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Kerala IMA News Letter

OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE

WEAR A
MEDICAL MASK



USE DISPOSABLE
GLOVES



SOCIAL
DISTANCING



WASH
YOUR HAND





IMA National Secretary General's Page

Never say die

The siege within that the medical fraternity suffers is inexplicable. Half a decade of struggle against NMC has left behind a post ictal phase. Somewhere down the line the fire in the belly is quiescent. Rip van Winkles do not save the day. We are Casabiancas neither.

Covid should not blind us. Lock Downs and the pandemic need not be a smoke screen. The Second Freedom Struggle is on. Did you hear what ? They are coming for your Universities. They are after your degrees as well. The kitchidi makers of history. The evidence based medicine is to be brothed down with pseudo science. One Nation One System is official. Niti Aayog is the culprit. They mix everything. Or is it they mess everything? Crosswired at Carpus Callosam they are on a binge. If Corona the single strand could send them back packing, we should fair better.

Time to wake up. Siraj ud Daulas and Ettappans of our times should be declared persona non grata. They betrayed the mother land. This time we are awake. Modern Medicine is not for sale.

Sisters and Brothers, our time is now. Be it quackery or mixopathy or crosspathy we need to challenge, Resist in the name of our people. Integration of systems is a fallacy and fantasy. Throwback to old Stone Age. Crime against Humanity. We need to STOP. They say in ten years from now modern medicine will be extinct. We are no dinosaurs. We are not cold blooded.

Who eradicated the Small pox? What about Polio? Cholera , Typhoid and Plague are history. Who fights Covid? 27 was the life span when Britain left. A newborn Indian can expect 70. IMR and MMR have fallen by our blood and sweat. Modern Medicine has done India proud. Vaccinations, Interventions, Front line technology and drugs are survival kits of modern medicine.

We shall overcome. Let not the light that shines in this country that led the Health Revolution blink. We owe it to our people.

DHARAMKSHETRA KURUKSHETRA.

Dr R. V. Asokan



President's Column

Never be an owner of love, Be a donor of love....

Dear friends,

Warm greetings to you all from IMA KSB!!!!

We are indeed happy to see that most of the branches have conducted their branch elections on time and the installation functions are also going on. Remember our IMA year starts on October 1 and ends on September 30 next year. Request all branches to follow the below three guidelines consistently every year:

1. Conduct the auditing and present it to the general body in the last General Body meeting in a year.
2. Conduct the elections in the month of September.
3. The new team of office bearers in each branch should takeover by Oct 1.

The Reforms committee for the scheme constituted by the State President had several round of discussions and has come out with lot of proposals which will make our schemes more attractive. This is being sent to all branches for further discussions amongst our members. The new proposals and suggestions will be studied and if required will be added to the reforms. This will be finalized in the State Council meeting which is going to be held on November 14.

Due to the COVID protocols, we could only organize virtual meetings for the last 8 months. Thanks to all branches/Dist committees who were regularly conducting meetings. Congratulate Malappuram DC who organized lecture series during this Covid pandemic.

Many of our members are facing anxiety, stress and strain after the advent of this dreaded virus. Your practice is badly affected, income markedly reduced, unable to meet our colleagues & family members and many other issues. Amidst all these issues, some of us were finding happiness in painting, gardening, cultural events etc. Always remember, real happiness comes from inside. Nobody can give it to you. Try to reach out to members who can't find happiness during this pandemic.

Success is the sum of small efforts, repeated day in and day out. Never be an owner of love, be a donor of love.

Dr. Abraham Varghese
State President

Best wishes to all .
Jai Hind.... Jai IMA

♥ *Caring Minds Healing Hands* ☐



From the Editor's Desk...

Dear colleagues,

We are at the fagend of this IMA year; a different year in so many aspects. The Covid pandemic has forced us to modify our activities. Virtual meetings are the norm today.

We were able to intervene effectively in the disease prevention control measures from the very beginning. Now the numbers of affected people are on the increase and steeply climbing up. We have to stress upon the need to take adequate protection ourselves while practicing. Let us be sure that we do not contract the disease nor are we a source of transmission. Infection control measures are to be strictly adhered to.

Membership drive, though not that vigorous, has increased our membership. Schemes have been active. SSS 1 campaign from September 15 to 30 is really worth mentioning. Reaching out to members is easy during this pandemic through the virtual platform. Congratulations to Chairman Dr. Susan Samuel and Secretary Dr. C.V. Prasanth. Health Scheme was the first to take up the initiative and the State followed suit. PDSS is planning their strategy to have a campaign. It is encouraging to see that more members are joining the webinars than during the physical GB and CME. The message will be passed on to more and more members.

I Safe and IMAGE continue their services effectively; doctors are protected and Kerala is cleaned off the Covid waste exemplifying our social commitment. I Safe project has equipped our members to practice safely in the pandemic, ensuring strict infection control measures and supply of the materials. The vision and effort of PEPS Chairman Dr. Sreejith N Kumar and Secretary Dr. Cyriac Thomas are commendable and I Safe becomes the Best project and activity this IMA year. We have to meet the need in Biomedical Waste Treatment, which we are short of, at the moment. Renovation and upgradation at the IMAGE plant will add to the facility for better service. Chairman Dr.VU Seethi and Secretary deserve appreciation. A new CBMWTF at Brahmapuram is the answer to tackle the unbearable load. Dr. Alex Franklin, Chairman of the new project will be able to materialize our dream in the near future.

The Special State Council meeting on Virtual platform held on 16th of September has decided to postpone the elections in the Annual State Council meeting and General Body meetings of Schemes this year. Hence those members elected from the previous State Council meeting and GB meetings will continue their term for one more year.

Let us continue our fight against Covid.

Yours in IMA

Jai Hind....Jai IMA

Dr. P.Gopikumar
State Secretary

Covid Webinar



**CABINET
MEETING - 05.09.2020**

**PAST PRESIDENT
MEETING - 06.09.2020**





**IMA THRISSUR BRANCH
CME - 12.09.2020**



**PAST PRESIDENT
MEETING - 13.09.2020**



**SPECIAL STATE COUNCIL
MEETING - 16.09.2020**



**SPECIAL STATE COUNCIL
MEETING - 16.09.2020**



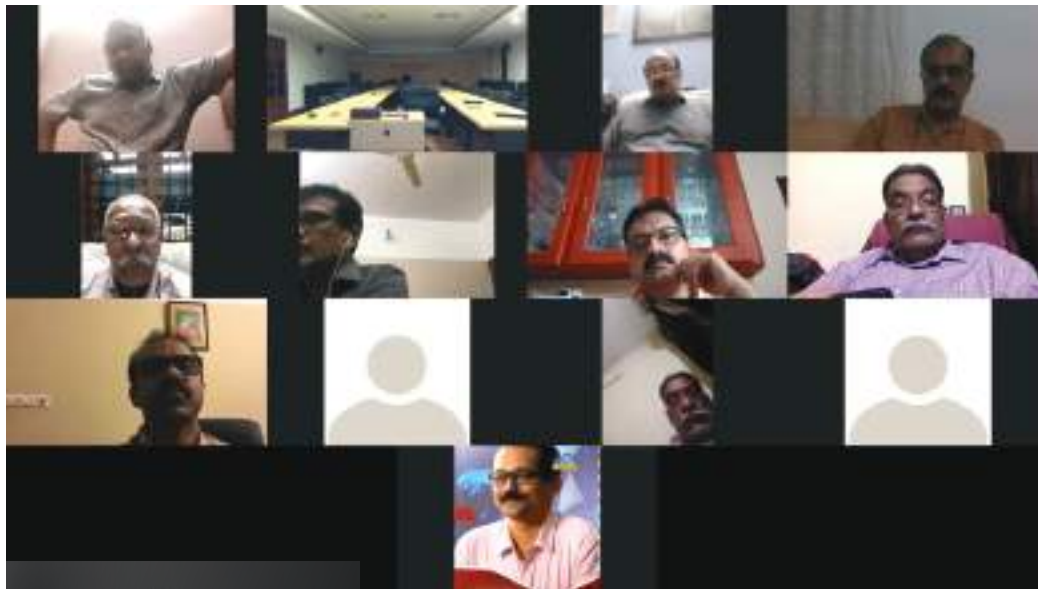


IMAGE MEETING - 22.09.2020



Dr Thomas John (Cochin) installed as the President of Indian Psychiatric Society Kerala chapter in the presence of IMA State President Dr Abraham Varghese.



SIPSCON 2020



Attended Arogyakeralam inauguration of Kerala State on Oct 2nd, which was officially inaugurated by the Health Minister.

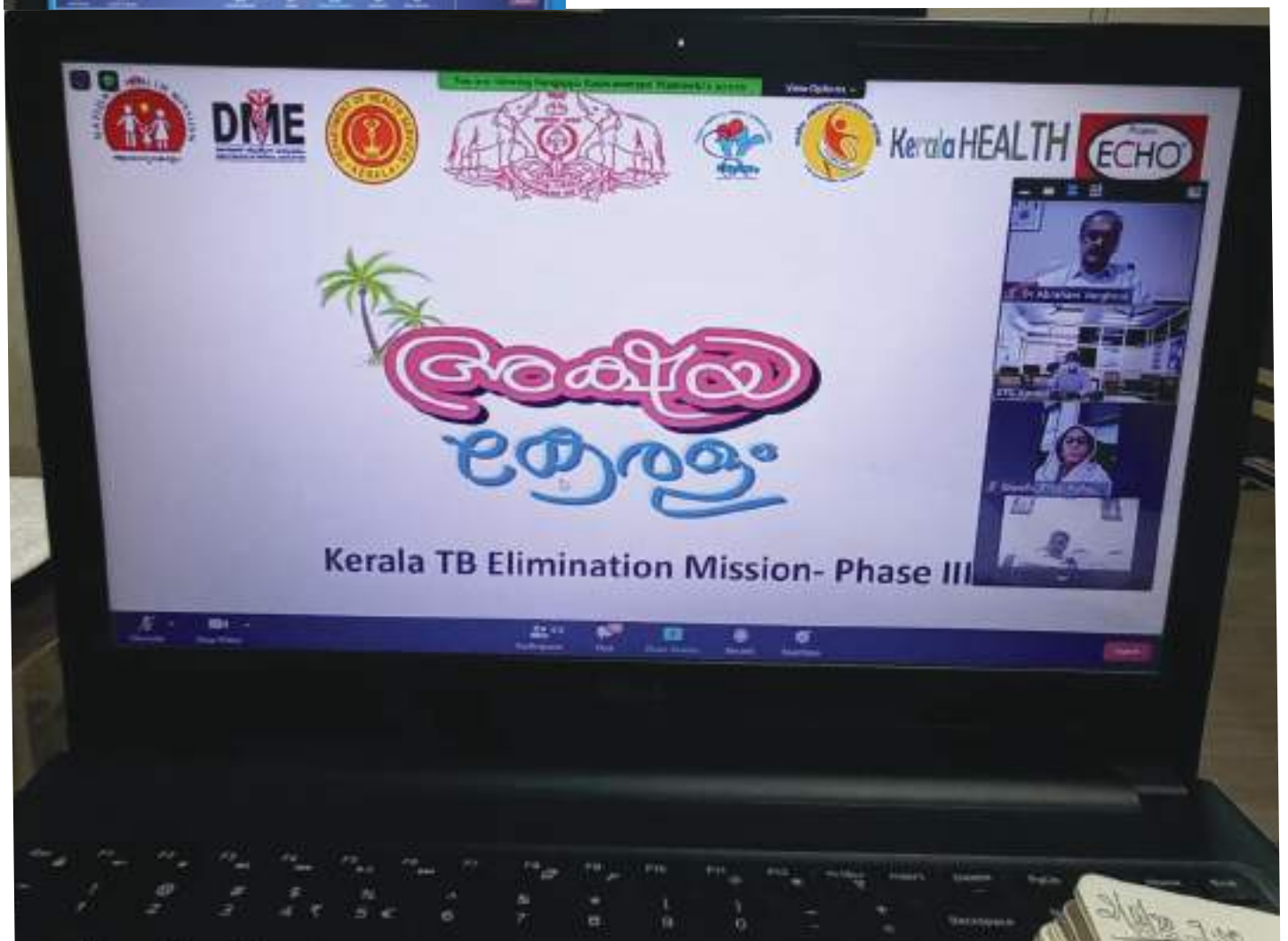




IMAGE - CBWTF NEW FACILITIES INAUGURAL FUNCTION



IMAGE is the Prestigious Project of [Indian Medical Association](#), (IMA KSB), developed for the scientific management of Biomedical Waste generated from HCEs in Kerala

IMAGE Commenced operation in 2004.
Presently the Largest CBWTF in India
The only CBWTF for the entire state of Kerala



IMAGE New Facilities - 20.09.2020

1. IMAGE – Ayitis Clinic
2. Forest Road
3. Incinerator Plant – 1 (Renovated)
4. New Rotary Incinerator (Automated, Rotary Kiln, Dry Scrubbing Type)
5. ETP (Revamped) & Ultra Filtration Unit
6. Transformer
7. Bottle Washing Machine
8. STP (25 KLD)
9. New Autoclaves – 2 Nos (300 Kg/Cycle)
10. Sorting Conveyor



സുരക്ഷയാരൂക്കാൻ കൈകോർക്കാം



Awareness Campaign Social Security Scheme I

SSS 1 organised a membership campaign from 15th to 30th September. Officials of IMA Social Security Scheme 1 were interacting online via Zoom to motivate every MM doctor below 55 years to join the Scheme.

For any further assistance: 8078 42 52 44

Email: sssimaksb@gmail.com

Let's ensure that every family of our professional brotherhood is secured.

Regards,

Dr. Prasanth C V

Secretary, SSS1, IMA KSB

Mob: 9495883376



Dr. Susan Samuel
Chairperson, SSS 1

Dr. Prasanth C.V.
Secretary, SSS 1

സമരത്തിലേക്ക് കടക്കുമെന്ന് കെ.ജി.എം.ഒ.എ

നിയമസഭയിലെ സഭാപ്രവർത്തനങ്ങൾക്കും സമരങ്ങൾക്കും തടയുമെന്നതിൽ നിന്നും സർക്കാർ പിൻമാറിയിട്ടില്ലെങ്കിൽ പ്രത്യേക സമരത്തിന് ഇറങ്ങുമെന്ന് കേരള ജെഡിഎഫ് ചെയർമാൻ സി.എം.എൻ (കെ.ജി.എം.ഒ.എ) മുന്നറിയിപ്പ് നൽകി.

സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് തുടക്കമുതൽ ആവശ്യപ്പെട്ടിട്ടും സർക്കാർ നടപടി സ്വീകരിച്ചിട്ടില്ല. ഇപ്പോൾ ആരും സഭയ്ക്ക് കൂടി സാലറി ചലഞ്ച് പ്രഖ്യാപിച്ചിരിക്കുന്നു. ഇത് അംഗീകരിക്കാൻ കഴിയില്ല.

24 മണിക്കൂറിൽ 63,883 പുതിയ രോഗികൾ

പ്രതിദിന രോഗികളിൽ ഇന്ത്യ ഒന്നാമത്



സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ

ജൂനിയർ ഡോക്ടർമാർ സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ആവശ്യപ്പെട്ടിട്ടും സർക്കാർ നടപടി സ്വീകരിച്ചിട്ടില്ല. ഇപ്പോൾ ആരും സഭയ്ക്ക് കൂടി സാലറി ചലഞ്ച് പ്രഖ്യാപിച്ചിരിക്കുന്നു. ഇത് അംഗീകരിക്കാൻ കഴിയില്ല.

Be prepared for testing times in coming weeks: Health minister

Total Covid cases cross 1 lakh mark in state people urged to wear face masks

The health minister of Kerala today said that the state is well prepared for the coming weeks. He said that the total number of COVID-19 cases in the state has crossed the 1 lakh mark. He urged people to wear face masks and maintain social distancing to prevent the spread of the virus.

COVID DEATH TOLL CROSSES 400-MARK

The COVID-19 death toll in Kerala has crossed the 400 mark. The health minister said that the state is well prepared for the coming weeks. He said that the total number of COVID-19 cases in the state has crossed the 1 lakh mark. He urged people to wear face masks and maintain social distancing to prevent the spread of the virus.

ഒറ്റ കാൽ മതി, ഡോക്ടറും മരുന്നും വിട്ടിലെത്തും...

വെസ്റ്റ് ബെൽജിയത്തിൽ ജനങ്ങൾക്ക് ഹോസ്പിറ്റൽ നിലവാരം



വെസ്റ്റ് ബെൽജിയത്തിൽ ജനങ്ങൾക്ക് ഹോസ്പിറ്റൽ നിലവാരം

കൊവാക്സിൻ പരീക്ഷണം; കുത്തിവെപ്പ് നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല

കൊവാക്സിൻ പരീക്ഷണം നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല. കുത്തിവെപ്പ് നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല. കുത്തിവെപ്പ് നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല. കുത്തിവെപ്പ് നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല.

കാലാവധി കഴിയാതായി

ഭവനമില്ല, പണിമുടക്കിലേക്ക് ജൂനിയർ ഡോക്ടർമാർ

ജൂനിയർ ഡോക്ടർമാർ ഭവനമില്ല, പണിമുടക്കിലേക്ക്. ജൂനിയർ ഡോക്ടർമാർ ഭവനമില്ല, പണിമുടക്കിലേക്ക്. ജൂനിയർ ഡോക്ടർമാർ ഭവനമില്ല, പണിമുടക്കിലേക്ക്.

എട്ടു ജില്ലകളിൽ രോഗവ്യാപനത്തോത് 300 ശതമാനംവരെ

എട്ടു ജില്ലകളിൽ രോഗവ്യാപനത്തോത് 300 ശതമാനംവരെ. എട്ടു ജില്ലകളിൽ രോഗവ്യാപനത്തോത് 300 ശതമാനംവരെ. എട്ടു ജില്ലകളിൽ രോഗവ്യാപനത്തോത് 300 ശതമാനംവരെ.

സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല

സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല. സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല. സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല.

കേരള സാ. സേവീസിൽ ഓഫീസേഴ്സ് അസന്തുലിതമാക്കി നൽകിയ പരാതിയെ തുടർന്ന് ഉത്തരവ് പരാതിക്കാർക്ക് പായാനുള്ളത് കേട്ട് സർക്കാർ ഒരു മാസത്തിനുള്ളിൽ തീരുമാനമെടുക്കണമെന്ന് കോടതി

കേരള സാ. സേവീസിൽ ഓഫീസേഴ്സ് അസന്തുലിതമാക്കി നൽകിയ പരാതിയെ തുടർന്ന് ഉത്തരവ് പരാതിക്കാർക്ക് പായാനുള്ളത് കേട്ട് സർക്കാർ ഒരു മാസത്തിനുള്ളിൽ തീരുമാനമെടുക്കണമെന്ന് കോടതി.

തർക്കമില്ലാതെ ആരോഗ്യ സർവ്വകലാശാല: എ.ജി.എസ്.എസ്. എസ്. എസ്.എസ്.എസ്.

അടുത്ത വർഷം ഡോക്ടർ ക്ഷാമം

അടുത്ത വർഷം ഡോക്ടർ ക്ഷാമം. അടുത്ത വർഷം ഡോക്ടർ ക്ഷാമം. അടുത്ത വർഷം ഡോക്ടർ ക്ഷാമം. അടുത്ത വർഷം ഡോക്ടർ ക്ഷാമം.

All parties agree on need for more curbs, says CM

All parties agree on need for more curbs, says CM. All parties agree on need for more curbs, says CM. All parties agree on need for more curbs, says CM.

ആരോഗ്യ അടിയന്തരാവസ്ഥ
ആവശ്യമില്ല - മുഖ്യമന്ത്രി

[illegible]

www.dunlop.co.uk

[illegible]

ore curbs: CM

new that will breakdown into cancer is a question, to back the argument. "Life has to be made good, cancer will have to solve the fluctuation in all societies. However, what has to be taken care of is the fact that life has to move on ensuring strict governmental, the C3d article

IMA has strict measures
The state unit of Indian Medical Association (IMA) has urged the government to declare a health emergency as the state of the situation is getting worse. In a letter to the chief minister, the IMA office-bearers have

ജൂനിയർ
നോക്കൗട്ടർമാരുടെ
രാജി
വിട്ടുവീഴ്ചയ്ക്ക്
ഇല്ലെന്നു കുറ്റമുന്തിരി

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Pay cut unlikely for temporary doctors



24 കോടിയോളം നൂറ്റാണ്ടിൻ്റെ 1.056 പേർ ഓരോരുത്തരുടെയും ശരാശരിയായ 24 കോടി രൂപയുടെ മൂല്യം.

STATE REPORTS
continued

The State government may go easy on the requirements to cut the wages of temporary doctors posted on COVID duty as part of the salary challenge initiative to collect funds for the Chikungunya District Relief Fund (CDRF).

Almost 1,000 odd doctors from the 2014 MBS batch in government medical colleges across the State who completed their course earlier this year were posted

at various health centres for a three-month period. Close to 800 people had joined duty at a monthly salary of 840,000 following an order issued in April last week. Their salaries were delayed owing to technical issues.

When the temporary doctors got it, some of them found that the pay for six days had been cut in line with the government order on deferring contributions towards the CMHS from employees earning over £20,000 a month.

Six days' salary was cut from some doctors posted on COVID duty.

This was followed by an association representing these doctors declaring that they were not keen on continuing in service from September 03.

According to sources in the Health Minister's office, implementation of the above-mentioned order had led to some confusion. The

GO SOON
A government order clearing the confusion was expected soon, they said. Also, the three-month service period of these doctors was supposed to end by mid-September, the association said.

No lockdown but more curbs: CM

Stavromentzoglou says he is a party member concerned by the behavior of President Vassilios Papademos in the wake of the election results. It is not clear if the situation was not that all many Europeans would be brought in to assist in the election process.



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It may be too demanding to expect that all children will get positive feedback for learning. There are too many factors involved in the learning process. It is a balance of many things, and that balance is constantly shifting. But it is important to find the right balance for each child.

കോവിഡിനു ഹോമിയോ ചികിത്സ: ആരോഗ്യവ്യവസ്ഥകളുടെ വെളിച്ചം: ചിന്താഗതിയുമായി ഹോമിയോചികിത്സ: ബെഡിംഗ് അസോ.

1. **Identify the problem.** The first step is to identify the problem. This involves understanding the symptoms and the context in which they are occurring.

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1. The first step is to identify the problem. This involves understanding the current situation and the goals that need to be achieved.

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Branch Activities - AUGUST 2020

THALASSERY

5.8.2020: CME on Evidence Based Care and Tele ICU at a Pandemic Scale.

07.08.2020: IMA & IAP Thalassery conducted a Breast Feeding Week CME on 07.08.2020.

12.08.2020: GB CUM CME Zoom meeting on 12.08.2020.

CME on Covid 19 Management.

15.08.2020: Observed Independence Day.



WOWTHALASSERY

Breast feeding Week - 01.08.2020 to 07.08.2020 -

Awareness class on Breast Feeding: As a part of World Breast Feeding Week Celebration on 2020, awareness class for mothers of Antenatal ward at GH Thalassery in association with IAP, IMA and WOW Thalassery & took awareness class for staff nurses, head nurses and nursing assistants of GH Thalassery.

07.08.2020: Zoom Meeting - IMA & IAP Thalassery conducted a Breast Feeding Week CME on 07.08.2020. CME on "Covid Pandemic and Breast Feeding" and "Breast Feeding and BPH obstetrical Perspective".

12.08.2020: GB CUM CME Zoom meeting on 12.08.2020.

15.08.2020: Independence Day Celebration and Inauguration of "Smrithi Mandapam" at GH Thalassery. Flag hoisted by Supdt Dr. Preeyash Nambathiripandu and felicitation by RMO Dr. Jithin V S & Dr. Subash. MLA Shamsheer Inaugurated Smrithi Mandapam and

Municipality Chairman Ramesan C K did presidential address & Dr. Mayallithin delivered pledge.

25.08.2020: Eye Donation Fortnight starts - As part of eye donation fortnight day observation, a class was conducted at PHC Peringolam. Observed virtual Onam celebration during the pandemic situation with various programs.



KANHANGAD

02-08-2020: Inaugural ceremony of IMA House Kanhangad at 10.00 am. Due to Covid-19 control restrictions ceremony was conducted on virtual platform zoom meeting. The building was inaugurated by Sri Chandrasekharan E, minister for revenue and housing, Government of Kerala in presence of Sri Rajamohan Unnikrishnan, M P Kanhangad, Sri V V Rameshan, municipal chairman, Kanhangad, Dr K G Pol, president IMA Kanhangad, secretary Dr Proween Arora and IPP Dr Raghavan M. Dr Abhilesh V, convener building committee delivered the welcome address.

11.08.2020 & 18.08.2020: Executive Meetings.

15-08-2020: IMA Kanhangad observed Independence Day flag hoisting ceremony at new IMA House.

24-08-2020: Monthly GBM & CME on 24-08-2020 on zoom meeting. Dr K G Pol welcomed the members and guest speaker Dr Rejesh Joydevan, president IMA Cochin. Dr T V Padmanabhan introduced the speaker. Dr Proween Arora proposed vote of thanks.





THODUPUZHA

03.08.2020: Physical executive committee meeting was conducted to discuss the COVID-19 situation and to explore the possibility of COVID 19 positive Doctors in Thodupuzha itself. Chezhikattu Hospital Managing Director expressed willingness to hand over the old Chezhikattu hospital building to the Government to convert it as a tertiary care center for COVID 19 patients. The Executive committee supported the same and expressed willingness to cooperate for the smooth functioning. Doctors of the major private hospitals expressed their willingness to treat symptomatic COVID positive Doctors in their respective hospitals with the consent of Hospital Managements.

15.08.2020: Independence day celebrations were conducted at IMA house, Thodupuzha.

PERINTHALMANNA

01.08.2020-07.08.2020: Observed BREAST FEEDING WEEK with various online programs. There was a webinar on Breast feeding and its importance at MES Medical College Perinthalmanna in association with Dept of Community Medicine of MES Medical College. There was a talk about "Importance of breast feeding". A quiz program was organized for PG students on the Importance of breast feeding.

01/08/2020: Attended IMA NORTH ZONAL MEETING of RPSS SCHEME

02/08/2020: COMMUNITY PSYCHIATRY CAMP AT MARANCHERY PAIN AND PALLIATIVE CLINIC and distributed free medicines during the camp.

05/08/2020: IMA PERINTHALMANNA members actively

participated at Covid 19 Academia meeting organized by IMA DC on 05 August 2020. Topic was symptomatology of covid.

06/08/2020: IMA PERINTHALMANNA Branch conducted Blood Bank managing Committee meeting to decide on the working conditions for the newly installed Trunst Machine near IMA Blood bank on 06 Aug at IMA house.

06/08/2020: IMA perinthalmanna members actively participated in a webinar conducted by district committee Malappuram for educating police force about covid on 06.08.2020. 07/08/2020: IMA PERINTHALMANNA members actively participated in the online CME on 'radiological diagnosis & extra pulmonary manifestations of covid 19' on 07/08/2020.

09/08/2020: The TRUNAT machine inaugurated by MLA Menklemkudhy Ali at the blood bank building. The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Menkade Pain and Palliative Clinic was held on 09/08/2020, examined the patients in the camp and distributed free medicines for the patients.

14/08/2020: ACTIVE PARTICIPATION AT ONLINE CME on screening, contact tracing, quarantine by IMA DC MALAPPURAM - Our branch members actively participated at Covid 19 Webinar organized by IMA DC Malappuram on 14th August.

14/08/2020: IMA Perinthalmanna in association with WDW and Perinthalmanna obstetrics society organized a webinar to celebrate International Youth Day 2020 on 14th August 2020. The topic of the webinar was 'Coping with Covid 19 Pandemic - Youth Perspective'.

15/08/2020: IMA PERINTHALMANNA OBSERVED Independence Day on 15/08/2020.

16/08/2020: Monthly Free Community Psychiatry Camp at Prothesekko Pain and Palliative Clinic, Kottanadu was held on 16/08/2020. Free medicines were distributed for the patients during the camp.

17/08/2020: Branch members actively participated in a Webinar on Covid 19 organized by IMA DC Malappuram on 17 August. Topic was 'essentials of infection control practices'.

18/08/2020: Branch members actively participated in a webinar by PGGS & IMA on 18th August. Dr. Jayalalshree AI and Dr. Kachu S Meni actively were among speakers.

18.08.2020 and 22.08.2020: SWAB TAKING TRAINING - IMA members participated in the training program for healthcare workers from various hospitals on Nasopharyngeal and oropharyngeal swab collection for Covid testing.

19/08/2020: Branch members actively Participated in the

webinar on "Diagnostic Tests in Covid19" organized by IMA DC Malappuram on 19 August.

20/08/2020: IMA PERINTHALMANNA Donated N95 and 3layer masks to "Santhwanam" Society of the differently abled on 20 August.

23/08/2020: The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Elamkulam in association with the EMS Trust and DMHP was held on 23/08/2020. Free medicines were distributed for the patients during the camp.

26/08/2020: Branch members actively participated in a Webinar by IMA DC Malappuram on 26 august. Topic was 'CPR & AIRWAY MANAGEMENT IN COVID SETTING'.

27/08/2020: IMA PERINTHALMANNA conducted Zoom EXECUTIVE meeting on 27 August.

28/08/2020: Members actively participated in Online CME on Covid 19 organized by IMA Malappuram District Committee on 28 august 2020. Topic was 'ICU management of covid patients'.

30/08/2020: Conducted onam celebration through zoom on 30/08/2020.

30/08/2020: Members actively participated at E- Onam Celebration organized by IMA DC Malappuram District on 30 August.



WDW PERINTHALMANNA

01.08.2020-07.08.2020: Observed 'breast feeding week' with various online programs. There was a webinar on Breastfeeding and its Importance at MES Medical College Perinthalmanna in association with Dept of Community Medicine of MES Medical College. The talk was about 'Importance of breast feeding'. A quiz program was organised for PG students on the Importance of breast feeding.

14.08.2020: WDW Perinthalmanna in association with IMA and Perinthalmanna obstetrics society organized a webinar to celebrate International Youth Day 2020 on 14th August 2020. The topic of the webinar was 'Coping with Covid19 Pandemic-Youth Perspective'.

15.08.2020: Women Doctors Wing Perinthalmanna members were present in the flag hoisting ceremony at IMA House Perinthalmanna and at various hospitals.

18.08.2020 and 22.08.2020: WDW members participated in the training program for healthcare workers from various hospitals on Mesopharyngeal and oropharyngeal swab collection for Covid testing.

27.08.2020 - WDW members attended the online Executive Committee Meeting held on 27th August 2020, discussed the online Onam celebration and election of new office bearers of IMA and WDW Perinthalmanna.

30.08.2020 - WDW Perinthalmanna in association with IMA Perinthalmanna celebrated Onam in Zoom platform on 30th August 2020. The members with family celebrated Onam with various cultural events.



WDW COCHIN

Breast feeding week from 1st -7th August was celebrated by different members of WDW Kochi

National Nutrition Month of India was celebrated between 1st September to 7th September 2020 with online nutrition camp.

Online Nutrition Camp for Children.

MEMORIA

21.08.2020 : CME on "Initiation and dose titration of Insulin" (Zoom) which was attended, not only by the members of ANS chapter but also by many practicing doctors in the state.

22.08.2020 : CME on "Initiation Workshop" (Zoom)

09.09.2020 : CME on "Initiation and dose titration of Insulin" (Zoom).



MADHYAKERALA

5th August 2020 : Dr.Sagith and Dr.Rajeeq protested through the social media against the sharp criticism thrown against the doctors in the wake of tragic end of a boy followed by swallowing a coin.

7th August 2020 : Webinar on Primix Insulins . Dr.Shyam Mukundan, Senior consultant physician Lakshmi Nursing home Aluva spoke on the topic .Dr.Ashok kumar and Dr.Akhilesh moderated the session.

12th August 2020 : Executive committee meeting. Discussed IMA Madhya Kerala Branch election 2021.

13th August 2020 : Webinar on the Impact of the present pandemic in Dermatology practice . Dr.Rajesh Sankar consultant Dermatologist Ernakulam, spoke on the topic . Dr. M N Menon and Dr.Naseeruddin moderated the session.

13th August 2020 : Covid Care Kit .IMA MKB with the help of Kochin branch provided this kit at the rate of Rs2000 for our members .

15th August 2020 : 74th Independence Day . This day was celebrated at IMA hall Aluva . Dr.Muraleedharan hoisted the flag in the presence

of Dr.Matthew Isaac , Dr.Rajeswari Amma ,Dr.Aswari, Dr.Ashok Kumar ,Dr.Fisheroddy and Dr.Sagith.

15th August 2020 : Dr.Rajeswari Amma distributed merits awards at Palell road residence association Sreemoolanagaram.

17th August 2020 : Quarantine facilities. IMA MKB made a tie up with Flora Airport International if any situation arises for our members and their family.

29th August 2020 : E- CME On practical approach to management of Covid 19 . Dr.Fathahudeen ,vice prindpal and HOD pulmonary medicine . GMC Ernakulam spoke on this topic .Dr.Akhilesh and Dr.Dorphy moderated the session.

31st August 2020 : Thiruvonam sadya , 390 vegetarian meals were delivered to our members and their families as their Thiruvonam gift.

Date: August 29th 2020 Saturday

Time: 7:30 PM to 8:30 PM

Practical approach to management of Covid-19

Speaker



Dr. Fathahudeen
MR, Anaesthetist, Professor and Head,
Department of Anaesthesia and
Critical Care Medicine and
Head of Unit for COVID-19, BMC, Ernakulam
Interpreting in Malayalam
from English and as "Therapist"
from Marathi, French

Moderator



Dr. Akhilesh
MR
Pulmonologist, Apollo Hospital

Moderator



Dr. Dorphy P D
MR, Endocrinology and
Physician, Apollo Hospital, Bangalore

Panelist



Dr. Muralidharan AK
Professor, BMC, ERN



Dr. Sagith MA
Lecturer, BMC, ERN

Please join the E- CME by clicking on the link sent with this invite



KANNUR

03.08.2020- Conducted web CME on preparedness and activities for Covid 19 epidemic by Dr. Babu raveendran, former IMA National Vice President.

06.08.2020- Conducted Executive Committee Meeting.

13.08.2020- Conducted monthly General Body Meeting.

27.08.2020- Conducted Web CME approach to the management of Venous Diseases by Dr. Shiju T.K., Consultant Surgeon Kannur.

01-08-2020, IMA Kannur conducted Web CME on Preparedness and activities for Covid 19 epidemic by Dr. Babu Raveendran, former IMA National Vice President.



WDM KOTHICODE

02.08.2020: Members attended south zone fest by ZOOM.

03.08.2020 – Breastfeeding week observed & given class to the patients and bystanders following protocols.

05.08.2020: Breast feeding awareness talk conducted to house surgeons of mmc. members participated in zoom inauguration of palliative care unit under IMA.

06.08.2020: Quiz conducted to undergraduates of dmtc medical colleges at mmc model medical ur in connection with breast feeding awareness week.

07.08.2020: Breast feeding awareness class conducted at rajendra nursing home. took class to the patients, bystanders & staff of the nursing home.

12.08.2020: - Participated in webinar on safe food conducted at state level, eat right & fight covid inaugurated by state president dr abraham varghese.

18.08.2020: Executive meeting conducted through zoom conducted a class about "healthy living" during covid 19 to our members.

23.08.2020: Members participated in webinar conducted by wdm at national level, "resilience-the need of the hour."

28.08.2020: Eye donation fortnight observed by ZOOM.

29.08.2020: Members and family celebrated onam through zoom, performed dances, songs, followed by virtual sadya made by the members in the home.



Monthly Questionnaire for IMA Blood Bank

1. Name of blood bank: IMA Blood Bank Society Thodupuzha

2. Reporting month & year: August -2020

3. Awareness class on VBD: Nil

(Insert pictures with place and date)

4. Total VBD camps conducted: Nil

5. Total Blood collected during camps: Nil

Males-, Females-

6. Total blood collected at blood banks-286

Males-282, Females-04

7. Total blood and components issued:-602

a. WB 01 d. SDF 00 g. FFP-113

b. RCC 279 e. Cryo 00

c. PLC 209 f. Bulky 00

Independence day flag hoisting was done by Blood Bank Society Dr. Ajl P N on 15th August 2020 8:00 AM in front of the IMA blood Bank.



MONTHLY QUESTIONNAIRE FOR IMA BLOOD BANK, THRISSUR

- 1 Name of Blood Bank : Janakeeya Samithy (Arogyam)
IMA Blood Bank Complex & Research Centre
Ramavarmapuram, Thrissur - 680 631
Ph: 0487 - 2320784
- 2 Reporting Month & Year : August 2020 COVID 19 - LOCK DOWN
- 3 Awareness class on VBD : 0
- 4 Total VBD Camps conducted : 0
- 5 Total blood collected during camps : 0
Males : 0 Females : 0
- 6 Total blood collected at blood banks : 1120
Males : 1098 Females : 22
- 7 Total blood and components issued : 2284
a. WB : 76 e. SDP : 0
b. PRBC : 992 f. Cryo : 0
c. PLC : 368 g. Buffy : 0
d. FFP : 848
- 8 Training if any : NIL COVID 19 - LOCK DOWN
- 9 Other activities : NIL
- 10 Important days observed : NIL

- 11 Beneficiaries : PATIENTS OF THRISSUR, PALAKKAD & MALAPPURAM DIST.

Place: Ramavarmapuram

Date: 03.09.2020

Dr. S.M. Balagopalan
Blood Bank Medical Officer In-charge

Janakeeya Samithy (Arogyam)
I. M. A. Blood Bank Complex & Research Centre
A Project Unit District Panchayath & I. M. A. Thrissur
P. O. Ramavarmapuram, Thrissur 680631
Ph: 0487-2323964 / 2320784

Dr. S.M. Balagopalan
MBBS DCP
Blood Bank In-charge

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