



Kerala IMA News Letter

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OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE





**Indian
Medical
Association
Kerala State Branch**

HQ-Anayara, PO,
Thiruvananthapuram-695029
Phone: 0471-2741144, 2741166. Fax: 2741155
Email: imaksb@yahoo.co.in,
Website: imakerala.com

Editor:
Dr. P. Gopikumar
IMA State HQ, Anayara P.O.
Thiruvananthapuram-29
Mob: 9447003009
Email: pgopikumar@gmail.com

NEW TEAM

State President, State Secretary and the team took over the charge of IMA Kerala State Branch on 17.11.2019. IMA leaders from all over Kerala attended the meeting. State President and the team members addressed the leaders who attended the meeting and also addressed the staff meeting. The leaders wished all the very best to the new team and also assured all support.





President's Column

Dear Colleagues,

At the outset, let me express my sincere gratitude to each member of the IMA Kerala State, for electing me unanimously to the post of President of IMA Kerala State for the year 2019-2020. I, along with my team of office bearers, will try our collective best to do justice to the trust and confidence bestowed upon us.

I am in fact overwhelmed by your support but at the same time overawed by the huge responsibility that this chair has, not only towards the doctor community but to the society at large. Kerala IMA came into existence in 1957 and is today the most vibrant branch in India with strength of about 32,000 members. IMA KSB is a well organized professional body with 108 branches.

I, as the President of IMA Kerala State, assure you that we will always be with the Government to implement any Health Project which is beneficial to the society. However we respectfully request the Government to react positively to our suggestions or criticisms. We in IMA, expect that the Government will take into consideration, our views on any health project it wishes to implement, before the project is announced in public. If you look back, IMA has always reacted positively on all issues. IMA has never been found wanting at the time of any crisis. During any epidemic or natural calamities, IMA has been in the forefront in providing all technical and professional help. When the floods ravaged the state consecutively for the last 2 years, it was IMA who was in the forefront conducting camps and visiting various camps set up by the Government providing all necessary help, both financially and technically. When NIPAH virus created a stir in Kerala, IMA was not found wanting. IMA had coordinated and worked in tandem with the Government. Apart from the treatment being provided, IMA Kerala State had taken it up as its responsibility to educate the public regarding the NIPAH Virus and its effects. Let me take this opportunity to acknowledge the tremendous initiatives that were undertaken by the previous IMA leaders, during all calamities and medical emergencies in the State.

Today modern medicine is at cross roads. The greatest bane that is affecting the health system of this country is the low spending by the government on health, which is only a little above 1% of the GDP. Even our neighboring countries like Sri Lanka & Bangladesh, is spending more than India on health. Despite this, the health parameters clearly indicate that the health status of Kerala is at par with the developed countries. The hard, sincere and dedicated work of doctors and the paramedical staff of Modern Medicine have made this possible to a large extent.

Unfortunately the National Medical Commission Act, Clinical Establishment Act, Consumer Protection Act, the Allied and Healthcare Professional Bill, PCPNDT Act & POCSO Act, Ayushman Bharat Health Insurance Scheme and other State sponsored Health Insurance schemes have made the practice of Modern Medicine untenable. With the passing of the National Medical Commission Bill, modern medicine is facing its biggest challenge. There are attempts from various quarters to equate practitioners of other system of medicine with practitioners of modern medicine, which is meaningless, thoughtless, and without foresight. IMA strongly condemns and opposes such ideas and like to point out that the practitioners of modern medicine are not only the infrastructure of modern health care delivery system but also the superstructure and should be given their proper dues. However, the NMC Act has become a reality and it should be our endeavor to see that during the framing of Rules we are a part of it, lest the very foundation on which modern medicine stands would be destroyed.

We have a great responsibility of educating the press, the lawmakers and the society about the dangerous consequences that the health system of this country would have to face, if this act is implemented in its present format. This Act is providing the avenue for the back door entry of the dangerous Myxopathy, into the health system of this country. The Rules of the Clinical Establishment Act are being framed and we are working in tandem with the Government to ensure that the small and medium sized hospitals are not put to any hardship. Though we agree with the Clinical Establishment Act in principle, we are of the view that there are various clauses which are detrimental to the very existence of small and medium sized hospitals.

Attack on Doctors & Hospitals

The doctor community is disappointed that despite all the good work done by them, society refuses to shed its prejudiced attitude towards them. Litigations against doctors are highest in the State of Kerala. It is unfortunate that in a progressive and a highly educated State like Kerala, the rate of attacks on doctors and hospitals is the highest. These attacks have demoralized the entire medical community resulting in defensive practice. Unfortunately, no voluntary or social organizations or even political parties have ever condemned these attacks on hospitals. Very often the press which highlights an unexpected hospital death, fails to give due importance when a doctor or hospital is attacked. There is no condemnation of such acts when anti-social elements attack hospitals and take the law into their hands. The most frustrating aspect is when the society justifies such acts as emotional outbursts. However with much effort, IMA KSB was successful in bringing out an ordinance against attack on Hospitals and doctors in 2010 which became a law after it was passed in the Kerala Legislative Assembly in 2012. However its effectiveness would be enhanced only if it becomes a Central Act. Fortunately the Central Government has tabled a “Prevention of Violence against Doctors Bill” in Parliament.

Medical Colleges

The purpose of Medical Colleges is to mould and train undergraduate and postgraduate students in Modern Medicine and to cater specialised care, to needy patients. Unfortunately in Kerala, we have mushrooming of self-financing medical colleges over which the government does not have the requisite control. Most of these colleges have tales of inadequacies, though some are better than the other. IMC's guidelines are flouted as regards to buildings, staff pattern, facilities and other infrastructure. IMA requests the Government not to sanction new medical colleges, instead take deeper interest in improving the inadequacies in the existing colleges so that the students, the future custodians of health care of our population get the required training. By and large research work is totally neglected in Medical Colleges and this has to be rectified by whatever means possible and research work should be made mandatory. Government should sponsor deserving doctors with original research work to attend national and international seminars and conferences to present scientific papers.

Medical Ethics

Another area of concern is medical ethics. It is a sad truth that there are some black sheep among us though thankfully their number is very low. The Ethics Committee of IMA is looking into various complaints received by it. In cases where proper evidences are provided we have taken corrective measures. IMA has earnestly taken up the responsibility of educating our members and the medical students the importance and the need to practice professional ethics and bioethics in its true spirit.

Indian Medical Association

However we can proudly say that it is IMA, which has been at the forefront in tackling the various issues plaguing Modern Medicine. The other sister organizations like the KGMOA, KGMCTA & KGIMOA have been doing a tremendous job in handling the various service issues involving their members. The KPHA & QPMPA has been successful in dealing with issues involving the hospitals in private sector. All this is possible only if the doctors of IMA Kerala State stand as a single unit.

Good communication is the cornerstone for improving doctor-patient relationship. Though we have been working relentlessly on this for the last several years there is still much to achieve. We plan to introduce more innovative methods to improve the communication skills of not only the doctors, but also of the other employees of the health care institutions.

The strength of any organization is its members. This year there will be a special drive to increase our membership strength not only in IMA but also in the various schemes. There are many young doctors who have not realized the importance of joining IMA and it will be our endeavor to educate them the need to be a member of the world's largest professional organization. I request the leaders at the branch level to take keen interest and work earnestly to achieve this target.

With the rapid increase in medical technology and the mushrooming of high-tech hospitals, the single man clinics and the concept of family physicians is fast becoming redundant. Unfortunately, neither the society nor the Government realize the importance of the family physicians and the yeomen service they have been doing for the past several years especially in the rural areas. The doctor-patient relationship focused on integrated care, and providing optimal medical care by looking at the whole person, rather than focusing on just one organ system is the highlight of the family physician concept. It will be our endeavor to protect and support these small single man clinics and family physicians.

Conclusion

I assure you that I, along with my team of office bearers, will do my best to ensure traditional dignity and historic credibility of our great organization in its march to attain the goal of service to the mankind. As part of the promises I have made, the motto for this year will be

Caring minds... healing hands

It is not enough to be brilliant and skillful at our work. Qualities like compassion and empathy go a long way. A doctor can treat, but to heal you need to look at a bigger picture. They may forget your name but they will never forget how you made them feel. A stethoscope when kept down takes the form of a heart which implies that caring and healing go hand in hand.

I take this opportunity to thank all the members of Cochin Branch for their unstinted support and encouragement, which helped me reach this far.

I would not be doing justice if I do not thank my family members especially my wife Anitha Abraham, my daughters and their spouses and my dearest grand children for all the sacrifices they had to undertake and all the compromises they made during my journey from a grass root worker to this post of President of IMA, Kerala State. I look forward in my capacity as President to continue the distinguished tradition of service to our fellow members and to the community.

Together as a team, let us make a difference

Before I conclude, I wish to congratulate and thank the Organizing Committee & members and families of Thodupuzha IMA Branch for making this conference a huge success and a memorable one.

Thanking you,

Jai Hind.... Jai IMA



Dr. Abraham Varghese
State President



From the Editor's Desk...

Dear Colleagues,

At the outset let me thank each and every member of IMA Kerala State branch for selecting me as the Secretary of this prestigious organisation. I assure you that I will do my level best to strengthen the organization upholding the tradition of good work done by my predecessors.

Modern medicine is going through a phase of testing times. This necessitates each one of us to work together, to stand together as a unit, to equip ourselves and face these challenges squarely. I request your earnest participation and whole hearted cooperation.

Membership drive and updation, transparency in transactions should be given top priority. The mismatch between the membership records of local branch and state office due to the delay in updation of inter branch transfer will be corrected at the earliest. Local Branch secretaries are requested to send their updated membership list to the state office so that the discrepancies can be looked into.

Commemoration of important days are to be done in a befitting manner by the branch and a short report including a few photographs are to be sent to State HQ immediately after. A compiled e-report of such events will be published periodically.

Schemes also require membership development and an extra effort will yield substantial results. IMAGE is our prestigious project towards a cleaner environment. Each member may visit the plant and familiarize himself of the same; Branches are requested to arrange a visit.

The state president, secretary and cabinet members have decided to visit every local branch once during this year to have a one to one interaction. We are planning the calendar of events early so that it will be convenient for you to attend every IMA meeting and we will have the opportunity to get the feedback in person.

Ours is an organization thriving on scientific principles, let's speak science and scientific facts, try to inculcate science into the common man. Unscientific utterances should be dealt with scientific evidence and a scientifically strong society is to be built. Unity, therefore, is the need of the hour.

With warm regards

Jai Hind....Jai IMA

Yours in IMA

Dr. P.Gopikumar
State Secretary

NEELAKURINJI

62nd Annual State Conference

The State Annual Conference was held at Uthram Regency, Thodupuzha on 9th & 10th November 2019. The conference was spectacular in terms of participation, CME sessions and other facilities arranged by the organisers. The inaugural function was attended by the National President Elect Dr. Rajan Sharma, MP Shri. Dean Kuriakose and MLA Shri. P.J. Joseph.

State council meeting as well as general body meeting of the schemes were held on 9th November 2019 at the same hall. it was followed by a very touching and memorable memorial service organised by the team Thodupuzha which was followed by cultural programs. State President Dr. Abraham Varghese took over charge from Dr. M.E. Sugathan as State President. In his presidential address he elaborated various issues faced by the profession and he stressed on importance of working together to achieve our targets.





Decisions - 62nd State Council Meeting

1. Decided to continue with the efforts to modify Clinical Establishment rules and also to consider the option of strike if needed.

2. It is also decided that IMA will co-operate with government regarding CEA only if implementation is started in Kerala State after clearing the concerns and doubts of Indian Medical Association.

3. The State council gives the authority to the State President and State Secretary to have discussions with all concerned to press for our demands

4. The State Council requests all clinical establishments in our state "not to register" as per the present clinical establishment rule.

5. It is decided to suggest to Central Government for having National Medical Corps. We will start the process of enlisting volunteers who can be part of the National Medical Corps.

6. The State council authorizes Professional Protection Scheme to do whatever is needed with regard to Consumer Protection Act.

7. State council demands for Mono faculty University in Modern Medicine.

8. Dr. Mohan Kumar award will be awarded to a non-medical person in the upcoming State program.

9. It is decided to go ahead with the process of purchasing the land for which the advance amount has been paid.

10. It is decided to do follow up the changes proposed by IMA in Ayushman Bharath Project by central government.

11. The State council accepts all the award committee decisions.



IMA Social Media Award, IMA Media Awards were presented during the conference. SS Rao Award was awarded to IMA Calicut Branch and Pareed Pillai Shield awarded to IMA Thalassery branch.



264th State Working Committee



The 264th State Working Committee was held on 27.10.2019 at IMA Periyar House Aluva. The Meeting was well attended one and discussed various issues like Clinical Establishment Act, Hospital violence, Kerala medical practitioners bill etc. in details and the meeting took the following decisions. The State Working Committee felicitated Dr. K. Mohanan Vice Chancellor KUHS University.

Decisions - 264th State Working Committee

1. Decided to do follow up regarding Clinical Establishment rules meticulously and also go to the court as a stake holder for challenging the CEA rules.
2. Decided to do the follow up of KMP Bill and to have discussions with the government regarding Travancore Cochin Medical Council election. Also decided to propose to change the name to Kerala Medical Council.
3. Decided to point out to the TCMC to check the delay in TCMC registration of fresh medical graduates.
4. Decided to monitor the scientific credentials of Advertisements coming in Nammude Arogyam and other publications of IMA.
5. Decided that Branch Transfer must be materialized within 3 months time from the date of application.
6. It is decided that the State council members list should be sent to the state office immediately after the election in branches.
7. SWC will entrust hospital board of India to format a model contract for the state after discussion with the hospital management associations.



8. It has been decided to forward the issue of doctors who endorsed the advertisements relating to allergy in print news to the Ethics Committee.

9. Regarding Byelaw amendments done in IMA KSB, details will be intimated to all branches.

Resolutions

The SWC unanimously resolves to recommend to the CWC to retain the annual membership of senior IMA members who are above the age of 65.

SWC resolves to approve the byelaw amendments of IMAGE.

Management Committee Meeting



CABINET MEETING



WHO Joint Monitoring Committee of RNTCP End TB



Reception to WHO Joint Monitoring Committee of RNTCP End TB at IMA State HQ on 15 November 2019. State Secretary Dr. Gopikumar, Chairman Dr. Abdul Khader, Dr. Sreejith N Kumar, Dr. Bhavan Shankar, Dr. Shihu., Dr. Rakesh and others participated. Joint Monitoring Mission (JMM) for reviewing RNTCP, TB Elimination activities. The team include international and National experts from CDC Atlanta, WHO, IUAT, World bank Global fund, National Institutes and GOI officials.



CENTRAL WORKING COMMITTEE MEETING



CWC meeting was attended by 35 plus delegates from IMA Kerala State Branch led by State President Dr. M.E. Sugathan and also by other National leaders. The Meeting discussed NMC and other issues in details. For the first time CWC was conducted at Port Blair Andaman Nicobar Islands and was a very different experience for the participants. Central Council was also well attended by the participants and deliberations were fruitful.



Meeting With Chief Minister



HSG Dr. R.V. Asokan, Past National President Dr. A. Marthanda Pillai, State Secretary Dr. P. Gopikumar, Dr. Babu Ravindran, Dr. M.Bhaskaran, Dr. V.G. Pradeepkumar, Dr. K.V. Mukundan, Dr. T. Sureshkumar, Dr. C.V. Prashanth and Dr. John Paniker attended the meeting as per his invite.

We expressed concern over the CEA enumerating the clauses that would endanger the existence of small and medium

hospitals and clinic which are the backbone of Kerala model Health index. We submitted a memorandum to this effect which also included suggestions to revamp the health care system of the state as well.

IMA Kerala State leaders attended a meeting convened by the Hon. Chief Minister of Kerala Sri. Pinarayi Vijayan on 20th November 2019. State President Dr. Abraham Varghese, National

Prameham Maaran Nalla Bhakshanam



The book "Prameham Maaran nalla Bhakshanam" written by Dr. Sreejith N Kumar was released by Governor Sri. Arif Mohammad Khan by handing over copy to Dr. Asokan R.V, Hon Sec General, National IMA, on Nov 13th at Rajbhavan.

Dr. Abraham Varghese, IMA State President launched the distribution of the book to IMA members by handing over a copy to Dr. Gopikumar, State Secretary at Trivandrum on 17th November. The book, published by Manorama, deals with the theme 'Good food to reverse Diabetes' and details of the food plate as an effective tool to control the disease and even reverse it in early stages.

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മെഡിക്കൽ കോളേജുകളിൽ ലിംഗമാധ്യസ്ത്രക്രിയ തുടങ്ങും: മന്ത്രി ശൈലജ

രാജ്യത്തെ ആദ്യ ട്രാൻസ്ജെൻഡർ കലോത്സവം ചാല ബോയ്സ് സ്കൂളിൽ



തിരുവനന്തപുരം: സംസ്ഥാനത്തെ ആദ്യ മെഡിക്കൽ കോളേജുകളിലും ലിംഗമാധ്യസ്ത്രക്രിയ സംവിധാനം തെരഞ്ഞെടുത്ത് കെ.കെ. ശൈലജ ഇതിന്റെ ആദ്യപരിപാടിക്ക് ചാല ബോയ്സ് സ്കൂളിൽ ട്രാൻസ്ജെൻഡർ കലോത്സവം നടത്തി. ഇതാണ് സംസ്ഥാനത്തെ ആദ്യ മെഡിക്കൽ കലോത്സവം നടത്തുന്നത്. ഇതിൽ വലിയ ചുരുക്കം വംശം നേതാക്കളും അതിനാൽ മെഡിക്കൽ കോളേജുകളിൽ ട്രാൻസ്ജെൻഡർ സർജറി നടത്തുന്നതിന് സജ്ജമാക്കേണ്ടതും ഉള്ളിട്ടുണ്ട്. ട്രാൻസ്ജെൻഡർ സർജറി നടത്തുന്നതിന് സജ്ജമാക്കേണ്ടതും ഉള്ളിട്ടുണ്ട്.

ഇതിൽ വലിയ ചുരുക്കം വംശം നേതാക്കളും അതിനാൽ മെഡിക്കൽ കോളേജുകളിൽ ട്രാൻസ്ജെൻഡർ സർജറി നടത്തുന്നതിന് സജ്ജമാക്കേണ്ടതും ഉള്ളിട്ടുണ്ട്. ട്രാൻസ്ജെൻഡർ സർജറി നടത്തുന്നതിന് സജ്ജമാക്കേണ്ടതും ഉള്ളിട്ടുണ്ട്.

സ്കൂളിലും പരിസരത്തും ജങ്ക് ഫുഡ് നിരോധിക്കും

ന്യൂഡൽഹി: രാജ്യത്തെ സ്കൂളുകളിൽ ജങ്ക് ഫുഡ് വിൽക്കുന്നതിന് നിരോധിക്കാനൊരുങ്ങി കേന്ദ്ര സർക്കാർ. കൊഴുപ്പ്, ഉപ്പ്, പഞ്ചസാര എന്നിവ കൂടുതലുള്ളതും ആരോഗ്യപ്രശ്നങ്ങൾ ഉണ്ടാക്കുന്നതുമായ ഭക്ഷ്യവസ്തുക്കളാണ് 'ജങ്ക് ഫുഡ്' എന്നറിയപ്പെടുന്നത്. ഇതിനുള്ള വ്യവസ്ഥകളടങ്ങിയ 'ഭക്ഷ്യസുരക്ഷയും മാനദണ്ഡങ്ങളും (സ്കൂൾ കുട്ടികൾക്കുള്ള സുരക്ഷിത ഭക്ഷണവും ആരോഗ്യകരമായ ഭക്ഷണരീതികളും) നിയന്ത്രണം-2019'-ന്റെ കരട് ഫുഡ് സേഫ്റ്റി ആൻഡ് സ്റ്റാൻഡേഡ്സ് അതോറിറ്റി പുറത്തിറക്കി. അഭിപ്രായങ്ങളും ആക്ഷേപങ്ങളും ഡിസംബർ മുനിനകൾ regulation@fssai.



ഡോ. നീലിഖ



ഡോ. വിഷ്ണു



ഡോ. നാഥു



ഡോ. തൈരേ

തിരുവനന്തപുരം മെഡിക്കൽ കോളേജ് വിദ്യാർത്ഥികൾക്ക് പുരസ്കാരം

3 ക്ലിനിക്കൽ ഇന്റേൺഷിപ്പ് വാർഷികപരീക്ഷണത്തിൽ തിരുവനന്തപുരം മെഡിക്കൽ കോളേജ് ഇന്റേൺഷിപ്പ് വിഭാഗത്തിലെ ബിരുദാനന്തര ബിരുദവിദ്യാർത്ഥികൾക്ക് പുരസ്കാരം. സമമുന്നണത്തോടു സമ്പന്നമായ ക്ലിനിക്കൽ മത്സരത്തിൽ ഡോ. നീലിഖ രാജേ



ഡയറക്ടർ കയർ സെൻറർ നടത്തിയ പ്രമേഹ ദിനാചരണത്തിൽ ഡോ. ക്രിഷ്ണൻ എൻ. കുമാർ സംസാരിക്കുന്നു. ഡോ. അനൂപമ, ദുഷിരാജ് സിങ്, ഡോ. മാർത്താണ്ഡപിള്ള, ഡോ. വിജ്ഞാ ക്രിഷ്ണൻ സമീപം

പ്രമേഹ ദിനാചരണത്തിൽ ഡോ. ക്രിഷ്ണൻ എൻ. കുമാർ സംസാരിക്കുന്നു. ഡോ. അനൂപമ, ദുഷിരാജ് സിങ്, ഡോ. മാർത്താണ്ഡപിള്ള, ഡോ. വിജ്ഞാ ക്രിഷ്ണൻ സമീപം

ജീവിതശൈലി മാറ്റം, രോഗങ്ങൾ അകറ്റാം



ഓൾസെയിന്റ്സ് വിമൻസ് കോളേജിൽ ഇന്ന് കലാകൗമുദി ആരോഗ്യസെമിനാർ

തിരുവനന്തപുരം: കലാകൗമുദി പത്രത്തിന്റേയും ആയുരാരോഗ്യം മാസികയുടേയും ആഭിമുഖ്യത്തിൽ ആൾസെയിന്റ്സ് വിമൻസ് കോളേജിൽ ജീവിതശൈലി രോഗങ്ങളെക്കുറിച്ചുള്ള സെമിനാർ ഇന്ന് കാലത്ത് 10ന് ഡോ. കെ.പി. ഹരിദാസ് (ചെയർമാൻ, മാനേജിംഗ് ഡയറക്ടർ, ലോർഡ്സ് ഹോസ്പിറ്റൽ) ഉദ്ഘാടനം ചെയ്യും. കോളേജ് എൻ.എസ്.എസ്. യൂണിറ്റിന്റെ സഹകരണത്തോടെ നടത്തുന്ന സെമിനാർക്ക് ഡോ. വി. മോഹനനായർ (ഇന്ത്യൻ ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് ഡയബറ്റിക്സ്) മുൻ ഡയറക്ടർ, സി.ഇ.എ.എം.എ എസ്.ഡബ്ല്യു.സി. മെമ്പർ, ഡോ. റെജി ജോസ് (പ്രൊഫസർ ഓഫ് കമ്മ്യൂണിറ്റി മെഡിസിൻ, ശ്രീഗോകുലം മെഡിക്കൽ കോളേജ്), മെഡിക്കൽ ഡയറക്ടർ സന്തോഷ് വിമൻസ് ഹെൽത്ത് ഹൗസേഷൻസ് എന്നിവർ പ്രഭാഷണം നടത്തും. ഡോ. കസ്തൂരി ബായ് (ഡയറക്ടർ, കലാകൗമുദി) ആമുഖപ്രഭാഷണം നടത്തും. കലാകൗമുദി യുമായി സഹകരിച്ച് ഐ.എം.എ നടത്തിവരുന്ന വായുപല്യ പദ്ധതിക്ക് ഐ.എം.എ. സംസ്ഥാന കമ്മിറ്റിയുടെ പ്രത്യേക പുരസ്കാരം നേടിയ ഡോ. ഇന്ദിരാമയെയും ബോധവൽക്കരണപരിപാടികളിൽ സജീവസാന്നിദ്ധ്യമായും ഡോ. റെജി ജോസിയെയും പടങ്ങിൽ ആദരിക്കും. ഡോ. കരോലിൻ ബിന മെൻഡസ് (പ്രിൻസിപ്പൽ, ആൾസെയിന്റ്സ് കോളേജ്) ആഭ്യക്ഷത വഹിക്കും. എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ ഡോ. കവിത എൻ സാഗതവും എൻ.എസ്.എസ്. വോളന്റിയർ സെക്രട്ടറി പാർവ്വതി എസ്. എൽ. നന്ദിയും പറയും.

ഡോ.സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം

തിരുവനന്തപുരം: സംസ്ഥാനത്തെ സർക്കാർ ആശുപത്രികൾക്കുള്ള പരീക്ഷണ കമ്മിറ്റി അംഗമായി ഡോ. സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം നേടി. ഡോ. സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം നേടി. ഡോ. സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം നേടി.

13 സർക്കാർ ആശുപത്രികൾക്ക് ദേശീയ അംഗീകാരം

തിരുവനന്തപുരം: സംസ്ഥാനത്തെ സർക്കാർ ആശുപത്രികൾക്കുള്ള പരീക്ഷണ കമ്മിറ്റി അംഗമായി ഡോ. സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം നേടി. ഡോ. സൗമ്യ സരിന് ഐഎംഎ പുരസ്കാരം നേടി.

ഐഎംഎയുടെ 62-ാം വാർഷിക സമ്മേളനം 9ന് 10ന് താടുപുഴയിൽ നടക്കും.

ഐഎംഎ സംസ്ഥാന സമ്മേളനം 9 മുതൽ

താടുപുഴ: ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (ഐഎംഎ) സംസ്ഥാന സമ്മേളനം 9, 10 തീയതികളിൽ താടുപുഴയിൽ നടക്കും. 9 ന് 8 നു സംസ്ഥാന പ്രസിഡന്റ് ഡോ. എം.ജി. സുതന്ദർ പങ്കാളി ഉദ്ഘാടനം. ഹൃദ്രോഗ, ശ്വാസകോശ-ഉദര-ശിശു രോഗങ്ങൾ, കാൻസർ, ഹൈനോക്കോളജി വിഭാഗങ്ങളിൽ നിന്നുള്ള വിദഗ്ദ്ധ ഡോക്ടർമാർ സെമിനാറുകൾ നയിക്കും. 10നു 10നു പൊതുസമ്മേളനം ഐഎംഎ നിയുക്ത പ്രസിഡന്റ് ഡോ. രാജൻ ശർമ ഉദ്ഘാടനം ചെയ്യും. ഭാരവാഹികൾ ചുമതലയേൽക്കുമെന്ന് സംഘാടക സമിതി ഭാരവാഹികളായ ഡോ. സി.എ.ബ്രഹ്മദാസ്, ഡോ. സി.വി. ജേക്കബ്, ഡോ. പി.എൻ. അജി എന്നിവർ പറഞ്ഞു.

കിംസ് ആശുപത്രിയിൽ പ്രമേഹ സ്ക്രീനിങ് ക്യാമ്പ്

തിരുവനന്തപുരം: ലോക പ്രമേഹദിനത്തോടനുബന്ധിച്ച് കിംസ് ആശുപത്രി പ്രമേഹരോഗ സ്ക്രീനിങ് ക്യാമ്പ് സംഘടിപ്പിക്കുന്നു. 17ന് രാവിലെ 9 മുതൽ ഉച്ചയ്ക്ക് 2 വരെ ആണ് ക്യാമ്പ്. ഫോൺ: 9539538888.

Branch Activities

GURUVAYOOR

The Guruvayoor IMA conducted its monthly meeting on October 29, 2019. President of Kerala State IMA, Dr.Suguthan M.E. was the Chief Guest for the occasion. Doctors from ARMC IVF centre Dr.Prashanth P.K. and Dr.Viji Praveen spoke on "Perspectives in fetal medicine" and "Concepts in assisted reproductive technology". Dr.Suguthan M.E. addressed the gathering and was honoured on the occasion for his significant contributions to the doctors community.



KANNUR

New office bearers of IMA Kannur branch were installed on 10/10/2019 by Dr. A.V. Jayakrishnan, past president of IMA state branch.

31/10/2019_Psychiatric emergencies by Dr. Harsha Haridas.

All programmes were excellent, very informative, well attended and there were lots of interactions.

24/10/2019 _ Panel discussion on obesity with Dr. Balakrishna Poduwal as chief guest and Dr. Hansraj as moderator. The following were the panellists Dr. Bennett Chacko, Dr. Ajith, Dr. Jimmy John, Dr. Murali Gopal, Dr. Vinod Krishnan

17/10- Disaster Management by Dr. Zulfikar Ali



ALAPPUZHA

INSTALLATION CEREMONY held on 26/10/2019 at HOTEL ROYALE PARK Alappuzha. Dr.Abraham Varghese (IMA State President Elect 2019-20) administered the Oath to Dr A.P.Mohammed as Branch President. Dr.Gopikumar P. IMA State Secretary Elect 2019-20 was the Guest of Honor. Elected office bearers are Dr.Manish Nair (Hony.Secretary) Dr.R.Madhukar Pai (Treasurer) Dr.R Madanamohan Nair (SWC Member)

30/10/2019 - CME on 'ADVANTAGE OF NEWER INSULINS' by Dr. T.D. Unnikrishnan Kartha (MD) Prof. of Medicine, TDMC Alappuzha. Dr.K.Venugopal Senior Consultant chaired the session. Dr.A.P.Mohammed President IMA Alappuzha, presided the meeting. Programme was sponsored by Nova nordisk.



VADAKARA

Installation of new members was held on 20th October 2019 Dr Jyothikumar as president, Dr. Bijunesh as secretary and Dr. Vinodkumar as treasurer took over the charges. Dr. Bhaskaran, past national vice president, was the installing officer. Executive meeting of elected members was held on 24th October. 19 members were present, discussed various matters, including the state annual, selection for nominated posts and Kerala Piravi.

CHIRAYINKEEZHU

04/10/2019-Branch Executive Meeting.

25/10/2019-Monthly General body meeting and Installation Ceremony of the New branch President was held in IMA House, Mamom, Attingal. The State President of IMA Dr. M.E. Sugathan was the Installation Officer and he installed Dr. R. Biju as the new branch President. The State Secretary Dr. N. Sulphi, many past Presidents, State IMA Leaders and neighbouring IMA branch leaders felicitated the new office bearers.

27/10/2019-Two State Office bearers from the branch attended the 264th State Working Committee meeting held in IMA Periyar House, Aluva.



NEDUMANGAD

1/10-Commemorated World Elders Day. Conducted a Free Medical camp at Marthoma Vayojana Mandiram, Charupara. Dr. Mohan Roy and Dr. Amirtha Babu participated and 20 inmates were examined, Free Blood sugar examination and free medicines were supplied.

2/10-Free Eye camp conducted at Leela Ravi Hospital Venjaramood. Doctors and paramedical staff from Varkala Insight Eye hospital examined about 125 patients.

10/10- Commemorate World Mental Health Day. Conducted a Seminar on "SUICIDE PREVENTION" at St. John's hospital Pirappancode. President Dr. Mohan Roy presided the function and Fr. Jose kizhakkedath inaugurated the seminar. Dr. Veena G Thilak, (Psychiatrists) Dr. Teslin Joseph, Melbin Lysis (clinical psychologists) took class on Suicide Prevention. Staffs, Asha workers, and cured patients participated in that seminar.



19/10 - Annual GB and Installation meeting conducted. Secretary Dr. Mohammed Subair presented the Annual report of activities for the IMA year 2018-19. State IMA President Dr. M. E. Sugathan installed the new office bearers for 2019-20. Dr. Mohan Roy as President, Dr. Mohammed Subair as Secretary and Dr. Hema Francis as Treasurer took charge. Branch Presidents from neighbouring branches and Dr. Mohammed Asharaf from the Nedumangad Branch felicitated the office bearers.



22/10-President Dr Mohan Roy attended the Installation meeting of IMA Kazhakuttom branch.

25/10- President Dr Mohan Roy and Founder President Dr. Dinesh attended the Installation meeting of the IMA Chirayinkeezh.

26/10-Executive meeting of our branch.

27/10-SWC meeting at IMA House Periyar. Dr. Mohan Roy, Dr. Dinesh and Dr Sethumadhavan represented our branch.

30/10-President Dr Mohan Roy and Dr.Dinesh attended the Installation meeting of IMA Varkala.

KOZHIKODE

01/10/2019: observation of World Elder's Day.

World Elder's Day 'Diamonds are Forever' Celebrations and Family Meet. Honouring senior members of Kozhikode IMA and IMA Members Organised a Melody Night at IMA Hall, Kozhikode.



01/10/2019: IMA Kozhikode Distributed Food Items to Oldage home Westhill in Connection with World Elder's Day.

04/10/2019: Combined executive meeting.

10/10/2019: Installation of new office bearers.

The installation of new office bearers were conducted on 10th October 2019 at 8 pm. Dr.Sughathan ME, IMA state Past president was the installing officer. Dr.Vijayaram Rajendran, President of IMA Kozhikode presided over the function. Annual activity report was presented by Secretary Dr.B Venugopalan. The new office bearers are Dr.Aneen N Kutty (President), Dr. B. Venugopalan (Hon. Secretary), Dr.Vijayaram Rajendran, (SWC member), Dr.Ajit Bhasker (Treasurer), Dr.Rakesh S.V. (Senior vice president), Dr.Raju Balram (Junior Vice President), Dr Dayal Naraynan (joint Secretary) and Dr.Raghavan P (Hon auditor). Office bearers of CGP sub faculty Kozhikode are Dr. S Sasidharan (Asst. Director) and Dr.MithunSasi (Secretary). AMS Kozhikode chapter office bearers are Dr.Ajitha PN (Chairperson) and Dr.Sankar Mahadevan (Secretary). WIMA will be headed by Dr. Sheela Noone (Chairperson). Dr.Ramla Nazar Dr. Anil Kumar (Cultural wing Secretary).



10/10/2018: Observation of World Sight Day. World Sight Day rally conducted by IMA Kozhikode in association with Malabar Nethralaya at Vandipetta Nadkkavu.

11/10/2019: IMA Conducted Symposium on 'Medicolegal aspects for Junior Residents' in association with Govt. PG Association at Govt. Medical College Kozhikode. Welcome & Presidential address by Dr. Aneen N Kutty, President IMA Kozhikode. Relevance of IMA in the present scenario by Dr. VG Pradeep Kumar, Past State President IMA KSB. Dr. VR Rajendran, Principal, Govt. Medical College, Kozhikode & Dr. Muhammed Thasneem, President, PG Association, Kozhikode addressed the gathering. Symposium on 'Medicolegal aspects for Junior Residents' by Adv. Shyam Padman, Senior Counsel, High Court of Kerala (Specialist in Medico legal cases). 'For your eyes only-IMA Schemes' by Dr. B Venugopalan, Secretary IMA Kozhikode. Dr. Akhil M, Secretary PG Association, Kozhikode proposed the vote of thanks.

12/10/2019: Observation of World Arthritis day and first CME of new CGP team. Observed the World Arthritis Day on 12th October 2019. The program was organised by CGP Kozhikode branch chapter. The meeting was presided by the president of IMA Kozhikode Dr. Aneen N Kutty. The Asst. Director of CGP Kozhikode chapter Dr. S Sasidharan welcomed the gathering. The message of the special day and talk given by Dr. Remesh Bhasi, Sr. Consultant Rheumatologist "What is New in Rheumatic Disorders", Chairperson Dr. Anoof PP, Consultant Rheumatology, Aster MIMS, Kozhikode and Dr. Aabu Alex, Consultant Rheumatologist, Aster MIMS. "Rheumatoid Arthritis" by Dr. Binoy J Paul, Prof. of Rheumatologist, KMCT Medical College & BMH, "Sero Neg Spondyloarthritis" by Dr. N.V. Jayachandran, Rheumatologist & Prof. of Medicine, Medical College, Thrissur, "SLE" by Dr. Vinod Ravindran, Consultant Rheumatologist, "Gout" by Dr. Sugesh Edavalath, Consultant Rheumatologist, Iqraa Hospital Kozhikode. Dr. Mithun Sasi Secretary of CGP Kozhikode chapter proposed the vote of thanks.

12/10/2019: WDW Kozhikode in association with MVR Cancer center Conducted Breast Detection Camp at Kozhikode.

12/10/2019: WDW Kozhikode in association with COGS Conducted Breast Cancer awareness to Public at Kozhikode Beach.

12/10/2019: Observation of World Pain & Palliative Day.

15/10/2019: CIMAWARS Direct Board Meet.

16/10/2019: Observation of World Food Day.

World Food day awareness gallery in Kozhikode IMA Hall dining area.

16/10/2019: Inauguration AMS activities of new IMA year First AMS CME of new office bearers & Observation of World Anaesthesia Day.

The program was organised by IMA AMS Kozhikode branch chapter. The meeting was presided by the president of IMA Kozhikode Dr. Aneen N Kutty. The IMA AMS Chairperson Dr. Ajitha PN welcomed the gathering. The topic for the CME was "Confessions of an Anaesthesiologist- A behind the screen story" by Dr. Radha KR and Dr. Fijul Komu, Govt. Medical College, Kozhikode & The Second Topic for the CME was "To diet or not to diet- Keto Diet" by Dr. Shafeeq Mattummal, Senior Consultant in Cardiology, Aster MIMS, Calicut. Dr. Sankar Mahadevan Secretary of IMA AMS Kozhikode chapter proposed the vote of thanks.

16/10/2019: Dr. Dhanya PG and Dr. Roy R Chandran participated in Painting & Photo Exhibition of Doctors family 'Vaidya Varnangal' at Malappuram.

23/10/2019: Past Presidents meeting. Welcome addressed by Dr. Aneen N Kutty, President IMA Kozhikode. Followed by suggestions from the Past Presidents. Dr. B Venugopalan Secretary IMA Kozhikode proposed the vote of thanks.

23/10/2019: Inauguration of Cultural wing activities. Programme inaugurated by Sri Joy Mathew, Cine artist. Dr. Aneen N Kutty, President IMA Kozhikode, welcomed the gathering. Dr. Dhanya PG, General Convenor, State Cultural wing and Dr. Anil Kumar, Secretary, Cultural wing are felicitated. Dr. B Venugopalan Secretary IMA Kozhikode Proposed vote of thanks. Film show started at 8.30 PM.

24/10/2019: District committee meeting.

27/10/2018: SWC meeting

Attended the 264th SWC meeting in Periyar house Aluva.

29/10/2019: Observation of World Stroke day-First General Body meeting of new team CME was organised in association with Calicut Neurological Society. Dr. Aneen N Kutty, President IMA Kozhikode presided over the function. Dr. Murali addressed the gathering. Dr. B. Venugopalan, Secretary IMA Kozhikode Presented Monthly Report. The Stroke day message given by Dr. VG Pradeep Kumar, Secretary, Indian Stroke Association. The topic for the CME was "Endovascular intervention in Acute Stroke" by Dr. Noufal Basheer, Consultant Neurosurgeon, MIMS Kozhikode & The Second Topic for the CME was "Secondary Stroke Prevention" by Dr. Jayakrishnan C, Consultant Neurologist, BMH Kozhikode. Vote of thanks was proposed by Dr. B. Venugopalan, Secretary IMA Kozhikode.

30/10/2019: WDW Kozhikode Observed World Osteoporosis Day.

WDW KOZHIKODE

01/10/2019: Observation of World Elder's Day.

04/10/2019: Combined executive meeting.

12/10/2019: Conducted Breast Detection Camp to Public at Kozhikode in association with MVR Cancer centre.

12/10/2019: Conducted Breast Cancer awareness to Public at Kozhikode Beach in association with COGS.



MUVATTUPUZHA

03.10.2019 - General Body Meeting & CME was held at IMA Hall, Muvattupuzha 08.00 pm

President Dr Vinod PK presided the session in which 45 members attended. CME session was chaired by Dr Sajesh Asokan and Dr B Ramachandran MD from RV Hospital, Chirayinkeezhu presented a clinical review on Scrub Typhus. Newly member Dr Athira Aji was congratulated by the body.

17.10.2019 - First meeting of Doctor's Club was held at IMA Hall, Muvattupuzha 08.30 pm under the leadership of cultural wing. Mehfil- A musical Evening was lead by Kozhikod Hashim and team. 23 members participated the event.



24.10.2019 - Executive Committee Meeting was held at IMA hall, Muvattupuzha at 08.00 pm

President Dr Vinod PK presided the meeting. 24 members attended. Annual report of activities and Accounts were presented by

secretary Dr Vinod S Nair. Dr Thomas Kuruvilla and Dr Alex Itticheriya presented the accounts of MBS and Building Committee respectively. Future plans were discussed.

PERUMBAAVOOR

2/10/19- Inauguration of the renovated building by Dr Sugathan ME, State President and installation of the new office bearers for 2019-20 by Dr Abraham Varghese, State President Elect 2019. Dr Sugathan ME, State President 2019 inaugurating the renovated building and giving the inaugural address
INSTALLATION OF OFFICE BEARERS 2019-20 Dr Abraham Varghese, State President Elect 2019 Dr Muhammed Ashraf giving the acceptance installing Dr Muhammed Ashraf as President speech IMA Perumbavoor 2019-20 Dr Gopikumar, State Secretary Elect 2019, Dr Sreekumar Sarma, DC Chairman, Dr Poulose KE, Past National VP, Dr Markose, Past State President, Dr AV Babu, Past State President, Dr MN Menon, Past State Midzone VP and Dr Jose Kurian Kattukaran, Vice Chairman SSS 2 addressed the gathering.

23/10/19- First Executive Meeting of the newly installed team

30/10/19- CME on Breast Cancer – A team approach by Oncology Dept Rajagiri Hospital Dr Sanju Cyriac, Oncologist and Dr Teena Sreeba, Radiologist answering queries Dr Subi TS, Surgical Oncologist interacting with the members



PERINTHALMANNA

01.10.2019 - IMA Perinthalmanna branch observed 'National Blood Donation day' with various activities. A voluntary blood donation camp with public awareness program on the importance of voluntary blood donation was organised on 1st October 2019 at the IMA Blood Bank auditorium. A voluntary blood donation camp was arranged at the Perinthalmanna Police Station on 1st October 2019. The officers in the Perinthalmanna Police Station and their family members donated blood in the camp.

01.10.2019 - As a part of 'World Elders day' Celebration, IMA Perinthalmanna in association with Pain and Palliative clinic organised a seminar for college students along with a public function on 1st October 2019 at Pain and palliative Clinic Auditorium. The function was inaugurated by Perinthalmanna A.S.P Miss Reeshma Ramesh I.P.S. In the function Sr. Jossey who run 'Akashaparavakal' a destitute home for orphans, mentally disabled persons, was honoured for her service for the society. Adv. Anish talked about the laws to protect elderly people in the function. Dr. Samuel Koshy took class on the common health issues of the elderly community and the precautions to be taken to avoid major problems.



01.10.2019 - IMA members attended the public function organised by Perinthalmanna Municipality to celebrate the 'World Elders Day' on 1st October 2019 at Celebration time auditorium. Dr. Samuel Koshy addressed the gathering and talked about the importance of the 'World Elders day' celebration.

02.10.2019 - The weekly 'Compression Only Life Support' for thmotor driving licence applicants was held on 2nd October 2019 at the Perinthalmanna Pain and Palliative Clinic Auditorium. The class was organised by IMA Perinthalmanna in association with ISA and Motor Vehicle Department. The class was taken by Dr. Sasidharan, HOD, Dept of Anaesthesia, Moulana Hospital Perinthalmanna. Around 160 participants attended the course.

02.10.2019 - The weekly Elderly Care Clinic organised by IMA Perinthalmanna in association with Perinthalmanna Pain and Palliative Care Society was held on 2nd October 2019 in the IMA Perinthalmanna Pain and Palliative Clinic.

02.10.2019 - As a part of the 'World Elders Day' celebration, IMA Perinthalmanna branch in association with Pain and Palliative Clinic organised a get-together of the elderly patients attending the regular Wednesday elderly clinic on 2nd October 2019 at the Pain and

Palliative Auditorium. The program included free medical check-up, awareness classes and various interactive sessions and entertainment programs. The program was attended by Dr. V U Seethi, Dr. Samuel Koshy, Dr. Aboobacker Thayyil and Dr. Krishnadas representing IMA.

03.10.2019 - As a part of the 'World Elders Day' celebration, on 3rd October 2019, IMA Perinthalmanna branch in association with Pain and Palliative Clinic organised an interactive session with the residents of 'Saketham', an old age home at Vylongara. Dr. PSashidharan, Dr. V U Seethi, Dr. Krishnadas Eledath and Dr. Ashish Nair attended the program. Students of Al Salama College of Architecture actively participated in the program and interacted with the residents.

04.10.2019 - As a part of the 'World Elders Day' celebration, on 4th October 2019, IMA Perinthalmanna branch in association with Pain and Palliative Clinic organised a meeting at Pain and Palliative Clinic Auditorium to inaugurate free speciality clinic for patients attending the weekly free elderly OPD. The meeting was presided by Dr. Samuel Koshy. Dr. Shaji Gafoor, Dr. Ashish Nair and Dr. Krishnadas attended the meeting representing IMA.

04.10.2019 - The Executive Committee meeting of IMA Perinthalmanna branch was held on 4th October 2019 at IMA Hall Perinthalmanna. The important decisions taken during the meeting were – to contribute towards the State IMA conference 2019 to be held at Thodupuzha and to ensure maximum members to attend the conference, To push for the memberships to the Doctor's club and request members to contribute towards the building fund, The election of the new office bearers was decided to conduct on October 25th, Friday at the IMA hall along with the monthly CME, A program on the World Anaesthesia day is planned on October 16th which is the 'World Restart AHeart' day, to conduct COLS programs in all the schools in the neighbourhood. The Executive committee appointed Dr. Samuel Koshy as the returning officer for the IMA Perinthalmanna branch election.

06.10.2019 - IMA Perinthalmanna actively participated in the meeting of the regular blood donors held on 6th October 2019 at IMA Pain and Palliative Clinic auditorium. Dr. Shaji Gafoor addressed the gathering. Dr. Soumya Sathyan delivered a talk on 'Regular Blood Donation- It's advantages and What to care for'.

09.10.2019 - The weekly Trauma Life Care Support Training Class for the Motor Driving Licence Applicants was conducted by Dr. Sasidharan, Consultant Anaesthetist of Moulana Hospital Perinthalmanna IMA Perinthalmanna Pain and Palliative Care Auditorium on 9th October 2019. Around 150 persons attended the class.

09.10.2019 - The weekly Elderly Care Clinic organised by IMA Perinthalmanna in association with Pain and Palliative Care was conducted on 9th October 2019 at the IMA Pain and Palliative Clinic.

10.10.2019 - IMA Perinthalmanna branch in association with ISA and Moulana Hospital a 'Compression only Life Support' training program for selected students from the neighbouring schools on 10th October 2019 at Moulana Hospital Academic Hall. The plan is to train 5-10 student representatives from each school and these students will train other students in their school in presence of a COLS trainer. 528 students attended the program and each student gave hands on training on COLS. Dr. P Sasidharan, Consultant Anaesthetist of Moulana Hospital led the program. Dr. K A Seethi, Dr. Bineesh, Dr. Musthafa, Dr. Vikas and Dr. Ashish Nair along with the paramedical staffs of Moulana Hospital conducted the program.

10.10.2019 - IMA Perinthalmanna in association with Perinthalmanna Town Lions Club organised a free medical camp at the tribal girls hostel 'Sai Snehatheeram' on 10th October 2019. WIMA Kerala Sate President and senior Perinthalmanna IMA member Dr. Kochu S Mani inaugurated the camp. Dr. Shaji Gafoor, Dr. Nilar Muhammed, Dr. Riyas took health awareness classes for the girls. The team of doctors examined the residents of the hostel.

11.10.2019 - IMA Perinthalmanna in association with Perinthalmanna Obstetrics and Gynaecology Society, Lions Club and Malappuram District Police celebrated the 'International Girl Child Program' organising an awareness class and self defence training class at Tharakan High School Perinthalmanna. WIMA Kerala Chairperson and senior IMA Perinthalmanna leader Dr. Kochu S mani inaugurated the program. Dr. Nilar Muhammed, Dr. Nayanthara, Dr. Mumtaz, Dr. Bindu and Dr. Aswathy attended the program.

16.10.2019 - The weekly Trauma Life Support Training Program for those who have applied for driving license organized by IMA Perinthalmanna in association with ISA and MVD was held on 16th October 2019 at IMA Perinthalmanna Pain and Palliative Care Auditorium. The course was conducted by Dr P Sashidharan, consultant Anesthesiologist, Moulana Hospital Perinthalmanna.

16.10.2019 - The weekly Elderly Care Clinic by IMA Perinthalmanna in association with IMA Pain and Palliative Care Society was conducted on 16th October 2019 at the Perinthalmanna IMA Pain and Palliative Clinic.

16.10.2019 - The World Anaesthesia Day with 'Start a Heart Day' was celebrated at IMA hall Perinthalmanna. IMA Perinthalmanna branch members along with ISA members actively participated in the program. The meeting was inaugurated by District Medical officer Dr. Sakeena.

16.10.2019 - IMA Perinthalmanna branch conducted the 'Compression only Life Support' for the students of Valluvanad School during the school assembly. The trained representatives demonstrated the steps of COLS for the students in presence of a COLS trainer. Dr. Jayakrishnan K B visited the school as the COLS Trainer and distributed prizes for the best performing students.

20.10.2019 - IMA Members led by IMA Perinthalmanna branch President Dr. K A Seethi and Sate WIMA Chairperson Dr. Kochu S Mani visited the 'Vaidya Varnangal', the art exhibition of doctors on 20th October 2019 at the Malappuram Art Gallery.

21.10.2019 - An emergency Executive Committee Meeting of IMA Perinthalmanna was held on 21st October 2019 at IMA Hall Perinthalmanna to extend the timing of election of new office bearers and to plan the arrangements for the election process. During the meeting in the presence of the candidates the returning officer Dr. Samuel Koshy explained the rules of the election process.

23.10.2019 - The weekly Trauma and Life Support Training Class

for the Motor Driving licence applicants were held at the IMA Perinthalmanna Pain and Palliative Care Auditorium on 23rd October 2019. The class was taken by Dr. P. Sasidharan, Consultant Anaesthetist at Moulana Hospital Perinthalmanna. The class was attended by 200 persons.

23.10.2019 - The weekly elderly care clinic by IMA Perinthalmanna in association with Pain and Palliative Care Society was conducted on 23rd October 2019 at IMA Perinthalmanna Pain and Palliative Care Clinic. Consultant Orthopedician of EMS Hospital Dr. V U Seethi examined patients in the clinic.

25.10.2019 - The election of the office bearers of IMA Perinthalmanna for the period 2019-20 was held on 25th October 2019. Dr. Kochu S Mani is elected as the new President of IMA Perinthalmanna. Dr. Jayakrishnan K B is elected as the branch secretary and Dr. Sujith S Nair as the treasurer.

26.10.2019 & 27.10.2019

IMA Perinthalmanna members actively participated in the organisation of the 'Ped Criticon 2019' on 26th and 27th October 2019 at IMA hall Perinthalmanna. The members also attended the conference.

26.10.2019 - IMA Perinthalmanna in association with ISA organised COLS training to school students on 26th October 2019 at Higher Secondary School, Pariyapuram. Around 150 students studying plus 1 and plus 2 classes have attended the training program. Dr. Sasidharan, HOD of Dept of Anaesthesia, Moulana Hospital has led the program and was the chief trainer.

26.10.2019 - IMA Perinthalmanna organised a one-day training class on first aid for the C level Red Cross Volunteers at Mannarkkad on 26th October 2019. The trainer of the program was Dr. Sheril P Latheef, Emergency Physician at Moulana Hospital.

27.10.2019 - IMA Perinthalmanna in association with POGS and ARMC Aegis Hospital organised a free medical camp for ladies and awareness classes on menopause and related problems. Infertility Specialist Dr. Kunjumoiden inaugurated the program. Dr. Nayanthara presided the program. Bone mineral density testing and

USG examination were also free in the camp. Dr. Aswathi, Dr. Pavithra and Dr. Jithendra Behra examined patients in the camp.

30.10.2019 - IMA Perinthalmanna branch in association with ISA and Kerala Motor Vehicle Department organised the weekly Compression only Life Support Training program for the applicants of Driving Licence on 30th October 2019 at the Pain and Palliative Clinic Auditorium. Around 250 persons attended the program. HOD of Dept of Anaesthesia at Moulana Hospital Dr. Sasidharan conducted the training class.



30.10.2019 - The weekly elderly care clinic by IMA Perinthalmanna in association with Pain and Palliative Care Society was conducted on 24th April 2019 at IMA Perinthalmanna Pain and Palliative Care Clinic. Dr. V U Seethi examined patients in the clinic.

THALASSERY



01.10.2019: As a part of World Elders Day IMA & WIMA Thalassery, Lions Club Thalassery, Pakalveedu and Snehaveedu Association conducted a motivational class by Mrs. Nandini Pradeep for inmates of Snehakoodu at KTDC Dharmadam. Attended by Dr. Sajeev Kumar P B (President IMA Thalassery), Dr. Saina Sunil (Chairperson WIMA Thalassery), Dr. Maya Jithin

(Secretary WIMA Thalassery) and Dr.Dhanya Chandran (Treasurer, WIMA Thalassery).

01.10.2019: Blood Donation Day - IMA & WIMA Thalassery observed National blood donation day on 01/10/2019 by organizing class for the students of Christ College, Thalassery. Awareness regarding what is blood donation, various misconceptions and motivating them for blood donation was done. The class was delivered by Dr. Bidhun Balan, Assistant Prof. in the Dept. of pathology and I/C of blood bank at Kannur medical college, Anjarakandy. It was an interactive session. 44 students attended of which 40 were girls & 4 boys. Blood grouping was done for 44 students in association with Leo Lab. Thalassery.

01.10.2019: World Elders Day - As a part of World Elders Day IMA & WIMA Thalassery, Lions Club Thalassery, Pakalveedu and Snehaveedu Association conducted a motivational class by Mrs.Nandini Pradeep for inmates of Snehakoodu at KTDC Dharmadam. Attended by Dr.Sajeev Kumar P B (President IMA Thalassery), Dr.Saina Sunil (Chairperson WIMA Thalassery), Dr.Maya Jithin (Secretary WIMA Thalassery) and Dr.Dhanya Chandran (Treasurer WIMA Thalassery).

02.10.2019: IMA Anti Quackery Day - Anti quackery day pamphlets were distributed in all the hospitals in Thalassery as well as at the Railway Station, Bus Stand and through all the news papers.

Thalassery conducted a Quiz competition at Valiya Maadavil School, Thalassery, for 4th to 7th standard students on topic: after 72 yrs. of independence how much does our new generation know about Gandhiji. Mrs.Nandini Pradeep (Special Educator & WIMA Co-ordinator, Thalassery) took class and a Quiz Competition was held for the students. Prizes were given in the form of certificates and chocolates to each participant in the batch who got 1st and 2nd prizes. Dr.Sajeev Kumar P B (President IMA Thalassery), Dr.Saina Sunilkumar (Chairperson WIMA Thalassery), Dr.Maya Jithin (Secretary WIMA Thalassery), Dr.Dhanya Chandran (Treasurer, WIMA) attended the programme.

10.10.2019: As a part of World Mental Health Day IMA Thalassery conducted a class on Suicide Prevention to students at Chovva School, Kannur. Class was taken by Dr.Reshmi Ramesan, Asst.Professor, Dept of Psychiatry, Kannur Medical College.

10.10.2019: As a part of World Mental Health Day IMA Thalassery conducted a class on "Suicide-Early features identification and preventive strategies" to teachers of Sanjos Higher Secondary School, Thalassery. Role of gatekeepers in suicide prevention. Training for teachers as part WMHD theme 2019 working together to prevent suicides. Around 60 teachers benefitted with the training. Deputy Principal inaugurated the function. Dr.Sajeev Kumar P B

(President IMA Thalassery) took the class.

16.10.2019: IMA Thalassery & WIMA Thalassery conducted a class on 'Our Acts are Our Future' for students and Teachers at Higher Secondary School, Chirakkara, Thalassery. Talk was given by Dr.Jayakrishnan Nambiar and Dietician Smt.Sujala and attended by Rtd.Major Govindan and Principal Vijish Kumar. The classes were well appreciated.

16.10.2019: IMA & WIMA Thalassery conducted a class on "Healthy Food Habits" for ICDS Workers (Supervisors, Anganwadi Teachers and Helpers) at Panoor block development office, Chembad.

16.10.2019: World Food Day - IMA Thalassery & WIMA Thalassery conducted a class on 'Our Acts are Our Future' for students and Teachers at Higher Secondary School, Chirakkara, Thalassery. Talk was given by Dr.Jayakrishnan Nambiar and Dietician Sujala and attended by Rtd.Major Govindan and Principal Vijish Kumar. The classes were well appreciated.

23.10.2019: Dr.Sajeev Kumar (President IMA Thalassery) took training class to Medical Officers of Kerala Health Services. This is part of DMHP training programs to MOs of PHCs that are upgrading to family Health Centres. Took class on topic Behavioral Problems in Child & Adolescents.

23.10.2019: IMA & WIMA Thalassery conducted a Breast Cancer Awareness Class at Aniyaram School, Thalassery. Class was taken by Dr.Dhanya Chandran (Treasurer, WIMA Thalassery)

23.10.2019: As a part of World Polio Day IMA & WIMA Thalassery conducted an awareness class at Peringalam PHC. Dr.Dhanya Chandran (Treasurer WIMA Thalassery) took a class on Polio vaccines.

23.10.2019: Breast Cancer Awareness Rally - IMA Thalassery, WIMA Thalassery, Malabar Cancer Centre, Thejus, Kannur Dist Cancer Control Consortium conducted an Breast Cancer Awareness rally on 23.10.2019. Rally started from the Old Bus Stand Thalassery. Sri.C K Ramesan (Chairman Thalassery Municipality) flagged off the rally. The rally was lead by Dr.Sajeev Kumar P B (President IMA Thalassery), Dr.Jayakrishnan Nambiar (Secretary IMA Thalassery), Dr.Saina Sunil Kumar (Chairperson WIMA), Dr.Maya Jithin (Secretary WIMA), Dr.Mini Balakrishnan, Dr.Dhanya Chandran, Mrs.Nandini Pradeep, Dr.Latha Johnny, Dr.Shamna. Smt.Sheela Suresh (President Thejus), Sri.Major Govindan, Adv.V T Sheela, Sri.T M Dileep Kumar & Nursing Students MCC, Thalassery participated the rally. Breast Cancer Awareness flash mob at New Bus Stand Thalassery. Students from BSC MRT, MCC Thalassery participated the rally. Awareness pamphlets were distributed to the general public.



TRIVANDRUM



09.10.2019 – Regular Executive Meeting at IMA Trivandrum Branch Hall

Regular Executive meeting of IMA Trivandrum was held at branch hall on 9th October 2019

10.10.2019 – World Mental Health Day - World Mental Health Day observed

Dr Arun B Nair took awareness class Dr Jayaprakashan & Dr Mohan Roy delivered speech

12.10.2019 – TRI Medical Camp at Police Control room - Free Medical Check up for Police men was held at City control room office. Dr Raveendranathan Nair examined the patients. Around 100 Police officials were benefited from the camp.

16.10.2019 – IMA Food Policy Meeting at IMA Head Quarters Anayara - Food policy meeting was conducted by IMA at IMA Head quarters Anayara Trivandrum in connection with World Food Safety day. The meeting was in the presence of IMA State President Dr Mr. M E Sugathan, State Secretary Dr Sulphi and other IMA senior leaders. Media persons were present.

Diabetes Detection Camp Series - Diabetes Camp series are ongoing

successfully with support of private hospitals in Trivandrum city. More than 175 camps have been conducted during the month of September to November. The camp is organized by IMA Trivandrum in association with Lions Club Trivandrum.

17.10.2019 – WIMA Medical Awareness Class at Muslim Association Hall Trivandrum - Trivandrum WIMA conducted awareness programme for women at Muslim association hall on 17th Oct 2019. IMA Trivandrum President Dr Anupama & Dr Arifa Sainudeen took classes.

18.10.2019 – Health Awareness Class - Dr Vidya took Health awareness class on 'Eat right movement & healthy eating' at Govt Girls High School, Pattom.



WDW TRIVANDRUM

IMA WDW TVM took part in organising IMA Food Policy Summit.

World Food Day Celebration 16/10/2019 at IMA HQ Anayara

27.10.2019 - 264th SWC meeting at Aluva Periyar house.

IMA TVM at installation ceremony of Kazhkoottam branch.

Dr Vidhya Vimal, IMA WDW at 92.7 FM IMA radio clinic, talk on 'Diseases prevailing in monsoon season.'

IMA WDW Tvm attended General body meeting of IMA TVM.



COCHIN

Meeting with CM - Dr Rajeev Jayadevan was the third to ask a question. Mentioned about IMA's numerous social projects as

well as quality improvement programs for doctors. Asked about the issue of hospital attacks, specifically focusing on preventing attacks by declaring hospitals as a special zone like the airports. CM gave an itemised reply in the end. Doctors issue was given plenty of thought and time.



Dr Rajeev Jayadevan giving Guardian Angels the accreditation certificate

World mental health day by Ernakulam Psychiatric Society
HMs and Principals of schools meeting for Heart Beats
Dr Junaid, Dr Najeeb and the HEARTBEAT Steam discussing the BLS mega project

Dr Letha, Pro Vice Chancellor, Jain University inaugurating National Blood donation day celebrations at IMA Blood bank , Cochin in presence of IMA State President Dr M.E. Sugathan
National Blood Donation day celebrated in association with Rotary Club of Cochin Milan

The participants of essay competition on Safe Blood Donation held in connection with

Inauguration of Blood Donation Week on October 1st -7th.

NISS Meeting – first meeting of stake holders of No Horn Day 2019

Executive Committee Meeting on 10th October

Organ donation class for retired employees of Hindal co company by Dr. Abraham Varghese

Dr Satish Bhat, Dr Zia Mydin and Dr. Mohan George M. sing for the IMA Cultural wing programme at Cherai. Sri Sreekumaranthampi inaugurated.

Dr Rajeev Jayadevan on World Anaesthesia day celebration at IMA house, Kochi - 16.10.2019

Dr Akhil representing Cochin IMA at NIRVANA, anti drug and alcohol program for youngsters

Dr Philip John on CNN News about ADHD

Self Defence Class by Dr Rajeev Jayadevan for WIMA members.



WDW COCHIN

Dr Gracy Thomas at BMD camp in Palarivattom Women's Association

HIV AIDS class by Dr Parvathi Achattil for palliative care trainees at GH Ernakulam

Talk on food safety at SDPY school, Vypin and Nayarambalam by Dr Mumtaz Khalid Ismail

Reproductive health for adolescence by Dr Parvathi Achattil at Govt HSS Calvathy, Fort Kochi

Dr Praveena taking Adolescent health talk at Don Bosco school, Vaduthala

Breast care awareness class by Dr Shirley John at Welcare hospita

Dr Chithratharaat SNDP yogam pre mammogram camp with Honourable Health Minister Shylaja teacher

WIMA October meet on October 10th Self defence class by IMA Kochi President Dr Rajeev Jayadevan

Installation of the New WIMA team 2019-20

With Dr Sheeja Srinivas as President IMA, Women's wing

Dr Avani Pillai as Secretary WIMA, Dr Shalini Sudhindran addressing WIMA meeting as Secretary IMA Kochi

Meeting concluded with Dandiya to celebrate Navaratri

Dr Sheeja Srinivas taking health awareness class for Geriatrics

Class at Cardinal school on Adolescent health education for higher secondary students by Dr Parvathi Achattil

Talk on menopause by Dr Gracy Thomas in Palarivattom

Awareness talk by Dr Chitharathara at Chinmaya school Tripunithura

Dr Smithy Sanel taking Pre- marital counselling at Renewal centre

Dr Sundari Menon, one of the oldest and active members of WIMA on World Heart Day donating medical text books to Principle of Kottayam medical college for ladies hostel



PALAKKAD

CME was conducted by 7 GEM hospital Thrichur on colorectal malignancy on 11.10.2019. Different aspects of the dreaded diseases was highlighted by Dr. Amil Jose Kokkad, Dr. Varghese A Jaison & Dr. Varghese C.J. (Gem hospital).

District Committee Meeting Was conducted on 12.10.2019 to

discuss the problem of small and medium hospitals . Dr. Gangadharan M.K. (chairman small and medium hospital support project) and Dr. Abdu Kalladi (Secretary District Committee) also participated in the programme. Few representatives of small hospital also participated.

Executive committee meeting was held on 14.10.2019 to discuss the audit report before presenting the same in to the general body.

IMA MAS conducted a CME on 23.10.2019. Presented many cases of academic importance.

Annual General Body Meeting was conducted in 24.10.2019. Activity reports for the IMA year 2018-2019 was presented by Secretary Dr. Narayanan Kutty P.P. Treasurer Dr. Rahul Varma Presented the audit report for the year 2018-19. The general body meeting was followed by the presentation of various project by Shobha Developers Kochi.

THRISSUR

Digital Mutation Workshop 18th October 2019 - IMA Thrissur associated with ISA Thrissur for conducting the Digital Mutation Workshop as a part of their state conference on 18th October 2019. Dr Pavan Madhusudan (Secretary IMA Thrissur) addressed the gathering in the presence of Dr Arun Krishnan (organising secretary ISACON). There were many sessions on recent advances in the Financial & Technological aspects relevant to the medical field.

Fever Conference on 27 October 2019 - IMA Secretary addressing the audience - IMA Cooperated with FEVER FOUNDATION OF INDIA to conduct a CME for the Physicians/ Pediatricians at Dass Continental on October 27th Sunday at Thrissur. CME was well attended and Dr. Pavan Madhusudan Secretary spoke on Approach To PUO on the occasion..



264th SWC meeting at IMA Periyar House Aluva on 27th October 2019 - President Dr Joy Manjila , SWC member Dr Ramdas State secretary elect Dr P Gopikumar & State Joint Secretary elect Dr Jain Chimmen attended the SWC MEETING.

IMA Hospital Network - Introductory Class For Clinics & Small Hospitals 28th October 2019 - IMA THRISSUR, IMA KUNNUKKULAM joined hands with IMA PEPS & HBI to introduce IMA HOSPITALS NETWORKING to the THRISSUR MEMBERS on Oct 28 Monday, under

the stewardship of Dr Sreejith N Kumar at IMA HOUSE TSR, in the presence of Dr Jain Chimmen, Joint Secretary State elect IMA KSB & other dignitaries. Attended by 78 delegates.

CHALAKUDY

The highlight of the month was the installation of new office bearers of the branch on 30/10/2019 along with the monthly clinical meeting. The incoming state IMA President, Dr. Abraham Varghese administered the oath of office to the branch President, Dr. Thilakan C. and Dr. Gopikumar P., the incoming state IMA Secretary felicitated the gathering. Dr. Thilakan introduced his team of officebearers – Dr. Prakash V., the branch Secretary, Dr. Cyril Varghese, branch Treasurer and Dr. Sreejith P.P., Joint Secretary. Dr. Hareendranathan A.M. also felicitated the gathering. This was followed by the clinical meeting in which Dr. Ajai K.S. and Dr. Jyothishd Balan gave enlightening talks on the role of aesthetic and reconstructive Plastic Surgery in various conditions. 55 registrants from our branch attended the state annual conference at Thodupuzha, some members with family.



WANTED
MD GENERAL MEDICINE
darushifahospital@gmail.com
9947 73 66 91

DARU SHIFA HOSPITAL
CHALAKUDY
PHARMACY

URGENT REQUIREMENTS

WANTED
Resident Gynecologist (female)

Salary: Best in Industry (in addition, operational cuts)
Accommodation: fully furnished accommodation nearby hospital

Contact : 9947736691
Mail your resume to:
darushifahospital@gmail.com

DARU SHIFA
MULTISPECIALITY HOSPITAL
(The Trusted Family Hospital)
ദരുശിഫാ