like Kerala Health University, in its draft. It also contains objectionable clauses for multiple entry and exit options for other systems of medicine. According to the central law, Micro, small and medium hospitals are included in MSME and hence become eligible for loan benefits with subsidies.

Attack on hospitals & Health care workers

Now an interim epidemic Act has been passed by the central and state Governments through ordinances with an important clause of 7 years imprisonment against hospital attacks yet. Its efficiency would be augmented only if, Parliament passes a permanent Central Act, as demanded by the IMA.

The fundamental objective of the medical profession is to maintain the trust reposed by individuals and enhance the overall quality of life, dignity and wellbeing of every individual requiring healthcare services and to create a more equitable, accessible, affordable, effective and efficient healthcare system. To meet this objective it is the duty of every Healthcare Professionals to act in the best interest of patients by maintaining high ethical standards, observing transparency in their interactions within the medical fraternity as well as with patients. We had conducted an international workshop on bioethics and came out with the Trivandrum Declaration.All IMA branches have to form ethical committee and constantly monitor unethical practices of our members if any. Complaints regarding such practices received from public, shall be addressed with immediate effect and should be reported to State level ethics committee if needed.

The State IMA through its branches will be vigilant in watching any out breaks of epidemic/clustering anywhere in the state. The IMA research cell will monitor their findings as early warning signals. If we could alert the Government in time, the control measures can be taken early and resultant panic situation can be avoided. The concept of ONE HEALTH is also included into this surveillance system by incorporating other disciplines like services of vetenery doctors. I appreciate Dr.Abraham Varghese and Dr.Gopikumar.T, for their outstanding efforts to keep the activities of IMA vibrant using

virtual platforms and social media effectively. I am also compelled to follow suit at least for another few months.

District Committees

The scope and style of functioning the District Committees need modification during post Covid period. It will include IMA leaders who have liaison with officials and the media. Mental Health help line is another priority we are aiming for. Aggressive steps are to be taken to bring back micro, small and medium, hospitals throughl-safe programme of IMA PEPS. Increased cyber crimes against doctors and clinical establishments are other menaces we are facing and needs special attention.

Conclusion

I take this opportunity to extend my sincere thanks to all the leaders of IMA and the leaders of our sister organizations KGMOA, KGIMOA, QPMPHA and KPHA for accepting our invitation. I assure you that I along with my team of office bearers will do our collective best to ensure the traditional dignity of our great organization. I thank my familymy wife, daughter and sons who were with me for the association activities during a long period, ie from 1975 to 2002 while serving KGMOA and from 1987 till date in IMA activities. In times of this pandemic situation, I urge my fellow members to safeguard themselves, by using appropriate safety measures with a smile and a positive gesture. Above all my priority will be the unity of the association. I thank once again all our members for their 24/7 support and guidance and for their encouragements, at every point of time in the

JAI IMA- JAI HIND

Thanking you All,

Yours Sincerely,

Dr.P.T.Zacharias

STATE PRESIDENT- IMA KSB





From the Editor's Desk

Dear colleagues,

Another IMA year is going to start. This is the time for change of guard and new President is taking over. The whole life in the planet has changed because of Covid-19 pandemic and a new normal order of life has set in. Indian medical association was in the forefront of the fight against Covid, helping our own numbers and the public simultaneously. While we are trying our level best to contain the disease and spread we need to have the vaccination process to stop the disease spread. Researches are going on globally and there are more than 250 vaccine brands in the pipeline for preventing the disease. Now it is very much necessary that every one of us should take the vaccine. Indian government has approved 2 vaccines, one is live attenuated and the other one killed vaccine. It's our duty as the modern medicine doctors to make aware the general public regarding the necessity of vaccination and also inform them regarding the minor effects post vaccination. The Government has given priority for starting the vaccination procedure with the healthcare workers being the first priority. Let us be the example by receiving the vaccination.

This new IMA year comes with lot of challenges to the modern medical profession. The ccim has given a notification that allows to perform modern medicine surgeries to Ayurveda degree holders. IMA can not allow this because there is the risk of mixing up of modern medicine and alternative medicine which will degrade both the systems. The public health system will be deranged and this will bring deleterious effect the health of the general public. Indian medical association strongly protest the move of the central government towards mixopathy and will fight.

Regards, Yours in IMA

> **Dr. P. Gopikumar** State Secretary, IMA KSB













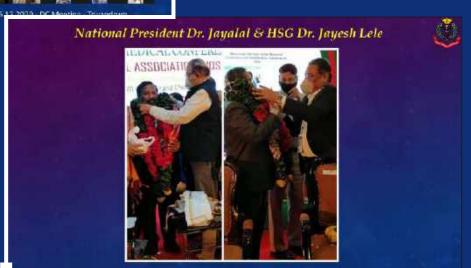


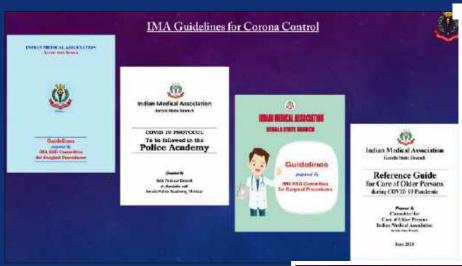




















PRESS CUTTINGS



MCH launches telemed facility for those in need of special care

കോവിഡ് വാക്സീൻ: വെബിനാർ

തിരുവനന്തപുരം •ഇന്തൃൻ മെ അസോസിയേഷൻ ഡിക്കൽ ജില്ലാ കമ്മിറ്റിയുടെ നേതൃത്വ തതിൽ കോവിഡ് വാക്സീനെ ക്കൂറിച്ച് വെബിനാർ നടത്തി. ദേശീയ സെക്രട്ടറിഡോ. ആർ.വി. അശോകൻഉദ്ഘാടനംചെയ്തു. ഡോ. ജേക്കണ് ജോൺ വെല്ലൂർ മുഖ്യപ്രഭാഷണം നടത്തി. ജില്ലാ പ്രസിഡന്റ് ഡോ. സി.വി. പ്രശാ സെക്രട്ടറി സിബി കുരുൻ ഫിലിപ്പ് എന്നിവർ പ്രസംഗിച്ചു.



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'Mixopathy': IMA's national

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Dr. Jayalal takes charge

as president of IMA

Laparoscopic surgeon J.A.

President of the Indian Medical Association for

conference on Monday,

Jayalal has taken charge as

2020-21. He was installed at

IMA's 95th annual national

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95% of ICUs are manned by Ayush does, IMA's opposition is hypocrisy



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IMA can move HC to get salaries: SC

LEGAL COURSESPOND INT

The Supreme Court on Thursday dismissed a con-tempt position filed by the Indian Medical Association (MAA), beseeching the court to help doctors in helbit to get their salaries paid on time amid the raging battle against the pandemits.

Appearing before a

pandernic.
Appearing before a Bench led by Justice Ashok Blumhan, serior advocate Maninder Singh and that on one hand doctors were hailed as "frontline war-riors" against COVID-19," while on the other, they were not paid their salar-ies. The Supreme Court agreed with Mr. Singh.

The court gave the IMA liberty to move the Delhi High Court, where their case is already pending, seeking unusediate relief.

ഐ.എം.എ. ഓരവാഹികൾ ചുമതലയോട്ട - രാജ്മാനുമുന്നിൽ ഐ.എംഎ മുടെ വർണ



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IMAs nationwide medical bundh today

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'Mixopathy': IMA's national strike to hit hospitals in state ആയുർവേദ ശസ്ത്രക്രിയക്കെതിരെ ഇന്ന് അലോഷതി ഡോക്ടർ സമരം

All Emergency Services & Covid-Related Care Not To Be Affected







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IMA KSB/SS/HQ/001/2020-21

Thiruvananthapuram, Dated 17.11.2020

То

Smt. K.K. Shailaja Teacher Hon'ble Minister for Health & Social Justice Thiruvananthapuram

Respected Madam.

Sub: Database of health workers for Covid Vaccine distribution.

Health department, Govt. of Kerala is collecting the data of health workers for supply of COVID vaccine.

Data of staff in all the health care institutions and are supposed to be uploaded to District health authority before 18th November 2020. Details of employees need to be send by all the health care institutions. While registered clinics who have registration with local bodies can send data, medical practitioners who do residential practice and not attached to any institutions are not able to send the data. These medical practitioners form a significant part of health care delivery especially primary care and family practice.

Hence we request you to provide facility to upload details of individual practitioners not attached to institutions, so that they will be included in the priority list for Covid 19 vaccine administration.

Thanking you

Dr. P.T. ZACHARIAS State President, IMA KSB Yours Sincerely,

Dr. P. GOPIKUMAR State Secretary, IMA KSB

Copy to: 1. Dr. Rajan N. Khobragade IAS,

Principal Secretary Health & Family Welfare Dept.

2. State Mission Director, NHM Kerala

3. Dr. R. Ramesh

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ഫീസ് നുറയമായ തിന്റെയിൽ നിർണ്ണയിക്കുന്നതിനു വേണ്ട നാത്രമായ നടപടികളാണ് സർക്കാരിന്റെ ഭാഗത്തുനിന്നും ഉണ്ടാരാരുട്ടത്. പലപ്പോഴും ഇതുമായി ബന്ധപ്പെട്ട് സ്വീകരിക്കാണ്ട എല്ലാ നടപടികളും പുർണ്ണലായി സ്വീകരിക്കാതെ കോടതിയിൽ കേന്നുകൾ പരായാലപ്പെടുന്ന ഴീതിയിലുള്ള അവസ്ഥ ഉദ്യോക്കുന്നത് സാശയകരോയ ഒരു സാഹ്വക്യം അന്നയാണ്. ഇത്തരം കാതൃങ്ങൾ ചലപ്പോഴും ആവർത്തിക്കാനുള്ള കൊണ്ടിരിക്കുന്നത് വളരെ ആശമാത്രകമാണ്. ഇത് ആവർത്തിക്കാത്തിരിക്കാനുള്ള നടപടികൾ ഉണ്ടായില്ലെങ്കിൽ ചെഡിക്കൽ വിദ്യാർത്തി സമുഹത്തിന്റെയും ഇന്ത്യൻ വൈന്റെൽ അസാസിയെഷാർയും കുടുതൽ ഇടപെടൽ ഈ മേഖലയിൽ ഉണ്ടാവും എന്ന് ഇത്വർ ചെഡിക്കൽ അസേന്റെയും കുടുതൽ ഇടപെടൽ ഈ മേഖലയിൽ ഉണ്ടാവും

വിശ്വസ്തത്തെയാടെ,

പോ. പി.ടി. സക്കാർയ ഐ.എംഎ. സംബാന പ്രസിവര്



്) ഡോ, ഹി, തോഷികുമാർ ഐഗുംഎ, സംസംഗന സെക്രട്ടറി

വകര്പ്പ് : ശ്രീത്ത് കെ.കെ. ബൈലയ ടിച്ചർ, ബഹു, തുരോഗ്യ വകുപ്പുമാതി ശ്രീ, രാരൻ ഏർ. കോബശോടെ ഐ.എ.എസ്., ആരോഗുവകുപ്പ് പ്രിൻസിപ്പൽ സെക്രൂവി സയാഷ്ടർ ഒച്ച് ജെഡിനേർ എഡ്യുക്കേഷൻ, തിരുവനതപുരം

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IMA KSB/SS/HQ/004/2020-21

Thiruvananthapurum, Dated 18.11.2020

To

ഗ്രീ പിന്നറായി നിലയൻ ബഹ്യ കേട്ടോ മുഖ്യമന്ത്രി

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IMA KSB/SS/HQ/020/2020-21

Thiruvananthapuram, Dated 04.12.2020

To

Shri Pinarayi Vijayan Hon'ble Chief Minister of Kerala Thiruvananthapuram.

Dear Sir,

The Central Council of Indian Medicine has issued a notification allowing Ayurveda graduates to perform 58 modern medicine surgeries. This notification is beyond the purview of CCIM since it cannot notify any procedure of a different council. The lame clarification given by the CCIM is that these surgeries were already been taught in Ayurveda curriculum which is untrue. All of those procedures are designed and performed by modern medicine doctors after studying the necessary post graduate courses. The National Government on the other hand promote Mixopathy and Medical pluralism by integrating modern and alternative medical streams which brings the death knell of both the age-old traditional Ayurveda and Modern Medicine in our country. Both will get diluted and disintegrated in due course of time.

IMA, the largest Association Modern Medicine doctors cannot keep a blind eye to this injustice and atrocity to the citizens of our country, even violating the basic human right for health.

IMA strongly oppose this onslaught on public health and demands withdrawal of the notification and stopping the move for integrated medicine and Mixopathy.

We are on a warpath. Every speciality, every Association of Modern Medicine is joining hands to fight the injustice.

Note To Street the Matter & Programme

1 of 2

On 8th December 2020 Tuesday, Modern Medicine doctors will stage protest march and dharna involving not more than 20 people at various locations of public importance adhering to strict Covid protocol, whole through the State of Kerala. It is a nationwide strike involving all the states and union of the country.

On 11th December 2020, Friday from 6 am to 6 pm all modern medicine doctors will abstain from duty of non Covid non essential services in all the hospitals.

We are fighting to safeguard the health of every citizen of India.

We are fighting to stop the dilution of Public health measures.

We are fighting to save modern medicine.

We are fighting to save Ayurveda.

Jai IMA, Jai Hind,

Dr. P.T. ZACHARIAS State President, IMA KSB

C/Zacharias



Dr. P. GOPIKUMAR State Secretary, IMA KSB

Copy to: 1. Smt. K.K. Shailaia Teacher, Hon'ble Health Minister

- 2. Shri Vishwas Mehta IAS, Chief Secretary
- 3. Dr. Rajan N. Khobragade IAS,
 - Principal Secretary Health & Family Welfare Dept.
- 4. State Mission Director, NHM Kerala
- 5. Director of Medical Education
- 6. Director of Health Services
- 7. Dr. B. Ekbal

2 of 2

ത്തിന്റെ ഫാര്മ കോച്ച്യ്യയിൽ അനസ്തിഷ്യ മരുന്നുകളും ആത്ര് ബായാളിക്കുകളും ജ്യൂമാണോ? ശസ്ത്രൂകിയാ പാതം കഴിഞ്ഞില്ലപോലും ഒരു പ്രശത്തായ സർജ്ജന്റെ കുടെ വർഷങ്ങളുള്ള നിന്താം പരിശിലിപ്പാൻ മാത്രം സായത്തമാണാനാന്നെ ശസ്ത്രപ്രിയാ നീനികൾ ആരാണ് ഇവരെ പഠിച്ചിട്ടോക് ഇത്താം ചോലുടയിക്ക് സകര വിശ്മർ ഉത്തരം പറഞ്ഞെ മഴിനാവു. പാതി വെന്ത ആയൂർ ശസിത്രക്രിയാ വിദഗ്ദ്ധൻ ജനങ്ങളുടെ ജീവന്വാ ആരോഗ്യത്തിനും ഉയർത്തുന്ന കടുത്ത ജീഷണി നാം കമ്മില്ലെന്നു നടിച്ചു കുടാ.

ആയുർവ്വേടം പ്രചെറ്റന ഇന്ത്യയുടെ മഹത്തായ സംഭാവനയാണ്. എൻ,ട്രൻസ് പതിക്കേകളിൽ പിന്നിലായിപ്പോയി എന്നതുകൊങ്ങു മാത്രം മാവാഥൽ മാവിസിനിൽ പ്രായാതം ലഭിക്കാതെ ആയുഫ് പഠനം സ്ഥിക്കിക്കുവാൽ നിർബന്ധിക്കപ്പെടുന്നവരാണ് പുതു തലയുറയിലെ ആയുഷ് ചികിത്സംതിൽ ജെയ ശതമാനവും. അവരുടെ സഹ്നമായ യാഡെൽ ചെയിസിൻ പ്രാക്വീസ് ചെയ്യാൻ അനുവാദം കിട്ടിയാൻ നിമ്മായായും അവർ മുറ്റാൻ ശ്രമായും ആയുൻക ഷൈദ്യനാസ്ത്ര ചികിന്ധാര് നൽകാനാണ് സാദ്ധ്യത. തനത്തിലും ഭാവിത്ത് തന്നെ ആയ്യർപ്പുത്തിന്റെ അവസാനത്തെ തടേയാളങ്ങളും രാത്തുപോവാനുള്ള വലിത സാദ്ധ്യേകംൾ ഇത്തരുന്നത്തിൽ മുളിക്കുതാർ വന്ദ്യ. അതുകൊണ്ടുതന്നെ ഒരാലെ ചികിഞ്ഞാ നീനിയും അവാവരുടെ തട്ടകത്തിൽ ഉപ്പെ നിന്നുകൊണ്ട് നിന്തെമോയ പഠന-ഗാവേഷണങ്ങൾ വഴി സ്വന്തം ചികിത്സാസംബഭായങ തിന്നുകൊണ്ടു നിന്നായമായ പ്രവാശനത്ത് അല്ലാതെ ക്യോ ചികിസാ ലിരികൾ കാലങ്ങളിലെ നിനായമായ പ്രവർദ്ദേശനത്തർ വഴി കാന്ദ്രേദ്ദേശ നേജ്യത്ത പിരിയാനിലിലുടെ കുറയാക്കുകയ്യെ അയാര വഴിയിട്ട നിനികൾ ന്യാവസ്വകളുടെ പാരസമ്യമുള്ള അതി ആയുർവ്വേത്തിന്റെ അന്ത്യം കുറിച്ചേക്കാനിന്മാത്രതിയേക്കും.

ആയ്യനിക വൈദ്യശാസ്ത്രം നിരന്താരായ ചോദ്യം ചെയ്യലിന്റെയും നിർയോ പൊളിപ്പെഴുത്തിന്റെയും കണിവരായ തെറ്റ് തിരുത്തലിന്റെയും ശാസ്യരോണ്. ഹാനിമാൻ് പ്രാക്യതമായ അലോപ്പതി കാലഘട്ടത്തിൽ നിന്ന് വൈദ്യശാസ്ത്രം ആധുതിക രാഷദ്യശാസ്ത്രമായി രൂപത്തരം കൊണ്ടത് ആധുതികമായ വിജ്ഞാനത്തെ മുഴുവൻ ആരവാരത്തോടെ സ്വീകരിച്ചുകൊണ്ടാണ്. നാരനാ കൈനോളജി മുതൽ lini യറിൽ വരെയുള്ള സർവവില് ഞാന ശാഖകളേയും ആധുനിക വൈടും യാര്പ്പുണർന്നു. ആചാര്യമാർ ചറഞ്ഞു എന്നതുകാരണ്ടാ പ്രാചീത ഗ്രദ്ധങ്ങളിൽ എഴുതി വേക്കാപ്പല്ല എന്നതുകൊണ്ടാ രാത്രം മണാരരാഗ ചികിത്ഥൽ രണ്ഡനം പ്രീക്സയായി ഇന്നും കരുതുന്ന, കൃഷ്ടാരാഗത്തിന് നിരാനം ജന്മശാപമരണേന് കാതുന്ന ഒരു പികിന്നാസ്മ്രാമാവുമായി ആധുനിക കാഴ്ചപ്പാടുള്ള ശാസ്ത്രീയ ചീകിനാ പലതിയെ എങ്ങിനെ കുട്ടിയിനുക്കും? ഭോഗതിടാന കാഴ്ചപ്പാടിവോ, രോഗതിർണ്ണയ മിതികളിലോ ചികിതാര സംവിധാനത്ത്വിലോ ഒരു സാഭാത്വവുതിട്ടുത്ത രണ്ടു ചികിതാര രീതികൾ കുട്ടിയിണക്കുന്നത് തികച്ചും ആമേഹതുരപരമായിർക്കും.

സങ്കര ചികിവായും ഗസ്ത്രക്രിയയും ജനതയുടെ ജീവനും ആരോഗ്യത്തിനും ഉയർത്തുന്ന ഉീഷണികൾ ഫെതുസമുഹം ഗാവമായി ഉൾക്കൊള്ളുണ്ടത് കാലത്തിന്റെ ആവശ്യമാണ്. ഈ വിപത്തിനെത്രായുള്ള പോട്യേത്തിൽ വൈദ്യ സമൂഹത്ത് നോടൊപ്പം നിന്ന് പൊടുതാൻ പൊതു സമൂഹാ നിശ്ചാമായും മുന്നോട്ടു വരേഷത്വാൻ.

സങ്കൾ അയും പ്രോത്സാഹിപ്പിക്കാതുള്ള ദേശീയ സർക്കാരിന്റെ നിക്കത്തിനെ തിരെ ഐ.എപ്പും, അതിയായി പ്രതിരഘധിക്കുന്നു. ശാസ്ത്രീയ ചികിത്സാ ധാരകളിൽ അഗാസ്ത്രയ മീരികർ നയനയിപ്പികയനും അന്നുന്നതിച്ച് പാറ്റു.ഡാരികൾ തയ്യാരാക്കാനും നിതി ആയോഗ്യം നാഷനത് മേഡിക്കൽ കമ്മിഷനും ചെയ്യുന്ന ശ്രമ്മേൾ തമ്പാനാക്കാനും അത ആയോഗ്യം സാമ്മാത് ചെയ്യോ ചേർത്ത് ആ ശാവായ 2 of 3



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ഇതുയിലെ മുഴുവൻ ആവ്യമ്പിക രോഗ്യമാനുത വരായാലും നാമരത്തിലേക് ബോട്രിയ നിന്ന് മാട്ടുന്നിനുകളെ കുറുത്ത പ്രതാക്ഷയാട്രുള്ള ആച്ചനിക വനിച്ചതിയപ്പെട്ടിൽവുക്കാന്. ചിക്കാര തരായ വേശക്ഷയാട്രുള്ള ആച്ചനിക വനിച്ചതിയപ്പെട്ടിൽവുക്കാന്. ചിക്കാര gravolna zvicia aprijala seciojarnija ulialavaciji alkivirist trif സാപ്രദാം സമീഷിച്ചില്ക്കുന്ന വിശോട്യകളിൽ നിന്ന് കൈ വിവ്യായായ സമീചനം സമീകാിച്ച ആയുർവ്യേക കാൺസിലിയും സർക്കാമിനുമാണ് ഈ അവസാധുക സമ്പൂർണ്ണ ഉതാരവാധിത്തം സ്വാര്ഷ്യാവുമ്മി ശസ്യാപ്രിയായ ഡാൺ ഒരു ഇരപ്പെട്ടേറ്റ സമ്പൂർണ്ണ ഉതാരവാധിത്തം സ്വാര്ജ്യാവുമായ ശസ്യാപ്രിയാൾ ചെച്ചുവർ അത്യാൻ നൽകുന്ന 1020 നവടവർ 20-ന് പുരപ്പെടുവിച്ച സർകാർ സസ്യാണ് ചികിടനാ ശേരൽ കടുത്ത യകാരി വിരച്ചത്

യായിരുന്നുകളാണ് കാരുക്കേ ആയ്യിന്റെ സർജനിയിൽ ഒരു എരോഗാരിയായ കാരിലെച്ചും വടുതിട്ടിയ്ക്കുന്നതിന് പ്രസ്ത്രേ നോട്ടിച്ചിക്കുംകൾ വേണ കൃത്യമായ തെളിവാണ് coloriomy-കരാ trachest introduction one orchidentamy-കരോ ഫോട്യം സമാനമായ ആയുർത്തോ സാമരാൾ ലഭ്യമയ്ല എന്ന നാൻതുടെ ആയുർ നന്ദ്രത്യയിയയുടെ നുറ്റാണു കളിലെ നിഷ്ട്രകിനാവസ്ഥനുടെ സാക്ഷ്യ പുന്നമാണ്

ുംകണോൾ കൊണ്ടുള്ള ഒരു കിനിമുനിക്കൽ മുത്തും ഗ്രസ് മൂക്ക് എന്നത് സ്വാധ-മാരംഗ്രസ് രോഗിക്ക് എന്നും കാരംബാരം സംബ്രഹ്ത്രം ൂണ്ടോ മൂന്നും നാത്മികമായി മയ്യ രോത്താൻ ഇന്തോ എന്നുക്കാക്ക ശാസ്ത്രകിലക് മുത്തെ കുലയകരായി പരിശോയിമ്മുത്തത്, അതസ്തിച്ചു അത്കുന്നത്, സമ്മരിയുടെ സമ്മത്ത് മുൽകൂട്ടി കാണാനാമേത്ത പ്രതിസന്ധികൾ പരിഫരിന്റെന്നത്. അസ്ത്രക്രിയങ് ശേഷം തോഗാത്ത്വനായ തായാൻ ആതിനായാട്ടിക്കുകൾ നൽകുന്നത്. ശന്ദ്യവപ്പിയക് നേഷന പോടുന്നതെ ഉടങ്ങാൻ എപ്പോഴും സാധ്യേത്താള്ള നടുത്താവസകൾ കൈക്കാട്ടും ചെയ്യാനൻ എല്ലാം ശസ്ത്രക്കൊ വിഡ്ഡന്റെ പുത്തതാണ് ഇതിലെക്കെ എന്ന് ൽലപാടണ് ആയുർവ്വന അത്തിക്കാൻ കൈക്കോള്ളാനാറുക! ആയുർശ്യമാതിൽ തന്തിത് പു തൽകാൻ എൽ നേ വേശാന്തുള്ളത്. സുക്ക്രാന്നുക്കളെ അഹിക്ഷ്യക്കാന്ന വാഗ-കഫ-പിൽ വർഡികൾ എൽതെ വ്യക്തി മാലോട്ടിക്കുകൾ തൽകും? അയൂർവ്വേ

Water To Some the Notice & Profession

രണെ ഉതുക്തം ചെയ്യാനുള്ള തിക്കാടത കാണാൻ കഴിതു. ഇന്ത്യൻ മെഡിക്കൻ അണ്യാസിയേക്കൻ ഇതിനെ തടതിയുടതം എതിർക്കുന്നു. താനാതരവാളിൽ ആയുൽക വൈട്യ, താസ്ത്ര ഡോക്ടർയർക്കുള്ള സ്ഥികാര്യത ഒഴുയർക്ക് സർപ്പിക്കാൻ ശ്യത്തമ ഈ ത്തെയിലുള്ള തീരത്താർ സംവാതിക്കു. എതിർച്ചിന്റെ ശർജ്ജനവുമായി എന്റെം വരം eubastico reguguego messacent.

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രായ സ്വേഹംയാൻ പോല്യാർച്ച ഉപ്പപ്പ് നുത്തി : വാരം ഇന്ത്യ മുത്യവൻ മാര്ഡ് മാക്സ്റ്റോക് അവേത്യത്തോം അത്യവേത്തത് പ്രത്തിക്കെ അന്ത്യ

2020 സ്റ്റ്സ്വേഷർ ന വേള്ളി - ഭാവിടെ ഭ മുതന് വൈകുന്നേടം ട വ മെയിക്കൻ ശേമാം (അത്യാഹിത വ്യഭാഗം – കോവിഡ് ഡ്രൂട്ടികൾ ട്രഴികെ) ആയുണ്ട്. വൈദ്യമാസ്ത്രത്തേതും ആയുർസ്റ്റോലത്തും സംഭക്ഷിക്കാൻ മറുമിച്ച്...

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പകർച്ച് - poland കെ.കെ. മൈലെ ടിച്ചർ, സഹ്യ ആരാഗ്യ വരുക്യമുന്നി ത്രി, സ്ക്രോഗ് മേത്ര ഐപ്പാഷ്ട്രൻ, ചിഫ് സുകൃൻ, കേരു pst തടൻ എൻ കോയ്രാക്ക ഐ.എ.എൻ., ആരാഗ്യ വരുപ്പ് പ്രത്സിപ്പർ സുകൃൻ മസ്സ് മിഷൻ വായാക്ടർ, എൻ.എപ്.എം കേരു manufat and sattless against a

നൗറക്ഷ് ഒച്ച് ക്ഷൻഷ് സ്വർസ്സ് லால். எமி. ஐக்ணன்

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IMA KSR/SS/HQ/032/2020-21

Thirsvananthapuram, Exted 11.12.2020

Shri Narendra Modiji Hon'bir Prime Minister of India New Delhi

Respirited Str.

Sub: Memorandum against Minopathy.

The Central Council of Indian Medicine has notified an amendment to the regulations of Aprirects Bungers incorporating the numerolative of modern modeling Fourgraphics Bungers incorporating the numerolative of modern modeling Fourgraphics degrees in Bungers and its disciplines is investigated in the past powers seeted in them. The amendment also has included for modern modeling studied procedures to be studied and performed by Assureda Vestgradune studente and procedures no se student and performed by Ayurveda Vestgradune studente and procedures it is authorities that, the settled legal position by a series of gudgments of the Howles Supreme Court of India reviews it clear that, the different legally recognized Medical Douandia, namely the indian Medical Council author 1998, now replaced by the National Medical Commission Act 2019, the Indian system of replacements by the decimal account Commission Art 2019, the Indian system of medicine covered by the Indian Medicine Countil Council Act 1970, the Humoopathic system of Sections covered by the Humoopathic Section Councils for the respective different systems of medicines, Sovered by the axid respective different systems of medicines, Sovered by the axid respective different statums. It is also hald in these judgments dust, the Councils for the respective different vectors of medicines council by permitted to override or instruit into the other either in the practice of medicine or in the medical adocation. ARTI ANYOG has similarly formed four committees in officially integrate all systems of medicine into one integrated system in medical education, medical practice, public benith and administration as well se medical research. These medical systems are irreconcilable and are existing today with their own identity and transporters. Unformulately the legitimisation of such an elementor of mixing the systems when the National Education Policy 2020.

Nate To Some the Plates of Projection

1 of 2

Miscopethy as a cheap altermative in Realth Care will come with consecutable level of human authoring and ever. Millions of lives are likely to be lost facture remedial steps could be initiated. Modern Medicine dectors and students are aggreend on the policy steps towards misopaths. Business and thusaness of decrees and attuisments were on the road seaterday to express their concerns and protests. We appeal to you to repeal the controversial secretainment by CCDM audification and to discooke the four committees of Nati Anyong The National Education Policy may be suitably enranded to that extent. We wish to draw your attention the fact Aguaveda, our own traditional system of medicine will cause to exist in its priviles mature by mixing all systems of medicine. We appeal to you to initiate appropriate steps in this regard and protect both modern medicine and Ayurvedo.

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Thunking you.

Yours sincerely.

Prediction Dr. P.T. ZACHARIAS



Dr. P. GOPIKUMAR



Called Station Main Bermany Seriagration

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- വുത്ത ചിക്ക് അക്കാര കണ്ടുപിരിക്കുന്നതിനും തിക്കിക്കുന്നതിനും പ്രത്യേക തിരമാ കൊണ്ടുവരിക.
- недов матумий пей корту объетин инстиданой онвершейй ийске тобколого инстида.
- i ആരെന്നു സ്പ്രേകമാതാരായുടെ കാക ക്യായായ ര മോട്ടോട്, സ്വ്വാസന്ധ്യാം എന്നിയിട്ടെയുടെ സ്ഥാപ്കാര്യം.
- ആരാന്യ സർവ്യപ്പാത്രൻ എന്നവാണ്യത് സ്ഥാപ്പിയും
 ആരാന്യ സർവ്യപ്പാൻൻ പ്രത്യിക്കാർ ഇതുടർ അരോഗ്യ ചെയ്തൽ നിറുത്യാന അതാരത്ത് പ്രവിക്കിരും
 ഇതുടെ അതാരത്തെന്ന് വൃദ്ധം പെന്നും ഇത് അന്യോ വകരും
 ഒരവ്യകൾ നിറുത്യാന വരുപ്പ് ആരാഗ്യ വരുപ്പ് ഇർക്കാൻന് വേയികൾ നിരുത്യാൻന് വെയിക്കൻ നർത്യിന്റെ എന്ന് നല്ലാക്ക് നിരുത്തേൻ നായാരത്തെ നായാരത്തിന് അവ്യക്ഷൻ നിരുത്തെ നിരുത്തിൽ പ്രവിക്കാര് നിരുത്തിരുത്ത് പ്രവിക്കുന്നും maconillagon
- മാത്യമണ്യ രോഗ സംകരാ പാനത്തിനാട് 'One finish' മാഴ്ചപ്പാടങ്ങു കുഴിയുള്ള പാന വരവാലന്ന കൊടങ്ങൾ സ്ഥാപ്പ്തുക.
- ംബാത്തുത്തെൽ വ്യാതം, കാരിക വിനേത്തൻക്കാൽ പോത്യ കൂർസാലതൻ, പാർകുകൾ എൻഡ സ്ഥാപിതും,
- യെയാവുകൾ തടത്തുകയും കുതുമായ ഇത്വേയ്ക്ക് അത്വേധ്യം എല്ലാ അത്ത്വേധികൾക്കും കുതുമായ ഇത്വേയ്ക്ക് അത്വേധ്യ പ്രേട്ട സൗത്തേക്ക് കായാമായ ബന്ധ്യാവുകൾ

New To Some the Waters & Project

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- സ്ക്യൻ പര്യപ്പലയികളിൽ ലഹർ ഉപയോഗതപ്പെട്ടിയും, മാന്ത്രികളാടെ നുഷ്യവക്ഷങ്ങളുംഗ്രവുള്ള പാറതാർ ഉൾപ്പെടുത
- മാത്രുകളുടെ ദൃഷ്യം അംഗാരേഡിയാട് ഇടൽ പയനിയുകളുടെ നിർബർജ്ഞാൻസാധി ഒരു എം.ഗ്ലാനം ഇടൽ പയനിയർ എറാനാകുളാതെ ഗ്രാബക്യാന്ത്യാ പയർകൾ ഗ്രാജ്ഞാനുള്ള തന്നുവർ എക്കൊട ന്ത്രക്കിലും പ്ലാഭ്യകൾ നം വഴി നൽകുക
- н, топратор и друго объект общоств томбом ос
- അവലോഗം പ്രോത്താനുക്കുന്നത്തുന്നത്ത് നാപരകൾ ക്കെട്ടെട്ടുള്ളം. അവലോഗ്യെ ഉണ്ട് എന്ന് സ്വ്വേത്ത് പരിക്കെ നാർക്കുന്ന പ്രകാര് എടുത്ത് കുടങ്ങ് വർവാത്താർക്ക് ഇർപ്പോൻസ് പരിക്കെ നാർക്കുന്ന പരണ്ട് എടുത്ത് കുടങ്ങ് വർ പ്രവേത്താര്ക്ക് ഇർപ്പോൻസ് പരിക്ക് പ്രവേത്തെ പ്രവേത്താര്ക്ക് പ്രവേത്താര്ക്ക് പ്രവേത്താര്ക്ക് വര്യായില് പ്രവേത്താര്ക്ക് പ്രവേത്താര്ക്ക് വര്യായില് പ്രവേത്താര്ക്ക് വര്യായില്ലായില് വര്യായില് പരിക്ക് പുരവാത്തുന്നു. അത്രത്ത് ഇർപ്പോ കൾ പ്രവേത്താര്ക്ക് വര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് വര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് വര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരിക്കാര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായില് പരവര്യായിക്കാര്യായില് പര്യായില് പരവര്യവര
- менений, предгадуровуй, поседующий содновой менеца. Испласы: гостовану най соция виды.
- വാറ്റും സ്വയാരണ സ്ഥാപനത്തർ വര് ചെന്നു-സര്യവു പരവൂട്ടിഞ്ഞ തോടെ കുടുംബ് ഡോപ്പർ സാവിധാനം സംതീപ്പെടുത്തുക.
- managaraban a mangging apagint gags apagarabang panasaha Mitudi masa masanan (Basic Life Papara Library) omnif magasaga.
- മം അംസ്ഥാനത്തെ രോഡ് സുരക്കാക്ക് ഉപയോഗിച്ച് സേസ്റ്റ് സ്വാമായ ഡോമരക്കാർ ച്യാർക്കാ പരാത് സ്വോത്യക പ്രവര്യം സ്വാമായ പ്രവര്യം പ്രവ
- 23. തുടെന്നുടപ്പെട്ടിൽ കാലികളുടെ എത്രത്തിൽ തടെയ്യാത്തികമായി പോപ്പർമായെ വിയയിക്കുന്നതിന്റെ ആലപ്പോകതയും കോയിഡ് തല്ലാരി ഫാലിഞ്ഞുട്ട ഇത കാല്യത്തിലും സഞ്ചർ നലേഷികൾ തടിന്നം എന്ന് ഐ.എം പരം ആവയുടുപ്പുന്നും.
- ആനുർവളം ബിരുക്കാൻഷ് കണ്ടുപൂരിയ പേരുന്നാള്ള അനുവരാദ കൊടുകുന്ന ആപർ പ്രത്യാശ്യാവരാടുടുത്തുള്ള ഉദ്യോഗില്ലിയാട്ടി

മാറുന്നു. ആധുനിക മരവദ്യശാസ്ത്ര പ്രകാരം കചയ്യുന്ന ഈ ശസ്ത്ര ക്രിയകൾ അദിയോനപരായെ ശിക്ഷണയില്ലായെ എങ്ങായാലാണ് ആയ്യർവ്വേരംമാർ ചെയ്യുന്നത്. ആധുന്നിക മെവദ്യശാസ്ത്ര വിദ്യാർത്ഥികൾ അഞ്ചു വർഷം എം.ബി.ബി.എസ്. ബില്വോയും ചുന്നു വർഷം എം.എസ്. ബില്യാവും പണ്യാത്തിനുടേക്ക് മാത്രം ഇത്തരം ശസ്ത്രക്രിയാർക്കർ ചെയ്യുമ്പോൾ ഈ ദീതിയിൽ പരിശ്യമ്പാ ലഭിക്കാത്ത ആയ്യർവ്വേക്കോർ എം.ബി.ബി.എസ്. ബിയ്യായോർഗ്രമ്പന്തെന്നുടേക്കാ മന്റ്യത്യക്രത്താലെ വിത്യാനത്തര ബിയ്യായോർക്കു ശേഷം മാത്രം ഈ ശസ്ത്രക്രിയകൾ നിർവ്വപ്പിക്കുട്ട്. ഈ ശസ്ത്രക്രവും പരിശിച്ചോയാണ്ടെ സർക്കാർ ഇപ്പോടിക്കും ഈ തിരുയിലുള്ള പരിശിച്ചായുകൾ ഇന്ത്യയിലെ അധുനിക മാവദ്യശാസ്ത്രത്തെത്തും അയ്യർവ്വോത്തെയും ശിഥിക്കാ അധുനിക മാവദ്യശാസ്ത്രത്തെത്തും ആയ്യർവ്വോത്തെയും ശിഥിക്കാ

ومدوماسي വോ. പി.ജി. സക്കറിയ ഐ.എം.എ. സംസ്ഥാന പ്രസിഡന്റ്



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ALAPPUZHA

02.10.2020 IMA Alappuzha Executive Committee meeting.

07.10.2020 Installation Ceremony of Newly Elected Officials of IMA Alappuzha Branch via Zoom Meeting. Padmashri Dr A Marthanda Pillai was the Installation Officer. IMA State President Dr. P T Zacharias felicitated the function.

09.10.2020 Inauguration of Social Activities by Dr. P T Zacharias State President at IMA Hall by distributing 100 Hand Sanitisers & N95 Mask to Volunteers of Surya Helpdesk Kuttanadu.



10.10.2020 Participated in MCM of SSS1,II, III.

11.10.2020 Participated in MCM of IMA KHS , Pension scheme, PPS.PDSS.

IMA Alappuzha bagged the 1st position in 200-500 member category for maximum membership for 2020 in IMA Kerala Health Scheme.

15.10.2020 IMA Alappuzha Branch organized Zoom CME to commemorate "Global Handwashing Day 2020".

16.10.2020 IMA WDW Alappuzha organized Zoom CME & GB to commemorate "World Food Day". Dr M E Sugathan was the Chief Guest.

20.10.2020 IMA Alappuzha Branch Zoom GB to discuss "Recommendations of Reforms Committee on IMA Schemes".

22.10.2020 Cabinet Meeting of IMA Alappuzha officials at IMA Hall Alappuzha.

25.10.2020 266th SWC in Zoom meeting attended byDr A P Mohammed, Dr Manish Nair Dr P T Zacharias, and Dr.R M Nair.

28.10.2020 Participated in PDSS Membership South Zone Zoom Campaign.

30.10.2020 Cabinet Meeting of IMAAlappuzha officials at IMA Hall Alappuzha, Launch of AWF Campaign 2020-21 and Building Committee meeting.

06.11.2020 COVID PEARLS CME SERIES – SESSION 1-Inauguration by Dr Abraham Varghese Felicilation by Dr P T Zacharias State President IMA KSB Elect & Dr P Gopikumar State Secretary.Presided by Dr A P Mohammed Branch President.

Topic: How to differentiate Mild, Moderate & Severe Covid 19 Infection & Why? Speaker: Dr T K Suma Professor Dept. of Internal Medicine TDMC Alappuzha Moderator: Dr B Padmakumar Professor Dept. of Internal Medicine TDMC Alappuzha Quiz: Dr Manish Nair Secretary IMAAlappuzha.

10.11.2020 Radio Talk by by Dr Manish Nair Secretary IMA ALAPPUZHA107.8 FM Radio Neythal @8 AM Topic: "Apheresis-New Technique of Blood Donation".

12.11.2020 MPH: South zone launch & inauguration of Alappuzha district activities 2020-21. Inauguration: Dr Abraham Varghese State President Chief Guest: Dr P T Zacharias Felicitations: Dr P Gopikumar Talk: CME Talk: "ADOLESCENT HEALTH ISSUES" Dr Lalithambika K Prof & HOD Dept of O & G TDMCH Alappuzha.

14.11.2020 Attended State Council meeting & GB's of various schemes on Zoom.

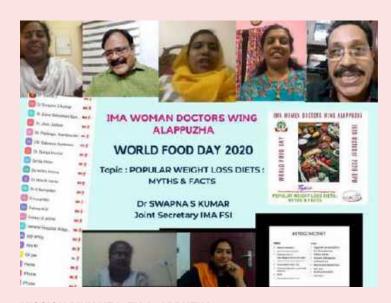
Awards received:

- 1) 1st Prize SSS 1 (200-600 Members category)
- 2) 1st Prize SSS 2 (200-600 Members Category)
- 3) 1st Prize –PPS (Category C)
- 4) 1st Prize IMA KHS (200-500 Category)

- 5) State president appreciation award to branch president & secretary.
- Award to Dr Manish Nair (Co coordinator PDSS Membership Campaign)
- **18.11.2020** Attended District Committee Zoom meeting on Collection of database of HCW for Covid Vaccine.
- 20.11.2020 COVID PEARLS CME SERIES SESSION 2-Inauguration by Dr R V Asokan Honorary Secretary General IMA India. Dr P T Zacharias State President IMA KSB was the Guest of Honour .Dr Devadas Past State President IMA KSB felicitated the occasion.Topic: "COVIDTEST—When to do? What To do? How to interpret? Speaker: Dr Anitha Madhavan Additional Professor Dept of Microbiology TDMC Alappuzha Moderator: Dr B Padmakumar Professor of Medicine. Quiz: Dr Manish Nair.
- **25.11.2020** IMAAlappuzha Executive Committee meeting.
- **29.11.2020** Participated in Reception to State President organized by District Committee.

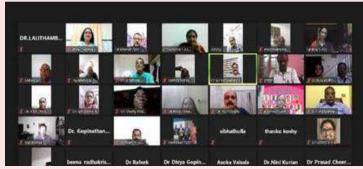
WDW ALAPPUZHA

16.10.2020 IMA WDW Alappuzha organized Zoom CME & GB to commemorate "World Food Day". Dr Poornima T A Chairperson WDW Alappuzha presided over the function. Dr M E Sugathan IPP was the chief guest. Dr Kavitha Ravi Chairperson IMA WDW delivered the key note address.



MISSION PINK HEALTH ALAPPUZHA

Meeting started at 7.30pm, with opening remarks and CME Inauguration by Dr AP Mohammed .Introduction of the speaker by Dr Swapna's Kumar.





CME topic: Adolescent Health Issues, by Dr Lalithambika K, Professor and HOD, Department of Obstetrics and Gynecology, TDMCHAlappuzha.

8.08 pm: Inaugural ceremony started with silent prayer,Flag salutation by Dr Manish Nair.Special Address by Dr Gopikumar, congratulated south zone MPH for launching the activities .Address By Dr PT Zachariah,in which sir appreciated the activities of MPH.Key Note Address byDr.Ajitha PN, Address bDr.Kavitha Ravi, Dr RajeswariAmma .Concise MPH action plan was briefed byDr BeenaKV .South Zone action plan was briefed by,DrSwapna S Kumar.Felicitations were delivered by Dr Ramalingam Dr.Madanmohan, Dr CiniPriyadharsini. Dr SherlyPhilip, briefed about the activities planned in Pathanamthitta District.Dr.Indiramma ,briefed about the activities planned in Trivandrum District under MPH.

WDW DESINGANAD

04.10.2020 Dr.Bindu Mary Francis and Dr.Namita Nazeer was installed as Chairperson and Secretary of IMA WDW Desinganad on Installation meeting held on Dr.Syam.N was the Installing Officer and the meeting was blessed with Dr.Kavitha Ravi.

07.10.2020 Participated in the Inaugural Ceremony of Mission Pink Health, Kerala Chapter via Zoom online platform.

10.10.2020 Observed World Mental Health Day and conducted CME program on Theme "Mental Health for all Greater Investment Greater Access, Everyone Everywhere"







21.10.2020 Conducted CME on Stress awareness as a part of World Mental Health Day at Pandalam Branch. Panel discussions by Namita Nazeer, Asst Surg PHC Chirakkara, Moderator was Dr.Roy Abraham

KANNUR

15.10.2020 Branch conducted the first general body meeting. The Secretary presented the annual report.Last year branch conducted ten GB Meetings, Nine Executive Committee Meeting and forty six CME'S.

22.10.2020 Conducted Webinar on "Facts & Mysteries of Covid 19" by Dr. Aswathy & Dr. Rajeev Jayadevan.

23.10.2020 Conducted a webinar on Stroke Management by Dr. Fazalellahi.

26.10.2020 Online Executive committee Meeting.

27.10.2020 A Webinar on Lifestyle Modification in prevention of cancer by Dr. K Ramdas.

09.11.2020 Conducted Monthly General Body Meeting via two webinars. PDSS by Dr. Mukundan. K. V and Amendments to SS Schemes & PPS. Dr. Sreekumar Vasudevan was the Speaker.

12.11.2020 Conducted Webinar on Jaundice in clinical Pratice. Dr. Prathapan V. K was the Speaker.

19.11.2020 Conducted webinar on Battle with the Beast. Experience from Glim care Hospital. The Speakers are Dr. Rakesh. T. P and Dr. Mujeeb Rahman.

26.11.2020 Conducted webinar on Minimally Invasive Cardiac Surgery by Dr. P. N. Krishnakumar.

KASARAGOD

01.10.2020 World elders day as part of International day of older persons distribution of fruits to Old age Home inmates at Paravanadkam Kasaragod was done by IMA Kasaragod in Association with Rotary club Kasaragod Dr B Narayana Naik , President IMA Kasaragod , Rtn PHF Dr Janardhana Naik President Rotary club Kasaragod and District Action Committee convener of IMA, Rtn Ashokan Kuniyeri were present on the occasion.



On the occasion of world elders day, IMA Kasaragod and KGMOA conducted online meet. Dr B Narayana Naik, IMA President, Kasaragod Presided the meeting. Dr Samual Koshy, North zone Vice President IMA inaugurated the meeting. Dr Roy R Chandran, Associate Prof, PMR Medical college Calicut, Health scheme Secretary, Kerala IMA was the chief guest. Dr Arun Ram, Junior consultant, Physical medicine and rehabilitation GH Kasaragod took class on "Fall"

prevention strategies in elderly". Dr Suresh Babu ,District Committee Chairman ,IMA Kasaragod, Dr Mohammed ,President KGMOA ,Dr Janardana Naik, President Rotary club Kasaragod, Rtn. Radhakrishnan, Rotary club Kasaragod, representative of pensioners, Sri AC Madhavan, District Secretary Pensioners Association, took part in the meeting .



07.10.2020. Conducted Executive committee meeting, Dr B Narayana Naik President welcomed the online gathering. He presented the presidential action plan for the new IMA year.

Regarding dues of the branch , it was decided to prepare a list of members who did not pay and to keep the single membership dues to Rs 2000 and couple membership dues to Rs 3500. Regarding including new members it was decided to encourage new members by preparing posters and approach doctors. Executive committee decided to form new building committee. Dr Suresh Babu ,Dr Venkatagiri, Dr Suraj , Dr Janardhan Naik , Dr Naufal , Dr Jamal

Ahmed. Dr Bharathan AV were decided to be included.

WIMA installation is to be held in the next GB meeting. Dr Narayana Naik also discussed about physical fitness, yoga, terrace gardening health and hygiene in schools, leadership programme and mental health programme.

10.10.2020

18.10.2020

World Mental health Day observed by IMA Kasaragod in Association with General hospital Kasaragod, District Mental health and Rotary club Kasaragod on 10th October 2020 At General hospital Kasaragod Presided by Rtn.Dr B Narayana naik President IMA Kasaragod Senior consultant Paediatrician GH Kasaragod, In his presidential and welcome speech he highlighted the importance of Mental health day observation in the background of covid pandemic Inauguration was by Rtn PHF Dr Janardana naik Consultant Physician & President of Rotary Club Kasaragod.



15.10.2020 Global Handwashing day Awareness class to General public at General hospital Kasargod premises was conducted by IMA Kasaragod in Association with IAP Kasaragod, Rotary club Kasaragod, General hospital Kasaragod and JPHN Training school Kasaragod Dr Rajaram KK Supt General hospital Kasaragod Inaugurated the programme Dr B Narayana Naik President Presided over the meeting and welcomed the gathering Dr Janardhana Naik.

16.10.2020 World Anaesthesia Day was observed in Dept of Anaesthesia at GH, Kasaragod. Dy. Spdt. Dr. Geetha Gurudas & IMA President Dr. Narayana Naik were guests.

Emergency executive meeting was, to discuss issue of false social media messages regarding senior doctor Dr Sarveshwar Bhat. As the doctor had closed his clinic for few days because of illness, messages about his demise was circulated by miscreants. It was decided to support our member and file a police complaint about the same with superintendent of police, Kasaragod, and to give a press release. The

culprit had come out and admitted his crime and was made to publicly apologize in local newspaper by the police. The issue of threatening phone call to Dr Shamaraj was also discussed . It was decided to give a information report to superintendent of police , Kasaragod.

07.11.20

21.10.2020 Condolence Online meeting, to condole the untimely demise of Dr Satish Sarvotham Shanbogue on 20/10/2020. Dr B Narayana Naik welcomed the online gathering.

22.10.2020 Conducted Emergency executive committee meeting, the issue of false messages about the death of Dr K K Yatheeshan instead of Dr Satish Shanbogue was discussed. The complaint regarding the same was already given to the superintendent of police. The culprit has already come out and admitted the issue and was ready for compromise.

24.10.2020 World Polio day was observed at GH Kasaragod Rtn.Dr B Narayana Naik President Presented the Topic .Rotary President Rtn PHF Dr Janardhana Naik presided over the function, Dr Venkatagiri President Elect ISA National Inaugurated the programme.



27.10.2020 Nutritional assessment of children-conducted nutritional assessment of Childern of Govt Observation home Paravanadkam Kasaragod . Dr B Narayana Naik Senior Consultant Paediatrics General Hospital kasaragod President IMA Kasaragod conducted the Assessment.

30.10.2020 CME and GB meet was held through zoom. President Dr B Narayana Naik welcomed the gathering. Aminute of silence was observed for the departed souls of Dr Satish Shanbogue, Dr Krishna moorthy Amai, and Mr Hussainkutty Haji, father of Dr Nabissa. Secretary Dr Rakesh read the minutes of previous meeting. GB meet was held. Dr Janardhan Naik introduced the speaker Dr Rekha Rai. Dr Rekha Rai spoke on HOSPITAL INFECTION CONTROL.

Cancer awareness class conducted Kasaragod in Association with Rotary club, IAP and GH conducted Cancer Awareness class to General Hospital Staff members. Programme Inaugurated by Dr Rajaram Supt GH Kasaragod, presided by Dr B Narayana Naik Senior Consultant Paediatrics & President IMA Kasaragod, Chief guest and Moderator of Class Rtn PHF Dr Janardhana Naik, Key note Address By Dr Krishna Naik Consultant Physician, Felicitation by Dr Preema KB JC Paediatrics, Smt Kamalakshy Head nurse GH Kasaragod, Smt Shelgi Staff nurse Nursing Tutor JPHN school Kasaragod. Vote of Thanks by Dr Shereena PA Jc Paediatrics Class on cancer awareness and Palliative care by Dr Shameema Tanvir MO PHC Chengala in charge of Pain and Palliative unit GH Kasaragod



14.11.2020 Diabetes Day Rally on World Diabetes Day. jointly organized by the Indian Medical Association, Kasaragod Rotary Club, Indian Academy of Pediatrics and WIMA Kasaragod.

Rotary Club President Dr. CH Janardhana Nayak presided over the function. IMA President Dr. B Narayana Naik delivered the keynote address.IMA Kasargod Secretary Dr Rakesh, Rotary district Governor TP Yusuf, k. Dr. Dinkar Rai, WIMA President; Rekha Rai, M Roopasree, WIMA Secretary Dr. Nabeesa, Dr. S Jyothi, Dr. Qasim, Dr. Noufal participated.



14.11.2020 CHILDRENS DAY CELEBRATION was celebrated by IMA kasaragod in association with SPC kasaragod and government observation home. It was inaugurated by District collector Dr Sajith Babu. There was cake cutting, fruits distribution by IMA Kasaragod and dress and book distribution by SPC.

(Nov 15th to Nov 21St) New Born week Celebration. As Part of New Born week Celebration IAP Kasaragod In Association with IMA Kasaragod and GH Kasaragod Conducted new born care Awareness class to Postnatal mothers and care takers. Programme Inaugurated by Dr Venkatagiri, Presided by Dr B Narayana Naik, Chief Guest Rtn. PHF Dr Janardana Naik ,Kasaragod, Felicitation by Dr Krishna Naik and Dr Vasanthi. 21.11.2020. Medical Check up of Children. Of Children's Home Paravanadukkam. Dr B Narayana Naik Senior Consultant Paediatrics GH Kasaragod President IMA Kasaragod & Vice President Elect IAP Kerala State branch Examined Children and Gave Counselling to children.

21.11.2020 .IMA PDSS District meet conducted, Dr B Narayana Naik President welcomed the gathering and gave the presidential speech .Dr Devadas, PDSS chairman, IMA KSB was the chief guest .Dr Rajesh, Secretary of PDSS IMA KSB talked about benefits of PDSS . Dr Janardhan Naik , District Representative of PDSS Kasaragod moderated the session .



23.11.2020 Dr B Narayana Naik , President IMA Kasaragod Participated in Annapoorna project of Rotary club kasaragod to give free meals to in patients of GH Kasaragod.

24.11.2020 & 26.11.2020

IMA member Dr Varuni conducted class on adolescent mental health In kendriva vidyalaya for classes 9th-12th.

28.11.2020 Kasargod District declared as Child Hearing Friendly District in collaboration with the Indian Academy of Pediatrics, Kasaragod & Kanhangad. Kasargod by the Hon'ble District Collector of Dr. D. Sajith Babu. DMO Dr. A.V. Ramdas, IAP State Vice President (Elect) & IMA President Dr.B. Narayana Naik, IAP Kasargod President Dr. Jitendra Rai,Kasargod IAP Secretary Dr. Gopalakrishnan, District Coordinator Dr. V. Sureshan, IAP Kanhangad President Dr. Sugathan VR, IAP Kanhangad Secretary Dr. Ashwin K T were present.

29.11.20 IMA building committee meet.. It was decided that Dr Suresh Babu wil be the Building committee chairman, Dr Janardhan Naik as convener and Dr Bharathan wil be the treasurer. It was decided to find a suitable land for a new ima building and to receive contribution s from members.

30.11.20 CME General body meet and WIMA installation was through zoom. President Dr B Narayana Naik welcomed the gathering and spoke on mixopathy issue and our plan to build IMA building. Secretary Dr Rakesh read the most minutes of previous meeting and activity report.GB meet was held. WIMA installation ceremony was held. Dr Rekha Rai was installed as the president of WIMA, Dr Nabissa as secretary and Dr Shilpa Kamath as treasurer. Dr Rekha Rai gave the presidential speech.

30.11.2020 World AIDS DAY WALK . IMA Kasaragod Participated in Worlds AIDS Day walk and Red Ribbon candle lighting Along with ART center Kasarod.



KODUNGALLUR

29.10.2020 Conducted General Body Meeting. President presented the decision taken in schemes and SWC Meeting. 2CME's are conducted,topic – "Oldage and Covid -19" by Dr.Shelly, 2: Topic –" Covid-19 and Mental health problem" AttendWebniar on SSSI,II,III,PPS,HS and SWC.

KAYAMKULAM

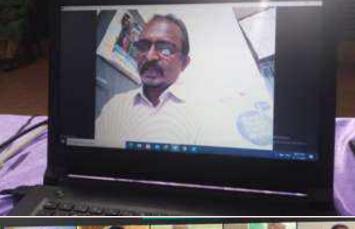
25.11.2020 The General Body meeting of IMA Kayamkulam branch passed a resolution strongly condemning the CCIM's decision to grant permission to Ayurveda postgraduates for performing complex surgical procedures. The General Body further committed to accord all support to the State and National IMA in the protest against this most retrograde decision.

06.12.2020 The executive committee chalked out plans to effectively hold a 'dharna' in front of the Govt Thaluk Hospital on 8/12/02020.

08.12.2020 Branch organised a protest meet in front of Thaluk hospital, Kayamkulam. About 30 doctors attended the meeting. The Dharna was inaugurated by branch president Dr Purushothaman Pillai. Several doctors spoke on the occasion. Posters were displayed against the implementation of mixopathy. Pamphlets were distributed to the general public to enlighten them about the dangers of untrained people doing complex surgical procedures. The event was well covered in the local television channels.

KOZHIKODE

01.10.2020 Observation of World Elder's Day. MEET OUR MASTERS ONLINE: An interactive session with senior members of IMA Kozhikode. Message of the day Dr. Samuel Koshy, National Convenor, IMA Care of Elderly.







03.10.2020 Installation of new office bearers. Installing officer: Dr Abraham Varghese, President, IMA KSB. Guest of Honour: Dr. A. Marthanda Pillai, Past National President, IMA.



03.10.2020 Releasing 4th issue of news letter - last year team



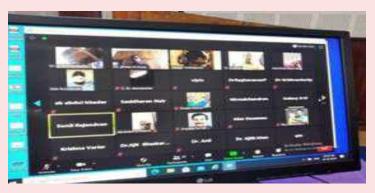


10.10.2020 State level Observation of World Mental Health Day @
 10 am in association with IMA KSB Committee for Mental Health, Thanal and Chethana (Centre for Neuro Psychiatric Rehabilitation)

Dr. P.N. Suresh Kumar, Asst. Director IMA CGP welcomed the gathering and Dr. S.V. Rakhesh, President IMA Kozhikode presided over the function. Dr. M.K. Muneer MLA was inaugurated the Webinar and IMA CGP activities for the year 2020 - 21. "Medhakshayam - Smruthi Nasham" written by CGP Asst. Director Dr. P.N. Suresh Kumar and published by Kerala Bhasha Institute and released by Dr. M.K. Jayaraj, Hon. Vice Chancellor, Calicut University and received the book by Dr. V.G. Pradeep Kumar, Past President IMA KSB. Dr. Ajit Bhaskar, North Zone Joint Secretary, , Dr. A.K. Abdul Khader, Chairman, IMA Kerala Health Scheme, Dr. Raju Balaram C, Secretary, IMA Kozhikode, Mr. N. Jayajkrishnan, Asst. Director, Kerala Bhasha Institute, Mr. P. Rajagopalan, Director Thanal are addressed the gathering. Dr. Tom Varghese, Consultant Psychiatrist, Vimukthi De-Addiction Centre, General Hospital Kozhikode gave talk on "Covid 19 and Mental Health". Dr. Mithun Sasi, Secretary, IMA CGP proposed vote of thanks.







10.10.2020 Emergency executive meeting reg. CIMAWARS

11.10.2020 Observation of World Sight Day by WDW Arranged CME programme on Digital Device & Your Eyes by Dr. Jyothi Anup Diabetic Retinopathy by Dr. Sunil Visual Rehabilitation for Blind by Dr. Sisira Sivan.



12.10.2020 CIMAWARS Direct Board Meet at 6 p-m

12.10.2019 Observation of World Pain & Palliative Day Training session for empanelled doctors by Dr. Anil Kumar Paleri, Palliative care specialist, Palliative care consortium.



12.10.2020 Observation of World Arthritis day and first CME of new CGP team at 8 pm

World Arthritis Day message by Dr. Ramesh Bhasi, HOD Rheumatology, Aster MIMS.

Investigation of Arthritis by Dr. Anoof P.P., Consultant Rheumatologist, Dr. Anoof's Rheuma Care Clinical approach to Arthritis by Dr. Sukesh E, Consultant Rheumatologist, Igraa Hospital.



13.10.2020

Observation of International Day for Disaster Reduction Topic: Hospital preparedness for managing disasters Speaker: Dr. P.P. Venugopalan, Chief, Emergency Department, Aster MIMS.



14.10.2020 IMAKSB North Zone CME in association with IMA AMS Kozhikode

IMA KSB north zone with AMS Kozhikode had conducted a zoom meeting (webinar) on 14th October 2020 Wednesday at 7 pm. The meeting was attended by 144 plus members. The meeting was well moderated by Dr. Ajith Bhaskar (North zone joint Secretary). The topic was "critical care in covid ICU's"- An IMA initiative...helping hands to peripheral hospitals-need of the hour.. a virtual reality presented by Dr. Mahesh Balakrishna, (Intensivist, Aster MIMS) Programme started with silent prayer followed by flag salutation. Then welcome address was delivered by Dr. Samuel Koshy, who presided over the function and Presidential address by Dr. Abraham Varghese (State president IMA KSB). The chief guest of the programme was Dr. R.V Ashokan (National Secretary General). The guest of honour Dr. A Marthanda Pillai (Past National President), Dr. Gopikumar P, Dr. Sukumaran K .felicitation by Dr. V.G. Pradeep Kumar, Dr. S.V. Rakhesh President IMA Kozhikode. Dr. E.K. Suresh Kumar, Chairperson AMS kozhikode. The meeting discussed about the need of teleconsultation...as more chance for spill over of cases from tertiary care to peripheral hospitals where there is no specialis...so teleconsultation help the peripheral doctors help from specialist and guide them to care the patients in this pandemic

season....particularly ascertaining that this is for this specific situation of pandemic not non covid season .At the end of the meeting vote of thanks was delivered by Dr. Siju Kumar (Secretary, AMS Kozhikode). Meeting session was officially closed with decision to make a core group of specialists Doctors for teleconsultation..so peripheral doctors can be guided well to monitor the category C patients in peripheral hospitals itself in case of spill over from tertiary care centre...as per predictions ..particularly mentioning this as teleconsultation not direct care to patients...by helping hands to Doctors at periphery...by Dr Ajith Bhaskar.





16.10.2020

Observation of International Girl Chid Day in association with WDW.

18.10.2020

CIMAWARS General Body Meet.



20.10.2020

MBS managing committee meeting.

21.10.2020

IMA AMS CME Programme Topic: 1: "Life after Covid Speaker: Dr. Sajith Narayanan, HOD &

Senior Consultant Nephrologist, Aster MIMS Topic 2: Awake prone positioning: A new way to sleep – Covid timesSpeaker: Dr. Neeraj Manikath, Asst. Prof. of Medicine, MCH, Kozhikode.



23.10.2020

Condolence Meeting – Dr. M.V.I. Mammi.

24.10.2020

Observation of World Polio Day – Polio Eradication face book live programme at 8 pm in association with IMA AMS .Talk on Polio Eradication by Dr. K. Mohandas Nair, Prof. of Paediatrics, IMCH, Kozhikode.



25.10.2020

Attended SWC meeting @ 9 am

25.10.2020

Observation of Down Syndrome Day. Public Awareness Programme in association with DoST through zoom and face book live @ 8 pm.

26.10.2020

CIMAWARS Adhoc Committee Meet.

29.10.2020

Observation of World Psoriasis Day –Public awareness programme through face book live Dr. Mamatha George, Prof. of Dermatology, Malabar Medical College gave public awareness talk through face book.





29.10.2020 29.10.2020 Condolence Meeting - Dr. V.P. Ambujakshan @ 7 pm

Observation of World Stroke day—First General Body meeting of new team @ 8 pm.World Stroke day Message gave Dr. V.G. Pradeep Kumar, Secretary, Indian Stroke Association and Sr. Consultant Neurologist, BMH .Topic: Acute Stroke Management – current scenario .Speaker: Dr. P.N. Sylaja, Prof. of Neurology & Head Stroke Unit, SCTIMS, TrivandrumSession chaired by Dr. K.A. Salam, Senior Consultant Neurologist, Meitra



Hospital.



30.10.2020

Observation of Menopause Awareness Month in association with Calicut Menopause Society .Topic: Menopausal problems – When and how to approach? Speaker: Dr. V.K. Chellamma, Sr. Consultant O & G, KMCT Med. College Topic: Don't let your bones age faster than you Speaker: Dr. Aneen N. Kutty, Prof. of Orthopaedics, Med. College, Kozhikode Topic: Women, Health and Heart Speaker: Dr. Shafeeq Mattummal, Sr. Consultant Cardiologist, MIMS Kozhikode.

01.11.2020

AKSHARA KERALAM – Kerala Piravi Dhinagosham Organized by IMA Cultural Wing.



2.11.2020

Donated 4 fully automatic washing machine to Govt. Leprosy Hospital, Kozhikode by Patient Care Scheme, IMA KSB.Patient care Schemes, a charity wing of Indian Medical association donated 4 fully automatic washing to the inmates of Leprosy hospital (Govt. Hospital of Dermatology)today as they find it difficult to wash their clothes on the own due to various disabilities. The documents were handed over to the Superintendent Dr. Sarala Nair by the State President Dr. Abraham Varghese. The guest of honour was State Secretary Dr. P Gopikumar. The welcome address was done by Patient Care Scheme state Coordinator Dr. Sribiju M.K. Felicitations by Dr.VG Pradeep Kumar Past President of IMA Kerala state, Dr Raju Balram, Secretary, IMA Kozhikode, Store Superintendent Mr. Selimon, KGMOA Calicut Secretary Dr. Vipin Varkey, Nursing Supdt in charge Mrs. Sudha. Vote of Thanks by lay Secretary Mr. Justin Anthony.





6.11.2020 Executive Committee Meet.

9.11.2020 WDW Executive Committee Meet.



10.11.2020 IMAAMS CME – World Immunization Day.

13.11.2020 Observation of World Diabetes Day.

14.11.2020 & 15.11.2020

State Conference.

16.11.2020 WDW – Observation of World Immunization Day.

17.11.2020 CGP – Observation of National Epilepsy Day.



18.11.2020

Condolence Meeting – Dr. P.K. Appukuttan, Former Prof. & HOD of Plastic Surgery, MCH.

18.11.2020

AMS – Observation of COPD Day in association with Calicut Chest Club & APCCM.



19.11.2020

Observed World Day for the Prevention of Child Abuse in association with IMA Kerala State Committee for Mental Health, IMA CGP Kozhikode, Thanal Suicide Prevention Center, Bachpan Bachao Andolan and Chethana Centre for Neuro Psychiatry through zoom at 6 pm. Dr. A.K. Abdul Khader, Secretary Thanal Foundation Trust & Chairman IMA Kerala Health Scheme welcomed the gathering. Dr. S.V. Rakhesh, President IMA Kozhikode presided over the function. Sri. T.P. Ramakrishnan, Hon'ble Minister for Excise and Labour, Govt. of Kerala inaugurated the programme. Ms. Sampurna Behura, Director Bachpan Bachao Andolan gave the oration on Child Abuse in India - Present Scenario. Dr. Raju Balram C, Secretary, IMA Kozhikode, Dr. M. G. Vijayakumar, Member Thanal Foundation Trust and Mr. Rajagopalan Puthussery, Director, Thanal Suicide Prevention Centre are felicitated. Followed by public awareness programme on "Overview about Child abuse: by Dr. P.N. Suresh Kumar, Convenor IMA Kerala State Committee for Mental Health & Asst. Director of IMA CGP Kozhikode and "Treatment and Prevention" by Dr. Varsha Vidhyadharan, Asst. Prof. of Psychiatry, Govt. Med. College, Kozhikode. Dr. Mithun Sasi, Secretary.



20.11.2020 Launching of Mission Pink Health, North Zone.





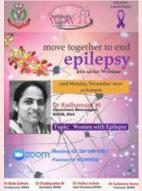




30.11.2020

Condolence Meeting – Dr. Bosco John, Former Prof. & HOD of Paediatric Surgery, MCH.

MAMBS donated new Laser Printer.





WDW KOZHIKODE

01.11.20

WDW members participated in cultural programs conducted by IMA Kkd Branch on behalf of KERALA PIRAVI celebrations.

06.11.20 & 08.11.20

Combined Executive meeting was conducted. Presented last month report.

09.11.2020

Executive Meeting Zoom Meeting. Discussed about last month programs. Report of October month submitted and approved. Discussed about programs to be conducted in November. Started by a welcome address by Chairperson.

14.11.2020 All WDW members celebrated Diwali.

16.11.2020

Observation of World Immunization Day through Zoom. Academic sessions by Dr Roshni and Dr Sudha on topics "Immunization: Recent Updates", "Roots and Wings" respectively. Sessions started with flag salutation and presidential address by Dr Rakesh and address by Joint Secretary Dr Sankar Mahadevan. Dr BalaGuhan welcomed the gatherings and ended by vote of thanks by the Secretary Dr Prathyusha M.

Branch observed Epilepsy Day Academic session by Dr Radhamani(Consultant Neurologist, KDCA/0 on the topic "Women & Epilepsy". Session started by presidential address by Dr Rakesh, flag salutation by Dr Prathyusha M. Session concluded by Dr Vidhu with vote of thanks.

24.11.2020 WDW Kkd members attended IMA Mixopathy online sessions.

26.11.2020 Combined IMA General Body meeting was conducted. Discussed the upcoming programs

for the month of December 2020.

27.11.2020 Participated in Charity program conducted by 34th batch MBBS CMC.

28.11.2020

WDW members participated in online dance program. Rangoli by Calicut IMA cultural wing.

29.11.2020

Observed Childrens Day conducted various programs like Virtual drawing competition and virtual kids talent show. There were three categories 4-8, 8-12, 13-18. Had about 15 participants. Kids talent show – 16 participants. Welcome address by Dr BalaGuhan. Along this the WDW KKD General Body Meeting also conducted.

WDW KOCHI

13.11.2020 Virtual meet was held on 13th Nov Friday on the occasion of World Diabetes Day. A Short talk by Dr Mumtaz Khalid on diet.Healthy recipes shared by Dr Swapna.WDW Annual report by Secretary Dr Avani Pillai.



09.11.2020 Webinar on PCO and infertility by Dietician Dr Mumtaz Khalid.

04.12.2020 WDW State General body meeting attended by Kochi members.Kochi branch recieved award for 3rd best branch.Dr Sheeja award for social media presence





Webinar by Senior WDW member Dr Annie joy
Social message for Covid 19 awareness by doctors of Kochi branch
Virtual Deepavali celebrations of WDW Kochi
Dr Swapna receiving appreciation award as a covid warrior



Post covid syndrome information video by Dr Sheeja . Dr Manju giving out a message of positivity in social media. Organic farming by members of WDW Kochi. Novel reciepes in the U tube channel by Dr Swapna . Art work by Mrs Veena.

KODUNGALLUR

29.10.2020 Conducted General Body Meeting. President presented the decision taken in schemes and SWC Meeting. 2CME's are conducted,topic – "Oldage and Covid -19" by Dr.Shelly, 2: Topic –" Covid-19 and Mental health problem"AttendWebniar on SSSI, II, III, PPS. HS and SWC.

10.11.2020 Branch conducted Executive Meeting via Zoom.

25.11.2020 Conducted General Body Meeting. CME renal involvement and Diabetics by Dr.Jayaroy Puthenmadathil, Nephrologist.

28.11.2020 Members Attended SWC Via Webinar.

WDW KOLLAM

01.11.2020 WDW observed Keralapiravi. We made virtual celebration by making a video of the members dressed in traditional wear. Traditional songs sung by members made it more lively. We joined for the Keralapiravi collage Competition led by State WDW And very happy to share the third prize for the collage with Alapuzha team.

08.11.2020 Attended a live session with Ms.Sangita Reddy on the topic 'what is real women Empowerment'.Ms.Reddy has stressed on the need to be empowered, financially, academically and in matter of voicing opinions. A wonderful initiative by IMA WDW.

12.11.2020 Executive Meeting was held ,Dr.K.V.Devadas, Chairman presented about Professional Disability Support Scheme.

14.11.2020 Observed Children's Day and Deepawali. Children of IMA & WDW members showcased their talents by singing, dancing and solo acts. Festival of lights observed by family members at their home was a visual treat.

15.11.2020 Joined for IMA Kerala State Branch Virtual State Conference. It was a prestigious moment for us to see Dr.Alfred.V.Samuel being installed as South Zone State Vice President.

24.11.2020 Attended the zoom meeting of IMA WDW with IMA HQ, on the topic- Discussion on issues of Mixopathy and Recent CCIM Amendment Notification on Ayush Surgery. Action plan /strategy to combat the fight was discussed.



Fight for Mixopathy, IMA WDW

27.11.2020 IMA GB was conducted. Dr.Srikumar Vasudevan, member reforms Committee, Past President IMA KSB, Chairman IMA PPS talked about the amendments of schemes. Very informative discussion on the topic.



KUNNAMKULAM

- **05.11.2020** Installation of the nominated members of the executive committee of WDW by IMA president Dr Saju.
- **10.11.2020** World Immunization Day observed at Dr Geetha Devi's Clinic, Pamphlets describing the immunization schedule given to mothers of infants.
- **14.11.2020** Children's Day Observed at Dr. Geetha Devi's Clinic, gummy tots containing vitamins and minerals given to the children to boost immunity.



Children's Day observed at Dr Jasmi Joy's Clinic where chocolates were distributed to children.

14.11.2020 World Diabetes Day – observed at Dr Geetha Devi's Clinic, Pamphlets were distributed to the patients for the awareness of Diabetes and anti diabetic medicines given to poor patients.



- 17.11.2020 Epilepsy Day observed at Dr Jasmi Joy's Clinic, Pamphlets for the awareness of epilepsy given to the patients.
- **25.11.2020** Doctors meet held. A talk on Upper Respiratory tract infection given by Dr Jasmi Joy.

WDW MADHYAKERALA

- **08.11.2020** Many members joined webinar on 'Women empowerment' by Dr. Sangeetha Reddy which was organized by national WDW.
- **10.11.2020** Members attended the executive meeting of IMA Madhyakerala on zoom.
- **10.11.2020** Dr. Rajeswari felicitated the Mission pink health launching ceremony of Kottayam district and Malappuram district.
- **12.11.2020** Dr. Rajeswari attended the south zone mission pink health launch organized by Alapuzha



- 20.11.2020 Dr. Rajeswari felicitated the north zone mission pink health organized by IMA Kozhikode.
- 24.11.2020 Many members joined the national WDW meeting
- 28.11.2020 Dr.Rajeswari attended the SWC meet

06.11.2020 Dr. Elizebath Jacob conducted a webinar 'Ease the pause- on menopause.

10.11.2020 Dr. Rajeswari attended the webinar on communicable diseases organized by DMOH.

13.11.2020 Dr. Rajeswari attended the GPcon organised by IMA CGP.

25.11.2020 Dr. Bini Faisal conducted a meeting on Sialendoscopy.

26-.11.2020 Many members joined the webinar on 'Nutritional management of a patient with covid 19' organized by IMA, Madhyakerala.. Dr. Rajeswari and Dr. Beena Ajithkumar moderated the session.

OBSERVATION OF NATIONAL DAYS-WORLD DIABETIC DAY- Dr. Aswanikumari took classes for nurses at Koinonia hospital. She organised a rally for diabetic awareness at Koinonia hospital.



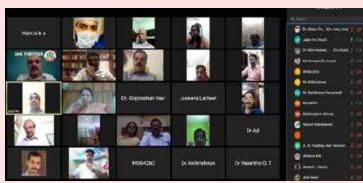


MALAPPURAM HEAD QUARTERS

09.10.2020 IMA Malappuram in association with Palliative Care Committee IMA KSB and IMA District Committee Malappuram, conducted PALLIATIVE CARE DAY Webinar. Theme of the day was "MY CARE, MY COMFORT" .Meeting was inaugurated by Dr. Abraham Varghese, State President, IMA KSB.



Dr.K.A.Pareed, Dr.Nilar Mohammed, Dr. Samuel Koshi, Dr.V.U.Seethi, Dr.Hyderali. C.M, Dr. Ashoka Valsala spoke in the meeting.Talk was given by Dr. Lulu Mathews about "PALLIATIVE CARE INCOVID 19 SCENARIO" and Dr. Suresh Kumar about "END OF LIFE ISSUES IN PALLIATIVE PATIENTS".Meeting was moderated by Dr.Ajitha.P.N.

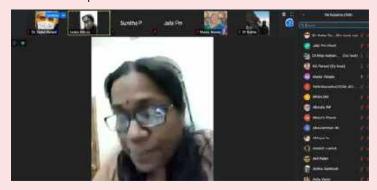


12.10.2020 Dr.K.A.Pareed, Senior leader from our branch and Chairman, Palliative Care – chief guest for IMA WDW Thrissur and addressed the gathering.

16.10.2020 Executive committee meeting .Dr.Narayanan.P attended the management committee SS1, SS2, and SS3, as the vice chairman of Social Security I.

18.10.2020 Dr.K.A.Pareed attended the state level management committee meeting of PP Scheme asthe District Representative.

19.10.2020 Dr. Ashoka Valsala, addressed and took class for new batch of internshipstudents in Optometry about I Safe protocol.



- **20.10.2020** General Body cum CME was organized to celebrate world Anaesthesia Day. Dr.VijishVenuogopal, gave a lecture on "Role ofAnaesthesiologist outside Operation Theatre".
- 20.10.2020 Dr.DaberPareed, took class for House surgeonsand staffs of KMCT Medical College Hospital, Mukkam about COVID Protocol and role ofoxygen therapy in the COVID management.
- 23.10.2020 Conducted Health Scheme Awareness Meeting .Dr. Samuel Koshi, Dr. Ajith Bhaskar ,Dr. Abdulkadher , Dr. Roy R Chandhran , Dr. S. Sidharthan , Dr. Venkata Giri , Dr.K.A.Pareed , Dr.P.Narayanan , Dr. Asoka Valsala & Dr. Daber Pareed addressed the gathering.
- **1.11.2020** Branch President Dr. Asoka Valsala and Dr. Daber Pareed circulated posters among members to wish our branch KERALA PIRAVI DINAM.
- 02.11.2020 Dr. Asoka Valsala , Dr. Daber Pareed and Dr. K.A. Pareed (MPH) attended District committee meeting of Mission Pink Health.
- **05.11.2020** Executive committee meeting was held at IMA Hall, Malappuram 8.30 pm



- 08.11.2020 Observed World Radiology day, by circulating the poster in all social media platforms.
- 08.11.2020 Meeting for the launch of MISSION PINK HEALTH of Malappuram District. Meeting was Inaugratedby Dr.

Abraham Varghese (State President, IMA KSB). Chief Guest – Dr.Zacharia.P.T (State President Elect, IMA KSB) and Dr. Anupama. R (National Joint Secretary, MPH). Senior leaders from our branch Dr.K.A. Pareed and Dr. Narayanan.P was given special address in the meeting.



- 09.11.2020 Dr. Asoka Valsala visited St; Gemmas Higher secondary school and discussed with Principal of the institution for selecting the student leader for Mission Pink Health. Classes for the students through virtual platform was also discussed with the principal. Principal gave whole hearted support to the mission pink health.
- 09.11.2020 Dr. Asoka Valsala discussed with scout and guides of Malappuram district. To start awareness class for the adolescent issues in the scout and guides.
- **09.11.2020** A letter was drafted to all the schools of Malappuram District, to arrange platforms for taking class for the adolescent in their school.
- 10.11.2020 World Immunisation day was observed by taking classes to public in CWC Hospital by Dr. Akhil Krishnan.
- **14.11.2020** Dr. Asoka Valsala and Dr. Narayanan.P attended the state council meeting of SSI, SSII and SS III.
- **15.11.2020** All the leaders of IMA Malappuram HQ .Dr. Asoka Valsala , Dr. Daber Pareed , Dr. Shajil , Dr. K.A. Pareed , Dr. Narayanan. P , Dr. Hamid Ibrahim attended the state council meeting.



17.11.2020 Observed Diabetes awareness month. Conducted General body and CME on Diabetes. Talk was given by Dr. Vishnu Vasudevan MD, DM (Consultant Endocrinologist & Diabetologist) on Diabetes

Management – Changes over 15 years and Dr. SarathSivan.N.V DNB (Consultant Vitreoretrina Services & Phaco surgeon) on Diabetic retinopathy. 55 Members attended the meeting.

- 18.11.2020 IMA Malappuram (HQ) Branch prepared posters for LUNG CANCER AWARENESS MONTH and distributed among the branch members and social media platforms.
- 22.11.2020 MPH conducted awareness class for Adolescent Children in Scouts and Guides of Malappuram District. Class was taken by Dr. Asoka Valsala about DEFECTIVE VISION & DIGITAL EYE STRAIN.Meeting was conducted through Google meet. 100 students attended the session.
- **28.11.2020** Dr. Hamid Ibrahim attended 2nd Global meeting of NOISE & HEALTH organized by IMA NISS, KSB.
- 29.11.2020 Branch conducted awareness class for Adolescent Children in scouts and Guides of Malappuram District.
 Class was taken by Dr. Asoka Valsala about DEFECTIVE VISION & DIGITAL EYE STRAIN.

WDW MALAPPURAM HQ

28.10.2020 Branch Level inauguration of Mission Pink Health was inaugurated by our State President Dr. Abraham Varghese. Guest of honor was Dr. Kavitha Ravi with felicitations by Dr.Ajitha, Dr. Rajeshwari Amma and Dr.Beena K V. It was followed by two excellent talks on "Empowering Teenagers" by Dr. Swapna S Kumar, and on "Mind Matters" by Mrs. Hadiya.

Kerala Piravi (Kerala Saree) collage Challenge:Many of our WDW members participated in the Kerala saree challenge on Kerala piravi day as a part of a National Collage drive.

29.10.2020 World Stroke Day as a part of World Stroke Day awareness and IMA programme, WDW members helped in distributing posters and displaying it in clinics.

MISSION PINK HEALTH

28.10.2020 Launched MPHin Malappuram HQ by Virtual meeting Meeting was inaugurated by Dr. Abraham Varghese, Guest of Honor was Dr. Kavitha Ravi, Programme was felicitated by Dr. AjithaP.N., Dr. Rajeswari Amma, Dr. Beena.K.V. Dr. Swapna. S. Kumar talked about "EMPOWERING TEENAGERS" and Mrs. Hadiya about "KNOW YOURSELF, YOUR MIND MATTERS". Session was moderated by Dr. Seema Narayanan, Vote of Thanks was delivered by Dr. Parvathy.R, Dr. Asoka Valsala and Dr. Abraham Varghese.



MUVATTUPUZHA

- O1.10.2020 Conducted Installation Ceremony, installation of new president Dr CR Kamath. Dr PT Zacharia, the state president, installed Dr CR Kamath in presence of IMA state president Dr Abraham Varghese and Dr Gopikumar, some of other state leaders and senior members and others attended the function.
- 08.10.2020 Attendedfirst executive meeting. President Dr Kamath explained his main objectives. First one to purchase land for IMA golden jubilee building, second coffee table book ,the history of IMA for the last 50 years,then clean city "MalinyaMukthaNagaram"
- **15.10.2020** Attended General Body Meeting.
- **17.10.2020** Attended State IMA organised scheme committee meeting on SSS1,II&III.

- **18.10.2020** Attended the meeting on Health Scheme & PPS.
- **22.10.2020** Attended a combined meeting for Emergency Life Support in Covid patients. Some national leaders and state leaders attended the meeting.
- 28.10.2020 Attended the PDSS SZMeeting .The State Officials Dr.Devadas and Dr Rajesh and others explained and convinced the members the advantages and benefits of the scheme.
- **29.10.2020** CGP was a grand success it is first time in the history of CGP ,we got a doctor from other state to give a lecture.
- **07.11.2020** Attended the zoom webinar meeting of MCH Muvattupuzha ,which was inaugurated by Health minister, Sreemati Shylaja tacher.
- 12.11.2020 IMA AMS meeting ,Dr Benoy Sebastian gastroenterologist from medical trust hospital Ernakulam was the speaker , topic was proton pump inhibitors uses and misuses , 23 members attended the meeting.
- 14 & 15.11.2020 Attended the webinar of Kerala State Ima Conference and installation ceremony of New state president Dr Alex itticheriya was chosen as best district representative of PPS scheme and Dr Vinod s nair got an appreciation award .it is unfair if not mentioning the name our former member and secretary Dr Pavan,who was awarded as the best secretary of the state.
- 17.11.2020 CGP Meeting ,Mrs beena Mathew gave wonderful talk about Healthy diet and Dr Manju Rajagopal gave a detailed description of mission pink health.
- 19.11.2020 We have CME on newer Antiepileptics by Dr Pratheem KOTTAM ,neurologist Vettukattil hospital , Muvattupuzha. it was a good CME,as was requested he delivered the CME in a simple, understandable way.
- **24.11.2020** We had an Emergency zoom meeting,on the present issue of training the AYUSH PG students on surgical procedures.
- 26.11.2020 A condolence resolution on behalf of Dr. Kuriakose sir was expressed by our president, Dr Jacob Varghese sir shared his memories of Dr Kuriakose. We had awarness session on health scheme ,Dr Roy Mathew, Dr Roy Chandran, and Dr Sidharthan were there our senior members express their opinions.
- 28.11.2020 Gave two reciepts book to Dr Thomas Kuruvila for MBS purposes IMA has booked as voting center (booth) as that of previous year.

NEDUMBASSERY

27.11.2020

Installation Ceremony. IMA Nedumbassery branch of Kerala State Chapter conducted the Installation Ceremony Program successfully inducting the 7th Executive Committee. This is the first officiation event held in a hybrid format with the motto 'Better Safe than Sorry' in view of the current ongoing Pandemic situation.

The newly inducted committee is composed of a young dynamic group led by **Dr. Nigel Kuriakose (President)** and **Dr. Mustafa (Secretary)**. As always the group will be mentored by **previous executive leaders** who have years of experience to share.

The new inductees were sworn in by IMA-KSB Immediate Past President Dr. Abraham Varghese at the inaugural meeting of this Oman-based Pravasi Branch. IMA- KSB President Dr. P T Zachariah and IMA- KSB Secretary Dr. P Gopinathan delivered their respective keynote addresses for everyone to ponder upon.

Chairman SSS-II Dr. Joseph Benaven gave us an overview with regards to the overall structure and some salient points pertaining to the Social Security Schemes under the Kerala Chapter. State leaders Dr. Sreejith Kumar, Dr. Sulphi Noohu and Chief Patron Dr. C Thomas enlightened all members with their Pearls of Wisdom.





A silent prayer was held for the **departed souls** from our brethren of **Corona Warriors** both in **Oman and Kerala**. The meeting was concluded with a special emphasis on the importance of every IMA family member **looking out for each other** in the near future during these trying times and tribulations.

NEDUMANGAD

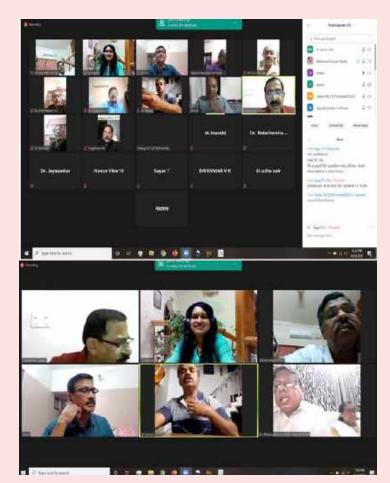
01.10.2020

Commemoration of International Day of Older Persons.IMA Nedumangad has observed International Day of Older persons with three various programs related to care of older persons during COVID-19 pandemic.IMA Nedumangad in association with Geethanjali club Kotoor has observed International Day of Older Persons by conducting an awareness class on "COVID 19 Prevention" to create awareness among older people on 01.10.2020 at Kotoor. Class was taken by Dr.Hema Francis.



O2.10.2020 Conducted free medical camp on International Day of Older persons at Kotoor. Along with it we conducted a Diabetes and Hypertention detection camp for the participants to screen Life Style Disorders. Due to COVID restrictions 35 patients were examined by Dr.HemaFrancis,Secretary. Free medicines were supplied.

11.10.2020 Conducted a virtual CME program for doctors on "Old Age- Dealing it happily in COVID Era. Meeting was inaugurated by Dr.M E Suguthan,IPP,IMA KSB. Dr. H.Mohamad Subair presided. Dr.Ramalingam, SZ Joint Secretary, Dr.Sreevilasam, Dr. Mohan Roy, Dr. Dinesh. Dr.V.V.C and Dr.M.Asharaf gave felicitations.



07.10.2020 Mission Pink Health Kerala Chapter was inaugurated by Dr.R V Asokan, Hony Secretary, National IMA. Dr. Hema Francis and Dr. Sunitha had joined the meeting. Dr. Selmath has been nominated as the MPH coordinator of IMA Nedumangad branch.

08.10.2020 IMA PPS Scheme meeting on the topic know more about IMA Professional Protection Scheme was arranged at IMA Trivandrum.

11.10.2020 A tribute to Dr.V C VelayudhanPilai Memorial Oration "BIG CRISIS BIGGER SOLUTIONS" by Dr.Sreejith N Kumar was arranged at IMA Trivandrum . Leaders of IMA Nedumangad had joined the meeting.

11.10.2020 Commemorated World Mental Health Day. Conducted a CME on "Role of Counselling in Mental Health-What a GP needs to know".

Dr.MohamadSubairpresided.Meeting was inaugurated by Dr.Alfred V Samuel, Vice President Elect, IMA KSB.Class was taken by Dr.AnilPraphakar, Prof & HOD, Dept of Psychiatry, GMC, TVPM. Dr.Ramalingam, Joint Secretary,IMA KSB, Dr.Mohanroy IPP and all Psychiatrists of our branch Dr.Prabha,Dr.Sagar.T, Dr.Balachandran and Dr.Veena G thilak gave felicitations.

17.10.2020 Leaders Dr.H.M,Subair, Dr.Mohan Roy, Dr.Dinesh, Dr.V.Vijayachandran,Dr.HemaFrancis,Dr.Selmath and Dr.Sunitha.N attended the Managing Committee meeting of the Schemes conducted through virtual platform.

20.10.2020 Conducted first Executive meeting for 2020-21. Discussed about income generation from IMA House and RIFA repayment request. 11 members had joined.

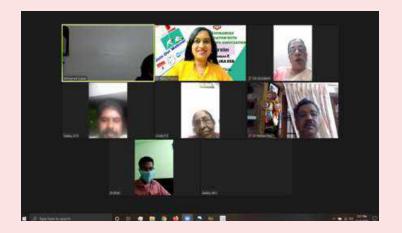
24.10.2020 Conducted first Monthly General Body Meeting of IMA Nedumangad branch for 2020-21 through zoom. Conducted CME on the topic "FOOD FADS-TRENDS AND FACTS". Dr. Swapna S Kumar was the speaker.

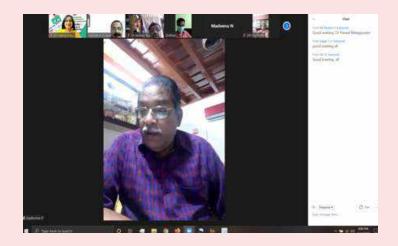
25.10.2020 Leaders Dr.H.M.Subair, Dr.MohanRoy, Dr.Dinesh, Dr.V.Vijayachandran, Dr.HemaFrancis, Dr.Selmath and Dr.Sunitha.N attended the 266th SWC and Managing committee meeting of schemes and projects of IMA KSB held on a Virtual platform as a zoom webinar.

27.10.2020 Observation of World Food Day conducted a CME on "FOOD AND NUTRITION SECURITY AT MICRO LEVEL" in association with Iqbal HSS .Dr.Mohammad Subairpresided. Meeting was inaugurated by Dr. P.T.Zacharia, President Elect, IMA KSB.Class was taken by Dr.C.P.Gayathry, Asst Prof Food and Nutrition, N.S.S.C ollege for women, Neeramankara, TVPM. Keynote address by Smt.Raseena, Principal, Iqbal H.S.S. Dr.H.Mohamad Subair, President welcomed and Dr.Mohan Roy, IPP proposed vote of thanks.

29.10.2020 Leaders of IMA Nedumangad branch attended the Professional Disability support scheme meeting.

4.11.2020 Observation of World Stroke Day IMA Nedumangad has observed World Stroke Day in association with KP Lane Residence Association on a virtual platform as a Zoom Webinar. Meeting was presided by Dr.H.M.Subair. Inaugurated by Dr.Gopikumar, Secretary, IMA KSB. Conducted CME on Exercises -Stroke Prevention and Rehabilitation, Dr. George Zacharia, MD, Addl Prof, Physical Medicine and Rehabilitation, Govt Medical College, Thiruvananthapuram was the speaker. Conducted a talk on Exercises from younger ages for wellness. Dr.K.L.Raseena, MPE, PhD, Prof and HOD, Dept of Physical Education, Iqbal HSS Peringammala was the speaker. Dr.Mohan Roy, IPP welcomed the participants.





5.11.2020 Leaders of IMA Nedumangad attended the Installation ceremony of IMA Trivandrum branch.

7.11.2020 "JYOTHIS" – A Project of Community Awareness programme of IMA Nedumangad in association with KP Lane Residence Association conducted a cancer awareness class and breast cancer screening camp at Aramkallu, Karakulam. Meeting was presided by Dr.Mohan Roy,IPP. Inaugurated by Smt.Veena Rajeev, ward member,Karakulam Grama Panchayath. Cancer Awareness class was taken by Dr.Mohan Roy,IPP. Dr.Hema Francis,Secretary welcomed the participants and Mr.Premjith, Secretary KPLRA proposed vote of thanks.



7.11.2020 Leaders of IMA Nedumangad attended the installation ceremony of IMA Kovalam branch.

8.11.2020 Leaders of IMA Nedumangad and MPH attended the District level Inauguration of MPH, Malappuram.

10.11.2020 Observed World Immunisation Day in association with Cresent Central School, Peringammala and WDW Nedumangad. In connection with it a meeting was arranged through google cloud platform to impart awareness World Awareness

Day and to stress the 'Importance of Timely Vaccination against the Vaccine Preventable Diseases and COVID Prevention Protocols". Dr.H.M.Subair presided the meeting. Smt.Bushra, Vice Principal welcomed the participants. Shri. Sasidharan Pillai, Principal inaugurated the meeting. Shri. V.G.Roy, PTA President gave felicitations. Dr. Hema Francis, Secretary, IMA proposed Vote of Thanks. Meeting was followed by an awareness program on World Immunization Day and a power point presentation on Immunisation against vaccine preventable diseases by Dr.H.M. Subair and COVID-19 and its prevention protocols by Dr. Hema Francis and Dr. Sunitha.

Students, Parents, Teaching and nonteaching staff attended the program feedback received from participants show that it was highly useful, well accepted and sincerely appreciated.

- **12.11.2020** Leaders of IMA Nedumangad and MPH attended the Alapuzha District Level A ctivities Inauguration of MPH.
- **14.11.2020** All leaders of IMA Nedumangad attended the State Council Meeting of IMA KSB through Zoom Video Conferencing.



- **15.11.2020** Leaders and Members of IMA Nedumangad attended 63rd State Annual Conference of IMA KSB.
- IMA Nedumangad observed the World Diabetes Day. In its connection an awareness program was conducted on this year's World Diabetic Day Theme "The Nurses and Diabetes" at District Hospital Nedumangad. Dr.H.M.Subair, President, IMA Nedumangad presided over the meeting.Dr.Shilpa Babu Thomas, Suptd District Hospital,Nedumangad inaugurated the function.Dr,Mohan Roy,IPP IMA ans Dr.Mohammad Asharaf,SWC member IMA and Smt.Nirmala,Nursing Supdt of DH gave felicitations. Dr.Selmath,Treasurer,IMA welcomed the participants and Dr.Hema Francis,Secretary IMA propsed vote of thanks.Meting was followed by an awareness class on the theme "The Nurses and Diabetes."

18.11.2020 Conducted 2nd executive meeting of 2020-21. Discussed about participation of members in State Annual Conference, Inauguration of AMS Chapter Activities for2020-21, inaugurate CGP in December, Income generation from IMA Hall, Repayment of temporary loan and new MBS. 18 members participated.

21.11.2020 Conducted second monthly General Body Meeting and inauguration of AMS Chapter Activities of IMA Nedumangad through zoom video conferencing. Meeting was presided by Dr.H.M.Subair.IMA AMS Chapter Activities of Nedumangad was inaugurated by Dr.Sukumaran, Chairman AMS Kerala Chapter and he was introduced by Dr.Abraham V G, Chairman AMS Nedumangad. Dr.Muhammad Asharaf welcomed the participants.CME was conducted on Management of COVID and post COVID Scenario by Dr,Sunil Prashobh, Addl Prof, Department of Medicine Govt Medical College, Kollam. The speaker was introduced by Dr.Hema Francis, Secretary. Dr.Jayakumar proposed vote of thanks to all participants.

23.11.2020 IMA Nedumangad and MPH in association with Crescent Public school, Palode conducted an awareness class on Mentrual Cycle and Hygiene Management. The class was taken by MPH Coordinator, Dr. Selmath. The meeting was presided by Dr. H. M. Subair, President.

24.11.2020 Leaders of IMA Nedumangad attended "Fight for Mixopathy, IMA WDW"

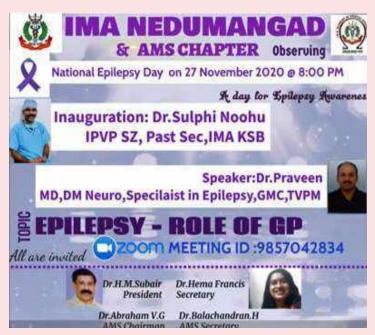
WDW NEDUMANGAD

- **25.11.2020** Leaders of IMA Nedumangad attended the meeting of IMA Trivandrum on mixopathy
- **25.11.2020** IMA Nedumangad Conducted an emergency Executive meeting to discuss about "Mixopathy".

OBSERVATION OF NATIONAL EPILEPSY DAY.IMA Nedumangad AMS Chapter conducted its second CME on the topic "EPILEPSY and General Practice" in connection with National Epilepsy Day.The main aim was to make the practioners aware about the National Epilepsy day and its importance in alleviating stigma against Epilepsy in the community.It also aimed at imparting awareness that it is treatable condition and if properly managed many of them are completely curable and about the availability of latest method of treatment.

Meeting was presided by Dr.H.M.Subair.Session was inaugurated by Dr.Sulphi Noohu,IPVP SZ,PAST SS IMA KSB.CME was conducted by Dr.PraveenMD,DM FRCP,Addln Professor of Neurology, GMCH, TVPM. Dr.Abraham V.G Chairman,AMS Chapter welcomed the gathering.Dr.H.M.Subair introduced Chieg Guest Dr.Sulphi Noohu

and Dr,Hema Francis introduced Dr.Praveen esteemed speaker to the participants.Dr.PAMAsharaf,SWC member gave vote of thanks.



28.11.2020 Leaders of IMA Nedumangad attended Emergency SWC meeting through virtual platform.

NEMOM

03.11.2020 Inauguration of Kulanada Branch .The 109th branch under IMA KSB was inaugurated by the State President Dr.Abraham Varghese on 3rd November 2020.On invitation , our office bearers atteded the inaugural ceremony.



04.11.2020 Monthly Cabinet meeting was held on 4th November and discussed the plan of action for the month.



Installation of Thriuvananthapuram Branch Office bearers: As a courtesy and showing our solidarity with the neighbouring branches in the district, the Nemom officials attended the installation ceremony of IMA Thiruvananthapuram branch. President Dr.Gopinathan Nair and Founder President Dr.Mohanan Nair felicitated on the occasion. Secretary Dr.Indira Amma also attended.

07.11.2020 Installation of Kovalam branch President, Founder President and Secretary attended the installation meeting and felicitated the incoming office bearers of Kovalam branch.

11.11.2020 Executive Committee meeting . Routine monthly Executive Committee meeting was held on 11th November. Appraised the activities till date and discussed the plan for the month.

12.11.2020 Inauguration of MPH activities of South Zone: attended the inaugurtion of activities under Mission Pink Health in the South Zone organized by the Alapuzha branch. Dr.Indira Amma, the branch Secretary and the District Coordinator for Thiruvananthapuram felicitated . Dr.Gopinathan Nair and Dr.Mohanan Nair also attended the meeting.

13.11.2020 Sesnisitization session for adolescents (Under MPH) at the Cotton Hill Government Girls High School: Included under the report of WDW.

14 & 15th.11.2020 Annual State Conference, Council and installation of State President and team. The Council members and office bearers attended and actively participated in the discussions. The branch bagged several awards.

Best Branch in the State (Below 100 members category)

Best Supporting AMS Chapter-AMS Nemom Chapter

Best Research Publication Award in CGP to Dr.Mohanan Nair President's Appreciation Award to SWC member Nemom Branch-Dr.Mohanan Nair

14.11.2020 Observance of World Diabetes Day: Organized three programmes in connection with the World Diabetes Day. 1. A Sensitization session was organized at the Sree Chithra Tirunal Engineering College, Pappanamcode. Dr.Arun Shankar, Executive Committee Member conducted a session on "Diabetes in Youth". 2. Sensitiztion sessions were organized for nurses in hospitals by Dr.Chandini Devi and Dr.Beena Rani on this year's theme "Diabetes Care- Nurses Make the difference" 3. JPEF Empowering Nurses CME in association with AMS Chapter-organised by the AMS chapter in association with the JPEF. Dr.Gopinathan Nair inaugurated.

17.11.20 Inauguration of AMS chapter activities and CME in connection with the National Epilepsy Day (Organized by the AMS Chapter and included in the AMS Report)

22.11.2020 Handing over of report of the Qualitative Study – Covid Realities: attended the taking over function of the State President and team at the IMA KSB HQ. Dr.Suresh, Joint Secretary, handed over the report of a Qualitative study conducted by four Public Health Experts in the branch including him and Dr.A.S.Pradeep Kumar, Dr.V.Mohanan Nair and Dr.N.Sreedhar. This was the first official document to be handed over to the State President after his taking over. It is expected that the recommendations contained in the report would be passed on to the authorities for necessary action.



23.11.2020 Nerku nere Webinar- Elections and Covid- On 23rd November an organization viz. Amaateurart Science organised a fcebooklive webinar in connection with the Local Self Government elections and its implications in the Covid scenario. Dr.Mohanan Nair was a panelist in the webinar which was well a claimed.

24.11.2020 "100 years to Insulin" JPEF -AMS joint seminar on Insulin (Organised by the AMS and reported along with it).



28.11.2020 Emergency State Working Committee Meeting: the Emergency State Working Committee Meeting was convened to discuss the issues related to the Mixopathy/Crosspathy.

28.11.2020 " IMA Arikil" conducted house visits of bedridden patients in Kalliyoor under the project .

29.11.2020 General Body meeting and CME organised by the AMS Chapter. A CME on "Adolescent Immunizationswhat's new" was organised by the AMS Chapter.

30.11.2020 CME on "Fixed Dose Combinations of SGLT2 inhibitors/DPP4 inhibitors". Dr.Mohanan Nair, Chairman AMS chapter was a panellist.

WDW NEMOM

11.11.2020 Executive Committee Meeting was conducted and chalked out plans for the coming month.



13.11.2020 Sensitization session to adolescent girls in Cotton Hill Government Higher Secondary School, Vazhuthacaud, TVM Sensitization session to adolescent tgirls on "Menstrual hygiene and menstrual irregularities" was conducted by Dr.Chandini Devi, the Chairperson of WDW Nemom and Former Chief Consultant in Gynaecology in Kerala Health Services.

14.11.2020 Observance of World Diabetes Day ,organized some programmes of its own in addition to the general programmes. This year, since the theme highlighted the role of nurses in Diabetes care, we conducted two sessions in hospitals. The first one was organised in Dr.Farooq's Children and Women's Hospital, Manacaud in which Dr.Chandini Devi conducted sensitization session to the nurses. The second programme was organized in the Government Fort Hospital TVM in which Dr.Beena Rani conducted a session to the nurses.

NORTH PARAVUR

2.10.2020

Members conducted the GB, Installation ceremony and CME .The chief guests for the Day was Dr. P.T Zachriah&Dr.Gopikumar .After the silent prayer and flag salutation, by Dr.Ann Mary. Dr.Sandeep Nair welcomed the gathering.This was followed by an Obituary note by Dr. Madhu.M.N in connection with the sudden demise of Dr.Anoop Krishna .The Inauguration of the installation ceremony & the key note addres was by our chief guest, Dr. P.T. Zachriah. Felicitations were rendered by Dr. Abraham Varghese,Dr.Gopikumar.This was followed by CME

on the topic "Care of elderly - delirium management" by Dr. Sunil K.S.

07.10.2020 Dr.Suneethi, Dr. Ann Mary, along with WDW Chairperson Dr.Chandrika Devi attended the inaugural ceremony of MPH Kerala conducted by Kerala team of IMA.

09.10.2020 Live webinar by Dr. Vinaya k Hiremath on topic "Should DPP4i be part of every diabetes patients prescriptio.

16.10.2020 The members of North Paravur Branch Donated PPE items worth 20,000to municipal chairman for Covid care at the Covid First line treatment centre.

17.10.2020 Dr.Madhu attended the state meeting of coalition of professional medical associations for TB free today AkshayKeralam.

18.10.2020 Dr. Venkiteshwaran held a webinar on Sexual abuse.

19.10.2020 Dr. Sreevilasan attended the MSME & small – medium hospitals workshop.19.10.20.Dr. Roy MathewManjooran was awarded one among the best district representatives of Health schemes for enrolling maximum number of Doctors in the year 2019-20.

22.10.2020 Conducted a webinar on Covid 19 and GIT by Dr.Sijil,K.S.,Dr.Sandeep Nair&Dr. Prasad Krishnan.

24.10.2020 First executive meeting for the NorthParavur branch for the IMA year 20-21 discussed on MPH and suggestions for reforms in schemes.

25.10.2020 Attended the 266th state working Committee meeting as zoom session.29.10.2020 Conducted a webinar on World stroke day on Topic"Acute ischemic stroke-a 4 year rural experience ." by Dr.Sarath,MD,DM, detailed the signs and symptoms of stroke and the need for early intervention to prevent residual damage . the PDSS Scheme Mid zone zoom meeting.

31.10.2020 Dr.Suneethi, represented our branch in the webinar by the literacy association of Government Boys HSS.

North Paravur on the Topic "the world after Covid" In this panel discussion.

PALA

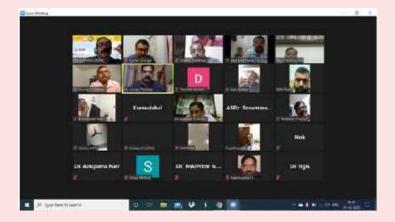
01.10.2020 Branch observed blood donation day, a camp was organized in association with Marian Medical Centre, Pala blood bank.

01.10.2020 Branch observed World Elders Day .Virtual Meeting&CME was conducted via ZOOM.Message was given by Dr. V J Varkey, Elders Club President.CME was conducted on the topic Geriatric Mental Health by IMA Pala member, Dr. Bobby Thomas

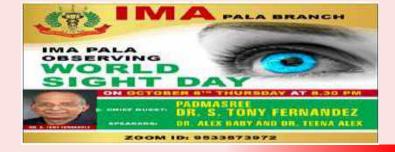




03.10.2020 41st Annual general body & Installation of the new office bearers of IMA Pala.

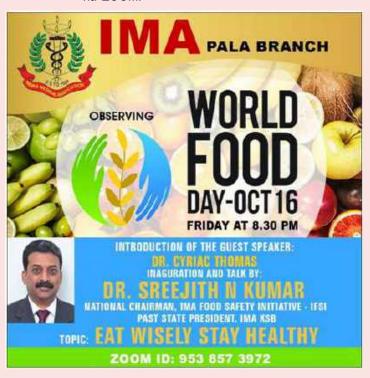


08.10.2020 IMA Pala observed World Sight Day and conducted a CME via zoom . Padmasree Dr. S Tony Fernandes was the chief guest .Introduction of the chief guest was done by Dr. Alex Baby.



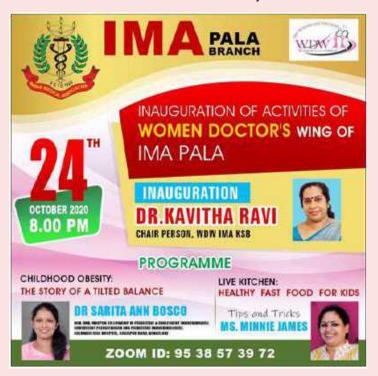
10.10.2020 World Mental Health day .Dr. Roy Abraham Kallivayalil gave the message.Dr. Cijo Alex gave a talk.

16.10.2020 Branch observed world food day .Dr. Sreejith N Kumar gave a talk on the topic EAT WISELY STAY HEALTHY via ZOOM.



WDW PALA

24.10.2020 WDW activities were inaugurated inZoomMeeting.Dr. Kavitha Ravi inaugurated the meeting.CME Was conducted on the topic CHILD HOOD OBESITY – A TILTED BALANCE by Dr. Saritha Ann Bosco Live kitchen session was conducted by Mrs. Minnie James.



29.10.2020 Members conducted monthly GB meeting & observed world stroke day via ZOOM. Dr. C Kesavadas & Dr. James Jose were the speakers.

PERINTHALMANNA

01.10.2020

Observation Of World Elders Day Program Online Webinar. We actively participated in a webinar organized by ima district committee malappuram& care of old persons IMA KSB 'Covid 19 and impact in older populations' on the occasion of world elders day. Dr. Kochu Narayani was honoured for her selfless service by IMA Perinthalmanna and WDW .Dr. Kochu S mani , Dr. Kochunarayani at her home on the occasion of Elders day by presenting a Ponnada and Dr. Kochu S Mani also honoured Dr. Mohammed, Senior member of fraternity and Director, EMS hospital, Perinthalmanna in connection with World Elders day.



Observation Of World Voluntary Blood Donors Day .

They conducted a voluntary blood donation camp in the blood bank . Members conducted online All Kerala Quiz Competition to promote knowledge and awareness about voluntary blood donation. Dr V U Seethi handed over the prizes in the Blood Bank. Another activity on the occasion of voluntary Blood Donation Day was on awareness about blood donation for students of Cherpulassery College of Science and Technology. Speakers were Dr Kochu S Mani and Dr Sujith S Nair .



04.10.2020 Community Psychiatry Camp at Maranchery Pain and Palliative Clinic attended by Dr. Mohammed Musthafa.

08.10.2020 On the occasion of World Sight day, digital eye strain was addressed by Dr. Bindu, IMA member in an online talk.

9.10.2020 Members participated in a Palliative Care webinar held in connection with World Pain and palliative day organised By IMA District Committee, Malappuram and Palliative care committee, IMA KSB. Our members got a better understanding of palliative care in Covid 19 scenario.



10.10.2020 IMA district Pain and Palliative care society Conducted an online webinar About the importance of palliative care to scout and guides of Edathanattukara Government Higher Secondary School.

10.10.2020 Members actively participated in a talk held in connection with Mental Health day.

10.10.2020 Installation of the office bearers of IMA Perinthalmanna held as a virtual meeting. Prominent State and National leaders of IMA, like Dr Abraham Varghese the state president of IMA, Dr PT Zachariah, Dr P Gopi Kumar, Dr VU Seethi, Dr AV Jayakrishnan, Dr Samuel Koshy, Dr K.A Seethi, Dr.Ghanadas, Dr Nilar Mohamed, and other senior leaders attended this function.



11.10.2020 Organised Community Psychiatry Camp at Mankada Pain and Palliative Clinic. 10.20. Observation of International day of the Girl Child and the Domestic violence awareness month, organised under the combined auspices of IMA, WDW Kerala and Perinthalmanna. Dr. Pavithra. Speakers were Dr. Arya Gopi and Mrs Valsala, trainer in self defence, Kerala Police. The theme of this year's International Year of the Girl Child is "My voice, our equal future ",Dr.Kochu S Mani, Dr Aswathi and IMA secretaty, Dr.Jayakrishnan attended the meeting.

18.10.2020 The Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic Kootnadu. 11.10.20. Organised Community Psychiatry Camp at Mankada Pain and Palliative Clinic.

17.10.2020 Observation of International day of the Girl Child and the Domestic violence awareness month, organised under the combined auspices of IMA, WDW Kerala and Perinthalmanna. Dr. Pavithra. Speakers were Dr.

Arya Gopi and Mrs Valsala, trainer in self defence, Kerala Police. The theme of this year's International Year of the Girl Child is "My voice, our equal future ",Dr.Kochu S Mani , Dr Aswathi and IMA secretaty, Dr.Jayakrishnan attended the meeting.

18.10.2020 The Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic Kootnadu.

20.10.2020 Members observed world osteoporosis day by attending a FM STATION program by Dr Anish Ahamed.

20.10.2020 Distribution Of Sanitizers To Tribal Hostel . Members observed world osteoporosis day by attending a FM STATION program by Dr Anish Ahamed.

20.10.2020 Distribution Of Sanitizers To Tribal Hostel.



21.10.2020 Organised a training session by IMA Muvattupuzha& ISA Malanad City Branch 'Emergency Life support at the times of COVID' 1 hr training session for Doctors.

22.10.2020 World Food Day-Members conducted a zoom meeting on Nutrition. A lecture on "Nutrition in Health and illness" was given by Mrs. Ligi Mathew, Senior dietician, Moulana hospital, Perinthalmanna. It was informative and interactive and well attended by our members and public.

25.10.2020 Community Psychiatry Camp At Elamkulam.

27.10.2020 Members participates at the North Zone PDSS Membership Drive meeting.

27.10.2020 On the occasion of World Stroke day, Members attended the online webinar on modern treatment methods of stroke was organised by Moulana hospital Perinthalmanna.

27.10.2020 Conducted an Emergency Executive Meeting for discussing issue at one of our hospitals.

31.10.2020 Conducted a monthly GB on zoom platform.

31.10.2020 Conducted Breast Cancer Awar

Conducted Breast Cancer Awareness Program a series of one to one awareness events , in the form of distribution of pamphlets on breast cancer designed by WDW Perinthalmanna directly to women attending OP . DR. Hema Sasidharan , North Zone convenor, WDW inaugurated the programme. Dr. Pavithra BN, WDW President , Dr. Rema Krishnakumar, Dr. Smitha and other WDW members from all over Perinthalmanna actively participated by distributing brochures to their women patients to generate awareness.

The awareness brochure indicating details of breast cancer including symptoms and signs of this dreaded disease, designed and circulated on Social Media by WDW was well received and circulated to over 1000 people on social media.



01.11.2020 In connection with the Kerala Piravi day, a collage of members in traditional Kerala attire was prepared by WDW Perinthalmanna and sent to the state WDW chairperson as part of a state activity. This found a place in the collage video created by the state and received certificate of appreciation from the state WDW chairperson.

10.11.2020 World Immunisation Day .Dr. Bindu Prasan, Pediatrician, conducted many awareness programmes directed towards public, nurses and post graduate students at MES Medical College. An Immunisation class was conducted for nurses . A public awareness class was conducted by Dr. Bindu for mothers Dr. Bindu also gave a you tube talk on immunisation for the public. Observance of World immunisation day and short awareness lecture was also conducted by WDW at Moulana Hospital, Perinthalmanna as well as other hospitals in Perinthalmanna.



12.11.2020 We conducted a webinar on "Medical Oxygen" on 12th Nov, on google meet.

14.11.2020 World Diabetes Day. Write up by Dr. Soumya Sathyan, Physician and WDW Perinthalmanna member in connection with World Diabetes day in Mathrubhumi Health. It was a very informative write up on the role of nursing care in Diabetes, in concordance with the theme of this year's Diabetes day. Free diabetes detection camp held by WDW,IMA and Moulana hospital in connection with World Diabetic day on 14. 11. 2020 and 15. 11. 2020 at the newly built by-pass walk way at Perinthalmanna .WDW active participation in world diabetes day celebrations of type 1 Diabetic welfare society on 14. 11. 2020 .The above mentioned program was conducted by type I diabetic welfare society for diabetes awareness and elucidated the early detection of DM and use of insulin pump therapy. WDW members and senior leaders actively participated.

15.11.2020 The monthly Free Community Psychiatry Camp organised by IMA Perinthalmanna at Mankada Pain and Palliative Clinic. Dr. Ajith Premnath the Consultant Psychiatrist of MES Medical College examined the patients in the camp and distributed free medicines for the patients.

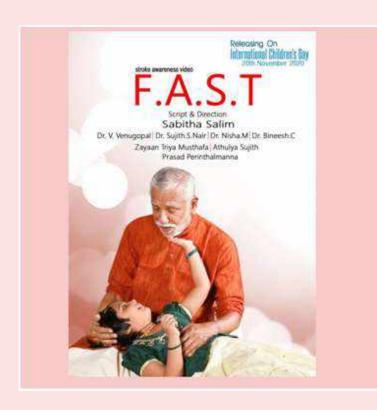
Perinthalmanna – distributon of saplings – 'shishu dina vriksha thai vitharanam' by senior WDW Wember and IMA Perinthalmanna President, Dr. Kochu S Mani with the active participation of Balakrishnan master and Girija teacher, committed nature activists. It was a great gesture of solidarity with children and nature and was a well attended function.



17.11.2020 World Preterm day Dr. Priya Rakesh, Consultant Neonatologist and WDW member, gave a very lucid and informative talk on you tube on preterm care.

21.11.2020 International Pathology Day. An awareness programme and lecture was co organised by WDW, IMA and Moulana Hospital and an informative lecture was given by Dr. Jane Mary, Consultant Pathologist, Moulana hospital for the students of Tiruragadi Avukhader Kutty Naha Govt polytechnic college. The initiative was taken by the NSS unit of the college. Dr. K A Seethi inaugurated the meeting and WDW north zone coordinator Dr. Hema Sasidharan as well as WDW secretary, Dr. Rema Krishnakumar delivered felicitations. A very illustrative lecture was given about role of pathology in detection of disease and about diagnostic modalities like histopathology and cytopathology.

International Childrens Day - Fast - a stroke 20.11.2020 awareness video brought with active participation of IMA and WDW members, was released on International Childrens day. It underlined the importance of early detection of stroke and detailed how a child saved her grandfather by timely identification of stroke when her parents were away and informed them, thus facilitating his timely care and early recovery without neurological deficit. DR. Venugopal, the best Family Physician of the year and actor and pride of our IMA, played a key role. DR. Nisha Bineesh, geneticist and WDW member and Baby Athulya, daughter of Dr. Anupama, WDW member acted in the short film and the script and direction was by Mrs. Sabitha Salim, WDW Perinthalmanna associate member.



21.11.2020 Wdw And Mph Health Lecture In Connection With International Childrens Day. An online awareness programme and lecture was co hosted by Wdw And Ima Perinthalmanna on adolescent health in connection with International Childrens day and an informative lecture was given by Dr.Jaykrishnan KB, IMA Perinthalmanna secretary and Consultant Gynecologist and Infertility Specialist, for the teenage students of Sree Valluvanad Vidya Bhavan, Perinthalmanna.

28.11.2020 Observation of International Radiology day, organised under the combined auspices of IMA, WDW Kerala and Moulana Hospital, Perinthalmanna with a well attended webinar on Antenatal imaging – when and why to do, and role in detection of fetal anomalies . Many expectant mothers under follow up at Moulana hospital as well as WDW Perinthalmanna members and women members of Shine Arts and Sports Club, Vaniyannoor took part in the same . The speakers included Dr. Fasna Alungal, Radiologist, Dr. Pavithra Mahesh, Senior Obstetrician and Gynecologist and President, WDW Perinthalmanna as well as Dr. Jasim Koya, Consultant Radiologist and Mrs. Liji Mathew, Senior Dietitian, Moulana Hospital. All of them together gave a comprehensive overview of antenatal care. The inauguration was by Dr Kochu Narayani, eminent Gynecologist . Dr. Rema Krishnakumar , Secretary, WDW Perinthalmanna gave felicitations.



07.11.2020 Talk on Embryology in IVF treatment by WDW associate member and Embryologist Dr. Feseena Seethi.

10.11.2020 In connection with world Immunisation day, a class was conducted for nurses at MES Medical college.

14.11.2020 A very informative and lucid article penned by Dr. Soumya Sathyan, WDW member and Consultant Physician, MES Medical College in connection with World Diabetes day was published in Mathrubhumi health on 14. 11. 2020 and was well received by the social media. A public awareness class was conducted by Dr. Bindu for mothers with a small audience and social distancing . Dr. Priya Rakesh , Consultant Neonatologist, gave a very lucid talk on you tube on preterm care in connection with World Preterm day.

22.11.2020 A short video on breast feeding awareness and bursting of myths was released titled ' 'olkku palilla'(she doesn't have breast milk), narrating the travails of a mother unable to breast feed her baby due to lack of milk in the immediate post partum period.

27.11.2020 Dr. Bindu Prasan, gave a very informative talk as a short you tube lecture on Downs syndrome which was very well received in the social media.

21.11.2020 An awareness programme and lecture was co organised by Moulana hospital ,WDW and IMA in connection with International Pathology day and an informative lecture was given by Dr.Jane Mary, Consultant Pathologist , Moulana hospital for the students of Tiruragadi Avukhader Kutty Naha Govt polytechnic college . The initiative was taken by the NSS unit of the college.

22.11.2020 The monthly Free Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu was held on 22/11/2020. Consultant Psychiatrist of EMS Hospital Dr. Ashish Nair attended the camp and examined patients during the camp.

23.11.2020 Emergency IMA Building Committee meeting in 23rd November.





MISSION PINK HEALTH

21.11.2020 WDW And Mph Health Lecture In Connection With International Childrens Day .An online awareness programme and lecture was co hosted by WDW and IMA PERINTHALMANNA on teenage health in connection with International Childrens day and an informative lecture was given by Dr.Jaykrishnan K B, for the teenage students of Sree Valluvanad Vidya Bhavan , Perinthalmanna.

05.11.2020 A general body meeting, Conducted on a zoom platform. The new leadership detailed the programs planned in the near future and new suggestions were given by members.

08.11.2020 WDW participated in the webinar on Women empowerment organised zoom platform. The message was to empower every woman in our profession, an inspiring talk was given by Ms,. Sangita Reddy, Chairman, FICCI and Managing director, Apollo hospitals group. Honorary Secretary General, IMA, Dr. RV Ashokan and Dr. Mona Desai, Chairperosn, National WDW also addressed the gathering. Ms. Sangita Reddy in her short and crisp talk spoke on how to practically promote women empowerment.

O8.11.2020 District level MPH inauguration .The district level launch of MPH took place in a well attended online programme. Dr. Abraham Varghese, President IMA KSB, inaugurated the function. During the inauguration, WDW Perinthalmanna was privileged that he guoted the poem of Dr. Rema Krishnkumar,

secretary, WDW. Dr. P T Zacharias, President elect, Dr. Gopikumar.P, State Secretary, Dr Anupama R, National Joint secretary for MPH, senior WDW leaders including chairperson WDW KSB, Dr. Kavitha Ravi and Dr. Ajitha PN, Dr.Rajeshwari Amma, Dr. Beena KV, Dr. Sandhya Kurupattended the function and spoke.

08.11.2020 Regular Monthly Free Community Psychiatry Camp at Maranchery Pain and Palliative Clinic attended by Dr Mohammed Musthafa and examined patients and distributed free medicines during the camp.

14 & 15. 11. 2020

IMA State Conference. Members participated in the IMA Kerala State branch virtual conference held on 14th and 15th Nov 2020 on virtual platform, including the memorial services for the departed doctors .Many awards and recognitions were bestowed on WDW members in this context.

17.11.2020 An executive committee meeting of WDW was conducted as a physical meeting with covid protocols and social distancing . Previous year's office bearers, Dr. Pavithra Mahesh , President , Dr. Divya Menon , Secretary and Dr.Anupama Sujith, treasurer were congratulated on the tremendo achievement of bagging the BEST WDW award this year. Dr. Kochu S Mani, Dr. Hema Sasidhara , Dr. Rema krishnakumar, WDW were present at the function .

24.11.2020 Members actively participated in the you tube meeting of IMA WDW with IMA HQ on issues of mixopathy. The practice of mixopathy was strongly condemned and members were enthused to work hand in hand with IMA to prevent and protest against mixopathy.Dr. Rajan Sharma, National President, Dr. RV Ashokan, Honorary Secretary General, IMA as well as Dr. Mona Desai, Chairperson National WDW spoke at the function.





26.11.2020

Participated actively in the Executive committee meeting of IMA Perinthalmanna, on organisational matters .Dr. Kochu S Mani conducted the proceedings and Senior WDW members including Dr. Hema as well as WDW secretary Dr. Rema attended meeting and voiced opinions and suggestions .

WDW kids fest . Dr. Hema Sasidharan and Dr. Rema Krishnakumar have been made part of the organising committee of State WDW kids fest . The entries were directed to the state contact persons for each of the age groups .

At the branch level at Perinthalmanna , special initiative was taken to inform the WDW members to rush in their childrens entries and many reminders were posted , the WDW Perinthalmanna secretary created a whatsapp group of the WDW members to coordinate submission of the entries .

Member Ship Annual Fee Collection And New Member Induction Drive. After the new leadership took over, the previous drive was strengthened, and our WDW Perinthalmanna corpus has been increased with close to 50 WDW members contributing annual membership amount to the treasurer Dr. Bavitha Vijayan. New members have also joined the organisation and its a matter of happiness that our membership is growing in number and strength.

Cultural And Literary Activities. The children of WDW members participated in large numbers as indicated above in the WDW kids fest organised at state levels. Close to 50 entries were sent from our branch in the three age groups . It was a great platform to show case their talents and the entries have been forwarded to the state and all are anticipating the results. Literary activities and recognition. Dr . Rema Krishnakumar secured the three prestigious prizes in the state wide literary competitions held by the cultural wing ,IMA KSB.

15.11.2020

Community programmes. IMA and WDW Perinthalmanna together contributed to a social and humanitarian cause, providing financial assistance to a tune of Rs 1.5 lakh, personally and channelling through organisations for the wedding of Ms. Anitha, a financially underprivileged member of Sai Sneha theeram, an institution in perinthalmanna. IMA President and senior WDW leader, Dr. Kochu S Mani headed the initiative and Dr. Bavitha Vijayan, treasurer, Dr. Febeena Seethi, past president, WDW, Perinthalmanna and president of voluntary organization, Koode actively participated.



29.11. 2020 Blood Donation Camp. Dr. Smitha Bhasker and a few other WDW members donated blood at this donation camp conducted under the combined auspices of Moulana hospital and IMA.

WDW PERINTHALMANNA

01.10.2020 Observance Of Blood Donation Day With Webinar.

02.10.2020 Observance Of "Black Day " Wearing Black Badge To Work, Ss Scheme 1 Online Meeting

03.10.2020 Observance of World Elders Day Honouring Two Senior Doctors Of Perinthalmanna.

7.10.2020 Inauguration Of Mph Kerala Chapter.

08.10. 2020 WDW members attended the online on the occasion of World Sight day, a very relevant issue, digital eye strain was addressed by Dr.Bindu, WDW member in an online talk. Many practical tips were given for eye care which would be useful to children.





10.10.2020 Members actively participated in the webinar held in association with the World Mental Health day .Dr.Jishnu Narayanan and Dr. Ashish Nair delivered informative talks on "Mental health in Current General practice ". Senior WDW members ,Dr.Kochu S Mani, Dr. Pavithra and others from Gynec fraternity actively participated in a talk held in connection with Mental Health day.

9.10.2020 Members participated in a Palliative Care webinar held in connection with World Pain and palliative day organised By IMA District Committee, Malappuram and Palliative care committee, IMAKSB.

17.10.2020 Observation of International day of the Girl Child and the Domestic violence awareness month, organised under the combined auspices of IMA, WDW Kerala and Perinthalmanna. In the wake of International Day of the Girl child, Dr.Bindu, Pediatrician, gave a thought provoking talk on social media expressing her thoughts and concerns. Administration of Oral Polio vaccine and a short awareness lecture was also conducted at Moulana Hospital, Perinthalmanna.



27.10.2020 On the occasion of World Stroke day, A webinar on modern treatment methods of stroke was organised by Moulana hospital Perinthalmanna and WDW Perinthalmanna for the students of Sreepathi Institute of Management and Technology,

13.10.2020 A very informative and humorous article penned by Dr. Soumya Sathyan, WDW member and Consultant Physician, MES Medical College on the incorrect use of mask and recommendations and awareness on its correct use was published in Mathrubhumi Online on 13. 10. 2020 and was well received by the social media.

24.10.2020 In connection with world polio day, a class was conducted to nurses with demonstration of administration of oral polio vaccine and IPV.



A public awareness class was conducted by Dr.Bindu for mothers with a small audience and social distancing. A quiz program was conducted for the post graduate students of MES Medical College in connection with World Polio day and Dr. Fawas and Dr. Lakshmi emerged the winners.

Social Media Awareness

Dr.FebeenaSeethi, Consultant Physiatrist and WDW member, gave a very lucid and talk on you tube on exercise and physical activity during pregnancy and post partum period.

Dr.Febeena also conducts a unique dance fitness program , "Rhythm "through online platform to promote the health of members and public.

Dr, AswathiGovind , Consultant Gynecologist and WDW member , gave a talk on you tube and face book on breast cancer awareness . It was a very exhaustive and informative one and reached out to the public in simplelanguage .

Dr. Bindu Prasan , in a simple and relevant talk on menarche , touched upon the important aspects to be conveyed to young girls and also touched on menstrual hygiene . Talks on nutrition by Dr. Bindu Prasan , Vitamin D and oils in health during the month of October in you tube also were popular ones and received many views and appreciation.

7.10.2020 An awareness programme and lecture was co hosted by Moulana hospital ,WDW and IMA on breast cancer and an informative lecture was given by Dr. Mohammed Ismail for the students of Kottakkal Govt. WomensPoytechnic college.

20.10.2020 Dr. Bindu Prasan, gave a very informatiove talk as a short you tube lecture on breast self examination as part of Breast cancer Awareness.

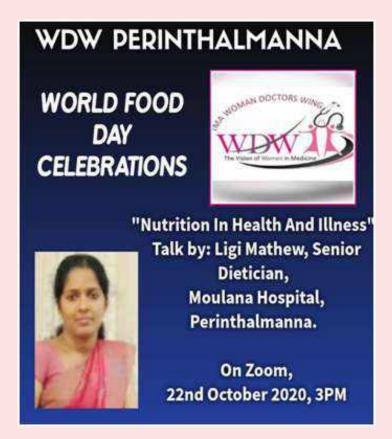
21.10.2020 An awareness programme and lecture was co organised by Moulana Hospital ,WDW and IMA on breast cancer and an informative lecture was given by Dr. Mohammed Ismail for the students of Sreepathi Institute of Management and Technology , Vavannoor. Dr, Aswathi Govindgave a talk on you tube and face book on breast cancer awareness .

Month Long Breast Cancer Awareness Drive – WDW Perinthalmanna – Handing Over One To One As Well

As Circulating E- Brochures . As part of this . conducted a series of one to one awareness events, in the form of distribution of pamphlets on breast cancer designed by WDW directly to women attending OP. DR. Hema Sasidharan, North Zone convenor, WDW inaugurated the programme. Dr. Pavithra BN,Dr. Rema Krishnakumar, Dr. Smitha and other WDW members from all over Perinthalmanna actively participated by distributing brochures to their women patients to generate awareness, observing Covid protocols. About 100 pamphlets were distributed. The awareness brochure indicating details of breast cancer includingsymptoms and signs of this dreaded disease, designed and circulated on Social Media by WDW was well received and circulated to over 1000 people on social media.

31.10.2020 A awareness lecture and webinar was co organised by Moulana Hospital ,WDW, IMA and NSS on breast cancer and a lecture was given by Dr. Arun Chandrasekhar for the students of Government Womens Polytechnic College,Kozhikode.

22.10.2020 World Food Day - conducted a zoom meeting on Nutrition,A lecture on "Nutrition in Health and illness" was given by Mrs. Ligi Mathew, Senior dietician, Moulana hospital, Perinthalmanna.



24. 10. 2020 World Polio Day - Dr. Bindu Prasan, WDW member and Pediatrician, conducted many awareness programmes directed towards public ,nurses and post graduate students at MES Medical College . Oral Polio vaccine was administered.

MISSION PINK HEALTH

07.10.2020 Members participated in the online inauguration of the MPH Kerala Chapter inaugurated by Dr. RV Ashokan. Stress was laid on Community health project for Adolescent girls.

28.10.2020 Actively participated in neighbouring branch Malappuram WDW's Mission Pink Health webinar with inputs in the form of talks by Dr. Swapna S Kumar on empowering teenagers and by Ms. Hadiya, Clinical psychologist.

02.10.2020 Observed the "black day", wearing a black badge at work to express sadness and anguish against the behaviour of publicand social media and cyber bullying in connection with the unfortunate death of Dr. Anoop Krishna.

02.10.2020 Participated in the talk co hosted by SSSI, IMA, Kerala and WDW Kerala on zoom platform. The message was toempower every woman in our profession and let every family be secure. Dr. Abraham Varghese, President IMA KSB inaugurated the session.

10.10.2020 The installation ceremony of new office bearers of IMA and WDW, Perinthalmanna took place in a well attended online programme. Senior WDW member, Dr.Kochu S Mani assumed her second year of office as President, IMA, Perinthalmanna, another feather on the cap of WDW, Perinthalmanna. Dr. Abraham Varghese, President IMA KSB, was the guest of honour and the President elect, IMA KSB, Dr. P.T Zacharia, officially installed the incoming President. Dr. Pavithra BN was installed as the President WDW. Dr. Rema Krishnakumar, took over as the Secretary and Dr.Bavitha Vijayan assumed office in the post of treasurer of WDW, Perinthalmanna.

10.10.2020 IMA Perinthalmanna and WDW Perinthalmanna released the 5th volume of News letter, BITS and BITES.

23.10.2020 Executive committee meeting of WDW. The 5th edition of IMA newsletter "Bits and bites" was brought out at the function, the editor being secretary, Dr. Rema Krishnakumar. Dr. Kochu S Mani, Dr Hema Sasidharan and Dr. Pavithra, incoming WDW President spoke at the function.

27.10.2020 WDW Perinthalmanna participated actively in the emergency Executive committee meeting of IMA Perinthalmanna, in wake of a threat against a senior WDW and IMA member by patients.

31.10.2020 Conducted a General Body Meeting.

THALASSERY

30.10.2020

Installation ceremony of IMA Housein Zoom platform. Dr.MohananKunnummal was the Chief Guest of the function. Dr Abraham Varghese , IMA installed the new office bearers. Dr. Sajeev Kumar P B, Dr.Jayakrishnan Nambiar and Dr.Sarath K E were installed as the President, Secretary and Treasurer respectively.





31.10.20: Dr.R.Ramesh, Past President of IMA., Kerala State Branch, speaks



16.10.2020 Hosted ameeting on Topic: 'Amendments is Social Security Scheme and PP Scheme".

26.10.2020 Attended the Advisory group meeting, participated Dr.Babu Raveendran, Dr.Surendra Babu, Dr.Srikumar

Vasudevan, Dr.Mohan Babu, Dr.Sajeev Kumar P B, Dr.Jayakrishnan Nambiar.

27.10.2020 Dr. Jayakrishnan Nambiar attended the PDSS Membership drive meeting in Zoom



18.10.2020 Kannur Chest Society in association with IMA Thalassery conducted a CME on Living With Covid byDr.Jaffar Basheer.

28.10.2020 CME on A Step Ahead in patient Care(Communication Skills) Speaker: Dr. Joju Pomson, Pulmonologist, Dr.Sajeev Kumar PB presided over the meeting.

13.10.2020 Class on Corona Prevention for Ashraya members by Dr.Sarath.

02.10.2020 All Hospitals in Thalassery observed the black day in connection with the suicide of Dr.Anoop Krishna.

08.10.2020 IMA Thalassery in association with Lions Club, Dharmadam conducted World Sight Day .Dr. Sreeni Edakhlon took class on "Computer Vision Syndrome".

10.10.2020 IMA Thalassery in association with Kannur Psychiatry Guild published a booklet on suicide prevention. This is translation of WHO booklet "Preventing Suicide: A resource for General Physician" Malayalam translation is done by Dr.Sajeev Kumar P B with the help of Aswini KumarThayyil. Booklet was released by Dr.Babu Raveendran. IMA Thalassery actively involved in media on awareness creation on the theme of WMHD. Dr.Sajeev Kumar, Consultant Psychiatrist and President participated in RED FM and Facebook Live to talk. IMA Thalassery in association with Mayyil CDS Gender Resource Centre, Kudumbasree Mission conducted awareness class to their volunteers.IMA Thalassery& Dharmadam Lions Club conducted awareness Class to their members.Dr.Sajeev Kumar took class.

POST COVID MENTAL HEALTH

It has been noted a good number of patients undergo depression during and post Covid. The great alarm is the suicidal tendencies of these people. Various cases has been reported in and around Kerala. IMA Thalassery in association with other associations constituted a Covid Wellness Group headed by Psychiatrist Dr.Sajeev Kumar. This group functions in liaison with DMHP. 10 psychiatrists and 15 psychologists and psychiatry social workers were entrusted to help the smooth functioning of the group. Each person attends call for 1-2 hours daily. Services were catered to Covid positive patients and their families. Focus was on mental health and stress reduction of health care workers including doctors too other than the patients. We helped hundreds through telephonic counseling. Few of them needed psychiatry IP care in order to preventsuicide.Dr.Muneer, Psychiatrist, GHThalassery co-ordinated with DMHP. It's an on going programme of Thalassery IMA to attend the calls from affected ones. Health Workers and doctors as well in order to improve the mental health and well being in this Covid Pandemic.

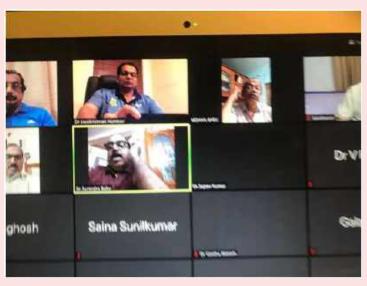
16.10.2020 World Food Day-Dr. Jayakrishnan Nambiar inaugurated the function held near the premises of town police station. Gave lunch to about 200 poor people and orphans in connection with World Food Day in association with Athazhakootam and Janamythri Police. The function was well covered by the local channels and dailies.

23.10.2020 Breast Cancer Awareness- Malabar Cancer Care Society& IMA Thalassery conducted in Breast Cancer Awareness Month in Google meet. Topic on "Batling the Breast Cancer Epidemic in India". The session was conducted by Dr.Partha Basu.

29.10.2020 Branch observed "World Stroke Day" .Distributed pamphlets, spreading awareness on Stroke through bus stand, railway station, Thalassery General Hospital and all private hospitals in Thalassery.IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery.



11.11.2020 IMA Executive Meeting via Zoom, President welcomed the gathering. 30 members attended the Zoom meeting. Vote of thanks was proposed by Dr.Jayakrishnan Nambiar.



15.11.2020 Attended State Conference and Awards received.

18.11.2020 Branch conducted General body zoom meeting, President welcomed the gathering.30 members attended. Vote of thanks was proposed by Dr.Jayakrishnan Nambiar.



28.11.2020 Dr.Sajeev kumar P B attended the "Chiri" core committee.Vijayan IPS presided over the zoom meeting.Discussed about various activities and future plan to help adolescents and their parents.Main aim is to prevent suicides in students. Psychiatrists, psychologists, SPC Cadets, volunteers etc joined the meeting.

07.11.2020 Conducted Webinar, Dr.Vineetha Raghavan is the speaker of a webinar series. Part of cancer awareness to NGO s and public organized by Malabar Cancer Centre and NGO's. Around 100 volunteers participated.

13.11.2020 IMA Thalassery is always helping COVID warriors.

This another initiative after 1 lakh PPE to GH

Thalassery. The water dispenser installed for the

General Covid ward and Antenatal Covid ward.

14.11.2020 Observed World Diabetes day at Co-operative Hospital Thalassery by distributing pamphlets to the patients & bystanders.

23.11.2020 New born care week celebration at General Hospital, Thalassery. Awareness class on New born care to staff nurses, head nurses, Gr 2 staff and nursing assistants of GHThalassery

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery. This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes-The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Nammude Arogyam-Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

THRISSUR

09.11.2020 Executive Committee Meeting via Zoom online platform presided by Dr Joy Manjila, president and elaborated the steps taken in the COVID19 pandemic situation by our branch. Dr Pavan secretary presented the minutes. Attended by 21 members.

14.11.2020 World Diabetes Day IMA THRISSUR With IAP KERALA & NNF KERALA started, with a ZUMBA FITNESS @ 6 am to 7 am, addressed by president Dr Joy Manjila & IAP State President Dr M Narayanan. Dr V C Manoj Kumar, President NNF conduct the Fitness Session with M/s Pooja Manoj, Fitness Trainer.

13.11.2020 Emergency meeting of IMA Thrissur, IAP, IDA & Lab Associations DMO, Dr K J Reena Called to Discuss Covid19 Vaccine Database Preparation, On Friday, 4 Pm Attended By President Dr Joy Manjila & Secretary Dr Pavan Madhusudan, Via Zoom Online Platform.

15&16.11.2020

Data Base for Covin Vaccination. Associated with the District Medical Office Thrissur in preparing the data base for Covin 19 Vaccination. All Private Hospitals/ Clnics/ Health Care Institutions in Thrissur were informed regarding this and coordinated the data collection for the district. Institutions were asked to prepare data and report it back to the district. A brief instruction was given to all regarding filling of the Data Sheet.

15.11.2020 IMA Thrissur With Iap Thrissur & Nnf Kerala.World Diabetes Day, Sunday, 7am Strong NATION HIIT (High Intensity Interval Training) DIABETES DAY Special Training conducted by Dr V C Manoj Kumar & M/s Pooja Manoj, our Fitness Masters, attended by 30 participants.

16.11.2020 IMA Thrissur With Iap Kerala & Nnf Kerala World Diabetes Day 6 am to 7 am Zumba & Weight Training Inauguration 7 am to 7.45 am.Dr P T Zachariah president IMA KSB, Chief Guest, Inaugurated & presided by Dr Joy Manjila, President IMA Thrissur. Dr Rati Santhakumar President IAP Thrissur welcomed the dignitaries & Participants. Guest of Honour, Dr P Gopikumar, Secretary IMA KSB, read out the pledge to the participants. Dr Manoj Kumar V C, President NNF Kerala & Dr Balachandar of IAP also addressed.

17.11.2020 World Epilepsy Day .IMA CGP Thrissur With Neurological Society Conducted Online Platform, Welcomed & Presided by Dr Joy Manjila. Dr Leelama Abraham Chairperson, IMA CGP Thrissur gave felicitation Speech. Dr P C Gilvaz Prof.& HOD, Neurology Jubilee Mission Medical college Introductory speech. Sharmila P M Convener, IMA CGP Thrissur introduced the Faculties, Dr FijuChacko Prof. Neurology, Jubilee Mission Medical College Thrissur & Dr Narayanan Unni Consultant Neurologist Daya Hospital.

18.11.2020 Children's Day.WDW conducted and Presided by Dr Joy Manjila President, and Welcomed by Dr Shobhana Mohandas, Chairperson, IMA WDW TSR. Dr P Gopikumar Secretary IMA KSB, Inaugrated . Dr Kavitha Ravi Chairperson IMA WDW KSB, was the Guest of Honour. Dr Abhaya V S Convener, IMA WDW TSR Introduced the faculties, Dr Sam P J, Consultant Psychiatrist, Elite Hospital TSR who spoke on Children and The Pandemic -Emotional Aspects, and Dr AnjuTresa Andrews Consultant Psychologist, Elite Hospital TSR elaborated on Social Media & Its Impact On Today's Children.

21.11.2020 GB Meeting & Scientific Session presided & welcomed the Participants by President Dr Joy Manjila, Secretary Dr Pavan Madhusudan presented the minutes & Activity report. Dr P Gopikumar, State Secretary & Dr Jain Chimmen Joint Secretary of IMA KSB addressed, followed by Scientific Session conducted by Apollo Adlux Hospital Karukutty, Angamaly. Dr Mahesh Nalin, HOD Cardiology, Dr Binjo Vazhapilly Consultant Cardiologist & Dr Julian JohnyThottian Consultant Cardiologist, all from Apollo Adlux Hospital, were the faculties.

18.11.2020 World COPD Day. Ima Thrissur With Association Of Pulmonologists.

24.11.2020 Observed WORLD COPD DAY via Zoom online platform. Dr Judo Vachaparambil president APT welcomed the participants and Dr Joy Manjila president IMA Thrissur presided. Dr R Indudharan Chairman IMA AMS THRISSUR did the Felicitation talk. Dr Unni R Baby Convener, IMA AMS Thrissur & Secretary APT, introduced the Faculties. Dr P K Thomas MD, Consultant Pulmonologist, MGM Hospital Chennai spoke on "COPD Indian Perspective" followed by Panel Discussion with panellists Dr Davis Paul MD, HOD Respiratory Medicine, Dr Rennis Davis MD, HOD, Pulmonary Medicine & Critical Care, both of AIMS, Amalanagar Thrissur and Dr Muraly C P MD Asst. Prof. Pulmonary

Medicine Govt. Medical College Thrissur.

24.11.2020 Emergency General Body Meeting via zoom online platform organised an Emergency General Body Meeting to discuss the situation arising after the implementation of recent CCIM AMENDMENT -AYUSH - CENTRAL COUNCIL INDIAN MEDICINE -Chief guest Dr P T Zacharias president IMA KSB Inaugurated. Dr Joy Manjila President IMA Thrissur presided. Dr P Gopikumar Secretary IMA KSB, Dr Jain Chimmen Joint Secretary IMA KSB addressed the gathering and elaborated on the consequences of the Amendment. Dr Nirmal Bhaskar Secretary.KGMCTA assured all support to IMA. Dr Samuel Koshy past Vice President & Secretary IMA KSB and other state leaders took active part in the discussions. Dr Pavan Madhusudan thanked the participants.

25.11.2020 FOMA MEETING . Attended the FOMA MEETING Conducted by IMA KSB, to discussion the CCIM Notification (on 19/11/20), Via Zoom. Office bearers of all the specialities(Federation of Medical Specialities) attended.

26.11.2020 Managing Committee Meeting . IMA Blood Bank Thrissur Managing Committee Meeting held on Wednesday @ IMA HOUSE Thrissur. Dr Joy Manjila, President, chaired and Welcomed the participants. Minutes & activity report was presented by IMA BLOOD BANK DIRECTOR DR V GOVINDANKUTTY and passed. Decided to conduct the General Body Meeting on 7/12/20,Monday 7 pm, via Zoom online platform. Dr Balagopalan, Chief MO, Blood Bank thanked the participants.

27.11.2020 Presented to General Hospital Thrissur for the dedicated service provided by the Doctors and Staff During the Covid Pandemic. Honours accepted by GH Superintendent Dr. Sreedevi from Dr. Pavan Madhusdhan in the presence of Dr. Ramesh Kumar, Dr. Prasanth, Dr. Manoj and Dr. Rethy.

29.11.2020 MPH Launch. Dr Sobhana Mohandas (Dist. Coordinator& Convenor MPH) welcomed the

gathering and coordinated the event. Dr Joy Manjila presided the Meeting. Dr Pavan Madhusudan did the Flag Salutation. Inauguration of Mission Pink Health Tsr was done by Dr P.Gopikumar (State Secretary IMA Kerala) and he spoke on the relevance of the Mission Pink Health in the present scenario. Dr Anupama R National Joint secretary MPH briefed on the Strategies and relevance of MPH Dr Kavitha Ravi Chairperson WDW, Dr RajeshwaryAmma (Secretary MPH), Dr Geetha Devi (Chair, WDW Kunnamkulam), Dr Avani Pillai (Joint secretary MPH Midzone) participated in the launch and felicitated the gathering. Dr Beena KV (State Coordinator MPH) presented a detailed working plan for MPH in our District. A CME Programme was conducted along with the MPH Launch. Dr Devika Ramachandran, Dr Jyothi Mary and Dr Shobhana Mohandas were the Faculties for the CME followed by an interactive session.



Awareness Programme For Junior Doctors

30.11.2020

IMA Thrissur organised a membership awareness programme for a group of Junior Doctors. About 35 Junior doctors attended the programme. They were detailed regarding the relevance of being part of a National Organisation like IMA. Benefits of PP scheme, social security schemes, Health schemes and also Academic activities of IMA were explained to them by Dr Pavan Madhusudan.

World Antibiotics Awareness Week Observed Monday On Zoom online platform. Dr Shobhana Mohandas, Chairperson WDW welcomed & presided by Dr Joy Manjila president IMA Thrissur. Dr Kavitha Ravi, Chairperson WDW IMA KSB, Inaugurated. Dr Jain Chimmen Joint Secretary Midzone IMA KSB addressed.Dr Abhaya V S convener, WDW IMA Thrissur introduced the faculty Dr Jeeja M C,MD Prof. & HOD pharmacology GMC Idukki who spoke on Antimicrobial Resistance - Way Forward & Quiz Master Dr SaumyaRamdas MD Dept. of

Pharmacology GMC PALAKAD, Who conducted Quiz on Antibiotics.

30.11.2020

Awareness Programme For Junior Doctors Secretary Dr. Pavan briefed the Doctors of GH regarding the CCIM ammendment issue. Shared IMA stands against mixopathy.

WDW Thrissur bagged the first prize in the Photo Collage competition conducted by Kerala WDW on the occasion of Kerala Piravi. The state president of IMA Dr Abraham Varghese announced the prize winners.

WDW KOCHI

07.10.2020

State Mission Pink Health team was formed and the launch on online platform. Mission Pink health intends to work for the welfare of adolescents especially focussing on anaemia, menstrual hygiene, psychological issues and cyber crimes.



Ernakulam district level launch was also held by Madhya kerala branch. Kochi branch team was formed with Dr Sheela C Babu and others as team members. There was active participation by WDw Kochi members.

Dr.Girija conducted an online session on Mental Health in schools and colleges. Breast cancer webinar by Dr Chithrathara.



WDW KUNNAMKULAM

01.10.2020 WORLD ELDERS DAY – Observed at Dr. Geethadevi's clinic pamphlets on the importance of Elders Day given to the patients and their bystanders. Hematinics given to old patients and their bystandards.

08.10.2020 World Sight Day observed - Dr. Mallika Harikrishnan, Opthalmologist, Thrissur Medical College conducted a class on "eyes in online era" for the Inner Wheel members of the Rotary Club kunnamkulam.

10.10.2020 World Mental Health Day observed at Dr. Geethadevi's Clinic, Pamphlets on the importance of Mental Health given to the patients.

16.10.2020 At Dr. Geethadevi's Clinic, pamphlets were distributed to the patients on the importance of the World Food Day and various types of nutrients.

29.10.2020 World Stroke Day observed at Dr. Jasmi Joy's Clinic, pamphlets were distributed to the patients on stroke awareness.

NEMOM

26.09.2020 Annual General Body Meeting and installation of office bearers of 2020-21 Association Year. The newly installed President, Dr.Gopinathan Nair chaired the first GB meeting after the installation. Dr. Indira Amma, Dr. Anil Kumar and Dr.A.S. Pradeep Kumar are the Secretary, Treasurer and SWC member respectively. . Installation done by the State President Dr.Abraham Varghese (virtual) and the President Elect Dr.P.T.Zacharias (physical). IMA Nemom is the first branch in Kerala to do the installation of office bearers for the Association Year 2020-21 strictly adhering to the bye-law. Dr.A. Marthanda Pillai, Dr.P.T. Zacharias, Dr.N.Sulfi, Dr. Vijayakrishnan, Dr.K.Jayaram, Dr.G.Vijayakumar, Dr.Jayaram Das, Dr.Benny, Dr.V.Mohanan Nair, Dr.Gopinathan Nair, Dr.Indira Amma, Dr.A.S.Pradeep Kumar, and Dr.Suresh, were also present in the Board Room. The installation ceremony and the subsequent GB were conducted observing all the Covid-19 protocols.

27.09.2020 Attended Installation ceremony of neighbouring Nedumangad branch.President, Secretary and the founder president attended the installation general body meeting.







29.09.2020 IMA CGP South Zone Conference organized by IMA Kazhakkoottam branch. The zoom conference had three sessions and one of them was chaired by our founder President Dr.V. Mohanan Nair . Many leaders and members from our branch actively participated in the event.

30.09.2020 Attended the installation of Pandalam branch.Dr.Mohanan Nair participated in IMA National Commemoration of the International Day of the older persons.As a gesture of goodwill our founder President and Secretary attended the installation ceremony of Pandalam branch.

01.10.2020 Observance of International Day of the Elderly.Mr. Malayinkeezhu Venugopal Inaugurated. Adv.Ayyappan Pillai and Gandhian Gopinadhan Nair honoured. Dr.Arun Shankar conducted a session.





04.10.2020 Visited the striking medical college doctors and expressed solidarity with them .The strike was organized in protest against the unjust suspension of the District Covid Nodal officer in connection with a mishap in the medical college to a Covid patient. The suspension was revoked soon clearly showing that the striking doctors were right.



07.10.2020 Inauguration of Mission Pink Health Kerala Activities
.Dr.Indira Amma and Dr.Mohanan Nair attended . Dr.
Indira Amma was nominated as one of the two District
Coordinators for Thiruvananthapuram district.





O8.10.2020 Cabinet Meeting -As was the practice in ur branch from the first year, we started having our monthly regular cabinet meetings this year also and had the first meeting on 8th October. We discussed the progress and plan of action in detail.

08.10.2020 "Palliative Care Webinar "organized by the IMA Malappuram District Committee . Our members

Dr. Swapna S Kumar, the State South Zone Coordinator of MPH and Dr.Binoy, Chairman of District Committee, Thiruvananthapuram also participated

MISSION PINK HEALTH

20.10.2020

District level Inauguration of Mission Pink Health (MPH) activities in The programme was inaugurated in a virtual meeting held at 8 PM on 29th October 2020 by Dr.P.N.Ajitha, the State Chairperson of MPH. The function was conducted under the auspices of the District Committee of IMA Thiruvananthapuram and organized by the Nemom Branch. Dr.Binoy.S, Chairman of the District Committee presided over the meeting and Dr. ArifaSainudeen, the District Convenor was present. Dr.S.Gopinathan Nair, President of the sponsoring branch welcomed the participants.Dr.P.N.Ajitha, the Chairperson of MPH, Kerala State inaugurated the District level activities of MPH for the year. Dr. Kavitha Ravi, the Chairperson of Woman Doctors Wing of Kerala gave a special address.

The inaugural function was followed by an informative and elaborate CME on Breast Cancer. Oure members actively participated in the programme. Dr.Paul Augustine, Head of the Division of Surgical Oncology, Regional Cancer Centre, Thiruvananthapuram and Dr.Regi Jose, Professor and Epidemiologist, SreeGokulam Medical College conducted the CME.

TRIVANDRUM

11.10.2020

Dr. V. C. Velayudhan Pillai Memorial Oration was held at IMA Hqrs, Anayara . Dr Rajan Sharma, IMA National President, Dr R V Asokan, HSG, IMA, Dr A Marthanda Pillai, Past National President and Dr Abraham Varghese, President IMA KSB, paid their tribute to Dr V C Velayudhan Pillai.Dr Sreejith N Kumar, gave oration on 'Big Crisis, Bigger Solutions'. Dr Anupama, Trivandrum branch President chaired the meeting and Dr Sreejith R, Secretary rendered vote of thanks.





26.10.2020 Branch Conducted Executive Meeting in Virtual Platform.

28.10.2020 Conducted General Body Meeting via Zoom.

29.10.2020

29.10.2020 Branch Conducted General Body Meeting via Zoom.

Foundation stone laying ceremony was inaugurated on 29th October 2020 by Dr. R. V. Asokan, HSG IMA. Meeting was presided by Dr. Anupama R, IMA TVM President. Prof. Dr. A. Marthanda Pillai was the Chief Guest. Meeting was solicited by the presence of Dr John Panicker, IPP, Dr.Alex Franklin, Dr. G. Vijayakumar, Dr. Sreejith N. Kumar, Dr. R. C. Sreekumar, Dr. Sulfi N, Dr. G. S. Vijayakrishnan, Dr. T. Sureshkumar, Dr. Sreejith R, Dr. Siby Kurian, Dr. Arun S. V Dr. H. Vinay Ranjan, Dr. C. V. Prasanth, Dr. P. Sivaprasanth, Dr Swapna S Kumar



including the office bearers actively participated in the webinar and our presence was well acknowledged by the organizers.

- **09.10.2020** JPEF Mini Conference in collaboration with the AMS Nemom Chapter.
- **11.10.2020** Installation of IMA Vatakaraand . "Pranamam" Programme- Dr.V.C.Velayudhan Pillai memorial oration of Thiruvananthapuram branch.
- 11.10.2020 GB Meeting of WDW Nemom.
- 11.10.2020 Attended the "Pranamam" Programme-Dr.V.C.Velayudhan Pillai memorial oration of Thiruvananthapuram branch.On the same day Dr.V.Mohanan Nair attended the installation of new office bearers function of IMAVadakara branch.
- **14.10.2020** Observance of World Mental Health Day. Talk by Dr. Abdul Bari on "Mental Health for all- Greater investment, better access".
- 14.10.2020 Executive Committee meeting. This was the first meeting after the new office bearers have taken charge. Detailed plan for the ensuing year was discussed and Executive members were assigned roles and responsibilities for the year.
- 15.10.2020 Installation of Kazhakkoottam Branch.Attended the Installation function the neighbouring Kazhakkoottam branch and felicitated the team led by Dr. Kavitha Ravi who took over as the new President.
- 16.10.2020 World Food Day Theme discussion by Dr.Suni Mary Varghese, Chairperson .Dr.Kavitha Ravi inaugurated. Dr.Rajeswari Amma was the chief guest and South Zone Coordinator of MPH Dr.Swapna S Kumar attended.
- **20.10.2020** Attended the Installation function of Desinganad branch of Kollam District.
- 23.10.2020 "Covid Realities- the NemomExperience" special meeting- Dissemination of draft report.Dr.A.S. Pradeep Kumar presented the draft. Panel discussion by Dr.Suresh, Dr.A.S.Pradeep Kumar, Dr.N.Sreedhar, Dr.Kiran Gopal and Dr.V.Mohanan Nair. Dr.Mohanan Nair summed up.
- 25.10.2020 Attended the State Working Committee meeting (Virtual). President Dr.K.Mahadevan, Secretary Dr.N.Sreedhar, SWC Member Dr.Mohanan Nair and President (2020-21) Dr.Gopinathan Nair attended. Dr.Mohanan Nair presented the summary and recommendations of "Covid Realities- the Nemom Experience"



- **25.10.2020** Dr.Jayakumar conducted house visits of bedridden patients in Kalliyoor under the project "IMAArikil".
- 29.10.2020 Monthly General Body Meeting(second) of the branch was conducted virtual. Dr.Gopinathan Nair presided. Secretary presented the minutes of the GB meeting held on 26th September 2020 and also the report of activities. After discussions both were passed by the GB. WDW, AMS Chapter and the proposed CGP officials reported the activities.

Woman Doctors Wing

11.10.2020 The first GB meeting of the WDW Nemom Branch was held on 11thOctober .Dr.Chandini Devi, the new Chairperson presided the meeting when Dr.Gopinathan Nair, the branch President started the proceedings and handed over it to her. Being the first meeting, plan of action for the ensuing year was discussed and the chairperson and the secretary requested the help of all having a fruitful association year.



16.10.2020 Observance of World Food DayObserved in our branch on 17th October 2020 as there were lots of programmes on 16th of October and members and leaders were not able to attend. Dr.Suni Mary Varghese, Associate Professor, LourdeMatha Institute of Hotel Management and Catering Technology conducted a session on World Food Day theme "Grow, Nourish, Sustain. Together. Our actions are our future". Programme inaugurated by the WDW State Chairperson Dr.Kavitha Ravi .Dr.Rajeswwari Amma, Secretary of Mission Pink Health was the Chief Guest.

05.11.2020 Installation Ceremony.



New office bearers took charges ...The Installation ceremony was held at IMA Kerala headquarters Anayara Thiruvananthapuram. Union Minister Shri V Muraleedharan was inaugurating the swearing in ceremony of the new office bearers of the Indian Medical Association Thiruvananthapuram branch. IMA State president P. T. Zachariah administered the oath of office to the new office bearers. Dr. Prashanth CV will be the new President of the Thiruvananthapuram Branch of the Indian Medical Association. Siby Kurian Philip as secretary ,Dr Sivaprasanth as treasurer also took charge. Former IMA National President Dr. Marthanda Pillai was the chief guest. Leader of Opposition Shri Ramesh Chennithala, Dr. Shashi Tharoor MP, MLA, Adv. VK Prashanth, Adv. Sivakumar, film

WORLD IMMUNIZATION DAY

***NOTE NEED 18.2020**

Don't miss your child's vaccination

Be aware of adult vaccinations

**DR.PRASANTH.C.V | DR.SIBY KURIAN PHILIP PRESIDENT | SECRETARY

actor Shri Suraj Venjaramoodu, famous singer Shri. G. Venugopal and singer Akhila Anand greeted the audience. IMA State President Dr. Dr. Abraham Varghese, State Secretary; P. Dr. Gopikumar, State Vice President; Dr. Sulfi Nohu, IMA State Joint Secretary and State Secretary, Government of Kerala Medical Officers Association. Dr. Vijayakrishnan, State President, Kerala Government Medical College Teachers Association. Dr. Binoy, National President, Indian Association of Pediatrics; Dr. Ramesh Kumar, former IMA state president; Sreejith. N Kumar, . Dr. Alex Franklin, outgoing president; Dr. Anupama, State Secretary, ENT Association; Paul Samuel, IAP District President Dr. Bennett Xylem and KGMOA District President Dr. Sunil Kumar spoke. Dr. R. Dr. Sreejith welcomed the gathering.

10.11.2020. World Immunization Day Observed as a part of the immunization day IMA Trivandrum released an awareness video released.

14.11.2020 World Diabetes Day



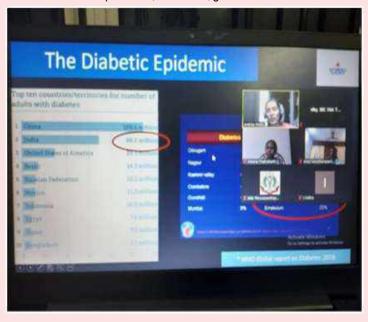


15.11.2020 International Pathology Day observes which is an annual awareness day dedicated to highlighting the fundamental role of pathology in the healthcare community and in the lives of everyone. IMA TVM

branch comes out today with an ultra short video to honour the pathologists of our state and to create an awareness of the work being done by our fellow pathologists for the welfare of our patients and community. and also released an awareness video.

17.11.2020 World Epilepsy Day Branch observes As a part of awareness program, IMA TVM has included Epilepsy Awareness in its video series. There are lot of myths about epilepsy. Many believe that it is part of some evil possessions or curse and doesn't take proper scientific treatment. This video by neurology experts from IMA Trivandrum branch explains the scientific basis of the disease and helps remove the myths and doubts.

20.11.2020 Diabetes Awareness Programme Via Zoom Meeting. As part of DIABETES AWARENESS PROGRAM of IMA Trivandrum " AmritamJeevamritabindu", a virtual CME on PREVENTION OF DIABETIC BLINDNESS was conducted on November 20, at 8 pm. Dr Swapna S Kumar, joint secretary, gave the flag salutation and Dr Prasanth CV , President gave the Presidential Address followed by Secretary Dr Siby Kurian Philip. The CME topic was dealt by Dr Ambika Shetty, chief Opthalmologist, Geethanjali Eye hospital and session was chaired by Dr Meena Chakrabarti, President KSOS and chief Opthalmologist . Meeting was well attended and informative with excellent slides . Dr Sivaprasanth, treasurer, gave the vote of thanks.



22.11.2020 to State Office Bearers



Reception to state president Dr P T ZACHARIAH at IMA HQ on November 22, 2020. Many leaders from trivandrum branch attended the same .Dr Marthandapillai ,Dr Vijayakumar, Dr Sreejith N Kumar, Dr Alex franklin, Dr Sulphi noohu , Dr RC Sreekumar, Dr vinaya Ranjan, Dr GS Vijayakrishnan, Dr Arun SV,Dr Sreejith R, Dr Prasanth CV,Dr Siby kurian Philip were present.

24.11.2020 Executive Meeting via Zoom meeting.

25.11.2020 Monthly General Body Meeting

26.11.2020 Inaguration of Ima Ams Chapter And Cme On Covid Vaccine.

CME and Inauguration of AMS Chapter, IMA Trivandrum Branch. Dr R V Asokan , honorary National secretary inaugurated the AMS Chapter with Dr Vasudevan potti as Chairman and Dr Simi Harris as secretary . A CME on the topic COVID VACCINES- Prospects and Problems by Prof Dr Jacob John , Renowned Virologist and Vaccinologist , CMC vellore was conducted . Session was chaired by Dr Narendra Saina ,National IMA leader . Session was well attended by 694 participants in zoom . Dr Jacob delivered an excellent session and cleared most of the doubts regarding covid vaccine by the members . Dr Prasanth CV , President was the key host and controlled the whole program . Secretary Dr Siby Kurian Philip gave the vote of thanks . A great session on vaccination culminated with lot of laurels for the efficient speaker from all walks of IMA members.

27.11.2020 National Transplantation Day. 2nd CME of AMS on National Organ Transplantation Day/ was inaugurated by branch President DR CV Prasanth . Chairman Dr Vasudevan Potti introduced the speaker and made comments regarding the activities of Transplant support groups. A Cme on "Organ Transplantation and Covid" was done by Dr Vasanthy Remesh, Director of NATTO . Many esteemed National and

supporters of Organ transplant across the country shared their experiences . Dr Sunoj ,Dr Sulphi, Dr Sreejith N Kumar, Dr Siby Kurian Philip addressed the gathering. Session was well attended . Dr Simi Harris, secretary AMS gave the vote of thanks .

Palliative Care Cell (Snehasanthwanam)

Home Visit Conducted 2 days Team includes Doctor, Palliative care nurse& no volunteers, driver. Provided support, nursing care and vitals examination includes: BP- 12, GRBS- 12.Also provided food kits,medicines,dressing materials, financial and educational support to needful patients.

VADAKARA

01.11.2020

KERALAPPIRAVIDINAGHOSHAM .Kerala piravl dinam was celebrated in an elegant manner even in this difficult situation of corona pandemic. Function started at 8pm over zoom. Dr.Muhammed Ismath Rifayi, president ima vadakara chaired the function. Shri Santhosh eachikkanam, renowned writer was the chief guest of the programme. Dr. PT Zacharia, IMA KSB president inagurated the function. Dr. Abdul Bari PK, secretary ima vadakara welcomed the gathering, Dr. M Muraleedharan, vice president ima Kerala State, introduced the chief gust. Many state and district leaders felicitated the programme including Dr TN Babu raveendran former president Ima KSB. Dr. Rakesh Raju, treasurer, ima vadakara branch expressed the vote of thanks.



10.11.2020 World immunization day was observed with an emphasis on full immunization cover to all the children. It refreshed the members knowledge on immunization and it's national schedule with all the updated detailes

and chenges in the national immunization shedule. Class was conducted by Dr. PC Haridas, consultant pediatrician, govt. District Hospital vadakara. This was a partial physical Meeting with 15 members present physically at ima hall vadakara and the others attended over zoom. Dr. Muhammed Ismath Rifayi, president ima vadakara welcomed the gathering and Dr Abdul Bari PK, secretary ima vadakara expressed vote of thanks.



13.11.2020 World Diabetes day was observed by conducting two programmes, one an awareness class for the staff nurses working in different private and public hospitals in and around vadakara. Dr. P Jyothikumar, consultant physician at Sahakarana hospital vadakara took class to the staff nurses on the topic "MANAGEMENT OF HYPOGLYCEMIA IN INPATIENTS". Dr. Muhammed Ismath Rifayi presided the function, Dr. M Muraleedharan, VP elect, Kerala state ima was the chief guest for the program.



19.11.2020 Executive Committee Meeting .The meeting was called To order by the president Dr. Mohammed Ismath Rifayi at 8:00 p.m. Senior executive members discuss the agendas of the meeting well and it was decided to give a reception to the newly elected state

cabinet of IMA KSB. It was also decided to give reception to newly elected vice president from our branch Dr. Muraleedharan and culture fest winner Dr. Anandan ck. It was also decided to have a zonal cultural and music fest.

26.11.2020 Reception To Newly Installed State Office Bearers **Of IMA KSB**. A warm reception was arranged to the newly elected cabinet members of ima KSB by ima vadakara branch. Dr. J A Jayalal national president (elect) was the chief gust. Dr. Muhammed Ismath Rifayi president ima vadakara chaired the function, Dr. Savithri Hariprasad former president ima vadakara branch welcomed the gathering. Dr. M Muraleedharan vice president ima KSB, intoduced the gust to the participants. Dr.bJA Jayalal, national president of ima inagurated the function, Dr. RV Asokan hon.sec general ima head quarters addressed the gathering. Dr. PT Zacharia president ima KSB, Dr. P. Gopikumar secretary ima KSB, Dr. Abraham Varghese IPP ima KSB, Dr. Marthanda Pillai former national president addressed the gathering.

VADAKARA

11.10.2020 Installation ceremony was conducted in a very grand way even in this difficult situations. function was presided by the President vadakara branch Dr. Jyothikumar. P. shri K Nanu MLA was the chief gust, shri K Sreedharan, munciapal chairperson, vadakra was the gust of honor. installation of new office bearers was done by Dr. RV Asokan Hon. sec. general IMA head quarters. we were also fortunate to have Dr.

Abraham varghese, president IMA Kerala State delivering the key note address.. Dr. Muhammed ismathrifayi.



14.10.2020

Conducted First executive committee meeting via Zoom. Meeting was attended by 34 executive members. Dr. Muhammed ismath Rifayi president presided over the function. Senior members evaluated the installation ceremony and then discussed the others matters in the agenda.

World Polio Day observation was done by IMA Vadakara branch with a class on the topic "polio eradication where we are and latest updates on vaccination". Dr. Ajmal kuttiyil MD pediatrics was the speaker for the day. he explained the recent advances in the vaccination and changes in the immunization shedule. more than 50 members attended the meeting over zoom.

29.10.2020

World Stroke Day was observed and arranged over zoom platform with a talk on "acute stroke management for primary care physicians". Dr. Arun K DNB DM (Nuro) delivered an excellent class on the topic. he emphasised the need of early management to reduce the co morbidity. Dr. Muhammed isnathRifayi, president imavadakara br. presided the function. meeting Was attended by more than 54 members actively participated in the discussion, Dr.arun the speaker enlighted the recent advances in the filed of managing acute stroke.

WDW VADAKARA

25.10.2020 WDW of IMA Vadakara conducted breast cancer detection camp. Conducted an awareness programme on breast cancer and early detection is the key for successful treatment outcome. Dr.Sreekalaporoor, chairperson wdw, imavadakra inaugurated the function. Dr Deepthi, sec. Ima Vadakra took class to the public. Breast cancer

detection camp was also held with the support of Asha

Hospital Vadakara.



01.11.2020 Keralappiravi Dina Cultural Fest .A variety entertainment programme was arranged by WDW Vadakara branch as part of keralapiravi celebrations.

14.11.2020 Childrens Day Celebration. Branch was celebrated with variety of competitions held among the children of ima vadakara family. Painting, short story essay writing were conducted among different age groups of children. The best performers were awarded trophy and all the participants were recognized with gifts.

22.11.2020 General Body Meeting.

29.11.2020 **Talk On Diabetis In Pregnency** .A talk on gestatinal diabetes was done by Dr. Sreekala Poroor, Senior Gynacologyst and President WDW.

WDW KOLLAM

Webinar on blood donation was done by drAnithaBalakrishnan on national blood donation day for students of Red ribbon club,NSS unit.





Observed Gandhi jayanti on October 2nd by making a video on different performance done by kids of WDW members of kollambranch.Programmes included drawings related to Gandhi Jayanti.

Service day related activities and one minute speech by kids. Children participated well in the group and all were given appreciation by our senior members.

Blood donation done by vijay (film star) fans of kollam. they need a special mention since a total of 25 members donated blood during the first week of October.

15.10.2020 Attended our proud moment programme ,Installation of new office bearers-Ima Kazhakuttom branch.Most of the senior members and secretary WDW attended the programme.

28.10.2020 Attended the meeting through zoom app was done. Discussed about how to celebrate Kerala piravi and other important days were discussed.

Attended webinar on breast cancer prevention conducted by St. Johns Banglore on the first week of October.

22.10.2020 Attended zoom meeting on covid updates by the Kollam district authority.

13.10.2020 Attended zoom meeting on post covid management.

THRISSUR

03.10.2020 Conducted GB Meeting, Installation of Office Bearers for 2020-21 & A Tribute To S P Balasubramanyam .Virtual platform, Inaugurated by Dr Prof C P Vijayan Pro Vice Chancellor KUHS. Dr Abraham Varghese President IMA KSB installed the President Dr Joy Manjila. Followed by State Secretary's Address by Dr P Gopikumar & State Joint Secretary's address by Dr Jain Chimmen. Dr. Pavan, Secretary thanked the gathering followed by ATRIBUTE TO S P BALASUBRAMANYAM, THE MUSICIAN OF THE CENTURY, By our CULTURAL WING TEAM led by Dr Santhosh Babu, Dr Nivin & Team.





02.10.2020 Emergency Meeting of Private Hospitals. A C Moideen, Minister for Local Self Governments & District Collector Mr Shanavas called an emergency meeting of Private hospitals via Zoom platform to discuss the Involvement of Pvt. Hospitals to provide more beds & ICUs.



03.10.2020 Branch with READ - Responsible Adolescence on Saturday via Zoom online participated by 150+ Students (13-18 years). Dr P Gopikumar State Secretary IMA KSB was the Guest of honour. IMA THRISSUR is the main partner in organising the Physiological Module, also attended by Dr Joy Manjila, President IMA Thrissur.



05.10.2020 Conducted Infection Prevention Control 3rd Training session by IMA Thrissur to the Police Personals & some participants from other districts of Kerala via Google Meet online Dr. Joy Manilla President

Google Meet online. Dr Joy Manjila, President moderated & Dr Pavan Madhusudan, Secretary & Dr Pournami Mohandas took the classes.

10.10.2020

Cultural wing of IMATHRISSUR conducted a 1st Ever Virtual Cultural Fest - "Sankalp 2020". Dr Joy Manjila presided and welcomed by Dr R Raveendra Varma, Chairman Cultural Wing. Dr P Gopikumar State secretary Inagurated Dr Jain Chimmen Joint Secretary addressed followed by felicitation talk by Dr Manoj Kumar K T, Chairman Cultural wing IMA KSB.Program Anchored by Dr J S Nivin, IPP. Multidisciplinary Cultural programs followed - MusicalExtravaganza, Classical and Semi Classical Dances, ChakkyarKoothu, Instrumental Music etc. lastingtwo & half hours, Soothing the mind and Soul of our burned out members.







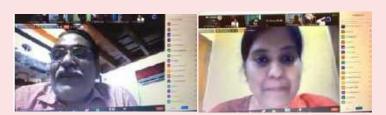
10.10.2020

World Hospice And Palliative Care Day -"My Care My Comfort"Conducted a Zoom meeting presided by Dr Joy Manjila, President. Dr Shobhana Mohandas, Chairperson IMA WDW welcomed the participants. Chief guest Dr Pareed K A Chairman Palliative Care IMA KSB inaugurated. Dr P Gopikumar State Secretary & Dr Jain Chimmen addressed. Dr E Divakaran Director Institute of Palliative Care Thrissur. delivered the Keynote Address. Dr Abhaya V S Convener IMA WDW Thrissur introduced the faculties. During Scientific session Dr Rajashree K C MD, Asst. Amrita Institute of Medical Sciences Kochi & Faculty @ Institute of Palliative Care Thrissur Spoke on a brief Introduction to Palliative Care. Dr Sujith Joseph Banglavan Asst.Surgeon & HOD Palliative Care unit GH Thrissur spoke on Palliative Care in the COVID19 Pandemic.



11.10.2020

International Day of Girl Child"My Voice Our Equal Future"Conducted zoom meeting on 16/10/20, presided by Dr Joy Manjila, & Welcomed by Dr Shobhana Mohandas, Chairperson WDW Thrissur. Chief Guest. Dr Kavitha Ravi, Chairperson WDW IMA KSB inaugurated. Dr Rajalakshmi, Convener, was the Guest of Honour. Dr P Gopikumar, State Secretary IMA KSB Dr Jain Chimmen addressed. Dr Abhaya V S, Convener, WDW Thrissur Introduced the faculties. Dr Jesna T J, Psychologist & Mind Trainer, Director Prathyasa College of Mind Management Pratyasa Counselling Centre, spoke on KNOW YOUR CHILD, Dr Shobhana Mohandas MD Thrissur spoke on "Girl Child can also do something". Dr Kavitha Mukesh MD Psychatrist, Asst. Surgeon Govt. Mental hospital Thrissur moderated the Scientific session.



Live Discussion On Rising Numbers Of Covid Cases In Kerala Dr Pavan Madhusudan, Secretary, Participated in a live Discussion along with Dr Amar Fettle (State Nodal Officer, Corona cell, Trivandrum), Dr Krishnakumar (Director, IMHANS, Calicut) telecasted by Doordarshan on 14th of October 2020.

18.10.2020 IMA THRISSUR with INDIAN SOCIETY OF ANAESTHESIOLOGISTS THRISSUR CITY BRANCH IEM LECTURIO COVID19 - Clinical Readiness Course Conducted a State level training session on BSAICS OF ICU MANAGEMENT IN COVID19 by IMA THRISSUR & ISA Thrissur city branch via Virtual platform. Inaugurated By Dr EKM Nasser, President ISA KSB. Address by Guest of honour Dr P Gopikumar, State Secretary & presided



19.10.2020 Meeting with the Central Team of Observers branch was invited to discuss with the Central Team of Observers at the meeting in the chamber of District Collector Mr Shanawas with DMO Dr K j Reena, DPM Dr Satheesh and other officials of the District Health Department.



19.10.2020 Seminar on MSME Conducted By Hospital Board Of India President Dr Joy Manjila attended a seminar on MSME conducted by HBI.



21.10.2020 Tele ICU. Pandemic Scale Relevance conducted Zoom online meeting on presided by Dr Joy Manjila. Dr Jain Chimmen, Joint addressed the gathering. Dr Dileep Raman, Cloud physician Health Care was the faculty, followed by enthusiastic queries from the audience. He spoke elaborately on the advantages of the system.



23.10.2020 COVID19 Special Training DIVYAHRADAYASHRAM-CHENAIPARA Conducted a zoom training session for the Care Takers of the Ashram, where 300+ inmates of different age groups, many with Comorbidities including Psychiatric cases are staying. Dr Joy Manjila conducted the classes supported by Dr Jino Jose, MO in charge FHC PUTHUR, Dr Remya, Dr Nayana who are taking care of the positive cases from the Health Center. Fr George, Director of the Ashram along with Nurses and other care takers attended actively.

24.10.2020 Conducted a CME on WORLD POLIO DAY OBSERVATION via Zoom online platform in association with IAP THRISSUR. Dr Rati Santhakumar, President IAP TSR welcomed and Dr Joy Manjila, President IMA TSR gave the presidential address. Dr Anandakesavan, National Vice President IAP, Introduced the Faculty and expressed the importance of Vaccines. Dr P N Pisharody spoke on "TWOCENTURIES OF VACCINES: FROM SMALL POX TO SARS" Dr Pavan, Secretary IMA TSR thanked the participants.

29.10.2020

Observed WORLD STROKE DAY OBSERVATION via Zoom platform with an International CME with faculties from abroad and from our own place. Dr Joy Manjila, President IMA TSR presided. Dr R Indudharan, Chairman, IMA AMS TSR welcomed the participants. Dr V G Pradeep Kumar, Past State President IMA KSB, Secretary Indian Stroke Association & Senior consultant Neurology, Baby Memorial Hospital Kozhikode gave the Introductory talk. Dr P Gopikumar State secretary IMA KSB & Dr P C Gilvaz, prof. & HOD, Neurology, Jubilee Mission Medical college TSR addressed. . Dr Ajith J Thomas Neurosurgeon, Associate Prof. Harvard Medical School, Boston, USA & Co-Director, Brain Aneurysm Institute, BIDMC & Dr Anil Neelakantan Neurologist, Chair of Medical Specialities, Member Board of Directors at Gould Medical Group Stockton, California, USA were the faculties. Dr Raghunath Balakrishnan Neurologist, Sun Medical & Research Centre & Aswini Hospital TSR, Moderated the session.



MPH MALAPPURAM

08.10.2020 District Level Inauguration of Mission Pink Health .The program was inaugurated by Dr Abraham Varghese. The meeting was addressed by the guests of honour, the President elect of IMA KSB , Dr P T Zachariah and DrAnupama R, National Joint secretary of IMA Mission Pink Health.

MISSION PINK HEALTH

Mission Pink Health - District level launch, Ernakulam

National Mission Pink Health Programme is meant for promoting overall wellbeing of adolescent girls. Prevention of anaemia, child abuse, drug abuse and promoting mental health of children are some of the goals of this mission Ernakulam district was the first district in Kerala to launch its district level activities and formed a district level committee.

20.10.2020. The District level inauguration was donein the online platform ZOOM hosted by IMA Madhya Kerala Branch and It was combined with the general body meeting of WDW Madhya Kerala branch.

The District launch was inaugurated by Dr A.V.Babu .The Action Plan was prepared and presented by , Dr Beena K.V.

Dr AjithaP.N, State Chairperson MPH congratulated the district leaders for the prompt action taken for launching the activities of MPH in Ernakulam District .The zoom meeting was felicitated by Dr P.T.Zachariah the President elect of IMA, KSB, Dr Venkiteswaran District Committee Chairman, Dr.Sabu Paul District Committee Convenor , Dr M.N.Menon Action Committee Chairman , Dr Sagith. M.A. Secretary IMA, Madhyakerala and Dr Avani Pillai Midzone Joint Secretary MPH.

Launch Of Mission Pink Health - District Malappuram

28.10.2020.IMA Malappuram HQ Branch along with IMA WDW Malappuram HQ Branch and Mission Pink Health launched MISSION PINK HEALTH in Malappuram HQ Branch by Virtual meeting . IMA Malappuram HQ Branch along with IMA WDW Malappuram HQ Branch & Mission Pink Health launched Mission Pink Health in Malappuram HQ Branch. Meeting was inaugurated by Dr. Abraham Varghese , Guest of Honor by Dr. Kavitha Ravi , Programme was facilitated by Dr. Ajitha.P.N , Dr. Rajeshwari Amma , Dr. Beena.K.V . Talk was taken by Dr. Swapna. S. Kumar about EMPOWERING TEENAGERS and Mrs. Hadiya about KNOW YOURSELF, YOUR MIND MATTERS. Session was moderated by Dr. Seema Narayanan . Session was ended by Vote of thanks from Dr. Parvathy. R .

Mission Pink Health-Inauguration. District Thiruvananthapuram

29.10.2020.Inaugurated by Dr.P.N.Ajitha . Which was organized by the Nemom Branch.Dr.S. Gopinathan Nair, President, Nemom welcomed all. Presidential address by Dr.Binoy.This was followed by the Inaugural Address and inauguration by Dr.P.N.Ajitha. Then Dr.Anupama.R, the National Joint Secretary of MPH and the Chief Guest of the day gave her address. Rajeswari Amma, State Secretary of MPH was the Guest of Honour also spoke. Dr.Beena K.V delivered the Key note address, elaborating the aims and

objectives of the Mission Pink Health and emphasized on the need for focussing on Adolescents, "SarvaSiksha Abhiyan" initiatives in schools.

This was followed by a special address by Dr.Kavitha Ravi. Dr.Swapna S Kumar, the South Zone Coordinator of MPH in Kerala and Dr.ArifaSainudeen, the district convenor of IMA felicitated.Many State leaders and district as well as branch leaders were present among whom Dr.Ramalingam, State Joint Secretary of IMA, Dr John Panicker, Dr.M.N.Menon, Dr.Jayaram Das, Dr.Pareed, Dr.Binoy Kuriakose, Dr.Arshad were specially noted.

Dr.Indira Amma, one of the DistrictCoordinators of MPH, Thiruvananthapuram and Secretary of IMA Nemom branch formally introduced the faculty and recalled the valuable services rendered by them in the flagship project of IMA Nemom viz. "Valsalyam" for Breast Cancer Detection and Awareness generation. This was followed by the CME.

CME, "Breast Cancer Awareness Month" was delivered by faculties like Dr. Paul Augustine, the Head of the Division of Surgical Oncology in the Regional Cancer Centre, Thiruvananthapuram and Dr.Regi Jose, Professor of Community Medicine and Epidemiologist of Sree Gokulam Medical College and Research Foundation.

Mission Pink Health Kerala Chapter Inauguration

MPH KERALA chapter online inauguration was conducted on October 7 Inaugural ceremony started by welcoming all guests by state MPH chairperson Dr.P.N. Ajitha. Presidential address was delivered by Dr. Abraham Varghese. Inaguration was carried out by honorary secretary general national IMA Dr. R. V. Asokan. In his inagural address he stressed the importance of child abuse prevention.Dr. Divyasaxena, National mission pink health chairperson delivered keynote address. The future working plan as well as office bearers of Kerala MPH for the upcoming year was presented by Dr.Beena. K.V. Felicitations were done by Dr.Gopikumar, Dr.Santhwana Saran ,Dr. Kavitha Ravi and Dr. Rajeswari Amma.

MPH South Zone

12.11.2020 . Meeting started at 7.30pm, with CME Session in the beginning. CME topic was **Adolescent Health Issues**, by Dr Lalithambika K, Professor and HOD, Department of Obstetrics and Gynaecology, TDMCH Alappuzha. Welcome and Presidential Address was delivered by Dr. A.P. Mohammed, President, IMA Alappuzha. Inaugural Address was by Dr. Abraham Varghese, State President, IMAKSB.

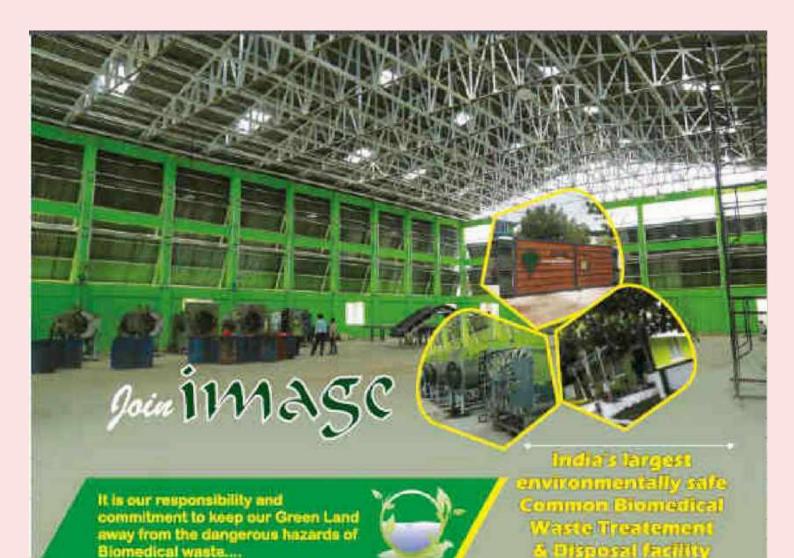
Special Address was given by Dr. Gopikumar P, State Secretary-IMA KSB. Dr P. T. Zachariah- State President Elect, and Guest of Honour, Dr. Anupama R, National Joint Secretary of MPH addressed the members. Keynote address was by Dr. Ajitha P.N., State Chairperson

of MPH. Dr. Kavitha Ravi, WDW- Chairperson, Vice Chairperson of State MPH and Dr Rajeswari Amma, Secretary, State MPH also addressed the audience. Concise MPH action plan was briefed by Dr. Beena K.V., State Co-ordinator, MPH. South Zone action plan was explained by, Dr. Swapna S. Kumar, South Zone Joint Secretary MPH. Felicitations were delivered by Dr. Ramalingam, South Zone Joint Secretary of IMA and Dr. Madanmohan, IMA District committee Chairman. Dr. CiniPriyadarsini, District Co-ordinator, MPH Kollam, Dr. Sherly Philip, District Co-ordinator, MPH, Pathanamthitta and Dr. Indira Amma, District Co-ordinator, MPH, Trivandrum advocated about the activities planned for MPH in their respective districts. The meeting concluded after vote of thanks by Dr. Sonia Suresh, DC Convenor, IMAAlappuzha. Total participants 126.

MPH North Zone

20.11.2020 . Meeting was hosted by IMA Kozhikode Branch. The function was presided by Dr. M. Muraleedharan and IMA Kerala State President Dr. P.T. Zachariah inaugurated the launch of the session. IPP Dr. Abraham Varghese, State Secretary Dr. Gopikumar, National Joint Secretary of MPH Dr. Anupama R., MPH State Chairperson Dr. Ajitha P.N, Secretary Dr. Rajeswari Amma attended and felicitated the function. Dr. Beena K.V. (State Co-ordinator) presented the Action Plan of MPH. State leaders, National leaders and the District Committee leaders of IMA Kozhikode attended. Members from all the 6 branches of the North Zone participated. District Co-ordinators presented the Action Plan of their districts.





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