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Kerala IMA News Letter

OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE



IMA Kerala Sparkles
Largest Contingent, Record Awards





We too need that hug

Once Shri Ram went to take bath in a pond. He stamped his arrow in the ground vertically and went for bath. When he returned he found a toad mortally injured by the arrow. Moved by its plight he touched it with kindness and asked why it had not croaked loudly when he stamped his arrow. The toad said in reverence that when anyone hurt it, it would call loudly to Shri Rama for refuge. When Bhagavan himself was the perpetrator what could a poor toad do?....There is a modern twist: The toad is undergoing dissection for evidence of arrow.

Doctors have been at the wrong end of the stick for long. If ISRO deserved one, doctors of this country deserve a thousand. Pedestrian working conditions, inhuman workload and violence in workplace have not deterred our doctors to improvise and innovate to impart the healing touch. They take on a stress level unmatched even in today's world. They die young. In life they are abused, trolled, sued and even beaten to death. Yet they have raised the lifespan of this nation from 27 to 72. Millions died of cholera and smallpox. Now we the nation have the luxury of dying of old age.

Doctors of this country fast forwarded in time to catch up with the West. We are the frontier of modern medicine today. Yet we are the affordable and accessible in the world. We bear the cross for someone's failure. How do one bottle up 1.3 billion expectations in 1% GDP?

We can never fathom out why our airports are safe zones with three layer security while hospitals are given a pause. Neither do we understand why airlines staff and their work disruptions attract special legislations while Doctors and Hospitals await the next attack. Home Ministry certainly has its priorities.

We too need that hug. We have waited for long. Any day India will be poorer without its doctors.

Dr R. V. Asokan

Hony. Secretary General, IMA



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MEETING WITH MINISTER

IMA Kerala team met the Hon Health Minister and discussed regarding CEA. Minister promised a minute meeting.

The team also met the Ministers Mr.E P Jayarajan and Mr..A C Moideen to discuss about new projects of IMAGE. We met the Scientific Advisor to the Govt as well.





President's Column

Coming together is a beginning, keeping together is progress, working together is success.

Warm Greetings to all !

The dream of organising IMA District Conventions in the state had a good beginning on 19th January. Probably this date will find a place in the annals of history. This district convention, the first of its kind in the State, was held at Public Library Hall, Trivandrum. Thanks to the sincere efforts of the Trivandrum District Committee who could rise to the occasion.

A health parliament yet another new concept, discussing the various health issues was organised at the venue with the participation of the public. This was a huge success. Many health related suggestions were brought in, which has been published. The same day evening, a public function was arranged, where 5 MLAs, Mayor, and many public personalities attended. Now, let's take this flame to all the other 13 districts, bringing in more glory to IMA. My sincere thanks to the Organising Committee headed by Dr. Sulphi, Dr. Binoy, Dr. Areeffa and all the leaders of nine IMA branches in the Capital City who made it a grand success.

Now a few tips for the incoming District conventions.

The goal of this convention is to project the social activities of IMA, that of the state and special ones initiated by your branches. You may organise the convention in a public place (need not be in IMA hall) either in a Town hall or Municipal hall. Please invite local MLAs, MPs, local Panchayath / municipality leaders. Talk to them about the different social activities we are undertaking. You may also inform why we oppose NMC, CEA etc. Request action committee members in each district to assist DC in organising the convention. Please delegate jobs to all branches & leaders of your district. Let it be a meeting of all members with their families.

As far as expenses are concerned, please prepare a minimum budget programme. Local branches in the district may raise a fund for organising the meeting. The balance of which may be kept for DC activities. The income from Mutual Benefit Scheme may also be used for DC activities. Please try to restrict your expenses.

An open counter for Nammudae Arogyam sales may be considered. Membership campaign & scheme memberships may be promoted. Handing over the new membership forms / scheme membership forms will definitely impress the public present there.

Friends, our ultimate aim is to strengthen IMA and the Doctor Patient relationship. So avoid controversies. In the public function, please stick to the protocols.

With lots of love

Jai Hind....Jai IMA

Dr. Abraham Varghese
State President



From the Editor's Desk...

Dear colleagues,

Hope the office bearers of local branches and state branch are geared up for the activities of this IMA year. The new office bearers taking over charge in some of the local branches were delayed undesirably due to various reasons. An earnest pre-planning by the office bearers would have avoided this situation. Let's keep it in mind.

Green Book is a reference guide and we insisted that it should be without errors. With apologies for the delay, certain facts are to be put forth. When you take up a responsibility to lead a local branch/scheme/project/committee, certain basic things we expect from the leaders. It took more than three months to collect the data - address/email/photograph/contact number and so on. Majority of the leaders complied but less than ten percent caused the delay. The number of phone calls/emails/messages made requesting the data are unimaginable. Even when we published the provisional soft copy messages poured in. Apologies again for the inadequate proof corrections; data send to us were changed/altered again by the concerned. This shows the importance of dedicated team work. Well, book is finally in print. Mention was done just to make you aware the importance of giving priority to the official work, not of course shredding our responsibility and we remember with gratitude the help and advice received from many quarters.

State President/Secretary meet at New Delhi call for the continued struggle against NMC, for curbing the hospital/health care professional attacks and other challenges. State branch has to gear up to lead struggle from the front. Request everyone to cooperate.

We are trying to include all the reports of local branches received at the state office in the newsletter. If at all anything is missed please inform. Wishing you an eventful future.

Yours in IMA

Jai Hind.... Jai IMA

Dr. P. Gopikumar
State Secretary

MEETING WITH DME / DHS



State President Dr. Abraham Varghese had a meeting with DME Dr. Remla Beevi, DHS Dr. Saritha, ADHS Vigilance Dr. Sreelatha today at Govt Guest house, Ernakulam. Though it was with short notice, we could discuss various issues concerning the Association.

Inaugurated the 9th National Conference of Asia Oceania Research Organisation on Genital Infection & Neoplasia India on 14th Dec 2019 at IMA House, Cochin.



PRESIDENT & SECRETARY BRANCH VISITS





Scheme/Projects/Committee meeting was held on 15th December 2019 at IMA Periyar House, Aluva. Commendable response from the office bearers; Action plan of Schemes and Committees discussed and finalised.



LAUNCH OF ACTIVITIES - 2020



The inauguration and launch of activities of the Woman Doctors Wing of Indian Medical Association, Kerala State Branch was held on 5th January at Periyar house, Aluva. Dr. Kavitha Ravi, Chairperson of WDW presided over the function. Dr. Abraham Varghese, State President of IMA KSB inaugurated the function and launched the activities for 2020 officially .Dr. M E Sugathan, Dr. P. Gopikumar, Dr. Samuel Koshy, Dr. Jain Chimmen, Dr. Rajeswari Amma, Dr. Kochu S Mani, Dr. Muraleedharan, Dr. Lilabi, Dr. Bindhu, Dr. Rajalekshmi, Dr. Hema Sasidaran and Dr. Swapna S Kumar felicitated.



Dr. Asha Vijayan, Superintendent, GH, Muvattupuzha spoke on The Super Woman Myth- Is it a trap? Woman doctors across the state participated in the General body and resolved to carry out the WDW projects on Child abuse, substance abuse, menstrual hygiene, prevention of lifestyle diseases, early detection of cancer etc aimed at the emotional and physical well being of women, adolescents and children and the community at large.

NATCON 2019



IMA National Conference was held at Kolkata on 27 and 28 December 2019. IMA Kerala made their presence felt by participation and receiving awards.... Contingent of 120 delegates and a record 32 awards - individual & branch.







IMACON 2020 KUNNAMKULAM



The launch of the official logo of Annual Conference of IMA KSB was done by the State President Dr. Abraham Varghese in the GB of the hosts, IMA Kunnammkulam. The logo was unveiled digitally by the State Secretary Dr. P. Gopikumar. Mid Zone Joint Secretary Dr. Jain Chimmen, Thrissur DC Chairman Dr. Sandeep Sudhakaran and neighboring branch Presidents and members were present....



IMA Blood Bank Thrissur was adjudged the Best Blood Bank in the State. Past State President and Director IMA Blood Bank Thrissur, Dr. V. Govindankutty received the Award from the Hon Health Minister.



Dr. N. Sulphi, Vice President South Zone, IMA Kerala participated panelist in the international workshop on transplant administration at Trivandrum. Discussed challenges in transplant, and organ donation .



Latest from IMA PEPS

IMA HARITHAM

Eco friendly cloth carry bags
for hospital pharmacies at
affordable rates.



രാജ്യത്ത് അരാജകത്വം: ഫ്ലൈഫിംഫ്

ന്യായത്തിന്

രാജ്യത്ത് ക്രമസമാധാനം പുറം താഴ്ന്നു തകർന്നു. സമ്പൂർണ്ണ അരാജകത്വത്തിലേക്ക് കൂടുതൽ അടുത്തു. ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (എം.എം.എ.) ഫ്ലൈഫിംഫിൽ പാർക്കുവരെ ശക്തിപ്പെടുത്തിയതിനെത്തുടർന്ന് ഡോക്ടർമാർക്കും നേഴ്സുമാർക്കും നേരെയുണ്ടായ ആക്രമണത്തെ എം.എം.എ. അപലിച്ചു. രാജ്യത്ത് പരമാവധി ഡോക്ടർമാരും നേഴ്സുമാരും സർവ്വകലാശാലകളിൽ

പരിരക്ഷിക്കപ്പെട്ടവർക്ക് മാത്രമേ സുരക്ഷിതത്വമുണ്ടായിട്ടുള്ളൂ എന്ന് സഭാധ്യക്ഷൻ ലോകത്തിന് നൽകുന്നത്

നന്ദി. ഇന്ത്യയിലെ ഡോ. ലിസി കുഷ്ണന്റെ നേതൃത്വത്തിലുള്ള സംഘമാണ് ഈ സാങ്കേതിക വിദ്യ വികസിപ്പിച്ചെടുത്തത്. കുർക്കുമിൻ വേഫർ സാങ്കേതിക വിദ്യ ഇന്ത്യൻ കൗൺസിൽ ഫോർ മെഡിക്കൽ റിസർച്ചിന്റെ സഹായത്തോടെ നടത്തിയ ഗവേഷണത്തിലാണ് കണ്ടെത്തിയത്. സാങ്കേതിക വിദ്യ വ്യാവസായിക അടിസ്ഥാനത്തിൽ

കണ്ടെത്തി പ്രതിരോധിക്കാനുള്ള കേന്ദ്രീയകരമായതാണ് ആദ്യത്തെ ഡോക്ടർമാർക്ക് ചികിത്സ നൽകാനുള്ള അവകാശം ഡോക്ടർമാർക്കും നേഴ്സുമാർക്കും നേടുവാൻ സർവ്വകലാശാലകളിൽ

മുണ്ട്. ഇന്ത്യയിലെ ഡോ. ലിസി കുഷ്ണന്റെ നേതൃത്വത്തിലുള്ള സംഘമാണ് ഈ സാങ്കേതിക വിദ്യ വികസിപ്പിച്ചെടുത്തത്. കുർക്കുമിൻ വേഫർ സാങ്കേതിക വിദ്യ ഇന്ത്യൻ കൗൺസിൽ ഫോർ മെഡിക്കൽ റിസർച്ചിന്റെ സഹായത്തോടെ നടത്തിയ ഗവേഷണത്തിലാണ് കണ്ടെത്തിയത്. സാങ്കേതിക വിദ്യ വ്യാവസായിക അടിസ്ഥാനത്തിൽ



ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ സംസ്ഥാന സമ്മേളനത്തിന്റെ ഉദ്ഘാടന പ്രകാശനം സംസ്ഥാന പ്രസിഡൻ്റ് ഡോ. എബ്രഹാം വർഗീസ് നിർവഹിക്കുന്നു

ക്യാൻസറിന് മഞ്ഞൾ ചികിത്സ: ശ്രീചിത്രയ്ക്ക് പേറ്റന്റ്

തിരുവനന്തപുരം: ക്യാൻസർ ചികിത്സയ്ക്ക് മഞ്ഞൾ ഉപയോഗിക്കുന്ന സാങ്കേതിക വിദ്യയ്ക്ക് ശ്രീചിത്ര തിരുനാൾ ഇൻസ്റ്റിറ്റ്യൂട്ടിന് യുഎസ് പേറ്റന്റ്. ക്യാൻസർ ബാധിച്ച കോശങ്ങളെ നീക്കം ചെയ്തശേഷം സമീപ കോശങ്ങളിലേക്ക് പടരുന്നതിനായി ഉപയോഗിച്ച കുർക്കുമിൻ വേഫർ എന്ന സാങ്കേതിക വിദ്യയാണ് പേറ്റന്റ് ലഭിച്ചത്.

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ഫ്ലൈഫിംഫ് സംസ്ഥാന സമ്മേളനം: ലോഗോ പ്രകാശനം

കുന്നംകുളം: ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ സംസ്ഥാന സമ്മേളനത്തിന്റെ ഉദ്ഘാടന പ്രകാശനം സംസ്ഥാന പ്രസിഡൻ്റ് ഡോ. എബ്രഹാം വർഗീസ് നിർവഹിച്ചു. സംസ്ഥാന സെക്രട്ടറി ഡോ. ഗോപികുമാർ, ഡോ. ദേവദാസ്, ഡോ. മധുസൂദനൻ, ഡോ.

സന്ദീപ് സുധാകരൻ, ഡോ. ജെയിൻ ചിമ്മൻ, ഡോ. നൈനാൻ കുഞ്ഞുർ, ഡോ. വർഗീസ് പോൾ, ഡോ. ഒ.ജെ. ജോൺ എന്നിവർ സംസാരിച്ചു. നവംബറിൽ കുന്നംകുളത്തിൽ 'ഇമാകോൺ 2020' എന്ന പേരിൽ സംസ്ഥാന സമ്മേളനം നടക്കുക.



എം.എം.എ.യുടെ ഹെൽത്ത് കോൺസൾട്ടേഷൻ ഡോ. സത്യൻ വിജയത്തിന്റെ നേതൃത്വത്തിൽ അതിരൂപതാ പരിരക്ഷാ കമ്മിറ്റിയിലെ ഏകദേശം 100 പേർ പങ്കെടുത്തു. ഡോ. സത്യൻ വിജയത്തിന്റെ നേതൃത്വത്തിൽ അതിരൂപതാ പരിരക്ഷാ കമ്മിറ്റിയിലെ ഏകദേശം 100 പേർ പങ്കെടുത്തു.

സമരം ചെയ്ത ഡോക്ടർമാരോട് സർക്കാർ ക്ഷമിച്ചു

തിരുവനന്തപുരം: കുടുംബാരോഗ്യകേന്ദ്രങ്ങളിൽ അധികൃതരായ ആരോഗ്യവകുപ്പ് സമരം ചെയ്ത ഡോക്ടർമാർക്ക് സമരദിവസങ്ങളിൽ അവധി അനുവദിക്കാൻ ആരോഗ്യവകുപ്പ് തീരുമാനം. ഡോക്ടർമാരുടെ സംഘടനയായ കെ.ജി.എം.ഐ.യുടെ സമ്മർദ്ദത്തെത്തുടർന്ന് നാണിന്.



യുള്ളവർക്ക് ആ ദിവസങ്ങളിൽ ശമ്പളത്തിന് അർഹതയുണ്ടാവില്ലെന്നും സേവനത്തുടർച്ച അനുവദിക്കില്ലെന്നും വ്യക്തമാക്കി സർക്കാർ അന്നു ഉത്തരവിറക്കി. സമരത്തിൽ പങ്കെടുത്ത പ്രൊബേഷൻ പൂർത്തിയാക്കിയിട്ടില്ലാത്ത മെഡിക്കൽ ഓഫീസർമാരെ പരിശുദ്ധീകരിക്കുന്നതിനായി നൽകി.

2018 ഏപ്രിൽ 13 മുതൽ 16 നെയ്തയിരുന്നു ഡോക്ടർമാരുടെ സമരം. വൈകുന്നേരം ആറു മണിക്ക് പ്രവർത്തിപ്പിക്കണമെന്ന് കുടുംബാരോഗ്യകേന്ദ്രങ്ങളിൽ നിലവിലുള്ള ഡോക്ടർമാരുടേ എണ്ണം മുന്നിർത്തി അഞ്ചായി ഉയർത്തണമെന്നായിരുന്നു ഉദ്ദേശം. സമരം താല്പര്യം ആശുപത്രികളിലേക്ക് വ്യാപിച്ചതോടെ പലയിടവും അവയുടെ പ്രവർ

ത്തനം താറുമാറായി. സ്പെഷ്യലിസ്റ്റ് ഡോക്ടർമാർ സമരത്തിൽ നിന്നും വിട്ടുനിന്നു. 'ആർദ്ര' പദ്ധതിയുടെ ഭാഗമായ കുടുംബാരോഗ്യകേന്ദ്രങ്ങളിൽ ഒ.പി. നടത്തുന്നതിന് നൽകിയ നിർദ്ദേശം ലംഘിച്ച് ജോലിയിൽനിന്ന് മാറിനിൽക്കുന്നത് നിരോധിച്ചിരിക്കുന്നു. അങ്ങനെ

എന്നാൽ ചർച്ചകളെത്തുടർന്ന് പ്രത്യേക ഉപാധികളൊന്നുമില്ലാതെ ഡോക്ടർമാർ സമരം അവസാനിപ്പിച്ചു. അതോടെ അവർക്കെതിരായ നടപടികൾ സർക്കാർ മയപ്പെടുത്തി. ഇപ്പോൾ ആരോഗ്യവകുപ്പ് ഡയറക്ടറുടെ ശുപാർശകൾ കണക്കിലെടുത്താണ് ഒന്നരവർഷത്തിനുശേഷം സമരദിവസങ്ങൾ അവധിയായി കണക്കാക്കിയത്.

ഫ്ലൈഫിംഫ് സമ്മേളനം കുന്നംകുളത്ത്

കുന്നംകുളം • ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (ഫ്ലൈഫിംഫ്) സംസ്ഥാന സമ്മേളനം 'ഇമാകോൺ 2020' നവംബർ 14നും 15നും കുന്നംകുളത്ത് നടത്തും. സമ്മേളനത്തിന്റെ ലോഗോ സംസ്ഥാന പ്രസിഡൻ്റ്

ഡോ. ഏബ്രഹാം വർഗീസ് പ്രകാശനം ചെയ്തു. പി. ഗോപികുമാർ, കെ.വി. ദേവദാസ്, സി. എ. മധുസൂദനൻ, സന്ദീപ് സുധാകരൻ, ജെയിൻ ചിമ്മൻ, നൈനാൻ കുഞ്ഞുർ, വർഗീസ് പോൾ, ഒ.ജെ. ജോൺ എന്നിവർ പ്രസംഗിച്ചു.



പ്രസിഡൻ്റ് എ.എം.എ. ഓഫീസുകളുടെ സ്ഥാനാലോചനയ്ക്ക് സംസ്ഥാന അധ്യക്ഷൻ ഡോ. ജോസഫ് വർഗീസ് ഉദ്ഘാടനം ചെയ്യുന്നു

പ്രസിഡൻ്റ് എ.എം.എ. ഓഫീസുകളുടെ സ്ഥാനാലോചനയ്ക്ക് സംസ്ഥാന അധ്യക്ഷൻ ഡോ. ജോസഫ് വർഗീസ് ഉദ്ഘാടനം ചെയ്യുന്നു. ഡോ. ജോസഫ് വർഗീസ് ഉദ്ഘാടനം ചെയ്യുന്നു. ഡോ. ജോസഫ് വർഗീസ് ഉദ്ഘാടനം ചെയ്യുന്നു.

Branch Activities

MAVELIKARA

1.12.2019 Mavelikara IMA conducted Seminar on Lifestyle diseases at Kairali Grandhasala, Cherianad. First district committee meeting was conducted at alappuzha. Class on First Aid to NSS volunteers of Venmony Marthoma Higher Secondary on 26.12.2019.



MUVATTUPUZHA

05 Dec 2019: General Body meeting and CME at IMA Hall, Muvattupuzha. Organisational matters were discussed.
08 Dec 2019: Branch President & Secretary attended PST Meeting at IMA HQ, Anayara,
13 Dec 2019: CGP Meeting at hotel Kabani Palace, Muvattupuzha.
15 Dec 2019: attended Scheme meeting at Periyar House, Aluva.
23 Dec 2019: Christmas Carole and Home visits.



WDW MUVATTUPUZHA

02 Dec 2019: IMA WDW Muvattupuzha branch observed world AIDS day in association with Nirma Medical Centre, Muvattupuzha.
Awareness classes were conducted & was followed by role-play and flash mob by final year BSc Nursing students.
15 Dec 2019: Free Medical Camp for general public was organised at the premises of ASCO Laboratories.
21 Dec 2019: GB meeting along with Christmas and New year celebrations at IMA hall, Muvattupuzha. Cookery shows followed by cultural events.



KAZHAKUTTOM IMA & WDW

Executive meeting on 5/12/19
General Body meeting on 17/12/19
CME on "Allergy & Immunotherapy" on 17/12/2019

KANHANGAD

01-12-2019 - On World AIDS Day, IMA Kanhangad in association with Hosdurg Taluk Legal Service Committee, organised a walkathon from Kanhangad new bus stand to "Gender resource centre hall", child development project office, Hosdurg. Sri Vidyadharan K, Sub Judge flagged off the walkathon; followed by awareness session on AIDS & conducted interactive awareness session on AIDS for nursing students.



03-12-2019 - As part of International Disability Day, Dr Jayaram Pai, member of IMA Kanhangad donated Rs 100000.00 to Rotary Special School for Differentially Abled.
10-12-2019 - On International Human Rights Day, IMA Kanhangad organised awareness session for the students of standards 8th to 10th of Chinmaya School, Kanhangad. The third executive committee meeting of the branch was held on

December 10th 2019 at Rotary Club hall.

19-12-2019 - Third GBM & CME of IMA Kanhangad held on 19-12-2019 at Rotary Club Hall, Kanhangad. speech about CPA, NMC bill and emphasises on unity. Speech on advanced medical updates in cardiology, fighting against the big C, a simplified approach to cancer.



NEDUMANGAD

2/12. IMA Nedumangad Branch in Association with NSS, NCC and Scouts and Guides of Peringamala Iqbal HSS Conducted a Rally, Public meeting and an Awareness Class on AIDS.

8/12. branch President and branch Secretary attended the President and Secretary's meet at Anayara.

15/12. members attended the scheme meetings at Periyar house Aluva.



21/12. Branch GB and CME. CME on "after Metformins and Gliptins in SGLT2 Era".

24/12. Conducted a Free Medical Camp at Mannoor Konam UPS in association with NSS unit of Iqbal HSS and free medicines given.



24/12 conducted a Health Awareness class at temple UPS Perookada for NSS volunteers of Govt, HSS Perookada on "FIRST AID".

27 & 28 /12. members attended the IMA National Conference at Kolkatta. & received the " COMMUNITY SERVICE AWARD and branch President received the National IMA President's Appreciation Award.

WDW NEDUMANGAD

06/12/2019:- organized a class on personal hygiene for the students of Govt UP School, Chakka.

23/12/2019:- WDW Nedumangad in association with IMA Nedumangad organized an awareness class on child sexual abuse and POSCO ACT for woman members of Samabhavana Residence Association, Vazhayila

26/12/2019:- WDW Nedumangad in association with Iqbal HSS, Peringamala organized an awareness class on First Aid to students of NSS unit.



WDW NEMOM

2nd December 2019 : National Pollution Control Day was observed by the WDW Nemom conducted a sensitization session for the students in St. Mary's Convent School Pappanamcode.

5th December 2019: A specialised medical check-up camp was organized at the Ashadeepam Buds School, Malayinkeezhu in connection with the International Day of the Disabled Persons.

14th December 2019: a Breast Cancer Awareness and detection camp was conducted at the Mannam Memorial Grandhasala, Thiruvallam

26th November 2019: a Breast Cancer Awareness and detection camp was conducted at the Cherupazhanji Deva Seva Society, Karamana, Thiruvananthapuram.



PALAKKAD

Seminar on community mental health - "Opportunities and challenges" was conducted December 1st (Sunday) in association with Swami Vivekananda Medical Mission, Attapadi. BLS Training and health awareness programme was conducted on 4th December 2019 at Power Grid 400KV Substation Elapulley in view of "safety day". Human rights and UNICEF day was observed on 11th December 2019 in association with Mathrubhoomi SEED club (Student Empowerment for Environmental Development) and department of Economics, Mercy college Palakkad. attended the Schemes/Committee meeting at IMA Periyar House, Aluva on 15th December 2019.

Christmas celebrations and an Executive committee meeting was held on 24th December 2019 to discuss the administrative matters including the plan of action for the year 2020.



THALASSERY

01.12.2019: As part of World AIDS Day programme IMA Thalassery conducted a Poster competition "Encourage everyone to know their HIV Status" for all High School and Higher Secondary Schools in and around Thalassery.



03.12.2019: An awareness class on legal aspects, various schemes of government as a part of International day for the disabled

08.12.2019: Presidents & Secretaries Meeting - Dr. Babu Raveendran T N, Dr. Sri Kumar Vasudevan, Dr. Ramesh R & Dr. Jayakrishnan Nambiar attended the Presidents & Secretaries meet at IMA Head Quarters, Trivandrum.

09.12.2019: As part of the patient safety day IMA, WIMA Thalassery organized a BLS classes for NSS students.

10.12.2019: IMA & WIMA Thalassery conducted a talk on "Rights of the child & the leadership role of youth and mother in collective movement for a better future" for Asha workers, mother and Health workers.

11.12.2019: IMA & WIMA Thalassery conducted a class on "Gender equality" at Vocational Higher Secondary School, Chirakkara, Thalassery. Executive committee meeting was held at IMA hall.

29.12.2019: KSOS in association with IMA Thalassery and Senior Citizens Friends Welfare Association conducted a Mega Camp to screen T2DM and Diabetic Retinopathy at Comtrust Hospital Premises.



WDW THALASSERY

13.12.2019: General Body Meeting was held on 13.12.2019

22.12.2019: IMA & WIMA Thalassery in coordination with IAP Thalassery & ICDS Panoor observed Epilepsy Day and conducted an awareness class and medical camp at Panoor.

05.12.2019: IMA & WIMA Thalassery conducted an awareness programme for adolescent girls at Koduvally Higher Secondary School for plus two students.

07.12.2019: IMA & WIMA Thalassery conducted an Adolescent Health Education class at Kavumbhagam High School, Thalassery.

18.12.2019: IMA & WIMA Thalassery conducted an Awareness Class for Students at Nursing College, Thalassery.



KODUGALLUR

08.12.2019 - Attended state meeting for branch presidents & secretaries at IMA HQ Trivandrum.

15.12.2019 - Participated in schemes meeting for branch officials at Periyar House Aluva

17.12.2019 - Conducted General Body Meeting & CME.

23.12.2019 - Executive Committee Meeting.

KANNUR

05-12-2019 - Conducted General Body Meeting & CME on Approach to secondary hypertension

12-12-2019- conducted CME on unusual encephalitis.

19.12.2019- conducted CME on Management of PAH



KOZHIKODE

01/12/2019: Observation of World Aids day; Inauguration of new office of IMA Health Scheme at Kozhikode.



03/12/2019: in Connection with international Day for Disabled Persons WDW Conducted awareness Programme at Ashakiran school, Devagiri.

04/12/2019: Conducted Adolescent Health education 'MISSION PINK HEALTH' at Govt. Ganapath Girls HSS Chalappuram.

05/12/2019: In connection with International Domestic Violence day WDW Conducted Debate on Domestic Violence at College of Applied Science Kozhikode.

18/12/2019: AMS monthly meeting.

27/12/2019 to 28/12/2019: National Conference at Kolkata

Attended the National conference at Kolkata.

31/12/2019: New Year Celebrations



WDW KOZHIKODE

01.12.2019 - did walkathons & did AIDS awareness talk ,general examination & blood screening to the public.



WDW MALAPPUARAM

1/12/19- took an awareness class for the nursing students in connection with World AIDS day

12/12/19- Free eye consultation.

15/12/19- Diabetic Retinopathy Screening Camp.



KOLLAM

Executive Committee meeting held on 12.12.2019

Monthly General Body and CME held on 27.12.2019

A camp on hearing evaluation for inmates of Govt Old age Home, Inchavila, Kollam on 13.12.2019.

Attended the training Programme for Presidents and Secretaries of local branches at IMA Head Quarters on 08.12.2019.

Meeting of all schemes held at IMA House , Aluva was attended on 15.12.2019.



WDW KOLLAM

General body meeting was held on 28.12.2019
03/12/19 Awareness class on AIDS and Adolescent health education class for boys
3rd, 5th, 6th, 11th & 22nd Dec'19: Blood donation camps at different places.
19/12/19 and 20/12/19: As part of Christmas and new year celebrations WIMA team visited Poor home, kollam and SS samiti, Mayannad, followed by blood sugar detection and BP check up for the inmates.



KASARAGOD

10/12/2019 - Cross border RNTCP meeting of Kerala and Karnataka.
19/12/2019 General body meet and CME was held on 19/11/2019
FIRST AID awareness class for NSS camp on 26/12/2019
DISTRICT COMMITTEE MEET on 27/12/2019
CME, general body meeting, family meet and New year celebration on 31/12/2019.



COCHIN

Attended the presidents and Secretaries meeting at Trivandrum on 8.12.19
Several doctors from Cochin IMA attended the IMA Schemes meeting at Aluva IMA Periyar house on 15.12.19.



Dr Abraham Varghese inaugurated the 9th National Conference of Asia Oceania Research Organisation on Genital Infection & Neoplasia India on 14th Dec 2019 at IMA House, Cochin.
Meeting with SubJudge at District Legal Services Authority Office Ernakulam 30.12.19
Panal discussion about Women's health at Rajeev Gandhi indore stadium by mathribhomi Kerala health expo on December 7.



WDW COCHIN

ANC Class at EMC on 31/12/19
Christmas celebration of WDW on 18th December with cake cutting, carols and dance performances.
Premarital class at renewal center on 17th December 2019
Discussion on cancer at Mathrubhoomi health expo & Panel discussion about Women's health at Rajeev Gandhi Indore

stadium by Mathrubhoomi Kerala health expo on Dec 7ember 7.



PERINTHALMANNA

03/12/2019 members attended the Annual General Body Meeting of IMA Pain and Palliative Care Society at IMA Pain and Palliative Clinic Auditorium.

04/12/2019 WEEKLY TRAUMA LIFE SUPPORT TRAINING PROGRAMME; INSTALLATION OF NEW OFFICE BEARERS OF IMA PERINTHALMANNA AND WDW

PERINTHALMANNA WITH FAMILY GET-TOGETHER

05/12/2019 IMA BLOOD BANK MANAGEMENT COMMITTEE



06/12/2019 'Compression Only Life Support' & First Aid Training

08/12/2019 COMMUNITY PSYCHIATRY CAMP AT MARANCHERY PAIN AND PALLIATIVE CLINIC; attended the State Level Meet of IMA Presidents and Secretaries at IMA Headquarters

11/12/2019 Awareness Class on Deceased Organ Donation.

12.12.19 - organised a free medical camp for elderly
15/12/2019 Community Psychiatry Camp organised by IMA Perinthalmanna at Mankada Pain and Palliative Clinic; attended STATEWIDE MEETING OF IMA OFFICIALS ON IMA SCHEMES AND PROJECTS AT IMA PERIYAR HOUSE
18/12/2019 Awareness Class On Deceased Organ Donation And Compression Only Life Support
19/12/2019 IMA MONTHLY GENERAL BODY MEETING ;CGP CME on "SWINE FLU -DIAGNOSIS AND MANAGEMENT".

20/12/2019 conducted a free eye checkup camp at Thiroorkkad.

22/12/2019 COMMUNITY PSYCHIATRY CAMP &Free medicines were distributed for the patients during the

camp.

25/12/2019 conducted the weekly Elderly Care Clinic
28/12/2019 WEEKLY COLS TRAINING PROGRAM; PAIN & PALLIATIVE EXECUTIVE COMMITTEE MEETING
29/12/2019 COMMUNITY PSYCHIATRY CAMP.



WDW PERINTHALMANNA

01.12.2019 - WIMA Perinthalmanna in association with Devamatha Public School organised a free medical camp at 'Divyahruthayam Orphanage', Peechi, Thrissur; WDW Perinthalmanna members participated in the program 'KuttikalanuTharam'- conclusion of Children's Day activities organised by Department of KIMS Al Shifa Hospital Perinthalmanna.

05.12.19 - organised an awareness class on menstrual problems for girls of Sai Snehatheeram Tribal hostel; organised a class on menstrual problems at MES KalladiCollege,Mannarkkad

06.12.19 - conducted 'SargalayamBhinnaseshiSangamam'- a cultural fest for the disabled children.

07/12/19 - WDW members participated in 'PERINTHALMANNA PENPERUMA' action plan workshop conducted by Perinthalmanna Municipality.

08/12/19 - organised 'Snehasangamam'- a get-together of children with chronic illness and cancer and their families on 8th December 2019 at IMA Hall Perinthalmanna; IMA Perinthalmanna & WDW Perinthalmanna in association with Moulana Hospital Perinthalmanna and KMSNMAUP School organised a medical camp and Health Seminar for Females.



15.12.2019 - organised a medical camp and awareness class on PCOD

26.12.2019 - organised a BLS Workshop for the NSS Students of CCST College for Women at Karalmanna.

29.12.2019 - celebrated Christmas with various cultural activities; Executive Committee Meeting

31.12.2019 - WDW members were active in the rally as part of PENPERUMA organised by Perinthalmanna Municipality.

KUTHUPARAMBA

01.12.19: On World AIDS day, conducted a quiz completion for high school students of schools in and around Kuthuparamba.

DEC 8TH: members attended the State presidents and secretaries training programme held at IMA Headquarters

DEC 11TH: conducted a pre marital counselling class for would be couples at Thalassery.

DEC 15TH: members attended the meeting of schemes, projects and committees held at IMA Periyar house

DEC 31ST: conducted New Year celebrations 2020.

DEC 31ST: conducted a class for girl students and their mothers regarding adolescent health issues in girls.



MADHYA KERALA

3RD DECEMBER 2019: Executive Committee Meeting

7TH DECEMBER 2019: Senior citizens friends welfare association meet held at Sreemoolanagaram SNDP hall and there was a talk on diseases in elderly.



10TH DECEMBER 2019: conducted a programme for identifying school drop outs and putting them back to school

, providing counselling for such children and families .
29TH DECEMBER 2019: GB Cum clinical meeting.



WDW MADHYAKERALA

1-12-19: There was a rally, flash mob, awareness class, skit & poster presentation in connection with World AIDS day.

6-12-19: conducted a retinopathy screening camp and awareness class on diabetic retinopathy

13-12-19: Diabetic neuropathy dection camp at Kunnekal P H C

14-12-19: awareness class on road safety at SNDP hall.

15-12-2019: Mega medical & cancer detection camp at Littleflower high school

29-12-19: general body cum Christmas & new year celebration at IMA hall, Aluva.



DESINGANAD IMA & WIMA

03.12.2019 - Conducted General Body Meeting

04.12.2019 - Conducted TD Vaccine and ARSH Program at Govt.H.S.S, Thevally, Kollam.



5th, 23rd, 24th, 27th & 28th December 2019: Conducted LAMP (Legally Mentally Empowering Adolescent Children) Program as a part of Mission Pink Health Program at different places.

08.12.2019 - Attended President Secretaries Meet at IMA Headquarters, TVM

13.12.2019 - Conducted Executive Committee Meeting

15.12.2019 - Attended the Meeting for Schemes and Project at IMA Periyar House, Aluva

19.12.2019 - Conducted Suicide prevention training for Students of School of Nursing, Kollam.

20.12.2019 - Conducted Dengue awareness class at Chittayam, Perumon.

21.12.2019 - Conducted Cancer Awareness Class at Thrikovilvattom Gramapanchayat, Kollam.

26.12.2019 - members attended the National Conference at Kolkata representing Desinganad Branch



TRIPRAYAR

7.12.19: Snake bite awareness class was conducted

8.12.19: members attended the State meeting at TVM.

15th Dec: attended the scheme meeting at Aluva.

19th December GB & CME meeting.

25th Dec: Xmas & New year celebration was conducted.



VADAKARA

01/12/2019 - conducted a sensitisation class.

08/12/2019 attended training program for presidents and secretaries of local branches at IMA headquarters

12/12/2019 Executive committee meeting.

15/12/2019 - attended schemes and projects meeting at Periyar house Aluva

19/12/2019 - General body meeting & CME was conducted on topic STILL BIRTHS

22/12/2019 - conducted BLS training for 50 NSS students at

Orkatteri Higher Secondary School.

31/12/2019 Christmas and New Year eve on 31st December.



WDW VADAKARA

17th Dec: Combined executive meeting of IMA and WDW.

31st Dec: Christmas and New year programs & cultural programs conducted by the WDW members which included solo songs, dances, couple dance etc.



NORTH PARUR

19.12.2019: Executive meeting followed by General body meeting & CME.

28.12.19: Medical camps: managing obesity current concepts

27 & 28 Dec'19: attended the 80th National annual meeting of central council.



TRIVANDRUM

2nd Dec 2019 - International Day of persons with Disabilities were jointly observed by IMA Trivandrum & KGMOA at Museum Radio Park Trivandrum.

10th Dec 2019 - Swami Hastam Ambulance Service was launched for Sabarimala pilgrims under the IMA Trauma Rescue Initiative, a joint venture of Kerala Police, Indian Medical Association, Ramesh Kumar Foundation and Private Ambulance Association.

12.12.2019 - Executive Meeting

27 & 28 Dec'19: attended the 80th National annual meeting of central council - NATCON

30th Dec 2019 - General Body meeting and X'Mas New Year Celebrations were held at IMA Head Quarters.



WDW TRIVANDRUM

01.12.19: On WORLD AIDS DAY 2019, World aids campaign with Big FM Radio clinic.

30.12.19: conducted a Christmas and new year celebrations with IMA at IMA headquarters & conducted awareness class on menstrual hygiene and adolescent health under mission pink health.



CHIRAYINKEEZHU

06/12/2019 - Branch Executive Meeting.

08/12/2019 - Branch Presidents and Secretaries training programme held in IMA Head Quarters, Thiruvananthapuram.

27/12/2019 & 28/12/2019- attended the Central Council Meeting held during Natcon 2019, the National Conference of IMA in Kolkata.



TIRURANGADI

01.12.19: On World Aids Day, conducted skit by the students of MKH college of nursing & was followed by candle light remembrance in the evening and also a friendly football match.

26.12.19: CME and GB was conducted CME topic was on snake bite-mangement.



WDW KUNNAMKULAM

10.12.2019: The first executive meeting conducted.

12.12.19: In connection with World AIDS Day, an orientation

class on AIDS was conducted

18/12/2019- In connection with International Day of Disabled Person, a meeting was arranged by WDW Kunnankulam at Tropical Health Foundation of India at ArthatKunnankulam.

29/12/19: In connection with World Epilepsy day, a medical camp was arranged & conducted a class on epilepsy-various aspects, types, importance of home management and treatment.

31.12.19: Women's wing in association with IMA Kunnankulam conducted Christmas and New Year Day celebration at IMA House, Kunnankulam.



WDW CHENGANNUR

conducted First Aid Training & Awareness for N SS Students of Puthencavu Metropolitan Higher Secondary School & Buthanur Higher Secondary School. Participated on Night Walk on Nirbhayaday & conducted an Awareness class.



ALAPPUZHA

20/12/2019 GB & CME on 'The Spectrum of Plastic Surgery', Neonatal Surgical Problems Masquerading as Common illness in the older Children' & 'Cleft Lip and Palate, Orthognatic surgery and TMJ arthroscopy'

THRISSUR

01.12.19: conducted an awareness program in connection with WORLD AIDS DAY OBSERVATIONS at Govt. Model Boys HSS and conducted Voluntary Blood Donation camp & Poster competition for the school students offrinjalakuda Thaluk

02.12.19: INAUGURATION OF 200 KV GENERATOR & HIGH TENSION ELECTRIC LINE

03.12.19: A State level program Observed at NIPMR KALLETUMKARA in connection with International Day of Differently Aabled Persons.

04.12.19: District Level CME Webcast

07.12.19: Attended the Rotavirus organizing committee meeting at collectorate for the introduction of Rotavirus immunization Programme to be added in the primary immunisation schedule in the Government Health Services.



08.12.19: Attended the Presidents / Secretaries Training Programme of IMA KSB at HQ Thiruvananthapuram.

11.12.19: Inauguration of ROTAVIRUS IMMUNISATION at General Hospital Thrissur & Conducted an awareness class in connection with the UNICEF day

13.12.19: Executive Committee Meeting 13/12/2019

19.12.2019 - Celebrated CHRISTMAS with Dr Vimi Memorial Cerebral Palsy Center for children

21.12.19: GB Meeting, Scientific session & Christmas Celebration

22.12.19: Conducted a DIABETIC NEUROPATHY DETECTION CAMP,

28.12.19: "Saayam sandhya" a session for interaction between Senior citizen of old age home at Ramavarmapuram with selected Youngsters from in and around Thrissur was organised by IMA Thrissur and DMOH Thrissur.



WDW TALIPARAMBA

31.12.19: Conducted Christmas & New year celebrations.





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